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MARCH 12, 2026

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Consuls General Welcomed at Council Meeting.

By Julie BUTCHER

The chambers were packed on Tuesday night as the Glendale City Council welcomed consuls general from the six nations with which Glendale boasts 11 sister city relationships.

"These partnerships are more than ceremonial," Mayor Ara Najarian said of the program. "They represent real connections between people, with students, artists, educators, business leaders and families who learn from one another and share their cultures. Sister city relations remind us that diplomacy does not only occur in national capitals. It also happens in cities like Glendale where people come together in friendship and mutual respect."

"Glendale itself reflects this global spirit. Our communities include residents whose heritages trace back to Armenia, Mexico, Korea, Japan, the Philippines, the Caribbean and many other parts of the world. This diversity is one of our greatest strengths and our Sister City Program celebrates that."

Sister Cities Program coordinator, Senior Administrative Analyst Ani Avanesyan shared an annual report on the revamped program. Added details can be found at <https://www.glendaleca.gov/government/departments/office-of-the-city-manager/glendale-sister-city-program>.

Also on Tuesday night, three honorees received Mayoral Medals of Honor for their distinguished community service: the Portos family; Phoenicia Restaurant owner Ara Kalfayan; and ABC7/KABC-TV president and general manager Wendy Granato, who thanked the Council for the recognition.

"We hope we are as good a neighbor to you all as you are to us," Granato said.

see GCC on page 6

Not for Teetotalers – MSPA Holding Spring Wine Walk

By Mary O'KEEFE

Strolling down Honolulu Avenue on Saturday night will be participants of MSPA Wine Walk.

This Saturday people will be walking down Honolulu Avenue in search of a good glass of wine, a wonderful nosh and great conversation.

The bi-annual Montrose Wine Walk is on Saturday, March 14 from 5 p.m. to 8 p.m. The event is sponsored by the Montrose Shopping Park Association (MSPA).

This is the spring event; the MSPA also sponsors a Holiday Wine Walk held in November. This will be the eighth year that the Wine Walk event is held.

An expected 34 store participants will be pouring for the March Wine Walk.

"There will be great wines, great snacks, great music ... elegant fun," said Dale Dawson, MSPA event coordinator.



dinator.

This is not considered a fundraiser for MSPA; however, it does share 15% of ticket sales with the La Crescenta Woman's Club, which co-sponsors the event. The event costs about \$25,000 to execute all aspects, including the

costs of advertising, collateral and staffing, according to Dawson.

Ticket sales will be capped at 600 wine walkers, Dawson said.

Tickets are \$55. Each ticket holder receives 15 tasting tickets, a signature tote bag, logo wine glass, map book showing which

File photo Members of the La Crescenta Woman's Club will be greeting wine walkers while giving out signature tote bags, tickets to the wine stations and maps.

shops are pouring what wine and \$10 in Montrose scrip that can be used any time.

see WINE WALK on page 22

Density Bonus Meeting Planned for Proposed Project at New York/Foothill

By Mary O'KEEFE

A density bonus planning hearing on the proposed development on the north side of Foothill Boulevard at New York Avenue and the 3400 block of Foothill Boulevard is set for March 18 at 9:30 a.m. in hearing room 105 at 633 E. Broadway in Glendale. A design review hearing for the project is tentatively scheduled for April 23.

In a 2021 planning meeting over 100 community members shared their concerns about the project. They were concerned about outreach efforts by the City and the developer with regard to reaching out to community members about the large project.

see PROJECT @ NY/FOOTHILL on page 22



Photo by Darin MILLER

A density bonus planning hearing is planned on March 18 for a proposed development on the north side of Foothill Boulevard at New York Avenue in the 3400 block of Foothill Boulevard. The project is projected to have 87 housing units.

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» FROM THE DESK OF THE PUBLISHER

Surprise ... for Me!

On Sunday I attended my first-ever governor's visit of the Kiwanis Cal-Nev-Ha (California-Nevada-Hawaii). It was held at the Glendale Elks Lodge where we meet weekly.

As most know, I am an active member of the Kiwanis. I was first introduced to the club by my friend Toni when I was president of Prom Plus. I'd have the opportunity to speak to them about the Prom Plus organization and how important it is. They, in turn, would grant funds to Prom Plus to help ensure we had a dynamic event. Since Kiwanis is focused on kids, it was an easy match with Prom Plus.

Over the years, I've become more involved in the Kiwanis organization. I work on obtaining speakers (we have one every week; in fact, local actor and director Carter Thomas kicked off our Arts week by speaking on Friday), going to Kiwanis events, including the weekly meetings, and doing whatever I can.

On Sunday, after some "housekeeping," presidents of two divisions (3 – which includes Glendale – and 10) presented Community Service Awards, Distinguished Service Awards and Youth Service Awards. Before I go on, let me explain that the divisions are rather large. Division 3 has eight clubs and so does Division 10 ... so the room was packed with people.

I was flabbergasted when our



president, Albert Hernandez of the Glendale Kiwanis, presented me with a Distinguished Service Award! He said some very kind things about me before bringing me up to receive the award. Of course, I was blubbing – but wow! Was I surprised!

Thank you to everyone who congratulated me and especially to Albert for having faith in me.

Robin Goldsworthy is the publisher of the Crescenta Valley Weekly. She can be reached at robin@cvweekly.com or by calling (818) 248-2740.

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» WEATHER WATCH

Taking A Look Outside Our Window

By Mary O'KEEFE

March is Irish American Month and Women's History Month, so I thought I would combine both.

In the 2020 census, 38.6 million people identified as being of Irish heritage only or in combination (meaning some portion of their heritage is Irish). Those identifying as Irish-only was 10.9 million. That is behind those who identified solely as English people or in combination with other cultural roots (46.6 million). Behind that are those who identified either as being solely German or in combination with another background (45.0 million).

The Irish are part of the fabric of the U.S. There were several Irish immigrants who fought in America's Revolution and in the Civil War.

Protestant Irish were treated differently from Irish Catholics. Millions of Irish Catholics arrived in the U.S. during the Great Famine in the late 1800s. Ireland's Great Famine extended from 1845 to 1852; however, the effects of that period lasted for decades.

There are a lot of historical records reflecting how the Irish Catholic immigrants were treated when they arrived in the U.S. Saying they were not welcomed is an understatement. The Irish who were escaping the Great Famine in Ireland were judged as drunks, violent, wild and often inhuman, people. In many newspapers they were depicted as monkeys that normally had a club in one hand – representing their tendency toward fighting – and a bottle of whiskey – the drunk – in another. In fact, the majority of immigrants were hard-working individuals who wanted to escape the starvation tactics of the British, who had invaded their land.

Of the wave of arriving Irish (mostly

Irish Catholic) that came to America during the Great Famine over 50% were women. The first Irish "émigré" who immigrated to the U.S. and went through the Ellis Island Station was Anna "Annie" Moore. She passed through the federal immigrant inspection at Ellis Island in New York Harbor. There are bronze statues of Annie, created by Irish sculptor Jeanne Rynhart, at Cobh in Ireland and on Ellis Island. She arrived from County Cork, Ireland on Jan. 1, 1892 with her brothers Anthony and Phillip. She was the first person to pass inspection at the newly opened facility – Ellis Island Station.

My mother's family had emigrated from Ireland before the Great Famine; my father's family – and both sides of great grandparents – came over during the time of the Great Famine. I can't imagine how desperate they must have been to get on what were called "coffin ships" to come to a new land and then face a population that hated them simply because of where they were from and the way they chose to worship ... some things never change.

But the Irish are a strong lot. Most of those who survived the trip across the ocean worked hard to build a life in their new home and never forgot their culture. They even expanded and changed some of their traditions; for example, days like St. Patrick's Day went from a mainly religious day in Ireland to an all-out celebration in America.

Irish women played a powerful role in the fight against British rule. Several hundred women took part in the 1916 Rising, or Easter Rising, fighting alongside their male comrades, according to the National Museum of Ireland.

see WEATHER on page 23

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NEWS

The Future is Brought to the LA Breakfast Club – Thanks to Team 589

By Mary O'KEEFE

The Crescenta Valley High School Falcon 589 robotic team recently visited the Los Angeles Breakfast Club.

“For the 101st anniversary of the start of the Los Angeles Breakfast Club we [are] focused on our future. Bringing in the Falcon robotics team 589 was one way to give the atmosphere a futuristic feeling as well as show off a group that has benefited from a grant through the Breakfast Club Foundation, the philanthropic branch of the organization,” said Joanna Linkhorst, Breakfast Club member.

Linkhorst discovered the Los Angeles Breakfast Club when a friend found a blurb about it on social media. The Club is well-known for its speakers and Linkhorst’s friend thought this would be a good audience for her to share the history of Rockhaven Sanitarium. Linkhorst is the president of Friends of Rockhaven and a constant voice in support of this woman-owned and -operated historical property at 2713 Honolulu Ave. in Montrose.

As the founder of Friends of Rockhaven, she made the presentation to the Club that included the history of the 1924 Montrose sanitarium. She not only loved meeting the members of the Club but decided to become a member.

CVW wrote about the Club during its

100th anniversary:

Anyone who visits one of these early morning meetings must leave their preconceived notions of what being a member of a club means. This is not like any other organization ... there are songs, stimulating conversation about a variety of topics that range from the film business to gardening and space exploration – with actual rocket scientists and sci-fi writers. CVW was invited to a morning meeting a few weeks ago and the memory is strong of this group of eclectic people who have so much fun just being around each other.

“It all started back in the fall of 1924 with a grand group of sportsmen that revolved around the officers and directors of the Los Angeles National Horse Show,” according to information provided by historian Rachel Skytt.

The group of riding friends met on Friday mornings at Al Meyer’s Griffith Park Riding Academy. They would ride into Griffith Park where Marco Hellman would meet them with his then-famous chuckwagon and they would have a hearty breakfast. Hellman, a banker who was the son of a banker whose family were early residents of LA. He loved LA and horseback riding.

Riding horses to a beautiful spot and having a big breakfast and then riding back to the stables with a full stomach was not easy. So



Photo by Charly SHELTON
Falcon robotics team 589 recently addressed the LA Breakfast Club –

Hellman decided to have the breakfast moved to the stables and riders would eat after their ride, which was much easier on the stomach. Hellman added some entertainment to the breakfast by inviting a “group of Mexican artists” to play for the breakfast guests.

Maurice DeMond, a member of the Horse Show, proposed an early morning breakfast

club and the LA Breakfast Club was born.

The Club has a history of bringing interesting people in to talk to during its meetings; in the past presentations were made by Dale Carnegie, Louis B Mayer and Vin Scully.

For the 101st celebration, the entire Club was decorated.

see ROBOTS on page 8

IN BRIEF

ROSEMONT PRESERVE SPECIAL DAYS

The community is invited to the Rosemont Preserve Restoration Day on Saturday, March 14 from 9 a.m. until 11 a.m. to help protect the natural habitat at Rosemont Preserve. Volunteers will be removing invasive, non-native plants and cleaning up the trails for upcoming field trips. Wear sturdy shoes, comfortable clothes and garden gloves (long pants and sleeves are recommended). Tools will be available.

Then on Sunday, March 15 from 2 p.m. to 4 p.m., the Preserve will host an “open gate” event. This is a chance for residents to visit the Preserve and wander the trail at their own pace and enjoy the tranquil setting, the wildlife and the natural beauty. Photographers: bring your camera to capture the morning light and citizen scientists, bring your iNaturalist and Merlin apps to identify birds and add wildlife sightings!

The Preserve is located at the north end of Rosemont Avenue, just past the chain link fence. As street parking is limited, please park at Two Strike Park, 5107 Rosemont Ave. Those with mobility issues who require a closer parking spot should contact RosemontFriends@gmail.com.

This event is free to the public and suitable for all ages and no reservations required. Rain cancels event. Sorry, no pets please.

For further information, contact the Friends of the Rosemont Preserve at RosemontFriends@gmail.com.

CALIFORNIA DISTINGUISHED SCHOOLS ANNOUNCED

It was announced that Glendale Unified school Anderson W. Clark Magnet High School was named

one of California’s Distinguished Schools.

WATER CONSERVATION REQUESTED

Foothill Municipal Water District (FMWD or the District) is asking residents and businesses in La Cañada Flintridge and La Crescenta to conserve water from March 16 through March 25 for a major water pipeline inspection project. During this project, water availability in the area will be limited, therefore water conservation is essential to minimize impacts.

By conserving water during the project, the community can help ensure there is enough water for essential needs.

VETERANS HOST MONTHLY BREAKFAST

Local veterans host a monthly breakfast at the Verdugo Hills Memorial Hall on the second Saturday of the month. The breakfast is free to all local veterans and supporters, but donations are always graciously accepted. This month’s breakfast is on Saturday, March 14 from 8 a.m. to 10 a.m.

The Hall is located at 4011 La Crescenta Ave.

MSPA HOLDING WINE WALK

The Montrose Shopping Park Assn. is holding its 8th Annual Spring Wine Walk on Saturday, March 14 from 5 to 8 p.m. Tickets are \$55 per person for 20 pouring stations and can be purchased online at www.shopmontrose.com or at Copy Network or It Takes A Village.

It is advised that tickets be purchased in advance.

This event is co-sponsored by the La Crescenta Woman’s Club.

GLENDALE ELKS HOSTING CHARITY CAR & MOTORCYCLE SHOW

The Glendale Elks is having its 29th Charity car & Motorcycle Show on Sunday, March 15 from 8 a.m. to 3:30 p.m. Food available for purchase.

Glendale Elks is located at 120 E. Colorado St.

LEARN ABOUT BETTE DAVIS PARK

Bette Davis Park in Glendale is part of Griffith Park. On Saturday, March 21 from 9 a.m. to noon, the Friends of Griffith Park will hold a celebration to acquaint the community with this quiet area where the famous actress once lived. There will be tours of the Miyawaki Micro Forest, birdwatching with the Feminist Bird Club of Los Angeles, equestrian demonstrations from the Griffith Park Equestrians and several historians will answer questions about the park and Glendale.

Everyone is encouraged to bring a picnic basket and make a day of it exploring the LA River and the surrounding area. The free event will be at 1850 Riverside Drive in Glendale at the intersection of Victory Boulevard, Riverside Drive and Sonora Avenue.

For information, contact friendsogriffithpart.org.

GWP LAUNCHING REBATE PROGRAM

Glendale Water & Power (GWP) is launching a Commercial Energy and Water Saving Rebate Program for local businesses that install high-efficiency energy and water-saving equipment.

The program enables Glendale businesses to reduce energy and

water consumption, lower monthly operating costs, and contribute to the City of Glendale’s sustainability goals. By offsetting the initial cost of high-efficiency upgrades, GWP is making it easier for businesses to transition to modern, eco-friendly equipment.

ASCENCIA ANNUAL GALA

Ascencia is holding its 18th annual gala, named Creating a Lasting Impact!, on Saturday, April 11 at 6 p.m. at the Oakmont Country Club, 3100 Country Club Drive in Glendale. This fundraiser will support Ascencia’s essential programs that create a lasting

impact on the individuals it serves. Tickets, sponsorship packages and underwriting opportunities are available now. Visit <https://tinyurl.com/dwdxjwpm> to take part in this event.

