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Annual Armenian Genocide Commemorative Events

The City of Glendale announced its Annual Armenian Genocide Commemorative Event, taking place on Sunday, April 21 at 4 p.m. at the Alex Theatre. This year's theme, "1.5 Million+," pays tribute to the enduring strength of survivors while honoring the memory of the countless victims of the 1915 Genocide.

This year's program features carefully curated segments aimed at educating and engaging the audience. The event will kick off with a solemn acknowledgment of the ongoing atrocities in Artsakh, underscoring a commitment to raising awareness of humanitarian crises. Attendees can expect firsthand accounts of the persistent challenges and displacement confronting Armenians as produced by Nairi Bandari including footage from Zartong Media. The event will showcase traditional performances by the Character Dance Group and the Haikian Chamber Choir.

The City will welcome distinguished guests including Karnig Kerkonian, an esteemed international lawyer and founding member of the Committee on the Protection of the Fundamental Rights of the Artsakh People, and Astrid Kamalyan, author of the recently-published children's book, "Bábo," which delves into the rich rug tradition originating from her family's ancestral village in Artsakh.

The program will be emceed by Glendale local Ellina Abovian.

In the spirit of solidarity with victims of genocide around the world, the City of Glendale acknowledges and remembers those who have endured other tragic events. While the primary focus of this week is on the Armenian Genocide, the City stands in solidarity with others affected by genocide, reaffirming the City's commitment to never forget and to work towards a future free from such atrocities.

The City invites the community
see AGCE on page 23

St. Luke's of the Mountains Episcopal Church Celebrates 100 Years

By Mary O'KEEFE

The historic stone church prepares for centennial celebration.

Seventy-four years after California obtained statehood, an artist sat on the corner of Rosemont Avenue and Foothill Boulevard in the small area known as La Crescenta and began to paint his dream church. The church would be made from the stones and rocks in the area and, from the beginning, was created to be the center of the community.

That artist was Seymour Thomas and the dream church he was designing was St. Luke's of the Mountains Episcopal Church, which is now celebrating its 100th anniversary.

Since it was built, St. Luke's has been the place for community gatherings.

"St. Luke's is not only a spiritual community serving the needs of its parishioners but also the center of the greater [Crescenta Valley] com-

munity. We plan a wide range of activities and projects that help knit together the community, from social service organizations like the CV Lions Club and Prom Plus to professional organizations like the CV Chamber of Commerce. St. Luke's has never seen itself as primarily 'inwardly focused' but has striven to serve those of all faiths – or no faith at all," said Stephen Mack, director of Community Relations.

Seymour Thomas was born in Texas and studied portraiture in New York and Paris, where he won a number of medals including France's Legion of Honor in 1905. When World War I broke out, Thomas and his wife moved to America and settled in La Crescenta. Thomas painted hundreds of portraits, including three of President Woodrow Wilson – one of which hangs in the White House, according to the Smithsonian.

Thomas loved the community he and his wife called home. They lived on Rosemont Avenue in a home they

see ST. LUKE'S on page 5



File photo
St. Lukes.

Fentanyl and the Developing Adolescent Brain

By Mary O'KEEFE

As stated last week, Kristen Gilliland, Ph.D. and a Crescenta Valley High School Falcon alumna, returned to the school to speak to students in an assembly titled, "The Impact of Stress and Substance Use on the Developing Brain." In the April 4 edition of the CVW, we covered the emotional reason why Gilliland began her journey of speaking out about the issue of the developing brain. Her son had died of an overdose in 2019. She decided to use her knowledge in chemistry, neurochemistry and the chemistry of drugs and poisons to get information as to why the adolescent brain responds the way it does to certain stimuli.

"I [wanted to] create a program where I teach kids about their brain," she said. "I want to teach them the impact that stress has on the brain."

see FENTANYL on page 6



Source: GAO adaptation of U.S. Drug Enforcement Administration information. | GAO-21-499

In her talk to students, Crescenta Valley High School Falcon alumna Kristen Gilliland explained how tiny the amount of fentanyl is that can cause an overdose.

File Photo

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» FROM THE DESK OF THE PUBLISHER

Excuse Me While I Sneeze

I am not a person who gets hit with allergies. My heart goes out to those people whose eyes swell and their nose turns red as their bodies fight the rising pollen levels. I know that of late when I get into my car there is a fine yellow sheen on my windshield signaling the arrival of pollen season.

Last week I was hit by symptoms similar to allergies. A runny nose, sore throat, sneezing and overall body fatigue kept me from one of my favorite events: the Montrose Brew Fest. That event was held on Sunday and even though I had tickets to go, sadly there was no way I could drag myself out of bed to taste a variety of beers and try all types of food.

Apparently my absence was not missed as hundreds took part in the festivities on Sunday, enjoying warm temperatures, cold brew and delicious food (my mouth waters at the thought!).

But even as I write this I have to deal with an errant sneeze or cough. NyQuil (or a similar remedy) kept me sleeping through the night on Sunday and Monday but gave me a false sense of wellness. For example, on Monday I arrived at the office ready for work but by the end of the day I was exhausted. I stumbled home and into bed and, though I didn't sleep as well as when my friend NyQuil was with me, I was so much better on Tuesday. In fact, I was well enough that my granddaughter and I were

able to do some ceramic painting at Color Me Mine before having dinner at Pepe's. Afterward we took a long walk, heading down Verdugo Road and across Broadview before popping back onto Honolulu Avenue at Wickham Way (that girl can walk!). As twilight fell we arrived back at my car in the parking lot behind Pepe's then headed home. What a nice way to end the day.

So despite the occasional sneeze or cough, I'm hopeful that the worst is behind me – and I continue to steer clear of allergies.

Our son Andy (the chef) stopped at home for two weeks after completing a stint in Big Sky, Montana. The boy arrived on Sunday bearing gifts; namely burgers, a tomahawk steak and some filets. What's even better was that he cooked! On Sunday night my kitchen was filled with the smell of cooking filets – and I'm here to tell you that they were delicious. He made some type of seasoning salt with which to coat them and that salt brought out the flavor of the meat.

I know we're not as fancy as the resort where he worked in Big Sky, but we're just as grateful for his cooking. Welcome home, Andy!

Robin Goldsworthy is the publisher of the Crescenta Valley Weekly. She can be reached at robin@cvweekly.com or by calling (818) 248-2740.

» WEATHER WATCH

Taking A Look Outside Our Window

By Mary O'KEEFE

One of the legacies of learning my parents left me was empathy. I have always lived by, "There but for the grace of God go I." I was taught to put myself in other's shoes and treat others the way I would want to be treated. But I was taught empathy not only by my parents; I learned from teachers, ministers, friends and even total strangers. I saw what difference it could make to a person's life when someone cared. I saw friends reach out to others who felt isolated, I saw teachers focus on students who were afraid to speak up and give them courage and I watched as people in my church ministered to the hungry. Each time they reached out to others I learned the act of caring and of empathy.

One of the best memories I have is of my Uncle Dean, who was possibly the kindest man on the planet. His empathy for others went beyond humans and extended to animals. Uncle Dean was the "Dr. Doolittle" of our family. He, my aunt and cousins lived on a farm and they had a variety of animals. I loved going to their farm because Uncle Dean's eyes lit up the minute he saw his dogs, cats, pigs, quails and everything else. He spoke to them as if they understood what he was saying, and I think they really did understand him. I saw quails look up at him when he spoke and then move in the direction he told them to move. He showed true empathy not only toward the animals he cared for but for other beings, like lost dogs and cats.

Having empathy can be a double-edged sword, however; those commercials that show mistreated animals just about kill me. But they also taught me that we are all God's

creatures. We are all of the Earth, which brings me to the topic of this little (well, little is a relative term) killer whale calf trapped in a Vancouver Island lagoon.

Below is information according to The Canadian Press:

On March 23, the 2-year-old female calf was trapped and alone after her pregnant mother became trapped on a rocky beach at low tide and died. The calf is trapped near Little Espinosa Inlet about 279 miles northwest of Victoria, Canada.

"The British Columbia First Nation is at the center of a complex attempt to rescue [the] young killer whale that was stranded in a tidal lagoon," according to the Vancouver Sun.

The Fisheries Dept. last week shared drone images and stated the calf remained active in the lagoon and that crews were monitoring her with minimal disturbance. The department is planning a rescue to transfer the calf to open sea but did not say when that would begin.

The Ehattesaht First Nation located in Zeballos has been leading the rescue operation along with the Fisheries Department and other marine mammal experts.

Chief Simon John said he expects the Jet Ranger helicopter that the band has for forestry work will be used to look for the calf's family pod, according to the North Delta Reporter. John said equipment for the planned rescue has started to arrive in their remote community.

A heavy lift machine the First Nation also uses in forestry work will arrive in Zeballos this weekend and could be used in the rescue effort, reads the North Delta Reporter.

see WEATHER on page 8

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NEWS

Remembering the Power of One Little Girl

By Mikaela STONE

Twenty five years ago, a little girl wished to help those around her. Since then, her family members have devoted their lives to granting that wish.

Undergoing inpatient treatment for neuroblastoma, a type of cancer that forms in nerve cells, Desi Geestman's concerns were not for herself but for those around her. She saw how other children in the children's cancer ward struggled with the basic necessities often overlooked when one thinks of the battle against cancer – the money for gas, electricity and food, and the ability to have one's parents come and visit the hospital. Thankfully, the Glendale and La Crescenta communities rallied to provide her family with the money needed for treatment.

Touched, Desi started giving to the other children the gifts community members gave her. She told her mother that when she recovered she would find a way to help children on their journey to cancer recovery. Although Desi ultimately died at the age of 12, her spirit of altruism gave life to the Desi Geestman Foundation, started by her mother with the intention of making her daughter's dream come true of giving back to the community that had cared so deeply for her.

Mom Ileana Geestman left her job and dedicated the remaining funds the community had raised for her daughter to aid children with cancer, helped by Dr. James Miser, Desi's doctor and CEO of City of Hope, who had reignited the hospital's pediatric oncology program in 1995. Though the Desi Geestman Foundation is now shutting its doors after 25 years, Desi's wish did come true.

The Desi Geestman Foundation filled in the gaps for practical things, such as paying utility expenses, providing parent lodging near the hospital and, should the worst come, funeral expenses. While many cancer foundations focused on research, the day-to-day struggle of those with cancer risk falling through the cracks.

The Foundation also attended to kids who fell outside the jurisdiction of the Make A Wish Foundation, due

to either age or other restrictions. The Foundation brought happiness by hosting parties and decorating hospital wings. Unlike other cancer foundations, they upheld the belief that cancer is a family journey.

This is apparent in the Geestman family as Desi's brother was her bone marrow donor and her sister Vanessa Aristo is now acting as executive director of the nonprofit. The Foundation's offer of emotional support is likewise unique to the Foundation. The City of Hope would often call in Ileana Geestman to hold patients' hands while delivering heartbreaking news and she offered a listening ear to other parents who had lost their children. Of Ileana Geestman, Dr. Miser noted that "she won't take much credit but she deserves a lot." Geestman, on the other hand, credits her success to her daughter, God and the local community.

As they had when Desi first received her diagnosis, the community offered its support. Desi had been a skilled soccer player and Glendale's AYSO held the first Soccerfest, a series of friendly team matches, to raise money for her treatment. The Desi Geestman Foundation continued the tradition of fundraising. Other community members pitched in by holding golf tournaments and even a celebrity basketball tournament was held at Hoover High School where teachers played against celebrities such as Brian Thomas Smith of "The Big Bang Theory" and NCIS actor Damon Dayoub.

One of the uses of those funds was the Foundations' annual parties, the Pediatric Picnic and the Pajama Party. First suggested by pediatric Doctor Sato, the Foundation used the Pediatric Picnic as a chance to let the children they served enjoy being children. They held the picnics at Live Steamers, which allowed children to ride small versions of working steam trains. They always held the picnic on the first weekend in June, National Survivor's Day, to represent how everyone present was a survivor and to celebrate life. During winter, the Pajama Party gave children a chance to meet Santa and receive gifts brought by firefighters. Every child received a gift, both the patients and their siblings. With fun crafts and



Over the years, the Desi Geestman Foundation held several events including its popular Pajama Party. Shown here are Sydney Flynn, left, and Emily Haug who helped children during the annual pajama party at City of Hope hosted by the Desi Geestman Foundation. File photo

welcoming volunteers – many of whom were Crescenta Valley High School students who would go on to join the fight against cancer as doctors and researchers – this party remained an important staple of City of Hope until COVID-19.

Although it is sad the nonprofit is closing, its volunteers agree that it is time. Vanessa Aristo now works full time at a clinic and as a mother to four with husband and fellow volunteer Chris Aristo. Many of their contacts at City of Hope, including Dr. Miser, have retired. Ileana Geestman hopes to use her time to spend with her six grandchildren. The remaining Foundation money will be donated to the City of Hope.

Looking back, the Foundation granted many wishes over the years, including a trip to Ireland one young woman hoped to make before her passing, a chance to meet Jay Leno – who took the child to both his garage full of rare cars and his concert, prom dresses for young students and a first birthday inside the hospital for a baby with cancer. Sometimes their contributions were as simple as recording precious moments with loved ones by hiring a photographer for a family who would soon lose their child. The Foundation supplied a photographer for the wedding of

one young man who wished to marry his fiancée before he passed. Another child wished to pray in the Basilica in Mexico, so the Foundation paid for plane tickets for him, his parent, and a doctor to keep the child stable.

Ileana Geestman met Paul shortly after his immigration from the Philippines; Dr. Miser had arranged travel visas for the 9-year-old and his mother so the boy might find treatment. Paul soon became a fixture at pajama parties, singing for the other children. While Paul never asked anything of the Foundation, for his 18th birthday his unspoken wish was answered when the Foundation paid for a skiing trip in Big Bear. Although Paul died soon after, Geestman still speaks fondly of him and asks people not to avoid the subject of a child who has died with the child's parents because "if they don't get brought up, it's like they never existed."

