JANUARY 13, 2022 WWW.CVWEEKLY.COM VOL. 13, NO. 32

Dog Park, COVID Discussed at Council Meeting

By Julie BUTCHER

After a holiday hiatus, the Glendale City Council started its Tuesday evening meeting hearing a COVID-19 update from Glendale Memorial Hospital's Chief Medical Officer Dr. William Wang. He noted that two years into this pandemic the country is experiencing the fifth wave of the virus. Glendale hospitals report 51 COVID patients per day in a spike that started in early December, up from the 33 patients per day experienced at the peak of the pandemic.

"At the beginning, we asked for help to 'flatten the curve.' We had no real treatment and feared the number of patients would overwhelm the medical system. Now we're also experiencing staffing shortages as well as a high number of patients. We have the space; we don't have the staff," Dr. Wang said, urging everyone to "up your mask game, get vaccinated and boosted, and recognize that this is cyclical."

Specifically, Dr. Wang advocated for the use of KN95 or N95 masks, as these provide tighter seals around a person's mouth and nose, or the use of two surgical masks as "the next best thing."

"Please get vaccinated and wear your mask, especially inside. It's still better for your health not to get COVID," the doctor concluded.

Next, city staff announced a virtual dog park meeting set for Wednesday, Jan. 19 from 6:30 to 7:30 p.m. Two possible sites for a potential dog park are being considered: Pelanconi Park, 1000 Grandview Ave., and the Lot 11 portion of the National Guard Armory site, near the Elks Lodge, at 220 E. Colorado

To participate in the meeting, visit www.glendaleca.gov/dogpark. The WebEx meeting number is 2489 837 2249 and the password is K23pWNEM4gG - participants can also join by

see GCC on page 10

Luncheon Recognizes Youth Supporters

By Mary O'KEEFE

Local organizations lauded by Glendale Rotary Noon Club, given financial support.

t a luncheon last week the Glendale Rotary Noon Club made presentations to various organizations that support the youth of the community. Their generous contributions were especially appreciated this year because, across the board, non-profit organizations have faced a lack of traditional fundraising due to the pandemic. The Rotary Noon Club gave each organization a "helping hand" that is so needed because, although COVID may have forced a lot of events to be canceled, the need in the community continues to grow.

President of the Rotary Noon Club, Angela Berberyan, opened the luncheon event by welcoming everyone and thanking them for their support.

"As some of you may know we have been serving the community of Glendale for the past 100 years," she said. She added the club plans to celebrate



Amy Tate (center) and Det. Ayad (right) accept a check on behalf of the Glendale Police Officers Association from Edwin Voskanian (left). The GPOA was one of several recipients of financial help from Glendale Rotary Noon Club.

its centennial in 2022, hopefully by hosting an in-person event. The club raises funds throughout the year to support local organizations and programs. One of their biggest - and most popular fundraisers is the Cars for Cops and Kids car show held at Verdugo Park.

The car show was started by Glendale Rotary Noon Club and spearheaded by retired Glendale police officer Oscar Rodriguez and Edwin Voskanian. It began in 2017 but has seen substantial growth over the years.

Voskanian, a member of the Club, is the chair of the event and shared a few statistics of the show's growth.

"In 2017 the project generated [about] \$9,700; in 2018 it was [about] \$37,000; in 2019 just over \$34,000; and in 2021

 $see \: ROTARY \: on \: page \: 6$

GUSD Returns to Campus with Safety as Top Priority

By Bethany BROWN

Glendale Unified School District students, staff and administrators returned to school campuses on Monday, Jan. 10 following winter break. They were greeted with newly implemented safety protocols resulting from the rapid spreading of the highly transmissible omicron variant of the COVID-19 virus.

All students and employees were required to receive a negative COVID-19 test before returning to campus. Other protocols were in place for those who tested negative and could return to campus. These included wearing facemasks indoors as well as outdoors - unless actively eating or drinking – until further notice, and employees are now required to wear upgraded surgical/respirator

see GUSD on page 8



Photo by Mary O'KEEFE

Cars with students lined up for COVID testing prior to students' return to campus after winter break. The line of cars stretched from the teachers' parking lot at Community on Ramsdell, south on Ramsdell Avenue, then east on Montrose Avenue and north on La Crescenta Avenue reaching near the La Crescenta Avenue onramp.

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PAGE 16 » UNION STATION HOMELESS SERVICES BENEFIT FROM LCJWC



THE DESK OF THE PUBLISHER



Making a Difference

I was inspired last week after reading Su- morning, opening the doors to kids, feeding She took the opportunity to highlight some of the organizations that she is involved with and reminded readers of the importance of taking part in these organizations. Many are non-profits that are driven by volunteers and without them they might cease to exist. Their importance to the community overall cannot be stressed enough and individuals benefit as well.

I speak from experience. As most know, I've been involved with the non-profit Prom Plus since 1999. Though I've stepped down as its president, I am still on the board and know that I still have something to offer. However, I also firmly believe that Prom Plus needs to be populated by much younger people - preferably parents and others involved in the school system. After all, my youngest is in his late 20s and expecting his first baby - I'm not exactly the most connected person to our school district.

My focus now is primarily on the Crescenta Valley Weekly ... and why not? I started it over 12 years ago and have poured my soul into its success. While I understand that it is a company that demands excellence from a team of people, I also think that it is necessary for me to keep my eyes on just about every aspect of its operation.

And of course there's the Fire House youth center. Mary O'Keefe has run the center for a decade or more - and let me share with you that it's not an easy job. Pre-COVID she was there every Tuesday night and every Thursday

san Bolan's monthly column in Viewpoints. them dinner and breakfast. I'll tell you, too, that there were times that donations were pretty slim - especially those earmarked for food. And it takes a lot of food to feed so many kids. But, again, Mary's youngest is in her early 20s - parents or those in the school system should be volunteering their time so Mary isn't as responsible.

> Let's talk COVID-19. For nearly two years, many non-profits were adversely affected by the pandemic (I dare you to think of one that didn't have to close permanently, cancel fundraising or have the number of its members greatly reduced). I know that Prom Plus couldn't host its very popular Taste of Montrose or bingo nights because of pandemic restrictions. This loss of income will affect how and if we're able to host a Prom Plus event once the pandemic is over; we might have to wait until we can get some money under our belts from fundraisers.

> So I ask you to take a moment to consider where you might want to donate your time. If you don't have time, money is always welcomed. Thankfully we live in a community that is very giving - both of time and money. The generosity of its residents and businesses has been apparent to me (these last two years especially) and another reason why I'm so proud to call the Crescenta Valley my home.

Robin Goldsworthy is the publisher of the Crescenta Valley Weekly. She can be reached at robin@cvweekly.com or by calling (818) 248-2740.

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Weather in the **Foothills**

I think we are bound to, and by, nature. We may want to deny this connection and try to believe we control the external world, but every time there's a snowstorm or drought, we know our fate is tied to the world around us. Alice Hofmann – American, author of children & adult books

Without water, we cannot survive. Without the tools needed to understand the patterns of water availability, it is difficult to make decisions about how to manage water and provide resources to regions that need it most. On the Navajo Nation in the four corners area of the southwestern U.S., water is very scarce and variable, and drought is pervasive. NASA's Drought Severity Evaluation Tool (DSET) became a shared project with the Navajo Nation. DSET is unique in seeking to understand how indigenous knowledge and western science can be viewed side-by-side. It is a web-based drought reporting tool co-developed between the Navajo Nation Dept. of Water Resources (NNDWR) and WWAO.

A little about WWAO:

- The mission of NASA's Western Water Applications Office (WWAO) is to help solve the most important and pressing water issues faced in the western U.S. today.
- · WWAO is a NASA program based at the Jet Propulsion Laboratory in Pasadena. · It delivers NASA's remote-sensing data, expertise and tools directly to water decision makers who can make use of them across the western states and water
- The program is part of a larger effort within NASA to forge an "applied science mindset" that maximizes the best of the best – both scientists and lay people.

The drought reports combine satellite data, modeled inputs and in-situ data from the Navajo Nation in a web-based platform, which harnesses Google Earth Engine. Presently the Navajo Nation gathers data from 85 rain gauges and three satellites from NASA's Western Regional Climate Center. The various drought tools used are the result of a partnership the NNDWR, the Desert Research Institute and NASA's WWAO.

Even though our Crescenta Valley location and tribal lands of several distinct communities come together to make up the U.S. Southwest, their climates are very different. Their rainfall comes during the summer months. Coming up from the south, it is torrential, warm and of short duration classified as monsoonal. Our rainy time is more predictable and falls during the winter; arriving from Alaska

Our rains may differ in characteristics, but how cool is it that we join together to study them? The NWS folks are watching a rain system forming in the northwest. Keep the umbrella ready!

> Sue Kilpatrick is a Crescenta Valley resident and Official Skywarn Spotter for the National Weather Service Reach her at suelkilpatrick@gmail.com.

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NEWS

IN BRIEF

Rosemont Preserve Open Gate Morning

An "open gate" event is taking place at the Rosemont Preserve on Sunday morning, Jan. 16. This is a chance for residents to visit the Preserve and wander the trail at their own pace and enjoy the tranquil setting, the wildlife and the natural beauty. Recent rains will help identify animal tracks and make the Preserve more beautiful than ever!

The gate will be open from 9 a.m. to 11 a.m., and Friends of the Rosemont Preserve Committee members will be available to answer questions and present this community resource.

The Preserve is located at the north end of Rosemont Avenue, just past the chain link fence. As street parking is limited, please park at Two Strike Park, 5107 Rosemont Ave. Those with mobility issues who require a closer parking spot should contact the Rosemont Preserve Committee.

Those planning on walking the trails should wear sturdy shoes.

This event is free to the public and suitable for all ages; no reservations required. Rain cancels. Sorry, no pets please.

For further information, contact the Friends of the Rosemont Preserve at RosemontFriends@gmail.com.

Battle of the Badges

The American Red Cross is hosting the Battle of the Badges, a blood donation "competition" between the LASD and LAcoFD. The blood drive takes place on Wednesday, Jan. 19 from 11 a.m. to 5 p.m. at the LASD-Crescenta Valley Station, 4554 Briggs Ave.

To make an appointment, either visit redcrossblood. org or call (800) 733-2767.

Outreach Workshop for La Crescenta Avenue Improvements

On Thursday, Jan. 20 from 7 p.m. to 8 p.m. a meeting is being held regarding proposed road improvement for La Crescenta Avenue. Los Angeles County Public Works is planning an upcoming pavement resurfacing project along La Crescenta Avenue, Orange Avenue, Prospect Avenue, Ocean View Boulevard, Mira Vista Avenue, and Montrose Avenue within the unincorporated La Crescenta-Montrose community.

Additional infrastructure improvements will include: resurfacing portions of various roadways and reconstructing existing curb ramps; replacing existing asphalt sidewalk and curb ramps with concrete along Orange Avenue; installing bikeways along various roadway segments to encourage active transportation; constructing drywells to capture surface water and improve water quality; constructing bulb-outs and sidewalks to improve pedestrian safety.

To learn more about the project and how to get involved, or for those who require project information or materials in other languages, contact Shirley Lai, project manager, at slai@pw.lacounty.gov or call (626) 300-2619.

The Zoom meeting is hosted by the Crescenta Valley Town Council and can be access at https://bit.ly/lacrescenta-workshop or call by dialing (669) 900 6833. Meeting ID is 283 256 4275 and password: 626159

CVTC Special Meeting

The Crescenta Valley Town Council is having a public forum and presentation regarding the proposed Eagle Canyon Channel Trail, which includes a multiuse trail beginning at the northeast intersection of La Crescenta Avenue and

El Caminito along the flood control channel connecting to Two Strike Park (Phase I).

The in-person meeting includes representatives with LA County Dept. of Parks & Rec and Public Works. The meeting will be held on Jan. 31 at 6 p.m. at the American Legion Hall, 4011 La Crescenta Ave. in La Crescenta. Space is limited. All safety protocols will be followed; masks required. Comments and concerns (approval or disapproval of the project) can be sent by Jan. 28 to CV Town Council, P.O. Box 8676, La Crescenta, CA 91224 or sent via email to Kerri@ thecvcouncil.com. Senders should include their name and address.

To see a map of the proposed project, visit www. cvweekly.com/NEWS.

Community Welcomed at YMCA Open House

By Lori BODNAR

he three local YMCA facilities held welcoming open house events on Saturday – perfect timing for those who made New Year's resolutions to have a more active and healthier lifestyle. The public was invited to tour the YMCA facilities, try out various programs, meet the trainers/instructors and enter to win giveaways.

YMCA programs showcased at the open house included youth basketball, gymnastics, preschool tours and story time, youth pickleball, indoor soccer, swim lessons, small group training, fall prevention for seniors, Pilates

reformer, and the new Les Mills workout classes. The Les Mills program, which is named after the New Zealand Olympian who began the fitness regimen, is a program that combines body pump and body combat. Body pump is a strength training and cardio class. Body combat is a full body training class that employs moves inspired by the martial arts.

According to Kat Corona-Pilgrim, Marketing & Communications manager at the Y, the Pilates reformer classes and Les Mills event were a big hit; the Les Mills body pump class had a waiting list of over 20 people..

Lori Durbin, the director of the YMCA of the Foothills, added, "YMCA benefits the community by offering a place where everyone is welcome – families, adults, kids."

The YMCA of the Foothills has a ChildWatch area so parents can work out assured their kids are safe. The facility also offers a cardio room, basketball gym, free weight training, strength training, small group training, gymnastics, Zumba, a pool, and a hot tub. There are one to two lifeguards on duty at a time. The YMCA of the Foothills also has the largest pool of the three local YMCA facilities.

The YMCA open house attracted many people from the foothill communities.

"I came here to the open house to see the facilities," said Dessen Roberts. "I am looking into yoga and Pilates. My husband will be doing basketball. I like that the YMCA is family oriented and I can bring my son. I know YMCA [has] activities for kids and I was looking for activities for my son. I am glad that we can do physical activities and work out as a family. We are signing up to become YMCA members [during] the open house."

Many YMCA members were also on-site during the open house. Kris Greblo said, "I come here weekly. I am glad YMCA is doing the open house. It brings more attention to the programs YMCA offers. I enjoy yoga, Les Mills signature classes and Pilates. YMCA has so many opportunities for the community – for adults and kids. YMCA is such a great resource. It is clean here and well run. The instructors are so fabulous and they work really hard. I am so lucky to have every single one of them. The training is guerally."

Many of those at the open house shared their longtime support of the Y.

"I do the body pump, body combat and small group training. I have been a member of the YMCA since the late '80s," said Slyvia Blynn-Avanosian. "I used to live in Santa Monica, then Glendale, then here. I used to go to all three of the facilities since I had favorite instructors and classes all over, but now, with the pandemic, it is limited. I like the family atmosphere of YMCA."

