

## City of Glendale Reorganizes Planning, Building and Safety Divisions

The City of Glendale Community Development Dept. (CDD) is combining its Planning Division and Building & Safety Division to establish a new Development Services Division.

This new unified and blended team of planners, plan checkers, permit technicians, inspectors and other professional staff will provide a smoother permitting process for residents, businesses and building professionals who are contributing to the maintenance and development of the Glendale community.

"As our community grows and evolves, this innovative reorganization ensures we're adapting to better capture residents' vision of an enhanced quality of life in Glendale," said Glendale Community Development Director Bradley Calvert.

Under a unified Development Services Division, the community can expect continued permitting process improvements, building on three consecutive years of reductions in review periods for various types of permits.

Calvert appointed Erik Krause to the role of assistant director of Community Development to lead the Development Services Division. Krause, a 24-year veteran of the City of Glendale who most recently served as deputy director overseeing the department's current planning section, worked closely alongside City of Glendale Building Official Ara Sargsyan and Permit Services Administrator Joseph Rodarte to reduce the review period for various types of permits over the last three years.

The new division became effective on Friday, Aug. 1. Announcements about new process improvements at the Community Development Dept. are forthcoming. A new Development Services webpage now serves as the hub for permits, planning,

see GCC on page 8

## School is About to Begin – and Traffic Will Be Increasing

By Mary O'KEEFE

The 2025-26 school year is about to begin for many school districts. Burbank Unified School District begins class-

*Concerns center on those who don't prepare for longer traffic delays.*

es on Aug. 13, La Cañada Flintridge Unified and LA Unified-Tujunga begin on Aug. 14, Pasadena Unified begins on Aug. 18 and Glendale Unified begins on Aug. 20. That means thousands of students, and their parents/caregivers, will be on the road and, if history is any indication, many people will again experience "school days amnesia" and forget simple traffic regulations. Law enforcement sees this phenomenon at the beginning of every school year and it, unfortunately, can last well beyond the first few weeks.

Drivers who normally respect rules and regulations of the road will make U-turns in front of signs that clearly state "No U-Turn," let children step out of the car into the



File photo  
Traffic, especially around schools, is expected to be especially busy when the new school year begins – locally on Aug. 20.

flow of traffic and speed toward a school zone as the school bell echoes.

Recently released National Highway Traffic Safety Administration (NHTSA) data shows that 104 people died in school transportation-related crashes in 2022. From 2013 to 2022 more than 1,000 people died in school transportation-related crashes and 198

of those were children who were age 18 and younger. Of those children killed, 40% were occupants of other vehicles, 38% were pedestrians, 18% were occupants of school transportation vehicles, 3% were bicyclists and 1% were using personal devices such as skateboards, scooters and wheelchairs, according to NHTSA.

Each year law enforcement, in-

cluding California Highway Patrol (CHP), is on the streets around schools to help educate drivers regarding safe driving practices. CVW has been with CHP on some of those days of the new school year and we have seen many issues – not only traffic violations but putting at risk students and other drivers.

see BTS on page 8

### » PART III

## And Now E-Motorcycles Take to the Streets

By Mary O'KEEFE

E-bikes and e-scooters are considered micro-mobility devices. They, as reported earlier in this series, are categorized into three levels: Class 1 and Class 2 have speeds that have a maximum of 20 mph, Class 3 e-bikes can reach up to 28 mph. E-scooters are motorized scooters powered by an electric motor and battery. A hoverboard is a two-wheeled, motorized device.

But there is another new electric vehicle on the block – smaller e-motorcycles. By comparison, the closest gas engine bike would be a mini-bike. These small e-mini bikes

can hit speeds of 68 to 70 mph and these tiny bikes are causing a whole new set of issues for communities and law enforcement.

Glendale Police Lt. Pete Robinson said these small electric motorcycles are really an issue seen in the City of Glendale.

"That [e-motorcycle mini bikes] are what we are having a problem with," he said.

Glendale Parks and Recreation contacted Robinson recently about an issue at Montrose Park.

"The park has [reported] damage of plumbing, grass [destruction] and graffiti," he said ... all linked to young people on e-motorcycles.



Local law enforcement is finding that neither parents nor riders are aware of the laws surrounding e-bikes and e-motorcycles.

see E-BIKES on page 8



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» FROM THE DESK OF THE PUBLISHER

# Community Get Together: NNO

Usually Tuesdays are really busy here at the paper. We’re working hard preparing everything we have in preparation for print on Wednesday. But not this week.

This week I was at National Night Out (NNO) at the CV Sheriff’s Station.

If you remember, years ago NNO was held in the parking lot of the Ralph’s Marketplace on Foothill Boulevard. It has since moved to the lower parking lot at the sheriff’s station at 4554 Briggs Ave. Ralph’s was unfazed, however; it had a community information booth set up at NNO where folks could learn more about the store and pick up a reusable bag filled with goodies. Starbucks offered tea and iced coffee and deputies kept the grill busy cooking up hot dogs. Even former sheriff’s station captain (now commander) Robert Hahnlein stopped by to say hi.

Other booths included the Crescenta Valley Water District, Community Emergency Response Team (C.E.R.T.), Prom Plus and more. All aspects of safety personnel for the unincorporated area of Los Angeles – La Crescenta were also on hand including sheriff’s station personnel, volunteers, Explorers, search & rescue members and fire personnel, members of LA Parks & Recreation and the U.S. Forest Service – complete with Smokey Bear!

Dwight Sityar of the Early Rodders made sure there were some classic, vintage and even newer cars on-site adding some eye-candy during the event.

I saw some folks there who I’ve known for years – and met some new people whom I otherwise might not get a chance to know.

One man – Emile Stolle – has lived up here for decades and had stories to share of the history of the area. (I have to connect him with historian and CV Weekly contributor Mike Lawler!)

For those who have lived up here for a while, you may remember that Mr. Stolle could often be found on the front cover of the Crescenta-Cañada directory. His company – Stolle Garage Doors – was a staple here in the Crescenta Valley.

We got to talking and we both were saying how special the Crescenta Valley is. The festivities surrounding the NNO are indicative of how great the Crescenta Valley is. In Sparr Heights, for example, I know that Ron and Melody Scott spearhead a phenomenal get-together for their neighbors. And in Glendale, our writer Ruth Sowby headed down to Pacific Park & Community Center to see what activities it offered. Apparently Pacific Park & Community Center was busy too – there was even a rock-climbing wall for people to enjoy!

I know there were many more successful NNO events, which (to me) proves that what you put into your community you get out of it.

*Robin Goldsworthy is the publisher of the Crescenta Valley Weekly. She can be reached at robin@cvweekly.com or by calling (818) 248-2740.*

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» WEATHER WATCH

## Taking A Look Outside Our Window

By Mary O’KEEFE

As every Californian knows, fire season is year round. Though years ago the official “fire season” started in October after dry summer conditions and when Santa Ana winds began to blow that has not been the case for quite some time. In January of this year we had a major wind event that fueled the Eaton and Palisades fires. Now, in July/August, there are three major fires burning in the state: the Gold Fire in the San Bernardino National Forest (as of Wednesday it had burned 1,009.3 acres and was 5% contained), the Rosa Fire near the Santa Rosa Mountains in Riverside County (as of Wednesday it had burned 1,658.2 acres and was 18% contained) and the Gifford Fire in the Los Padres National Forest (as of Wednesday it had burned 83,932.5 acres and was 9% contained).

Over the last few months residents of LA County have been pretty lucky weather-wise as many days saw temperatures below normal. We had this lovely, though a little gloomy, marine layer that kept things a bit cooler. Our nights, at times, were nearly sweater weather ... but that was then and this is now.

Our temperatures are rising and it looks like they will continue. Now, it’s not like Arizona where temperatures rise and then just stay hot for days; we do have a few cool days before the heat begins again. But in the long run this heat will dry out the vegetation around us and leave us even more vulnerable to wildfires. In the coming weeks CVW will be looking at fire and how people can harden their houses and what they are doing after the Eaton Fire to come up with creative and necessary ways to be

fire smart; but right now I want to focus on air quality.

Our air quality is being affected by the fires – not only those in our state but the Canadian fires. (granted, northern California is getting most of the smoke.) According to the South Coast Air Quality Management District (AQMD) the areas of “potential direct smoke impact” are in Palmdale, Lancaster and throughout Riverside. There is a very fine line of smoke that is impacting areas that skirt through Santa Clarita and the edges of LA County.

From Tuesday into Wednesday this week, AQMD’s forecast stated, “Overall, AQI (Air Quality Index) is expected to be highest immediately next to the Rosa and Gold Fire burn areas and in the San Jacinto Mountains. AQI may reach unhealthy for sensitive groups or higher at times in these areas from Tuesday afternoon through Wednesday. AQI due to ozone pollution is expected to reach unhealthy levels in much of the Inland Empire and unhealthy for sensitive groups in other inland areas on Wednesday afternoon. The Inland Empire, Crestline, Angeles National Forest, and the San Bernardino mountains’ AQI due to particle pollution in the moderate category is expected at most times on Tuesday afternoon and on Wednesday. AQI may reach unhealthy for sensitive groups at times.”

I think we hear terms like “moderate” or “unhealthy for sensitive groups” and just assume we know what they mean; however, terms like moderate may mean one thing to one person and something completely different to another – so here are the definitions according to AQMD:

see WEATHER on page 8

### Rare Opportunity in Altadena. Expansive Corner Lot with Mountain Views. \$1,298,000

This exceptional corner lot offers approximately 27,842 square feet (200 x 142) of prime Altadena land—an ideal canvas to build your dream estate. Located just west of Lake Avenue and minutes from scenic Farnsworth Park.

All utilities, including sewer, were connected and in working order prior to the Eaton Fire in January 2025. Phase 1 and Phase 2 environmental studies have been completed by the EPA and Army Corps of Engineers. Buyer to verify all development potential, permits, equestrian use, and any other intended uses with Los Angeles County. The original home was lost in the Eaton Fire of January 2025. A one-of-a-kind opportunity to build something truly special.



### A rare Shadow Hills retreat! \$1,350,000

Tucked at the end of a quiet cul-de-sac, this spacious 4-bed, 3-bath home offers mountain views, lush landscaping, and the perfect blend of indoor-outdoor living. Enjoy a sparkling pool with slide, spa, pond, and gazebo. Inside, find vaulted ceilings, two fireplaces, a formal dining room, office, nursery, and bonus room – ideal as a playroom, gym, or studio. Dual-zone A/C, two laundry areas, and timeless California charm makes this the complete package.

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Don’t Miss Next Week’s Q&A – Phyllis discusses “Personal Property Not Included”

NEWS

IN BRIEF

ROSEMONT PRESERVE RESTORATION DAY

The community is invited to the Rosemont Preserve Restoration Day on Saturday, Aug. 9 from 8 a.m. until 10 a.m. to help protect the natural habitat at Rosemont Preserve. Volunteers will be removing invasive, non-native plants and cleaning up the trails for upcoming field trips. Wear sturdy shoes, comfortable clothes and garden gloves (long pants and sleeves are recommended). Tools will be available.

The Preserve is located at the north end of Rosemont Avenue, just past the chain link fence. As street parking is limited, please park at Two Strike Park, 5107 Rosemont Ave. Those with mobility issues who require a closer parking spot should contact RosemontFriends@gmail.com.

This event is free to the public and suitable for all ages and no reservations required. Rain cancels event. Sorry, no pets please.

For further information, contact the Friends of the Rosemont Preserve at RosemontFriends@gmail.com.

VETERANS HOST MONTHLY BREAKFAST

Local veterans host a monthly breakfast at the Verdugo Hills Memorial Hall on the second Saturday of the month. The breakfast is free to all local veterans and supporters, but donations are always graciously accepted. This month's breakfast is on Saturday, Aug. 9 from 8 a.m. to 10 a.m.

The Hall is located at 4011 La Crescenta Ave.

PASADENA HUMANE SOCIETY OFFERS FREE ADOPTIONS

The Pasadena Humane Society is waiving adoption fees on all available animals on Saturday, Aug. 16 from 10 a.m. to 2 p.m.

Adoptions include spay or neuter, age-appropriate vaccines and a microchip. Regular adoption processes apply. A licensing fee may apply.

Pasadena Humane Society is located at 361 S. Raymond Ave. in Pasadena.

PHOTOGRAPHY CONTEST OPEN

Arroyos & Foothills Conservancy's Nature Photography Contest is open until Aug. 17. Now in its third year, AFC's photography contest is a celebration of the natural world and the connection of humans to it.

Photographers of any skill level are encouraged to apply – there is no need to be a professional to take an inspiring photograph.

This contest has no entry fee and is an opportunity to share what each person finds beautiful in nature. Category winners will have their images promoted on AFC's social media and communications and displayed at an event in the fall.

This year categories include mammals, birds, other wildlife, plants, landscapes, people in nature and conceptual or abstract images. The contest guidelines and submission form can be found at [qr.codes.pro/afc-npc](https://qr.codes.pro/afc-npc).

EXPLORER PROGRAM AT CV STATION

People between the ages of 14 and 20 and interested in a future in law enforcement or public service are encouraged to learn about the LASD Explorer Program at Crescenta Valley Station. Sought are motivated youth in good physical health who want to serve their community and gain real-world experience.

The Explorer Academy runs every Saturday from Sept. 6 through December. Registration day is on Saturday, Aug. 23.

For more information, contact Deputy Ruiz at (818) 236-4026 or email [m2ruiz@lasd.org](mailto:m2ruiz@lasd.org).

Community Support Helps Cadet Attend the National Student Leadership Conference



By Dominique ROCHA

Ever since he was a child, 16-year-old Ashar Baker has always known that he wanted to work in defense. Baker has settled on becoming a U.S. Army Ranger. In the meantime, Baker has been serving his community through the Los Angeles County Sheriff's Dept. – Crescenta Valley Station Explorer Academy. Through this program, Baker has had the opportunity to learn about working in law enforcement.

Another learning opportunity recently presented itself to Baker: the National Student Leadership Conference, a program that allows students to experience what it is like working in Intelligence and National Security. The application process required Baker to submit a letter and essay on why he deserved to attend. The only issue was that the program and travel cost about \$6,000 ... and Baker was about \$4,000 short.

A GoFundMe account was created on Baker's behalf to help facilitate donations and get his summer plans underway. The community rallied in support and helped Baker raise the rest of the money.

"I was very thankful that so many people were willing to help me achieve my goals," Baker said.

With the help of his community, Baker attended the National Student Leadership Conference in June. The conference was held at Georgetown University in Washington, D.C. and was nine days long. The program followed a dynamic schedule that was designed to give insight into what it is like working in intelligence. While there were different programs within the conference, such as diplomacy, architecture and political action, Baker's program was intelligence and national security and focused on assessing threats, strategizing and communicating.

Every day was different and included field trips to the FBI and DIA (Defense Intelligence Agency) buildings or to landmarks like the Arlington National Cemetery and the Washington Monument, guest speakers, and role simulations, which he said were the best part.

While the days were filled with career-oriented activities, there was downtime in the mornings and middle of the day. Baker made sure to spend his free time getting to know the other like-minded students and even started a running club in the mornings where he and a few others participated in three to five mile runs.

"I met a lot of people who were ambitious and driven," Baker said. "We were able to help each other grow."



Photos provided by Ashar BAKER

TOP: Strategizing with like-minded students.  
ABOVE: During the leadership conference Baker, with other students, got advice from guest speakers.

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# There are Bears (and More) Out There



Photo provided by Vicki PIERCE  
At Vicki Pierce's house this bear is a common sight.

By Mary O'Keefe

Bears, mountain lions and all forms of wildlife are just something those in the foothills learn to live with; in fact, it is one of the things that make residents love this area. However, that doesn't mean it is comforting for residents to walk to their front door and find a bear.

But that is exactly what happened to Tujunga resident Vicki Pierce.

"This isn't the first time I have seen him and took photos of him," she said about the bear that seems to not only really like her house, but has made it his go-to residence on the block.

"The first time [I saw him] my son was here," she said. "We saw [the bear] in the front and backyard."

One day she heard some noise and went to investigate – and that's when she came face-to-face with the bear.

"The bear was about four feet from me," she said.

A few days ago the bear was at her home again around lunch time going through the garbage.

"I guess I am going to have to put our garbage in the freezer," she said attempting to find a

solution to the ongoing bear dilemma.

She has purchased straps that were supposed to keep bears out of garbage cans; however, when dealing with a "smarter than average bear" straps don't work.

The bear seems to be focused on Pierce's property and she and her son have informed the neighbors of the bruin's visits.

The bear is returning often and Pierce has called California Fish and Wildlife, which just took a report. CVW has tried numerous times over numerous days to reach the California Fish and Wildlife but hasn't had a response. CVW is researching areas where bear-proof trash cans are available and reached out to various waste services to find bear-proof trash cans for specific neighborhoods. An update will be given when CVW receives a response.

According to reports, there has been an increase in reports of bear sightings, as well as social media posts of hikers facing mountain lions on local trails. There have also been reports of rattlesnakes on trails – again, all of these sightings are normal but it is important to be aware of what a person might face when

hiking the local trails.

Los Angeles County Dept. of Parks and Recreation offers these tips when on trails:

- Be aware of your surroundings. Know what type of wildlife may be present on the trails that could pose a threat and take appropriate precautions.
- Keep your distance from wildlife that pose a threat to you, your children and your dog.
- Don't hike, bike or run alone. Avoid hiking and running at dawn and dusk when rattlesnakes and mountain lions are more active.
- Supervise children and dogs – keep small children close to you and keep dogs on leash.

Always report any wildlife attacks immediately with a 9-1-1 call or to the trail operator.

Rattlesnakes: Particularly when spring weather starts to warm, rattlesnakes become a common sight out on the trails. Rattlesnakes are generally not aggressive and mind their own business – the chances of being bitten are relatively small. However, they can bite if startled, threatened or even accidentally touched by a passing trail user. Most rattlesnake bites happen between April and October so

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during rattlesnake season keep in mind these safety tips:

- Be alert. Snakes tend to sun themselves in the mid-mornings when it's cooler out but in the summer months they become more active at dawn and dusk.
- Always wear sturdy shoes, socks and long pants.

- Avoid underbrush and tall grasses on overgrown trails where snakes may hide.
- Teach your kids to respect snakes and not to interact with them.
- Always keep your dog on leash while hiking.