"When you bring them up [the parents] might cry, they might be sad for a minute, but their child is being remembered, that they did exist," said

Geestman. She is still in touch with many of the parents who suffered the loss of their child.

While wishes are what draws the most attention, the Desi Geestman Foundation is unique in also doing the day-to-day work that does not make the news. No other organization took care of practicalities or questioned, as Chris Aristo put it, "how are [the families] paying their light bill?" In filling niches other organizations did not, the Foundation became the unsung hero of many children's lives.

Now that the Foundation is shuttering, Ileana Geestman thanks the community for over 25 years of support and asks that it does not forget the children with cancer. While it is important to give to whichever group one feels the most called to, it is also important not to forget the small foundations filling in the gaps that large nonprofits can miss in the shuffle.

Above all, she is honored to have been Desi's mom and thinks "if anything, [her] daughter is smiling in heaven."

IN BRIEF

VETERANS HOST MONTHLY BREAKFAST

Local veterans host a monthly breakfast at the Verdugo Hills Memorial Hall on the second Saturday of the month. The breakfast is free to all local veterans and supporters, but donations are always graciously accepted. This month's breakfast is on Saturday, April 13 from 8 a.m. to 10 a.m. This month's veterans breakfast will be a continuation of the "centennial" celebration acknowledging the formation of the Verdugo Hill – American Legion Post #288 on April 9 in 1924.

The Hall is located at 4011 La Crescenta Ave.

RETIRING OLD AMERICAN FLAGS

The community is reminded that a collection container for American flags that are old, tattered and/or need to be retired is located on the front porch of the Verdugo Hills Memorial Hall at 4011 La Crescenta Ave. Veterans will retire the flags with respect.

ROSEMONT PRESERVE RESTORATION DAY

The community is invited to the Rosemont Preserve Restoration Day on Saturday, April 13 from 9 a.m. until 11 a.m. to help protect the natural habitat at Rosemont Preserve. Volunteers, led by Frank Colcord, will be removing invasive, non-native plants and cleaning up the trails for upcoming field trips. Wear sturdy shoes, comfortable clothes and garden gloves (long pants and sleeves are recommended). Tools will be available.

The Preserve is located at the north end of Rosemont Avenue, just past the chain link fence. As street parking is limited, please park at Two Strike Park, 5107 Rosemont Ave. and not in front of neighbors' homes. Those with mobility issues who require a closer parking spot should contact RosemontFriends@gmail.com.

This event is free to the public and suitable for all ages and no reservations required. Rain cancels event. Sorry, no pets please.

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Special Olympics Coming to Glendale High

By Eliza PARTIKA

The 2024 Special Olympics Glendale is scheduled to be held April 20 at Glendale High School beginning with an opening ceremony and parade of athletes at 8 a.m., and athletic events that will run until 3 p.m. Athletes and city officials are expected to walk in the “Parade of Athletes” during the opening ceremonies.

This year, Special Olympics Glendale will host 400 athletes and mobilize 200 volunteers.

Kim Villa, a longtime coordinator of the Glendale event, said she is grateful for Glendale High School, who lent Special Olympics the space when Crescenta Vallry High School, the typical location, began construction. Some perks with the new location include shady spots, bleachers for families and fans to sit, and more parking.

“We have been really grateful for the help from Glendale High administrators. It’s difficult to change your location when we’ve been [somewhere] forever. We’ve had to make a lot of adjusrtments but we’re really grateful that we get to use that beautiful facility,” Villa said.

Special Olympics has been well supported in Southern California, and in Glendale, for over 20 years. Villa said she sees people with varying abilities find success with the Olympics, which has a positive impact on the community and on the athletes.

“The athletes [who] participate in the Special Olympics are more likely to get jobs. They are more social. We’ve seen and heard from people in their lives, how their communication has improved, how comfortable they feel around other people because of their experience of being part of a team. So it’s really life-changing for them. It’s like this ripple effect that’s life-changing for them. It’s also life-changing for their parents and their siblings, their teachers, extended family members and employers ... [they all] see a difference,” she said.

Special Olympics Glendale doesn’t yet have a full list of dignitaries attending; however, local law enforcement, city officials and officials from Special Olympics Southern California typically attend the opening ceremony.

Montrose Church has been a sponsor of the event for 10 years

and contributes many of the volunteers each year. Villa said she sends out a call for volunteers in January and receives an immediate response from the community.

“The City has embraced our athletes and the programs that we do [beginning when] we started in 2009. Glendale is the city that really respects people with intellectual disabilities. And that’s a really big thing to say. It’s such a big city, but it has a very small community feel to it, and our athletes feel that,” Villa said.

Special Olympics Glendale is in need of volunteers and athletes for next year. Villa and her staff hold recruiting events where athletes and their families can come check out the sports being offered.

For more information on how to become an athlete or how to volunteer, contact Alyssa Roundtree at roundtree@sosc.org or Kim Villa at kvilla@sosc.org.

The greatest support the Glendale community can express is to show up in the stands.

“That’s the thing that’s really fun for our athletes is to be celebrated and cheered for all their efforts,” said Villa.

ST LUKE’S from Cover

called “Cuddle Doon.” He wanted an Episcopal church in the community and had talked to Madame Louise Janvier, who donated the land, about building one.

On Easter morning, April 20, 1924, Thomas’ vision culminated with the laying of the cornerstone of the church.

“On Saturday, April 20, we’re throwing a birthday party – a gift to the whole community including activities such as music and dancing. The event is free. And so is the food,” Mack said.

St. Luke’s has been a staple in the community during fires, floods and earthquakes. It has been a place for weddings, funerals and wakes and, like the community itself, the stone church survives with support from its CV family.

“St. Luke’s of the Mountains is a village church – a church that actively strives to reflect the richly diverse Crescenta Valley community it is solemnly committed to serve,” said Mack.

The architecture of the church is unique; the stones that are at the building’s foundation came from the Angeles National Forest. The church is made from the bedrock of the Crescenta Valley.

The church also hosts the Fire House youth center that was founded by local residents and youth.

Over 10 years ago the Crescenta Valley saw an increase in heroin use. The CV Drug and Alcohol Prevention Coalition (CVDAPC) was formed and within that organization was a youth sector. Kids from the area, led by Prom Plus Club members, held meetings to discuss how youth could be supported. CVDAPC members were told kids just wanted a place where they would feel safe. St. Luke’s of the Mountains Episcopal

Church’s then-vicar Bryan Jones was contacted and worked to open the youth center. Not long after it opened it became a place where all were welcome, reflecting the attitude of the church itself. Since its inception, the Fire House has hosted career days, college information meetings, girl empowerment events, Cars 101 (where kids learned about cars), art exhibits and much more. It has also provided a space for kids to gather during tragic events to comfort each other and find support.

CVDAPC has since ended but the Fire House continues with its mission to support the youth of the community and now, with the creation of a new organization called the CV Substance Abuse Prevention Coalition aka CV Cares, the Fire House is once again joining others to support youth through drug education.

Fire House is open every Wednesday from 7 a.m. to 9 a.m. for Rosemont Middle School students. The students have a breakfast of sausage, pancakes and cereal and get to spend time with their friends before school. Wednesday mornings are “late start” at the middle school (school starts at 9:28 a.m. rather than 8:30 a.m.) so the Fire House provides parents with a place they can drop off their children and they can enjoy breakfast before walking to school. It is also open on Thursdays from 3:30 p.m. to 5:30 p.m. for Homework Café where

students can get help with their homework. All events are free at the Fire House.

With the decline in organized church attendance across the country, the longevity of St. Luke’s is even more impressive. When asked what contributes to the staying power of St. Luke’s Episcopal Church, Mack said, “Simple answer, and to borrow some phrasing from [President Abraham] Lincoln, we never forget that we are of the community, by the community and, most importantly, for the community.”

The April 20 celebration at St. Luke’s of the Mountains, 2563 Foothill Blvd., begins at 4 p.m. It is free to the community and also acts as the kick-off for an annual fundraiser.

“St. Luke’s – The Stone Church – has always been the iconic and architectural center of the Crescenta Valley,” Mack added. “Over the decades, its beautiful open grounds and romantic buildings have said home to thousands of residents, many who have never even seen the inside of our sanctuary. Many only know us as the peaceful shortcut from Foothill to Rosemont [Middle School], the place to sit for a quiet lunch or the open-air chapel where they can rest in solitude. Whoever you are, St. Luke’s is here for you with an open ear and non-judgmental heart.”

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Three Juvenile Suspects Arrested in Connection with a Fatal Robbery

On Saturday, Dec. 16, 2023 at approximately 10 a.m., Glendale patrol officers responded to reports of a hit-and-run collision at the intersection of Lexington Drive and Columbus Avenue in Glendale. The victim, identified as a 76-year-old Glendale resident, was found by officers down in the street. Despite immediate life-saving measures and transportation to Los Angeles County USC Hospital, she succumbed to her injuries.

As a result of a diligent investigation, Glendale police detectives determined that the incident was not an accident but a robbery. The perpetrators, aged 14, 15 and 16, were arrested by Glendale police detectives for felony murder. All three suspects were transported to the Glendale City Jail where they remain in custody.

“Our hearts go out to the family and loved ones of the victim in this

tragic incident. I want to thank our Glendale police detectives for their diligent work in pursuit of justice for the family and friends of the victim,” said Glendale Police Chief Manny Cid

This case will be presented to the District Attorney’s Office for filing.

Anyone with information related to this incident or the suspects are urged to contact the Glendale Police Dept. at (818) 548-4911.

FENTANYL from Cover

She shared that her son began smoking marijuana because he felt anxious. He thought the anxiety he felt would be lessened if he smoked marijuana; however, that feeling of relief was only temporary.

“Sometimes [anxiety] would come back worse. So I thought, ‘How can we do this to try and teach kids about their brain, how magnificent their brain is, and what you can do at this age,’” she said.

There has been so much learned about the brain in the last few years.

In her PowerPoint presentation at CV High School, she began by talking about the limbic system, which is thought to be the part of the brain involved in behavioral and emotional responses.

“We call this the emotional brain and when you are developing, right now [as an adolescent] your emotional brain is heightened,” she said. “It’s like turning up the volume.”

She explained how information comes directly into the thalamus, which acts as a “kind of filter” that then sends information to the rest of the brain, “what’s called the amygdala.”

“The amygdala is constantly reading the room and looking for signs of danger,” she said. “It is trying to keep you safe.”

She gave an example of someone, a friend, jumping out at a person. The person may startle but then recover quickly.

“It’s because [the experience] goes through the amygdala and to the prefrontal cortex,” she said. “The prefrontal cortex is your plan and decision-making impulse control.” According to some studies, the connectivity between the prefrontal cortex and the amygdala is believed to be critical for the regulation of emotion.

“So when you may jump [startle] after a friend scares you, your prefrontal cortex takes it in and then decides, ‘This is just my friend. I’m all good,’” she said.

She explained that if there is real danger the brain goes through a different process to tell a person to run away.

Gilliland then spoke about the hippocampus, which is involved in turning a short-term memory into a long-term memory.

“[For example], let’s say you’re studying for a test. You are ready for it, you get in the [classroom] and all of a sudden you read a question that may be phrased a little differently

than [you are used to],” she said.

This causes the student to think s/he doesn’t know the subject and s/he may start worrying s/he is going to fail the test, fail the class and that would affect college options.

“And all of a sudden you start going down this road and you’re in the middle of a test,” she said.

Gilliland said at this point the brain sees this as unfamiliar territory.

“Your amygdala says, ‘Danger, danger!’ It is always looking for familiarity because that is associated with being safe,” she said. “Are you in danger of losing everything? No.”

She advised students to tell themselves they are not in danger and are fine.

“Take a couple of breaths,” she said. Tell your amygdala to access your hippocampus so you can answer the questions, she added.

She said it is important for students to find a way to ground themselves.

“Look around and [remind yourself], ‘I’m in my classroom, that is my teacher, there’s a [familiar] poster on the wall’ ... anything to try and ground yourself,” she said. “The beautiful thing about the stress response is that you have 90 seconds. So from the time something stresses you out, something makes you anxious, from that one time you have 90 seconds until those chemicals are released [into your brain]. That stress response, that adrenaline, that’s cortisol.”

However, if the stress response is only 90 seconds, why does that feeling of anxiety last so long?

“The reason why is because you keep thinking the thought over and over and over,” Gilliland said.

She shared statistics on how many teens feel stress and depression, and that the adolescent brain is not fully “online yet” but as adolescents grow older their brains are maturing.

Gilliland gave the students some techniques on how to stop stress and anxiety from continuing in their brains by focusing on how they speak to themselves.

“You make the choice to think about [the stressful situation] over and over,” she said. Although it may not be easy, the best way to combat the stress is not to go over it repeatedly but to stop it.

“You have the power to stop it,” she added.

She explained these thoughts of stress/anxiety can continue or they

can be stopped.

“You have the power to change the connection in your brain based upon your thoughts, your lifestyle and your actions,” she said.

Adding that after 25 years of age changes are more difficult to make, so now is the time for adolescents to make changes for the better.

She added a good thing to remember is how to speak to yourself.

“We all speak to ourselves, more than we talk to anyone. Be kind to yourselves because you don’t want that unkind message to keep going through your brain,” she said.

She explained there is a part of the brain that is linked with addiction. The minute someone starts to do something, like using a drug or even taking part in an activity like playing video games, from that first time it affects the brain and the brain starts to change.

“You cannot become addicted to an activity or [anything] if you have never tried it before,” Gilliland said.

She spoke about dopamine and how it is linked to motivation, pursuit, drive and reward.

“I love ice cream. So I know that if I’m sitting on the couch and I think about ice cream I’ll get a dopamine release,” she said. “But I also have to get off the couch to go get the ice cream, so I need dopamine to drive me to go get it from the freezer.”