Newer members outlined the benefits of regularly attending Y classes and training.

"I have been here for six months and I love it," said Irene Verduzco. "I have lost so much weight from exercising at YMCA. I love the groups, Les Mills, body conditioning and Stairmaster. The instructors are great. I started working out on my own at the beginning of the pandemic then I heard the gym opened up again and signed up to be a member."

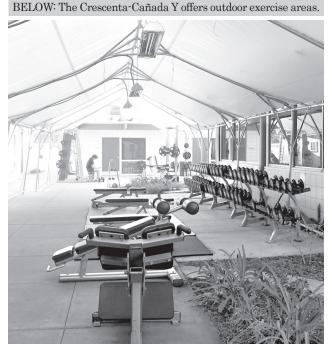
Younger members also had positive experiences at the Y. "I have been a YMCA member since I was 6, so I have been a member of the YMCA for about six years," said Kyle Song. "I like the basketball gym and I am glad it has air conditioning."

The three local YMCA facilities boast an estimated 20,000 members and, said Corona-Pilgrim, since the open house over 130 new members have joined the Y.

"They're excited about being able to use their membership at all three of our branches," she said. "Our Y mission is at work as we continue to serve these new members by providing them access and resources for healthy living."



Photos by Lori BODNAR ABOVE: These Zumba class participants were masked and ready to go.



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This Week at LCIF

Lutheran Church in the Foothills continues to have in-person services on Sundays at 10 a.m. However, due to the highly transmissible omicron variant of COVID-19, the church is encouraging the community to watch its services online instead. Bible school is on pause, as is choir and the fellowship time after the service. Anyone attending in person should keep in mind that a well-fitting surgical or medical grade mask is required, such as a KN95, KF94 or K95. A safe and easy way to enjoy Sunday worship is by tuning in to the church's live-stream on YouTube or by visiting LCIF's website where services are posted and can be viewed anytime.

This coming Sunday, Pastor Chuck Bunnell will preach from the Gospel of John 2:1-11. Pastor Bunnell gives context to the Bible readings and offers a message of hope in these troubling times.

Visit the church's website at lcifoothills. org for details on all of the events happening including small group gatherings and opportunities to serve.

The church office is located at 1700 Foothill Blvd. in La Cañada Flintridge and is generally open Monday through Friday from 9 a.m. to 2 p.m. Contact the office via email at office@ lcifoothills.org or call (818) 790-1951 for details, information, offering help or requesting help.

COVID Testing Available

In response to the widespread omicron strain of COVID-19, La Cañada Presbyterian Church has arranged with Breakthrough Genomics test lab to collect samples and perform confidential COVID-19 PCR saliva direct tests.

Lab personnel will be present outside of the LCPC Fellowship Hall every Friday in January from 9 a.m. to noon to collect saliva samples. The sample collection is noninvasive; all that is required is for participants to spit/dribble into a test tube, which is then sealed, labeled and bagged. Lab personnel will courier the samples to the lab. Results will be provided directly and confidentially to each person late Friday or early Saturday morning.

There are no out-of-pocket costs for COVID-19 testing at a testing site. An insured

person can get a COVID-19 test when needed by any provider, in or out of their health plan network, at no cost. For those who are uninsured, the government will pay for the

Pre-registration is encouraged. Visit https:// tinyurl.com/2p8ud7wc to pre-register.

La Cañada Presbyterian Church is located at 626 Foothill Blvd. in La Cañada.

'The Chosen' Being Screened

Starting Sunday, Jan. 23 and on the second and fourth Sunday evening of the month thereafter, Bethel Church is offering a showing of the recent hit video series, "The Chosen." "The Chosen" is a compelling and insightful portrayal of the life and teachings of Biblical Jesus. It provides a fresh look at the Gospels for those who have been reading the stories for years or for those who are just curious about who Jesus is and was. See Jesus through the eyes of the Jewish religious leaders, the disciples and children. Join in viewing this popular video series; one episode to be shown each Sunday evening at 5 p.m.

Bethel Church, 10725 Penrose St. in Sun Valley; (818) 767-4488.

Walk and Word

In January, Walk and Word participants will meet in the parking lot of Deukmejian Wilderness Park, 3429 Markridge Road in La Crescenta/Glendale at 8 a.m. on Jan. 16, 23 and 30. They will walk for the first hour and then gather to read a selection of Scripture. About a half hour will be spent journaling about what was read and then there will be conversation, sharing thoughts.

Participants are asked to bring something to write with, anything wanted to eat or drink, and a chair to use for the writing part of the morning. Because people will be outdoors and social distancing will be practiced, masks will be optional.

Those with questions can email Jeanne at jnlavieri@earthlink.net.

All are welcome. If the hike is too strenuous, there are level paths at the park. There are ramps from the parking lot to the field where the group gathers after the hike.

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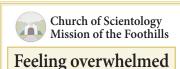
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Healthy Living 2022

www.cvweekly.com

Menopause and How to Deal With It

By Mary O'KEEFE

enopause is a normal physical change in a woman's life; however, not all women are the same when it comes to its onset, her symptoms and length of time spent in menopause.

For generations, talking about women's health, especially something like "the change of life," just wasn't done; but this time of transition is a natural part of aging that still seems to be surrounded by some mystery and misinformation.

"Menopause is when the ovaries stop functioning," said Dr. Laila A-Marayati, OBGYN (obstetrics and gynecology) at USC Verdugo Hills Hospital. "It is the end of [a woman's] reproductive [years]."

Menopause occurs when the ovariesstopproducing the hormones estrogen and progesterone. It is reached when a woman has not had a period for 12 consecutive months, according to Centers for Disease Control and Prevention (CDC).

The average age for the onset of menopause is 51, but it can occur between 45 and 55 years old, Dr. A-Marayati added.

"This is a critical time in women's lives," she said.

She said at this age many women are focusing on their careers and their children are older. A distraction like menopause is something that can add stress to their lives.

And menopause can bring a lot of distractions from the beginning, like frequent and heavy periods, and periods that can last longer than a week. Then there is the possibility of the loss of bladder control, known as incontinence, bladder infections, mood changes, weight gain [yes, your metabolism is slowing down] and, if that's not enough, there are hot flashes menopause seems to be a bad gift that keeps on giving. And, to make things worse, the hot flashes can last long after menopause ends, according to the National Institute on Aging.

Then there is the lack of sleep. For many women, menopause ushers in late night struggles to either fall asleep or wake up too early. A lot of times the tossing and turning starts with night sweats that wake up women.

"Fatigue is driving a lot of the other symptoms," added Dr. A-Marayati.

Most of these symptoms are things that many mothers warned about; however, what is less talked about is the way menopause can affect a woman's libido. Some women are less interested in sex and/or have pain during sex. These, too, are important symptoms that need to be discussed.

One piece of misinformation often included in the list of menopause symptoms is depression. According to Dr. A-Marayati, there is no

data that shows that menopause increases women being diagnosed with depression.

But for those who have symptoms like hot flashes or lack of sleep, they should speak to their doctor.

"Don't wait to go to the doctor," Dr. A-Marayati said.

To mitigate the milder symptoms, women can take plant-based supplements or add soy to the diet. For more uncomfortable symptoms there is medication available including hormone therapy.

"What is recommended is the lowest dose [of estrogen/ hormones] for three or four years," said Dr. A-Marayati. "It is not something to be afraid of."

Of course, as with any medication, it is important for women to check with their doctor as these treatments are not for everyone – including women who are breast cancer survivors.

And although all women go through menopause, they don't all face the same symptoms and there is not one timeline that applies to every woman.

"That is the million dollar question," said Dr. A-Marayati of how long menopause lasts. "Everyone is different ... Every woman goes through it in her own way."

This is also a time when women should eat a calcium rich diet or take Vitamin D and magnesium supplements because

osteoporosis is another threat to a woman's health. It has been found that a lack of estrogen is linked to osteoporosis, which is a weakening of the bones.

However, the most important action that can be taken is to talk to a gynecologist about the symptoms of menopause and how to prepare for this change in a woman's life. Being prepared for osteoporosis and finding out what options women

have for menopausal symptoms will not stop this natural transition ... but it may stop a lot of sleepless nights, literally.

So although it seems to be just one challenge after another, for women it really is just a natural transition and the more willing women are to talk openly and honestly with their doctors about menopause the more they will find a way to deal right away with their symptoms.







Newsom Introduces \$286 Billion Budget Plan

By Justin HAGER

After surviving a recall challenge just three months ago, California Gov. Gavin Newsom said he was optimistic about the future as he unveiled a \$286 billion budget proposal on Monday. While the plan is massive, about 9% bigger than last year's record state spending proposal, it includes a surplus projected to be between 31 and 45 billion dollars. About \$21 billion of that money will be used as a discretionary surplus but according to a California law that sets the state's spending limit (or Gann limit), it is likely that about \$2 billion in surplus funds will need to be returned to the taxpayers.

Newsom's 2022-23 spending priorities are heavily focused on the continuing fight against COVID-19 and the costs associated with the ongoing response. This includes \$2.7 billion to increase and accelerate the availability of COVID-19 vaccines, boosters, statewide testing and medical personnel and \$3 billion to go toward paying the debt for unemployment insurance funds. The plan also attempts to help small businesses and local economies as they continue to struggle through interruptions caused by COVID-19. Small business proposals include \$150 million for the COVID-19 Small Business Relief grant program, an additional \$45 million in funding for travel and tourism relief, and \$1.2 billion in federal funds for capital access for small businesses.

Other priorities in the proposal include:

- Public education, where Newsom is proposing \$21.8
 billion in funding for higher education and \$102
 billion in spending on pre-K-12 education, with
 more than \$1 billion earmarked for universal
 pre-K and \$3.4 billion in before-, after- and
 summer-school programs with \$937 million
 earmarked specifically for arts and music
 programs.
- Fire management, where Newsom is proposing \$648 million to support firefighters and acquire additional heavy equipment like helicopters and bulldozers; \$750 million to help residents, farmers, and wildlife adapt to the ongoing drought; and \$1.2 billion to improve forest management

through forest thinning, fuel breaks, retrofitting structures and improving defensible space.

- Climate change and environmental sustainability, where Newsom is proposing \$6.1 billion in incentives to expand electric vehicles; \$4.2 billion on the controversial high-speed rail project; \$3.7 billion on regional and local transit programs like light rail, ferries and bike lanes; and \$2 billion for a clean energy investment plan focused on green hydrogen, de-carbonization, offshore wind and long-duration energy storage.
- Homelessness, where Newsom is proposing \$1.5 billion to expand housing for people with behavioral health conditions by providing tiny houses or other interim housing, \$500 million to clear homeless encampments and house their occupants, \$1 billion for urban housing development and conversion of vacant hotels and motels, including money to help cities pay for infrastructure improvements like roads and utilities, and \$1 billion to promote affordable housing through low-income housing tax credits and other investments.
- \$255 million in grants to local law enforcement.

The State Constitution requires the governor to submit a balanced budget proposal to the legislature by Jan. 10 of each year. The proposal includes one- and two-year spending proposals for the fiscal year beginning July 1. After the governor submits his proposal, the legislature has until June 15 to pass the budget with the Legislative Analyst's Office providing nonpartisan fiscal analysis throughout the process.

Despite California's massive annual budget, much of the spending is non-negotiable due to voter initiatives that limit sources of revenue in general or tie specific types of revenue to specific categories of spending. For example, Proposition 13 of 1978 limits the amount of property tax that can be levied and increases state control over local finances; Proposition 4 of 1979 limits the amount of money that the state can appropriate; Proposition 98 of 1988 mandates funding levels from pre-kindergarten to community college.

USC-VHH Emergency Departments Asks Community to Seek Asymptomatic COVID Testing Elsewhere

variant continues to spread, COVID testing elsewhere. USC Verdugo Hills Hospital is

According to a statement lacounty.gov/testing. seeing a very high volume of sick released by the hospital, patients in its Emergency Dept. the Emergency Dept. is not our emergency room available groups and washing your your understanding." Because of that it is asking that equipped to offer COVID-19 for those with emergent hands. Most importantly, please those who are not experiencing testing to the public at large. medical situations," reads the get vaccinated and get your

As the COVID-19 omicron COVID symptoms to seek For a list of COVID-19 testing statement. "Protect yourself booster shot if you are eligible. locations, please visit covid19. from the spread of COVID-19 We understand that these are

"Thank you for helping us keep distancing,

by wearing a face mask, social avoiding large

very challenging times for everyone, and we appreciate

ROTARY from Cover

just over \$67,000," Voskanian

Each year the cars on display are divided into categories. Last year the display included muscle cars, domestic classics, European classics, special interest vehicles and hot rods. There were four awards given for best vehicles on display. The event had over 240 cars in attendance and about a thousand people attended, according to Voskanian.

Before the presentations





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818-353-7135 cmprintmail.com were made, Berberyan spoke of the rules that govern the Rotary Club, which includes its "four-way test": 1) Is it truth? 2) Is it fair to all concerned? 3) Will it build goodwill and better friendships? 4) Will it be beneficial to all concerned?

"These are the rules [to live by] every day. We actually do this [work] 365 days a year, every year, and we will continue to do this because that is who we are," she said.

She called the Rotary Noon Club a "hidden treasure" in the

"We do what needs to be done to support our youth," she said.

The financial awards for organizations ranged \$2,500 to \$10,000. The recipients included the Glendale Police Officers Association, Cops for Kids. This program supports families in need of extra support especially during the holidays. The police, staff and volunteers bring Christmas trees to families one week and in the following weeks bring them gifts, food and other support. They continue that support throughout the year as well.

Funds were given to the Glendale Police Foundation and Glendale Police Dept. youth program, which funds the Explorer program.

Explorer program [cadets] do a lot," said Officer Jose Gutierrez. "This program is put together for teens from 14 to 17. It is one of the last places that we are really able to find good candidates for police officers."

It is also a program that helps kids with organizational skills and discipline.

The Glendale Unified School District received a check that was earmarked for its programs supporting healthy families, mental health and those families that are homeless. Superintendent Vivian Ekchian told the audience the money would be put to good use in support of children and their families. She spoke of how the pandemic has been difficult for many students and how this support from the community helps.

"We can't do this work alone," said Dr. Ilin Magran, GUSD director of Student Wellness

She added the district is helping 175 foster and homeless students, as well as hundreds of other students grappling with mental health issues.

see ROTARY on page 23

CRIME BLOTTER

200 block of Baptiste Way in La Cañada Flintridge, a suspect, possibly a juvenile or young adult, entered a garage and attempted to break through a door leading to the residence but was unsuccessful. The suspect then went to the back door but was unable to gain entrance to the home. Nothing was reported stolen from the garage.