# Glendale to Host Second Annual Women's Equality Day Celebration

The City of Glendale invites community members to its SecondAnnualWomen'sEquality Day Celebration on Wednesday, Sept.10 at 5 p.m. in the historic Alex Theatre courtyard, 216 N. Brand Blvd. in Glendale. This inspiring evening will bring together civic and community leaders, equity advocates, residents and business owners for a program centered on education, empowerment and connection.

Following the sold-out

success of last year's inaugural event, this year's celebration promises to be equally impactful. Attendees will engage in panel discussions, connect with local leaders and take away practical tools to advance gender equity in their personal and professional lives.

Co-sponsored by the Glendale Commission on the Status of Women, the program will also featurelivemusic,food,beverages and networking opportunities. Panelist and additional details

will be announced soon.

"We look forward to hosting this event once again and bringing together the powerful voices that inspire our community," said Glendale Mayor Ara Najarian. "Along with my Council colleagues, I invite the community to join us for an evening that celebrates progress, challenges injustice, and envisions a more equitable future."

"Genderequityintheworkplace isn't just a women's issue – it's

a societal issue. This event is a call to action for employers, policymakers and individuals to create environments where fairness isn't the exception, but the standard," said Commission Chair Diane Lambillotte.

To support working parents, a limited number of childcare reservations will be available. A separate kids' station will offer supervised activities for children ages 4 and up, allowing caregivers to fully participate in the evening's program.

This free event is open to all. To reserve a spot, visit [GlendaleCA.gov/WomensEquality](http://GlendaleCA.gov/WomensEquality).

To view last year's event page, whichincludesaphotogalleryand video recap, visit [GlendaleCA.gov/2024WomensEquality](http://GlendaleCA.gov/2024WomensEquality).

RSVP is required; visit [GlendaleCA.gov/WomensEquality](http://GlendaleCA.gov/WomensEquality).

For questions, contact (818) 548-4844 or email [Communications@GlendaleCA.gov](mailto:Communications@GlendaleCA.gov).

# Food Drive Expands Across Pasadena, Glendale & La Cañada

A community-led donation drive is collecting urgently needed food and supplies for immigrant families affected by recent ICE raids and financial hardship.

The LA Loves Immigrants Food Drive, in partnership with local non-profit La Mano Extendida, is

placing donation boxes at small businesses across Los Angeles. Everything collected goes directly to undocumented families – no questions asked.

The drive has expanded to 12 locations, including two in Pasadena, one in South Pasadena, one in

Glendale and one in La Cañada, with more being added each week.

Most sites are independent coffee shops and neighborhood businesses.

High-need items include diapers (especially size 6), baby wipes, canned food (especially tuna and tomatoes), powdered milk, feminine

hygiene products, toothpaste, peanut butter, pasta, pasta sauce, instant coffee and non-perishable meals like mac and cheese or Cup O’ Noodles.

All items must be new, unopened and within expiration date.

The drive continues through mid-August. A full list of donation

locations and needed items is at [LALovesImmigrants.com](#) with updates shared at [@lalovesimmigrants](#).

“This is neighbors helping neighbors,” said organizer Jennie Robles. “Every donation makes a real difference.”

# City of La Cañada Flintridge Launches Wildfire Prevention Initiative

The City of La Cañada Flintridge is taking a step forward in wildfire prevention by reintroducing one of nature's oldest vegetation management tools: grazing animals.

Through funding from CAL FIRE's Wildfire Prevention Grant Program, the City has launched a targeted grazing project to reduce wildfire risk across 58.7 acres of City-owned land in the Gould Canyon area.

As a key component of the City's broader wildfire mitigation strategy, this project involves the use of goats and sheep to manage vegetation in the Wildland Urban Interface (WUI) – the area where homes meet undeveloped, brush-heavy terrain. Grazing provides a low-impact, environmentally responsible method of reducing fuel loads, creating defensible space and

supporting long-term community safety.

“Wildfire safety is one of our top priorities,” said Mayor Kim Bowman. “By using targeted grazing, we’re leveraging a time-tested, sustainable solution to reduce fire danger while preserving the natural beauty of our hillsides. This investment will strengthen the resilience of our community.”

In partnership with the Los Angeles County Fire Dept., the City's approach supports regional wildfire readiness while embracing eco-friendly land management. The grazing animals help clear dry brush and overgrown vegetation, slow the spread of fire and naturally improve soil health all without the noise, pollution or disruption of mechanical equipment.

As part of the initiative, the City created a dedicated webpage (<https://lcf.ca.gov/wildfire-prevention/>) to increase wildfire prevention awareness. Community members can find information on home hardening, upcoming events and emergency preparedness tools.

For more information on the City's wildfire prevention initiative, visit [LCF.ca.gov/Wildfire-Prevention](#).

# Update on La Crescenta Avenue Project

During the construction period, detours, intermittent lane closures and traffic delays are expected on the following streets:

*Location and Dates*

- *La Crescenta Avenue between North Verdugo Road and Las Palmas Avenue:* Travel lanes may be closed intermittently between Aug. 11 through Aug. 22 (excludes weekends)

- *La Crescenta Avenue at Piedmont Avenue, Roselawn Avenue, Shirleyjean Street, Oakmont View Drive, and Midblock between Arlington and Las Palmas:* Travel lanes may be closed intermittently between Aug. 11 through Aug. 22 (excludes weekends)

- *La Crescenta Avenue at various locations between Verdugo Road and Montrose Avenue:* Travel may be closed intermittently between Aug. 11 through Aug. 22
- *Description of Work*
- Contractor performing intersection re-alignments and concrete improvements.

- Contractor performing installation of traffic signal foundations.
- Contractor performing sanitary sewer main upgrades.

Please observe posted construction signage and drive safely near construction zones.

*\*Construction activity and closures are subject to change.*

# Pros and Cons of Water Agency Consolidation

By Eliza PARTIKA

Foothill Municipal Water District and retail water agencies throughout La Crescenta, Altadena and La Cañada will continue discussing the prospect of agency consolidation in August, after a June meeting in which representatives from all eight local water agencies talked through pros and cons of consolidation and whether there is enough interest in studying consolidation's effects on the community.

Representatives from the boards of the Foothill Municipal Water District, Kinneloa Irrigation District, Valley Water Company, Crescenta Valley Water District, La Cañada Irrigation District, Las Flores Water Company, Lincoln Avenue Water Company and Rubio Cañon Land & Water Association attended the initial meeting in June. However, as of this writing, only four have agreed to move forward with discussions regarding the efficacy of consolidation: Crescenta Valley Water District, Las Flores Water Company, Valley Water Company and Foothill Municipal Water District [Foothill Municipal].

Frank Colcord, director of Foothill Municipal, said the goal of the August meeting will be to create a working group that would decide on a process to

further evaluate the potential benefits and drawbacks of consolidating and to decide the parameters for a study to determine whether consolidation is in the water agencies’ – and community’s – best interest.

“We’ve acknowledged for years there are both pros and cons to consolidation, but maybe this is the time to at least think about if the pros outweigh the cons,” Colcord said.

Foothill Municipal purchases imported water from Metropolitan Water District, and in turn sells it to the retail water agencies in La Crescenta, La Cañada and Altadena. Damage from the Eaton Fire resulted in significant financial losses from damaged infrastructure and loss of revenue from customers for Altadena water companies, said Colcord. He told the CV Weekly he believes consolidation has the potential to help sustainably provide water to the foothills amidst challenges like aging infrastructure, lost resources from the Eaton Fire and emerging threats to water quality.

The Eaton Fire severely impacted the water resources and infrastructure in Altadena. Initial estimated damages from the Eaton Fire in January 2025, as recorded by Foothill Municipal, the Los Flores Water Company lost approximately

1,100 service connections of 1,480 connections serving 4,500 customers – 74% percent. Of the 23 total water reservoirs in Altadena, seven were damaged in the Eaton Fire. In addition, Lincoln Avenue Water Company lost over half of its service connections and Rubio Cañon lost 35%.

“In addition to the number of customers lost, when you lose a customer, you lose their revenue. So that’s one of the biggest problems these agencies have right now, from a business standpoint ... they don’t have anywhere near as much income coming in as normal to pay their employees or their taxes or their water bills to [Foothill Municipal] or things like that. So that’s a big problem for them right now,” said Colcord. “But they also lost a bunch of infrastructure.”

After the Eaton Fire, water agencies in Altadena went to the state to request funding that would make up for financial losses and the loss of infrastructure as a result of the fire. The recently approved state budget now includes \$4 million of the \$120 million in requested funding for infrastructure repair. But in order to receive state funding for lost revenue, said Colcord, California requires a study to determine whether the agencies and community would benefit from agency consolidation. The

August meeting would renew the discussion around consolidation, and review what it would take for some or all of the agencies to move forward with consolidation, if they choose to.

The June meeting discussed some benefits of consolidation, including the possibility of establishing a more robust system that can meet the renewed demands of the area and creating a pathway to becoming a larger, public agency that could gain easier access to public funds.

Consolidation, if decided upon, would be no easy feat. While consolidation would allow for a larger base of paying customers who would pay full rates, both public and private companies would be seeking to merge – and melding different governing structures could prove challenging. Creating rates based on differences in the age and quality of infrastructure and identifying common priorities for constituents is another hurdle to overcome.

But some leaders at the June meeting were confident that those moving forward have the ability to find a solution that works.

“I didn’t anticipate that the conversation or consolidation would be accelerated by the recent fires, but they have and I believe there’s something of a spotlight on us. I think it’s

constructive to approach our situation as an opportunity,” said James Lee, head of Crescenta Valley Water District.

Public comment was largely in support of consolidation but also revealed the cost the fires had on communities.

“We have lost too much as a community and don’t need to see bureaucracy fumbling decisions about our future. It is our community, not yours,” said an Altadena resident who spoke in June.

“All my neighbors are worried about building infrastructure like water, electricity and gas. There’s no leaders. You should be the leaders of this and show them how it is done,” said another.

Another asked what the role of the state and county would be in providing assistance to the companies themselves and to rate payers in a transition.

At the close of the meeting, a local resident and retired executive from Irvine Ranch Water District summed up the anticipations for the next phase of planning.

“I think we owe it to our customers to consider all [of] the options and move forward with the next step, which is not necessarily consolidation, because there’s advantages and disadvantages, but to at least do a study and see if it makes sense.”

# NNO: A Chance for Community and Emergency Responders to Meet, Greet



Ralph's was a popular stopping place at National Night Out at the CV Sheriff's Station.

By Vera GARABEDIAN and Ruth SOWBY

A resident one once brushed shoulders with, a barista from Starbucks, the cashier at Ralph's, and the deputy who maintains public safety all congregated at the same place.

On Aug. 5, community members gathered to honor and celebrate first responders at National Night Out (NNO). Celebrations were found at several places around town including the Crescenta Valley Sheriff's Station at 4554 Briggs Ave. The focal point of NNO is to foster fellowship between residents and those who protect and serve, such as local law enforcement. The events were open to the public and gave residents the chance to familiarize themselves with various local organizations and converse with friends and neighbors.

The sheriff's station event included raffles with prizes, a showcase of vintage cars, freshly grilled hot dogs and a place to feel united with the community.

With the help of his team, Los Angeles County Sheriff's Dept. Deputy Brian Chun organized the event for community members of all ages to enjoy.

"We want to interact just as much with the community as we do enforcing laws and doing patrol," said Dep. Chun. "We do have the same amount of interest in talking to people and making sure [they know] that we're really here for them."

NNO is more than just recognizing those who serve; it is a day for members of the community to come together.

"We all put our pants on the same way," said Ken Sapper, the owner of a vintage car displayed and a regular at the event. Meeting new people and getting to know a neighbor's story is what attendees additionally look forward to.

"Zero Hunger, Zero Waste" was

the motto printed on the shirts of Ralph's volunteers who were at the sheriff's station event. District Hiring Specialist Lili Karmand emphasized that the phrase represents the company's goal within the community. Two hundred and fifty to 300 bags were filled with drinks and snacks for attendees to freely take.

"We like to be shoulder-to-shoulder with the community," said Karmand. Ralph's is a returning company at NNO and consistently aims to give back to first responders.

Starbucks, another company with a local location, provided iced coffee, apple juice, passion tea and green tea to quench guests' thirst. Aside from beverages, free entry was offered for a raffle with cups and drinks as prizes.

"We wanted to partner our relationships with first responders, do community outreach ... and give back," said Paola Aguayo, who is the store manager for the Starbucks located at Honolulu Avenue and Ocean View Boulevard.

In addition to businesses, the California Highway Patrol (CHP) had a booth at the event. "Service before self is the aspect I have within myself," said Officer Bryan Bay.

"CHP is not there to just give out tickets, but [also] help families get to where they're going safely," said Bay. The booth offered informational brochures for guests to educate themselves on roadway protection.

Glendale's largest venue to hold National Night Out was buzzing with city officials and community members who live on and around 501 S. Pacific Ave. Held between 5 pm to 7:30 pm on August 5, the park was full of play equipment and booths offering everything from free food to the ever-popular face painting to information about neighborhood safety.

see NNO on page 7

## CRIME BLOTTER

AUG. 1

4100 block of Big Tujunga in Tujunga, deputies responded to a call concerning multiple packages stolen from the location. The victim reported that she has a one-room shed located at the front of her property where delivery trucks are instructed to leave packages. She received notice on her cellphone that several packages had been delivered; however, when she went to the shed there was nothing there. Surveillance footage revealed a white BMW 530e parked in front of the shed. An unknown person, described as a White male adult wearing a black sleeveless shirt, black pants and black sandals, was seen entering the unlocked shed and removing multiple packages. He placed the stolen property into the BMW and left the area at 10:18 a.m.

JULY 31

4800 block of Hill Street in La Cañada Flintridge, deputies responded to a call concerning a person breaking into mailboxes. The informant stated witnessing a White female adult driving a red Ford Explorer who, while still in her vehicle, would drive up, open mailboxes belonging to several residences and remove the contents.

The theft occurred at 2:23 p.m.

JULY 30

2000 block of Montrose Avenue in Montrose, the front glass window at a business was shattered but stayed intact due to a thin layer of film holding the shattered glass together.

The business owner was in the back of the building at the time. The incident occurred at 10:30 a.m.

JULY 28

4400 block of Commonwealth Avenue in La Cañada Flintridge, items were stolen from an unlocked vehicle overnight.

*Editor's note:* Details included in the crime reports are taken directly from the reports on file. The Crescenta Valley Weekly is not responsible for the incompleteness or inaccuracies in the original reports.

## Obituary

Dorothea "Dody" Elizabeth Schwaiger



Sept. 9, 1936 - May 1, 2025

Dorothea Elizabeth Schwaiger died at home in West Linn, Oregon on May 1. She was born on Sept. 9, 1936 in Kansas City, Missouri. Her husband of 60 years, Donald Rupert Schwaiger, predeceased her in 2011. She left behind her son Keith Schwaiger, who passed on July 3. He left behind his wife Debbie, her daughter Karen Harrington (Danny), five grandchildren, nine great grandchildren and a large extended family of brothers and sisters, and numerous nieces and nephews.

She and Don raised their family in La Crescenta and Montrose. Many will remember her knitted or crocheted blankets, hats, scarfs and booties.

Dody was a community leader wherever she lived including president of the PTA at Dunsmore Elementary School, leader of the Scouts and Camp Fire Girls, and numerous community organizations.

She was everyone's friend; when you worked, traveled or played with Dody, you had fun.

She was central to a large extended family, gathering every week for Sunday dinners at Grandpa and Grandma Burks' home across the street from Crescenta Valley High School.

Friends and family were always welcome in her home and often traveled with Dody and Don on their water skiing and motorhome adventures. Dody was always there – at births, birthdays, recitals, sports games, weddings and graduations – even moving. She didn't miss a thing.

A memorial will be held on Saturday, Sept. 6 in West Linn, Oregon; contact Karen Harrington for details.

In lieu of flowers, please consider donating to <https://carepartners.org>, her loving palliative and hospice care support team, or <https://k9sforwarriors.org>, which serves our vets and pets needing homes.

*"Needing to place an Obituary or Memorium for a loved one?"*

*Please submit 325-350 words plus a photo (preferred photo size is 200 dpi, 4x6 inches) to [robin@cvweekly.com](mailto:robin@cvweekly.com)  
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NNO from page 6



TOP: Former CV Sheriff's Station captain, now commander, Robert Hahnlein (with CV Weekly publisher Robin Goldsworthy) made sure to stop by the NNO festivities.  
TOP RIGHT: Olexandra Salnikova, 5, looks pleased with her face art at Nat'l. Night Out at Pacific Park in Glendale.  
ABOVE: Volunteers, deputies, search & rescue team members and more were at the NNO event at the sheriff's station.  
RIGHT: A variety of classic and new cars were at the NNO at the CV Sheriff's Station.  
BELOW: The rock climbing wall was the most popular attraction for Nat'l. Night Out at Glendale's Pacific Park on August 5.  
NO 7 9148: Olexandra Salnikova, 5, (left) and friend Ava Avanesyan, 5, are joined by members of Glendale's finest at Pacific Park.  
NO 8 9135: Pacific Park & Community Center in Glendale hosted a Nat'l Night Out. The "Champions Arena" bouncy house added color and fun to the evening of neighbors meeting neighbors.



At Pacific Park & Community Center in Glendale, members of the Glendale police and fire departments made themselves available for photos and schmoozing. Mom Valentyna Salnikova lined up a few of Glendale finest with daughter Olexandra, 5, and friend Ava Avanesyan, 5, for a quick snap. Olexandra had already visited the face-painting booth and planned to scale the rock climbing wall.

This community-driven event was a chance for neighbors to connect, share concerns and discuss strategies for safer neighborhoods.

Photos by Vera GARABEDIAN and RUTH SOWBY

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A reader contacted CVW to say the same type of damage is being done at Dunsmore Park with kids riding either e-motorcycles or e-bikes.

Mini electric motorcycles are not street legal. They are intended for private property only; however, many parents are purchasing these fast little electric motorcycles for their kids without knowing the regulations surrounding riding them.

Robinson added he found, after citing a teen on an e-motorcycle driving on public streets, that parents were not aware that these vehicles are not street legal.

He also discovered that often parents have purchased the e-motorcycles online.

Although Crescenta Valley Park administration has not seen any damage it is aware of e-bikes and e-motorcycles at the park. Los Angeles County does not allow e-bikes, e-scooters or e-motorcycles on nature trails.

Sgt. John Gilbert with LACounty Sheriff's Dept. – Crescenta Valley Station has worked with school districts and elected local officials to create educational events to inform parents about e-bikes and e-motorcycles. It did not surprise him to hear of the damage at local parks done by e-motorcycles.