The brain always wants to keep things in balance, so if a person finds immense pleasure from being on the phone, being on social media, playing video games, drinking alcohol, using nicotine or other drugs – anything where a huge release of dopamine occurs – then the brain must be balanced. The other side of pleasure is pain – not specifically physical pain – but to balance the brain the pain might be mental, like a craving, a wanting or a feeling of anxiety.

The brain will continually try to balance itself after dopamine is released. She used an example of someone taking a selfie and posting it. The selfie then gets a lot of likes; that increases dopamine: pleasure. Then people want more, so they post again and again and again. The dopamine continues to pump in and even if they may want to step away they start feeling more craving for that original feeling when they first posted.

Gilliland said her son’s drug use started with marijuana, and she felt if he never smoked “weed” he see FENTANYL on page 7

Obituary Dudley Andrew Winstead



Feb. 27, 1933 – March 28, 2024

Dudley Andrew Winstead was a resident of Lake View Terrace and the son of Harold Winstead and Viola Wilcox Winstead. His sibling Mary Lee Winstead (Vorhies) preceded him in death. His sweetheart and wife of 71 years was Ruth Anderson (Winstead). They married in Mesa Arizona Temple.

Dudley is survived by his three children: daughter Diana (married to Alex Bernard, their sons are Michael – married to Veronica, their children are Benjamin, Jacob, Natalie, Zachary, Joseph; Andrew – married to Cara, their children are Violet, Flynn and Henry); daughter Debra (her son is Brandon – married to Olivia, their daughters are Jordynn and Carley – married to Joshua, their two daughters are McKayla and Caylee; and Debra’s adopted son is Austin); son Dennis (married to Gabrielle, their children are Eilish [deceased], Tristan and Kai).

Dudley was a butcher and, during the Korean War, a Marine sniper. He was also a talented carpenter who built his own house, and also worked for LAPD and the Dept. of Defense for Lockheed (catching several terrorists).

He was always in service of community, friends and family.

He was a member of The Church of Jesus Christ of Latter-day Saints serving in various positions from deacon advisor to second counselor in bishopric.

After retiring, Dudley served for 14 years at the San Fernando Bishop’s Store House helping those in need.

Dudley loved to travel, hunt, fish and ride horses. He was part of the mounted police at the Foothill police station. He was a true American cowboy winning many fast draw competitions and placing second in the USMC Reserve National Competition.

He had a story to tell anyone who would spend time with him and would set the records straight, if needed. He was silently generous and few knew who was behind the help they received.

As a proud American he stood up for the Constitution and justice. He honored God, family and the flag. He will be missed but we all know that heaven is safe with him guarding the gates.



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WEATHER from page 2

The rescue effort includes multiple non-governmental organizations, the Canadian government and tribal agencies. There had been an attempt to save the mother, who was estimated to be about 15 years old, but that was unsuccessful.

The rescue attempts to move the calf, which has been named Brave Little Hunter, are ongoing.

The rescuers spoke of being so close to the mother whale and feeling hopeless as they tried to save her. I can only imagine what that mother may have felt as she realized she could not save

herself or her calf.

"There are many reports of whales and dolphins exhibiting a variety of behaviors that can be associated with certain emotions," according to Whale and Dolphin Conservation USA.

"Spindle neurons – the specialized brain cells thought to process our emotions and that even may enable us to love and suffer – have been found in whales," according to ScienceDirect.com.

The monitoring of the calf continues as does the rescue planning.

Unfortunately, whales in trouble are not uncommon sights. In fall 2023, scientists reported an "alarming rise" in whale carcasses washing in from the Atlantic Ocean.

"Scientists are becoming increasingly concerned over the number of dead whales, an animal that provides a lens into the general condition of the ocean and the beings that reside there," Chris Robbins, associate director of science for Ocean Conservancy, an environmental nonprofit, told ABC News in an article titled, "Ocean scientists concerned over uptick of whale deaths on northeast coasts."

"They're like the marine equivalent of the canary in the coal mine in that they're giving us insights into the health of

the broader marine ecosystem by how they respond to various drivers and threats of the ocean," Robbins said.

The exact cause of why these whales are washing ashore is not known; however, climate change is probably playing a role as the ocean water temperature rises.

Now what caused the mother orca to swim down the wrong lagoon is not known and at this point the "why" is not as important as the "what now?"

I will continue to monitor the process of Brave Little Hunter, and let you know when he is freed.

I have read that there are some who think empathy should not be taught by anyone but the parent but I thank God that is not the majority's view. I am grateful

that there are so many trying to save this calf and believe "there but for the grace of God ..." And I hope the world continues to watch and learn.

We have been enjoying nice warm weather for the past few days but that's about to stop as of Friday. Temperatures are expected to drop 10 degrees, from 82 today to 72 on Friday. And then there is rain, under an inch of rainfall is expected but it will be with us all weekend. The rain is expected to start Friday night and increase overnight into Saturday and Sunday. Temperatures by Sunday will be around 59 degrees. Monday and Tuesday should be in the upper 60s with no rain, according to NOAA.

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WWW.CVWEEKLY.COM

PET OF THE WEEK



Sylvester-Bob was rescued from the shelter 7 years ago. He enjoys playing and sleeping with his favorite people, Lucas and Emily Rose. He is king of the house.

CV Weekly loves to hear about your pets!
Send a pic and small caption to
steve@cvweekly.com
to share your lovable pets with the community!

Collision Near Descanso Gardens

By Mary O'KEEFE

LASD deputies responded to a two-vehicle traffic collision that occurred early Wednesday morning at the intersection of Alta Canyada and Descanso Drive.

It appears the collision caused a small fire in one of the vehicles that was quickly dealt through the use of fire extinguishers.

Two people reported injuries and were transported to the hospital.

Photo by Mike LEUM



CRIME BLOTTER

APRIL 6

500 block of Hill Street in La Cañada Flintridge, the glass door to the resident's dining room was smashed, rooms were ransacked and items were stolen from a residence overnight.

APRIL 4

3000 block of Foothill Boulevard in La Crescenta, while an employee was eating lunch at the front cash register at the business, the suspect walked up and asked her how much the cookies were. She said she would have to ask the person working the cash register. The suspect became angry with the employee and said she should be eating her

lunch in the back of the store. The suspect then walked to the front of the cash register and continued to be verbally argumentative with the staff. The employee told the suspect she refused service to her and told her to leave the store. The suspect walked out of the business with items she did not pay for. There was no description given of the suspect.

The incident occurred 5:55 p.m.

800 block of Foothill Boulevard in La Cañada Flintridge, a glass door was shattered and items were stolen from a safe at a business between midnight and 6 a.m.

APRIL 3

4400 block of Rosemont Avenue in Montrose, several items were stolen from a vehicle parked at the location overnight.

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American Legion Veterans: Serving the Community for 100 Years

By Mary O'KEEFE

Another iconic organization is celebrating 100 years of service to the Crescenta Valley.

World War I veterans formed American Legion Post 288 in 1924. At a luncheon on Saturday, friends of the Post shared memories and honored past, present and future veterans. Historian Mike Lawler shared the history of the Post and the Verdugo Hills Memorial Hall that now houses American Legion Post 288 at 4011 La Crescenta Ave.

Lawler spoke about the building and how the initial costs to build it were well over \$5,000 but that was reduced to \$3,000 because of the labor volunteers donated. The building housed the veterans who were dedicated to the community, including sponsoring Montrose Boy Scout Troop No. 1.

"Post 288, in its early days, presented many awards of merit to local students. Safety signs for local kids were erected by Post 288 members. Local Legion members were a driving force behind the Crescenta Valley Rose Parade float.

"Yes, La Crescenta had a float in the Rose Parade back in the '20s," Lawler wrote in his CVW column of April 27, 2023.

However, like most of the area, the fire of 1933 and flood of 1934 threatened the future of the Post. During the flood, the Legion's Hall was a place for refugees and disaster workers but then it, too, was hit by the flood. Twelve people inside the Hall were killed.

Within a year Post 288 veterans picked up what was left of their damaged building and moved it to the location on which it stands today. It was then rededicated as the Verdugo Hills Memorial Hall.

Throughout its 100 years the veterans of Post 288 have supported their comrades in arms as well as their community with a special emphasis on youth. They donate food to local food banks, support organizations like the CV

Instrumental Music Dept., Prom Plus and Fire House youth center and continues to support the Boy Scouts and Venture Crew Post 288.

The veterans continue to remind the community of the sacrifices military families have made during the ceremonies they hold that honor veterans and active service members on Memorial Day and Veterans Day and at other events. Veteran members of American Legion Post 288 also provide support to veterans with guidance through veteran affairs.

At the luncheon event on Saturday, the ceremony included a longstanding military tradition of cutting the celebratory cake with a ceremonial sword.

The first slice of cake went to the guest of honor, veteran and Legionnaire Art Napiwocki who served in the Seabees of the U.S. Navy during the Vietnam era. He is the longest serving member of Post 288, joining in 1982.

The second slice of cake was presented to the oldest Legionnaire present, Bob Keiter, signifying the honor and respect accorded to experience and seniority. Keiter served in the U.S. Marine Corps during the Korean War era.

The third piece then went to the youngest Legionnaire present, Alex Nazarian, a veteran of the U.S. Army who is currently attending Arizona State University on the GI Bill. He was born on July 5, 2002.

For those who would like to wish the American Legion Post 288 veterans a happy 100th, join them at their centennial breakfast at the Hall on Saturday from 8 a.m. to 10 a.m. Free to attend, though donations are always welcome.



Photo by Dick CLUBB

Commander Robert Wollenweber, left, cuts the cake as he is watched by Art Napiwocki, left, Bob Keiter and Alex Nazarian.

CV WEEKLY ON THE MOVE



Charlie Ireland holds up the issue of the CV Weekly that featured her uncle Gary. Charlie attends Purchase College in New York.

CV Weekly loves to travel! Take us along on your next trip and send us a photo. You may find yourselves on the pages of the community's favorite newspaper.

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VIEWPOINTS

TREASURES OF THE VALLEY » MIKE LAWLER

A Walk Through Montrose in 1929 (Part 3)

We continue our trip back in time with a walk through Montrose in 1929. Last week we were in the Montrose Pharmacy on the northwest corner of Honolulu and Verdugo (where Gus & Andy's restaurant is today). We walk out the front door and decide to cross Honolulu to the southwest corner of Honolulu and Verdugo.

There we find the Security First National Bank in a beautiful one-story building that curves around the corner. It's built with white ceramic bricks that shine brilliantly in the sun. Other striking features include a medallion topping on the building above the door and colored glass bricks above big glass windows fronting the bank. (Today this is the seemingly forever-closed Benitoite restaurant, and the white ceramic bricks have been covered in stucco.)

We turn and look east. On the opposite corner (where the Verizon store is) we see a tiny wooden gas station with tall gas pumps out front. That's Wade's Service Station and they proudly sell Hercules Gasoline. While we're watching, a car pulls in to fill up. The attendant comes out and puts the gas hose in the car's fuel inlet. Then we see him go back to the pump and start turning a handle to get the gas flowing. He watches a clock-faced dial on the front of the pump that tells him how much fuel he's pumped.

We turn around and start walking down Honolulu heading west. We pass Unique Café and next to it the Champion Shoe Store. We continue to 2210 Honolulu (now the new travel agent where Frank's Shoe Repair used to be). Here we see the offices of the local paper, the Crescenta Valley Ledger. Peeking inside we see a counter where a clerk is taking classified ads from several people. Behind the counter are a couple of writer's desks, and beyond that is a printing press. It's not running currently but we smell the rich smell of ink coming out the front door.

Continuing west, we encounter our first two story building, the Montrose Hotel. It's a really ornate brick building (today that's Andersen's Pet Shop at 2218 Honolulu). The ground floor is retail, hotel rooms on top. On the left is the Fellows Social Hall. We can see several pool tables inside and we can see the air is thick in there with cigar smoke. On the right is the C. M. Knox Hardware Store and we peek in the front door. On the left side of the store we see several stand-alone oil heaters displayed. Hanging on the wall are a selection of baskets. On the right side of the store we see gardening supplies fronted with a rack of seeds. Beyond that we can see trashcans and ladders. A salesman wearing a suit and tie looks up at us as we scan the store. What strikes us the most, however, is the bright natural lighting supplied by a huge glass-paned skylight in the ceiling. (The outlines of that skylight, now covered, can be seen in the ceiling of Andersen's Pets.)

Before we continue, let's check out the upstairs hotel rooms. (The upstairs part of what is now Andersen's Pets was demolished after the '71 earthquake.) Standing out on the sidewalk, we see double doors opening to a stairway leading up. We climb the stairs to a check-in counter. Passing that we see hallways heading off in both directions, with the doors of the rooms visible. As we walk down the hall we hear conversations behind one of the doors. It sounds like two comedians rehearsing a routine. We can also hear a clarinet practicing. We realize these must be vaudeville acts staying at the hotel for their nightly performances next door on the stage of the Montrose Theater.

The clarinet stops and a man leaves that room with a woman. We hear him tell her he's playing in the band tonight at the Verdugo Lodge, a high-class speakeasy hidden back in the Verdugo Mountains.

We follow the pair down the stairs and back out onto Honolulu.


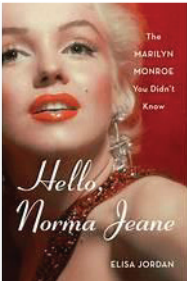
We'll continue west on Honolulu next week.



Mike Lawler is the former president of the Historical Society of the Crescenta Valley and loves local history. Reach him at lawlerdad@yahoo.com.



The Marilyn Monroe You Didn't Know

Join us on Monday, April 15th, 7:00 p.m.
At the La Crescenta Center For Spiritual Living
Located on the corner of Dunsmore and Santa Carlotta



This program will address some of the biggest myths when it comes to Marilyn—was she plus size? Did she have an affair with the president? Did she have six toes on one foot? We will discuss these topics in detail!

Elisa Jordan is a writer and editor with 25 years in the industry. When not sitting behind a computer, she can be found researching the history of Old Hollywood, local history, and architecture. She has been a fan of Marilyn Monroe since the age of five. In the past she has given tours, written columns and appeared in documentaries about Marilyn.