The burglary occurred at 4:20

3500 block of Big Tujunga Canyon Road in Angeles National Forest, a resident was standing outside the front of his home when he heard the sound of a rock hitting the hood of his vehicle. It appeared the rock had been come from the nearby road. He ran up the hillside and saw two groups of hikers but was unsure if they had thrown the rock.

The vandalism occurred at

500block of Foothill Boulevard in La Cañada Flintridge, three men entered a cellphone store, walked to a cellphone display and began to hit the display case with hammers to get the phones. They grabbed numerous phones and fled from the store.

The thefts occurred at 6:30

2600 block of Prospect Avenue in Montrose, a catalytic converter was stolen from a vehicle overnight.

Jan. 4

Angeles Crest Highway, mile marker 34.09 in Angeles National Forest, the driver's side of a vehicle's door lock had been "punched" and a backpack with personal items was stolen between 10:15 a.m. and 2:45 p.m.

Angeles Crest Highway, mile marker 34.19, Angeles National Forest, the driver's side of a vehicle's door lock had been "punched' and personal items were stolen from a vehicle between 11:30 a.m. and 2:30 p.m.

Jan. 3

4400 block of Cornishon Avenue in La Cañada Flintridge, a suspect/suspects entered a school through an unsecured roll gate at the school's snack shop and stole cash overnight.

Jan. 2

4600 block of Hampton Road in La Cañada Flintridge, a resident saw on her security cameras at her home a woman walk up to her front porch and take the newspaper [Pasadena Star News] that had been delivered. The woman was described as white, wearing black prescription glasses, a white long sleeved shirt and white sweat pants. The woman had been seen taking the paper several times in the past as well.

The theft occurred at 5:45 a.m.

Dec. 26

4500 block of Ramsdell Avenue in La Crescenta, the doorbell to an apartment was vandalized and broken between Dec. 26-29.

GPD REPORTS

Male Arrested for Evading and DUI After Colliding with **Several Parked Vehicles**

On Jan. 4 just after 1 p.m., the Glendale Police Dept. received calls for service regarding a traffic collision on the 1100 block of East Doran Street. While Glendale PD patrol personnel were enroute to the location, they were advised that the vehicle fled the incident location and proceeded to sideswipe several parked vehicles. The witnesses stated the driver appeared to be under the influence of alcohol.

Officers located the suspect vehicle in a parking lot on the 200 block of North Verdugo Road and attempted to make a traffic enforcement stop but the driver, later identified as 51-year-old Douglas Luka of Westfield, New Jersey, exited the business parking lot initiating a vehicle pursuit.

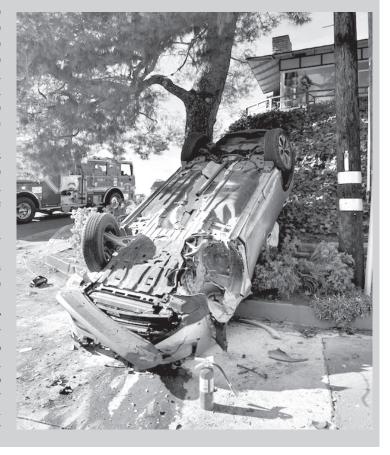
Luka proceeded to drive over 50 miles per hour north on Chevy Chase Drive where he turned onto Glenoaks Boulevard and collided with a curb causing his vehicle to become airborne and eventually land upside-down partially on a sidewalk. The vehicle quickly

began to smoke, but GPD officers already on scene were able to extinguish the fire.

Luka exited the vehicle and was transported to a hospital due to the severity of the collision. Officers located 13 miniature

bottles of vodka inside of the vehicle Luka was driving.

Luka was arrested and booked for evading, driving under the influence, and for the hit and run accidents he was involved in.



The Health of Our Planet

Healthy Living 2022

CVW is focusing on "Healthy Living" during the month of January and part of that coverage will be the health of our planet. We will be looking to those scientists, emergency responders, elected officials and others who are studying climate change - from those with boots on the ground to satellites in orbit - all working for us to understand how we can help get our planet get onto a healthier path.

Methane, a greenhouse gas, is emitted during the production and transport of coal, natural gas and oil. Methane emissions also result from livestock and other agricultural practices, land use and the decay of organic waste in municipal solid waste landfills, according to the Environmental Protection Agency.

According the Environmental Defense Fund, methane has more than 80 times the warming power of carbon dioxide over the first 20 years after it reaches the atmosphere. At least 25% of today's warming is driven by methane from human actions.

effort to lower an greenhouse gas emissions, California implemented 1383, which went into effect on Jan. 1. Officially known as the short-lived climate pollutants: methane emissions: dairv and livestock: organic waste: landfills, it is more commonly

known as the compost law and was signed into law in 2016 by then-Gov. Jerry Brown.

The purpose of the law is to lower greenhouse gas emissions from landfills and reduce waste in general.

According to the CalRecycle [California Dept. of Resources Recycling Recovery], and California throws away more than six million tons of food waste every year. Cities and counties are required to provide organics collection services to all residents and businesses, conduct education and outreach to the community, secure access to recycling and edible food recovery capacity, establish edible food recovery program, procure recyclable and recovered organic products and monitor compliance and conduct enforcement.

Gardeners have long known of the value of composting and many already compost organic material that includes fruit, vegetables, eggshells, coffee grounds and filters, tea bags, nutshells and more.

The City of Glendale has been preparing for this law and is working toward implementation. It has been meeting weekly with the four franchisees of trash collection to prepare for implementation of this program.

"All four of the City's franchised haulers provided the City with facilities able to handle mixed organics. Additionally, the haulers are initiating a public outreach effort for educating all customers on the organics requirements and are required to have commercial organics diversion programs in place by the end of February 2022. The City is required to monitor business compliance with the new requirements. Information on this transition has been publicized to all business and commercial property owners in the City, including information on the organics diversion requirements," according to John Takhtalian, deputy city manager, City of Glendale.

Recently the outreach to educate and answer questions concerning this new law has been focused on commercial organic waste diversion, which had a Dec. 1 deadline for implementation.

"The City is in the process of embarking on an extensive outreach on the City organics program to inform residents on how to separate materials, as well as other options for handling food waste, including composting," Takhtalian said.

The City negotiated commercial collection rates with all four haulers in 2021. The rates are locked in for 10 years as part of the contracts, which most likely means an increase for businesses and residential services.

"The only [additional] increases, subject to annual review, will be cost of living adjustments," he added.

The compost collected will be made available to local Glendale residents via a compost giveaway program.

According to Takhtalian, the City of Glendale will continue its weekly meetings and will monitor the program.

This change to the way waste is recycled is the first big change since 1989, when California had 29.76 million people; now there are 39.51 ... more people equals more waste.

In addition, the law requires food services/sellers to donate edible food to food banks.

Next week CVW will be covering what residents in the unincorporated areas of Los Angeles County and other nearby cities will be required to do pertaining to this new law and best compost practices.

Redistricting Divides Local Communities

By Justin HAGER

The months-long process drawing boundaries new federal, state and county legislative districts is complete and while the process requires compromise and is always Glendale, contentious. Crescenta and Burbank will experience especially dramatic changes.

the federal level. congressional boundaries shifted only slightly to the south, but the smallchangewillhavesignificant ramifications for the Crescenta-Cañada communities. Under the boundaries of the newly drawn 28th and 30th Congressional Districts, La Cañada Flintridge and the eastern unincorporated area of La Crescenta will no longer be represented by Congressman Adam Schiff, but instead will be represented by Monterey Park Congresswoman Judy Chu. In return, Schiff will be gaining some new territory in Pasadena and Los Angeles that include some well-known neighborhoods and landmarks such as the Rose Bowl, Universal Studios, West Hollywood, the La Brea Tar Pits and LACMA. Under the new maps, Schiff's District will be renumbered to be Congressional District (CD) 30 while Chu will represent CD 28. Schiff announced his candidacy for election to the new CD 30 on Jan. 3.

At the state level,

Assemblymember Laura (D-Glendale) Friedman and Assemblymember Adrin (D-Van Nazarian Nuys). Friedman currently represents the 43rd Assembly District, includes Glendale, which Burbank, La Crescenta, La Cañada Flintridge and Sunland-Tujunga. Nazarian currently represents the 46th Assembly which includes District. Sherman Oaks, Studio City, Van Nuys and North Hollywood. However, both members, along Assemblywoman with Rivas, currently reside within the boundaries of the new 44th Assembly District. Rivas, who represents the 39th Assembly District, has already announced that she will move into the newly redrawn 43rd District, which encompasses about 70% of her current district, including Sun Valley, Pacoima and San Fernando. But Friedman and Nazarian have both announced their intent to seek election in the new 44th

The new 44th is a behemoth stretching across the south central and south eastern portions of the San Fernando Valley from the 405 on the west through Sherman Oaks, Valley Village, Studio City, North Hollywood, Toluca Lake, Burbank and North Glendale to the border of Pasadena. The

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hotly contested in California in 2022, not only because it is a Democratic incumbent vs. Democratic incumbent, but also because neither member has a clear incumbency advantage from the voting population of their current district. Friedman currently represents Burbank, the largest community in the new 44th, but is losing the bulk of Glendale, the city she resides in and has served in various public capacities since 2005. On the other hand, much of the new district's boundaries include the regions of Nazarian's 25 years of public service, including his time as an assemblymember and as an aide to former councilmember and Assemblyman Krekorian and Congressman Brad Sherman.

Redistricting will also impact the local region's representation in the State Senate. While Portantino Anthony resides within the boundaries of the new 25th Senate District and will continue to represent the 25th District until 2024, Sunland-Tujunga, most of Burbank and portions of Glendale are no longer represented by Portantino. Those communities are now part of longtime California legislator Bob Hertzberg's new 20th Senate District. Hertzberg was first elected to the Assembly

serves as the senate majority leader. Hertzberg will be termed out of office in 2022, setting up a rare open seat in a newly created district. Herztberg's son, Daniel, has already declared his intent to seek his father's Senate seat.

Many effects of the Senate redistricting won't be felt until 2024, though, when due to term limits, redistricting, a judicial appointment, and election for higher office, Laura Friedman may be the only sitting state legislator residing within the redrawn 25th Senate District.

The one area of representation that will remain mostly stable local communities representation on the county board of supervisors. While there were some significant changes in the boundaries of

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the 5th Supervisorial District, none of them prompted a change in representation for our readership area.

Supervisor Kathryn Barger released a statement about the new maps.

"Redistricting is about balance. In a County as big as ours, with over 10 million residents, the redistricting process is important because we've had a lot of growth and change in the last decade. I'm glad that I'll continue to represent the northern portions of the County as well as the San Fernando and San Gabriel Valley foothill communities. These areas have a shared commitment to environmental priorities, and I will continue to champion their equitable access to County resources and services."

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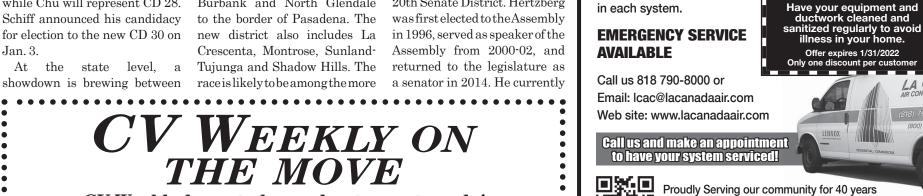
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masks in accordance with the Los Angeles County Dept. of Public Health. Students may choose the mask they wear; however, the LACDPH recommends a "wellfitting, non-cloth mask of multiple layers of non-woven material with a nose wire."

KN-95 masks were distributed to all school and district sites and will continue to be made available to employees. The district has also made disposable surgical masks available in adult and child sizes for students who are in need.

GUSD Superintendent Dr. Vivian Ekchian emphasized that keeping students safe and ensuring they have access to in-person learning remains the district's top priority. She said sacrifices will need to be made to accomplish this to keep students on campus this winter. Along with protocols such as masking and testing, she urged students to limit their activity outside of school to minimize their risk of exposure.

"I know this situation is less than perfect, but it is a small price to pay to ensure our students benefit from the educational opportunities they need and deserve," Dr. Ekchian said. "We must continue to ask our community to remain vigilant and do everything [it] can to help us slow the spread. There are glimmers of hope that we are nearing the end of this pandemic but, until then, we must continue to trust, respect and show kindness to each other."

On Wednesday the Biden-Harris Administration announced measures it is taking to help schools meet their testing goals. They will be sending five million free antigen tests, commonly known as rapid tests, to schools each month to help K-12 schools stay open and five million additional PCR (polymerase chain reaction) tests, which normally take between 24 and 48 hours for results, per month. In addition the Dept. of Health and Human Services (HHS) and the Federal **Emergency Management Agency** (FEMA) will work with local communities to address testing needs. They will also work with schools that want to set up their own testing programs.

Students are back in school this week and appear to be taking everything in stride. Speaking to students at Rosemont Middle School, most said they are ready to go back and feel safe with the measures that have been taken at their school.

"Our goal this entire school year has been to keep children in the classroom. We know the significant benefit in-person learning has on our students' academic performance and emotional well being," stated Superintendent Dr. Vivian Ekchain, Glendale Unified School District. "Thank you to our incredible staff and our partners at Vital Medical Services who have been outside more than 12 hours a day every day [last] week and through [this past] weekend providing COVID-19 testing to our students and employees."

Mary O'KEEFE contributed to this article

The Glendale Police Dept. has a zero-tolerance policy regarding reckless driving and illegal street racing. Those arrested for such offenses will have their vehicles impounded. The list below depicts those who have been arrested for reckless driving and participating in an illegal speed contest (racing) over the course of the last few weeks. Glendale PD officers, and the Burbank/ Glendale Joint Air Support Unit, continue to proactively patrol the city and monitor traffic to keep our roads safe for drivers, cyclists and pedestrians. Anyone who witnesses reckless driving or illegal street racing should call the Glendale Police Dept.'s nonemergency line at (818) 548-4911 or 9-1-1 to report those involved.

Footage from one of the incidents can be viewed at https:// tinyurl.com/2wevaz55.

Arrests Made for Reckless Driving and Street Racing Vehicles Impounded

Date/Approximate Time Arrested	Location	Charge(s)	Subject(s) Arrested					
December 3, 2021 / 7:00 p.m.	Arden Ave. / Pacific Ave.	Reckless Driving	19-year-old Tigran Asayan of Glendale					
December 5, 2021 / 3:45 a.m.	Glenoaks Blvd. / Thompson Ave.	Illegal Speed Contest	36-year-old Karen Harutyunyan of Glendale					
December 5, 2021 / 3:45 a.m.	Glenoaks Blvd / Thompson Ave.	Illegal Speed Contest	36-year-old Arvin Moosamasihi of Glendale					
January 9, 2022 / 7:00 p.m.	Glenoaks Blvd. / Highland Ave	Reckless Driving	Juvenile					
January 9, 2022 / 10:00 p.m.	Glenoaks Blvd. / Western Ave.	Reckless Driving	Juvenile					
January 9, 2022 / 10:30 p.m.	Glenoaks Blvd. / Grandview Ave.	Illegal Speed Contest	18-year-old Jamil Urunov of Hollywood					

Portantino's Mental Health Training Bill Passes Senate Education Committee

authored by Sen. Anthony J. Flintridge), which requires training for school staff.