He has not received any complaints concerning damage done to La Cañada Flintridge or LA County parks but has received complaints about kids on e-bikes and e-motorcycles.

"It is not that they're on e-bikes or e-motorcycles necessarily, it is just that they are not obeying traffic laws," he said.

Complaints include young people driving on sidewalks at a high rate of speed, from 20 mph and faster, that car drivers are having issues because the

e-bikes and e-motorcycles come off sidewalks at speeds of 30 mph or higher.

"It does create these situations where there are near collisions," Gilbert said.

"I think a lot of municipalities have been hearing complaints where groups of kids on e-bikes and e-motorcycles are getting together [on streets and sidewalks]."

Often the riders of these vehicles, many who are under 18 years old, are not wearing a helmet. Gilbert points out that even with a helmet an accident that occurs with an e-bike/e-motorcycle at 30 mph is still going to be a dangerous collision.

Both Robinson and Gilbert added that riders of e-bikes must follow all rules and regulations of the road, just like someone riding a regular bicycle. And e-motorcycles are not allowed on any public roadway.

"We have taken a zero tolerance about the [e-motorcycles]," Robinson said.

Law enforcement has been reaching out to parents and kids about the rules and regulations of the roads in regard to micro-mobility devices, and educating everyone about mini e-motorcycles. He said GPD has worked with California Highway Patrol (CHP) and Glendale Unified School District in organizing educational meetings for both students and parents. GPD will also be reaching out to LASD-CV Station to organize these same types of meetings for Crescenta Valley High School and Rosemont Middle School.

Gilbert said LASD has done that same type of educational outreach in La Cañada Flintridge and has also worked with CHP.

GCC from Cover

zoning and building topics.

CDD initiated another reorganization when it acquired the City's Homeless Services team. In June, this team was strategically positioned in CDD's Housing Division where it can now

generate new permanent housing solutions to help prevent and end homelessness in Glendale.

More information about the Community Development Dept. is available at GlendaleCA.gov/CDD.

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San Lucas de las Montañas

ASHER from page 3

When there was downtime Baker was able to visit some landmarks.



The conference allowed Baker to explore other careers in defense. While his career ambitions are still to join the Army, he was able to gain information on these types of careers should he choose to go down that path.

"I believe that all the people you

get to meet and the challenges you get to overcome are a once in a lifetime opportunities," he said. "When else would you be able to visit the FBI building?"

Now, Baker plans on continuing to prepare himself for enlistment. He is focusing on improving his

physical and academic well-being and is currently enrolled in dual enrollment, an academic path that will allow Baker to graduate from high school a year early.

He hopes to join the Army at 17 years old.

BTS from Cover

One of the issues witnessed by CVW during the 2024-25 school year had to do with U-turns. One big issue around schools is drivers who make U-turns. While in front of Crescenta Valley High School, a driver made a U-turn after dropping off a student at the front entrance. There are no U-turns allowed in front of the school. CHP Officer Bay turned on the patrol lights and pulled the driver over. The driver said s/he was in a hurry and the passenger in the car was not feeling well. Bay said he understood but it is still a violation.

As he returned to his patrol vehicle to complete the citation, he witnessed another driver making a U-turn in front of the school. There was a line of cars in front of the school, drivers waiting their turn to drop off their students. It took the driver of the U-turn several maneuvers to make the

turn, which backed up the line of vehicles even more regardless whether traveling eastbound or westbound on Community Avenue. Bay stopped the second vehicle, explained why he had stopped the driver, finished writing the first citation and began on the second.

When asked what the driver's response was to the stop, Bay said, "Everyone else is doing it."

Just to let drivers know ... "Everyone else is doing it" is not a legitimate excuse for ignoring traffic laws.

Over the years CVW has seen numerous incidents including speeding vehicles rushing to get to school prior to the start of school, some coming close to people in crosswalks. There have also been vehicles that, for one distracted reason or another, have completely missed stopping at the crosswalks, even those crosswalks with crossing

guards. CVW has covered crossing guard injuries and many close calls and pedestrians being struck – including children.

Many schools are not in industrial areas; therefore the path to the school is through neighborhoods. Neighbors have reported seeing speeding cars and having blocked driveways.

Law enforcement reminds drivers, especially those who do not have students in school, that traffic will be increasing as school begins so plan accordingly. For those who have students, give yourself enough time to get to school – especially if it is a new school with new drop off rules.

CVW will once again be with CHP at the beginning of school in Crescenta Valley and will continue to reach out to school districts and law enforcement regarding issues of particular concern.

WEATHER from page 2

First of all – Air Quality Index is a way of explaining data collected from air pollutant monitoring stations put into a scale. AQI is a number that ranges from 0 to 500 and indicates how clean or polluted the air is and how that can affect individuals.

The AQI is divided into six categories: Good with an AQI of 0 to 50, Moderate with an AQI of 51 to 100, Unhealthy for Sensitive Groups with an AQI of 101 to 150, Unhealthy with an AQI of 151 to 200, Very Unhealthy with an AQI of 201 to 300 and Hazardous with an AQI of greater than 300.

So as you can see even the moderate level may be difficult for some people.

Good means good – it is safe to go outdoors and breathe the air that "poses little to no risk."

Moderate level means the air quality is acceptable, however unusually sensitive people should consider limiting prolonged outdoor exertion.

The Unhealthy for Sensitive Groups level stresses that these groups of individuals should limit prolonged or heavy outdoor exertion. This includes people with heart disease, pregnant

women, children and older adults and people with lung disease such as asthma.

Unhealthy is pretty self-explanatory – it means that everyone may begin to experience some adverse health effects, like throat irritation or difficulty breathing. Those people who are sensitive could experience serious effects.

Very Unhealthy: this means it is dangerous for everyone. Individuals should not just curtail their time outside but avoid all outdoor physical activity.

Hazardous would trigger warnings of emergency conditions. This would mean the entire population would be affected and that everyone should avoid, not just limit, their activity outdoors.

It's important for us to know these levels and what they mean and to pay attention to the warnings from the AQMD. Air quality is something that can affect us all – young and old. It can create future health issues for our kids and immediate issues for adults.

To follow AQMD visit www.aqmd.gov or download the AQMD app on your phone.

And if you are going outside, especially if you are sensitive to air quality, wear an N95 or P100 respirator mask. I know we are all still a little mask shy due to COVID-19 and many of us move away from wearing a face mask; however, wearing a mask to protect yourself is not a political statement. It is simply a statement that you enjoy breathing and would like to continue to do so for as long as you possibly can.

Our weather is warming up ... hot today seeing temperatures in the upper 90s. After that it will drop a little to the mid-to-low 90s. This is above our average of the mid-80s, so we will see temperatures up to 10 degrees above our normal, according to NOAA.

This is a "compressional heating," which is when the air warms as it descends and is compressed by the increasing atmospheric pressure, according to NOAA.

Bottom line: it will be hot so use all the precautions necessary for high temperature days including wearing sunscreen and staying hydrated.

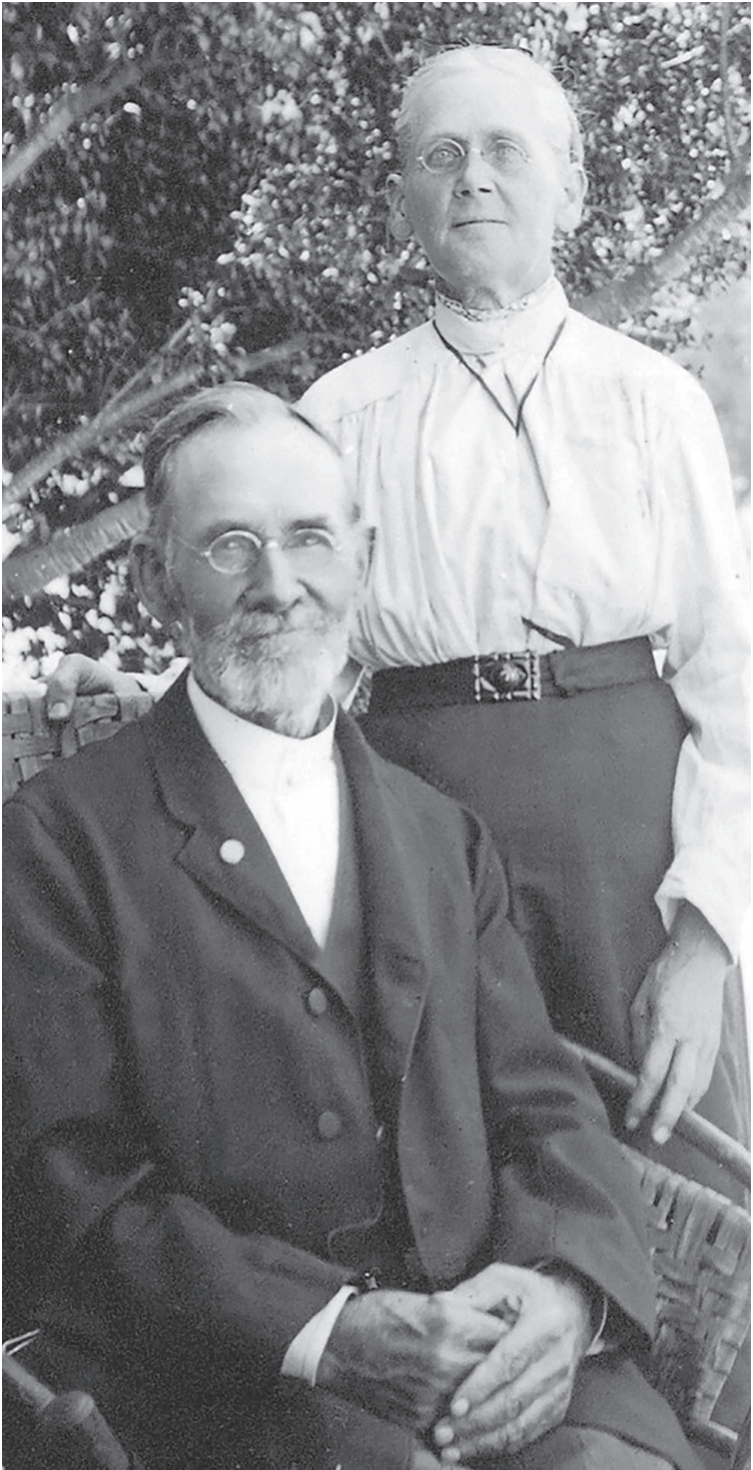
VIEWPOINTS

VIEW OF THE VERDUGOS » CRAIG DURST

# Dining with a View to Die For

The smell of spring was in the air but the mood was solemn. The first tone broke and heads lowered. The bugler's call of "Taps" sounded over the hills. As the final note faded from his horn, another tone arose in the distance. The gathered crowd turned

to the north. A quarter of a mile away, on another high hill, a second bugler played "Taps" once more. This was the funeral of Parson James Wornom on April 22, 1922 and the founding of the Verdugo Hills Cemetery in Tujunga.



He had performed his duties gallantly during the Civil War as part of the 83rd Illinois Infantry and a squad from the American Legion stood by with their rifles for a final volley. After the war, James became an itinerant preacher of the Free Methodists. In 1902, he found his way to Sunland. From his church, in the middle of today's Sunland Park, he was a spiritual presence for decades. From his wagon, he and his wife Jennie regularly traveled far and wide, saving souls where they found them.

Jennie stood nearby as local poet and playwright John Steven McGroarty stepped forward.

"Here now, among these uplifted hills, the Parson shall sleep until Gabriel blows his horn on the last Great Day, and the immemorial dead rise again," he said.

The grand orator continued, "And, when he awakes, it shall be in no alien place but in a spot well known to him and where he was beloved. Here he praised God on winding trails in the golden dawns and evening's purpled dusk. The world may change, as it will. Times may change and men with them, but these great mountains will not. As they are now, so shall they be when the trumpet sounds."

Since the Parson's burial, some 2000-plus souls have been laid to rest at the Verdugo Hills Cemetery. Burials ended following the infamous rainstorm and landslide of 1978 when countless caskets and bodies crashed down from the cemetery's hill, inundating the neighborhoods below. In his autobiography, coroner Thomas Noguchi gave a testament to the infamy of the landslide. His chapters reflect his notorious cases, including those of Natalie Wood, Marilyn Monroe, Robert Kennedy, Sharon Tate, John Belushi and the Verdugo Hills Cemetery.

Following the landslide, the State of California intervened. After


numerous legal battles, it closed down the cemetery and converted the funeral home into a caretaker's cabin. Through the mid-90s, the state paid a handful of live-in caretakers but it seems there were always problems. After a final eviction in March of 1996, the gates were locked and the future didn't look bright for the little cemetery on the hill.

At this point, two sisters who had a loved one buried within the grounds gained entry. They began to water the trees and kept their eyes open for trouble. They brought in their friend Mary Lou Pozzo to lend a hand and just months later the sisters moved away leaving a surprised Mary Lou with the keys to the cemetery.

Mary Lou stepped up to the plate. She made contact with the state and, along with her husband Richard, made many improvements and kept a watchful eye for over a decade.

When the couple moved back east to be closer to grandchildren, Herrold Egger took over the responsibility as the volunteer caretaker. Herrold passed this honor along to me on the occasion of the 100th anniversary of the cemetery's founding and the burial of the beloved Parson. The state made the volunteer position official and now provides some assistance.

Since then, I have learned about many of the residents through research and have become quite proud of their accomplishments. For this reason, I have decided to invite 50 fortunate guests to attend our fundraiser "Dinner with the Dead" on the evening of Sept. 6 at VHC. For information, visit [friendsofverdugohillscemetery.com](http://friendsofverdugohillscemetery.com), click the button and enter your NAME and EMAIL, and DINNER in the message line.



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NEWS FROM THE CVTC » KERRI LEWIN BRAUTIGAM

# Crescenta Valley Town Council Community Update

Summer is in full swing in the Crescenta Valley! As we enjoy sunny days, community events and the last weeks of summer break, CVTC is here to keep you informed on local happenings, safety reminders and ways to stay connected with your neighbors.

With hotter days, wildlife is also more active as they search for water, shade and food. Please be mindful of open trash bins, pet food and water sources that may attract animals into neighborhoods. Give wildlife plenty of space and never approach them, especially in extreme heat when they may be stressed.

CVTC recently voted to deny a setback variance for a project in the Briggs Terrace neighborhood. While CVTC strives to collaborate with both neighbors and property owners making improvements, it is important to note that the LA County Planning Dept. has the final authority on building designs and permitting decisions.

The CVTC Land Use Committee will hold its next meeting tonight, Thursday, Aug. 7, at 6:30 p.m. in the La Crescenta Library Community Room, 2809 Foothill Blvd. A representative from Planet Fitness will be present to discuss a proposed project and request for a parking variance. We encourage our

community members to attend these important monthly meetings to stay informed on upcoming development projects within our jurisdiction.

Looking ahead, mark your calendars for the Wildfire and Emergency Preparedness Fair on Saturday, Sept. 27 from 9 a.m. to 2 p.m. at Two Strike Park, 5107 Rosemont Ave. This important community event will feature representatives from local fire and sheriff departments, LA County and other agencies who will provide tips and resources to help families prepare for fires and other emergencies.

With the first days of school quickly approaching, CVTC urges drivers to practice patience and follow all traffic rules around local campuses. Increased traffic, double parking and speeding can lead to accidents – and deputies will be out in greater numbers to help ensure student safety.

The next CVTC general meeting will take place on Thursday, Aug. 21 at 7 p.m. in the La Crescenta Library Community Room.

For more information, visit CVTC's official website or follow our social media for updates.

*Kerri Lewin Brautigam*  
*Corresponding Secretary*

## LETTERS TO THE EDITOR

### City Needs Better Outreach

I am writing regarding the City of Glendale's Community Development Dept. presentation of the Draft Land Use and Environmental Justice Elements Report. My first exposure to these Elements was at a Dec. 9, 2024 "scoping meeting." The outreach for this meeting yielded an attendance of only four (4) members of the public. There were more staff members attending than the public. Something is wrong with the city's outreach efforts. In addition, the public comment period for the scoping was conducted during the 2024 holiday season. Why?

The meeting on July 15 saw only three (3) members of the public attending. No surprise regarding the attendance as the meeting was held at 3 p.m. in the afternoon during a Special Council Session. Once again, something is wrong with respect to the public outreach efforts.

The updated Land Use Element and new Environmental Justice Element make very significant changes to the General Plan and Zoning in the City

of Glendale to include an increase in projected population of 262,579 people over the next 20 years. Another portion of the draft report calls for the parking lot behind the retail merchants on Honolulu Avenue in Montrose to be up-zoned to higher density multi-family residential, which would effectively take away the parking for customers patronizing the businesses on Honolulu. This would be catastrophic for those businesses.