GLENDALE EDUCATIONAL FOUNDATION ANNOUNCES GALA

Diamonds Gala 2026, the annual Glendale Educational Foundation gala, takes place on Friday, May 1 at the Chevy Chase Country Club, 3067 E. Chevy Chase Drive in Glendale from 6 p.m. to 9 p.m.

To learn more, visit glened.org.

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NOTES & NODS

ICF HOSTING CATERED PASTA LUNCH AND MORE

The Italian Catholic Federation invites the community to enjoy a catered pasta luncheon in St. Bede's new parish hall on Sunday, March 22. The cost is \$35 for adults, \$25 for children under 12. Prior to the luncheon that same day, don't miss the Feast of St. Joseph celebration with a bake sale, silent auction and homemade items for sale including sauce, pasta, wine, focaccia and cakes and pastries. Proceeds benefit charitable causes. Email Phyllis@RealtorHarb.com for details or lunch reservations.

COMMUNITY INVITED TO SPECIAL CONCERT

The University of Notre Dame Men's Glee Club is performing in a special

concert at St. Bede on Saturday, March 14 at 7 p.m. with Flintridge Sacred Heart Academy Chamber Singers.

All are invited and welcome. Concert tickets are \$5 for children, \$10 for adults, and \$20 for families.

Sponsorships are available. Tickets may be purchased at www.bede.org. For more information, contact John Moe at (818) 913-0061. Tickets are available for purchase on the website and are available at the door.

KLEINSASSER AT UUCVH

On March 15 Eric Kleinsasser returns to UUCVH (Unitarian Universalist Church of the Verdugo Hills) for his talk "Stickers and Other Scriptures."

Where do we find the words that build our spirituality and sense of purpose? Do they come from holy books? Fortune

cookies? Notes our loved ones write to us? Or elsewhere? The words we live by can guide our thoughts and actions. Their origins might tell us a lot about where we want to go and how to get there. Eric Kleinsasser is an environmental science teacher, and nature lover based in Los Angeles.

In person at 10:30 a.m. at 4451 Dunsmore Ave., La Crescenta or visit the UUCVH website for the Zoom link <https://www.uuverdugo.org/>

HOLY WEEK SERVICES AT LA CRESCENTA PRESBYTERIAN

La Crescenta Presbyterian Church has a full calendar of worship services to celebrate Easter, all open to the community:

On Maundy Thursday, April 2, a simple meal of soup, bread and oranges will be served at 5:30 p.m. in Koopmans Hall, followed by a worship service including communion at 7 p.m. in the LCPC sanctuary.

On Good Friday, April 3, there will be a moving worship service focusing on the power and meaning of the cross beginning at 7 p.m. in the LCPC sanctuary.

On Easter Sunday, April 5, LCPC will offer two opportunities to celebrate the resurrection of Jesus Christ. The 9 a.m. service will feature

contemporary worship led by our praise band. The 11 a.m. traditional service will feature the choir, organist and pianist.

All Easter events and services will take place on the La Crescenta Presbyterian campus at 2902 Montrose Ave. in La Crescenta. For more information, visit lcpc.net or call (818) 249-6137.

RED CROSS BLOOD DRIVE IN LA CRESCENTA

The community is invited to give the life-saving gift of blood at a Red Cross Blood Drive on Sunday, March 29 from 8 a.m. to 2 p.m. The blood drive will be held at La Crescenta Presbyterian Church, 2902 Montrose Ave. in La Crescenta. Visit lcpc.net/giveblood to sign up.

see NOTES & NODS on page 22



A division of Crescenta Valley Publishing, LLC

Robin Goldsworthy
Publisher and Editor-in-Chief
robin@cvweekly.com

Mary O'Keefe
Lead Reporter
mary@cvweekly.com

Designers
Steve Hernandez
Senior Artist
steve@cvweekly.com

Matthew Barger
matt@cvweekly.com

Columnist
Mike Lawler
lawlerdad@yahoo.com

Contributing Writers

Lori Bodnar • Julie Butcher • Eliza Partika • Dominique Rocha
Charly Shelton • Ruth Sowby • Jackson Toyon
Anne McNeill, proofreader

Advertising

Jon K
(818) 248-2740
jon@cvweekly.com

Sonya Marquez
(818) 381-2000
sonya@cvweekly.com

Lisa Stanners
(818) 523-1234
lisa@cvweekly.com

Office Manager/Inside Sales

Rachelle Miller
rachelle@cvweekly.com

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To contact us, call (818) 248-2740, fax (818) 248-2444

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Incarnation Church Breaks Ground on New Parish Community Hall as Centennial Approaches



Photo provided by Incarnation Church
Pictured from left are architects Joe Pica and Maureen Sullivan (Pica & Sullivan), Michael Short (Archdiocese of Los Angeles), school principal Colby Boysen, construction contractor Michael Heydorff, project manager Karen Compton, Fr. Rodel Balagtas, Bishop Albert Bahhuth, Deacon Dominic Pontrelli and Deacon Michael Morgan.

Incarnation Church in Glendale celebrated a major milestone in its parish history with a groundbreaking ceremony for its new Parish Community Hall, a project designed to strengthen parish and school life as the community prepares to celebrate its 100th anniversary in 2027.

Regional Bishop Albert Bahhuth joined Fr. Rodel Balagtas, pastor of Incarnation Church, along with parish leaders, civic officials and community members for the ceremony, which followed Mass and the ceremonial turning of the soil.

"As we approach our 100th anniversary in 2027, this new Parish Community Hall represents more than a building," said Fr. Rodel Balagtas. "It

represents our commitment to strengthening parish life for generations to come – a place where ministries will gather, where families will celebrate milestones and where faith and fellowship will continue to flourish."

The project has been years in development and reflects the collaboration of parish leadership, advisory councils and professional partners working together to serve the long-term needs of the parish and school community.

Fr. Balagtas recognized the work of the parish Building Committee as well as the Finance and Pastoral Councils, whose planning and stewardship helped bring the vision for the project to this stage.

Among those participating in the ceremony were Glendale Councilman Ardy Kassakhian, architects Joe Pica and Maureen Sullivan of Pica & Sullivan Architects, Michael Short representing the Archdiocese of Los Angeles, project manager Karen Compton, construction contractor Michael Heydorff, and parish leaders including Deacon Dominic Pontrelli and Deacon Michael Morgan.

Once completed, the Parish Community Hall will provide a central gathering space for parish ministries, school activities and community events, supporting the mission of Incarnation Church as it continues serving the Glendale community into its second century.

Salem Lutheran Holds Third Annual MobilePack Event

By Eliza PARTIKA

For the third consecutive year, Salem Lutheran Church will host its MobilePack event to pack meals for families across the globe that are in need. This year, it is partnering with Bethel Lutheran Church – Encino, along with Minnesota-based Feed My Starving Children, to distribute as many as 132,000 meals on the weekend of March 18-22.

Salem Lutheran Pastor Amie Odahl said the MobilePacks have become an important way for the community to give back.

“[It’s a wonderful way to] have their eyes opened to the ways they can help people they don’t know, to be able to understand that there is hunger in our neighborhoods and in our communities, and in our world, that this is something they can do,” said Odahl.

Incarnation Catholic Church will have 170 students coming to the event and Salem Lutheran will have 140 for a total of 310 students participating.

Odahl said the students have been raising money all year for this event and are excited to see where it is going, to see the impact it has. Odahl said \$106 helps feed one child for a year by using the special manna grains and vegetable formula Feed My Starving Children distributes to families. The formula ensures

the maximum vitamins and nutrients with simple, natural ingredients are provided.

“When I was a little kid and my dad was a pastor, we would go to a food feeding on Friday nights. We would go and cook meals for people in the inner city of Milwaukee. And so, as a child, I was able to do that,” said Odahl. “I got to interact with the people who needed food in the inner city of Milwaukee, and I got to help stir the pots and do all that sort of thing. And just saw how wonderful it was to be a community of people together that knew food was important for everyone, that food made a community, no matter who you were.”

Odahl said she hopes that excitement will pass on to the kids and adults who volunteer for the MobilePack event.

“Children from age 5 all the way up to 105 can participate. It is such a big deal and an important and exciting thing,” Odahl said. “You can make a difference in very small ways. Big actions or small actions can make a difference.”

Odahl said it is also a way to connect people.

“No one can come away from this without a smile on their face, because they just know they’ve made a difference, and maybe they have met someone new,” she said.

Odahl said her goals for

Image from www.glendalespeedsafety.com
Streets where cameras are proposed.



MobilePack are to get more funds to purchase the packs of vegetables and grains that are distributed, and to secure more volunteers so maybe one day one million meals will be packed.

“The first year, we just did it with our community. The second year, people understood how fun it was and how easy, and they were able to expand it,” she said.

“This is our third year. We’ve got another church joining us. In our fourth year, I would hope to get more individual organizations that already do volunteer stuff to also be a part of our group, and for more employers to bring their employees to help.”

Most event donors are schools and individual families who are told about MobilePack by word of mouth. Donations can be made to MobilePack throughout the month of March. Salem Lutheran begins accepting donations in January.

To date, Feed My Starving Children has donated 382,120,176 pounds of food to countries around the world, enough to feed 1 million children for a year.

Times for the Mobile Pack events are:

March 18 – 5 – 8 p.m.

Volunteers needed for set up

March 20 – 6 – 8 p.m.

Volunteers needed to help pack meals

March 21 – 9 a.m. - 11 a.m.

Volunteers needed to help pack meals

March 21 – 12:30 - 2:30 p.m.

Volunteers needed to help pack meals

March 21 – 6 – 8 p.m.

Volunteers needed to help pack meals

March 22 – noon - 2 p.m.

Volunteers needed to help pack meals

March 22 – 2 – 5 p.m.

Volunteers needed to help clean up

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55-Hour Extended Weekend Closure Scheduled

Caltrans has scheduled an extended weekend closure on southbound Interstate 5 (I-5) between Cohasset Street and Empire Avenue/San Fernando Boulevard in the city of Burbank in Los Angeles County for pavement rehabilitation work. This is the fifth of a series of extended weekend closures on I-5 between Empire Avenue and Cohasset Street for this project.

Beginning at 10 p.m. on Friday, March 13 through 5 a.m. on Monday, March 16 crews will reduce southbound I-5 to two lanes between Cohasset Street and Empire Avenue/San Fernando Boulevard. In addition, southbound I-5 will be fully closed overnight between Hollywood Way and Empire Avenue/San Fernando Boulevard for restriping on Saturday, March 14 and Monday, March 16.

Motorists are strongly encouraged to seek alternate routes to reach their destinations during the extended weekend closure. Detour signs will be posted. All lanes and ramps will reopen to the public by 5 a.m. on Monday, March 16.

The closures are subject to change and scheduled as follows:

10 p.m. Friday, March 13 through 5 a.m. Monday, March 16:

Up to four lanes will be closed on southbound I-5 between Cohasset Street and Empire Avenue/San Fernando Boulevard

Closure of southbound I-5 on and off-ramps at Buena Vista Street

Closure of southbound I-5 off-ramp at Empire Avenue 1 a.m. to 5 a.m. Saturday, March 14

Full closure of southbound I-5 between Hollywood Way and Empire Avenue/San Fernando Boulevard

Closure of southbound I-5 on and off-ramps at Buena Vista Street

Closure of southbound I-5 off-ramp at Empire Avenue

Closure of southbound I-5 on-ramp at Hollywood Way 1 a.m. to 5 a.m. Monday, March 16

Full closure of southbound I-5 between Hollywood Way and Empire Avenue/San Fernando Boulevard

Closure of southbound I-5 on and off-ramps at Buena Vista Street

Closure of southbound I-5 off-ramp at Empire Avenue

Closure of southbound I-5 on-ramp at Hollywood Way

Traffic will be detoured during the hours of full freeway closure.

Alternate Routes for Southbound I-5

Eastbound SR-134: Southbound SR-170 to eastbound SR-134

SR-118: Motorists on SR-118 will be directed to southbound I-405 to southbound U.S. 101

Due to weather or operational reasons, the schedule is subject to change including the times and dates, the number of closures and other details. Residents and businesses located near construction may experience noise, vibrations and dust associated with construction activities. Please visit the Caltrans Quickmap for the latest road conditions and closures.

This is the fifth of six 55-hour extended weekend closures scheduled through spring 2026. Construction is expected to complete no later than summer 2027. This work is part of a pavement rehabilitation project to replace damaged pavement on I-5 between Empire Avenue and Cohasset Street to improve ride quality and safety. The work totals \$23.2 million. The contractor is Security Paving Company, Inc.

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Francois De La Rochefoucauld

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CRESCENTA VALLEY TREE SERVICE, INC.

GCC from Cover

The Council heard a quarterly finance report and an updated five-year fiscal forecast, slightly improved based on budget tightening within each department as well as some updated financial assumptions.

Director of Finance Jack Liang shared a brief economic update and the FY2025-26 Q2 report. As of December 2025, real GDP (Gross Domestic Product, which is the total dollar value of everything a country produces in goods and services) growth in the U.S. was 2.20%; in California, it was 3.40%. Unemployment in California was 5.50% compared with a national unemployment rate of 4.40%. Annual inflation nationally in 2025 was 2.70%, 2.30% in California.

The process for adopting next year's fiscal budget starts on April 15 with the release of the proposed

budget. Four study sessions and budget briefings will happen from mid-April through May with a final budget adopted by the full Council on June 23.

The Council voted to distribute a \$10,000 donation from the Los Angeles Dodgers toward senior programs.

An RFP for curbside electric vehicle (EV) charging stations on public property was issued following a report from Clean Energy Officer Ruzan Soloyan.

NorthwestGlendaleHomeowners Association Coordinating Council Representative Allan Durham announced a forum for Glendale City Council candidates that is open to association members and non-members. It will be held on Thursday, March 26 at 7 p.m. in the Brand Library Recital Hall, 1601 W. Mountain St. Twelve

candidates have qualified for the June 2 election, Durham reported. Further information about the candidate forum is available at www.nwglendaleha.org.

The annual Cherry Blossom Festival will be held at the recently renovated Shoseian Teahouse on Saturday, April 19 from 10 a.m. to 3 p.m. with a full day of free activities including martial arts, a kimono booth, Japanese music, dance and calligraphy. Information and tickets for tea ceremonies are available at <https://www.glendaleteahouse.org/tickets/march-2025-cherry-blossom-festival-jyuka>.

Earlier on Tuesday, the Council debated adding several items to upcoming agendas for future consideration.

see GCC on page 8

CRIME BLOTTER

MARCH 6

4600 block of Oak Grove Drive in La Cañada Flintridge, a woman reported she had parked her vehicle and went to work, leaving her vehicle unlocked. When she returned she found that her purse containing numerous items was stolen.

The theft occurred between 8 a.m. and 12:15 p.m.

1900blockofFoothillBoulevard in La Cañada Flintridge, a woman reported that she had placed her purse in an unassigned locker at the facility, locked it with a key

and then went to the pool area. When she returned she discovered her purse and all of the contents, including her cellphone, had been stolen from the locker.