NEWS FROM THE CVTC » FRIDA BAGHDASSARIAN

The Crescenta Valley Town Council has been diligently working on important community issues to ensure the well-being and prosperity of our neighborhood. Here are some important updates to consider:

LA County Public Works sent us the following information regarding the updated Accessory Dwelling Unit (ADU) ordinance and the LA County Bicycle Master Plan Phase III Virtual Community Meeting: For the ADU ordinance, please submit your written public comments on the draft to Ken Warner at kwarnar@planning.lacounty.gov before the public hearing on April 24. The latest draft of the Amendment and FAQs on the ADU ordinance can be found at <https://planning.lacounty.gov/long-range-planning/adu-ordinance-amendment/>.

Another important issue is the Los Angeles County Bicycle Master Plan draft. During fall 2023, LA County Public Works gathered the community's input on the draft bicycle network for unincorporated Los Angeles County and the County flood control channels. The project team refined the network with your input and is ready to share the updated network. Help rank the proposed improvements and programs for inclusion in the final plan and future implementation. Join their virtual community meeting, take the survey or visit them at a local event or meeting in your community.

Mark your calendars for the LA County Bicycle Master Plan Phase III Virtual Community Meeting on Tuesday, April 16 at 6 p.m. via Zoom using Meeting ID: 859 8791 4791. You can also call (213) 338-8477 to participate in the meeting. Your voice matters – so do not miss this opportunity to shape our community's future.

Join us at a drug awareness presentation by the CHP in partnership with our Crescenta Valley Youth Town Council on Thursday, April 25 from 6–7 p.m. at the La Crescenta Library, 2809 Foothill Blvd. The poster is on our website (<https://thevcouncil.com>) and our social media accounts.

Our next general meeting will be held on Thursday, April 18 at 7 p.m. at the La Crescenta Library. Your input and participation are vital in shaping the future of Crescenta Valley, so we encourage you to attend and stay informed about local issues.

Together we can work towards building a stronger and more vibrant community. Thank you for your continued support and involvement in making Crescenta Valley a great place to live.

Frida Baghdassarian, J.D.
Vice President
Crescenta Valley Town Council



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YOUTH

Community Center Hosts Auditions For ‘Mean Girls High School Version’

The Community Center of La Cañada Flintridge (CCLCF) and CS Productions will be holding auditions by appointment only for “Mean Girls High School Version” on April 27 and April 28 at the Community Center. Callbacks will be on Sunday, May 5 by invitation only. Performances are June 28–30. Singers/dancers ages 14 – 18

from any school are encouraged to audition. Director Caren Saiet of CS Productions is excited to bring the production to the Crescenta-Cañada community. “Mean Girls’ explores high school social hierarchies, the quest for identity and the impactful nature of rumors while championing

themes of friendship, integrity and self-acceptance,” she said. “The high school version is an ideal choice to be performed by our extremely talented local high school students.” The show features a book by Tina Fey (based on her screenplay), music by Jeff Richmond and lyrics by Nell Benjamin. Unlike most

high school versions, “Mean Girls High School Version” includes the full, unedited script of the show. “It has been a goal to offer a theatre program to our community and we are looking forward to our first collaboration with CS Productions,” said CCLCF Executive Director Betsy Ferguson.

The production is made possible by a grant from the City of La Cañada Flintridge for teen programming, which means there is no cost for the teens to participate. For more information, audition requirements and to schedule an audition appointment: cclcf.org/news.

Glendale Unified Celebrates Armenian-American Heritage Month

Glendale Unified is hosting its second annual Armenian-American Heritage Month celebration. There will be student performances, panel discussions,

speakers and presentations from notable and talented Armenian Americans whose stories, hard work and perseverance have propelled them in their careers.

The celebration is on Saturday, April 13 from 10:30 a.m. to 1 p.m.; doors open at 9:45 a.m. It takes place at Hoover High School, 651 Glenwood Road in Glendale.

Guests include GUSD board of education members Shant Sahakian, Ingrid Gunnell, Kathleen Cross, Neda Farid and Telly Tse, GUSD Superintendent

Dr. Darneika Watson and filmmaker and broadcast journalist Ani Hovannisian Kevorkian.

Students Check Out Eclipse



Lincoln first graders enjoyed the partial solar eclipse of the sun, wearing glasses provided by teacher Nicolas James, during their recess break on Monday, April 8.

Submitted by Nicolas G. James

Flintridge Preparatory School Alum Receives Prestigious Nod

Flintridge Preparatory School alum MC Plaschke has been nominated for the prestigious Television Academy Foundation’s 43rd College Television Awards, which recognize and reward excellence in student-produced programs from colleges nationwide. Winners of the competition will be announced by celebrity presenters at the red carpet awards ceremony on April 13 in Los Angeles.

Plaschke, along with college classmate Alexander Heller, has been nominated in the comedy series category for “We Met at Camp.” Plaschke served as director and writer on the project while attending the American Film Institute’s MFA directing program. “We Met at Camp” is a comedy that centers around a young woman confused about her sexuality. While attending

summer camp, the preteen feels pressure from her female bunkmates to have a male crush. Things go awry, though, when she tries to convince them that her fake crush on a male counselor isn’t fake at all. “We Met at Camp’ is a series I would have loved to see as a teen and that is why I made it,” said Plaschke. “I am obsessed with romantic comedies but have

see NOD on page 23

The Community Center of La Cañada Flintridge and CS Productions present

Auditions for MEAN GIRLS

HIGH SCHOOL VERSION
Directed by Caren Saiet

Auditions by appointment only
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Sunday, April 28th
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Performances June 28 - 30, 2024

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This production is made possible by a grant from the City of La Cañada Flintridge

MEAN GIRLS HIGH SCHOOL VERSION is presented through special arrangement with Music Theatre International (MTI). All authorized performance materials are also supplied by MTI www.mtishows.com

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BETWEEN FRIENDS

Folks Saddle Up for Western Round-Up at Community Center



By Ruth SOWBY

Photos by Ruth SOWBY

TOP ROW:
LEFT: A balloon sculpture greeted visitors at the Community Center of La Cañada Flintridge's 30th Annual Western Round-Up.
MIDDLE: Avery Chan, 7, and brother Zachery, 4, enjoy snacks and balloons at the CCLCF Western Round-Up.
RIGHT: More than 500 visitors attended the highly decorated entrance to CCLCF's Western Roundup on March 9.

BOTTOM ROW:
LEFT: Food, drink and silent auction items were top attractions at the Western Round-Up held in the CCLCF parking lot.
MIDDLE: In charge of the Western Round-Up's Silent Auction are Nicole Pierce, left, and Julia Hannah. Visitors could bid onsite or online.
RIGHT: The bouncy house was the kid favorite.

People Making News

Jake Schaffer from La Crescenta was appointed to the fall semester 2023 academic dean's list at the University of Dubuque.

Full-time students in good academic standing (registered for and having earned 12 or more letter grade credits for the term) who earn a term grade point average of 3.5 or above and who do not have any grades of incomplete for the term are named to the dean's list. Once grades have been submitted for any incompletes, the Office of Academic Affairs reviews eligibility again for possible placement on the dean's list for the given term.

Dean's list is awarded for the fall and spring semesters only and may be awarded retroactively.

Katherine Festen has been named to Purchase College's dean's list for the fall 2023 semester. Festen, who is from La Crescenta, is studying theatre and performance, anthropology.

To be eligible for the dean's list, students must carry a semester GPA of 3.5 for Bachelor of Arts and Bachelor of Science programs and 3.75 for Bachelor of Fine Arts and Bachelor of Music Performance programs. They must take a minimum of 12 credits.

Purchase College is part of the State University of New York (SUNY)

network of 64 universities and colleges. It was founded in 1967 by Gov. Nelson Rockefeller.

For more information about the College, visit www.purchase.edu.

Jacob C Thompson of Sunland received a Master of Science degree in occupational therapy from Clarkson University on Dec. 16.

Clarkson is a private, national research university leader in technological education and sustainable economic development through teaching, scholarship, research and innovation. Its main campus is located in Potsdam, New York with additional graduate program and research facilities in the New York Capital Region, Beacon, New York, and New York City. Clarkson educates 4,300 students across 95 programs of study in engineering, business, the arts, education, sciences and health professions. Its alumni earn salaries that are among the top 2.5% in the nation and realize accelerated career growth.

Alex Chung of Glendale earned a Master of Science in analytics from the Georgia Institute of Technology in Atlanta.

Chung was among approximately 6,300 undergraduate and graduate students to be presented Georgia

Tech degrees during the Institute's 265th commencement exercises on Dec. 15-16 at McCamish Pavilion.

The Georgia Institute of Technology, or Georgia Tech, is one

see PEOPLE on page 15

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Easter Fun at the Church of Scientology in Montrose

Over 50 children and their families enjoyed a morning of Easter activities on Saturday, March 30 hosted by the Church of Scientology Mission of the Foothills, 2254 Honolulu Ave. in Montrose.

Families had photo ops with the Easter bunny, decorated cookies and made custom Easter bags while hunting for eggs and eating treats.

“What a great event for my two daughters to attend,” said Crescenta Valley resident Kimberly Fraisse. “It was heartwarming to see all the joyous faces. The bunnies, the cookie decorating and arts and crafts were such a hit for all the little ones! Thank you to the Mission for hosting another successful Easter event.”

“We really enjoy creating family-friendly activities for our community,” said Mission Executive Director Stacy Kitchens. “This was our second year and we plan to keep doing it.”



Best known for its annual Halloween Haunted House, the Mission also hosts other free events for the community such as a first aid seminar coming up on Saturday, May 4 at 10 a.m.

The Mission of the Foothills has been part of the Montrose/Glendale community for over 40 years. The Mission offers communication and study courses for children, plus 20 life improvement courses for adults. In addition to free informational seminars and other activities open to the public, the Mission also supports various community outreach programs such as relationship and drug education seminars. For more information, please call (818) 957-1500 or visit its website at www.scientology-montrose.org.

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Photos provided by Church of Scientology – Montrose

LEFT: Remy Fierro enjoys decorating her Easter cookie at the Church of Scientology Mission of the Foothills.

MIDDLE: Cosimo Filios, 2, of Montrose gets down on eye level with the bunnies at the Church of Scientology Mission of the Foothills.

RIGHT: Remy and Ruby Fierro have their photo taken with the Easter Bunny at the Church of Scientology Mission of the Foothills on March 30.

Community Center Welcomes New Dance Teacher

The Community Center of La Cañada Flintridge (CCLCF) welcomed Rachel Alex McKinnell, an LA-based dancer and teacher, to its team of instructors. McKinnell will be teaching creative movement for the senior, adult, and teen departments.

McKinnell, who grew up in Glendale and graduated from CV High, has 16 years of training and performance experience recreationally and competitively in all styles of dance. She studied at the prestigious Revolution Dance Center where she now teaches full-time. She was a pro-assistant at LA Dance Magic Convention, under the direction of Jackie Sleight, and has worked with multiple choreographers throughout her time in the dance community.

CCLCF Executive Director Betsy Ferguson has known McKinnell for several years and welcomes her to the team.

“In addition to Rachel being an incredible performer and choreographer,” said Ferguson, “she is also an invested, hardworking and dedicated teacher. I know

our participants are going to love her.”

McKinnell is excited to bring her passion for dance to the Community Center.

“Come to dance, laugh and create!” she said. “Creative movement is for all dancers no matter what their ability level. Join me ... to learn ... to dance ... to have fun!”

McKinnell will begin teaching at the beginning of the Spring 2 session, which is open for registration.

For more information on programming, please contact CCLCF at (818) 790-4353 or visit www.cclcf.org.



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L'aureole of Glendale Members Receive Honors

Recently members of the non-profit L'aureole of Glendale gathered at Alissa's Ocean View Bar & Grill in Montrose to receive a certificate of recognition from Glendale's then-mayor Dan Brotman. The mayor had issued the certificate in recognition of dedicated years of service by its members.

L'aureole of Glendale was founded by two young women – Blanche Solberg and Mercia Snyder – who, when their husbands were away, wanted cultural outlets, companionship and a chance to increase their knowledge. L'aureole was named for the northern lights – those phenomena that light up the sky and heavens. A word from the Greek and Latin, it simply means “radiant light.”

L'aureole was established in 1967 and motivated by the desire to light the paths of others. In Glendale the name is synonymous with educational, cultural and charitable programs. Its members are dedicated to service and cooperation in the community and to aid and financially assist The Zone program of the Glendale Salvation Army. Over the years L'aureole had donated thousands of dollars to this program.

The Zone after school program is a free program for children from low-income households in Glendale. The program offers kids one-on-one assistance with homework and school assignments, the teaching and advancement of literacy and study skills, a chance to play sports, learn athletic skills and cultivate healthy, safe relationships with friends through better social skills.

Donations for The Zone after school program can be made out to The Glendale Salvation Army, 320 W. Windsor Road, Glendale, CA 91204. Write “The Zone program” in the memo section.



Members of L'aureole of Glendale gathered at Alissa's Ocean View Bar & Grill to receive certificates of recognition for their work with the non-profit. Photos provided by E. PRZYBYLA

PEOPLE from page 13

of the top public research universities in the U.S. The Institute offers business, computing, design, engineering, liberal arts and sciences degrees. Its more than 45,000 students, representing 50 states and more than 148 countries, study at the main campus in Atlanta, at campuses in France and China, and through distance and online learning.

As a leading technological university, Georgia Tech is an engine of economic development for Georgia, the Southeast and the nation, conducting more than \$1.3 billion in research annually for government, industry, and society.

For more information, visit gatech.edu.

The following students were named to Emerson College's dean's list for the fall 2023 semester. The requirement to make dean's list is a grade point average of 3.7 or higher

for that semester.