"SB 387 is more important than ever, as schools are transitioning to in-person learning and teachers encountering are student behavioral health issues resulting from the emotional impact of the pandemic," said Sen. Portantino. "The reality is that when students return to school, their trauma and depression return with them. If we don't train teachers and staff – who are on the frontlines of this crisis – they will be left without the tools they need to help identify student mental health needs."

California is in the midst of a youth behavioral health crisis exacerbated by the COVID-19 pandemic. Distance learning increased isolation disengaged many students with depression symptoms at an alltime high. According to the U.S. Dept. of Health and Human Services, nearly one in three California high school students surveyed reported feeling sad or hopeless almost every day for two or more weeks in a row. Nearly one in five reported that they have seriously considered attempting suicide.

"CBHA applauds Chair Leyva and the Senate Education Committee for passing SB 387, bringing California one step closer to ensuring 75% of school staff are trained on how to recognize the signs of mental health and substance use challenges and make life-saving referrals to services," said Le Ondra Clark Harvey, chief executive officer of California Council of Community Behavioral Health Agencies. "We thank Senator Anthony Portantino for being a tireless advocate for behavioral health and continuing to fight for California's students."

While existing law calls upon

On Wednesday, the Senate the California Dept. of Education staff can best provide referrals authored SB14 and SB224, which Education Committee approved to identify an evidence-based Senate Bill 387, a measure mental health training program, it does not mandate that schools Portantino (D – La Cañada establish a training program for their staff. SB 387 helps address evidence based mental health this problem by requiring the California Dept. of Education to ensure that 75% of classified and certificated employees on school campuses complete an evidence-based behavioral health training program. Mandating an evidence-based training program will provide essential instruction on how students, teachers, school

to mental health services, substance use disorder services, or other support to individuals in crisis.

A coalition of behavioral health professionals and mental health advocates have sponsored SB 387: the California Council of Community Behavioral Health Agencies, the California Student Board Member Association, Disability Rights California, Generation Up, Inc., and Inseparable.

Last year, Sen. Portantino

address the growing mental health crisis among California's youth by implementing mental health education and training in schools. Gov. Newsom signed both measures into law. The senator also previously authored SB 972, a measure that required schools to print the suicide hotline on student identification cards. Additionally, the he dedicated three years to pass SB 328, which pushes back school start times for middle and high schools.



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Winning Holiday Decorations Showcased

The Crescenta Valley traditionally embraces the holiday season in a big way. From its annual Christmas parade to lavish decorations, the love of the season is not hard to find. However, due to COVID-19, the parade was canceled in 2020 and 2021 and some holiday parties were canceled as well.

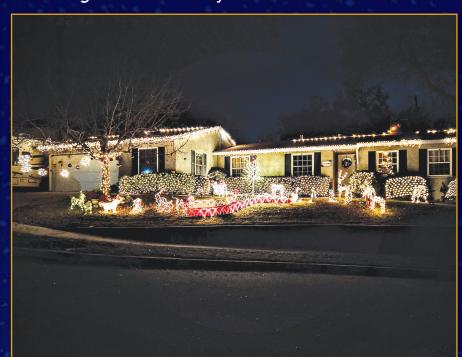
Would holiday displays also be canceled?

Fear not! Not only did residents decorate their homes, but several local businesses also took part in decorating. And to spotlight their hard work and creative prowess, Crescenta Valley Weekly and the Glendale Area Schools Credit Union sponsored the Merry & Bright Holiday Display Tour. For the second consecutive year, CV Weekly printed the addresses of those homes that wanted to be included on the self-driving tour. One homeowner even greeted some of the drivers with cookies when they stopped by. And because of the generous sponsors (listed below) who supported this event, prizes were awarded in a variety of categories.

Congratulations to the 2021 winners and we look forward to seeing what the holiday season of 2022 looks like!



Best in Show Award - 2812 Alabama



Christmas Story Award - 6420 Creemore



Clark Griswold Award - 3452 Mary Ann



Most Creative Award - 3601 Angelus



Rockin Around the Christmas Tree Award - 3113 Pontiac



Santa's Coming to Town Award - 2653 Orange













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Commissioner of CIF SS Athletics Offers Updates Regarding High School Sports.

Winter Sports Seasons - Adjusted. As the ever-changing ability to remain on course and complete original schedules Bracket Release - Tuesday, Feb. 8 - Time - TBA situation with COVID-19 continues, we know the number have been deeply affected by the pandemic. As you know, of games that have been postponed to this point has been end dates for our Southern Section regular seasons are an extremely difficult challenge for our member schools to heavily influenced by CIF Southern Regional and CIF State overcome. Some sports are affected more than others, but the Championship events that take place after our Southern

> Section Championships are concluded. Currently, the original dates for the CIF Southern Regional and CIF State Championship events remain as scheduled and whether they are revised or not going forward remains to be seen. Therefore, I wanted to inform you of some steps that we are taking immediately to address the situation involving factors under our control.

> The Sunday option for postponed contests recently announced by the CIF State Office last week could potentially help with possible play dates in the weeks ahead and we hope that is something that can be utilized when necessary. Also, by adjusting the end dates for our Southern Section boys/girls basketball, boys/girls soccer and girls water polo, we can provide some additional days at the end of our regular seasons for schools to reschedule postponed games and that is exactly what we are prepared to do. We want to make every effort possible to get our regular seasons completed on time and our Southern Section Championships accomplished as well. Therefore, here are the adjustments we are implementing to the regular seasons for boys/girls basketball, boys/girls soccer, and girls water polo, effective Wednesday, Jan. 12.

Boys/Girls Basketball Last Day - Sunday, Feb. 6

Supervisor Barger Calls for Crackdown on COVID-19 Testing Fraud and Identity Theft

On Tuesday, Los Angeles County Supervisor Kathryn Barger called for several County departments, including the Dept. of Consumer and Business Affairs, the Dept. of Public Health, the Dept. of Health several others, to work together to COVID-19 testing fraud in L.A. County.

"As the urgent need for testing reaches a crucial point, it is imperative that we ensure residents can be confident they are receiving an accurate and legitimate test without risking information," private Supervisor Barger said. "We must fraudulent COVID-19 tests and sites and prevent identity theft."

As a result of Supervisor Barger's read-in motion at Tuesday's board of supervisors meeting, several County departments will perform an analysis of the risk of fraudulent COVID-19 test sites and home test Services, the Sheriff's Dept. and kits and develop an enforcement plan to eradicate them. They will develop a robust plan to mitigate also identify additional resources to combat identity theft committed by illegitimate testing providers.

which can be found at https:// tinyurl.com/yt7pcerj, also called on the departments to develop a public education plan so County residents can learn the threats of fake COVID-19 testing and test kits in order to know how do all we can to crack down on to identify them and to find legitimate resources.

Supervisor Barger's motion,

Entries Due – Saturday, Feb. 6 – 6 p.m.

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phone by calling (408) 418-9388.

Staff also announced a planned celebration of the opening of a newly renovated T-ball field at Brand Park on Saturday, Jan. 22 at 10 a.m.

Councilmember Dan Brotman asked for an update on concerns about the roofs at Rockhaven, adding that he was pleased to see that "staff got on it quickly, tarping roofs in the pouring rain." Community Services and Parks Director Onnig Bulanikian assured the council that "no additional damage" was done to the roofs as the Public Works Dept. works to issue bids to fix all the roofs needing repair at the historic site.

The council authorized \$5,951,587 in Measure M sub-regional funds to complete the Victory Boulevard project, improvements along approximately one mile of Victory Boulevard focused on improving pedestrian and bicyclist safety, modernizing aging infrastructure and creating multi-modal connectivity between two Class 1 bikeways: the Chandler Bikeway in Burbank and the River Bike Path in Los Angeles.

"This project has everything a true transportation project should have. It is a complete street project," principal civil engineer and project manager Sarkis Oganesyan shared, detailing anticipated sidewalk improvements, new ADAcompliant curb ramps, new transit stops with upgraded amenities, reflective pavement where possible to address the heat island effect, and consideration of safety routes around Benjamin Franklin Elementary School, the local public school.

"It's a really good project, and that's why Metro is providing funds because it's a regional project, one that will make Riverside Rancho an even nicer neighborhood than it is now," Councilmember Ara Najarian observed.

Councilmember Brotman added his concerns about the space dedicated to bike lanes.

"They're pretty narrow. If a car door opens and there's a car next to you, you're history," he said, describing new bicycle lanes on Glenwood Road.

Mayor Paula Devine asked for a brief update on the city's progress in rolling out plans that require the collection of organic food scraps. Public Works Director Yazdan Emrani reported that city staff has been preparing for the new program that went into effect on Jan. 1 following the passage of SB 1383. Small pails have been ordered for distribution and plans are in the works for public outreach and engagement to start within the next three months. In the meantime, Mayor Devine emphasized, all kitchen scraps can be put into the green yard trimmings bin.

Last, the council finalized its approval of two new overlay

zones for the South Cumberland Heights and Casa Verdugo historic districts.

At a special council meeting held earlier on Tuesday afternoon, members okayed budgets and annual plans for the downtown business district and the Montrose Shopping Park areas. City administrator Tamar Sadd provided an overview of the downtown area as "it continues to grow and thrive with new businesses and a low vacancy rate, even during these past

Greater Downtown Glendale Association executive committee chair Rick Lemmo acknowledged the organization's staff for its

"We made the decision to help existing merchants," Lemmo said, explaining the organization's actions at the beginning of the pandemic. "We distributed tons of hand sanitizer and 8,783 masks for employees and customers. The maintenance crew stayed on for daily trash pickups and sanitizing crosswalk buttons; we worked closely with city staff to reconfigure parking areas for outdoor eating and did everything we could to ensure businesses stayed open."

Continuing, Lemmo added that "People want to eat outside," then urged the council to speed up its approvals of plans to make al fresco dining a permanent fixture, suggested the fees charged to offset parking meter collections might be phased in over three years rather than starting immediately. He added that the area has seen 41 new businesses and "no net loss of tenants," primarily attributable to the success of the outdoor dining experiment.

Councilmember Najarian said, "I'm always happy to walk down Brand Boulevard and see how clean it is. I'd put our downtown up against any other city's."

Homelessness is the biggest challenge facing the downtown area, Lemmo told the council.

"The police feel powerless to deal with homeless people," he said. "In all fairness, it's not like LA. Our aim is to make it less comfortable to be homeless here so they'll go somewhere else."

Dale Dawson represented the Montrose Shopping Park Association and reported that the business area has stayed "filled" despite six vacancies among its 190 businesses with three expected to return shortly.

"We had no events in 2020 and we're an event-driven business district," he said. "After changing the date four times, we were finally able to hold a successful Arts & Crafts Festival - for some vendors, it was their best show ever. Now if we could get some parking meters that don't require coins, we'd be very happy."

Wild Card – Boys – Wednesday, Feb. 9; and Girls – Tuesday, Feb. 10

1st Round – Boys – Friday, Feb. 11; Girls – Saturday, Feb. 12 (Open – 1st Round)

2nd Round - Boys - Tuesday, Feb. 15; Girls - Wednesday, Feb. 16 (Open – 2nd Round)

Quarterfinals – Boys – Friday, Feb. 18; Girls – Saturday, Feb. 19 (Open – 3rd Round)

Semifinals – Boys – Tuesday, Feb. 22; Girls – Feb. 23

Finals (All Divisions – Home Sites) – Friday/Saturday, Feb.

Boys/Girls Soccer

Last Day - Sunday, Feb. 6

Entries Due – Sunday, Feb. 6 – 6 p.m.

Bracket Release - Tuesday, Feb. 8 - Time - TBA

Wild Card - Boys - Wednesday Feb. 9; Girls - Thursday, Feb. 10 1st Round – Boys – Friday, Feb. 11; Girls – Saturday, Feb. 12 2nd Round - Boys - Tuesday, Feb. 15; Girls - Wednesday, Feb.

Quarterfinals - Boys - Friday, Feb. 18; Girls - Saturday, Feb. 19 Semifinals – Boys – Tuesday, Feb. 22; Girls – Wednesday, Feb.

Finals (Home Sites) - Saturday, Feb. 26

Girls Water Polo

Last Day – Sunday, Feb. 6

Entries Due – Sunday, Feb. 6 – 6 p.m.

Bracket Release – Monday, Feb. 7 – 1 p.m.

Wild Card – 32-Team Brackets Only – Tuesday, Feb. 8

1st Round – 32-Team Brackets or Wild Card 16 -Team Brackets

- Wednesday, Feb. 9

Round of 16 – Thursday, Feb. 10 (Open – 1st Round)

Quarterfinals – Saturday, Feb. 12

Semifinals (All Divisions) – Wednesday, Feb. 16

Finals (All Divisions - Woollett Aquatics Center, Irvine) -Saturday, Feb. 19

Final thoughts from Rob Wigod, CIF commissioner, regarding the revised 2021-2022 winter sports calendar: "On Jan. 19, I distributed a CIF Southern Section Update and here is what I said: 'These are extremely difficult times for everyone involved. This may be the darkest period we have experienced throughout the 10 months of the COVID-19 pandemic. As we look ahead, the holidays are now behind us, although the surge from that time frame is still being felt and is hopefully close to ending. Vaccines are arriving and inoculations are happening every day. Perhaps we will see case rates, hospitalizations and deaths begin to decrease and relief will come to our health care system. With those developments, the conversations with the Governor's Office, the California Dept. of Public Health and local health authorities regarding return to play can take on a different tone and real progress could potentially be made. I know you join me in the belief that we must go forward doing everything possible on behalf of our student-athletes.'

"In the 358 days since I wrote those words, we have certainly experienced the ups and downs associated with what we have all gone through and continue to go through. At that time, most of our schools did not have students being educated on campus and none of our athletics programs were operating and had returned to play. These words remind me of the resilience that we have all shown, the resolve with which we have attacked the obstacles that have been in front of us by working together and the successes we were able to achieve during the spring and fall of 2021. One year later, on Jan. 12, 2022, despite the developments over the last month or so, we are still in a better place now than we were then. It is my sincere belief that we will forge ahead and make it all happen again with the same dedication, commitment and spirit we have always shared with you in service to the young men and young women we are so fortunate to serve.

"I hope this information is useful to you in the time ahead and if you have any questions, or me or my staff can help you in any way at all, do not hesitate to contact us. We are ready, willing and able to assist you in any way we possibly can.