The theft occurred between 2:30 p.m. and 3:30 p.m.

4600 block of Oak Grove Drive in La Cañada Flintridge, a woman reported she had parked her vehicle in the main parking lot of the location. She left her purse inside the vehicle underneath the vehicle's seat. She had left her vehicle unlocked. When she returned to her car she found the

purse was missing.

The theft occurred between 8:55 a.m. and 10:20 a.m.

MARCH 5

2200 block of Mira Vista Avenue in Montrose, a catalytic converter was stolen from a vehicle overnight.

Editor's note: Details included in the crime reports are taken directly from the reports on file. The Crescenta Valley Weekly is not responsible for the incompleteness or inaccuracies in the original reports.

Come to Your Senses at Descanso Gardens

By Ruth SOWBY

Folks are invited to Descanso Gardens to enjoy the perfume of the first tulips of the season. The majority of the 30,000 bulbs that were planted in January are still growing along the Promenade. Due to the rains and recent warmth, flowers are blooming ... and booming.

A 150-acre botanical garden in La Cañada Flintridge, Descanso Gardens features a wide area, mostly forested, with artificial streams, ponds and lawns. On Monday, March 9, dozens of visitors strolled in the Rose Garden, the Japanese Garden and the Oak Forest. Most of Descanso's giant oak trees are 100-150 years old.

Artists set up their paints and canvases to capture the early spring posies. Photographers took snaps of everything in sight. Especially popular

were selfies among the cherry blossoms in the Japanese Garden and along the Promenade stream.

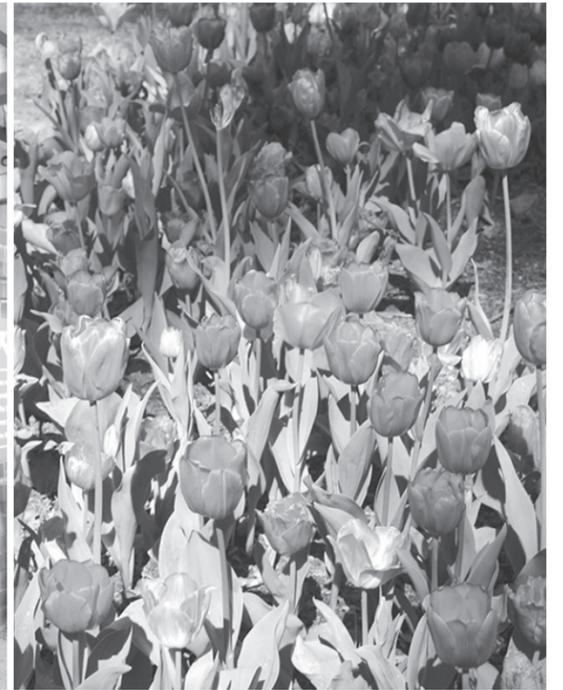
In addition, Descanso Gardens has a "ride-on" train that is running.

Descanso Gardens is open from 9 a.m. to 5 p.m. daily. On March 16, the Gardens will be open until 7 p.m. daily.

Non-members of Descanso Gardens need to make advance reservations to enter the Gardens. Tickets range in price from \$8 to \$18.

Descanso Gardens is located 1418 Descanso Drive in La Cañada Flintridge. For more information, call (818) 949-4200 or visit www.descansogardens.org.

Photos by Ruth SOWBY
LEFT: Descanso Gardens welcomes visitors who are among the first to see spring flowers blooming ... and booming. RIGHT: The 30,000 tulip bulbs planted in January bloom in a riot of pink after the rains and recent warmth.



FINEST PROFESSIONALS

Name of Individual

- Cardiologist _____
- Chiropractor _____
- Dentist _____
- Eye Care Specialist _____
- Facialist _____
- Family Doctor _____
- Medical Group _____
- OB/GYN _____
- Orthodontist _____
- Orthopedist _____
- Pediatrician _____
- Pharmacist _____
- Physical Therapist _____
- Veterinarian _____
- Caterer _____
- First Responder _____
- Hair Stylist _____
- Massage Therapist _____
- Personal Trainer _____
- Pet Groomer _____
- Real Estate Agent _____
- Real Estate Team _____
- Title Agent _____
- Yoga Instructor _____
- Other _____

FINEST SERVICES

- Alterations/Tailor _____
- Appliance Repair/Sales _____
- Art Framing _____
- Auto Dealer _____
- Auto Mechanic/Repair _____
- Barber Shop _____
- Book Store _____
- Boutique _____
- Children's Clothing _____
- Community _____
- College/University _____
- Cosmetic Store/Make Up Studio _____
- Credit Union/Bank _____
- Fire Station _____
- Flower Shop _____
- Hair Salon _____



- Health & Fitness Club or Gym _____
- Heating/Air Conditioning _____
- Home Furnishing _____
- Home/Office Cleaning Service _____
- Hospital _____
- Insurance Agency _____
- Jewelry Store _____
- Massage Studio _____
- Medi Spa _____
- Mortuary _____
- Moving/Storage Service _____
- Museum _____
- Nursery/Garden Store _____
- Party Rentals _____
- Pet Hospital/Clinic _____
- Pet Store _____
- Pharmacy _____
- Preschool/Nursery/Day Care _____
- Real Estate Company _____
- Senior Care Living _____
- Shopping Venue _____
- Yoga Studio _____
- Other _____

FINEST FOOD AND DRINK

- Bakery _____
- Breakfast _____
- Brunch _____
- Chinese Cuisine _____
- Family Dining _____

We're so excited to give you the chance to share your favorite places, people & services. Let our community's voices be heard!

Ballots must be received by March 26 to be valid.

Winners announced in June. You must legibly include all contact information on the ballot for it to be valid.

You MUST vote for a MINIMUM of 10 categories for your ballot to be accepted.

- Fine Dining _____
- Happy Hour _____
- Indian Restaurant _____
- Italian Restaurant _____
- Mexican Restaurant _____
- Sports Bar _____
- Other _____

FINEST ENTERTAINMENT

- Art Gallery _____
- Concert Venue _____
- Museum _____
- Park _____
- Live Theatre _____
- Other _____

NAME _____

ADDRESS _____

EMAIL _____

**Please mail ballots to
Crescenta Valley Weekly or
Drop your ballot off at
3800 La Crescenta Ave., #206,
La Crescenta, CA 91214
Office Hours: M-F 8 a.m. - 4:30 p.m.**

Rules: One ballot per person and must be mailed or walked in. Verified by name and/or email address. Minimum of 10 choices must be made. All ballots must be received in our office by March 26. Businesses/individuals can only win in one category. Voting is by ballot only. Nominees will be given access to the tally sheets but not the individual ballots to protect confidentiality. CVW will supervise any review of results. *CVW employees not eligible (but already considered the finest). Minimum 5 votes necessary to qualify "Other" category.

Discussion and Awareness of Drug Use on Roster

By Mary O'KEEFE

The community is invited to a conversation/presentation about recognition, prevention and awareness of drug use at the Crescenta Valley Meher and Satig Der Ohanessian Armenian Youth Center, 2633 Honolulu Ave. in Montrose on March 18 at 6:30 p.m.

The presentation will be given by Victoria DaSalla Malone, founder of CV Cares and the iMPACT Foundation LA, and representatives from Glendale police, Glendale Unified School District and Los Angeles County Sheriff's Dept. – Crescenta Valley Station.

The CV Armenian Youth Center has often focused on youth safety, education and community outreach.

"Our committee works to bring valuable information to the community and this event is the result of collaboration

with partners such as the Glendale Police Dept. and other organizations," said Taline Panossian, a member of the Center's outreach committee who organized the event. "We believe that when community groups and law enforcement work together, we can create meaningful educational opportunity for families."

Two members of the CV Armenian Youth Center reached out to Malone asking her to be a participant because of her involvement with CV Cares and the iMPACT Foundation.

She said she felt it is important to do this type of outreach conversation.

"Outreach to local student organizations is essential for The Chace Taylor Malone iMPACT Foundation LA, and our community coalition – CV Cares – to broaden our community connection, foster innovation through unique perspectives

and build sustainable, trusting relationships within the community," she said. "Partnering with our community groups increases connection, expands awareness and brings in fresh voices to this advocacy, which we hope ensures that solutions are culturally relevant and effective."

Malone hopes this outreach will help establish strong partnerships and build trusts between her organization and others that focus on the prevention of substance misuse.

"Outreach and education are key tools in preventing drug abuse. Providing accurate information and hearing directly from law enforcement, educators and prevention experts helps people recognize warning signs early and make informed decisions while also building trust within the community," Panossian said. "Our Center plans to continue organizing programs with local law enforcement, the fire department and other community organizations on issues affecting families, including senior fraud,

Organized by the Crescenta Valley Armenian Center Outreach Committee

250 FENTANYL OVERDOSES IN THE COMMUNITY

in 2022

Join us in a discussion about recognition, prevention, and awareness of drug use.

With presentations by
Victoria Da Salla, founder and director of CV Cares
Glendale Police Department
Glendale Unified School District
LASD Crescenta Valley Sheriff's Station

6:30pm | March 18

Crescenta Valley Meher and Satig Der Ohanessian Armenian Youth Center
2633 Honolulu Ave, Montrose, CA
cvarmeniancenter.com

Community service hours provided upon attendance
Light refreshments provided




The discussion is on March 18 at 6:30 p.m. The event is free to the public. safe driving, identity theft, homelessness awareness and other prevention-focused topics."

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GCC from page 6

First, the Council debated a request to agendize a discussion of sending a letter to Metro requesting further environmental review of the pending transit project, the North Hollywood to Pasadena BRT, considering the potential impacts of SB 79, the statewide law passed to encourage increased housing density along transit corridors.

Councilmember Vartan Gharpetian was asked to recuse himself from the discussion

ROBOTS from page 3

"The way the programming team went above and beyond with decorations and an engaging morning of celebrating the Club of Friendship is one reason I come back nearly every week," Linkhorst said. "We always have impressive speakers."

The Club has grown immensely in the nine years since Linkhorst has been involved. It has always brought together a diverse group and fostered friendship, which is appropriate since the group meets at Friendship Auditorium at Riverside Drive and Los Feliz.

That inclusive feeling was perfect for the 589 team, which invites everyone to join them who is interested in robotics.

"[Team] 589 spoke about the missions of FIRST [For Inspiration and Recognition of Science and Technology] and Falcon robotics, in addition to sharing what the team does overall. The students shared 589's technical aspects, including an event scouting app, prototyping center, CNC machine and robot upgrade projects. They also discussed their external operations and outreach, such as

because he leases office space in a building on the BRT route. Councilmember Ardy Kassakhian recused himself because his home in the city's Pelanconi neighborhood abuts the route.

Council candidate Patrick Murphy criticized the recusals as inappropriate "given the threat that the entire city faces from SB 79 in conjunction with the BRT."

"The full council – and by extension the voices of all Glendale residents – should be

heard on this threat," he said.

Murphy shared information he learned at Monday's Fremont Park BRT outreach meeting. According to Murphy, Pasadena has no dedicated bus lanes, and was involved in early environmental scoping meetings.

"It appears their discussions have protected them from SB 79," he said. "Why weren't we involved in those early discussions?"

You can read more at [CVWeekly.com/NEWS](https://www.CVWeekly.com/NEWS)

their annual free Engineering Expo for students K-eighth [grade] to explore various STEAM activities and FIRST Lego League teams," said Aimee Beck, 589 mentor and Southern Regional director for FIRST Robotics.

The team has spent the last eight weeks designing and building a robot that can shoot balls into a goal and climb onto a ladder rung, Beck said.

Each year FIRST creates a game. Teams across the world then design and build a robot to play that game. Teams have eight weeks to complete the robot and then travel to different competitions.

"The team will be attending the Ventura District Event at Ventura College and the Aerospace Valley District Event in Lancaster. Hopefully, they will qualify for the Southern California District Championship at the Anaheim Convention Center April 9-12," Beck said of this year's competition season.

But the competitions are expensive and the team must raise funds to not only build their robot but to also attend the events.

"People can support [the 589 team] in so many ways. The team is always looking for financial support to allow 589 to continue to operate in our open-door format, allowing anyone to participate regardless of their financial needs. Beyond financial support, the team would love to show what they have learned. They love giving demonstrations to groups and would love to have people cheer them on at a competition! [Visit] <https://www.cvrobots.com/support-us>," Beck said.

For Linkhorst the future of the Los Angeles Breakfast Club looks bright.

"It is a happy, special place of connection," Linkhorst said. "Even when things in the rest of my life bring me down being around friends for a few hours to eat, be silly and learn helps me get through. People ask how I am and I say, 'Right now? I'm great.' Everyone is welcome, and we love it when they share the spirit of the Club and want to join as a member. It really seems the more the merrier."

VIEWPOINTS

TREASURES OF THE VALLEY » MIKE LAWLER

Other Stories From the Glendale and Montrose Railway

Many stories, some amusing and some sad, have been passed down about the short-lived trolley line that brought passengers and freight to the new town of Montrose from 1913 to 1930.

Initially passenger traffic was light, so the trolley line employed very small trolley cars the locals called “The Dinky.” These small cars were supported by a single truck in the center. The two wheeled axles beneath the cars were just a couple of feet apart, located under the very center of the trolley car. This made for a rolling, rocking motion as the car went down the track, like a small boat in ocean waves.

Since there was no high school in CV, the kids had to ride The Dinky down to Glendale High. On the way to school, the bad boys would get on the very back of the trolley. As it rocked, they would jump up and down, accentuating the rocking motion, until finally

the trolley would derail. That delayed the start of school with a perfect excuse.

The trolley barn was right behind the old Montrose Theater, and at night when the trolleys went into the barn, the theater shook as though in an earthquake.

The low-budget trolley line bought well-used trolleys and the conductor had to occasionally walk through the car with a screwdriver, resetting the screws working their way out. One of these older Montrose cars was bought for a movie, “The Hazards of Helen,” and was destroyed on film in a head-on collision.

One of the saddest stories is the story of the Burton family. Montrose developer Robert Walton had a sister Ellen who was married to a railway man – John Burton – who had built railroads in the Midwest. Naturally when it came time to run the Glendale and Montrose

rail line up from Glendale to the new town of Montrose in 1913, Walton enticed John and Ellen to move to California to help him.

The Burtons brought their two teenaged daughters with them and built a beautiful Craftsman house right on the rail line. It was one of the first houses in Montrose located on the curve of Montrose Avenue, just above Honolulu.

The two Burton girls were inseparable and much loved in the community. They rode the G&M trolley down to Glendale High each day. The older girl – Zelma – had graduated in 1916. She was a member of Glendale Presbyterian Church and active in their social clubs. The younger of the two – Ellen Lee – was the class treasurer and organized school trolley excursions to Montrose for her classmates.

In December 1916, the Burton family was returning by

car from Christmas shopping in Los Angeles. As they were approaching Glendale, they had to weave between two boxcars parked on the tracks in the street. As they emerged, their car was hit broadside by a trolley car running at full speed. The two girls were killed instantly while John and Ellen were gravely injured.