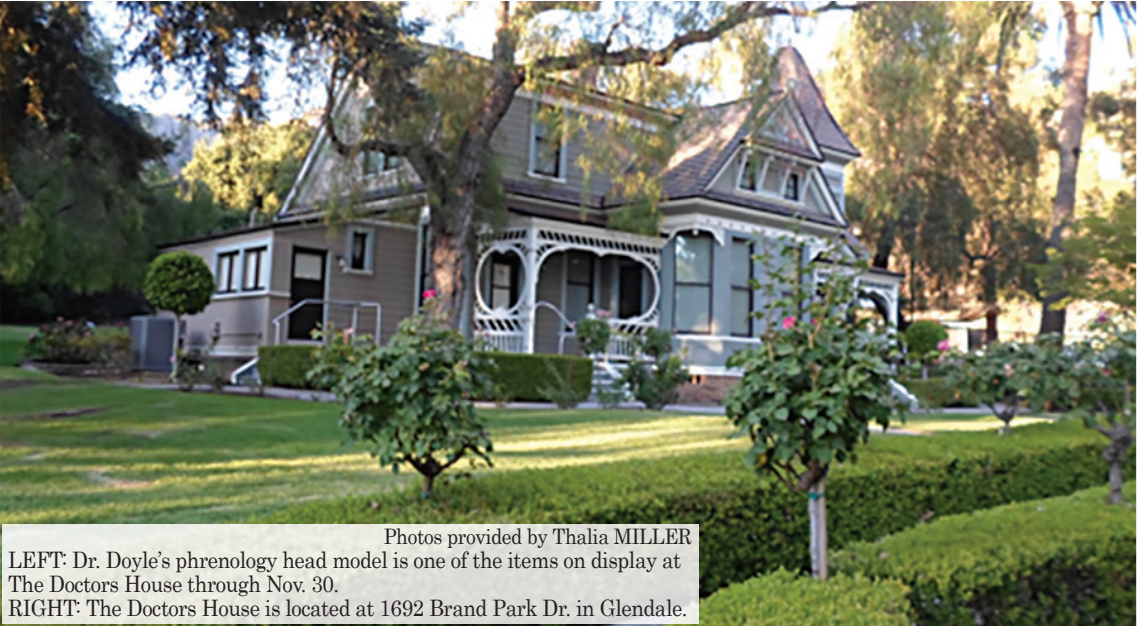
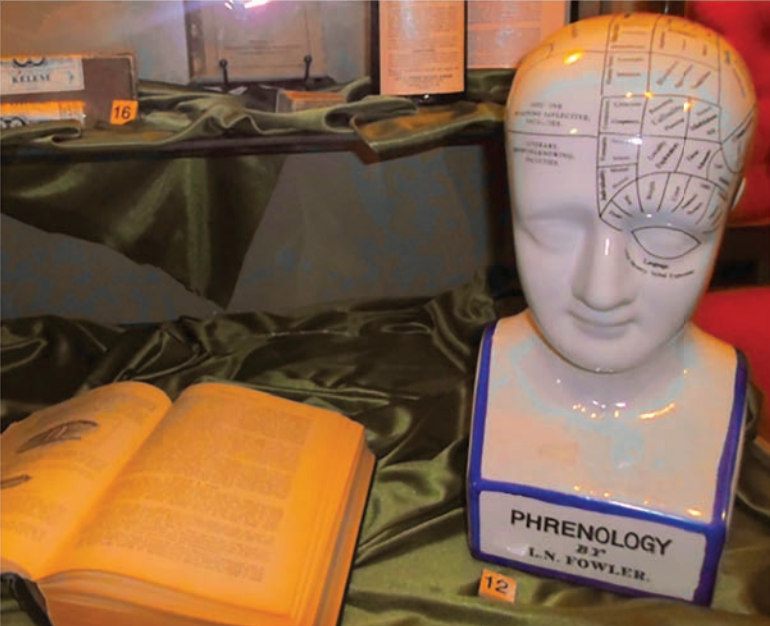
In addition, the parking lots next to the Glendale Civic Auditorium on Verdugo Road and others along Verdugo would be similarly up-zoned to allow for multi-family residential. The most serious issue is that the residents in adjoining neighborhoods have no knowledge of what is happening and the public comment period, which started on June 30, ends on Aug. 19. Very poor timing again as people are vacationing.

The Environmental Justice Element is intended to mitigate disproportionate impacts on Glendale's most vulnerable population.

*see LETTERS on page 23*

BETWEEN FRIENDS

# Quack! Victorian Sham Medicine



Photos provided by Thalia MILLER  
LEFT: Dr. Doyle's phrenology head model is one of the items on display at The Doctors House through Nov. 30.  
RIGHT: The Doctors House is located at 1692 Brand Park Dr. in Glendale.

On Sunday it was the first day of a new exhibit at The Doctors House, located in Glendale's Brand Park. The exhibit, titled "Quack! Victorian Sham Medicine," is the result of a collaboration between the

Glendale Historical Society, which runs the Doctors House, and La Crescenta's Friends of Rockhaven. The Doctors House is a Victorian-style home that was built in 1890 and moved to Brand Park in 1980 as part

of a conservation effort by the Historical Society. During its tenure as a functioning home, four different doctors lived there. As part of the themes of the House, Society member and Cal Poly Pomona professor Dr. Eileen V. Wallis and Friends of Rockhaven President Joanna Linkchorst created the "Quack!" exhibition that focuses on quack medicine from the Victorian era through the 20th century.

The collection on display once belonged to Dr. Richard Doyle, who had a special interest in quackery medicines, which he shared with his community as part of educational programming. After he died in 2021, his estate sent the collection to the Friends of Rockhaven. Dr. Wallis' students had been working on a project with Rockhaven when they learned about the quackery collection and mentioned it to their professor. The collection included various electrical

devices, patent medicines from the time period and Dr. Doyle's own phrenology head model. After learning the extent of the collection Dr. Wallis, who works with the Doctors House, suggested the exhibit. She assembled a thematic ensemble of quack medicine with information panels on electrotherapy, humoral medicine, radium and more.

The resulting exhibition provides a wide range of information on quack medicine not only as a concept but as it pertained to Glendale and LA. The displays contain bottles of locally-made medicines as well as inventions tied to historical occupants of the Doctors House.

Overall, the information and artifacts added a compelling element to the themes of the Doctors House. Dr. Wallis wanted visitors to have compassion and understanding "for how hard it was for people to get care."






"Unscrupulous people took advantage of their hope," she

said. She also hoped visitors remember that these connections to quack medicine are not just in the past. She noted that it is still in human nature to want simple answers and solutions to medical problems, which may not look exactly like the quack medicine of the past but takes a new form today.

To learn more about quack medicine and the history of Glendale and the Crescenta Valley, visit the "Quack! Victorian Sham Medicine" exhibit at the Doctors House during regular tour hours through Nov. 30. The Doctors House and Rockhaven are local pieces of history that have been preserved through volunteer work. Anyone interested in helping these memories survive are encouraged to visit their websites [glendalehistorical.org](http://glendalehistorical.org) or [friendsofrockhaven.org](http://friendsofrockhaven.org) to learn how to support their work.


The Doctors House is located at 1692 Brand Park Dr. in Glendale.

## HELP SHAPE OUR COMMUNITY'S RESILIENCE PLAN



To learn more about the planning process:  
<https://www.fmwd.com/hazard-mitigation-plan>

TAKE OUR SURVEY



## Kiwanis Club of La Cañada and Kiwanis Cal-Nev-Ha Children's Fund Unite to Aid Eaton Fire Victims

The Kiwanis Club of La Cañada recently received a generous \$13,500 matching grant from the Kiwanis Cal-Nev-Ha Children's Fund Disaster Assistance Program, bringing their total contribution to \$27,000 in support of those affected by the Eaton Fire. Thanks to this combined effort, the Club was able to provide \$1,000 in direct relief to each of the 27 La Cañada Unified School District teachers and staff who lost their homes – offering not just financial help but a reminder that their community stands beside them in times of need.

To this day it is difficult to drive by the fire-affected area. Since many of the Kiwanis Club of La Cañada's own members were forced to evacuate during the fire, they initially formed a

Fire Relief Subcommittee and set to work on how to best help those hit the hardest.

"With heartfelt humility," said Doug Frost, governor of the Kiwanis Cal-Nev-Ha District, "we present this grant to La Cañada Unified School District teachers and staff who lost their homes in the Eaton Canyon Fire. While full recovery may take years, we hope this grant helps them begin rebuilding and find strength in the journey ahead."

Bob Larsen, president of the Cal-Nev-Ha Children's Fund, shared: "The Cal-Nev-Ha Children's Fund is honored to support the Kiwanis Club of La Cañada and their Eaton Fire Relief Project. When our teachers hurt, our children feel it too. By helping these educators and school staff recover, we're investing in the future of our

children."

The recipients' responses were deeply moving. One teacher wrote, "Yesterday, I received the \$1,000 disaster relief check from the Kiwanis and it brought me to tears," adding, "Support like this reminds me that even in the midst of such loss, we are not alone."

Another instructor shared, "Your support means the world to me and to my fellow colleagues!"

While another educator wrote, "I have always felt the support of the Kiwanis and all that they do to honor our TERRIFIC Kids. You are a special organization that truly lives up to its mission to improve the world one child and one community at a time. As time passes, it is nice to know that we haven't been forgotten."

see KIWANIS on page 18

# Village Poets Will Host Poets Susan Auerbach and William Scott Galasso

Village Poets of Sunland-Tujunga will feature poets Susan Auerbach and William Scott Galasso on the fourth Sunday of August, the 24th, at 4:30 p.m. at Bolton Hall Museum. There will also be an open mic and poets are invited to bring their best poems to participate in the open reading. The reading starts at 4:30 p.m. and continues until 6:30 p.m. Refreshments will be served.

Susan Auerbach is a retired professor of education who returned in midlife to her first love of creative writing. She often writes in the key of grief as in her chapbook, *In the Mourning Grove* (Finishing Line Press, 2024). Her poems have appeared or are forthcoming in *Rattle*, *Spillway*, *Gyroscope Review*, *Greensboro Review*, *Ekphrastic Review* and other journals; in the anthology *Art in the Time of COVID-19* (San Fedele Press, 2020); and in her memoir, *I'll Write Your Name on Every Beach: A Mother's Quest for Comfort, Courage & Clarity After Suicide Loss* (Jessica Kingsley Publishers, 2017). She blogs at <http://afterachildssuicide.blogspot.com> and provides public speaking and volunteer service with suicide prevention/suicide loss organizations. She lives in Altadena where she takes inspiration from the San Gabriel

Mountains and is working on a series about the Eaton Fire.

William Scott Galasso is the author of 18 books of poetry including *Rough Cut: Thirty Years of Senryu*, *Saffron Skies*, and *The Years We Never Saw Coming*. In addition, Scott's co-edited two anthologies: *Cascade Cuneiform*, and *Eclipse Moon* with the late Deborah P. Kolodji, moderator of Southern California Haiku Study Group. He currently serves as an editor for the *California Quarterly* and is a member of *Marquis' Who's Who in America*. In addition, he's won numerous awards and his work has appeared in over 300 journals and magazines in the U.K. (including *Scotland and Wales*), Ireland, Croatia, Japan, New Zealand, Australia, Singapore, India, China, Canada and the U.S. He's organized two poetry festivals on the Eastside, served as emcee/reader at the 2005 Ballard Arts festival and participated on Cable TV's channel 29 poetry series.

is located at 10110 Commerce Ave in Tujunga. Bolton Hall is a Los Angeles Historical Landmark built in 1913.

Free parking is available on the street and also at the Elks Lodge, 10137 Commerce Ave. Park behind the building and walk a short distance to Bolton Hall Museum across the street and down the block.

CVW traveled with Patrick Atwater and his wife when they went to Iberia for a friend's (actually a fellow CVHS graduate's) wedding in Portugal then up in Bilbao.

CV Weekly loves to travel! Take us along on your next trip and send us a photo. You may find yourselves on the pages of the community's favorite newspaper.



Susan Auerbach



William Scott Galasso

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## USC VERDUGO HILLS HOSPITAL COMMUNITY RESOURCE CENTER FOR AGING

» ADRIA NAVARRO, PHD, LCSW

# Grief and Loss: Beyond Blue

*Understanding Grief and Building a Path Toward Healing*

Grief is a universal human experience yet the journey through it is profoundly personal. When we lose someone dear, the world can feel transformed – strange, unsteady and irrevocably changed. Whether the loss is sudden or expected, the aftermath often brings a complex tapestry of emotions: sorrow, anger, guilt, confusion and even moments of relief, followed by guilt for feeling them. Navigating grief's currents is not straightforward but support, understanding and time can help us begin to heal.

*Your Journey*

Grief generally does not disappear; rather, it changes shape with time. The acute pain of loss may soften, giving way to gentle remembrance. New joys can arise and life's meaning can evolve – even

as the loss remains a part of your personal story. If you are grieving, be gentle with yourself. If you know someone in mourning, reach out with compassion. Loss is a part of life's fabric; it is together that we weave threads of hope and healing. No matter where you are in your grief journey, know that you are not alone.

*Grief Support*

After losing someone, a network of support is vital. Grief support can take many forms: family and friends, professional counselors or therapists, support groups, religious or spiritual leaders and online communities. Each can offer comfort and companionship in different ways. Support, solace and healing are possible – one gentle step at a time.

For the past four years USC-VHH Community Resource Center for Aging biannually offers *Grief & Loss: Beyond Blue*, a six-week in-person

support group held at the hospital. *The next cohort will start Sept. 11 from 1-2:30 p.m. For details and RSVP call (818) 949-4033.*

Many find writing a cathartic expression. Sharing difficult feelings can inspire and allow us to feel more deeply connected. My appreciation to past group participant Rima Evans-Curry for providing a sneak peek into her book of poems©, available soon.

Adria Navarro, PhD  
Program Manager  
USC Verdugo Hills Hospital  
Community Resource Center  
for Aging



## CV WEEKLY ON THE MOVE



CVW traveled with Patrick Atwater and his wife when they went to Iberia for a friend's (actually a fellow CVHS graduate's) wedding in Portugal then up in Bilbao.

CV Weekly loves to travel! Take us along on your next trip and send us a photo. You may find yourselves on the pages of the community's favorite newspaper.



## Saturday Night Bingo

Presented Saturday, 23 August 2025 by  
American Legion Post 288 & VFW Post 1614



**13th Annual Community BINGO Night**  
Proceeds Benefit Veterans in the Community

All Bingo games pay \$100 or more  
Food and check-in at 4:30 pm  
First Game starts at 6:00 pm  
Verdugo Hills Memorial Hall  
4011 La Crescenta Ave., Ca 91214

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\*\*\*\*\*Bingo limited to 175 Players\*\*\*\*\*  
\$25.00 per person with 40 chances to win  
\*\*\*Tickets available from Legion and VFW members\*\*\*  
\*\*\*Tickets available from CV Weekly Office\*\*\*  
3800 La Crescenta Ave., #260 (Mon-Fri: 8am-4pm).

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Welcome

BACK TO SCHOOL

SPECIAL SECTION 2025 Part 1

# Seven Things Doctors Wish Families Knew This Back-to-School Season

As you prepare children to return to the classroom this fall, the American Medical Association (AMA) has seven tips to help your family have a healthy school year.

“As you purchase school supplies and prepare the students in your family for academic success, you can take concrete steps that prioritize physical and mental health, too,” said AMA President Bobby Mukkamala, M.D. “A healthy start can set the tone for a strong, successful year ahead.”

**1. Ultra-processed foods are associated with health risks.** Many busy families rely on ultra-processed foods due to their convenience. However, consuming these foods regularly increases the risk of health complications, including cardiovascular disease, certain cancers, obesity and type 2 diabetes. Read nutrition labels carefully with attention to sodium, saturated fat and added sugar, shop the perimeter of the grocery store where fresh, whole foods tend to be located and prepare meals that prioritize whole foods, including fruits and vegetables, for growing children and adults.

**2. Eating disorders are misunderstood.** This silent epidemic affects people of all ages and backgrounds, striking at the core of their physical and mental well-being. Despite its widespread impact, the gravity of eating disorders often remains private leaving many to battle the condition silently. If you believe your child or teenager has an eating disorder their physician can direct you to helpful resources.

**3. Ensure your vaccinations are up to date.** Vaccinations help protect you and your family against severe disease and disability and save millions of lives each

year. Check with your physician during the back-to-school season to ensure everyone in the family is up-to-date on vaccinations. When respiratory virus season starts later in the fall, get up-to-date on the influenza vaccine to help reduce time away from school or work.

**4. Norovirus is very contagious, but preventable.** It seems everyone has experienced the sudden turn of the stomach, causing a mad rush to the bathroom due to vomiting, diarrhea or both. And, unfortunately, remaining near the bathroom may be the only plan for the next day or two. The most likely culprit is norovirus, and it can happen to anyone. When buying school supplies, stock up on cleaning supplies as well so you can keep frequently touched surfaces sanitized. Model good hand-washing habits for your children. Keep children with norovirus symptoms home from school for at least two days (48 hours) after symptoms stop to help prevent the spread of the virus.

**5. Too much screen time is bad for health.** People are on their devices more than ever before. But too much screen time can have negative mental and physical health effects and increase feelings of loneliness. The start of a new school year is a good time to replace screen time with other activities, such as after school clubs and sports, playdates, quality family time and sleep.

**6. Eye health is essential. Don't take eye health for granted.** Fall is a good time for an ophthalmologist checkup. If your tween or teen wears contacts, be sure that they wash their lenses and lens case and take their lenses off at night. Frequent computer breaks, wearing sunglasses and a healthy diet can also promote good eye health.



There are things that families can do to ensure healthy living during the school year. Photo: Paperkites/iStock via Getty Images Plus

**7. Sleep is important for overall health.** From school stress to illnesses, many factors can interfere with a good night's sleep. Instituting a consistent sleep routine for the entire family is a good start. For teens, eight-10 hours of sleep is recommended, and children aged 6-12 should be getting nine-12 hours of sleep. Consider consulting a physician for persistent sleep issues to determine whether they're caused by a sleep disorder and to get help.

Courtesy of StatePoint Media

the Y

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ONLY



# Welcome BACK TO SCHOOL SPECIAL SECTION 2025 Part 1



## NEW SCHOOL YEAR BRINGS MORE FUN AT LEARNING TREE PRESCHOOL

Located at the Verdugo Hills Family YMCA, the Learning Tree Preschool offers young students indoor and outdoor fun starting with an accessible playground, weekly swim lessons, gardening, fitness fun and education. For over 30 years,

families in the Foothills have enjoyed their experience with the dedicated staff in a welcoming environment.

The Preschool is a fully licensed facility that offers a warm, safe and nurturing space, providing a wide variety of age-appropriate activities aimed at promoting social, intellectual, physical and emotional development. The goal is to help students build independence and self-esteem by learning the importance of respecting others, developing positive relationships with peers and adults, and discovering the benefits of healthy choices. After graduation, students are prepared for kindergarten and beyond.

Families seeking more than just preschool can join the YMCA of the Foothills. Membership offers discounted rates at the school, access to Y programs like youth basketball, swim lessons, gymnastics and more, along with free monthly family events.

Learning Tree Preschool is now enrolling students as young as 18 months with financial aid assistance available to qualified families.

**The new 2025-2026 school year begins Monday, September 1st. Schedule a tour today and learn more at [ymcafoothills.org/preschool](http://ymcafoothills.org/preschool).**



## TRUSTED CHILDCARE IN LA CRESCENTA SINCE 1969!

Center for Children, a ministry of La Crescenta Presbyterian Church, has been serving local families with love and dedication since 1969. The center offers a nurturing infant program, a play-based preschool program, and a trusted school-age program. Center for Children has earned a strong reputation throughout the La Crescenta and surrounding communities. Open

year-round, except on major holidays and occasionally for teacher professional development days, it offers before- and after-school programs with van service for school-aged kids from the seven local elementary schools. Certified teachers provide a safe, nurturing environment where children thrive, learn, and grow in a faith-centered setting.