"Thank you very much for your help and support, it is truly appreciated."

Obituary Amelia Coutinho Allevato



Nov. 15. 1931 - Dec. 18. 2021 Amelia Coutinho Allevato, 90 years of age, passed away peacefully in her sleep on Saturday, Dec. 18, 2021 at her home in Burbank.

Amelia was born in Rio De Janeiro, Brazil on Nov. 15, 1931 to Antonio and Anna Coutinho. Married to Giuseppe Allevato on Sept. 13, 1952, they had two sons: Eugenio, born in 1954, and Edson, born in 1955. The family moved to the United States in 1967 and made their home in Burbank. She was a wonderful cook and enjoyed preparing Brazilian and Italian specialties for family and friends.

She is survived by her sons, Eugenio (Linda) and Edson (Lydia); grandchildren Nicolas (Mary), Giovanni, and Laura. She is preceded in death by her husband, Giuseppe, who passed away in 2005.

Amelia was a very loving and caring wife, mother, grandmother, aunt and friend. She will be missed by all who knew her and she will be in our hearts forever.

Visitation will be held at Crippen Mortuary, 2900 Honolulu Ave. in La Crescenta on Monday, Jan. 17 from 4 p.m. to 7 p.m.

Graveside service will be held at Forest Lawn, 6300 Forest Lawn Drive, Los Angeles in the Court of Remembrance on Tuesday, Jan. 18 at 10:30 a.m.

Directors: CrippenMortuary.com

Obituary

Gerald "Jerry" Arthur Rimpaugh



June 12, 1916 - Jan. 5, 2022 Born in Anaheim a century ago to Edward and Agnes Rimpaugh, Jerry was a sixth generation Californian; he graduated from Los Angeles High School and married the lovely Frances Catherine Caliva on Sept. 24, 1939. They lived on Clifton Way in Beverly Hills and had two children, Cheryl and Jerry.

Jerry joined the Army Air Corps in 1943 and flew 113 missions in WWII and was shot down three times. His older brother Edward was killed in WWII.

Jerry also served as a pilot trainer during the Korean War.

Jerry and Frances built their family home on Highridge Road in La Crescenta in 1952. He was also an active member of the Garibaldina Society.

After a long career, Jerry retired from Pacific Bell Telephone Company in 1975. Jerry also retired as a captain from the Air Force Reserves in 1976.

Jerry's greatest joys in retirement were walking his dogs in the Verdugo Mountains, La Tuna Canyon and Whiting Woods.

A funeral Mass at Holy Redeemer to honor Jerry's life will be held on Wednesday, Jan. 19 at 10 a.m. Services will conclude at church and interment at a later date will be held at Forest Lawn Hollywood Hills.

Funeral directors: CrippenMortuary.com

Obituary

Gerald "Jerry" Uebel



April 1954 - December 2021 Gerald "Jerry" Uebel, 67, was a lifelong resident of north Glendale and Montrose, the son of Ben and Betty Uebel. He graduated from Crescenta Valley High School and remained close with many friends throughout his life, including those from his elementary school years.

Jerry had a welcoming, visible and active presence in the community. He served as a Glendale police officer for 25 years on patrol, undercover and, for the 10 years leading to his retirement, in community policing for the Montrose area. When Hollywood wanted to use Montrose in commercials, TV shows or movies, they contacted Jerry.

For many years, Jerry installed the beautiful Christmas lights and decorations along Montrose's Honolulu Avenue, adding to everyone's joy of the season; often he was Santa Claus in the Christmas Parade, and he provided fun for the young each weekend with huge bouncers and a slide.

His greatest delight was golfing, which was almost his full-time "job." Not only did Jerry enjoy the links, he befriended deer on the course that came very close while he spoke to them from the cart.

Jerry is survived by his mother, Betty; sister Jan (Red); niece Ailene and nephew lan.

Obituary

Dr. Richard Bauer



May 17, 1929 - Dec. 23, 2021 Dr. Richard Bauer passed away on Dec. 23 at the age of 92. He was born on May 17, 1929 in Los Angeles. He grew up in Huntington Park, Compton and Glendale. He lived in La Crescenta from 1958-1963 then moved to La Cañada in 1963-1994. He retired in 1994 to Flagstaff, Arizona.

Dick, as he was known to his friends, graduated from Glendale High School in 1947. He attended Glendale Community College for a year. He went to the University of Oregon from 1948-1951. He went on to dental school at USC from 1951-1954. He was in the Army from 1954 to 1957 as a dentist and was stationed in Herlong, California. He was a children's dentist from 1957-1961 in Los Angeles.

He was at USC to get his MA in orthodontics from 1959-1961. He was an orthodontist in La Cañada and Montrose from 1961-1994.

Dr. Bauer taught at USC in the Orthodontic Dept. for 30 years. Dick was a master Mason, and was in the Masons for 66 years. He was also in Kiwanis in La Cañada for years. He was a member of several dental/orthodontic associations. He loved to travel and was lucky enough to visit all 50 states, and take two trips to Europe.

He was a family man first. He was always there for his four children and his wife. He was a kind and gentle man.

Dick is preceded in death by his eldest son, Rick, and his wife of 64 years, Marilyn. He is survived by three children, four grandchildren, and two great grandchildren. He will be greatly missed!! Dick will be interred in Flagstaff, Arizona.

Obituary

Mary Laurena Enfield Clark

Aug. 11, 1924 - Dec. 5, 2021

Mary Laurena Enfield Clark, 97, died on Dec. 5 in Rock Hill, South Carolina. She was formerly of Tujunga and South Pasadena. She was born on Aug. 11, 1924,

in Arthur County, Nebraska.

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Carole Buss, Age 86

Died on Jan. 3

Carole lived a very full life. An accomplished watercolor artist, she painted all over the world and taught art classes in the San Fernando Valley and at Yosemite. She was a gourmet cook and brilliant entertainer.

Virginia "Chickie" Dudley Bengtsson, Age 94

Died on Jan. 12

She was smart, funny, caring ... and her smile lit up the room! Nothing gave her more pleasure and happiness than time spent with her loving family.

Edith Proctor Young. Age 97

Died on Jan. 14

Her lifelong love of adventure was nourished by her childhood gang, the Treasure 8 – friends with whom she went hiking and biking and exploring the world.

Angelo D. Chiarot, Age 97

Died on Jan. 22

He served during WWII in the U.S. Navy. After the war he worked for the LA County Fire Dept. Angleo is remembered for his love of music, dancing, horses, Westerns, all-things Italian and the Montrose Christmas Parade.

Jane Leggett, Age 88

Died on Jan. 23

She left to work for the Hornblower & Weeks brokerage firm, which later became Smith Barney. Jane got involved with the Glendale Chamber of Commerce, which led to her association with many other local organizations.

Renny Ray Maddox, Age 78

Died on Jan. 27

He served in the U.S. Army and was an Army photographer at Fort Knox, Kentucky. A huge Cincinnati Reds fan, Renny truly enjoyed taking a recent trip with his brothers, Mark and Kent, to the All Star Game in Cincinnati. He also loved Sherlock Holmes mysteries, birding with Lynn, and volunteering.

Arthur Edward Stack Jr., Age 86

Died on Feb. 1

Arthur enlisted in U.S. Navy and served as machinist mate on the USS Benner from 1953-55. Art was the proud owner of the Furniture Doctor, restoration of antiques and fine furniture. He was also actively involved in Boy Scouts for several years including Boy Scout Troop 502.

Nikki Jane Ober, Age 28

Died on Feb. 3

She will forever be remembered for her kind heart, compassion towards others and love for animals.

Laurence Joseph Weisner, Age 99

Feb. 10

He was drafted in the U.S. Army in 1942 for WWII. Larry was deployed in Europe and was a POW in Germany until the war ended in May 1945. His family moved to California while he was in the service.

Kurt E. Binner, Age 80

Died on Feb. 12

Kurt's professional career spanned 40 years working as an administrator for the City of Glendale, Information Services Dept. He was fascinated with computer science as it evolved and took many courses to keep current with the technology

His admitted second career was spent remodeling, designing and updating the couple's two homes, always with an endless project list.

Diane Sharon Landisi. Age 78

Died on Feb. 26

Diane loved languages, culture, movies and books. She valued education. No doubt this is what inspired both of her children, Tracey Renee and Brian Anthony, to learn and teach Spanish, enjoy traveling and pursue advanced

Harvey Fernandez, Age 75

Died on Feb. 28

He was a devoted son to both his parents and took care of them until they passed away. He had no children of his own but viewed his nephew Paul and his niece Crystal as his own, and he was always there when they needed him.

Jo Ann Teeple Weber

Died on March 8

Jo Ann was very active in the Sea Scouts and Girl Scouts, continuing that interest with her daughters as a leader many times over in later years.

Sylvia C. "Grammy" Boyer, Age 82

Died on March 10

Sylvia loved the glorious foothills and was proud to be a resident of La Crescenta for over 55 years. Her life passion was to become a teacher and she was blessed to work both in the public and parochial school systems for over 35 years.

Eva Kirby, Age 100

Died on March 19

Eva Kirby lived an extraordinary life and was a brilliant educator and visionary. Mrs. Kirby served the District on numerous committees, was active in professional organizations, and served two terms as president of the North Hollywood Chamber of Commerce while administering the North Hollywood satellite campus of California Lutheran College and teaching graduate courses in education.

Paul William Trist Sr., Age 88

Died on March 23

Paul was a Korean War veteran and served in the United States Army. He worked for 39 years with the phone company before retiring. Paul loved aviation and was quite the historian in "warbirds" (vintage military aircraft) and military aircraft.

Billy Edward Frame, Age 77

Died on March 25

He may be gone but never forgotten; Billy, you always brought a smile that warmed our hearts.

Dana Ray Knox, Age 41

Died on March 29

He is survived by his two sons Shayne Madden, 19, (Missy Madden), and Kayleb Knox, 14, (Jennifer Knox-Hill); his mother Janie Neal; sister Kimmy Taveira; brother Justin Neal; nieces Dani, Kaitlyn and Shawnie; nephews Jeremy and Jacob.

Steven John Turko, Age 65

Died on April 21

Steve built a family home in La Cañada Flintridge before pursuing his dream of living on the beach in Oxnard. Steve embodied a passion for life, optimism and

Duane J. Batenhorst. Age 86

He served in the US Army. Duane worked diligently at JPL for 31 years, advancing to the position of division manager of purchasing and contracts, which he held until he retired in 1998. He enioved many happy years at JPL and maintained those friendships.

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Paul Stanners, Age 58

Died on May 3

Paul was a much-adored husband and uncle. He loved to help raise his many nieces and nephews. With them he planned annual trips to Disneyland and many vacations. Paul was an avid fan of the Dodgers and Lakers, and a car enthusiast. He was the proud owner of three cats that he enjoyed daily. Paul was an active supporter of the community and volunteered at many Crescenta Valley Weekly events. He could always be found working at the Oktoberfest wine booth, which wife Lisa founded to support the Montrose Verdugo City Chamber of Commerce.

Adeline (Peg) Lucy Childers-McClish, Age 102

Died on May 14

While denied the opportunity to attend college, she was nonetheless salutatorian of her senior class, concert mistress of the high school orchestra and sang recitals with a beautiful lyric soprano voice while maintaining her treasured violin studies.

Barbara Joan Boucher, née Williams, Age 76

Died on May 22

Well known for her ability to make friends with anyone she met, and having a near perfect memory, Barbara, or "Bobbi" as she liked to be called, had little trouble excelling at whatever path she placed herself on.

Laurel Ann Wiley, Age 76

Died on May 25

She had lived a life filled with laughter, service to others and her fair share of See's chocolate Bordeaux.

Eleonore Wilma Schlef, Age 77

Died on June 15

Eleonore was a dedicated teacher's aide who worked with disabled students. which she did proudly for over 21 years. She loved traveling but her hobby of woodworking and painting brought her the most joy.

Johannes Steur, Age 75

Died on June 18

He started his hair salon, Steur Salon for Hair, on Brand Boulevard in Glendale. The salon moved to Ocean View Boulevard in Montrose in 1990. Joe's life was centered on his family and friends.

Beverly Kay Ann Moore (nee Beaumont), Age 89

Died on June 19 She is survived by daughter Gwendolynn and two sons, James and Jay.

Melissa Mamakos. Age 63

Died on June 23

She cherished her cats, loved a good grilled cheese sandwich and delighted in the beauty of the ocean.

Francis (Skip) Leigh Jennings, Age 56

Died on June 28

Skip enlisted in the Navy and served for 14 years. He received many awards for outstanding service and bravery including the Southwest Asia Service Medal.

Vivian Walters Mills

Died on July 6

Vivian was an inspiration. Despite her tragedies, she carried on. She was tenacious and lived her life with the utmost grace and dignity. She embraced technology and kept in touch with all of her loved ones through constant email.

Park Cockerill, Age 81

Died on July 6

Park was a teacher at San Fernando High School, a tennis coach at Flintridge Prep, and a member of the Altadena Senior Men's Golf Group. He had been active earlier in local tennis groups and taught tennis camps locally and in the San Fernando area. As a teacher in San Fernando he coached winning football teams, tennis and golf.

Mark Andrew Kroening, Age 55

Died on July 11

He enjoyed attending rock concerts and was known for his love of automobiles, especially his 1958 Dodge Panel Van that he and his father worked on since he was

Boren Charles Cook, Age 76

Died on July 16

He was a devoted father and an avid outdoors man. He enjoyed riding his horse fishing, water- and snow-skiing, carracing, camping and dirt bike riding. He enjoyed and valued the time spent with his family and friends.

Robert L. Petersen. Age 79

Died on July 18

Robert served in the U.S. Marine Corps and continued to serve for several more years in the reserves. His lifetime of service to people and his community included 31 years with the LA County Probation Dept. and serving in various positions at his church.

Larry Franklin Brown, Age 78

Died on Aug. 4

Larry was a member of the Early Rodders Car Club and loved to take his '40 Ford Coupe to car shows. He was sometimes known to relieve his friends of their money at a friendly poker game.

Susan (Pehar) McGowan, Age 59

Died on Aug. 12

Susan for many years was part of the Marin Show Case Home events raising money for OKIZU, supporting families with childhood cancer.

Donna-Jean Spaziano-Shields, Age 61

Died on Aug. 22

She had a vibrant and determined personality, a devoted single mother raising her son alone. She was kind and

Mary Terese Bogust, Age 91

Died on Aug. 29

She was known as "Mean Old Mary-M.O.M." to those who loved her. Mary was driven and tireless but never let those pursuits get in the way of having a laugh or finding the joy and beauty in life

Baker Joseph Shelton, Age 98

Died on Aug. 30

"Joe" was a WWII veteran who served in the Pacific theater as a corpsman. "Papa Joe" to his grandkids and OG [Original Grandpa] to his great grandchildren, he

was a museum curator, pretty good golfer, sly poker player, poet and storyteller. He loved spending time with his family.