The funeral for the two girls was a huge event. The tragedy brought the community together in an outpouring of grief. The girls’ classmates sang beautiful songs and the boys of the class served as pallbearers. The two sisters, close in life, were buried together in one coffin, facing each other, their arms intertwined.

John and Ellen were in the hospital for weeks and missed the funeral of their only daughters. John finally died of his injuries. Ellen, in her pain and grief,

never bought a headstone for her daughters and their grave at Forest Lawn remains unmarked to this day.

Ellen Burton lived on alone for several decades in the house they had built on Montrose Avenue. When she died the house was sold to another family who valued the old Craftsman house. A few years ago, they made sure to sell the house to a young couple who seemed to want to restore the home and raise a family in what was the oldest house in Montrose.

But it was apparently a ruse. Within a year, the house had been bulldozed and an apartment sprang up in its place, the end to a sad chapter in Montrose history.

Mike Lawler is the former president of the Historical Society of the Crescenta Valley and loves local history. Reach him at lawlerdad@yahoo.com.

NEWS FROM THE CVTC » KERRI LEWIN BRAUTIGAM

In Memoriam of Charles Beatty

The Crescenta Valley has lost one of its most dedicated public servants: Charles Beatty, who served on the Crescenta Valley Town Council for an incredible three decades. Charles was a fixture of local governance, known for his deep community knowledge and his approachable nature. Whether at a formal podium or chatting with neighbors in the aisles of the local Ralphs, he was always ready to offer advice and advocate for the community he loved. His 30 years of volunteer service helped define the character of unincorporated La Crescenta-Montrose and his presence will be deeply missed.

A New Look for La Crescenta-Montrose: Residents will soon notice a uniform change to the local landscape. Over 500 new street signs are currently being installed throughout the unincorporated areas. These updated signs feature:

- *High-Visibility:* Bright, reflective lettering for

improved safety at night.

- *Branding:* The official Los Angeles County logo on all signs.

- *Uniformity:* A consistent aesthetic to help define the boundaries of the community.

Development Watch Foothill and Sunset: There is fresh interest in the vacant lot at the corner of Foothill Boulevard and Sunset Avenue. While much of the recent development in the area has trended toward dense residential projects, a developer is currently proposing a commercial building for this site. The Council will provide more details regarding the planning process as information is received.

Planet Fitness Progress: The plan to transform the former Rite Aid location into a Planet Fitness has cleared a major hurdle. LA County Planning has granted the gym a deviation from standard parking requirements, paving the way for the facility

to open. The council is hopeful that the transition from a vacant storefront to a high-use fitness center will increase foot traffic and provide a “halo effect” for other businesses in the shopping center and about town.

Upcoming Legislative Update: Assemblymember Nick Schultz will be in attendance at the March 19 meeting. The community is encouraged to attend for a special update on state legislation and it’s an opportunity to ask questions. Assemblymember Schultz will discuss current bills and how they impact the Crescenta Valley.

See you next Thursday, March 19 at 7 p.m. in the Community Room at La Crescenta Library, 2809 Foothill Blvd.

Community engagement is the heartbeat of our valley and the CVTC always appreciates a full house. We look forward to seeing our neighbors at each meeting.

*Kerri Lewin Brautigam
Corresponding Secretary*

NEWS FROM THE CVWD » JAMES LEE, GENERAL MANAGER

Crescenta Valley Water Reliability Projects: Timeline, Traffic & What to Expect

Crescenta Valley Water District (CVWD) continues to invest in water reliability projects. These projects are impactful in terms of construction-related traffic, noise and other inconveniences including unanticipated delays. However, they are necessary in order to support the future of the community by ensuring safe, reliable water service for homes, businesses and emergency services.

The following is information regarding timeline, traffic and

what to expect for five (5) of these water main projects –

- Fairway/Ramsdell – ground-breaking scheduled for late March
- Montrose/Ramsdell –
 - Early April – Preliminary excavation
 - May – Main installation commences
 - December – Anticipated project completion
- Henrietta/Pennsylvania – ground-breaking scheduled for

summer/fall

- Cloud/Henrietta – ground-breaking scheduled for summer/fall
- Foothill/New York – ground-breaking scheduled for summer/fall

These projects will replace water mains originally installed in the 1950s. In the process, pipelines connecting from water mains to homes and businesses will also be replaced and additional fire hydrants will be installed for more resilient emergency services.

see CVWD on page 10

GEF

DIAMOND AWARDS 2026

Nominate an outstanding GUSD graduate for a Glendale Educational Foundation Diamond Award.

The awards honor alumni who have achieved excellence in the arts, science & technology, health & wellness, and other fields.

For more information, visit glened.org.

The awards will be presented at the **DIAMONDS GALA**

Friday, May 1 | 6:00 - 9:00 PM
Chevy Chase Country Club
3067 E. Chavy Chase Dr.
Glendale, CA 91206

GUEST OP-ED » RIMA ALAVERDYAN

Glendale Needs More Mental Health Providers – Our Community Can't Wait

Glendale needs more mental health providers. As a lifelong resident and USC Master of Social Work student interning in the district's Student Wellness Dept., I see this gap every day. According to Adventist Health, Glendale has just 77 mental health providers per 100,000 residents – far below both the California and national averages. All hope isn't lost, though: Glendale Unified School District is tackling growing mental health needs through Student Wellness Services, which offers individual and group counseling for students.

In 2022, GUSD's Student Wellness Services received 958 referrals across more than 30 schools. Programs like "Bridge to Belonging" are intended to help recently immigrated students adjust to their new environment. Substance abuse intervention curriculum implemented by the

department helps address increases in fentanyl overdoses, underage vaping and other drug- and alcohol-related issues. A student who is struggling can have an absence excused with an "MH" for mental health. The school district has been making a concerted effort to improve access to mental health resources.

I have personally witnessed students grow in their academic and personal lives as a direct result of these services. I provide counseling for students to help them improve their functioning, coping skills and overall well-being. I have been fortunate enough to be part of their journey toward personal and academic success and it has struck me how so many of them simply need someone to listen to them without dismissing their issues as teenage angst. This experience reiterated my belief that mental health services can be transformative for

our community.

While GUSD is routinely advancing and updating the mental health resources available at its schools, the City of Glendale is struggling to catch up. Over 70% of the city's population is over the age of 18, and addressing their mental health concerns is not as simple as being referred to a counselor at GUSD. Nearly half of Glendale residents interviewed by Adventist Health stated that mental health is one of their top concerns. Yet there is a shortage of providers, limiting residents' access to care, especially for those who are uninsured or undocumented.

We need mental health services now more than ever. There has been a 40% increase in college student counseling visits at

Glendale Community College in the past three years, high isolation rates among residents aged 65 and over, and an increase in homelessness in our city. Glendale's violent crime rate is higher than both the California and national averages, and housing instability and the rising cost of living continue to place strain on residents' mental well-being. In 2023, the Glendale Police Dept. launched the "Substance Abuse and Wellness Resource Program," which is a major step forward. Resources like this are imperative, and they can reduce stigma and offer crucial support to those in need.

As a Master of Social Work student and daughter of immigrants, I have seen firsthand how limited access to care affects

people and I am passionate about changing that. At GUSD, students have tangible resources that can help them navigate their mental health challenges. The same cannot be said across our diverse, vibrant city. Our mental health infrastructure has not kept up with our community's needs. Expanding access to care can look like increasing funding for community mental health clinics, offering loan-repayment incentives for clinicians practicing in underserved areas, expanding tele-health services, and strengthening partnerships between the city, hospitals and community organizations to provide affordable counseling. Glendale has taken important steps but there is much more work to be done.

GUEST OP-ED » MARK TOWNS

Why Musicians Remain Essential in the AI Era

Every few years, a new technology arrives that's supposed to change music forever. Multitrack recording was going to replace live performance. Drum machines were going to replace drummers. Sampling was going to replace composers. Now it's artificial intelligence.

AI is powerful. It can generate chord progressions, compose background scores, clone voices, produce arrangements in seconds and analyze listening trends at a scale no human can match. It can generate "music" instantly.

But after decades of working as a performing and recording musician, I've seen a different truth emerge: As technology gets smarter, musicianship matters more – not less.

The real risk isn't that AI will replace musicians. It's that too many people will mistake automation for artistry and convenience for craft.

Music has never been about merely assembling sound. It's about intention. It's about touch. It's about phrasing that leans just behind the beat because the player feels something. It's about the micro-adjustments in time and tone that can't be fully quantified.

AI can generate notes.

It cannot generate lived experience.

It can simulate styles.

It cannot simulate struggle, memory, heartbreak, triumph, faith or doubt.

It can produce a technically correct solo.

It cannot risk anything.

Real musicians listen – not just to the chord changes, but to each other. They react in real time. They make decisions in the moment that are shaped by the room, the audience, the mood and the unspoken energy between players. No algorithm stands on a bandstand and adjusts because the drummer subtly shifted the pocket.

When people talk about AI "replacing" musicians what they're often really replacing is effort. Learning an instrument takes years. Developing tone takes decades. Composing something original requires vulnerability and discipline. Automation removes friction. But friction is where artistry is forged.

The answer isn't rejecting technology. I use technology every day. Recording tools, editing software, distribution platforms

– these are extraordinary advancements. AI can be a tool. It can help with mockups, orchestration drafts, idea generation – even technical analysis.

But tools should serve the musician – not replace the development of the musician.

In a world where AI-generated music becomes abundant, sameness becomes the enemy. The artists who will stand out are the ones who have something unmistakably human: nuance, imperfections, personality, presence.

Systems can handle repetition.

Humans handle meaning.

Music has always been a human profession. That hasn't changed. What has changed is the temptation to outsource the hard parts – the discipline of practice, the courage of performance, the risk of originality.

The future of music won't belong to algorithms. It will belong to artists who know how to use technology without surrendering their voice – and who never stopped learning how to truly play.

Mark Towns
La Crescenta

CVWD from page 9

Fairway/Ramsdell is on a private road, and traffic impact will be limited mostly to that road.

Ramsdell/Montrose construction will impact northbound traffic on Ramsdell Avenue and eastbound travel on Montrose Avenue on weekdays between 7:30 a.m. and 4:30 p.m. All lanes will remain open on weekends. In certain construction areas, curbside

parking may be temporarily restricted to allow construction crews to work safely and efficiently.

To help maintain safe traffic flow, clearly marked detours and directional signs will be in place. Cooperation helps maintain a safe environment for residents, workers, and visitors throughout construction.

CVWD appreciates the

community's patience and cooperation as these essential improvements are completed.

Questions? Please contact project managers Christina Kopelman or Dennis Nguyen at (818) 248-3925 or via email at ckopelman@cvwd.com or dnguyen@cvwd.com. Updates will be posted at www.cvwd.com.



THE IMPACT OF SUMMER CAMP EXPERIENCES ON CHILDREN

How is a summer's worth of growth measured in a child? As the school year ends, summer camps stand ready as transformative arenas for young minds. Far more than just playgrounds, these dynamic environments are where children broaden their horizons, forge friendships and grow leaps and bounds in confidence.

At the heart of Los Angeles, a multitude of programs promise not only fun but a foundation for future success. Whether it's mastering a new sport or crafting their first robot, each activity is a steppingstone toward unlocking children's potential.

Personal and Social Development

Summer camps for kids are more than just a way to keep children busy during the school break. They are vital in fostering personal and social development.

Through structured yet engaging environments, camps encourage children to step out of their comfort zones. This push helps them to form their own identities and develop a sense of independence that is hard to replicate in other settings.

For many children, the social skills acquired at camp are invaluable. A recent report found that engaging in structured activities, such as those offered in summer programs, is linked to increased pro-social behavior. These programs create an environment where children can form nurturing relationships with both adults and peers, which are crucial for their emotional, behavioral, and cognitive growth.

A child might learn to lead a team during a relay race or discover the importance of listening during a group discussion on camp rules.

The essence of these summer programs lies in their ability to teach children how to manage both friendships and conflicts. This environment is free from the academic pressures of school. It allows children to socialize in ways that are more relaxed yet deeply impactful.

For example, a camper might mediate a dispute over a game or work with others to set up a campsite, developing interpersonal skills that are crucial for lifelong success.

Physical and Mental Engagement

Participating in summer activities at camp offers significant physical and mental benefits. The physical engagement that camps offer is obvious as children spend much of their day in motion, whether they are swimming, hiking or playing sports.

This active lifestyle helps in improving their physical health, agility and overall fitness. Research suggests that children who are physically active show improved mood, sleep, and school performance.

On the mental side, camps challenge the cognitive abilities of children through problem-solving games and creative thinking tasks. These activities are designed to stretch their minds.

For instance, a treasure hunt not only requires physical activity but also strategic thinking and collaboration. Similarly, building a model rocket introduces basic physics in a fun and engaging way which can spark curiosity and a love for learning.

Moreover, the variety of summer activities ensures that every child can find something that excites them. Whether it's mastering a new skill like archery or exploring their artistic side through painting, the diverse offerings at summer camps encourage children to explore new interests.

This variety not only keeps their days lively and interesting but also plays a crucial role in their cognitive and emotional development.

Through these dynamic activities, children learn to set goals and persevere toward achieving them. The satisfaction of hitting a target in archery or completing a complicated puzzle provides a confidence boost and a sense of accomplishment. These experiences at camp teach children that they can overcome challenges through persistence and creativity.

Emotional Growth and Resilience

Summer camps serve as a vital environment for nurturing emotional growth and resilience among children. As they step away from their routine lives and into camps, children engage in a range of activities that challenge them both physically and emotionally.

This exposure to new situations fosters resilience. It helps them learn to adapt and bounce back from challenges. Research shows that overcoming obstacles such as mastering new skills or navigating social dynamics at camp helps build emotional toughness, which is crucial for personal development.

Moreover, the supportive environment of summer camps encourages children to take safe risks and learn from their successes and

continued on next page



Photo: iStock



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Find Your
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Day camp is more than just summer fun—it's where kids build lasting friendships, celebrate achievements, and discover a place they can truly belong. Guided by trusted staff, campers can look forward to:

- Swimming, sports, and outdoor play
- Creative art and STEM projects
- Field trips
- And so much more!

YMCA of Glendale
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childcare@glennymca.org
(818) 240-4130



Summer Animals & Nature Trivia

How do butterflies taste their food?
Answer: With their feet! They have taste sensors on their legs.

How many eyes does a honeybee have?
Answer: Five. Two big compound eyes and three smaller simple eyes on top of their head.

Why do fireflies light up?
Answer: To attract mates and communicate with each other.