*Arpy Jahjah-Director*



**Welcome Seniors,  
this is your year and  
graduation is within  
your reach.**



## BACK TO SCHOOL, BACK TO MUSIC!

As La Cañada families settle into the school year, it's the perfect time to bring something creative and enriching into your child's weekly routine: music lessons! At Rhodes School of Music, we believe learning an instrument builds focus, confidence and joy – skills that support success in and out of the classroom.

To make starting easier than ever, we're offering a Back-to-School Promotion through Aug. 31. You'll save \$117.00!

- No registration fee
- Your first lesson **FREE**
- A **FREE** back-to-school supplies kit

Whether your child is a complete beginner or picking up where they left off, our friendly, experienced teachers tailor lessons to each student's interests and goals. We offer private, one-on-one instruction in piano, voice, guitar, violin, drums and more – right here in La Cañada.

But don't wait – our most popular after-school lesson times fill fast. If you're considering lessons this fall,

now is the time to call and reserve your spot.

We're located at 846 Foothill Blvd., next to Sprouts, and we'd love to help your child start their musical journey this school year.

**For more information or to enroll, visit [rhodesschoolofmusic.com](http://rhodesschoolofmusic.com) or call us at 818-864-6773. Let's make this fall a musical one!**

*David Rhodes, Owner of Rhodes School of Music*



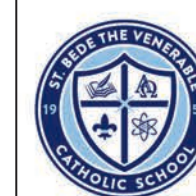
## FIVE FUN FACTS ABOUT SCHOOL SUPPLIES

1. The first eraser used was bread. The common day rubber eraser was first developed in 1770.
2. Lipstick was the inspiration for the modern glue stick. Pucker up, buttercup.
3. The average pencil can draw a line for 35 miles before it runs out of lead. Let's draw a line to Malibu.
4. Teachers were against using erasers when they were first invented because they believed that erasers were incentives for mistakes.
5. Crayola makes 3 billion crayons annually. This is enough to circle the Earth about 6 times.

from [JelsFlyover.com](http://JelsFlyover.com)



**Look for  
next week's  
continued  
Back-To-School  
Special Section**



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CATHOLIC SCHOOL**  
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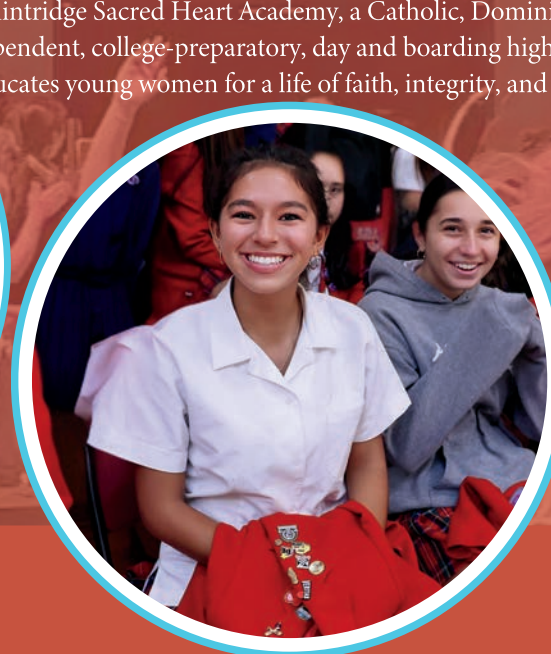
## WELCOME BACK TO LOGS!

Flintridge Sacred Heart Academy, a Catholic, Dominican, independent, college-preparatory, day and boarding high school, educates young women for a life of faith, integrity, and truth.



## OPEN HOUSE

**OCTOBER 19  
11 AM - 2PM**



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**SEPTEMBER 2  
SEPTEMBER 24  
OCTOBER 8  
OCTOBER 28  
NOVEMBER 12**

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## WELCOME BACK, TOLOGS! LEADING WITH FAITH, INTEGRITY, AND TRUTH

There's nothing quite like the energy at Flintridge Sacred Heart Academy (FSHA) at the start of a new school year. The Hill buzzes with anticipation — classmates reconnect, faculty set the tone and new students step into a community that will challenge, support and celebrate them.

"We're proud to welcome our TOLOGS back to a place where young women lead with purpose, are courageous thinkers and embrace their power to make their mark," said Principal Rebecca Bostic. "At Flintridge Sacred Heart Academy, our all-girls environment isn't just empowering — it's transformational! Rooted in Veritas, we're building a generation of confident young women ready to change the world."

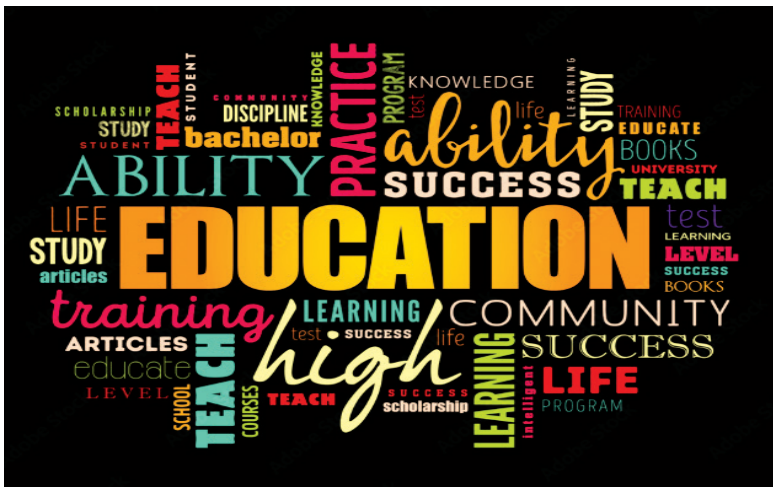
Guided by their Dominican Catholic mission, Flintridge Sacred Heart Academy encourages students to think critically, act compassionately and deepen their faith. FSHA's challenging academic program, vibrant residential and day community, and commitment to spiritual formation prepare students not just for college, but for a lifetime of leadership and purpose.

"At Flintridge Sacred Heart, our mission is unwavering — to form young women of faith, integrity and truth," said President Marlena Conroy. "We are deeply committed to helping each student become her most curious, courageous and authentic self — grounded in Dominican values and inspired by a lifelong love of learning."

Whether they're diving into research in their state-of-the-art STEM labs, exploring justice in humanities seminars or discovering their creative voice in the arts, students are encouraged to take intellectual risks, ask meaningful questions and grow into the most authentic version of themselves.

This year, Flintridge Sacred Heart Academy is excited to welcome the Class of 2029 and transfer students and open its doors to prospective families eager to learn more about the Flintridge Sacred Heart Academy experience.

**Come see how tradition and transformation meet — on the Hill!**  
**Visit us, learn more at [fsha.org/visit](https://fsha.org/visit)**



# Succeed this school year!



Connect with Los Angeles County for  
student resources at every grade level.



1

**Parks:**  
After school recreation, sports, teen programs,  
and extracurricular classes  
[parks.lacounty.gov](https://parks.lacounty.gov)

2

**Library:**  
Homework help, tutoring, books, music,  
movies, and story time  
[lacountylibrary.org](https://lacountylibrary.org)

3

**Arts:**  
Performances, museums, college internships,  
and the Arts Education Collective  
[lacountyarts.org](https://lacountyarts.org)

4

**Mental Health:**  
Counseling and educational resources  
[dmh.lacounty.gov](https://dmh.lacounty.gov)

5

**Fire Department:**  
Flash cards and coloring books  
[fire.lacounty.gov](https://fire.lacounty.gov)

6

**Public Social Services:**  
Toy Loan Program  
[dpss.lacounty.gov](https://dpss.lacounty.gov)

7

**Youth @ Work:**  
Jobs for youth ages 14 to 24  
[ajcc.lacounty.gov](https://ajcc.lacounty.gov)



**Kathryn**  
**BARGER**

Chair • Los Angeles County Board of Supervisors • 5th District





KIWANIS from page 10



Photo courtesy of Trish McRae  
LEFT: Pictured from left are Kiwanis Cal-Nev-Ha (CNH) Children's Fund officers, board members and staff with the grant recipient –the Kiwanis Club of La Cañada, represented by its president. Front row: CNH Administrative Asst. Gwen Terry, Kiwanis Club of La Cañada President Alice Perez and CNH Immediate Past President Gary Jander. Second row: Angela Nowlin, CNH executive director Jennifer Chaves, Claudia Soria-Delgado, Mark Waronek, Valarie Brown-Klingelhofer, Jose Sierra and Dr. Van Vu. Back row: CNH District Governor Doug Frost, CNH President Bob Larsen, Brian Dahlquist, Pat Liddell, Patricia Larrigan, Mike Fields, Paul McKenna, CNH Secretary/Treasurer Pete Horton, CNH District Governor-elect Steven Geraci, and CNH Vice President Dave Schmitt.

Photo courtesy of Trish McRae  
RIGHT: The Kiwanis Club of La Cañada members gather to thank the Cal-Nev-Ha Children's Fund Disaster Assistance Program for their amazing matching grant which helped 27 teachers and staff of the La Cañada Unified School District who lost homes in the Eaton Fire.



But the Club's action didn't stop there. Inspired by the fire relief initiative led by Cal-Nev-Ha Division 03 Lt. Governor Trish McRae, the La Cañada Club also assembled welcome home kits to benefit the Union Station Homeless Services program, which is located near the Eaton Fire burn zone. "Recovery is not only about rebuilding homes," said Lt. Governor Trish McRae.

"These welcome home kits come with a big message: You are seen. You are supported. And you are not alone." The Club is also directing a portion of the proceeds from its recent Second Annual Golf Ball Drop fundraiser to assist La Cañada Unified School District students most impacted by the disaster – demonstrating the Kiwanis' commitment to serve beyond a single event or donation.

"The thank you notes we received from teachers and staff were humbling," said Alice Perez, president of the Kiwanis Club of La Cañada. "They are a powerful reminder that Kiwanis – and really all of us – still have opportunity to reach out to offer help and encouragement." For more information on the Kiwanis Club of La Cañada email info@lacanadakiwanis@gmail.com, or go to www.lacanadakiwanis.org. Provided by the Kiwanis Club of La Cañada

## People Making News

Christian Cabello of La Cañada Flintridge graduated from Bates College in Lewiston, Maine with a major in mathematics and a minor in Hispanic studies. In May Bates College celebrated 504 members of its Class of 2025. Located in Lewiston, Maine, and home to about 1,800 students, Bates is internationally recognized as a leading liberal arts college. Bates is internationally attracts 2,000 students from across the U.S. and around the world. Since 1855, Bates has been dedicated to educating the whole person through creative and rigorous scholarship in a collaborative residential community.

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FOR 3<sup>RD</sup> TO 6<sup>TH</sup> GRADERS

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cvrobots.com/camp

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# TRAVEL & LEISURE

## Scene in L.A. August 2025

By Steve ZALL and Sid FISH

Summer is in full force now, and that means it's time to go see one or more of these fabulous shows playing currently in our local theaters!

COVID protocols continue to be dictated by each individual venue so bring a face mask to wear during the show in case the venue requires it. It's a good idea to check with the theater before attending a show to find out what is their current policy.

The information presented in this column is the latest available at the time of printing; however, it should be verified with the theater before making definite plans.

Here are the shows that have announced opening dates for this month or are already running:



*"Committed? A Ritual for Robbie"* Why live? What's my purpose? How do you transform the worst thing that's ever happened to you? Ever since her brother died by suicide, Lisa Robins has been committed to creating something for Robbie ... about Robbie ... about surviving Robbie. It took 30 years. *"Committed? A Ritual for Robbie"* is a neurotic, erotic, psychotic tale of transformation. Sometimes the best way to honor the dead is to get hilariously, messily, beautifully alive. Chock-full of contemplations, ruminations and revelations, *"Committed?"* is a funny, raw, healing and heart-opening experience.

Written by Lisa Robins and directed by Mitch Levine, it runs through Aug. 17 at the Beverly Hills Playhouse in Beverly Hills. For tickets, visit [www.committed.ludus.com](http://www.committed.ludus.com).



*"Honky Tonk Angels"* Revisit dozens of pop-country favorites like "Stand By Your Man," "Harper Valley, PTA," "Ode To Billy Joe," "Delta Dawn" and many more in this feel-good, boot stompin' musical that celebrates the enduring power of music and friendship. Armed with only their dreams and a bus ticket, three sassy gals leave their thankless lives behind and head to Nashville to become country music singers. Will they find their country music dreams in Nashville? Gather the entire family and find out in this raise-the-roof, electrifying musical!

Written by Ted Swindley and directed by David Ellenstein, it runs through Aug. 17 at the Laguna Playhouse in Laguna Beach. For tickets, call (949) 497-2787 or visit [www.lagunaplayhouse.com](http://www.lagunaplayhouse.com).

*"Achilles in Arcadia"* Set in a Chinese restaurant, *"Achilles in Arcadia"* follows George, a student filmmaker of mixed Chinese and Anglo parentage who has taken over the restaurant to rehearse a scene for a short film he is making for his class project at Pasadena City College. His actors include his younger sister Rose, his ingenue; his Chinese American girlfriend Lilly; and his Anglo best friend Pat. George and Pat were combat buddies in the Afghanistan conflict and both have the war wounds to show for it. George's and Rose's mother has died. Their Aunt Amy, a Chinese immigrant, is the executor of her sister's estate and has moved into the family home, a point of contention with George who sees the house as the seat of generational wealth. When his long-lost father, who abandoned the family

a decade earlier, turns up in Arcadia, it throws a wrench into George's plans. George's student film is actually a blueprint for revenge. A pivotal property of the film is a prop gun. It passes so frequently from hand to hand among the players that it would make Sigmund Freud squeal with sexual delight. Prop guns don't always make for good outcomes. (Just ask Alec Baldwin.) Pat compares George to Achilles, the hero of Greek myth. But the narrative abounds with literary allusions from other periods. Will George complete his film? What hidden sins does the family conceal? Who will ultimately control the family homestead? Will George get his revenge?

Written by Chris Collins and directed by Kiff Scholl, it runs Aug. 9 through Sept. 21 at the Skylight Theatre in Hollywood. For tickets, call (213) 761-7061 or visit [www.achillesinarcadia.com](http://www.achillesinarcadia.com).

BLACK BOUGH PRODUCTIONS

Hell hath no fury like a son scorned.

Achilles in  
ARCADIA

By Chris Collins  
Directed by Kiff Scholl

see SCENE LA on page 20

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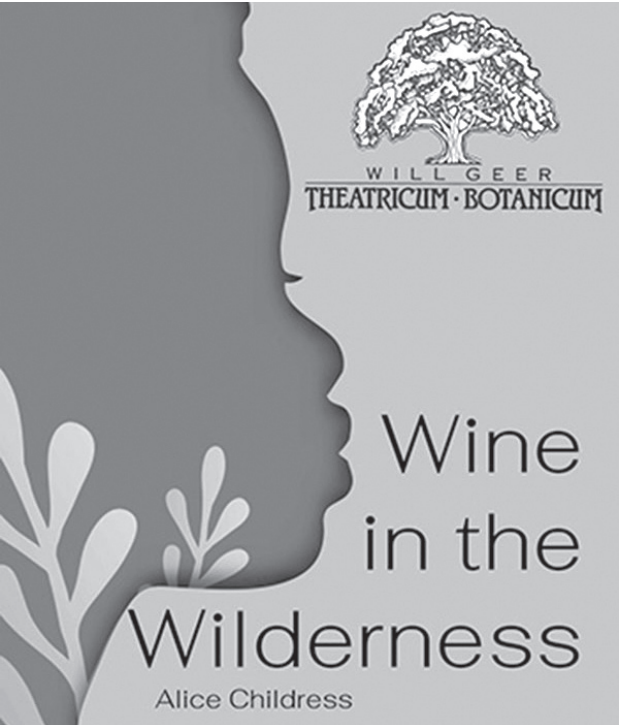
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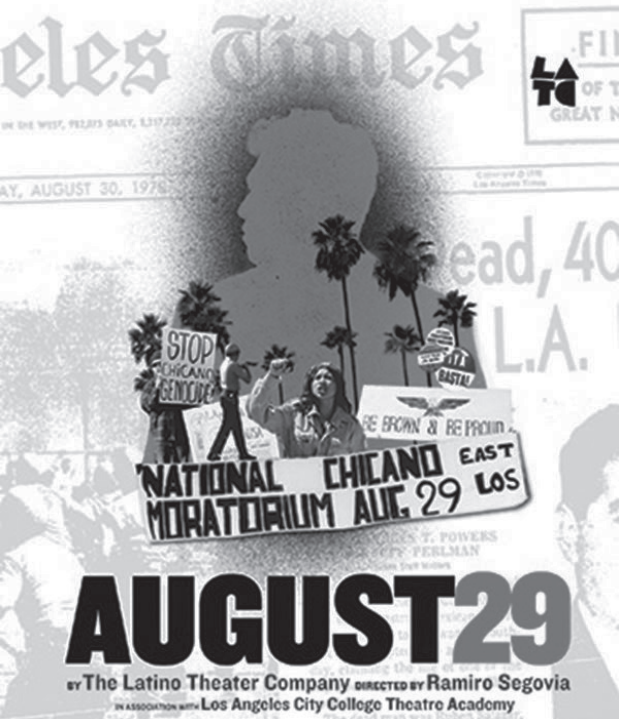
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SCENE IN LA from page 19



*“Wine in the Wilderness”* In 1964, as race riots blaze on the streets outside his Harlem home, painter Bill Jameson works feverishly to complete a triptych depicting his vision of Black womanhood. As he struggles to find his final inspiration, his friends discover the perfect model in Tommy, a woman they meet at a bar after she’s been burned out of her home in the riots. But Jameson’s artistic vision is challenged by the arrival of this unexpected muse who refuses to be bound by his shallow assumptions of all that Black womanhood can be.

Written by Alice Childress and directed by Gerald C. Rivers, it runs Aug. 9 through Oct. 12 at the Will Geer Theatricum Botanicum in Topanga. For tickets, call (310) 455-3723 or visit [www.theatricum.com](http://www.theatricum.com).