January 13, 2022

Geoffrey Minturn Taylor

Died on Aug. 30

Geoff served two tours in Vietnam as a Navy SeaBee. Geoff was a creative artist and art teacher, photographer and journeyman carpenter.

Vincent Dundee Jr... Age 90

He was a visionary restaurateur,

Jackie Stembridge, Age 88

Chain Falls.

William (Bill) Saltsman, Age 85

Died on Sept. 22

Died on Sept. 2

businessman and first mayor of La Crescenta and La Cañada. He also ran his famous Vincent Dundee Continental Catering Co. that catered hundreds of events and weddings throughout Southern California.

Died on Sept. 5

Jackie was a great mother, providing love and freedom in equal parts for her two boys as they grew up knowing they could stay home and read books or stay out all day climbing Pickens Canyon's

He served in the U.S. Air Force from 1954 to 1962. He spent 30 years with the Pasadena Police Dept. and after retirement was a sergeant for the Pasadena Unified School District Police Dept. for 12 years.

in 2021

CV Weekly reflects on the loved ones lost in 2021 and whose obituaries we had the privilege of printing. We thank Crippen Mortuary for its continued partnership in providing information on many of those who passed.

Those We Lost

Elizabeth Fox

During her childhood, her family operated an amusement park at Sunland Park. As an active parent and substitute teacher at Our Lady of Lourdes Catholic School, she had a significant positive impact on her community through the care and attention she paid to its families and especially to their children.

Patricia Ann Detwiler, Age 87

McLain,

Age 79

Died on Oct. 1

Died on Oct. 12

Pat was gifted with the ability to remember all those she met and was able

to relate on a deeply personal level to all her acquaintances, friends and family.

Carl Lee Scholten. Age 64

Died on Nov. 13

Carl had a larger-than-life personality. He was adventurous and lived life at full speed, fully engaging in a variety of new experiences.

Glynn S. Martin, Age 90

Died on Nov. 20

Glynn greatly enjoyed his life in and around Glendale. He served in the Air Force from January 1951 to December



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WPOINTS

TREASURES OF THE VALLEY » MIKE LAWLER

Verdugo Hills Bowl – Fond Memories

Some of the most vivid memories come from Kathy Reger Souza, who began bowling as a kid in 1970:

"Verdugo Hills Bowl was a world side of the front desk. unto itself, an air-conditioned haven on a scorching July summer day snack bar. What a classic, oldand a warm glove in January cold. It was accessed through the front entrance off Foothill or the rear entrance just off the upper parking lot. It seemed to have something for everybody, from the large billiard area (I distinctly remember the black and white 'No Minors Allowed' sign at the entrance to that area), pinball machines, candy machine, cigarette machine and 'LusterKing' bowling ball cleaning machine to the bowling 'aids' under-counter display that stocked everything from mole

ball and bag sales counter on the left

"And, of course, the wonderful fashioned bowling alley café with the eight or so stool counter and tables along the floor-to-ceiling picture windows that overlooked Foothill Boulevard, the La Crescenta post office across the street, and the walkway ramp and stairs to the front door. The smell of hamburgers, French fries and other snack bar fare was tantalizing and enticing. In one 12-year-old girl's opinion the snack bar had the best ever Cherry Coke over finely crushed ice in a glass!

"One amenity offered by VHB

skin to wrist supports and cloth ball that escaped me was the lounge. polishers, not to mention the bowling Between the dark, slatted paneling that housed it and the dark, oneway glass facing the lanes, it was always a mysterious and forbidding place to me. Every so often I could see silhouettes of patrons sitting at the bar through the darkened glass, which added to the intrigue of who and what was in there. I always thought, 'One day I will go in there and see what it's like' - although I knew I'd never be 21.

> "It all started with a Youth Summer Programs 1970' brochure distributed by the City of Glendale Parks and Recreation Dept. at the end of third grade. Among the offerings of baseball camp, swimming lessons, day camp and the summer library reading program was 'Beginning Bowling.' This course of instruction promised to teach your youngster 'the fundamentals of bowling, including basic 4-step approach.' Ball and shoe rental would be included in the nominal cost. This

sounded great to a stay-at-home back and forth to the snack bar mom looking to get an 8-year-old girl and 10- and 12-year-old boys out of the house a few mornings a week. This auspicious beginning launched my six-year involvement with the Verdugo Hills Bowl Junior Bowling program, a run resulting in numerous awards, tournament travel all over Southern California and a lifetime of memories.

"Junior bowling was a large drawing 100-plus program. youngsters ages 8 to 18 from all over the La Crescenta, Sunland, Tujunga and Montrose areas. The leagues my brother and I belonged to were either on Friday afternoons or Saturday

"The Friday afternoon leagues during the school year were the best. Mom picked us up from school after the 3 p.m. bell and we went directly to the bowling alley. If we had a few extra quarters, we'd play a quick game of pinball or buy a Butterfinger out of the vending machine. In between frames, kids would run

buying hamburgers, French fries with lots of catsup and Cokes, among other kid-friendly junk food. Most of the lanes were taken up by this Friday league and the snack bar always did a steady business. Mom usually stayed and cheered us on and my Dad joined her later in the afternoon. Win or lose, after we bowled, we would head up Foothill Boulevard and home to Tujunga, usually stopping at McDonald's or Pioneer Chicken for take-out dinner, or occasionally at Shakey's Pizza for a team dinner with teammates and their parents. Afterwards we'd go home and watch 'The Brady Bunch' and 'The Partridge Family."

Great memories, for these were truly the "golden years." But nothing lasts forever. Next week we'll hear about the last years of Verdugo Hills

Mike Lawler is the former president of the Historical Society of the Crescenta Valley and loves local history. Reach him at lawlerdad@yahoo.com.

LETTERS TO THE EDITOR

TINSTAAFL

O'Keefe's article titled "Test Positive" going to help us out of their pockets?? With

appeared in the CV edition dated am I talking about? Dec. 30.

claiming "Free COVID 19 Testing.) misleading.

Somewhere down the line, whether through raised taxes, inflation, gas cheese is in the mousetrap. taxes and the like, we will be paying for these "free" tests. You think the

politicians that be who throw these I am writing in regards to Mary kind of pleasantries around are Think again. So, why [the title of] COVID? How to Respond" that TINSTAAFL and what in the world

A civics teacher taught this term No offense, Mary, however the TINSTAAFL in class. TINSTAAFL issue I have with this particular is the abbreviation of "There is no article is spreading the false pretense such thing as a free lunch" meaning that these tests are free. (Please nothing is ever really given away for see the picture with the posters free. So, be wary of hidden charges, motives and agendas. This applies This is false advertising at best and to everything, as well as these "free"

Just remember, the only free

Scottie Mitchell Montrose

NEWS FROM THE CVTC » HARRY LEON

Sharing 2021 Thoughts and Best Wishes for 2022

and may we live up to these words.

to yet another year as president of District of the County Board of

First off, Happy New Year! May the Crescenta Valley Town Council Supervisors. 2022 bring you joy and prosperity. and continuing my tenure as We are the community that cares councilmember into 2022. While the Council is a private organization, It is my greatest honor serving its members serve a public purpose, our community and I look forward which is recognized by the 5th

Congratulations to our newly seated councilmembers: Elizabeth Ahlers, Dede Mueller, Frida Baghdassarian, Ted Yu, Teri Madsen and Paul Barnes. The six see CVTC on page 22

Cardiac care that's a beat ahead.

Dignity Health – Glendale Memorial Hospital is recognized for their Heart Center's comprehensive programs and excellent cardiac care. So, whether you have heart health concerns or are simply due for a checkup, trust your care to the team who puts their heart into healing yours. Learn more at dignityhealth.org/glendalememorial/heart.

Hello humankindness®





YOUTH

Locals Make SNHU President's, Dean's Lists

University congratulates the following local students on being named to the fall 2021 president's list.

Full-time undergraduate students who have earned a minimum grade point average of 3.700 and above are named to the president's list. Full-time status is achieved by earning 12 credits; undergraduate day students must earn 12 credits in the fall or spring semester, and online students must earn 12 credits in either EW1 & EW2, EW3 & EW4, or EW5 & EW6.

Students from Tujunga who earned a spot on the president's list are Jacklyn Campbell and Taylor Rickard; from La Crescenta Eric Adamian earned a place on the president's list.

The following students earned a place on the SNHU dean's list. Full-time undergraduate students who have earned a minimum grade-point average of 3.500 to 3.699 are named to the dean's list. Full-time status is achieved by earning 12 credits;

Southern New Hampshire undergraduate day students must earn 12 credits in the fall or spring semester, and online students must earn 12 credits in either EW1 & EW2, EW3 & EW4, or EW5 & EW6.

> Kenna Ramey of Tujunga and Jennifer Kubela of La Crescenta each earned a place on the dean's list.

> SNHU is a private, nonprofit institution with an 89-year history of educating traditional-aged students and working adults. Now serving more than 160,000 learners worldwide, SNHU offers approximately 200 accredited undergraduate, graduate and certificate programs, available online and on its 300-acre campus in Manchester, New Hampshire. Recognized as the "Most Innovative" regional university by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner. Learn more at www.snhu.edu.

ALG Hosting Authors & Illustrators Event



ssistance League of Glendale brought authors and illustrators of children's books to Muir Elementary School on Tuesday, Jan. 11. Chairwoman Linelle Vincenti (left) presented a check for \$2,000 to Principal Jessica Zavala at Muir Elementary. The money is earmarked for the purchase of books for the school library. The Authors &

Illustrators presentations will take place on Zoom.

The authors and illustrators planning to participate are Frans Vischer, known for his Fuddles series based on bis own fat, pampered cat, will be talking to kindergarten aged children. He teaches the kids how to draw Fuddles.

Author and illustrator Tim Egan will be talking to first and second grade students about his Dodsworth series that is filled with delightful animals having adventures all over the world.

Author Carter Higgins, who is also an Emmy Award-winning visual effects and motion graphics artist, will share with second and third grade students his books "Bikes For Sale,"

"Everything You Need For A Treehouse" and "This Is Not A Valentine."

Alexis O'Neil, author of fiction as well as non-fiction such as "The Kite That Bridged Two Nations" and fiction titles "Loud Emily," "The Recess Queen" and "Worst Best Friend" will talk about her books with third and fourth graders.

Award winning author Leslie Margolis will give details to fifth and sixth grade student of her Annabelle Unleashed series and the Maggie Brooklyn Mystery series. Her books also include "Secrets of the Chocolate Factory, "Girl's Best Friend" and "Ewe Are Party People."

> Submitted by Danette ERICKSON

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BETWEEN FRIENDS

Union Station Homeless Services Benefit from LCJWC







Junior Women's Hagegard, the donations to the Union donated a \$250 check toward Led by LCJWC Community program.

La Cañada Outreach Director Gayle

group sisterhood, comaraderie and creative fundraising ideas in . Club displayed their recently assembled gift giving back," said LCJWC the new year." giving spirit throughout bags brimming with much- President Trish McRae. "I'm the holiday season with needed toiletry items and constantly inspired by the about the club, email members' enthusiasm and Karen Thurston, LCJWC Station Homeless Services. USHS's vital holiday dinner willingness to help. We're membership director, at all in this together and look lcjwclub@yahoo.com.

"The Juniors are all about forward to kicking off new

For more information

Photos courtesy of La Cañada Junior Women's Club LEFT: Pictured from left are LCJWC members Felicia Wallace, Elizabeth Landswick, Rosie Castro, Jenny Pass, Kathryn Enright and Gayle Hagegard assembling bags for USHS. TOP: Prepared bags are ready for delivery to USHS. ABOVE: From left, LCJWC Community Outreach Director Gayle Hagegard presents a check to Union Station Homeless Services Associate Director of Development Pamela Davis Kuhr joined by LCJWC Treasurer Alice Perez.

USC Verdugo Hills Hospital, in partnership with YMCA of the Foothills, presents:

Virtual Doc Talks

Exercise and Older Adults

The Importance for Chronic Disease Prevention



Presented by Agnes Baenz, Physical Therapist Get Up and Go Exercise Class Instructor

Wednesday, January 19, 2022

12 - 1 pm via Zoom teleconference

Registration Call (818) 952-2228 or visit bit.ly/JanDocTalk You MUST provide an email address when you RSVP to receive your teleconference link.

USC Verdugo Hills Hospital Keck Medicine of USC



ALG Receives Gift



Photo provided by ALG

Jose Bonilla of Glendale Toyota with ALG President Carol Svatora.

Assistance League of Glendale - ALG - recently received a \$5,000 check from Gary Guemiksizian, general manager of Toyota of Glendale, and the club members anticipate receiving a second check from the Toyota Corporation matching the first.

Guemiksizian explained that donations were given to two Glendale non-profits that were chosen by drawing names from a hat. The names being considered were approved as non-profits by Toyota Corporate and ALG was lucky to be chosen. ALG is noted as a GuideStar gold transparency non-profit. Not only is ALG transparent

in its philanthropies but the non-profit must also have 100% donations from its Appeals Campaign from members. Assistance League philanthropies include Operation School Bell, Senior Neighborhood Fellowship, scholarships, Authors & Illustrators, Ascencia baskets and vocational training.

To learn more about ALG, call president Carol Svatora at (586) 202-8764 or stop by its second hand shop Thrift Alley at 314 E. Harvard St. It's open Wednesdays thru Saturdays from 10 a.m. to 3 p.m.

Submitted by Danette ERICKSON

Art On Orange – Storefront Art Program Opening Reception

Glendale's Arts and Culture Commission launched Art on Orange, a storefront art program that beautifies a vacant unit on 250 N. Orange St. The goal of the program is to create professional quality art installations celebrating the surrounding community, be viewed by the public, pique the interest of pedestrians and increase overall foot traffic.

Art on Orange features installations made by local artists Cathy Hrenda, Jennifer Swain and Diane Williams in response to the theme of "Resiliency." These works repurpose found items into art, address the adversity of marine life, and reinterpret meaningful cultural objects.

Williams, a Filipinx interdisciplinary artist and researcher, chose to recreate the idea of the "parol," a Filipino ornamental lantern displayed during the Christmas season, in her artwork.

"It's also a symbol of joy and hope," Williams said. "I wanted to evoke this kind of community in that way, sort of weaving through the narratives and stories of my community."

The program's opening reception took place on the evening of Friday, Dec. 10. Throughout the event attendees had the opportunity to speak with the participating artists, listen to music by electronic jazz pioneer and pianist Mark de Clive-Lowe, and enjoy desserts from a local bakery, Maggie's Pastry. The excitement of having a space that had been empty for years, now filled with captivating artwork was felt throughout the night as visitors of all ages stopped to browse

inside 250 N. Orange St.