Sam Kellman of Glendale 91208 is majoring in media arts production and is a member of the Class of 2024; Nicole Smith of Tujunga is majoring in theatre and performance and is a member of the Class of 2025; Liquan Zheng of La Cañada Flintridge is majoring in media arts production and is a member of the Class of 2025.

Based in Boston, Massachusetts, opposite the historic Boston Common and in the heart of the city's Theatre District, Emerson College educates approximately 4,161 undergraduates and 554 graduate students from across the United States and nearly 70 countries. Supported by state-of-the-art facilities and a renowned faculty, students participate in more than 90 student organizations and performance groups. The College has an active network of 51,000-plus alumni who hold leadership positions in communication and

the arts. For more information, visit emerson.edu.

Oliver E. Briskin and Karina H. Fischman, both from La Crescenta, were named to first honors at Clark University in Worcester, Massachusetts.

Founded in 1887, Clark University is a liberal arts-based research university that offers more than 45 undergraduate majors and major tracks, more than 30 advanced degree programs, a growing number of professional certificate programs and nationally recognized community partnerships.

Dani Di Paolo of Glendale (91208), who is in the packaging science program, Natalie Crowell of La Cañada Flintridge, who is in the humanities, computing and design program, Kyle Karapetian-McKinney of La Cañada Flintridge,

see PEOPLE on page 23

Call for Artists

Glendale Arts announced a call for artists for ace/121 Gallery's January - December 2025 exhibits.

Individual artists and artist teams from a variety of backgrounds and experience levels are encouraged to complete the artist interest form. Visit ace121gallery.com for form and additional information.

Two- and three-dimensional work, including immersive installations, are suitable for the Gallery.

There is no fee to apply. Interested artists should complete the artist interest form by May 31 and a Gallery panel will review submissions in June 2024. Selected artists will be contacted and confirmed in July 2024

ace/121 Gallery is a multidisciplinary venue located in the center of Glendale at the

ace/121 artist colony. The Gallery hosts year-round art exhibits, live performances, screenings, conversations, readings, classes, workshops and special events.

Glendale Arts is an award-winning 501(c)(3) non-profit organization that generates opportunities throughout greater Los Angeles to showcase, promote, encourage and engage with the arts.

Founded in 2008, GA operates and programs ace/121 Gallery, delivers arts and entertainment programming through signature programs such as the Glendale International Film Festival and Solo Fest, and drives engagement through its membership program, SCENE. In 2023, the organization marked its 15th year of connecting artists and audiences.

Questions can be emailed to info@ace121gallery.com.

Questions About Today's Real Estate? Ask Phyllis!

Buying A Brand-New Condominium?

Dear Phyllis,

I sold a Glendale condo because the association was poorly run and always had special assessments. I did a 1031 exchange and put the money with an accommodator. One day, while driving around the Foothills, I saw new condos being listed for sale. I signed the paperwork to buy the unit before I knew it and put down several thousand as a reservation. I didn't even think about it, but I didn't use the agent who sold my Glendale condo, and he was upset with me. He did a great job and had every right to feel slighted. The new development does not yet have the complete paperwork to legally open escrow. It's already been three months. I am afraid I may not close in time to meet the deadline for the 1031 exchange. I want to cancel, but I don't know whom to ask or how to proceed since I can't seek advice from my original agent. Additionally, will I receive a refund of my initial reservation amount?

Torn

Dear Torn,

You can identify three properties. You have already identified the new construction as one. However, other things need to happen before you can close

escrow on this new condominium.

The Public Report, also known as the White Report, authorizes a developer to sell or lease lots, parcels, or units within a subdivision. Sometimes, a developer may apply for a Preliminary Public Report, also known as a Pink Report, which will allow a developer to advertise and take reservation deposit monies for the sale or lease of lots, parcels, or units within the subdivision. Reservation deposits taken by a developer under a Preliminary Public Report are fully refundable.

In addition, to qualify for most financing, at least 50% of the total units in the project must have closed or be under contract to purchasers who will occupy the units as their primary residences or second homes. The other wrinkle is that depending on the governing documents, once units start closing, the developer may need to pay HOA dues on the unsold units.

I suggest you contact the agent who sold your Glendale condo and let him know you want to cancel the current escrow and get his help finding another property. I am confident he will be glad to help you.

Phyllis



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TRAVEL & LEISURE

Universal Studios Hollywood Welcomes Florean Fortescue’s Ice-Cream Counter to The Wizarding World to Kick Off Butterbeer Season



By Charly SHELTON

As I ventured through the cobblestoned streets of The Wizarding World of Harry Potter, the allure of a new ice cream venue beckoned. Florean Fortescue’s Ice Cream counter recently opened at Universal Studios Hollywood and it’s a haven for those who seek solace in creamy enchanting treats. Located inside Honeyduke’s Sweets Shop, the counter boasts 10 unique flavors of soft serve, including the much-coveted butterbeer variety, each served in a traditional cup, waffle cone or special souvenir cup.

And with butterbeer season in full swing until April 30 the park is abuzz with excitement, serving up not only the cold, frozen and hot versions of the beloved drink but also butterbeer-inspired indulgences like fudge from Honeyduke’s, potted cream, and a soon-to-debut ice lolly (popsicle).

Universal welcomed us out to try all the treats, new and classic, available now. We started with the ice cream and tried all 10 flavors. It was around breakfast time and while everyone else was cracking eggs and frying bacon I ate 10 ice creams. The flavors were surprising in that the ones I thought would be shoo-ins as delicious options ended up being underwhelming, and the ones that I was dreading were actually amazing.

The butterbeer flavor was hands-down the best, but honorable mention goes to the pistachio, toffee apple and banana flavors. I never thought I would be able to actually recommend a pistachio ice cream but it was among the best on the menu and the first time I’ve ever enjoyed the flavor.

Beyond the frosty delights of Florean Fortescue’s, butterbeer season is a time to revel in the iconic flavors of the wizarding beverage. From the butterbeer fudge in Honeyduke’s to the butterbeer potted cream from Three Broomsticks, each confection is a tribute to the famous brew. And for those with a penchant for tradition, the three types of butterbeer – cold, frozen and hot – each provide a unique experience.

The cold version is an old standby – the classic taste of the land since opening in 2009, the frozen version is refreshing on a warm Hogsmeade day, and the hot butterbeer is a comforting cup of cheer, perfect for those brisk evenings, especially around the holidays. Whichever one you choose, be it a drink version or one of the other treats, you can’t miss. Honestly, it’s hard to beat a cold glass of butterbeer on a warm spring day, but that doesn’t mean it can’t have an accompaniment of the same flavor in the form of ice cream.

So, grab your wands and butterbeer steins to prepare for a delicious journey across Hogsmeade at Universal Studios Hollywood that revels in sweet butterbeer flavors and new ice cream surprises.

And for an in-depth look at all the foods I tried, don’t miss my video review on YouTube. Search for Charly Shelton/Zipahdeedoodad to watch, or scan the QR code attached to this story to see all the ice cream flavors and every type of butterbeer treat you can imagine.

Photos by Charly SHELTON
LEFT: Charly Sheton with all three butterbeer types.
RIGHT: Butterbeer Ice Cream served in a souvenir cup.
ABOVE: Fudge, potted cream, and hard-packed ice cream (different from the soft serve).

THEN & NOW

THEN » In the early '20s, local developer Stephen Meyer built the two-story Montrose Hotel at 2218 Honolulu Ave. It was an impressive structure, the first two-story building in the new town of Montrose. Rooms were upstairs, retail space was located on the ground floor and it had a basement for storage.

ANDERSEN'S PETS
Courtesy of the Historical Society of CV

NOW » The 1971 Sylmar Earthquake damaged the second story irreparably. A shoe store was located in the retail space on the ground floor and at the time of the quake the upstairs rooms were used solely for storage of shoe stock. A rainstorm occurred soon after the quake and leaks in the damaged second floor ruined the stored shoes. The second story was removed and Andersen's Pets occupies the now one-story building.

Pianist Brendan White to Perform for GNC

On Wednesday, April 17 at 12:10 p.m., the Free Admission Glendale Noon Concerts program will be performed live in the sanctuary of Glendale City Church, 610 E. California Ave. in Glendale.

Brendan White will be performing works by Franz Liszt, Maurice Ravel and George Gershwin (“Rhapsody in Blue” for solo piano).

On the program is “Les Jeux d’eaux à la Villa d’Este” by Franz Liszt (Hungarian, 1811-1886), “La Vallée des cloches” by Maurice Ravel (French, 1875-1937) and “Rhapsody in Blue” by George Gershwin (American, 1898-1937)

Born in Jackson, Tennessee, but now based in Los Angeles, pianist Brendan White appears frequently in solo recitals and chamber ensembles and as a soloist with orchestra. As soloist, White has performed with Musica Nova (Eastman School of Music), Vicente Chamber Orchestra, Symphony of the Verdugos, Crown City Symphony, Global Harmony Symphony, Delta Symphony Orchestra and Jackson Symphony Orchestra.

As a recording artist, White was featured on Danaë Vlasse’s Grammy Award-winning album Mythologies. White’s collaborations in Southern California have included the Mühlfeld Trio, which won the prestigious Beverly Hills Auditions, the Speakeasy Society, and Eighteen Squared. He is an original member of the Sunset ChamberFest in Los Angeles. White’s repertoire spans many centuries and genres and he has worked with well-known composers such as Thomas Adès, Stephen Cohn, Donald Crockett and Danaë Vlasse.

White is also a composer of original music. Local recital appearances include: Piano Spheres Emerging Artist Series, Soundwaves in Santa Monica, Silicon Beach CO Recital Series and Glendale Noon Concerts among others. He attended the Eastman School of Music and the Thornton School of Music, University of Southern California.

Glendale Noon Concerts is celebrating its 16th year of presenting free admission concerts every first and third Wednesday for Glendale and the Southland community.

Upcoming concerts will be updated at <http://glendalenoonconcerts.blogspot.com>.



Brand Associates Presents 2024 Dance Series

The Brand Associates Dance Series presents four performances this spring at Brand Library & Art Center, 1601 W. Mountain St. in Glendale. This series, curated by acclaimed choreographer, teacher and producer Jamie Nichols, presents top dance companies from Southern California performing site-specific work in non-traditional performance spaces around Brand Library. The Dance Series is sponsored by the Brand Associates. Performances begin at 5 p.m.

On Saturday, April 27 is DrumatiX, a bi-coastal, creative percussion company founded in 2017 by Noa Barankin. Rhythm Delivered, created by Barankin, is an electrifying, well-crafted, and virtuosic creative percussion performance that blends tap dance, body percussion, and drumming with found items, invented instruments, large barrels, drums, buckets, technology, clowning, and audience interaction.

The show follows the antics of a group of friends who discover secret items in boxes and turn them into playable instruments until the last box reveals a surprise. With no shortage of plot twists and humor, the show at Brand will feature historical dance references, world rhythms stemming from Barankin’s Middle-Eastern roots and global upbringing, interactive parts that get the audience moving and grooving with the dancers, and the use of technology to create a truly immersive experience. DrumatixDance.com

On Saturday, May 4 Re:borN Dance Interactive will be performing. Founded in 2016 by Boróka Nagy, Re:borN Dance Interactive is a dynamic company of artists pushing the boundaries of contemporary modern dance with an emphasis on emotional and social narratives. The mission of Reborn Arts is to create movement experiences that transcend the constraints of modern life. Through shows, workshops and immersive events, the company fosters self-agency and empowerment.

At Brand, Re:borN will be re-imagining their production of HOME. In the intricate tapestry of life, the concept of Home weaves its threads differently for everyone. Home could be a modest apartment shared with one, a bustling household, a car returned to nightly, or simply the embrace of loved ones. Despite its deeply personal nature, Home resonates universally. RebornDance.org

On Saturday, May 11 enjoy Bodies in Play, an LA-based performance collective founded by Andrew Pearson in 2017. Bodies in Play is a platform to interrogate existing models for producing dance and performance. The group creates melodramatic plays in which their bodies further the narrative through dance and movement. Catered to the socially conscious and playfully minded, their work is best viewed through a lens just queer of center, disarming audiences with pop theatricality and inviting a challenge to conformity. The company works with an ever-expanding and rotating roster of artists including dancers, actors, musicians, and designers.

At Brand, the collective will be presenting work developed collectively by Lisa Bierman, Darby Epperson, Cristina Florez, Celine Kiner, Andrew Pearson, Tiffany Sweat, Daurin Tavares, Rachel Whiting and Sadie Yarrington. BodiesinPlay.com

Finally on Saturday, May 18 Rangoli Dance Company will perform. Malathi Iyengar established Rangoli Dance Company in 1992 to share the performing and visual arts of India. The company features the vibrant South Indian dance form Bharatanatyam through strong technique and storytelling. Bharatanatyam is a classical Indian dance form that originated in the temples of South India. Drawing from the myth and spirituality of South Indian heritage, Iyengar creates dance landscapes that dwell in both traditional and secular, and rhythm and stillness. The dances convey a sense of reverence and mystery; they are offered in the spirit of universal celebration.

At Brand, the company will perform “Vahanas: God’s Own Vehicles.” Inspired by the Vahanas or the animal vehicles in the Hindu Pantheon, Iyengar creates dances that portray these mythological figures through symbols and storytelling. Rangoli.org

The performances are free and open to the public. Seating is limited. An accessible entrance and limited free parking is located on the east side of the building; ride-share is encouraged.

For more information, contact (818) 548-2051 or info@BrandLibrary.org.

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RELIGION

Question: I am having a conflict with my brother regarding my mother's estate.

My mother passed away without leaving a will. The attorney managing her estate said that my brother and I are to divide her estate evenly. My brother insists that Mother told him she was going to make him the executor and leave everything to him, but there is nothing in writing.

Now my brother is resentful and angry towards me. When he does bother to return my calls he is very difficult to deal with and the conversations end without a resolution. I tell him Mother would want us to share and get along, but he will not hear of it. It has been some time now since Mother's passing, but he won't sign the necessary papers and has only let me have a few of Mother's items.