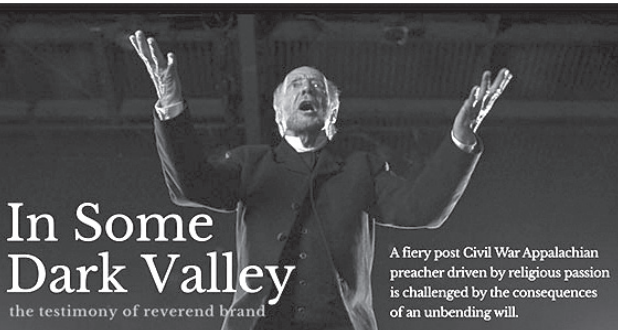
*“August 29”* is named for the date in 1970 when Los Angeles Times columnist Ruben Salazar was killed while covering a large Chicano-led anti-war demonstration in East LA. A university professor relives those late 1960s/early 1970s movement days while writing a book on the life of Salazar, who comes to life to help her recall the past and to challenge her to renew her activism. A showing of the short film Requiem 29, presenting footage of the Chicano Moratorium Against the War in Vietnam including the brutal police response, and later funeral and inquest into the death of Salazar, will screen prior to each performance.

Written by members of the Latino Theater Company and directed by Ramiro Segovia, it runs Aug. 15 through Aug. 24 at the Los Angeles Theatre Center in Los Angeles. For tickets, call (213) 489-0994 or visit [www.latinotheaterco.org](http://www.latinotheaterco.org).

*“Antigone”* Acclaimed playwright Neil LaBute brings a fresh edge to the classic tale of a fierce young woman determined to stand up to authority – even at the price of her own life. Working from the 1944 text by French playwright Jean Anouilh – written during the occupation – LaBute asks the same question here as Anouilh did under the Nazis: What price must an individual be willing to pay to defend their beliefs? Antigone faces down her uncle, the dictator Creon, insisting on proper funeral rites and burial for her slain brother – something Creon has forbidden on pain of death. In this deadly battle of wills Antigone, one of the great classical heroes of Greek tragedy, refuses to compromise even to the point of self-destruction. In a troubled time, where autocracy is on the rise and the free expression of ideas are under assault,

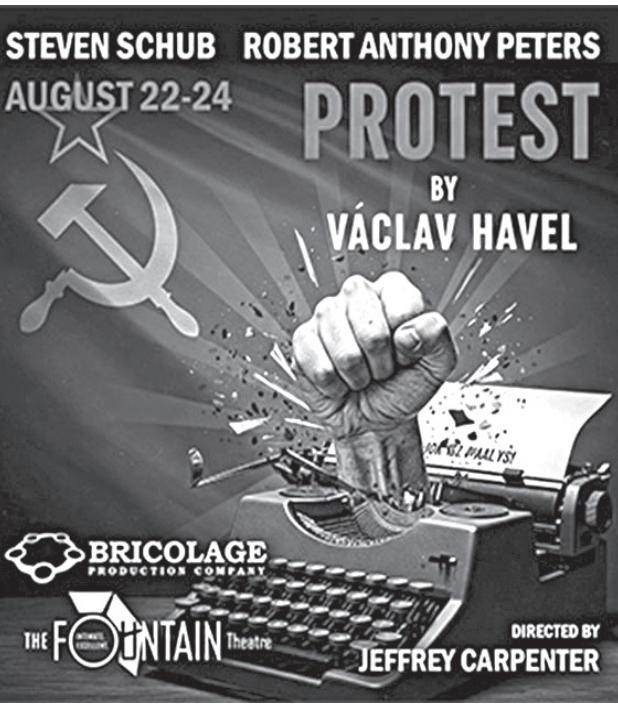
Antigone speaks for all those unwilling to give in and go along.

Written by Jean Anouilh, adapted by Neil LaBute and directed by Frédérique Michel, it runs Aug. 16 through Sept. 21 at the City Garage in Santa Monica. For tickets, call (310) 453-9939 or visit [www.citygarage.org](http://www.citygarage.org).



*“In Some Dark Valley”* Journey to the 1870s with a passionate circuit preacher who shares his story through traditional songs and characterizations, revealing an unyielding vision of moral rectitude that leads to tragic personal destruction.

Written by Robert Bailey and directed by Billy Siegenfeld, it runs Aug. 16 through Sept. 7 at the Moving Arts Theatre in Atwater Village. For tickets, visit [www.movingarts.org/project/8622](http://www.movingarts.org/project/8622).



*“Protest”* Originally written in 1978, *“Protest”* is a searing confrontation set in Communist Czechoslovakia where fear and betrayal are the daily currency of life. Staněk (Schub), a privileged, regime-friendly writer, summons Vaněk (Peters), a blacklisted dissident, to plead for help – only to hesitate when his own safety is at stake. Their tense, and often wickedly funny, conversation becomes a battle for the soul, exposing the corrosive power of fear and the high cost of integrity. Performed with minimalist design and a laser focus on text and performance, this staging offers a rare theatrical experience: a live event that feels like a personal confrontation, challenging audiences to examine their own values and roles in civic life. Each performance will be followed by a conversation with the director and cast.

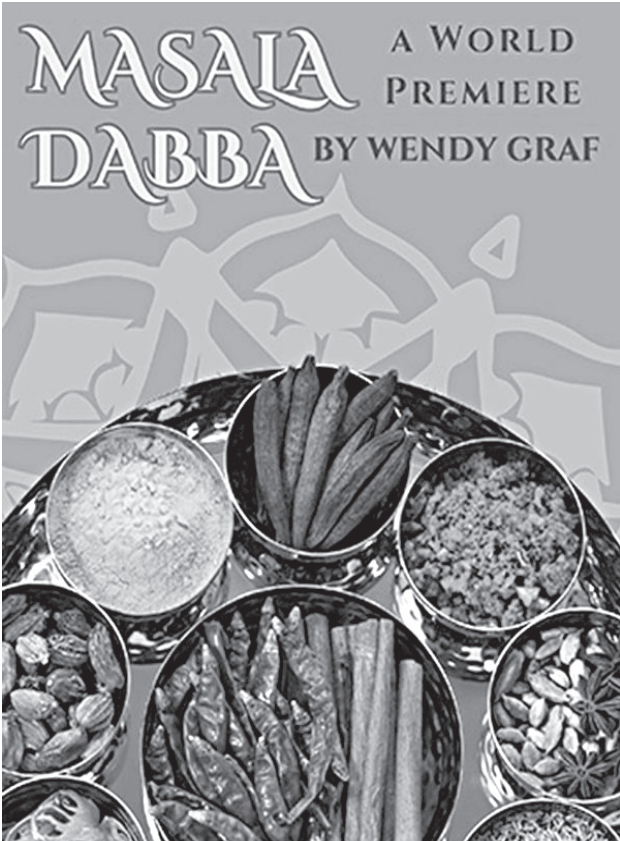
Written by Václav Havel and directed by Jeffrey Carpenter, it runs Aug. 22 through Aug. 24 at the Fountain Theatre in Hollywood. For tickets, visit [www.bricolagephg.org](http://www.bricolagephg.org).



*“Suddenly Last Summer”* Violet, a socially prominent woman in the Garden District of New Orleans, arranges for Catharine, her emotionally unstable niece, to be interviewed by a physician. Violet wants Catharine lobotomized in an attempt to suppress Catherine’s knowledge of the homosexual tendencies of Violet’s late son Sebastian, along with the details of his horrible shocking death while on vacation with Catharine in Spain. Catharine’s mother and brother also want her revelations to be suppressed as their shares in the family fortune are put at risk. What will happen to Catharine? Will she fall prey to her family’s schemes? What exactly happened to Sebastian and Catharine in Spain?

Written by Tennessee Williams and directed by Avalon

Stone, it runs Aug. 22 through Aug. 31 at the Whitmore Lindley Theatre Center in North Hollywood. For tickets, visit <https://www.eventbrite.com/e/suddenly-last-summer-by-tennessee-williams-tickets-1449045627479>.

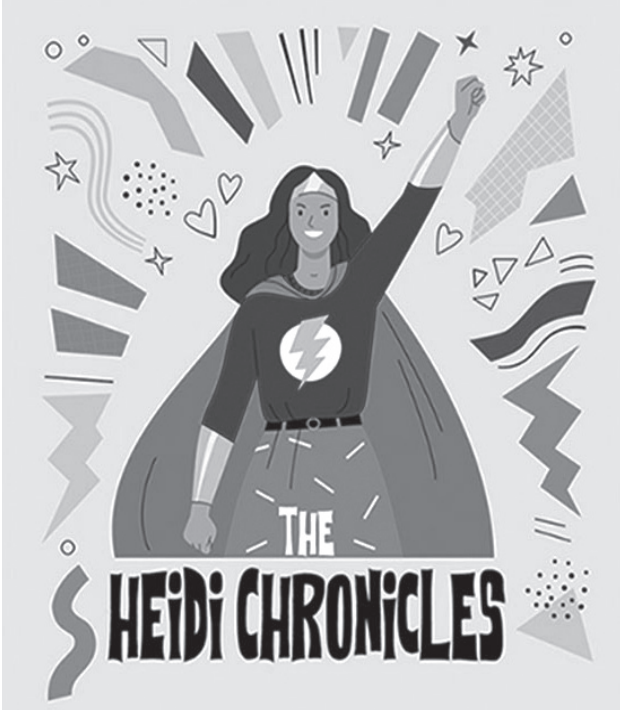


*“Masala Dabba”* How do we resolve deep resentments that often divide our families, the very people we should be able to count on for love and support? American-born Nisha Byrd (Ansuya Nathan) has long been estranged from her mother Aditi (Abbe Rowllins). The two haven’t spoken since Aditi returned to her native Gujarat after Nisha’s marriage to Charlie (Jon Gentry) and Aditi has never met Tina (Timylle Adams), her now 14-year-old granddaughter. When an unanticipated event brings Aditi back to the states and into the Byrd family’s orbit, long buried truths bubble to the surface. Food becomes a portal into the past as the three generations of women bond through stories inspired by the spices they use.

Written by Wendy Graf and directed by Marya Mazor, it runs Aug. 29 through Sept. 14 at the International City Theatre in Long Beach. For tickets, call (562) 436-4610 or visit [www.InternationalCityTheatre.org](http://www.InternationalCityTheatre.org).

*“Just Another Day”* In this captivating romantic comedy that celebrates the resilience of love with hilarity, pathos and meaning, a couple in their 70s meet daily on a park bench to exchange wits and barbs, wax nostalgic about old movies – and to try to remember how they know, and love, one another.

Written by Dan Lauria and directed by Eric Krebs, it runs Aug. 30 through Sept. 28 at the Odyssey Theatre in West Los Angeles. For tickets, call (310) 477-2055 or visit [www.OdysseyTheatre.com](http://www.OdysseyTheatre.com).



*“The Heidi Chronicles”* A perspective and funny play about an art historian and her friends who mature from the wild ’60s to the wilder ’80s, it explores women’s struggle for independence, respect and recognition in a post-1960s world. Heidi goes on a journey of becoming confident in her identity as a single woman. Due to strong language and adult situations, viewer discretion is advised.

Written by Wendy Wasserstein and directed by Brent Beerman, it runs through Aug. 31 at the Group Rep Theatre (Main Stage) in North Hollywood. For tickets, call (818) 763-5990 or visit [www.thegrouprep.com](http://www.thegrouprep.com).

# Armenian American Museum Heritage Gala Reservations Now Open

California’s most anticipated evening of the year, the Armenian American Museum and Cultural Center Heritage Gala, is set for Saturday, Nov. 22 at the InterContinental Los Angeles Downtown with reservations, sponsorships and program book ad opportunities now open.

Guests will enjoy an elegant evening featuring live on-stage entertainment, an inspiring program recognizing distinguished honorees and a celebration of a historic milestone as the

museum nears completion. With the structural framework now standing and the curation of the permanent exhibition officially underway, the gala will mark a transformative chapter for the cultural and educational landmark.

The permanent exhibition will celebrate the story of the Armenian people from ancient beginnings to the modern-day contributions, offering an immersive look at the resilience, influence and cultural identity of the Armenian American

community.

“We are excited to invite you to the Heritage Gala, a celebration that reflects the rich heritage and enduring legacy of the Armenian American community,” said Executive Chairman Berdj Karapetian. “As the museum’s framework stands tall and the curation of the permanent exhibition begins, we see more than a building taking shape. We see a symbol of our shared history, culture and the profound contributions Armenians have

made to the world, rising as a testament to resilience and unity.”

Following the formal program, guests will transition to a lively post-reception to close the night featuring a live DJ and a cigar bar.

The Armenian American Museum is a world class educational and cultural institution that is currently under construction in the museum campus at Glendale Central Park. The museum will offer a wide range of public programming through the permanent exhibition, temporary

exhibitions, auditorium, Learning Center, demonstration kitchen, Archives Center, and more.

Heritage Gala sponsorship, program book ads and ticket reservations are due by Oct. 27.

For more information on sponsorship opportunities and reservations, contact the director of Development and Major Gifts Mary Khayat at (818) 644-2073.

Learn more and RSVP for the Heritage Gala at [ArmenianAmericanMuseum.org/Gala](http://ArmenianAmericanMuseum.org/Gala).

# Rose’s Pawn Shop Performing for Brand Summer Music Series

The Brand Summer Music Series, an outdoor concert series located at the Brand Library & Art Center, began in July. Concert attendees often bring their own chairs and picnic amenities and sit on the grassy hill. *Please note that alcohol is prohibited.*

Performances begin at 7 p.m. and is appropriate for children and families. Admission is free. *Seats are not provided.* Performances run 60 - 90 minutes without intermission.

The Brand Summer Music Series began in 2014 and is supported by the Glendale Arts and Culture Commission, through funding from the Urban Art Program, with support from Glendale Library, Arts & Culture, Glendale Community Services and Parks, and the Brand Associates.

Aug. 8—Americana Folk Rock by Rose’s Pawn Shop

Rose’s Pawn Shop makes Americana-folk

rock music inflected with the pulsing, vibrant energy of the players’ hometown of Los Angeles, interwoven with strains of old-time Appalachian folk, country and bluegrass, and infused with poetic lyrics gleaned from hard lessons learned and years on the road. The band delivers folk rock strains of banjo, fiddle and four-part vocal harmonies with super-charged electric guitar, thumping stand-up bass and driving percussion. This arsenal of sound is all held together by frontman Paul Givant’s vocals and songwriting which make folk archetypes new, and bring personal experiences to life with lyrics that are alternately incisive, exuberant, whip-smart and heart-breaking.

The Brand Library & Art Center is located at 1601 W. Mountain St. in Glendale.

*Images provided by  
Brand Summer Music Series*

# ace/121 Hosts ‘A Collision in Color: Photography by Robert Fitzgerald’

Glendale Arts presents “A Collision in Color: Photography by Robert Fitzgerald,” a solo photography exhibition by Los Angeles-based artist Robert Fitzgerald. The show will be on view through Aug. 30 at ace/121 Gallery.

Using a blend of analog and digital techniques, Fitzgerald transforms fleeting, everyday sights into visually striking abstractions that draw the viewer into a heightened sensory experience. In “A Collision in Color,” the resulting works are photographs that come alive with movement, saturated in bold hues that capture the intensity, texture and beauty of the

urban and natural environments that surround us.

A long-standing fascination with surfaces, particularly walls, anchors much of his work.

“A photograph is a two-dimensional object but even in an image of a flat surface like a wall, there’s a third dimension represented by texture,” said Fitzgerald.

His passion for vivid color is deeply rooted in his admiration for Fauvism, the early 20th century movement known for its expressive use of hue and form.

“I would say I’m a fauvist – maybe even an absurd fauvist,” he said.

The collision of form, tone and energy that lies at the heart of the exhibition was inspired in part by the artist’s travels to Mexico where the combination of colors and architecture were “a revelation” for Fitzgerald. In Back Alley, taken in Guanajuato, Mexico, “the colors were latent in the stones and didn’t emerge until I pushed the color saturation. I’ve always been drawn to colors colliding in ways no one expects,” he shared.

“Color is not just seen; it is felt,” added Fitzgerald. “After decades of shaping emotion through sound in film and television, I began exploring photography as another way to express what can’t always

On View at ace/121 Gallery

## A Collision in Color

Photography by Robert Fitzgerald

**Exhibition Dates:**  
August 2 - 30, 2025

be said. ‘A Collision in Color’ is my first exhibition and I’m grateful and excited to share this chapter of my creative evolution in a space like ace/121 Gallery that champions artistic exploration in all its forms.”

ace/121 Gallery is operated by

Glendale Arts and is located at 121 N. Kenwood St. in Glendale. The Gallery is open Wednesday-Saturday from 11 a.m.-5 p.m. Additional details are available at [ace121gallery.com](http://ace121gallery.com).

## THEN & NOW

*Gould Bldg - Hillcrest Sanitarium, Inc.*

**Then:** In the 1920s Hillcrest Sanitarium was built on the hillside at the top of Lowell Avenue. The sanitarium served a variety of purposes over the years – TB hospital, mental facility serving Hollywood stars, an old-folks home, an alcoholic treatment facility and a hospital/prison for interned Japanese Americans during WWII. It operated until the early '70s.

## Markridge Estates

Courtesy of the Historical Society of CV

**Now:** For many years the site was abandoned until Markridge Estates was built there in the early '90s. On this spot on Brittany Lane, where million-dollar view homes are today, once sat one of the buildings of Hillcrest Sanitarium. In the background of the photo sits a water tank. Many remember that when it was first built a local prankster painted it to look like a giant Coors beer can.

# JUST FOR FUN

## CALENDARthis

### GLENDALE KIWANIS

The Kiwanis Club of Glendale meets on Fridays at noon. On Friday, Aug. 8, Ida Avazians will explain how folks can make their homes fire resistant. The cost to attend Friday meetings, which includes lunch and program, is \$25. All are welcome.

The Club meets Friday afternoons at the Elks Lodge, 120 E. Colorado St. in Glendale.

### LANDMARK THIS! WORKSHOP

Those interested in helping to ensure that residential, commercial and industrial buildings are preserved for future generations are invited to attend The Glendale Historical Society free Landmark This! workshop on the Glendale Register and Mills Act Property Tax Benefit on Saturday, Aug. 9 at 2 p.m. at the Brand Library and Art Center Auditorium.

They will discover the advantages of preserving historic homes or buildings, and learn how

to add them to the prestigious Glendale Register of Historic Resources. Benefits of the Register include eligibility for substantial property tax reductions under the Mills Act, which are more valuable now than ever due to recent changes in federal tax law.

Each year, a limited number of “contributors” to historic districts are also eligible to participate in the City’s Mills Act program.

The Brand Library and Art Center (Glendale Register No. 7) is located at 1601 W. Mountain St. at Brand Park.

Questions? Contact preservation@glendalehistorical.org. Attendance to the event is free with RSVP. RSVP at <https://tinyurl.com/4t7emxrd>.