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Spartan Allstars Sports Day Camp is a premier coed, multi-sports day camp. Campers play over 35 sports and activities in a fun and supportive environment. **Screen Free Fun, All Day!**

2026 Sports Camp Offerings:

- June 8-12: Sports Camp, JCs, Basketball (PM)
- June 15-19: Sports Camp, JCs, Basketball (PM)
- June 22-26: Sports Camp, JCs, Basketball (PM)
- June 29-July 3: Sports Camp, JCs, Futsal (AM), Baseball (PM)
- July 6-10: Sports Camp, JCs, Baseball (PM)
- July 13-17: Sports Camp, JCs, Baseball (PM)
- July 20-24: Sports Camp, JCs
- July 27-31: Specialty Week*

Hours

Sports Camp & JCs: 8am-5pm (M-F)
K/1st: 8am-12:30pm
Futsal: 8am-12pm
Basketball and Baseball: 1-5pm

Camp Location
La Canada High School

Specialty Camps:

- Futsal Camp: June 29-July 3, 8am-noon
- Bball Camps: June 8-12, June 15-19, June 22-26, 1-5pm
- Baseball Camps: June 29-July 3, July 6-10, July 13-17

(Full Day Combo options available to add on with Sports Camp for 8am-5pm day)

***Specialty Sports Week: July 27-31**

8am-12pm Sports Camps: Soccer, Tennis, Wrestling, Flag Football, Dance/Cheer, or Basketball

Optional Aftercare from 12-5: Lunch, Games, & Swim

WHO CAN PARTICIPATE?

Sports Camp Campers
Rising K-7th Graders

Junior Counselors (JCs)
Rising 8th & 9th Graders

Specialty Sports Camps:
Rising 2nd-9th Graders

Need Volunteer Hours?
Rising 10th Graders



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CV Weekly **Summer 2026** #3 **SCHOOL & CAMPS** Special Section



SUMMER PROGRAMS

GRADES 5-12

JUNE 15 to JULY 17 2026

- Academic Classes
- Athletic Camps
- Enrichment Opportunities

We are excited to offer many different programs and academic courses for current, incoming, and non-LaSalle students this summer!

LASALLENS.ORG/SUMMER

Beach & Ocean Trivia

What's the largest ocean on Earth?
Answer: The Pacific Ocean —it covers more area than all the land on Earth combined!

True or False: Sharks have bones.
Answer: False. Sharks have skeletons made of cartilage, the same stuff that's in your nose and ears.

What's the most common type of fish in the ocean?
Answer: The bristlemouth fish. There are trillions of them, but you've probably never seen one because they live deep underwater.



SUMMER FUN

FOR GIRLS ENTERING GRADES 4-8

JUNE 15, 2026 - JULY 24, 2026

Arts & crafts, sports, cooking, theater, academics, and more!

immaculateheart.org/summer

THE IMPACT OF SUMMER CAMP EXPERIENCES ON CHILDREN (CONTINUED)

failures. This aspect of camp life plays a significant role in developing self-efficacy, where children come to see themselves as competent. It can be a real boost to their confidence and problem-solving skills.

These experiences are invaluable as they lay the groundwork for children to handle new and unexpected situations with more ease and confidence after they return home.

Exposure to New Interests and Skills

Summer camps offer a treasure trove of activities that introduce children to a wide array of interests and skills. From traditional sports to arts and technology, camps provide

children with the opportunity to explore areas they might not encounter in their everyday lives.

This exposure not only enriches their experiences but also helps in identifying and developing new passions. Research highlights that participation in a diverse range of summer activities can spark curiosity and foster a lifelong love of learning.

At camp, children engage in hands-on activities that enhance both creativity and critical thinking. For example, arts and crafts projects not only stimulate creativity but also enhance fine motor skills and concentration. These activities,

structured around summer fun and education, make summer camps an ideal setting for children to discover and cultivate new skills that could influence their academic and personal growth long term.

A Summer of Growth and Discovery with Summer Camps

Summer camps do more than fill a child's day with fun activities. They foster a sense of independence, curiosity and resilience.

Reprinted from <https://gotgamecamp.com>, written by CoachK



GET READY FOR CAMP

Gear up for some FUN Summer Camps at the Y!

YMCAFOOTHILLS.ORG/CAMP

AMERICAN CAMP ASSOCIATION ACCREDITED

CRESCENTA VALLEY WEEKLY SUMMER SCHOOL & CAMPS SPECIAL SECTION #3 2026

SUMMER CAMPS for GIRLS

Camps Offered

| | | |
|--|--|--|
| <p>Grades 6-8</p> <p>ARTS CAMP</p> <ul style="list-style-type: none"> June 8 - June 12 \$425/week <p>STEM</p> <ul style="list-style-type: none"> June 15 - June 18 Science \$400 June 22 - June 26 Coding \$425 June 29 - July 2 Engineering & Design \$400 <p>SPORTS INTENSIVES</p> <p>+ MORE!</p> | <p>Grades 6-8</p> <p>Speech & Debate, Improv</p> <ul style="list-style-type: none"> June 29 - July 2* July 6 - July 10 \$425/week *holiday <p>WORLD LANGUAGES</p> <ul style="list-style-type: none"> July 13 - July 17 Spanish \$425 | <p>Grades 1-7</p> <p>SPORTS CAMP</p> <ul style="list-style-type: none"> June 8 - June 12 June 15 - June 18* June 22 - June 26 June 29 - July 3 \$350/week *holiday (Lunch included) <p>Grades 1-6</p> <p>DANCE CAMP</p> <ul style="list-style-type: none"> July 6 - July 10 July 13 - July 17 \$375/week (Lunch included) <p>Grades 1-6</p> <p>EXTENDED CARE</p> <p>2:30-5 PM, \$150</p> |
|--|--|--|

summer@fsha.org fsha.org/summer

VERITAS FLINTRIDGE SACRED HEART ACADEMY

BETWEEN FRIENDS

LCWC Collects Soles4Souls

By Ruth SOWBY

Hard charging members of the La Crescenta Woman's Club collected close to 1200 pairs of shoes during its annual Soles4Souls Shoe Drive from 10 a.m. to 2 p.m. on Sunday, March 1. This is the fourth drive the LCWC has supported through its parent organization, the General Federation of Women's Club (GFWC).

LCWC members donate shipping supplies, such as boxes and packing tape. Shoe pairs were tied together as they were packed in some 85 boxes. The LCWC doesn't make money on the event; in fact,

the Club loses money on shipping costs as three Club members "foot" the bill by loading their vehicles and driving to the Soles4Souls warehouse distribution center in San Bernardino. There the shoes will be distributed internationally to various programs providing relief, creating jobs and empowering people to break the cycle of poverty.

"Our community support is so appreciated by LCWC," said Cindy Charles, rentals treasurer, Events.

The La Crescenta Woman's Club was established in 1911. Last year, its clubhouse's 100th birthday was celebrated by community members.



Photo by Gwen Williams LCWC
Cindy Charles and Michele Pashayi in San Bernardino – the first stop in distribution of shoes.



Photos by Ruth SOWBY

TOP: A dozen LCWC members collected 1200 pairs of shoes for Soles4Souls.

LEFT: LCWC new member Laura Nomura publicizes the Club's shoe drive. Nomura, a teacher, collected 140 pairs from her students. "Kids go through shoes so fast," she said.

RIGHT: La Crescenta Woman's Club members collect shoes for Soles4Souls. Helpers are Club members Lynn Hansen, left, Bell Han, middle and Laura Nomura. The Sunday (3/1) afternoon drive brought in close to 1200 pairs.

BELOW: LCWC Treasurer Cindy Charles loads one of 85 boxes of shoes for Soles4Souls collected by the La Crescenta Woman's Club.



USC VERDUGO HILLS HOSPITAL COMMUNITY RESOURCE CENTER FOR AGING

» ADRIA NAVARRO, PHD

Thriving in This Moment: Opportunities for Older Adults

Adria Navarro, PhD
Program Manager
USC Verdugo Hills Hospital
Community Resource Center for Aging

friends, neighbors, faith communities and local organizations – remains one of the strongest protections against loneliness and stress. Senior centers, walking groups, arts programs and volunteer networks continue to expand their offerings, creating spaces where people can find belonging and support.

Older adults are living through a remarkable moment in history – one defined by rapid change, new technologies and evolving ideas about health and community. While these shifts can feel daunting, they also create powerful opportunities to stay connected, purposeful and engaged. Thriving today isn't about keeping pace with every new trend; it's about using the strengths, wisdom and resilience built over a lifetime to shape a meaningful and vibrant chapter of life.

Living Longer, Living Better

Advances in medicine, nutrition, and preventive care mean that many people are living longer with greater vitality. Staying active, eating well and keeping up with routine health screenings remain essential, but thriving goes beyond physical health. Emotional well-being, social connection and a sense of purpose are equally important. Many older adults are discovering that the years after 60 can be among the most fulfilling, offering time to explore interests, deepen relationships and contribute to community life.

Connection in a Changing World

Technology has transformed how people communicate and participate in daily life. For some, digital tools can feel unfamiliar but they also open doors: video calls with family, online classes, virtual book clubs and telehealth appointments. Local libraries, senior centers and community colleges now offer digital literacy classes designed specifically for older adults. Learning at your own pace can turn technology into a bridge – one that keeps you connected, informed and engaged.

Purpose as a Source of Strength

A strong sense of purpose is one of the most powerful predictors of well-being in later life. Purpose doesn't need to be complicated. It can be found in volunteering, mentoring younger generations, caring for loved ones, joining a community group or pursuing creative hobbies. Many older adults are stepping into new roles as leaders, storytellers and advocates. Their lived experience is a resource communities deeply need, especially during times of uncertainty.

Resilience Through Community

The past several years have brought significant challenges, from public health crises to economic shifts. Yet older adults have shown extraordinary resilience. Staying connected – to

Honoring the Past While Embracing the Future

Thriving in this moment doesn't mean leaving the past behind. It means integrating the lessons of a lifetime with the realities of today. Older adults have lived through a variety of losses, social movements and technological revolutions. At the same time embracing new experiences, whether learning a skill, meeting new people or trying a new activity – keeps the mind active and the spirit open.

For those experiencing grief, joining the six week USC-VHH Community Resource Center for Aging "Grief and Loss: Beyond Blue" support group (beginning today, March 12) can be a helpful step that honors the past, while integrating poignant life changes into the days ahead.

A Future Full of Possibility

This moment in history is not just something to navigate – it's something older adults can shape. Communities are stronger when older residents are active, visible and engaged. Whether through civic participation, creative pursuits or simply showing up for one another, older adults continue to play a vital role in building a healthier, more connected future.

If you are looking for ways to thrive, let the USC-VHH Community Resource Center for Aging come alongside, nurturing your well-being and embracing the opportunities of a changing world. The next chapter is still yours to write! Email Aging-Resources@usc.med.edu or call a resource specialist at (818) 949-4033.



Early Screening Critical for Colon Cancer

As Colorectal Cancer Awareness Month kicks off, the nation faces a sobering reality: colorectal cancer (CRC) has reached an alarming new milestone, becoming the leading cause of cancer death for individuals under the age of 50. This stark diagnosis, now backed by compelling new data, underscores the urgent need for heightened awareness, proactive screening and a deeper understanding of this escalating crisis.

The latest projections for 2026 paint a devastating picture: an estimated 156,000 Americans are expected to be diagnosed with CRC this year with a staggering 53,500 succumbing to the disease. Even more critical, approximately 20,500 of these diagnoses and 3,900 deaths will tragically occur in individuals younger than 50 – solidifying CRC as the leading cause of cancer death in this demographic. This alarming trajectory signifies a critical public health challenge that demands immediate attention, especially during this crucial month dedicated to CRC awareness.

CRC often progresses silently, making early detection a significant challenge; however, common warning signs may include:

- Persistent changes in bowel habits (diarrhea, constipation, or narrowing of the stool lasting more than a few days)
- Rectal bleeding or blood in the stool
- Unexplained abdominal discomfort, such as cramps, gas, or pain, that doesn't subside
- A persistent feeling that the bowel doesn't empty completely
- Unintended weight loss
- Fatigue or weakness that isn't explained by other factors

"The reality that colorectal cancer is now the deadliest cancer for our younger population is a wake-up call we cannot ignore," said Dr. Petar Vukasin, colorectal surgeon at Dignity Health Glendale Memorial Hospital. "The good news, however, remains that when caught early, colorectal cancers are remarkably treatable with a very positive prognosis. This makes timely screening not just

important, but absolutely essential to saving lives. During Colorectal Cancer Awareness Month, we must amplify this message and empower everyone to take charge of their health."

Despite the alarming statistics, there is a powerful weapon in the fight against CRC: screenings. While colonoscopy remains the gold standard for its ability to both detect and remove precancerous polyps, significantly reducing cancer risk, many individuals still face barriers to screening due to perceived invasiveness or lack of awareness.

Dignity Health is urging everyone to be proactive in their health and understand the growing threat of colorectal cancer. Individuals are especially encouraged to:

- Start screening at age 45, or earlier if there is a family history, genetic predispositions (like Lynch Syndrome), or other risk factors. Healthcare providers can help determine the most appropriate screening method and timeline.
- Embrace a healthy lifestyle, including a balanced diet rich in fruits, vegetables and whole grains, regular physical activity, and limiting alcohol and tobacco consumption. A 2025 review published in *Gut* reinforced the strong link between ultra-processed food consumption and an increased risk of early-onset CRC.
- Do not delay in discussing any new or persistent symptoms with a healthcare provider. Vigilance can be life-saving.

Raising awareness about colorectal cancer's escalating impact, promoting regular and accessible screening and encouraging healthy lifestyle choices are critical pillars in combating this urgent public health crisis. Dignity Health remains committed to advancing public health initiatives and supporting ongoing research to better understand the causes, improve early detection and develop even more effective treatments for colorectal cancer.

Village Poets Features Nancy Murphy and Peter Ludwin

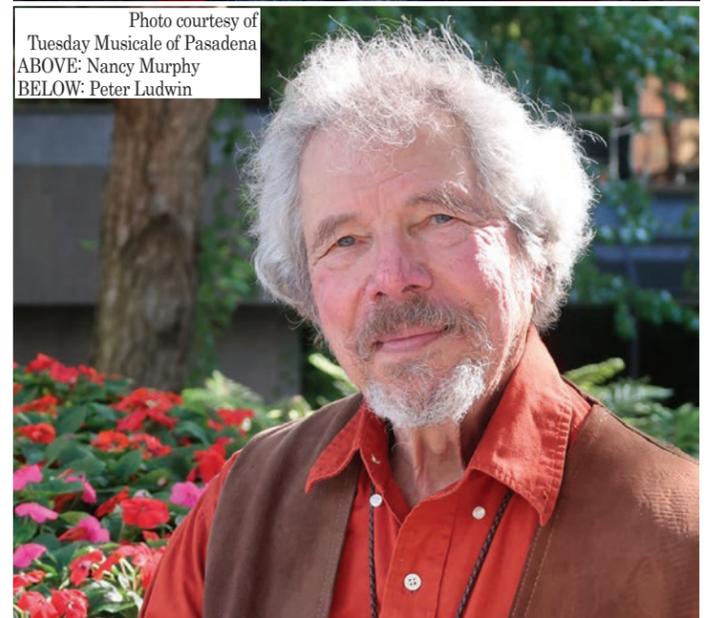
Village Poets of Sunland-Tujunga will feature LA poet Nancy Murphy, and Seattle poet Peter Ludwin on the fourth Sunday of March, March 22 at 4:30 p.m. at Bolton Hall Museum. There will also be an open mic and poets are invited to participate in the open reading segment of the event. Bolton Hall Museum is located at 10110 Commerce Ave. in Tujunga. Bolton Hall is a Los Angeles historical landmark built in 1913. The reading is from 4:30 p.m. until 6:30 p.m. Light refreshments will be served. Free parking is available on the street and also at the Elks Lodge at 10137 Commerce Ave.