I love my brother but I'm in turmoil about how to communicate with him. I'm ready to let him have all my mother's belongings if that's what will keep our relationship in harmony but I know my mother would not want that.

Should I walk away from it all to keep the peace? I am open to any suggestions of how to deal with him.

~Sibling in Turmoil

Dear Sibling in Turmoil,
My condolences on the loss of your mother. It must be doubly sad to be in conflict with your brother over her estate. It's generous of you to be willing to forgo your share to quiet your turmoil. If there are other relatives or close family friends who

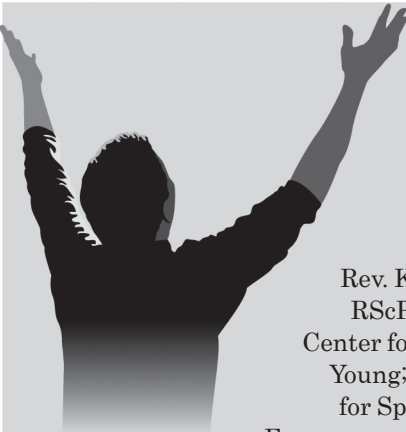
might have insight about her actual desires and you haven't discussed the situation with them I encourage you to do so. If your mother did promise her estate to your brother she may have mentioned it to others. In any case you might find comfort in reminiscing about her.

You mention there's an attorney managing her estate; perhaps he or she can communicate with your brother. Sometimes there is less emotion involved with a professional than between siblings. Of course, legal fees are likely to reduce the inheritance.

Mother's Day is next month. That might be a good time to get together with your brother and resolve the issue. Perhaps a frank conversation about why he is so insistent will give you some relief. He may have felt your mother favored you or was hurt in some way. Maybe you can offer to give him your share after he signs the papers. There may be inheritance and other tax issues so check with your own attorney.

I wish you the best in settling this difficult situation.

Your dilemma is an excellent lesson for everyone to do estate planning. Make it easy on your heirs; think about how you would like your affairs and assets handled should anything unexpected happen to you. Death or incapacitation can happen at any age. Things to consider include an advanced directive for health care, cremation or burial plans, who will handle your daily needs if incapacitated, what will happen to your pets, and distribution of personal assets. Document and share



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SPIRITUALLY SPEAKING PARTICIPANTS

Rev. Jon Karn of Light on the Corner Church;
Rev. Kimberlie Zakarian of Holy House Ministries; Anthony Kelson RScP, Laney Clevenger-White, RScP, and Rev. Dr. Beverly Craig of Center for Spiritual Living-La Crescenta; Rabbi Janet Bieber; Carolyn Young; Sharon Weisman; Rev. Mary Morgan, Redondo Beach Center for Spiritual Living; Rev. Dabney Beck, International Church of the Foursquare Gospel; Lucinda Guarino; Rev. Karin Ellis, La Cañada United Methodist Church; Rev. Sherri James, UP Church; The Rev. C. L. "Skip" Lindeman, Upland Christian Church; Rev. Rob Holman, St. Luke's Anglican Church; Rev. Sharri Johnson, One Heart Retreat Center; Pastor Bill Flanders Emeritus, Steve Johnson, Pastor Emeritus, Pastor Larry Maib Emeritus, Highlands Church La Crescenta; Rev. Valerie Reeves, Staff Minister, Redondo Beach Center for Spiritual Living

Responses are offered from the perspective of individual Spiritually Speaking respondents, which may or may not be in agreement with other respondents of Spiritually Speaking nor the editor and staff of the Crescenta Valley Weekly.

your choices with loved ones. Also be sure to have named beneficiaries on all retirement, bank and credit union accounts. Most importantly, let everyone you love know it as often as you can.

Peace,
Sharon Weisman

Dear Sibling,
What separates families as effectively as money? You know you're not alone, right?
I'm sorry you're in this predicament. People say that money is the root of all evil. It isn't. The love of money is the root of all evil. That's what the Bible says and it is proven true every day all around the world.
You should be worth more to your brother than your mother's possessions. You know this. This is why it is so troubling to you.
As for who was promised what, if

your mother had wanted your brother to inherit all she would have written that down and shared it with her lawyer. I'm no legal expert so I don't know the procedure for breaking the legal logjam in order to sign the papers. If you relent and let your brother have what your mother wanted left to you then you will know the value your brother places on a relationship with you: things over people. What a sad testament to your brother! And how sad it would make your mother.
You may have to secure an attorney of your own to move things along. I hope that won't be necessary. But it certainly is worth asking your mother's attorney for advice.
Short of that, there are some things you might try: 1) Seek to meet face-to-face. Tell him you'll buy him dinner. It's much more difficult to be recalcitrant to a live person sitting

in front of you. 2) Suggest seeing a counselor or arbiter together. They're not just for married couples. 3) Does he truly want all your mother left? Perhaps if you two could hammer out a list separately and then show it to each other you might find that you two want different things from her estate.
I confess, I'm not sure I would want an ongoing relationship with a brother who valued mom's possessions over me. As a matter of fact, the more I think about it the madder I get. Do you really want to buy a relationship with him? You could ask him candidly to choose between two simple options: All of your mother's stuff or a relationship with you. What would he say? The answer to that tells you a lot.
Rev. Jon T. Karn
Light on the Corner Church
Montrose
pastorjon@lightonthecorner.org

NOTES & NODS

LUTHERAN CHURCH IN THE FOOTHILLS

VBS is coming to LCIF from June 17 – 21, but campers can get a sneak peek this Sunday, April 14!
All are invited to join LCIF for 10 a.m. worship and then stay for VBS Sign Up Day to learn more about this year's theme, "The Jesus Way." Families can reserve their spot for the fun-filled week, while enjoying snacks and playing games. VBS, also known as Vacation Bible School, is open to children in grades K-5. There will be lots of singing, skits, craft and games, all centered on learning about Jesus and exploring faith. Children will explore

themes including forgiveness, loving one's neighbor, serving and praying.
LCIF also invites all people seeking fellowship and prayer to meet for breakfast each Thursday at 10 a.m. at the La Cañada McDonald's. Pastor Rick Hall hosts the weekly meetups.
"We get our own food, and have a short devotion and share prayer together," he said. "All are welcome."
Visit lcifoothills.org for event details, including small group gatherings and opportunities to serve. For more information or to request/offer help, email office@lcifoothills.org.

org or call (818) 790-1951. The church is located at 1700 Foothill Blvd. in La Cañada Flintridge. Office hours are from 9 a.m. to 1 p.m., Monday through Friday.
FRENCH BOYS CHOIR AT ST. BEDE
The French Boys Choir from Paris, France will perform at St. Bede the Venerable in La Cañada Flintridge on Saturday, April 13 at 7 p.m.
This choir of 16 passionate boys and teenagers, from 9 to 18 years old, are child globetrotters, traveling in various countries and regularly giving concerts in prestigious

places. They also sing for humanitarian causes.
While at St. Bede during Les Petits Chanteurs de France Southwest tour, the choir will showcase music from its expansive repertoire. They will also exclusively sell their most recent CD.
The Choir is conducted by Veronique Thomassin-Olivier, and accompanied by François Olivier, who is also the titular of the choir organ at the prestigious church St. Eustache at Paris (France).
St. Bede the Venerable Catholic Church is located at 215 Foothill Blvd. in La Cañada Flintridge.

You can read more at CVWeekly.com/RELIGION

RELIGION SERVICE DIRECTORY

<div>Center for Spiritual Living - La Crescenta <i>"Where it is our dream to help you build and manifest your dreams!"</i> 4845 Dunsmore Ave. La Crescenta, CA 91214 (818) 249-1045 Celebration Service Sunday 10:00 a.m. Wednesday Night Service 7:00 p.m.</div>	<div>Crescenta Valley United Methodist Church WORSHIP Sunday 10am Childcare and Sunday School offered at 10am. PASTOR KEVIN KANG 2700 Montrose Ave Montrose, CA 91020 www.cvumc.org</div>	<div>GETHESEMANE LUTHERAN CHURCH <i>(Missouri Synod)</i> COME JOIN OUR CHURCH FAMILY Pastor Jim Edwards 2723 Orange Avenue, La Crescenta, CA 91214 818-248-3738 www.glcmslc.org Sunday Adult Bible Study: 9AM Sunday service: 10AM Wednesday Bible Study: 7PM</div>	<div>HIGHLANDS CHURCH WORSHIP SERVICE SUNDAYS @ 10AM 4441 LA CRESCENTA AVE 818-249-5832 WWW.HIGHLANDSLA.COM</div>	<div>Sunday Worship at 10:00 a.m. LA CAÑADA CONGREGATIONAL CHURCH CHURCH OF THE LIGHTED WINDOW <i>AN OPEN AND AFFIRMING CONGREGATION</i> La Cañada Congregational Church is the oldest church in the Crescenta Valley. For over 125 years, we have been shaped by the stories of our community and the story of God. We invite you to join us in writing the future of our community! 1200 Foothill Blvd, La Cañada Flintridge <i>(parking lots on Foothill or Verdugo)</i> www.lacanadachurch.org</div>
<div>Light on the Corner Church Pastor Jon Karn 1911 Waltonia Drive Montrose (818) 249-4806 SUNDAY SERVICES 10:45 a.m. www.lightonthecorner.org</div>	<div>Lutheran Church in the Foothills 1700 Foothill Blvd. La Cañada Flintridge WORSHIP WITH US! In Person and on YouTube Sundays at 10 AM Services available on our website during the week. PASTOR RICK HALL www.lcifoothills.org / 818-790-1951</div>	<div>Mt. Olive Lutheran Church 3561 Foothill Blvd, La Crescenta office@molc.org • (818) 248-4253 Sunday Worship Service <i>(with Sunday School for kids)</i> 9:30 AM Thursday Bible Study 6:45 PM Check out our Website! www.molc.org See us on Facebook!</div>	<div>COME MEET US! St. Luke's of-the-Mountains Episcopal Church Sundays Gathering 9:30AM Worship 10:00AM Domingo Misa en Español a las 12:00PM Sunday School and Child Care All are Welcome 2563 Foothill Blvd, La Crescenta 818-248-3639 http://stlukeslacrescenta.org/ www.facebook.com:stlukeslacrescenta St. Luke's of the Mountains Episcopal Church</div>	<div>YOUR RELIGION SERVICE DIRECTORY AD HERE! Call (818) 248-2740</div>

JUST FOR FUN

CALENDARthis

GLENDALE KIWANIS

The Kiwanis Club of Glendale meets on Fridays at noon. On Friday, April 12, CVHS graduate Jessy Shelton will be making a presentation to the Club about the organization Bleu World.

The cost to attend Friday meetings, which includes lunch and program, is \$20. All are welcome.

The Club meets Friday afternoons at the Elks Lodge, 120 E. Colorado St. in Glendale.

DANCING AS EXERCISE

Dancing As Exercise is a free ongoing weekly event sponsored by the Los Angeles County Park program for seniors (50 plus) as a form of staying healthy.

There is live music every Wednesday from 10 a.m. to noon in the Park's building at 3901 Dunsmore Ave. in La Crescenta.

Light refreshments and water are provided along with socialization and information about other park activities.

Dancing, per se, is not required; single persons are welcome.

CANASTA IS CALLING

Canasta – an activity that will brighten your day with fun and relaxation. Those who have not played before – don't worry; we will teach you! Come on Tuesday afternoons to play canasta from 1:30 p.m. to 4:30 p.m. at the Montrose Library, 2465 Honolulu Ave. in Montrose (818) 548-2048.

CCLCF HOSTS UPCOMING FREE EVENTS

Today, April 11 from 11 a.m. to 1 p.m. Community Center of La Cañada Flintridge (CCLCF) is having a program centering on music. Music Heals Minds helps people with dementia, Alzheimer's and other neurological conditions and traumatic brain injury. Geared for those at least 50 years.

On Friday, April 19 from 11 a.m. to 1 p.m. CCLCF is having bingo & brunch for seniors.

On Thursday, April 25 from 10

a.m. to 3 p.m., Covenant Cat Rescue will be hosting a Seniors for Seniors cat adoption day. Low-rate adoption fees.

On Saturday, May 4 from 1-6 p.m. CCLCF is hosting its first ever cornhole tournament and chili cook-off. Seeking sponsors for the event. Sponsors receive custom cornhole board sets and a score tower with their logo.

Sponsorship must be received by April 5 to receive the boards before the event.

For more information on sponsorship tiers and perks, visit or call cclcf.org/events at (818) 790-4353.

To participate, entry costs are \$60 for two people for the cornhole tournament, which includes chili cook-off tasting tickets and prizes for the winning team. The cost to enter the chili cook-off is \$20 per entry with prizes for first, second and third place. Wanted: Chili cook-off entries!

Tasting tickets are: chili - \$5/ticket and beer - \$20/tickets. Street Taco lunch from Nana's Kitchen and craft

beer from Audio Graph Beer Co. Buy tickets at cclcf.org/events or call (818) 790-4353.

Visit cclcf.org/events/#fundraisers for ticket information.

On Saturday, May 25 from 6 p.m. to 9 p.m. CCLCF is having a family bingo night and ice cream sundae bar (ice cream provided by Handel's) sponsored by Engel & Völkers/Carrie Grochow. The cost is \$20 for adults and \$10 for kids.

Community Center of La Cañada Flintridge is located at 4469 Chevy Chase Drive in La Cañada Flintridge.

PSA JURIED EXHIBITION AT WHITES GALLERY

The Pasadena Society of Artists' 99th Annual Juried Exhibition takes place at Whites Fine Art Gallery, 2414 Honolulu Ave. in Montrose through Saturday, April 27.

The 99th Annual Juried Exhibition is also available online at ISSUU.com. A full color catalog will be available for purchase at the opening reception.

Kenneth Ronney selected 42

artists and 73 artworks for the 99th Annual Juried Exhibition. Media include collage, oil, acrylic, pen and ink, mixed media, digital images, assemblage, watercolor, etching, photography and ceramics.