Glendale resident Philip Gilbert said, "It goes to show how needed something like this is in the city ... the art has been very impactful and I think a lot of people who are coming by are also getting something out of it as well, and I think it's a good utilization of the space here."

Due to popular demand, the original six-week installation period of Art on Orange has been extended until March 26. The public is welcome to view the exhibit at their leisure during weekly gallery hours on Tuesdays and Thursdays from 2 p.m. to 5:30 p.m. starting Jan. 26.

The Glendale community and beyond is invited to the closing reception planned for Saturday, March 26 from 7 p.m. to 9 p.m. More details on the closing reception will be announced soon.

The Art on Orange storefront art program is sponsored



by the Glendale Arts and Culture Commission, through funding from the Urban Art Program with support from Glendale Library, Arts &

Culture and Glendale Economic Development & Community Development.

For more information, sit: https://www.

glendaleartsandculture.org/storefront-art-program.

MISSING YOUR CV WEEKLY?

Subscriptions are only \$1.25 an issue (\$65 a year) to get the foothillcommunity newspaper every week in your driveway.

Copies can also be found at local businesses that support this publication.

Expressions
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Bruce Jacobs Chiropractor

People Making News

The following local students have made the scholastic honor roll fall 2021 at Oregon State University. A total of 8,043 students earned a B-plus (3.5) or better to make the listing. To be on the honor roll, students must carry at least 12 graded hours of course work.

Students on the honor roll included: from Glendale, Mason E. Faunce, freshman, general engineering; Grant James,

senior, finance; Jonathan Krol, post baccalaureate, computer science; Jason H. Lee, senior, economics. From La Cañada Flintridge, Hayden N. Henderson, freshman, general engineering.

From Montrose, Runa
M. Maeda, senior, speech
communication. From
Tujunga, Marcelino E.
Martinez, senior, kinesiology.



TRAVEL & LEISURE =

'Let Me Talk' Exhibition Coming to **Brand Library**

lendale Library, Arts & Culture presents "Let Me Talk," an exhibition featuring paintings, sculptures, installation and photography by a diverse

group of 24 artists. This exhibit, curated by Ada Pullini Brown and Jill Sykes, will be at the Brand Library & Art Center from Jan. 22 - March 19. "Let Me Talk" includes a special edition portfolio of 52 new prints called "Utopia/ Dystopia," which produced at the East Los Angles printmaking workshop, Self Help Graphics.

The works in "Let Me Talk" point to the many issues that are a part of the current, deeply dark, and coarsened public discourse. The common thread explored in the works

by these artists is the desire not to despair or remain silent.

Brand Library & Art Center is located at 1601 W. Mountain St. in Glendale.



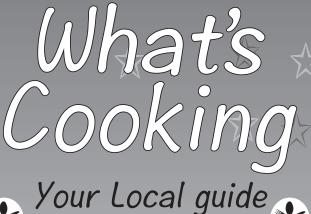




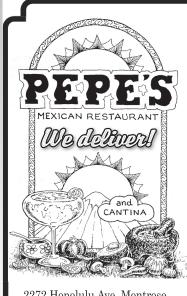
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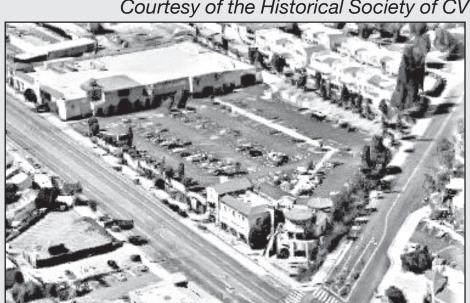
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THEN & NOW

Verdugo Hills Bowl Aerial



Then » Here's an aerial view of the northwest corner of Foothill Boulevard and Pennsylvania Avenue around 1969. Directly above the intersection is the then new Safeway Supermarket. It had expanded from a smaller Safeway on the same lot. To the left of that is the large square shape of the Verdugo Hills Bowl.



Now » This is the same intersection today looking northwest. The Verdugo Hills Bowl was demolished in 2002 and a new Vons was built right on top on the bowling alley's footprint. An interesting retail structure was built right on the corner a few years later.

JUST FOR FUN

CALENDAR this

ESTATE PLANNING FOR CANCER and different ways to plant an African violet **PATIENTS**

An online program for cancer patients will be given at the Cancer Support Community-Pasadena on Tuesday, Jan. 18 from 6.p. m. to 7 p.m. The program is free

Attorneys Erica B. Deutsch and Brittany D Hansen will discuss the tools, fundamentals and ways of developing an effective California estate plan.

Cancer Support Community-Pasadena is located at 76 East Del Mar Blvd., Suite 215, in Pasadena. (626) 796-1083 www. cscpasadena.org

INSTALLATION, **PRESENTATION PLANNED FOR VIOLET SOCIETY**

The Burbank African Violet Society will be having its next club meeting on Thursday, Jan. 20 at 10 a.m. at The Little White Chapel Christian Church,

1711 North Avon St. in Burbank. The program will include the installation of officers and a hands-on workshop led by club member John Hershey titled "Planting an African Violet Leaf." The members and guests will learn the necessary techniques

There are raffle and silent auction tables. Refreshments are served and friendships are made. Guests are always welcome to attend meetings.

For more information please telephone (661) 940-3990 or reference the website: www.burbankafricanviolets.weebly.com.

BACKYARD FRUIT TREES TOPIC OF **GARDEN CLUB**

The Burbank-Valley Garden Club will hold its next meeting on Feb. 3 at the Little White Church at 1711 N. Avon St. in Burbank. The meeting will begin at 10 a.m.

Mike Wronkowski will present "How To Create A Backyard Fruit Tree Orchard." Wronkowski has been a certified nursery professional in Southern California for many years. He is the manager at the Santa Clarita Green Thumb Garden Center; chairman of the California Certified Nursery Professionals Committee; and chairman of the California Plant Alliance Education Committee. The Club is very fortunate to have him back with us to talk about backyard orchards.

Wronkowski will discuss the best varieties to grow in the local area and the conditions needed to grow them successfully, including their sun, water and nutrition requirements, management of pests and how and when to prune them for best results. Don't miss this amazing speaker who is bound to give us some unique tips to get our orchards started!

All are invited to hear this amazing speaker while making a few new friends. A seat is reserved for you!

Masks are required and, in the event that indoor gatherings are prohibited, the meeting will take place on Zoom. Those who have any questions can contact Anne White at (818) 434-3616 or via email at annewhite1@aol.com.

REUNION PLANNED FOR JBHS

Calling all graduates from John Burroughs High School class of 1962!

The 60th year class reunion celebration will be held at the Burbank Elks Lodge at 2232 N. Hollywood Way in Burbank on Saturday, June 25 from 5 p.m. to 10 p.m.

Come and renew old friendships, share memories and catch up on what's new. The Reunion Committee has planned an evening of fine dining, music enjoyed "back in the day" in addition to video and photo opportunities to capture the moments of this grand event. We want everyone to attend so if you know of classmates who haven't heard of this event, please let them know. The reunion committee strives to contact as many grads as possible.

JBHS Class of 1962 only: Have a fav song from our era? Submit the song title and song artist(s) as a reunion celebration playlist is being created. Send your selection to cchavoor@gmail.com and thank you in advance. This is going to be so much fun so don't miss out!!

For more information, please contact Chuck Chavoor at cchavoor@gmail.com.

VHHS PLANS REUNION

"Team 74" is planning a 50th high school reunion in 2024. Friends and graduates of Verdugo Hills High School are invited to attend to trade stories of family, careers, adventures and anything else.

Currently Team 74 is in the planning phase of collecting names and numbers of classmates and putting together a database; emails from classmates can be received at clsof74reunion@yahoo.com. Information should include a mailing address, cell number and graduate's name at graduation (if different than now).

A list of frequently asked questions will be provided to keep everyone updated as the reunion plans move forward. Those who belong to various VHHS groups will see redundant information to ensure all classmates are notified and have an opportunity to attend.

At this time the FB VHHS groups will be the reunion information outlet until a more focused site is created.

WWW.CVWEEKLY.COM

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Toluca Lake and surrounding

FreeDailyCrosswords.com

ACROSS

- 1) Head-hanging emotion
- 6) Cut, as a coupon
- 10) Highest position
- 14) Widespread destruction
- 15) Put on the payroll
- 16) Annoy with sweetness 17) Dump output
- 18) Put back in position
- 20) Playful humor
- 23) Give weapons to
- 22) Number that everyone has
- 24) That nice lady
- 25) Use a sponge
- 28) Decay
- 29) Arena seating levels
- 31) Tuck, for one
- 33) Bro's female counterpart
- 34) Shriek at a mouse sighting
- 36) Dubious

FICKLE

20

22

28

37) Doubtfulness

- 40) Years in Rome
- 42) California's Big
- 43) Visualize
- 44) They're often brushed
- 46) Ducks, geese and such
- 48) Adriatic, among others
- 51) An old TV "Squad"
- 52) Not working today
- 54) Emeritus, for short
- 55) Ending for "sit" or "shut"
- 56) Thoughtless haste
- 60) Ones held in custody
- 62) "Arabian Nights" figure
- 63) Word said at an altar
- 64) "Darn it all!"
- 65) Street groups to avoid
- 66) Surfer, stereotypically
- 67) Old trans-Atlantic super-

19

31

65

68

43

By Roger D. Ellis

25

26

- speeders
- 68) Goes across

18

29

64

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DOWN

- 1) Ram's horn used as an instrument
- 2) Tried one's hand
- 3) Black-and-white shorebird
- 4) Far from less
- 5) Overjoyed
- 6) Auto trim material
- 7) In of (rather than)
- 8) Isle of Man location
- 9) Kind of pasta
- 10) of the Apostles
- 11) Assign to a category
- 12) Bon ___ (witticism)
- 13) Hurricane part
- 19) Bondsman
- 21) Camera parts or flowers
- 26) Awkward, goofy person
- 27) Get too nosy
- 30) '70s fashions in the 2000s, e.g.
 - of passage
- 33) Fit of agitation
- 35) Month on a Jewish calendar 37) Like a first draft
- 38) They stir up trouble
- 39) Rainy day provisions
- 40) Bank machine
- 41) Lead character in "The Matrix"
- 45) Western tribe
- 47) Arm parts
- 48) "Burnt" color
- 49) U.S. navy officer
- 50) Give the once-over
- 57) Locks on a lion
- 59) Tide designation

D	n	D	E		S ₉	S	Т	S		S	Ь	A	И	S
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⁵¹ M	0	D		52	53 E	E		⁵⁴ R	E	Т		55	И	S
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818.523.1234 La Cañada Montrose 53) Backs with bucks Sonya Marquez 58) You can take it or leave it Sonya@CVWeekly.com 818.381.2000 60) Family member 61) Creature on Australia's coat of arms La Crescenta Sunland-Tujunga Chuck Holler Chuck@CVWeeklv.com 818.468.2956 Glendale Jon K Jon@CVWeekly.com

PROBLEM SOLVED » BY CHRISTOPHER ELLIOTT

Help! I owe \$1,048 in back rent but I always pay on time

Why did Kate Syverson's rent just go up by \$157 a month? And why is her apartment manager threatening to take her to court if she won't pay \$1,048 in back rent?

I am having with my apartment management company. I'm a college senior. I recently moved out of student housing and into my own apartment at the Allure apartment complex, which is a property of Greystar Real Estate.

My rent was \$1,886 plus utilities every month and when I got a dog in March 2020, the rent went up by \$50 a month. I've always paid my rent on time through the resident portal and I have never had any problems with the other residents or apartment management.

My parents and I agreed that we would sign a year lease last February so I would not be stressed about moving during finals and the holidays of 2021. I assumed I would get a new lease notification via email or in my resident portal account, as that is how all communication with Allure has

On July 13, I received an email from Allure that I was going monthto-month starting on July 13 and would now be charged an extra

I'm hoping you can \$157 a month. The company agreed adjust your monthly rental rate help me with a situation to prorate July. A couple of hours later I received another email saying that I had been month-tomonth since February and so they were charging me \$157 a month in back rent as well.

> After numerous emails and attempts to resolve this issue, Allure management has sent me a notice saying I have 15 days to pay the back rent plus late fees or they will start legal proceedings. I feel like they know that hiring a lawyer is expensive, so they just think I will pay it. If there is anything you can do to assist me, I would really appreciate it. I'd like to get \$1,048 in back rent removed from my

> - Kate Syverson, Orange, California : You should have signed a new lease, which would have kept your rent payments at \$1,886 plus utilities. Instead, it looks like you assumed that your rate would not change if and when you moved to a month-tomonth lease. It wasn't.

Allure waited until July to

but it then appears to have also retroactively adjusted your rate. It should have offered to fix the problem instead of threatening to take you to court - although, as you suggested, the threat was likely a form letter generated when your rent is overdue.

The fix for this is easy, in retrospect. Make sure that you sign all the paperwork for your apartment lease well in advance. I understand that Allure typically communicated through its website portal, but it looks like this time it

I asked Allure to review your

"This resident did not renew her lease, so she was put on a monthto-month status as a result of that," a spokeswoman said. "The team is going to talk to the property owner and to her and see if we can work out a resolution."

Allure reached out to you. The blame for this is definitely shared. You know you should have been more proactive about the rental contract. But Allure should have also contacted you sooner. And that business with retroactively charging rent and then threatening you - not a shining example of good customer service. Allure offered to split the difference with you, which leaves you with \$524 due.

Christopher Elliott is the chief advocacy officer for Elliott Advocacy. Email him at chris@ elliott.org or get help with any consumer problem by contacting him at http://www.elliott.org/help © 2022 Christopher Elliott.

» ZACK HILL BY JOHN DEERING AND JOHN NEWCOMBE



WEEKLY HOROSCOPES Provided by horoscope.com November 29, 2021 - December 5, 2021 Provided by horoscope.com

ARIES March 21 - April 19

Try not to get too focused on fitness. The cosmos suggests that you could be obsessed with aspects of your health in such a way that isn't good for you. The trick is to find a healthy balance. If you're too desperate to get a certain body shape and too willing to do whatever it takes good or bad - to achieve it, you could suffer some ill effects. Take it easy.

TAURUS April 20 - May 20

The cosmos suggests that if your love life is off balance, your health suffers. Now you should feel a lot more peaceful and confident about your associations with others. That, in turn, will have a positive effect on your health. It all interconnects and works in cycles. You'll see!

** GEMINI May 21 - June 20

It helps to stay as fit and flexible as possible, especially now. Pay attention to your bones and cartilage and any tension due to stress, fear, and muscle contractions. You'll do yourself a lot of good if you try swimming, dancing, yoga, or tai chi. Take fish oils and other specialized supplements to keep your joints in good shape.