### CCLCF EVENTS

The Community Center of La Cañada Flintridge hosts a variety of events for the community. Among them are:

- Summer special registrations

for the Thanksgiving 5K Run and Kids’ mile are available for \$20 for adults and \$10 for kids through Aug. 31.

- The new Foothills Community Choir summer kick-off concert will be on Saturday, Aug. 9 from 5 p.m. - 6 p.m. Admission is free.
- Painting Pots and Spreading Joy is geared for seniors over 50. It is held from 11 a.m. to noon on Friday, Aug. 22. Pots will be donated to the Montrose Care Center. Volunteers will decorate terra cotta pots (no art skills required!) and fill them with beautiful blooming flowers to brighten up the surroundings for seniors in care. All materials will be provided – just bring a willingness to help others and a big heart ready to make a difference. To sign up visit <https://tinyurl.com/59wbswvr>.

The Community Center of La Cañada Flintridge is located at 4469 Chevy Chase Drive in La Cañada Flintridge, (818) 790-4353.

### DANCING AS EXERCISE

Dancing As Exercise is a free ongoing weekly event sponsored by the Los Angeles County Park program for seniors (50 plus) as a form of staying healthy.

There is live music every Friday from 10 a.m. to noon in the Park’s building at 3901 Dunsmore Ave. in La Crescenta. Light refreshments and water are provided along with socialization and information about other park activities.

Dancing, per se, is not required; single persons are welcome.

### DINE-OUT BENEFITS LCFOG

On Wednesday, Aug. 20 from 11:30 a.m. to 8 p.m., the La Cañada Flintridge Orthopedic Guild is having a dine-out at New Moon in Montrose. Proceeds will be donated to the Lusk Orthopedic Institute

for Children.

Diners are asked to place their receipt in the box at the front counter of the restaurant so a portion of the bill will be donated to the LCFOG.

New Moon is located at 2138 Verdugo Blvd. in Montrose.

### VETERANS BINGO SPONSORSHIP

see CALENDAR THIS on next page

### OPPORTUNITIES

Veterans of American Legion Post 288 and Veterans of Foreign Wars Post 1614 are having a bingo game at the Verdugo Hills Memorial Hall, 4011 La Crescenta Ave., on Aug. 23. Game sponsorships from the amount of \$100 on up are being accepted.

see CALENDAR THIS on page 18

## WEEKLY HOROSCOPES

Provided by horoscope.com

August 4, 2025 - August 10, 2025

### ARIES March 21 - April 19

Everyone’s buzzing. Take good quality supplements that give you extra brain food. You’ll need it. The cosmos says this the best time to begin any fitness and diet routine. If you’ve fallen by the wayside, you’ll soon get back on track. You have a good chance of staying there, too. What are you waiting for?

### TAURUS April 20 - May 20

You might have to work harder to avoid temptations like comfort foods. You need a lot of emotional support. Those emotional currents run deep within you, hidden from the outside world by your well-armed defenses. Feel better by sharing your feelings rather than reaching for another piece of chocolate.

### GEMINI May 21 - June 20

Give yourself the gift of the royal treatment. Pamper your body. You’ve been under some pressure lately and may feel a little frayed around the edges. This is your chance to show how much you care for yourself and how willing you are to invest in your health. Play soothing music to create a harmonious ambience in your home. You’ll feel much better!

### CANCER June 21 - July 22

You’re more energized than you have been in a while, and this gives you the determination to exercise and keep fit. You might have a natural tendency to release deep-seated feelings that could have been eating away at you and affecting your health. The more you process and heal these, the better you’ll feel.

### LEO July 23 - August 22

Your love life might be making your head spin and your nerves jangle. The cosmos will bring those knotty issues to a head so that you can make a fresh new start. Too much excitement and anticipation could also unbalance your system. If you notice that you suffer from headaches or low energy, you know it’s time to detach and relax.

### VIRGO August 23 - Sept. 22

Believe that you have a fabulous body and you can be as well as you want to be. It isn’t just a dream. If you can think it, you can create it. It’s when you get into a negative mood, when stress mounts, or when the tensions of the day take their toll that you think

it’s impossible. That’s when you think excellent health is something reserved for a lucky few. It isn’t!

### LIBRA Sept. 23 - Oct. 22

Feed your nervous system and notice the big difference in the way you feel. It isn’t just your body that grows peaceful and calm, it’s also your inner being. You’ll feel an unshakeable sensation of being centered. You’ll feel fabulous all over when you give your body what it needs to feel good. Don’t rush food preparation. Give yourself the best.

### SCORPIO Oct. 23 - Nov. 21

You’re learning what a joy it is to have a fit and flexible body. You’ll feel better and happier if you put more effort into seeking new healthy recipes that you love to eat, find ways to exercise that are fun and give you the workout you need, and follow a less stressful and more relaxed lifestyle. Go for it.

### SAGITTARIUS Nov. 22 - Dec. 21

Get moving! Doing nothing isn’t an option. You need a way to tap your inner strength and enjoy the process of feeling energetic and fit. Swimming could be a great form of exercise for you since it allows you to relax in the water and works all the muscles in your body.

### CAPRICORN Dec. 22 - Jan. 19

You may be doing a lot more socializing now. The continuous strain of having so much fun could be wearing you out. It isn’t just that. Others may seem less enamored of the joys of life than you are. Give yourself some space for a day or two to clear your energy field. A bit of pampering will soon fix you up.

### AQUARIUS Jan. 20 - Feb. 18

Your nervous system is going to be emphasized. It’s more important than ever to avoid junk food and eat a diet that’s healthy and nutritious. The problem is that you may be so busy that you find it easier to grab a snack on the fly. Make sure that snack is a healthy one.

### PISCES Feb. 19 - March 20

You won’t have as many issues to contend with now, and this gives you a chance to feel more relaxed. If you need to be careful of anything, watch out for the fatty foods that taste great but don’t contribute anything to your health. Make more healthful choices.

## » ZACK HILL BY JOHN DEERING AND JOHN NEWCOMBE



8.7.25

### ACROSS

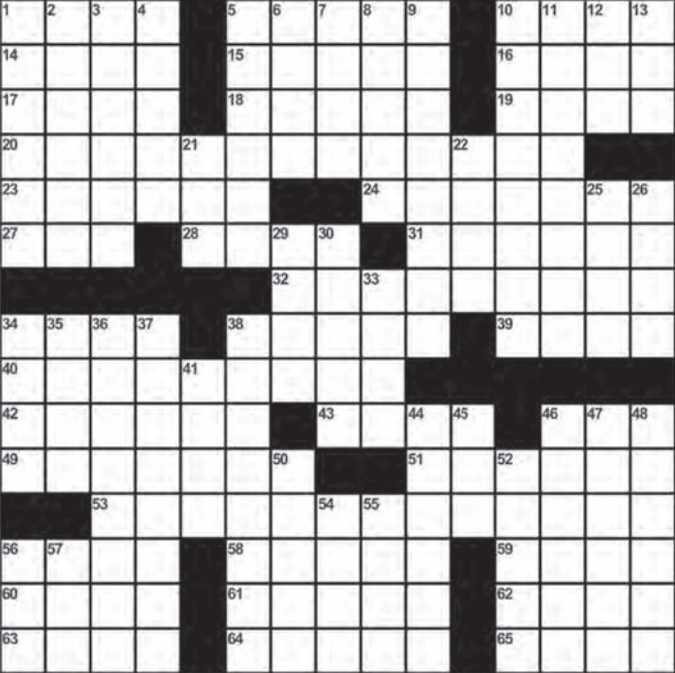
- 1) Force or effort
- 5) Happen again
- 10) Hit one's high point
- 14) "Young Frankenstein" assistant
- 15) Jagged, as a leaf's edge
- 16) Links org. for women
- 17) Bound to happen
- 18) Kind of hug or therapy
- 19) "You there!" at sea
- 20) Vegas resort
- 23) Paris-based world org.
- 24) NFL tackle, center or guard
- 27) \_\_\_ Gabriel, Calif.
- 28) Small tree branch
- 31) Cheese producer?
- 32) Frat event
- 34) Nos. on sunscreen bottles
- 38) Shopping complexes
- 39) Cold war news service
- 40) Rex Stout character
- 42) Noah's landing place
- 43) Highway hauler
- 46) 300 in old Rome
- 49) Brand of household cleaner
- 51) "C'est magnifique!"
- 53) Ben-Hur, notably
- 56) End in \_\_\_ (require overtime)
- 58) Perfume the church
- 59) Past 12 but not 20
- 60) Civil-rights leader Parks
- 61) Col. Hannibal Smith and squad
- 62) \_\_\_ Major ("Big Bear" constellation)
- 63) Geraint's loyal lady
- 64) Laughs heartily
- 65) Minute segment of a min.

### DOWN

- 1) Track-and-field event
- 2) Large lizard
- 3) Name for an Irish lass, sometimes
- 4) Hair unit
- 5) What mown lawns do
- 6) Blows it
- 7) Cage for chicks
- 8) Bar order (with "the")
- 9) Close copies
- 10) Table-saver
- 11) Items of short-lived use
- 12) "... long, long \_\_\_"
- 13) Mary \_\_\_ (cosmetics name)
- 21) Make a scene?
- 22) Take \_\_\_ (snooze)
- 25) They may be fine
- 26) Senate vetoes
- 29) Romance lang.
- 30) Plays a round
- 33) Great merriment
- 34) Become unhinged
- 35) "Frasier" actress Gilpin
- 36) First emperor of Austria
- 37) Poor loser
- 38) Model T, e.g.
- 41) "Fuzzy Wuzzy \_\_\_ bear ..."
- 44) Old web gateways
- 45) Super ending?
- 46) Spelunkers
- 47) John of "Fawlty Towers"
- 48) Carson's mind-reader
- 50) Be untruthful with
- 52) Like Disneyland at night
- 54) Super's apartment number, probably
- 55) Anagram for "rats"
- 56) "\_\_\_ we having fun yet?"
- 57) 20 short hundredweight

### WHEN IN ROME

By Kenneth Holt



see ANSWERS on page 23

PROBLEM SOLVED » BY CHRISTOPHER ELLIOTT

# This Program Didn’t Work For Me. Why Can’t I Get My \$8,871 Back?

*After Tara Helman signs up for the Pompa Program she doesn’t see any results. Now she’s trying to get her money back but the company only offers a partial refund. Why won’t it honor its money-back guarantee?*

Question: I recently signed up for the Pompa Program, which according to its website treats unexplained weight gain, brain fog and sleep problems with a combination of one-on-one coaching, supplements and webinars. It offered a money-back guarantee.

I followed the program for the five months required but did not see any results. I submitted a request for my money back.

The company took quite a bit of time to get back to me. They told me they would only give me a partial refund and did not give me reasons why despite my asking. I sent multiple emails that went unanswered. I even requested to

speak to someone in management and have been ignored. I will not accept a partial refund when they offer a money-back guarantee. Can you help me get my \$8,871 back? – Tara Hammond, Delray Beach, Florida

Answer: I’m sorry the program didn’t work for you. The Pompa Program should have addressed your concerns promptly.

It looks like you signed up for a course that includes six health coaching appointments, a dedicated support text and chat, five months of supplements, access to the Pompa community and weekly webinars, and access to something called a “Cellular Solution Portal.” The program has a minimum five-

month commitment.

The Pompa Program also offers a money-back guarantee if you do not experience any improvement in your health or do not make progress toward your success goals.

But the guarantee has some fine print. To qualify, you must complete the program within five months, attend all scheduled calls, complete all homework, comply with the diet and supplement recommendations and complete all questionnaires. Claims for the money-back guarantee must be submitted within 30 days of your graduation from the program. If approved, the refund will be processed within five business days, according to your contract.

Based on your correspondence, you completed the program and requested a full refund within the allotted time. But the company only offered a partial refund of \$2,460. It appears that your refund amount is based on factors such as your willingness to make adjustments with the health coach, your health coach meetings, your client care specialist meetings, your compliance with the diet and coach recommendation and supplement usage.

You could have escalated this problem to a manager. You can always do a little research to track down contact information on company executives. I found that email addresses at Pompa Program

are [firstname@pompaprogram.com](mailto:firstname@pompaprogram.com). I also have a helpful guide on finding executive contact information.

I contacted the Pompa Program on your behalf. It agreed to issue a full refund, as promised, as long as you sign a confidentiality agreement. You did – but only after telling us that your case had been resolved.

*Christopher Elliott is the founder of Elliott Advocacy (<https://elliottadvocacy.org>), a nonprofit organization that helps consumers solve their problems. Email him at [chris@elliott.org](mailto:chris@elliott.org) or get help by contacting him at <https://elliottadvocacy.org/help/>. © 2025 Christopher Elliott*

CALENDAR THIS from *previous page*

Please contact Lynn McGinnis at (818) 427-2470 or [McGinnix@aol.com](mailto:McGinnix@aol.com) for details and to arrange sponsorship.

### ‘MUSICAL KIDS, HAPPY PARENTS!’

Suzuki Music Parent Information Night will be hosted over Zoom by the Suzuki Music Program of Los Angeles (SMPLA) on Monday, Aug. 25 at 8 p.m. - 9:15 p.m. All adults are invited to attend. To register, go to [bit.ly/Suzuki-Music-Parent-Info-Night](https://bit.ly/Suzuki-Music-Parent-Info-Night). (It’s free to all adults, but you need to register in order to receive the Zoom link information.)

The Suzuki Music Education philosophy and method, child development issues, and the SMPLA program will be discussed in detail. If you have trouble registering, contact us at <https://www.suzukimusicofla.org/contact.html>.

For more information, visit [www.suzukimusicofla.org](http://www.suzukimusicofla.org).

### MODERN SQUARE DANCING

Come learn modern square dancing! A new 13-week beginner’s class is starting on Tuesday, Sept. 9 at 7:45 p.m. at Mt. Olive Lutheran Church, 3561 Foothill Blvd. in La Crescenta. The first two classes are free.

Meet new people while getting exercise for both your body and mind. Learn the Steps to Fun!

For more info email [illi313@yahoo.com](mailto:illi313@yahoo.com) or visit [www.setsinstep.org](http://www.setsinstep.org).

**SUMMER PROGRAM BREAK**  
The regular 2nd Saturday programs at Bolton Hall Museum are on a summer break during July and August. Regular programs will resume on Sept. 13.

In the meantime, Bolton Hall Museum remains open for summer visits every Saturday and Sunday afternoon from 1 p.m. to 4 p.m.

### MONTROSE LIBRARY EVENTS

•The Montrose Library hosts canasta on Tuesday afternoons from 1:30 p.m. to 4:30 p.m.

•The Back Alley Painters is a vibrant group of adult artists who gather to create, share their work, offer constructive feedback and enjoy each other’s company.

Participants are asked to bring their own art supplies – whether watercolor, acrylic, ink or pencil (no oil paints). Meetings are every Monday 11 a.m. – 1:30 p.m.

•Mahjong is a game of skill, strategy, calculation and a degree of chance. Players of all levels are

welcomed! Players meet every Thursday from 1 p.m. to 4 p.m. at Montrose Library.

The Montrose Library, 2465 Honolulu Ave. in Montrose (818) 548-2048.

### CELEBRATE NATIONAL STAMP COLLECTING MONTH

Community members are invited to join the Glendale/La Crescenta Stamp Club, a community of stamp enthusiasts that meets regularly to share their passion for this timeless hobby.

The Glendale/La Crescenta Stamp Club meets every third Tuesday at the LA County Library - La Crescenta located at the corner of La Crescenta Avenue and Foothill Boulevard, 2809 Foothill

Blvd., at 7 p.m. in the second floor community room.

For more information about the club and upcoming meetings, call (818) 903-4451.

### ACTIVITIES AT SUNLAND SENIOR CENTER

The Sunland Senior Center offers a selection of classes and activities daily. Whether seniors are looking to exercise or dance or are interested in art, theater, or knitting, the Center has something for everyone. Sunland also hosts

bingo on Tuesdays at 10 a.m. and a movie matinee on the big screen at 1 p.m. on Thursdays; on Mondays and Fridays there is country line dancing from noon-1:30 p.m. The Sunland Senior Center runs programming from 9 a.m. - 2 p.m. with a donations-based lunch served daily from 11:30 a.m. to 12:30 p.m.

Sunland Senior Center is located at 8640 Fenwick St. in Sunland. For further information, call (818) 353-9571. These special events are free.

## GOT GOOD FOOD?

CV Weekly can promote your restaurant or food service!  
For details, call Rachelle at the CVW office at (818) 248-2740

ANSWERS for page 22

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CRESCENTA VALLEY  
WEEKLY  
THE FOOTHILLS COMMUNITY NEWSPAPER

SEPTEMBER 2025  
WWW.CVWEEKLY.COM  
VOL. 1, NO. 01

CV WEEKLY SPECIAL ISSUE  
SENIOR WELLNESS  
PUBLISHING THE WEEK OF:  
September 11, 2025

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# RELIGION

## RELIGION SERVICE DIRECTORY



**Center for Spiritual Living  
La Crescenta**

4845 Dunsmore Ave, La Crescenta, CA 91214

**Sr. Minister, Rev. Mary Morgan**  
Meditation at 9:30-9:45 am  
Service at 10:00 am

Come share Faith, Love and Community.  
We offer a Sanctuary for the Soul and a  
Home for the Heart 

**CSLLaCrescenta@gmail.com**



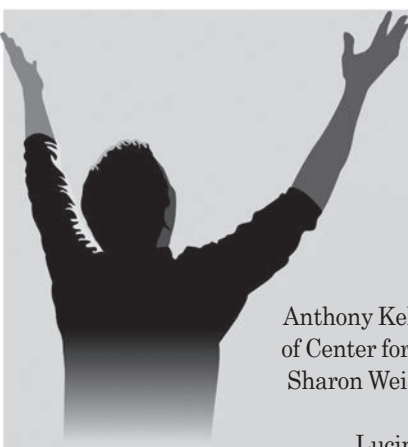
**Church of Scientology  
Mission of the Foothills**

2254 Honolulu Ave. Montrose  
Mondays-Thursdays 4:00-9:30 pm  
Saturdays 10 am to 6 pm



**OUR HELP IS YOURS**  
**scientology-montrose.org**

**818-957-1500**  
email: foothills@scientology.net



## SPIRITUALLY SPEAKING

SPIRITUALLY SPEAKING PARTICIPANTS

Rev. Jon Karn of Light on the Corner Church;  
Rev. Kimberlie Zakarian of Holy House Ministries;  
Anthony Kelson RScP, Laney Clevenger-White, RScP, and Rev. Dr. Beverly Craig  
of Center for Spiritual Living-La Crescenta; Rabbi Janet Bieber, Carolyn Young,  
Sharon Weisman; Rev. Mary Morgan, Center for Spiritual Living - La Crescenta  
Rev. Dabney Beck, International Church of the Foursquare Gospel;  
Lucinda Guarino, Rev. Karin Ellis, La Cañada United Methodist Church;  
Rev. Sherri James, UP Church; The Rev. C. L. "Skip" Lindeman,  
Upland Christian Church; Rev. Rob Holman, St. Luke's Anglican Church;  
Rev. Sharri Johnson, One Heart Retreat Center; Larry Maib Emeritus, Highlands Church La Crescenta;  
Rev. Valerie Reeves, Staff Minister, Redondo Beach Center for Spiritual Living

*Responses are offered from the perspective of individual Spiritually Speaking respondents, which may or may not be in agreement with other respondents of Spiritually Speaking nor the editor and staff of the Crescenta Valley Weekly.*

**Crescenta Valley  
United Methodist Church**



**WORSHIP  
Sunday 10am**

Childcare and  
Sunday School  
offered at 10am.