JEWEL CITY KNITTERS MONTHLY MEETING

Jewel City Knitters will hold its monthly JCK Charity Knit and Crochet gathering on Saturday, April 13 from 2-3:30 p.m. at the Chevy Chase Library, 3301 E. Chevy Chase Dr. in Glendale, (818) 548-2046.

Enjoy a relaxed afternoon of knitting, crocheting and conversation.

For more information, email susandietel@yahoo.com.

CALTECH JAZZ BAND PRESENTS ANNUAL JAZZ FESTIVAL

The Caltech Jazz Band presents the annual jazz festival featuring three groups: The Caltech Jazz Band, the Kirsten Edkins Group and the Eva Scow Collective. This outdoor

see JUST FOR FUN on page 20

» ZACK HILL BY JOHN DEERING AND JOHN NEWCOMBE



FreeDailyCrosswords.com

4.11.24

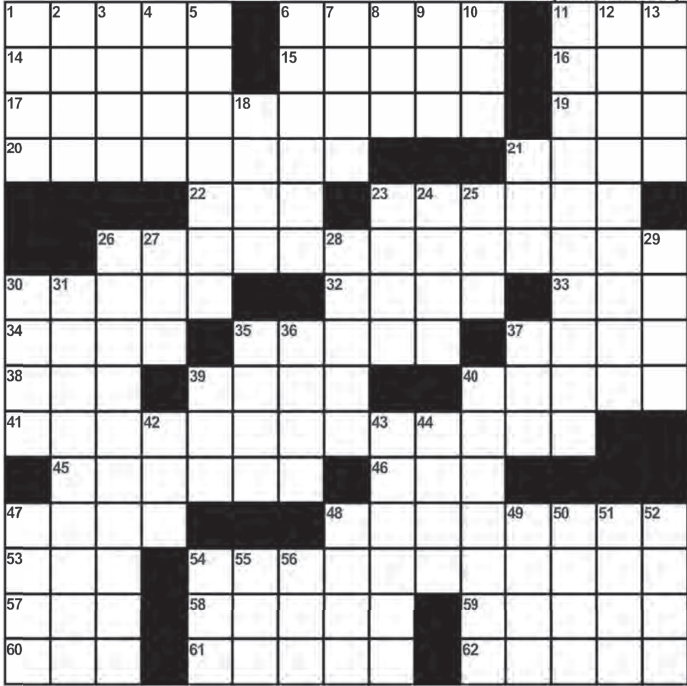
ACROSS

- 1) Rock band's handouts
- 6) Sultan's women
- 11) Cookware item
- 14) Lewis Carroll heroine
- 15) 2008 "Yes We Can" sloganeer
- 16) __ Alicia of "Falcon Crest"
- 17) Hawaiian-born LPGA star
- 19) Thespians' org.
- 20) Makes absolutely certain
- 21) Rugged wheels, for short
- 22) "To each __ own"
- 23) High point in an orbit
- 26) Very early morning
- 30) Make improvements to
- 32) Good earth
- 33) Eminem's genre
- 34) Rolling stone's lack
- 35) Bill who led the Comets
- 37) Buster Brown's dog
- 38) "The Addams Family" cousin
- 39) Swoosh, to Nike
- 40) Initiated, frat-style
- 41) "Lost my train of thought"
- 45) Ides of March victim
- 46) __ double-take
- 47) Muffs it
- 48) Oscar presenters, e.g.
- 53) Like 1960s British fashion
- 54) Nintendo game-players
- 57) "Sorta" suffix
- 58) Craig Biggio, notably
- 59) Group mailing tool
- 60) General on Chinese menus
- 61) Gave pills to
- 62) Box score data

DOWN

- 1) Beavers' handiwork
- 2) Nobelist Wiesel
- 3) Computer plug-ins
- 4) Phil who sang "Draft Dodger Rag"
- 5) Did a slow burn
- 6) "Total patient" treatment
- 7) Drive the getaway car, say
- 8) Unedited, as text
- 9) British record label until 2012
- 10) West of "Sextette"
- 11) Remove bacteria from, as milk
- 12) As a rule
- 13) Makes "it," in a game
- 18) Lane of the Daily Planet
- 21) In days of yore
- 23) Natural emollient
- 24) Shakespeare work
- 25) Resistance unit
- 26) Wagon master's cry
- 27) New USN officer
- 28) Give the green light
- 29) Hotfooted it
- 30) Kingsley who wrote "Lucky Jim"
- 31) Grueling race for bikers
- 35) Bar mitzvah dance
- 36) Golden __ (senior)
- 37) Shooting marble
- 39) "__ Miz"
- 40) Typically black vehicles
- 42) "__ a Rebel" (Crystals hit)
- 43) Johnny Depp title role
- 44) Parti-colored horse
- 47) Give off
- 48) Plot size, perhaps
- 49) Numskull
- 50) Director Kazan
- 51) Take five
- 52) JFK landers, once
- 54) Glob of gum
- 55) Prefix with bar or metric
- 56) FWIW part

WHEE! By Fred Piscop



see ANSWERS on page 5

Best Buy promised me a \$150 refund. Now it won't pay!

After the price of Francis Clark's dishwasher falls, Best Buy agrees to refund him \$150. But now it won't pay. What's going on?

Q I bought a Bosch dishwasher for \$1,100 from Best Buy recently. A week later, Best Buy lowered the price of the dishwasher by \$100 and a week later by another \$50. I contacted Best Buy by chat and asked for a price match. It agreed to issue a refund during a chat session. Best Buy said it could take up to two credit card billing cycles but after my second billing cycle I still didn't see the refund. I contacted Best Buy again and this time a representative said they would not issue a refund because it was outside the return and exchange window. But the reason it was outside the window was because of Best Buy's delay. Can you help me get the \$150 that Best Buy promised me?

— Francis Clark, Hudson, Massachusetts

A If Best Buy promised you a refund, it should have followed through. Normally, businesses will price-match a product at the time you buy it but not afterward. But at the time you had already purchased your appliance, Best Buy's policy was to price match before your purchase and during your return window. It's not clear why Best Buy didn't honor its agreement. You had the promise in writing. You did a nice job of keeping a paper trail. (You should always keep a record of your correspondence with a company, especially when it comes to a refund.) You asked for a refund twice – the first time when the price fell by \$100 and then again when it fell by another \$50. That may have confused Best Buy's system, which had already authorized one refund.

It looks like they may have canceled each other out. But that wasn't the problem. Best Buy then treated your case as if it was brand new. You waited patiently for your two credit card cycles to end and then asked again, and that's when Best Buy told you it was too late. This seems like a case of one hand not knowing what the other is doing, which happens often at big companies. An email to one of the executive contacts at Best Buy might have cleared things up. I list the names, numbers and emails of the customer service managers on my consumer advocacy site Elliott.org. You reached out to my consumer advocacy organization and I contacted Best Buy on your behalf. Best Buy responded to you the next day. A representative contacted you and promised to fix the problem.



Illustration by Dustin ELLIOTT solve their problems. Email him at chris@elliott.org or get help by contacting him at <https://elliottadvocacy.org/help/>. © 2024 Christopher Elliott

"Today, I see the correct credit on my card," you reported. "Thank you!" Christopher Elliott is the founder of Elliott Advocacy (<https://elliottadvocacy.org/>), a nonprofit organization that helps consumers

CALENDAR THIS from previous page

concert will be held on Saturday, April 13 from 1 p.m. to 5 p.m. on the Hameetman Patio. The festival is outside with limited seating. Please bring a folding chair, blankets and picnic items. Parking is free. The Caltech Jazz Band, directed by Barb Catlin, will open the festival with an array of big band music, including two new works from Caltech alum Dr. Les Deutsch and Caltech grad student Phil Kocheril. Free to attend. Hameetman Patio is located at the Winnett Student Center, 1200 E. California Blvd. in Pasadena.

CRAIG'S COLORFUL COLLECTION OF CAPTIVATING CLUTTER

For Bolton Hall Museum's next 2nd Saturday Program history hunter Craig Durst joins reveals his unusual collection of historical oddities to attendees. The collection, assembled through his lifetime including 40 years of working in the television industry, will connect people to local, state, national and

international history. See and touch pieces of the St. Francis Dam and the World Trade Center, his gifts from various celebrities and view a short 1928 film shot in Tujunga using a 1923 Pathe Baby Film Projector. Durst's presentations are always educational, enlightening and entertaining. Plan to attend on April 13 at 1 p.m. for this special and unusual program. This event is free and open to the public and everyone is welcome. Bolton Hall Museum, home of Little Landers Historical Society, is located at 10110 Commerce Ave. in Tujunga. Additional information is available from Little Landers Historical Society, (818) 352-3420 or BoltonHall.org or email llhs@boltonhall.org.

SAVE THE DATE FOR BOWLING FUN

The Campbell Center is hosting its 32nd bowl-a-thon to benefit its programming for adults with developmental needs. Families,

friends and close connections are invited to take part. The bowl-a-thon is on Sunday, April 14 from 11:45 a.m. to 2:30 p.m. at Bowlero Pasadena, 3545 E. Foothill Blvd. in Pasadena. Individual tickets are \$80. Those who build a team of four and pays \$400 will help offset the costs for one TCC associates to bowl (TCC covers the cost otherwise, so it's helpful when we get them sponsored). Those who can't bowl can still pay \$80 to cover the cost of one associate bowler. Other sponsorships are available; visit <https://thecampbell.org> for information.

BURBANK AFRICAN VIOLET SOCIETY

The Burbank African Violet Society will have its next club meeting on Thursday morning, April 18 at 10 a.m. at The Little White Chapel Christian Church, 1711 N. Avon St. in Burbank. The program will be "African Violet Survey Results – Our Members' Interests, Skills and Collections" led by John

Hershey. The 38th anniversary of the Society will also be celebrated at the meeting. Individual yearly membership dues are \$15, couple's yearly membership dues are \$20. There is a learning lab, show and tell, questions and answers, raffle and silent auction tables. Refreshments are served and friendships are made. Guests are always welcome to attend the meetings. For more information call (661) 940-3990 or reference the website. www.burbankafricanviolets.weebly.com.

NIGHT OF MAGIC PRESENTED BY LCWC

On Saturday, April 20 at 7 p.m., the La Crescenta Woman's Club hosts a night of magic featuring Stan Gerson. Tickets are \$35, which includes magical fun, hors d'oeuvres, dessert and silent auction! La Crescenta Woman's Club is a non-profit 501(c)(3) organization, founded in 1911. Proceeds help the Club fulfill community needs through its many philanthropic projects and scholarships. To purchase tickets, visit <https://lacrescentawomansclub.org/events/nightofmagic/> or mail a check payable to La Crescenta Woman's Club to 4004 La Crescenta Ave., La Crescenta, CA 91214. For questions, contact (818) 957-9806.

merchants; a selection of eateries from full-service to grab-and-go items; beer, wine and cocktails are also available for purchase on the premises; select days will showcase local musicians, docent-led garden tours, signature brunches and more.

ONE NIGHT IN VEGAS

Our Lady of Lourdes School is hosting One Night In Vegas on Friday, April 26, an event for people age 21 and older offering a chance to play casino games, enjoy dinner, cocktails and dancing. There will be live and silent auctions of many amazing prizes, trips, jewelry and more! Tickets are just \$75 per person or \$800 for a VIP table of 10. Doors open at 6 p.m. The event is at Our Lady of Lourdes Church Parish Hall, 10275 Tujunga Canyon Blvd. in Tujunga. Cocktail attire. For more information, visit www.ollgala.com; Venmo payment to OLLPTO49 or call (818) 353-1106.

SOROPTIMIST INTERNATIONAL OF GLENDALE'S 21ST ANNUAL BRAS FOR A CAUSE GALA

Soroptimist International of Glendale's 21st Annual Bras for a Cause Gala will take place on Saturday, April 27 at Oakmont Country Club, 3100 Country Club Drive in Glendale. It is the organization's largest fundraiser of the year. This year's theme is "Sweet Dreams are Made Here," which reflects the dreams that Soroptimist International make come true for women and girls in the local community and beyond. All are invited to attend the April 27 event for a night of dinner, drinks, awards and an auction to support Soroptimist International of Glendale. Tickets are on sale now! Sponsorship packages available include brand exposure and other perks. To purchase tickets and for more information, visit <https://soroptimistglendale.org/bras-for-a-cause-2024/>.



Kiwani's
Club of Glendale

MAY 4, 2024 | 11:00AM | VERDUGO PARK



ADOPT YOUR DUCKS TODAY!
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SCAN ME



TICKETS AVAILABLE FOR PASADENA SHOWCASE HOUSE OF DESIGN

Home and garden tours for the 2024 Pasadena Showcase House of Design will take place April 21-May 19. This year's estate, Potter Daniels Manor, is an exceptional piece of Pasadena history. Tickets start at \$50 per person and guests can select their preferred day and time to tour the home and gardens. Tickets can be purchased online at pasadenashowcase.org/tickets. Additional events at the property include The Shops at Showcase, which features a collection of boutique and artisan

BUSINESS

NEWS FROM THE CV CHAMBER »» ROBIN GOLDSWORTHY

Welcoming Spring and a Bright Future

The CV Chamber is moving forward with a strong board and big plans. Our chamber board, which consists of vice president Robert Manciero, secretary Donna Libra, treasurer Molly Shelton, honorary mayor Dwight Sityar, Kira Antuna, Christine Benitez, Rev. Beverly Craig, Craig Fisher, Leonard Ghazarian, Victoria Malone, Mary

O’Keefe, Mike Riley, Win Saw, Pete Smith and advisors Mike Baldwin, Aram Ordubegian and Steve Pierce, are rolling up their sleeves to do the heavy lifting of the chamber.

This includes the planning of our big event: the Hometown Country Fair! It takes place on June 22 at Crescenta Valley Park, 3901 Dunsmore Ave. It promises to be full

of all of the fun things our friends and neighbors have come to expect from the Hometown Country Fair: a variety of vendors, inflatables, food trucks, entertainment, the dog parade and more. This year is a celebration of the 60th anniversary of the Ford Mustang with a salute to fin cars from 1956-1962. This free event is from 9 a.m. to 4 p.m. and is

something you won’t want to miss so mark your calendars now!