Nancy Murphy is a Los Angeles-based poet and author of the poetry chapbook, "The Space Carved by the Sharpness of Your Absence" (Gyroscope Press, December 2022). The poems in this book were described by Pulitzer Prize winning writer Robert Olen Butler as "Pitch perfect and brave in their wisdom." She was a winner in the Aurora Poetry contest in winter 2020. Previous poetry publications include *SWWIM*, *Sheila-Na-Gig*, *glassworks*, *The Ekphrastic Review*, *The Baltimore Review*, *Anacapa Review*, *Jackdaw Review*, and others. Her reviews of other's poetry books have appeared in *Cultural Daily* and other publications. A long-time volunteer with WriteGirl LA, Murphy has mentored teens through writing workshops and in the juvenile detention system. More at www.nancymurphywriter.com.

Peter Ludwin is the award-winning author of four books of poetry. His newest collection, *An Altar of Tides*, focused mainly on his native northwest, won the 2024 Trail to Table Editors' Award in Poetry from Trail to Table Press. His previous book, *Gone to Gold Mountain*, which addressed the little-known massacre of over 30 Chinese gold miners in Hells Canyon



Photo courtesy of Tuesday Musicales of Pasadena
ABOVE: Nancy Murphy
BELOW: Peter Ludwin



in 1887, was nominated for an American Book Award by the Before Columbus Foundation. In addition to receiving a 2007 Literary Fellowship from Artist Trust, he won the 2016 Muriel Craft Bailey Memorial Award from *The Comstock Review* for his poem "Wolf Concerto," judged by Marge Piercy, and the W.D. Snodgrass Award for Endeavor and Excellence in Poetry from the San Miguel Poetry Week in Mexico. Most recently, his poem "Terezin Concentration Camp, Bohemia" won the California State Poetry Society's "Place" themed contest for August

2025.

An adventurer who has traveled from the Amazon to Morocco to Tibet, poems from which appear in his second book, *Rumors of Fallible Gods*, he is particularly focused on history/social justice, physical and spiritual aspects of the natural world and different cultures.

He lives in Kent, Washington. Find him at www.peterludwin.com.

People Making News

The following local residents were named to Clark University's fall 2025 Dean's List:

Oliver E. Briskin and Karina H. Fischman, both from La Crescenta were named to first honors.

Students must have a GPA of 3.8 or above for first honors or a GPA between 3.50 and 3.79 for second honors.

Founded in 1887, Clark University is a liberal arts-based research university that prepares its students to meet tomorrow's most daunting challenges and embrace its greatest opportunities. Through 33 undergraduate majors,

more than 30 advanced degree programs, and nationally recognized community partnerships, Clark fuses rigorous scholarship with authentic world and workplace experiences that empower our students to pursue lives and careers of meaning and consequence.

Following the completion of each semester, Ohio University recognizes the academic achievements of its students by publishing the President's, Dean's and Provost's Lists.

Kimberly Chernich and Esther Wang, both from La Crescenta and Angela Sermanukyan of

Tujunga earned spots on the Provost List.

Ohio University strives to be the best student-centered, transformative learning community in America. Campuses and centers across the state serve students and online programs further advance the University's commitment to providing educational access and opportunity. Visit www.ohio.edu for more information.

Tufts University recently announced the Dean's List for the fall 2025 semester. Dean's List honors at Tufts University require a semester grade point average of 3.4 or greater.

Veronica Habashy, Class of 2026, and Isabella Lim, Class of 2029, both from La Cañada Flintridge, earned spots on the Dean's List.

Tufts University is located on campuses in Boston, Medford/Somerville and Grafton, Massachusetts, and in Talloires, France.

A growing number of innovative teaching and research initiatives span all Tufts campuses and collaboration among the faculty and students in the undergraduate, graduate and professional programs across the university's schools is widely encouraged.

see PEOPLE on page 17

BINGO NIGHT
Presented by **Prom Plus**

COMMUNITY BINGO NIGHT

FOOD AND CHECK-IN 4:30 P.M.
Saturday, March 21st
DOORS OPEN AT 4:30 PM-1ST GAME 6:00 PM

Verdugo Hills Memorial Hall
4011 La Crescenta Ave., CA 91214
Proceeds Benefit Prom Plus

\$25.00 ADMISSION
Each Bingo game will pay \$100 or more!

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Bring in this ad
and get an extra card for game #1
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*One coupon per person. Good only for the first game.

Now Accepting 2026 Hearts For Isabella CHD Scholarship Applications

The Hearts for Isabella Memorial CHD Scholarship Award was established in 2023 to honor the memory of Isabella Annelise Dombrowski, who died on Feb. 3, 2020 due to complications of open heart surgery after being born with only half a heart.

To receive this scholarship, candidates must be specifically connected to the

heart community based on a medical diagnosis of CHD themselves and/or specific involvement of cardiac pediatrics advancements in education practices based on the eligibility requirements below for consideration.

Candidates must:

* Be a local high-school senior who will

be continuing his/her education at an accredited college, technical, vocational or trade school;

* Be specifically connected to the heart community in the innermost form based on a medical diagnosis of CHD themselves and/or specific involvement of cardiac pediatrics advancements in

education practices;

* Complete the application and submit by the annual deadline (May 1st).

To date, four scholarships have been pledged to incredible "heart warriors" in the local area communities.

For more information, email heartsforisabella@gmail.com.

P.E.O. Holds Founders' Day

"Inspire Friendships" was the theme of P.E.O. Founders' Day 2026. One hundred and fifteen P.E.O. sisters in the Glendale-Burbank area attended the event held at the Glendale Elks Lodge. Virginia De Martinis from Chapter HG, president of the Verdugo Hills Reciprocity Bureau, newly formed by the merger of Glendale Reciprocity and Burbank Reciprocity Bureaus, welcomed the 115 members to the first annual Founders' Day for the new Reciprocity Bureau.

The keynote address was presented by Kathleen Gill, president of California State P.E.O. She presented the history of the organization that was formed by seven college students at Iowa Wesleyan College in 1869. Their friendship group decided to create chapters after they graduated to continue cultivating the purpose and the organization has grown into 5,342 active chapters throughout the United States and Canada with 192,000 members. Gill emphasized the commitment of the sisterhood to provide friendship, promote education growth and bestow philanthropic awards to women.

The Verdugo Hills Women Chorus provided a musical interlude of a medley of love songs. Two barbershop quartets from the chorus also sang several songs.

The event, chaired by Karil Drake Starleaf, Chapter KD-KO, recognized the Golden Girls, women who had been members for over 50 years. Those introduced at the event included Kathy Prosser, Chapter DJ; Deanna Jennings, Chapter EO; Jane Adrian and Marge Mc Naught, Chapter FF-KU; Margaret Morrison, Elizabeth Nardoni and Ann Quinn, Chapter GD; Lola Archer and Anne Peplow, Chapter KD-KO; and Becky Gelhaar, Chapter OM.

P.E.O. is an organization open to all women ages 17 and over. One of the main purposes of the organization is to provide scholarships to young women attending accredited colleges and women returning to school after being a non-student for several years. Women interested in learning more about the organization and the scholarships that are available should contact vhreficiency@gmail.com.

Submitted by P.E.O.



The officers of Reciprocity (from left) are Karil Drake Starleaf; Virginia DeMartinis, president; Cathy Marrero; Kathleen Gill, California State president; Beth Abaravich; Pat Steen.

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TICKETS: \$10

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GLA Recognizes USC Verdugo Hills Hospital



Photo courtesy of Marie FILIPIAN

Armand Dorian, MD, MMM, CEO of USC Verdugo Hills Hospital (second from left), accepts the Organization of the Year award on behalf of USC-VHH from the Glendale Latino Association during its 2026 Installation and Awards Luncheon.

Recently, USC Verdugo Hills Hospital (USC-VHH) was recognized as Organization of the Year by the Glendale Latino Association (GLA) at its 2026 annual Installation and Awards Luncheon held at Oakmont Country Club in Glendale.

Each year, the GLA honors individuals and organizations in the community that demonstrate outstanding leadership and service.

"Being named Organization of the Year by the Glendale Latino Association is an honor for our entire team," said Armand Dorian, MD, MMM, CEO of USC-VHH. "It reflects the dedication of our staff to deliver high-quality care and contribute positively to the community through service, education and outreach initiatives."

The GLA annual Installation and Awards Luncheon brought together community,

business and civic leaders to celebrate the contributions of honorees. Proceeds from the event benefited the GLA scholarship program, which provides financial support to Glendale Latino students pursuing higher education.

USC-VHH is part of Keck Medicine of USC, the University of Southern California's medical enterprise, and one of only two university-owned academic medical centers in the Los Angeles area. The 158-bed acute care hospital has served patients in the cities of Glendale and La Cañada Flintridge, as well as the surrounding Foothill communities of Southern California, for more than 50 years.

GLA is a nonprofit organization dedicated to empowering and supporting the Latino community in Glendale through scholarships, leadership development and community service.

Wendy Sinnette Named 2025 La Cañadan of the Year

The Kiwanis Club of La Cañada announced Wendy K. Sinnette as the 2025 La Cañadan of the Year. Sinnette was named in recognition of her dedicated leadership and lasting influence on the community.

Sinnette will be honored at the 66th Annual La Cañadan of the Year Awards Luncheon on Thursday, March 26 at 11:30 a.m. at that La Cañada Presbyterian Church at its Family Center, 626 Foothill Blvd. in La Cañada Flintridge.

Established in 1951, the La Cañadan of the Year Award recognizes individuals or couples who exemplify selfless service and outstanding commitment to the community. Past honorees include Gil Smith, Dr. Michael Leininger, Vicki Schwartz, Greg Brown, Mayor Michael Davitt, Katherine Markgraf and most recently Pastor Chuck Osburn.

"I am extremely humbled and honored," said Sinnette. "The community of LCUSD and LCF is one that I love and respect. I have been blessed to find so many friends, colleagues, leaders and mentors here. I am eternally grateful to the entire community."

Kiwanis Club of La Canada President Alice Perez added, "Wendy's work ethic

and her selfless dedication remind us that leadership rooted in compassion and commitment strengthens an entire community. Wendy is a wonderful example of the Kiwanis' guiding message: Be Bright and Shine in Service."

"This event celebrates the remarkable positive impact Wendy has made on our community," said La Cañadan of the Year Committee Chair Dennis Fors. "Please join us in thanking her."

Sinnette has served as LCUSD superintendent since 2011 leading a district of five schools serving more than 4,000 students and over 600 employees. She joined LCUSD in 2002 and previously served as Palm Crest Elementary principal, La Cañada High School 7/8 principal, and assistant superintendent of Human Resources. Prior to LCUSD, she served as principal of Holy Angels Elementary School and taught high school social sciences and literature for more than a decade.

Under her leadership, LCUSD has strengthened student wellness initiatives, expanded social-emotional learning, enhanced campus safety and fostered a culture of belonging alongside academic excellence. She led the district's rapid

transition to distance learning during the COVID-19 pandemic and ensured offices remained open with essential staff on site, allowing LCUSD to be among the first districts to reopen for in-person instruction.

When asked what inspired her to dedicate her life to education and leadership, she immediately points to her mother. Sinnette recalled, "My mother was my role model and best friend. She passed away at a very early age – at 63, my age now. She spent 27 years teaching and being devoted to her students and school colleagues. She inspired within me a love for education and for the craft of teaching and learning. Through her example, I found incredible fulfillment being a teacher. I truly loved it. Later, I found the same fulfillment as an administrator."

When reflecting on her 15 years as superintendent, Sinnette points not to a single accomplishment but to moments when dedication, teamwork and resilience strengthened the community.

"In my tenure at LCUSD, I developed a complete respect for and appreciation of the amazing educators, support staff and administrators I have worked alongside," said Sinnette. "These colleagues and



Courtesy of the Kiwanis Club of La Cañada
Wendy Sinnette

friends have brought to life for me the respect and appreciation my mom taught me about the teaching profession.

"There is so much that is meaningful for me over the past 15 years. I am proud that during COVID we never closed our offices and that essential staff and administrators reported to our district and school sites each day.

You can read more at CVWeekly.com/LEISURE.



PEOPLE from page 15

Anna Heur was named to the Siena University President's List for the fall 2025 semester. Heur is from La Canada Flintridge.

The President's List requires a 3.9 grade point average or higher.

Founded in 1937, Siena University is a private, Catholic Franciscan, residential, liberal arts college with a student body of about 3,000. Siena offers 43 degree programs, 80-plus minors and certificate programs, and professional curricula in teacher preparation/education, pre-medical, pre-law and social work. A student-to-faculty ratio of 11-to-1, average class size of 21, rigorous academics, Division I athletics, intramural sports and widespread service and advocacy experiences nurture each student's personal growth while providing the education for a lifetime.

Normandale Community College announced its 2025 fall semester Dean's List.

To earn a spot, students must be

enrolled for at least nine credits and have achieved a grade point average of at least 3.5 for courses completed in the fall semester ending in December 2025.

Among those who earned a spot on the Dean's List is Russell Golub of Glendale.

Normandale Community College in Bloomington, Minnesota enrolls more than 16,000 students each school year and is the largest two-year college in Minnesota State. The colleges and universities of Minnesota State include 26 community and technical colleges and seven state universities serving approximately 270,000 students. It is the third-largest system of two-year colleges and four-year universities in the United States.

Approximately 1,700 students were named to the Biola University Dean's List in fall 2025. Biola students are placed on the Dean's List to honor those with a GPA of 3.6 or higher while enrolled in 12 or more credits and whose cumulative GPA is at least 3.2.

The following local residents were named to the Dean's List:

Silas Lee of La Crescenta, majoring in business administration and Prisca You, also of La Crescenta, majoring in health sciences; Emily Low of Sunland majoring in comm sciences disorders; Aiven Martinez of Tujunga majoring in Bible, theology, & apologetics.

Biola celebrated its 118th anniversary on Feb. 25 since its founding in 1908. The university has seen the largest incoming class of both undergraduate and graduate students since 2019. With more than 5,000 students at its Southern California campus and around the world, Biola's eight schools offer more than 250 academic programs at the bachelor's, master's and doctoral levels. Recognized as the most comprehensive Christian university, ranked highest in North America for operationalizing its mission and ranked as one of the "Best National Universities" by U.S.

You can read more at CVWeekly.com/BETWEEN FRIENDS

Questions About Today's Real Estate?

Ask Phyllis! Zero-Threshold Shower vs. Walk-In Tub

Dear Phyllis,
I have been following your column for years and love it! My mom is almost ninety years old and lives in her own home. She very much wants to age in place and so far, so good. She only has one bathroom with a tub shower combo. We are going to need to make some changes as it is increasingly difficult for her to get in and out of the tub. Our two options are a walk-in tub or a zero-threshold walk-in shower. Which of these choices would be best for a future sale of the home? Also is it difficult to sell a home without a bathtub?