**PASTOR KEVIN KANG**  
2700 Montrose Ave  
Montrose, CA 91020  
**www.cvumc.org**



**HIGHLANDS CHURCH**

**WORSHIP SERVICE  
SUNDAYS @ 10AM**

4441 LA CRESCENTA AVE  
**818-249-5832**  
**WWW.HIGHLANDSLA.COM**



**Sunday Worship at 10:00 a.m.**

**LA CAÑADA CONGREGATIONAL CHURCH**  
CHURCH OF THE LIGHTED WINDOW  
AN OPEN AND AFFIRMING CONGREGATION

La Cañada Congregational Church is the  
oldest church in the Crescenta Valley. For over  
125 years, we have been shaped by the stories  
of our community and the story of God.  
We invite you to join us in writing the  
future of our community!

**1200 Foothill Blvd, La Cañada Flintridge**  
*(parking lots on Foothill or Verdugo)*  
**www.lacanadachurch.org**

**Light on the Corner Church**



Pastor Jon Karn  
1911 Waltonia Drive  
Montrose  
(818) 249-4806

**SUNDAY SERVICES 10:45 a.m.**  
**www.lightonthecorner.org**

**Lutheran Church  
in the Foothills**



**1700 Foothill Blvd.  
La Cañada Flintridge**

**WORSHIP WITH US!**  
In Person and on YouTube  
Sundays at 10 AM  
Services available on our website  
during the week.  
**PASTOR RICK HALL**  
**www.lcifoohills.org / 818-790-1951**



**Mt. Olive Lutheran Church**  
3561 Foothill Blvd, La Crescenta  
office@molc.org • (818) 248-4253

**Sunday Worship Service**  
*(with Sunday School for kids)* **9:30 AM**  
**Wednesday Bible Study**  
**6:30 PM**

Check out our Website!  
**www.molc.org**  
See us on Facebook!



**COME MEET US!**  
**St. Luke's  
of-the-Mountains  
Episcopal Church**

Sundays  
Gathering 9:30AM  
Worship 10:00AM  
Domingo Misa en Español a las 12:00PM  
Sunday School and Child Care  
All are Welcome  
2563 Foothill Blvd, La Crescenta  
**818-248-3639**  
<http://stlukeslacrescenta.org/>  
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St. Luke's of the Mountains Episcopal Church

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YOUR RELIGION  
SERVICE  
DIRECTORY**

**Call  
(818) 248-2740**

**Q**uestion: What are some ways I can integrate the outdoors and nature with my spiritual life. Any suggestions?  
*Love the outdoors*

Dear Love the outdoors,  
To deepen your spiritual development through nature, engage in activities like meditation or prayer outdoors, hiking and reflecting, or simply spending quiet time observing nature. Deepening your appreciation for the interconnectedness of all living beings and finding stillness in nature can foster a greater sense of peace and spiritual growth:  
Here's a few ideas:  
1. *Make Nature a Priority.* Schedule regular time: Just like any other important activity, make time to be in nature a non-negotiable part of your routine. Even short periods can be beneficial.  
Find what resonates with you: Explore different ways to connect with nature – whether it's hiking, gardening, simply sitting by a tree or observing wildlife.  
Consider your environment: Even if you live in a city, you can find pockets of nature like parks, gardens or even indoor plants to nurture your connection.  
2. *Engage Your Senses and Mind. Mindful observation:* Pay close attention to the details of nature – the colors, textures, sounds and smells. Notice the subtle changes happening around you.  
Meditation and prayer: Find a peaceful spot in nature and use it as a setting for your spiritual practice. The sounds and sights of nature can enhance your experience.

Reflection and journaling: Take time to reflect on your thoughts and feelings while immersed in nature. Journaling can help you process your experiences and insights.  
3. *Embrace the Lessons of Nature.* Find stillness: Nature often reveals its wisdom in stillness. Observe the calm lake, the quiet forest and learn to cultivate that inner stillness within yourself.  
Appreciate interconnectedness: Recognize that everything in nature is interconnected. This understanding can foster a sense of belonging and responsibility towards the environment.  
Accept change and impermanence: Nature is constantly changing. This can help you embrace the natural cycles of life and find acceptance in the face of change.  
4. *Cultivate Gratitude and Respect.* Express gratitude: Take time to appreciate the beauty and abundance of nature. A simple thank you to the trees, the earth or the sky can be a powerful practice.  
Protect and preserve: Develop a sense of responsibility towards the natural world. Learn about environmental issues and take steps to protect nature in your community.  
Find joy in simplicity: Nature often offers simple pleasures. Learn to find joy in the small things and appreciate the beauty of the everyday.  
By making nature a part of your spiritual practice, you can deepen your connection with yourself, the world around you, and the divine.  
*Rev. Guy Leemhuis, Vicar  
St. Luke's of the Mountains*

# CV WEEKLY IS ONLINE!

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## NOTES & NODS

**SUMMER POTLUCK, DODGERS ON LCIF ROSTER**  
Lutheran Church in the Foothills (LCIF) invites the community to attend its summer potluck that will be held on Sunday, Aug. 10 following worship with Pastor Rick Hall at 10 a.m. The potluck will be held in the church's fellowship hall. Attendees are encouraged to bring a favorite dish to share or simply enjoy the buffet and the sense of community that the event aims to foster. LCIF hosts numerous potlucks throughout the year providing a warm and informal opportunity for connection and conversation.  
And step up to the plate for a night of fellowship and baseball! LCIF is organizing a community outing to Dodger Stadium for Lutheran and Episcopal

Night on Thursday, Aug. 29. The Los Angeles Dodgers will be playing the Arizona Diamondbacks and the evening will be capped off with a drone show.  
For more information on the baseball outing or the potluck visit the church's website [lcifoohills.org](http://lcifoohills.org).  
For more information or to request/offer help, email [office@lcifoohills.org](mailto:office@lcifoohills.org) or call (818) 790-1951. The church is located at 1700 Foothill Blvd. in La Cañada Flintridge. Office hours are 9 a.m. to 1 p.m. Monday through Thursday.  
**CSL OFFERS GENTLE MOVEMENT CLASS AND CLASS ON SOUND BATH**  
The Center for Spiritual Living - La Crescenta is offering a gentle stretch

and relax chair movement with Mikki. It takes place every Friday from 10 to 11 a.m. The cost is a \$10 donation.  
The class is at Chaffee Hall in the Center for Spiritual Living - La Crescenta.  
Sound Bath and Bites with Annaliese is on Aug. 14 from 6 p.m. to 8 p.m.  
An oasis experience soaked in good vibrations, frequencies and food. The cost is \$50 each person or \$90 for two. RSVP by Aug. 13 to email: [12soundbites@gmail.com](mailto:12soundbites@gmail.com).  
The Center for Spiritual Living is located at 4845 Dunsmore Ave. in La Crescenta. For more information, call (818) 249-1045.

**MT. OLIVE OFFERS BIBLE STUDIES**  
Mt. Olive invites the Crescenta Valley community to its monthly breakfast Bible study at Panera Bread Restaurant, 990 Town Center Drive, Suite A in La Cañada on the third Saturday of each month at 8:30 a.m. They are currently in the Book of Second Corinthians. Also, a weekly Bible study is held at the church on Wednesday evenings at 6:30 p.m.  
Mt. Olive is located at 3561 Foothill Blvd. in La Crescenta.  
**WALK AND WORD**  
Walk and Word participants will meet in the parking lot of Deukmejian Wilderness Park, 3429 Markridge Road in La Crescenta/Glendale at 8 a.m. on

Aug. 10, 17 & 24. Participants will walk for the first hour and then gather to read a selection of Scripture. About a half hour will be spent journaling about what was read and then there will be conversation, sharing thoughts.  
Participants are asked to bring something to write with, anything wanted to eat or drink, and a chair to use for the writing part of the morning. Because people will be outdoors and social distancing will be practiced, masks will be optional.  
Those with questions can email Jeanne at [jnlavieri@earthlink.net](mailto:jnlavieri@earthlink.net).  
All are welcome. If the hike is too strenuous, there are level paths at the park. There are ramps from the parking lot to the field where the group gathers after the hike.

BUSINESS

NEWS FROM THE CV CHAMBER » “OUR BUSINESS IS YOUR BUSINESS”

Learning About AI



In July the Chamber had a special seminar led by Charly Shelton and how artificial intelligence (AI) can be a useful tool for business.

Being a person who gets most of her AI information from movies like “The Terminator,” I was especially interested to see how AI could be beneficial for me. Charly did a great job in presenting information in a format that was easy to understand.

Charly’s talk, hosted by Pete Smith who is on the Chamber board of directors, was held at Bob Smith Toyota and was well attended by community members and our chamber members. Thanks are extended to Charly for the information and

to Pete for having us at his place. insert photos

In July we had a celebration of those who received scholarships from the Chamber. An evening event was held in early July attended by Lucy Bell. Unable to attend the evening event, fellow scholarship recipients Alyssa Kim and Joanne Lee stopped by the office to receive their checks

and certificates. (Our fourth recipient - Inji Jeong – is out of the country now so we mailed her check to her.)

The Chamber is proud to help these recipients with the cost of furthering their education. It’s exciting for us to hear the plans of these young women.

For details on any Chamber event simply call the CV

Chamber office at (818) 248-4957 or email us at [info@crescentvalleychamber.org](mailto:info@crescentvalleychamber.org). You may also access our Chamber website at [www.crescentvalleychamber.org](http://www.crescentvalleychamber.org).

Remember our Chamber motto: “Our Business is Your Business.”

*Robin Goldsworthy, President*  
*CV Chamber of Commerce*

NEWS FROM THE MONTROSE-VERDUGO CITY CHAMBER » MOLLY BURKE

Summer’s Wrapping Up ... But Things Are Heating Up!

As we approach the final stretch of summer before school begins, the Montrose-Verdugo City Chamber of Commerce is gearing up for a busy and exciting season ahead. While many are enjoying the sunshine, we’ve been working behind the scenes to plan a lineup of events to bring our community together and celebrate all that makes Montrose so special.

We’re kicking things off with our next Chamber mixer on Wednesday, Sept. 10 at 6 p.m. It’s a great opportunity to connect with local business owners, community members and Chamber partners over light refreshments and casual conversation.

Then get ready for a night of fun at Bingo, Beer, and Brats on Saturday, Sept. 13 at the Glendale Elks Lodge #1289, 120 E. Colorado St. Doors open at 5 p.m., and the first bingo game begins at 6 p.m. This pre-Oktoberfest event is the perfect way to get into the spirit of the season with great prizes, food, drinks and neighbors.

All of this leads up to one of our biggest events of the year: the 46th Annual Montrose Oktoberfest returning to Honolulu Avenue on Saturday, Oct. 4 from noon to 10 p.m. Expect a full day of bratwurst, pretzels, beer, live music, carnival rides and games, and family-friendly fun. It’s a long-standing Montrose tradition and one we’re proud to present each year with the support of our local partners. We’ll be announcing even more ways to get involved soon, so stay tuned.

Whether you’re a long-time supporter or new to the area, this is a great time to connect, engage and support the businesses that help our community thrive.

From all of us at the Chamber, we wish you a happy and safe continuation

of summer and we look forward to seeing you at our upcoming events!

*Celebrating Our New MVCC Members!:*

- \* *New York Life Agent Jose Gerardo Gutierrez* – More than life insurance. Trusted guidance for life’s biggest moments. [jggutierrez@ft.newyorklife.com](mailto:jggutierrez@ft.newyorklife.com)
- \* *Darman Yoga & Wellness* – Where movement meets stillness, and every breath brings you closer to balance. [darmanyogaandwellness.com](http://darmanyogaandwellness.com)
- Celebrating Our Returning MVCC Members!:*
- \* *Peaceful Body Healing with Kazumi* – As a holistic healer, Reiki master and certified bodytalk practitioner, she helps clients find balance and wellness from the inside out, gently supporting even the most stubborn chronic conditions. From energy healing and essential oils to animal wellness and more, she empowers each client to take control of their healing journey. [peacefulbodyhealing.com](http://peacefulbodyhealing.com)
- \* *Captured Celebrations* – Whether you’re planning a wedding, quinceañera, corporate event or any celebration, their versatile photo booths bring the perfect blend of elegance and excitement to your event. [capturedcelebrations.com](http://capturedcelebrations.com)
- \* *Flintridge Physical Therapy* – Their mission is your physical recovery! [flintridgephysicaltherapy.com](http://flintridgephysicaltherapy.com)
- \* *Pizza Man* – Pizza Man serves consistently delicious pizza with the best dough, flavorful sauce and high-quality ingredients. [pizzamanpizzeria.com](http://pizzamanpizzeria.com)
- \* *Speech Perfect Therapy* – Their practice provides highly personalized diagnostic and therapeutic speech and language therapy services to children and adolescents, ages 0-18. Speech Perfect Therapy specializes in orofacial myofunctional disorders and

offers individualized evaluations and treatment. [speechperfecttherapy.com](http://speechperfecttherapy.com)

- \* *Spiritual Heart Yoga Center* – SHYC is your sacred space to practice yoga and connect to community. SHYC offers yoga classes for all levels, educational workshops and community events. [spiritualheartyyoga.com](http://spiritualheartyyoga.com)

*MVCC Upcoming Events:*

- \* *On Wednesday, Sept. 10:* Chamber mixer from 6 p.m.-8 p.m. More details to come!
- \* *On Saturday, Sept. 13:* Bingo, Brats and Beer at Glendale Elks Lodge #1289, 120 E. Colorado St. The doors open at 5 p.m. with the first game starting at 6 p.m.! Buy your tickets at [bit.ly/bingobratsbybeer](http://bit.ly/bingobratsbybeer).
- \* *On Saturday, Oct. 4* from noon to 10 p.m.: 46th Annual Montrose Oktoberfest in the 2200-2400 blocks of Honolulu Avenue in Montrose.

Remember to shop local!

*Molly Burke, Executive Director*  
*MVCC*

Soup, Soap, and Salvation!



Salvation Army Mobile Shower Program

The Salvation Army Glendale Corps Community Center is launching their Mobile Shower Program for unsheltered individuals in need. Stop by for a shower and a meal.



Mondays & Fridays (excluding Holidays)

8:00AM - 11:00AM



801 South Central Avenue

Glendale, CA 91204

Cross Street: Windsor Rd.



(818) 246-5586





# LEGALS & CLASSIFIEDS

## FOR RENT

**OFFICE SPACE FOR RENT**  
Montrose Ave., centrally located. Approx. 500 sq ft. Xlnt ground level private office. Very clean. 2 ppl max w/parking in rear. Rent: \$1,400 mo. Avail. now. Call (818) 535-6703; by appt only. No texting. No res. No retail use.

## FOR SALE

**RARE FOREST LAWN PLOTS AVAILABLE**  
Selling 4 cemetery plots at Forest Lawn Glendale in the beautiful Triumphant Faith Terraces. These gardens are secluded, pristine and close to Walt Disney himself! These are being sold privately and will only come around once in a lifetime. Call or text for more detailed information and photos of the area. (818) 381-2000.

## FOR SALE

**MCDONALD'S COLLECTIBLES**  
All vintage items: signage, toys, glassware, plates, plushies, etc. Call (818) 381-2000.

## DESIGNER SHOES FOR SALE

Christian Louboutin Ginza 140 Specchio sandal/heels. Cutout platform slingback sandal heels. Silver – in like-new condition. European Size 40; US Size 9. See them here: <https://losangeles.craigslist.org/sfv/clo/d/north-hollywood-christianlouboutin/7854438763.html> Pick up in Studio City. \$100 obo. (818) 849-0788.

## FOR SALE

**FOR SALE**  
Trundle bed, wood frame. Includes mattress. Picture available by text. Good shape. \$75. Call or text (818) 317-0418. Also available for free is a large outdoor umbrella with a stand. Pick up only.

## AIR CONDITIONER FOR SALE

LG Electronics 10,000 BTU Smart Window Air Conditioner. Cools up to 450 Sq. Ft., Smart phone & voice control Paid \$385, will sell for best offer. Contact [noeljazzcollins@verizon.net](mailto:noeljazzcollins@verizon.net)

## HOME/GARDEN

### HAULING

Anything to everything. Reasonable price. Will drop off at recycling, dump or donation center. Call Jim (818) 378-5572.

## HOME/GARDEN

### GENERAL CLEAN-UP AND HAULING

We do garage cleanups, appliance removal, trash removal. We haul away dirt, construction waste, yard waste. We sort and take it to a certified waste management facility to dispose of, recycle center or donation stores. Free estimates contact Mr. Duarte (818) 395-0103..

### WHEN NATURE CALLS GET SUMMER FRESH!

COMPLETE LAWN & GARDEN SERVICES  
• Mowing • Edging  
• Weed control  
• Hedge shaping  
• Stump removal  
• Roto-tilling  
• Hillside clearing  
• Free estimates Contact Mr. Duarte (818) 395-0103.

## WANTED/NEEDED

### WANTED

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The irony is that some of the largest proposed density increases are in the Environmental Justice Communities thereby increasing pollution etc. for the most vulnerable. The residents of Glendale need to be made very aware of what is happening in their neighborhoods and the city is not communicating enough with them. It is most critical that the communities of Glendale are fully informed as to what is happening in their neighborhoods.

Patrick Murphy  
La Crescenta

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