Want to meet members of our board while mixing with other business owners and residential supporters? Attend our next mixer! It’s on Tuesday, April 16 at St. Luke’s of the Mountains, 2563 Foothill Blvd. at Rosemont Avenue. The historic stone church is celebrating its 100-year anniversary and we plan to celebrate on April 16! Our mixer is from 6 p.m. to 8 p.m. and the cost to attend for chamber members is just \$15; \$20 for non-members. However, you can become a chamber member that night and forego the entrance fee and the membership enrollment fee!

Which leads me to welcoming our newest members: residential members Tricia Falbo and DeeDee Mueller and business members Liz Colon of Captured Celebrations, April Barlow of ServPro and Paul Dutton of Dutton Real Estate. These folks know the value of

chamber membership and we are happy to welcome them!

The CV Chamber supports other non-profits including the Mary Pinola/CV Chamber Education Fund. Its recent Smart A Thon featured three teams from the chamber (sponsored by some generous folks) and although our teams didn’t rank among the top winners our chamber members had a great time competing in this trivia contest extraordinaire!

The CV Chamber also wants to remind readers of the bingo game on April 20 that benefits Prom Plus. It’s going to be held at the Verdugo Hills Memorial Hall/ American Legion Post 288 at 4011 La Crescenta Ave. It’s just \$25 to play for a chance at big bucks. Doors open at 4:30 p.m.; first game is at 6 p.m.

I hope to see you there!

*Robin Goldsworthy, President
Crescenta Valley Chamber of Commerce*

NEWS FROM THE M-VC CHAMBER »» SARA DARBY

April Awakens: From Egg My Home to Craft Beer Haven, MVCC Reflects on Easter Fun and Showcases Springtime Business Buzz!

Wow, what a month March was! The Montrose-Verdugo Chamber of Commerce (MVCC) would like to take a moment to thank this amazing community for its support and efforts. March was filled with celebration, generosity and anticipation for future events. From joyful Easter egg hunts to acts of kindness that warmed our hearts, it’s been a time to come together and appreciate all that makes our neighborhood special. We’d like to point out some highlights that made this a month to remember.

First and foremost, our 4th Annual Egg My Home event stole the spotlight this past month. We’re thrilled to announce that this year’s event was our most successful yet boasting a record-breaking 68 orders and over 4,000 eggs delivered to doorsteps across Montrose, La Crescenta, La Cañada, Tujunga, Pasadena and Glendale. Our board members were up before the sun to get those eggs delivered to all our participating families and we were all thrilled to be a part of such a fun and exciting event. A huge thank you goes out to our community members who supported this event and made it a smashing success.

In addition to spreading Easter joy through our Egg My Home event, we were honored to collaborate with the Glendale Police Dept. (GPD) in delivering Easter egg donations to deserving children in our community. Amy Tate from GPD shared the heartwarming news: “We decided to give the baskets to eight well-deserving kids at Horace Mann Elementary. They all received the baskets for different reasons, but they were all so deserving of them!”

The smiles on the faces of these children served as a poignant reminder of the impact we can make when we come together as a community to spread kindness and joy.

We can’t forget about our 9th Annual Montrose Craft Beer Fest event – it was a smashing success! As our second biggest fundraiser, we’re thrilled with how well it went. With perfect 60°F sunny weather, 882 guests enjoyed brews from 15 breweries and delicious food from six restaurants. A massive thank you to our sponsors, vendors and volunteers for making it possible. Special shoutout to all the volunteers who helped pull off this fantastic event.

As we reflect on the past month’s achievements and look forward to the exciting events on the horizon, the MVCC remains dedicated to serving the interests of our members and fostering a thriving business community. Together, we will continue to create moments of joy, generosity and connection that make our neighborhood a wonderful place to call home.

Stay tuned for more updates and announcements from the Montrose-Verdugo Chamber of Commerce. Here’s to a fruitful April filled with growth, camaraderie and endless possibilities. Cheers to our vibrant community!

Meet the newest business member of the MVCC:

Babaians Law Firm: “Babaians Law Firm is a prestigious, dynamic law firm specializing in personal injury and car accident law. By working with our exceptionally talented team, our clients achieve remarkable results.” <http://bianslaw.com>

...and welcoming back renewing members:

Grayson’s Tune Town: “Southern California’s favorite music store since 1953. Instruments, music lessons, guitar repair.” www.graysonstunetown.com

Friends of Rockhaven: “A 501(c)(3) non-profit corporation that exists to support Rockhaven Park and the entities that call Rockhaven Sanitarium their home. We fulfill our mission by raising funds to help preservation efforts, give tours of the property, organize events that publicize the Park to create outside interest and garner public support, create volunteer opportunities to help clean and restore.” www.friendsofrockhaven.org/

Robbin’s Nest Preschool: “Established in 1975 and recognized for excellence in the community, Robbin’s Nest Preschool and Kindergarten, located in La Crescenta, continues to serve almost 200 families in Crescenta Valley, Glendale and the Foothill communities. We help kindergarteners and preschoolers develop intellectually, emotionally and socially.” www.robbinnestpreschool.com

Merle Norman Cosmetics: “Since 1931, Merle Norman Cosmetics has defined prestige skincare and cosmetics. The award-winning brand is celebrated by millions of women across multiple generations as a leading beauty industry staple.” (818) 249-1743

Lutheran Church in the Foothills: “In the summer of 1947, the Evangelical Lutheran Synod of California requested the Board of American Missions of the United Lutheran Church in America to send a pastor-developer into the La Cañada, La Crescenta and Montrose area.” <http://lcifoothills.org>

Hillcrest Pet Hospital: “We feel that our faith in Christ Jesus sets us apart from other veterinary hospitals. We want our team, our clients and our community to feel this as they walk in. As a privately owned small business we strive to be anything but corporate. Our clients are not a number to us – you and your pets matter. Dr. Odet Kaspari-Chiriboga has a passion for surgery and will often perform surgeries that other veterinarians in the area might refer out. If you have a concern about your pet’s health that may require surgical services, let us know!” <http://hillcrestpethospital.com>

MVCC and Member Updates/ Upcoming Events:

NEW DATE: Thursday, April 18 at noon: Grand opening ribbon cutting ceremony at Noa Health, 3535. N. VerdugAo Road in Glendale.

Friday, April 26 at midnight: Deadline for submission of MVCC scholastic scholarships, open to Clark Magnet and CV high school graduating seniors.

Link is case sensitive: bit.ly/MVCCSCHOLARSHIP.

Remember to shop local!

*Sara Darby, Secretary
Montrose Verdugo Chamber of Commerce*



thank you

THE MONTROSE-VERDUGO CITY CHAMBER OF COMMERCE EXTENDS ITS HEARTFELT GRATITUDE TO ALL BREWERIES, RESTAURANTS, SPONSORS, VOLUNTEERS, AND INDIVIDUALS WHO CONTRIBUTED TO THE RESOUNDING SUCCESS OF OUR 9TH ANNUAL MONTROSE CRAFT BEER FEST.

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NOTICE OF NAME CHANGE

ORDER TO SHOW CAUSE FOR CHANGE OF NAME: LILLIA MICHELLE VILLEGAS. Case number 24NNCP00113. Superior Court of California, Glendale Superior Court, North Central District, 600 East Broadway, Glendale, CA 91206. To all interested persons: 1. Petitioner LILLIA MICHELLE VILLEGAS filed a petition with this court for a decree changing names as follows: a. Present Name: LILLIA MICHELLE VILLEGAS to Proposed Name: LILLIA MICHELLE VILLEGAS OGDEN. THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING a. Date: MAY 22, 2024 Time: 8:30 AM Dept.: D Room: N/A b. The address of the court is same as noted above. A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Published Crescenta Valley Weekly April 11, 18, 25, May 2, 2024.

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PEOPLE from page 15

who is in the new media design program, Silver Echavarria of La Crescenta, who is in the game design and development program and Bonnie Kim of La Crescenta, who is in the physician assistant program, were named to the dean’s list at Rochester Institute of Technology for the fall semester of the 2023-2024 academic year. Full-time degree-seeking undergraduate students are eligible for dean’s list if their term GPA is greater than or equal to 3.400; they do not have any grades of “incomplete,” “D” or “F;” and they have registered for, and completed, at least 12 credit hours.

Veronica Habashy, Class of 2026, and Dylan Tanouye, Class of 2027, both from La Cañada Flintridge, earned places on the Tufts University dean’s list for the fall 2023 semester. Dean’s list honors at Tufts University require a semester grade point average of 3.4 or greater.

Tufts University, located on campuses in Boston, Medford/Somerville and Grafton, Massachusetts, and in Talloires, France, enjoys a global reputation for academic excellence. A growing number of innovative teaching and research initiatives span all Tufts campuses, and collaboration among the faculty and students in the undergraduate, graduate and professional programs across the university’s schools is widely encouraged.

Gabriel A. Torres of La Crescenta achieved dean’s list and semester honors for the fall 2023 semester at Purdue University in Indiana.

Approximately 1,600 students were named to the Biola University dean’s list in fall 2023. Biola students are placed on the dean’s list to honor those with a GPA of 3.6 or higher while enrolled in 12 or more credits and whose cumulative GPA is at least 3.2.

The following local residents were named to the dean’s list:

Faith Choi from La Crescenta majoring in allied health, Emily Low from Sunland majoring in comm sciences disorders, Molly Mittelberg from La Cañada Flintridge majoring in nursing, Jakob Torres from La Cañada Flintridge majoring in kinesiology.

Biola University celebrated 116 years of impacting its surrounding communities by going back to its Los Angeles roots and serving the homeless community. Biola is a nationally ranked Christian university in the heart of Southern California.

With more than 5,000 students at its Southern California campus and around the world, Biola’s eight schools offer more than 150 academic programs at the bachelor’s, master’s and doctoral levels. For more information, visit biola.edu or call (562) 777-4061.

Heidi Oxley of La Cañada was recently initiated into The Honor Society of Phi Kappa Phi, the nation’s oldest and most selective all-discipline collegiate honor society. Oxley was initiated at Arkansas State University.

Oxley is among approximately 25,000 students, faculty, professional staff and alumni to be initiated into Phi Kappa Phi each year. Membership is by invitation only and requires nomination and approval by a chapter. Only the top 10% of seniors and 7.5% of juniors are eligible for membership. Graduate students in the top 10% of the number of candidates for graduate degrees may also qualify, as do faculty,

professional staff and alumni who have achieved scholarly distinction. Phi Kappa Phi was founded in 1897 under the leadership of undergraduate student Marcus L. Urann. Today, the Society has chapters on more than 325 campuses in the United States, its territories and the Philippines.

University of Puget Sound recently announced its dean’s list for fall 2023. This recognition honors outstanding undergraduate students committed to academic excellence. To achieve dean’s list distinction, students must have earned a semester GPA of 3.70 or higher, completed all enrolled courses without withdrawals, and have no incomplete grades.

Katie Hayhurst, Hannah Lee and Maya Sheklow, all from La Crescenta, made the fall 2023 dean’s list at the University of Puget Sound.

A nationally ranked residential liberal arts college in Tacoma, Washington, University of Puget Sound enrolls 1,800 undergraduate students from across the country and around the world, as well as 300 graduate students in education, counseling, occupational therapy, physical therapy and public health. University of Puget Sound offers 1,200 courses each year in more than 50 areas of study.

NOD from page 11

rarely seen people like me (a queer person) in them. There’s this narrative that a queer person’s life begins the day they come out, but that is just not true.

“Self-discovery isn’t always linear, yet often it is shown that way, especially on TV. I wanted to honor the gray area [and] celebrate the time when a queer person is finding themselves and trying to figure out where they fit into the world.”

Added Plaschke, “Being nominated for a College Television Award is unreal. When I wrote this project, I was so worried no one would ‘get it’ or like it. The fact that it’s now nominated for a college Emmy is incredible!”

Currently, Plaschke is a staff writer at Phony Content, a digital content company that produces scripted storytelling via text messages. Prior to attending AFI, they worked at “Saturday Night Live” directing videos for the show’s “Please Don’t Destroy” sketches.

Designed to emulate the Emmy® Awards, student entries are judged by Television Academy members. Criteria for the College Television Awards reflect industry standards of excellence, imagination and innovation. To purchase tickets to the awards ceremony, visit TelevisionAcademy.com/cta/tickets.

AGCE from Cover

to come together to honor, remember and stand in solidarity by attending one or all of the following free events:

- Saturday, April 20 at 11 a.m.: Bábo: A reading and book signing with Astrid Kamalyan on Artsakh Avenue, between Broadway and Wilson Avenue, in Glendale.
- Saturday, April 20 from 6:30 p.m. to 8:30 p.m.: Before and After: Reflections on the Armenian Genocide presented by Glendale Library Arts and Culture ReflectSpace Gallery at 222 E. Harvard St. in Glendale.
- Sunday, April 21 at 4 p.m.: City of Glendale’s 23rd Annual Armenian Genocide Commemorative Event at the Alex Theatre at 216 N. Brand Blvd. in Glendale. For tickets, visit <https://www.ticketmaster.com/search?q=armenian%20genocide>.
- Thursday April 25 at 6 p.m.: Poets Against Genocide hosted by Glendale Poet Laureate Raffi Joe Wartanian at The Center for Armenian Arts at 250 N. Orange St. in Glendale.
- Friday, April 26 at 7 p.m.: Film screening of “Songs of Solomon” and discussion with producer Asko Akopyan at Look Dine-In Cinema at 128 Artsakh St. in Glendale. For tickets, visit <https://www.eventbrite.com/e/screening-of-songs-of-solomon-with-a-discussion-with-producer-asko-akopyan-tickets-876308080057?aff=ebdshpsearchautocomple>.

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