— Curious

Dear Curious,
Thank you for your readership!
When making any costly home improvement, it's wise to consider the impact on future resale value. While both options prioritize your mother's safety, a zero-threshold (curbless) shower is generally the better choice based on modern buyer preferences.

That said, removing the home's only bathtub can be a drawback—especially for young families with small children. However, a walk-in tub/shower combo often feels bulky and institutional, which may be even less appealing to most buyers. Realistically, neither option is ideal for bathing young kids.

Buyers—particularly younger ones—tend to favor open, curbless showers for their sleek design, accessibility, and versatility. To help offset the lack of a tub, incorporate stylish and functional elements like a rainfall showerhead, built-in bench, and upscale tile finishes. These touches can help the shower feel like a modern luxury rather than an aging-in-place necessity.

A zero-threshold shower offers excellent long-term usability and is more aesthetically pleasing. It's the better choice for your mother balancing safety, style, and universal design which can help preserve both functionality and future marketability.

Phyllis



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TRAVEL & LEISURE

Pianist Brendan White to Perform for GNC

The free admission Glendale Noon Concerts series welcomes pianist Brendan White on March 18 from 12:10 p.m. to 12:40 p.m. He will be performing in the sanctuary of the Glendale City Church, 610 E. California Ave. in Glendale.

White will perform a program of "American Classics:" rags by Scott Joplin and William Bolcom, and "Three Preludes" by George Gershwin. These include "The Cascades," "The Entertainer," "Pine Apple Rag," "Maple Leaf Rag" and "Bethena" by Scott Joplin, "Three Preludes" by George Gershwin and "Graceful Ghost Rag" by William Bolcom.

Brendan White is a Grammy-award-winning artist whose performances feature a wide range of classical and contemporary piano repertoire. White is based in the LA area, where he collaborates with orchestras, chamber ensembles and solo artists. He is a featured musician on Danaë Vlasse's Grammy Award-winning album, "Mythologies." White performs solo recitals celebrating new composers and historically overlooked masterpieces. His collaborations

include performances with with the Eastman School's Musica Nova, Vicente Chamber Orchestra, Global Harmony Symphony, Jackson Symphony, Symphony of the Verdugos and more. As one of Piano Sphere's emerging artists, he has worked with notable composers and conductors including Thomas Adès, Alma Deutscher, Alan Pierson, Donald Crockett and Steven Stucky.

A Tennessee native, White studied at the Eastman School of Music and University of Southern California's Thornton School of Music. In addition to his performance career, White is passionate about music education and teaches students of all ages. He is an original member of the annual Sunset Chamberfest in Los Angeles, which features the work of young composers in Southern California.

Glendale Noon Concerts is celebrating its 18th year of presenting free admission concerts every first and third Wednesday for Glendale and the Southland community.

Upcoming concerts will be updated at <http://glendalenoonconcerts.blogspot.com>.



Art Talks at Brand Return This Spring

The Brand Library & Art Center is excited to announce the return of Art Talks at Brand this spring. This series invites contemporary artists to discuss their work and the issues surrounding it. Each talk will be followed by a moderated Q&A session led by Brand staff member, artist and writer Jennifer Remenchik. Remenchik is a Brand staff member and program moderator. She is an artist and writer based in Los Angeles. Remenchik began organizing art talks at Brand Library & Art Center to showcase artists who reflect the diversity of the greater Los Angeles art scene.

The spring series will feature Los Angeles-based artists Chanel Von Habsburg-Lothringen, Catherine Menard and Danny Angel Escalante. The series is sponsored by the Brand Associates and is free and open to the public.

Thursday, March 19, 7 p.m. – Chanel Von Habsburg-Lothringen is a photographic artist whose work engages the American duality of aspiration and desperation, systems of power, the cinematic, and the abject. In her practice, she has developed a research-based, systematic approach to production by creating her own image database. She creates spaces where

beauty becomes a form of confrontation and ornament becomes a language of dissent.

Thursday, April 2, 7 p.m. – Catherine Menard is an interdisciplinary artist whose practice spans single and multi-channel video, performance, site-responsive installation, expanded painting, and sculpture. Rather than treating these mediums as discrete outputs, she choreographs them as interdependent components – image, sound, object and body – within immersive environments calibrated to the architecture, circulation paths, and

acoustics of a given site, approaching the conditions of a Gesamtkunstwerk or "total work."

Thursday, April 16, 7 p.m. – Danny Angel Escalante engages in an art practice that explores the quotidian, ranging from the phenomenological everyday to the historical class associations and experiences of the brown body. Inspired by historical works, his Catholic upbringing, indigenous heritage, and contemporary politics, Escalante creates drawings and sculptures that distill the body into gestures, marks, and traces.

THEN & NOW



Then: The Craftsman-style home shown here was one of the first homes built in Montrose in 1913 if not the first home built. But things happen fast on this multi-family zoned stretch of Montrose Avenue and the house is now gone. This was originally the home of John Burton, his wife and two daughters. In 1913, John built the railway that brought homes and businesses to Montrose, and he built this house. But tragedy befell the Burton family soon after. The daughters were killed in a car crash and John mortally injured so that he died soon after.

Oldest House In Montrose Courtesy of the Historical Society of CV



Now: The beautiful old Craftsman-style house, over 100 years old, was bulldozed a couple of years ago, the last of the original homes in Montrose. It was replaced with this apartment. This was the last trace of the Burton family, who did so much to build Montrose. The twin daughters were buried in a single coffin entwined in each other's arms and John was buried next to them. Their graves, in the old section of Forest Lawn, are to this day unmarked.

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WEEKLY HOROSCOPES

Provided by horoscope.com

February 23, 2026 - March 1, 2026

ARIES March 21 - April 19

Your health and thinking are closely linked. Now you're beginning to realize just how delicate the balance is between the two. Stress brought on by worry and fear will cause a reaction that could weaken your immune system and cause stiffness and muscle tension that gradually wears you down. Exercise and stress management techniques could help.

TAURUS April 20 - May 20

The cosmos could be encouraging you to become more flexible. You may have a tendency to be rigid in certain respects, and this can translate into bodily symptoms. The more you can focus on becoming flexible, the easier it will be to relax and feel good. Yoga, tai chi, or swimming would be fabulous for you. Give your best effort to whatever you choose!

GEMINI May 21 - June 20

With a positive focus on your health zone, your health seems to be blossoming. The only drawback may be a lack of energy. As long as you pace yourself and don't overindulge in too much junk food, you'll feel better and better. Take good care of your liver and you'll thrive. Go for it!

CANCER June 21 - July 22

Your health may have been up and down recently, but soon it should show signs of improvement. Part of the problem could be stress about career or job issues. Things should begin to change for the better next week. In the meantime, take good care of yourself. Try to exercise regularly so you can relax more deeply and feel better mentally and physically.

LEO July 23 - August 22

Take care if you're doing any repair projects around the home. The cosmos points to the possibility of a minor accident, which could cause some inconvenience. Be especially careful if you're doing anything electrical. Get professional help if you need it. You could feel more inclined to participate in sports now.

VIRGO August 23 - Sept. 22

Burnout could be one problem that you encounter now. You may notice the stresses and strains of life more than usual. Your social zone is highlighted, so you might be working late and partying hard. Don't subsist on junk food even if your life is hectic. The best investment you can make is in your health.

LIBRA Sept. 23 - Oct. 22

This is one of those tricky weeks when life could be more complicated than usual. Aside from this, the cosmos is going to make things emotionally intense. Be prepared to chill out and save your energy. Yoga, tai chi, or meditation might help you feel more centered and ready for anything. If you feel tired and drained, take a step back and relax.

SCORPIO Oct. 23 - Nov. 21

Relationship issues could affect the way you feel now. You may lack energy and feel less motivated. Boost your system by eating the right foods and perhaps taking some supplements, too. Some herbs, royal jelly, or some energy drinks like those made from guaraná can also give you an extra lift when you need it.

SAGITTARIUS Nov. 22 - Dec. 21

It's time to reflect on your life as a whole and decide which parts of it contribute to good health and which may be causing problems. Certain symptoms could come to a head due to toxic overload. These are the ones on which to concentrate. Take special note of any bad habits and give them the boot. Soon you'll be glowing with good health.

CAPRICORN Dec. 22 - Jan. 19

The cosmos is encouraging you to aim for good health and total wellness. The problem is that it's like walking uphill against a strong wind. The effort seems enormous. It won't be so bad if you break your plan down into baby steps. Start with one area you'd like to improve. Small adjustments over time will lead to greater health benefits.

AQUARIUS Jan. 20 - Feb. 18

The healthier you are, the better your chances of the success you've always dreamed of. If your energy level is high, you'll have no problem facing any challenge that comes your way. If you're under the weather, life can seem much more difficult. You could now decide to make a resolution to look after yourself more carefully.

PISCES Feb. 19 - March 20

Your health is looking good now, with no real problems to contend with. Things look quite stable no matter what your current level of well-being. You may find that swimming or another water sport appeals to you. You might also want to explore new philosophies that encourage you to adopt a different lifestyle. If it feels right, go for it.

PET OF THE WEEK



Meet Sadie! At just 12 weeks old, this red Cavapoo has already made our family feel more complete. She's the playful little sister to Leela, our wise 7-year-old Maltipoo, and together they fill our home with joy.

CV Weekly loves to hear about your pets!
Send a pic and small caption to steve@cvweekly.com to share your lovable pets with the community!

» ZACK HILL BY JOHN DEERING AND JOHN NEWCOMBE



3.12.26

ACROSS

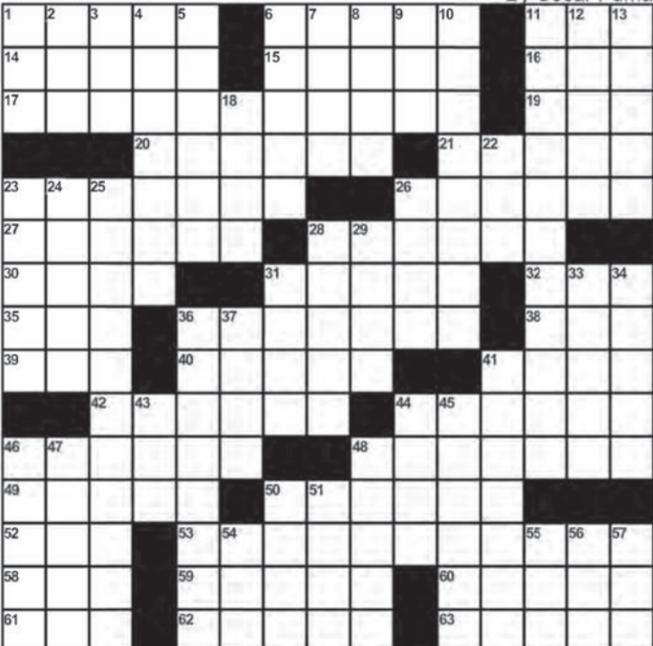
- 1) Language of Iran
- 6) Naples noodle dish
- 11) Air pump letters
- 14) Non-earthling
- 15) Mythical blood of the gods
- 16) Solo in a space flick
- 17) "Back to the Future" vehicle
- 19) Mandela's party, for short
- 20) Tropical fruit
- 21) Major blood vessel
- 23) Undergoes a metamorphosis, as an insect
- 26) "The ___ Cometh" (O'Neill play)
- 27) Jackass' Asian relative
- 28) ___ borealis (northern lights)
- 30) Dweller in a fancy cellar
- 31) Having two equal lobes
- 32) Simple bed
- 35) Flier's concern, for short
- 36) Fragrant Chinese blossom
- 38) Nest-egg builder, briefly
- 39) Radioactivity unit
- 40) Autumn implements
- 41) Russian bigwig, pre-1917
- 42) Degraded
- 44) Drunk, in slang
- 46) Bay
- 48) Groups of students
- 49) Fan part
- 50) Color commentator, e.g.
- 52) Make taboo
- 53) Antacid target
- 58) Santa ___, Calif.
- 59) Chubby Checker's dance
- 60) Astronomer Hubble
- 61) "Do re me fa ___ ..."
- 62) Yellow parts of eggs
- 63) Went out with socially

DOWN

- 1) Unwanted weight
- 2) Baba who tangled with thieves
- 3) Canyon's edge
- 4) Loss due to slow leaks
- 5) One completing a sentence
- 6) 12-point types
- 7) Stiff and sore
- 8) LaBeouf of movies
- 9) Won ___ soup
- 10) Common three numbers before seven?
- 11) Drug movers
- 12) Cupid's boss
- 13) From Cuzco, e.g.
- 18) One who imitates
- 22) "The Star-Spangled Banner" preposition
- 23) Magnifying capacity
- 24) Labor leader's cry
- 25) Waterway with the same alternating letter
- 26) Colored portion of the eye
- 28) Shown on television
- 29) ET transporters
- 31) Heat, as pottery
- 33) Deliver an impassioned speech
- 34) Poi ingredients
- 36) Distorted imitation
- 37) "___ on Down the Road"
- 41) Taco Bell offering
- 43) Physique, in slang
- 44) Allied nations, collectively
- 45) ___ out at (scolded harshly)
- 46) Successor to Arafat
- 47) Large, grassy plain
- 48) Gabs
- 50) Emulate a snake
- 51) Trans-Siberian Railroad city
- 54) A quarter of eight
- 55) 1/20 ton (Abbr.)
- 56) Flee quickly
- 57) Conclude

MAC ATTACK

By Oscar Puma



New IR/Cardiac Cath Lab

Best-In-Class Care For Your Heart

You don't have to go far to get best-in-class heart care. The new IR/cardiac cath lab at USC Verdugo Hills Hospital brings state-of-the-art imaging technology close to home — making it easier to diagnose and treat cardiovascular conditions.

Our experts use this minimally-invasive, image-guided technique for a number of conditions, including:

- Heart Attack
- Irregular Heartbeat
- Artery Disease
- Heart Failure

Together we are limitless.



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[USCVHH.org/heartcare](https://www.uscvhh.org/heartcare)

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PROBLEM SOLVED » BY CHRISTOPHER ELLIOTT

This Frigidaire Refrigerator Keeps Breaking — But The Company Refuses To Replace It!

Victoria Evans thinks she made a smart purchase when she buys a Frigidaire refrigerator. But within seven months her appliance starts flashing temperature warnings and spoiling her food. Multiple repair visits under warranty fail to fix the recurring problem and technicians twice declare the unit unrepairable. Yet Frigidaire is giving her the cold shoulder.

Question: I bought a Frigidaire refrigerator last year. Seven months later, we started having issues with the freezer showing a "HI temp" error. We've had several warranty repairs done — they replaced the thermistor, the step valve and the main control board. Every time I thought it was fixed, the error came back within weeks and I lost our frozen food.

I've had six service visits since January. One technician told Frigidaire the unit couldn't be fixed but the company told him to "try again." Another technician said the same thing but because the unit had reset itself during his visit they still won't replace it.

I haven't had a reliable freezer for seven months — half of the time I've owned it. I'm asking for a replacement unit or refund, including compensation for the lost food.

— Victoria Evans, New Egypt, New Jersey

Answer: You shouldn't have to beg for a replacement refrigerator. When multiple technicians declare an appliance unrepairable under warranty, the manufacturer should step up and make it right — not play games with technicalities.

As I've noted in previous appliance cases, a business has a choice when an appliance breaks

down — a repair, replacement or refund. And it almost always goes for door number one, the repair. That's because it's much cheaper to send a technician to your home to swap out the refrigerator. And a refund is a last resort.

After the second failed repair attempt, Frigidaire should have offered you a replacement or refund under the Magnuson-Moss Warranty Act, which requires manufacturers to provide reasonable remedies when products fail to conform to their warranties. The fact that technicians repeatedly told the company your freezer was beyond repair should have triggered an immediate replacement.

You documented every service visit and kept detailed records of the recurring problem. Good job! You also tried contacting Frigidaire through multiple channels, including their Facebook page. However, you could have escalated this sooner by contacting Frigidaire's executive team. The names and contact information for Electrolux executives (Frigidaire's parent company) is available on my consumer advocacy site elliott.org.

One more thing. Most manufacturers have a lemon policy for major appliances, though they don't always advertise it. When a product requires multiple repair attempts for the same issue within

the warranty period you're typically entitled to a replacement or refund. It sure looks like Frigidaire was trying to run out your warranty clock — a tactic I see far too often.

I contacted Frigidaire on your behalf and explained the situation. The company reached out to you directly and agreed to replace your refrigerator.

Christopher Elliott is the founder of Elliott Advocacy (<https://elliottadvocacy.org>), a non-profit organization that helps consumers solve their problems. Email him at chris@elliott.org or get help by contacting him at <https://elliottadvocacy.org/help/>. © 2026 Christopher Elliott

CALENDAR this

GLENDALE KIWANIS

The Kiwanis Club of Glendale meets on Fridays at noon. On March 13, representatives from the Glendale Community College — Theatre Dept. will be making a presentation.

The cost to attend Friday meetings, which includes lunch and program, is \$25. All are welcome.

The Club meets Friday afternoons at the Elks Lodge, 120 E. Colorado St. in Glendale.

TRIVIA BUFFS WANTED

Trivia buffs and those who just want to have a good time while supporting educational programs throughout the Crescenta-Cañada community are invited to the annual Smart-A-Thon on March 13 at 11:30 a.m.. The event is open to the public

and includes a delicious lunch, surprise guests, a trivia contest that takes place with community members divided into teams of four members and a Pot O' Gold drawing. The entry fee for teams of four are \$240; individuals are \$60 each. More information and registration forms are available on the website pinolafund.org or call (818) 292-7912.

The event is sponsored by the board of advisors of the Mary Pinola Education Fund — Leila Bell, Rick Dinger, Robin Goldsworthy, Jo Loomis, Bobbi Parker, Teri Rice, Patty Steur and Chris Waldheim.

DANCING AS EXERCISE

Dancing As Exercise is a free event sponsored by the Los Angeles County Park program for seniors (50

plus).

There will be live music from 10 a.m. to noon in the Park's building at 3901 Dunsmore Ave. in La Crescenta. Light refreshments and water are provided along with socialization and information about other park activities.

Dancing, per se, is not required; single persons are welcome.

JEWEL CITY KNITTERS MONTHLY MEETING

Jewel City Knitters will hold its monthly JCK Charity Knit and Crochet gathering on Saturday, March 14 at 2 p.m. at the Chevy Chase Library, 3301 E. Chevy Chase Dr. in Glendale, (818) 548-2046.

Enjoy a relaxed afternoon of knitting, crocheting and conversation.

For more information, email susandietel@yahoo.com.

ST. PATRICK'S DAY CAR SHOW

A classic car show will take place at the Ralphs Marketplace, 2675 Foothill Blvd. in La Crescenta, on Tuesday, March 17 from 10 a.m. to 1 p.m. Sponsored by the CV Chamber of Commerce, this free event is also an opportunity to learn more about the chamber.

All are welcome!

CCLCF EVENTS

The Community Center of La Cañada Flintridge (CCLCF) hosts a variety of events for the community. Among them:

• Registration for CCLCF Spring I Session is open! New classes and

returning favorites will run through May 2. Learn more at cclcf.org.

• Senior Speaker Series - Planning for the Years Ahead: Join Senior Placement Advisor with Gently Guided Jenna Pacini and Move Manager and Professional Organizer with The Kind Organizer Lucy De Teresa for a free one-hour workshop on March 25 that will focus on planning for the years ahead. Sign up today at cclcf.org.

• Spring Break Camps: Options include Coach Andy's Sports Blitz (ages 5-12), Make It! Bake It! (ages 7-12), Skyhawks Sports (ages 6-13), Theatre/Improv (ages 8-15), World Dance (ages 6-14), and Youth Guitar (ages 8-17). Spring Break Camps run March 30 thru April 3 (LCUSD spring break). Learn more at cclcf.org.

• Registration continues for Camp Runamuk and summer camps. Camp Runamuk for ages 5-10 will run weekly, June 8 to Aug. 14, with a different theme each week, including a counselor in training program (ages 12-15). Learn more/register at cclcf.org.

• Summer Camps. Check out the junior & pre-teen Ceramics Camps (ages 5-13) and Professor Egghead Camps (ages 5-10). Learn more at cclcf.org.

• Family Bingo Night: Save the date! Family Bingo Night is on Saturday, May 23 from 5:30 to 8 p.m. More info coming soon.

The Community Center of La Cañada Flintridge is located at 4469 Chevy Chase Drive in La Cañada Flintridge, (818) 790-4353.

ETAN ROSENBLUM ON BOLTON HALL AGENDA

Etan Rosenbloom will be making a presentation at Bolton Hall Museum's 2nd Saturday Program on March 14 at 1 p.m. He will be talking about his journey to visit all 625 Los Angeles County landmarks on the National Registry of Historic Places. Rosenbloom will be the guide to the history of LA's most historic spots — beach sides, mountaintops, architectural masterpieces, Native American rock art, Spanish missions and speakeasies.

You can read more at CVWeekly.com/CALENDARTHIS

KIWANIS INCREDIBLE DUCK SPLASH!






The Glendale Kiwanis Foundation provides financial and volunteer support throughout our community to improve the quality of life, especially for our children and youth. The Duck Splash is our largest and silliest fundraiser, now celebrating its 21st year! Over \$1,500,000 has been given back to the community!

Join us, as we help our children, by purchasing a Banner to fly on the streets of Glendale!

Race Day, Saturday, May 2, 2026
Verdugo Park @ 1621 Canada Blvd.
11:00 am – 2:00 pm!

For more information on Glendale Kiwanis and the Duck Splash! log on to our webbed sites
www.duckrace.com/glendale
www.ducks4kids.org
www.glendalekiwanis.info









!FLY A BANNER! !HELP A CHILD!

NOTES & NODS from page 4

Blood is essential for surgeries, cancer treatment, chronic illnesses and traumatic injuries. Those who have been looking for a local venue to donate, are encouraged to sign up and attend!

For more information, contact La Crescenta Presbyterian at (818) 249-6137.

ANXIOUS GENERATION ADDRESSED

The community is invited to La Crescenta Presbyterian Church for a free presentation on The Anxious Generation – Discussing the intersection of technology, mental health and faith. The presentations will be on Wednesday evenings continuing through March 18 from 6:15 p.m. to 7:30 p.m. They are given by Dot Kim and Jamie Given in the Fireside Room.

Dinner available for purchase.

La Crescenta Presbyterian Church, 2902 Montrose Ave. in La Crescenta.

CSL OFFERS GENTLE MOVEMENT CLASS

The Center for Spiritual Living - La Crescenta is offering a gentle stretch and relax chair movement with Michelle Gillette. It takes place every Friday from 10

to 11 a.m. The cost is a \$10 donation.

The class is at Chaffee Hall in the Center for Spiritual Living - La Crescenta.

The Center for Spiritual Living is located at 4845 Dunsmore Ave. in La Crescenta. For more information, call (818) 249-1045.

WALK AND WORD

Walk and Word participants will meet in the parking lot of Deukmejian Wilderness Park, 3429 Markridge Road in La Crescenta/ Glendale at 8 a.m. on March 15, 22 & 29. Participants will walk for the first hour and then gather to read a selection of Scripture. About a half hour will be spent journaling about what was read and then there will be conversation, sharing thoughts.

Participants are asked to bring something to write with, anything wanted to eat or drink, and a chair to use for the writing part of the morning. Because people will be outdoors and social distancing will be practiced, masks will be optional.

Those with questions can email Jeanne at jnlavieri@earthlink.net.

All are welcome. If the hike is too strenuous, there are level paths at the park. There are ramps from the parking lot to the field where the group gathers after the hike.

PROJECT @ NY/FOOTHILL from Cover

During that 2021 meeting the proposed project was described as two four-story mixed commercial/residential towers and a third five-story mixed commercial-residential tower. To help preserve the sightline, 14 feet would separate each tower with connections between them on the street level via the sidewalk, on the second floor via a resident-only green space/promenade, and on the fourth floor via a bridge or catwalk. The three towers would be constructed on a 57,900 square foot site with 17,200 square feet of commercial space and 78 housing units, including eight-to-10 affordable units.

At the time of the meeting Roger Kiesel, senior planner with Glendale Community Development, noted that he had received approximately 150 emails, letters and phone calls about the project prior to the meeting and of those only one was in support of the project while the other 149 were opposed. Board member Caro Minas echoed the sentiment saying, "Response from the public has been overwhelming in this case."

The project has changed since 2021. The proposal now is an 87-unit single tower with no commercial space or mix-use element. There will be nine units set aside as "affordable to very low income housing." The breakdown appears to

be 18 three-bedroom apartments, 46 two-bedroom units, 23 one-bedroom apartments and no studio units.

According to the Crescenta Valley Community Assn. (CVCA), the single building will reach a height in places of five stories – a maximum of 74 feet with the highest point at the corner of Foothill Boulevard and New York Avenue. The plan calls for 151 parking spaces and subterranean parking.

"Because nine units are 15% of the 58 the lot is zoned for, the developer is entitled to additional bonus units beyond the nine to make up for the affordable ones," according to the CVCA. "This is how the number of units grew from 74 to 87."

There will be time allotted for public comment at the March 18 meeting.

If the density bonus is approved then the project moves to the Design Review Board, which will most likely be held on April 23. If the Design Review Board approves the project the developer can then submit the project for a plan check, which would allow construction to begin, according to Kiesel.

The CVCA meets on the fourth Thursday of the month at 7 p.m. in the community room of the La Crescenta Library, 2809 Foothill Blvd.

WINE WALK from Cover

Dawson added the best way to purchase tickets is online at <https://shopmontrose.com>; however, tickets prior to the event can also be purchased at Copy Network, 3600 Ocean View Blvd. #9 and It Takes a Village, 2317 Honolulu Ave. They can also be purchased at the event at the northwest corner of Honolulu Avenue and Ocean View Boulevard, if tickets are still available at that time.

"I love the diversity of wines presented and, of course, seeing so many community members on the avenue," said a long time Wine Walk participant. "I also like the opportunity to go into businesses that I have never been in before, and may not have gone into if not for the Wine Walk."

CONTACT US

Robin Goldsworthy
Robin@CVWeekly.com
818.248.2740
Publisher/Editor

Rachelle Miller
Rachelle@CVWeekly.com
818.248.2740
Office Manager

Lisa Stanners
Lisa@CVWeekly.com
818.523.1234
La Cañada
Montrose

Sonya Marquez
Sonya@CVWeekly.com
818.381.2000
La Crescenta
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LEGALS

NOTICE OF NAME CHANGE
ORDER TO SHOW CAUSE FOR CHANGE OF NAME: BETTINA WEY. Case number 26NNCP00106. Superior Court of California, Los Angeles Superior Court, Northeast District - Alhambra Courthouse, 150 West Commonwealth Avenue, Alhambra, CA 91801. To all interested persons: 1. Petitioner BETTINA WEY filed a petition with this court for a decree changing names as follows: a. Present Name: BETTINA WEY to Proposed Name: BETTINA ROBINETTE. THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING a. Date: APRIL 24, 2026 Time: 8:30 AM Dept.: X Room: N/A b. The address of the court is same as noted above. A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Published Crescenta Valley Weekly February 19, 26, March 5, 12, 2026.

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Published in the Crescenta Valley Weekly March 12, 2026.

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Disneyana, all types: animation cels, employee awards, employee items, promo, etc. Autographs, Blu-rays, DVD, CDs. All types of memorabilia, military, historical items, fine men's watches. Call Arthur at (213) 235-5585.

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WEATHER from page 2

In a world where women were often not mentioned in governing the land they lived on, in 1916 Ireland's women were included in the proclamation that was read during Easter Rising - between British troops and "rebellion's visionary leaders." Armed men commandeered the main post office in Dublin and read a proclamation declaring an Irish Republic. That proclamation began with, "To the people of Ireland, Irishmen and Irishwomen..." At the beginning of the proclamation women were included. This may not seem like a big deal but when many other countries, including the U.S., excluded women from

being mentioned in government documents as part of a governing force, this inclusion was a big deal. It meant something that the freedom fighters included women as an equal part of the Republic of Ireland. "The Irish Republic is entitled to, and hear-by claims, the allegiance of every Irishman and Irishwoman," the proclamation stated. Ireland, and women of Irish heritage, are often thought of as fighters, as strong women who never stop. I know in my family the strong Irish-woman backbone was never in doubt and luckily that attitude was adopted by my dad who throughout his life embraced

and fought for his Irish heritage. I am an admirer of Irish-born actress Maureen O'Hara. She was born outside of Dublin, Ireland and was a well known actor in the U.S. where she lived most of her life. She wrote a wonderful memoir entitled "Tis Herself" where she spoke about what women in the film industry had to face. She never stepped back from her strength as a woman and her strength in being of Irish heritage. "Being an Irishwoman means many things to me. An Irishwoman is strong and feisty. She has guts and stands up for what she believes in. She believes she is the best at whatever she does and

proceeds through life with that knowledge. She can face any hazard that life throws her way and stay with it until she wins. She is loyal to her kinsmen and accepting of others. She's not above a sock in the jaw if you have it coming," she is quoted in "Tis Herself." Heat is the main story in weather for the next few days. We will be seeing temperatures close to 30 degrees above normal starting today into next week. Today and Friday will see the highest temps - in the upper 90s - "knocking on the door to 100," according to NOAA. "It is a classic recipe with high pressure aloft and a weak

offshore flow," according to a NOAA meteorologist. There is no predicted rain in the future, and winds will be light but will see higher gusts in the mountains. And the lows will be in the low 70s, so not a lot of nighttime relief. Even the beach communities will see higher temperatures in the 80s and 90s. NOAA has issued a heat advisory from today, March 12 at 10 a.m. until March 13 at 8 p.m. **Support this paper! Visit our advertisers!**



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