CANCER June 21 - July 22

Leisure, fun, and sports are highlighted, and you might feel moved to get involved in competitive events. You enjoy testing your skill, strength, and stamina in competition with others. You can also get the chance to meet new people while getting fit. This could prove to be a more enjoyable way of exercising than working out alone.

LEO July 23 - August 22

You might find it easier to get fit if you enlist the help of a personal trainer or someone with the knowledge to set up a program that will enable you to reach further. If that doesn't appeal to you or is impractical, try working out with your partner or a friend. When you can support another person, you also support

👪 VIRGO August 23 - Sept. 22

You could be prone to muscle tension or overall stiffness, but there are things you can do to ease it. You'll benefit tremendously from regularly following a few simple exercises and routines. Make sure to focus on exercises that keep you fluid and flexible, such as dancing, swimming, fencing, and yoga. Get massages as often as possible if you can

LIBRA Sept. 23 - Oct. 22

Make sure to take the right vitamins and minerals that will boost your immune system. Current aspects could leave you open to colds, coughs, or other minor infections. Eat healthfully and supplement your diet so that you can feel energized, strong, and ready to fight off any challenge. Exercise is necessary, too!

SCORPIO Oct. 23 - Nov. 21

You should begin to feel more relaxed, confident, and energetic now. Your positive approach to life has a powerful effect on your energy and overall health. Your empowered energy impacts the cells in your body in such a way that they can't help but strengthen your immune system and boost your vitality.

SAGITTARIUS Nov. 22 - Dec. 21

This is one of those periods when you have a chance to get back on track with your diet and exercise routines, especially if you've been knocked off course by recent events. Life may be calmer than it has been. Take time to think about such details as whether to increase the pace of your workouts or if you need to tweak your diet in some way. It will be worth the effort.

A CAPRICORN Dec. 22 - Jan. 19

The cosmos is bringing you treasures of which you may be unaware. If you're prepared to take full responsibility for your health, you'll become very resilient to many health issues that might have caught you off guard before. However, the converse is also true. If you ignore your health completely, you'll wind up on a losing course. Think carefully about your priorities.

AQUARIUS Jan. 20 - Feb. 18

Your main focus may be mental rather than physical, which is why it helps to understand the messages your body sends you. You can benefit from paying more attention to the way it feels from one moment to the next. Notice when it's tense or relaxed and when it's comfortable or on edge. Become better acquainted with this marvelous instrument!

PISCES Feb. 19 - March 20

If you feel like going on vacation, maybe it's exactly what you should do. The cosmos suggests that you'd benefit greatly from being in the fresh air, swimming in the ocean, or hiking in the woods. The time you spend outdoors will do you a lot of good. You'll blossom in all ways and your health will improve quite dramatically.

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BUSINESS

NEWS FROM THE CRESCENTA VALLEY CHAMBER OF COMMERCE

2022: It's Going To Be A Very Good Year

Now that 2021 is behind us and the fizz from the champagne bubbles is beginning to settle, check out our plans for 2022.

Due to safety and health concerns, our Chamber has decided to cancel the Jan. 19 CV Chamber Board Installation and Mary Pinola/CV Chamber Education Fund Grant Awards luncheon. We are considering several options which will be announced later this month. more information, call the Chamber office at (818) 248-4957 or email info@ crescentavalleychamber.org.

The Chamber welcomes our returning board members for 2022 and our two new board members: Christine Benitez, principal at Crescenta Valley High School, and Victoria marketplace/filming/ Malone, communications manager for the Montrose Shopping Park Association.

Congratulations to the First Baby of 2022!

Each year our Chamber and USC Verdugo Hills Hospital recognize and honor the first baby of the year born at USC Verdugo Hills. On Saturday, Jan. 1 at 10:25 a.m. baby boy Atreus Romo arrived to claim the honor. He was helped along the way by his very proud mother, Alyssa Marie Cruz. A gift basket of "goodies" from Merle Norman of Montrose, Once Upon A Time children's bookstore, CV Weekly, VFW/American Legion Posts (Gail Collins), Chris Waldheim and J's Maids, Mike Baldwin, USC Verdugo Hills Hospital and our Chamber was beautifully wrapped by Deborah Weirick and presented to Atreus and his mom. Congratulations Alyssa Marie and welcome Atreus! Welcome to Our Three New

Chamber Members

We welcome The Income Tax Store to our Chamber family. Owner Ronald Roland, at (818) 957-5356 or incometax2@aol. com, assists individual taxpavers and small business owners with personalized and professional service. We also welcome Aspire Physical Therapy, which has three locations, one at 440 Foothill Blvd. in La Cañada. Owner Aaron McGuinness and his expert team are skilled at finding the cause of your pain not just the impairment. Contact Aspire Physical Therapy at (818) 369-7620 or visit www. aspirephysicaltherapy.com.

Finally, our Chamber welcomes B.A.A.D. (Badger Association the Advancement & Development of Youth Baseball) aka HONEYBADGERS. It is a non-profit organization, organized by Luke Peterson and Mike Padula, offering a travel baseball program for 8-14 year olds. Contact information (818) 259-1246 or email

HONEYBADGERS at padu7@ msn.com.

Some Dates to Remember and Save

Looking ahead: Later this month the Chamber announce our monthly mixer schedule at business member locations (contact the Chamber office if you are interested in hosting one of our mixers); we will sponsor local restaurant dine-in or dine-out fundraisers throughout the year; we have plans to host our annual bingo event and online silent auction event during the first half of 2022; on Saturday, April 30 we'll host our spectacular Hometown Country Fair event at Crescenta Valley Park (application forms for vendors will be available on our Chamber website in late January or early February); our student scholarship golf tournament at Scholl Canyon is being planned for June; the classic fun-filled poker tournament will be held during August; this year's 9/11 Patriot Day Motorcade ("Remember-Honor-Respect") will be held on Friday, Sept. 9; and finally, Saturday, Oct. 29 is our annual 5K Run at Crescenta Valley Park. Keep posted for all events by visiting our Chamber website,

"Emergency" Preparedness Tip for January:

www.crescentavalleychamber.

With the rains and cold weather come "critters." Some of you may have encountered ants around your garden areas or, even worse, inside your living area. Based on a recommendation from my friend Bruce Campbell, and speaking from experience, the product that works best is available at Ace Hardware of La Crescenta, 3100 Foothill Blvd., La Crescenta. Manufactured by Ortho, it's called Home Defense. It's a liquid product with a spray attachment with best results when sprayed along the edge of the building foundation, along ant trails in the landscaping areas, and/or along the baseboards inside your living area. It really does work! Our Purpose

The purpose of the CV Chamber of Commerce and our activities is to support our Crescenta Valley community and the Chamber business membership. One of those Chamber business members is Once Upon A Time children's bookstore. Our nation's oldest children's bookstore is located at 2207 Honolulu Ave. in historic Montrose. Owner Maureen Palacios and her team of experts are available to assist you with personal service and quality children's literature. Check them out in person or through their website shoponceuponatime.com.

CV Chamber Membership **Opportunities**

If you are a Chamber member we are available to help your business plan a ribbon cutting, a grand re-opening of your business or even help you organize promotional opportunities. For those of you who are not business or residential members there are numerous advantages of a CV Chamber of Commerce membership. For details simply call the CV Chamber office at (818) 248-4957 or email us at info@crescentavalleychamber. org. You may also access our Chamber website at www. crescentavalleychamber.org.

Remember our Chamber motto: "Our Business is Your Business.



Steve Pierce Executive Director CV Chamber of Commerce (818) 248-4957 info@crescentavalleychamber.org

MONTROSE-VERDUGO CITY CHAMBER OF COMMERCE

Coming Together in the New Year



Photo provided by Panos Productions Photography

On Dec. 8, the MVCC Toys for Tots mixer was hosted by the Glendale Area Schools Credit Union. MVCC member (center) Leslie Lesh from Clear Minded Marketing with Toys for Tots Marines Staff Sgt. Rodriguez (left) and Staff Sgt. Rodarte.

Happy New Year! As we today with a different viewpoint on enter another year during a still the year we have ahead of us. unprecedented time, we can't help but ask ourselves how our resolutions challenges ahead and, with our will be different this year. It feels as resolution of coming together though the only hope we've held on this year, we know that this goal to for the last (almost) two years is is possible. Our mission at the that we return to our old "normal." Montrose-Verdugo City Chamber For many, our last few resolutions of Commerce has always included have been to just get through the this notion of coming together to next year okay. It's been challenging be stronger together. This is how these last few years and we're here

We welcome and embrace the

see MVCOC on page 23



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FIEDS &

LEGALS

FICTITIOUS BUSINESS NAME

FICTITIOUS BUSINESS NAME
FICTITIOUS BUSINESS NAME STATEMENT First Filing No. 2021278810 The following person(s) is (are) doing business as: RESCUE ADVANCEMENT INCORPORATED. 2708 FOOTHILL BLUY #275, LA CRESCENTA, CA 91214 LA COUNTY Registered Owner(s): RESCUE ADVANCEMENT INCORPORATED, 2708 FOOTHILL BLUY, #275, LA CRESCENTA, CA 91214. This business is being conducted by: a CORPORATION. The date registrant started to transact business under the fictitious business name or names listed above: 10/2021. I declare that all information in this statement is true and correct signed RESCUE ADVANCEMENT INCORPORATED, JAMES R. GOLDSWORTHY. Title: CFO. NOTICE - A Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious Business Anme in violation of the rights of another under Federal, State, or Common Law (See Section 14411 ET SEC., Business and Professions Code). Published Crescenta Valley Weekly, January 6, 13, 20, 27, 2022.

NOTICE OF SELF STORAGE SALE

FICTITIOUS BUSINESS NAME STATEMENT First Filing No. 2021274985 The following person(s) is (are) doing business as COLLEGE & CAREER ENGAGEMENT, 2029 VERDUGO BLVD. SUITE 337, MONTROSE, CA 91020 LA COUNTY Registered Owner(s): EMMA SANCHEZ, 3021 ASHWIN DR. APT A, LA CRESCENTA, CA 91214. This business is being conducted by: an INDIVIDUAL. The date registrant started to transact business under the fictitious business name or names listed above: 11/2021. I declare that all information in this statement is true and correct signed COLLEGE & CAREER ENGAGEMENT, 2029 VERDUGO BLVD. SUITE 337, MONTROSE, CA 91020, EMMA SANCHEZ. Title: OWNER. NOTICE - A Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk. A new Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 1441) ET SEQ., Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 1441) ET SEQ., Business Aam in violation of the rights of another under Federal, State, or Common Law (See Section 1441) ET SEQ., Business and Professions Code), Published Crescenta Valley Weekly, January 13, 20, 27, February 3,2022. FICTITIOUS BUSINESS NAME STATEMENT First Filing No

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LEGALS

NOTICE OF PETITION TO ADMINISTER ESTATE OF BARBARA PRATHER

Case No. 22STPB00056. To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate of BARBARA PRATHER, PRETITION PROBLEM PRATHER in the Superior Court of California, County of Los Angeles.

decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. THE PETITION requests authority to administer the estate under the Independent Administration of Issates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows: February 9, 2022, at 8:30 a.m., Dept. 9: Superior Court of California, County of Los Angeles, located at 111 North Hill Street, Los Angeles, California 90012.

Street, Los Angeles, California 90012.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney, If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Thomas D. Mason (SBN 304902), Attorney for Petitioner, 7474 N. Figueroa St., Suite 110, Los Angeles, CA 90041, (323) 254-3072. Published in the Crescenta Valley Weekly January 6, 13, 20, 27,

EMPLOYMENT

INDEPENDENT CONTRACTOR

Local non-profit is looking for an independent contractor. Duties include clubhouse cleaning; events set-up and take down, event monitoring and light maintenance. (818) 957-9806.

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CVTC from page 14

candidates ran for three regular and three alternate positions. Each voter was allowed to vote for up to three candidates. There were 480 votes cast from 262 voters. Voters appeared to come in a steady stream throughout the time that polls were open. In addition, there were 49 instances where a name not included on the ballot was instead written on the ballot by the voter (a "write-in vote"). This is not included in the above total. Elected to threeyear terms as regular members are Elizabeth Ahlers, who received 27% of the vote followed by Dede Mueller (19%), and Frida Baghdassarian (17%). Elected to one-year terms as alternate members are Ted Yu, who received 16.6% of the vote, followed by Teri Madsen (12%) and Paul Barnes (9%).

While the pandemic raged on in 2021, the Council enjoyed several successes. We were able to continue, once again, giving away scholarships



thanks to our fundraising efforts and the generosity of the 5th District Supervisor Kathryn Barger. We continued to serve as a forum for the community on matters of great import to the community, including whether trails should be built abutting private homes' backyards [in easements] that had never been intended to be public. The concerns of the community were aired and, while everyone can support the idea of trails, the expectation of privacy in one's backyard must be accounted for.

As a former councilmember outlined last month, "We achieved many capital improvements, such as installing bike lanes, landscaping medians, overseeing a bus stop survey, upgrading street and intersection crosswalks at local schools and fixing potholes that were long-standing common issues. We also worked to plan future projects to accommodate our community's growth

the Safe Routes to School plan (this was accomplished not by one individual's effort, but through the team efforts of the entire Council).

wholeheartedly with the assessment by my esteemed former colleague regarding inherent problems stemming from councilmembers' conduct and the alleged lack of transparency by

agenda is not fulfilled it doesn't mean there is a "bogeyman" behind every bush or rampant conspiracies. The lack of a popular mandate is typically the reason, not the Council acting as an alleged "gatekeeper" having any claim to "control the facts," real or imagined. As Winston Churchill said, "Democracy is the worst form of government except for all the others that have been tried."

2022 is already shaping up to be a busy year for the Council as the Los Angeles County Dept. of Parks and Recreations delivers a presentation on the proposed Eagle Canyon Channel Trail, which includes a multi-use trail beginning at the NE intersection of La Crescenta Avenue and El Caminito along the flood control channel connecting to Two Strike Park, on Jan. 31 at 6 p.m. at the American Legion Hall, 4011 La Crescenta Ave. This is currently planned as an in-person

customtshirtsandsigns.com meeting with all safety protocols

enforced. With omicron spreading

rapidly, stay well and safe.

The next general meeting of the CV Town Council is Thursday, Jan. 20 at 7 p.m. Los Angeles County Public Works is planning a presentation on an upcoming pavement resurfacing project along La Crescenta Avenue, Orange Avenue, Prospect Avenue, Ocean View Boulevard, Mira Vista Avenue and Montrose Avenue within the unincorporated La Crescenta-Montrose community.

For those who have an interest in attending and participating in our virtual meetings and want to submit comments and/or questions, we encourage you to please contact CVTC at contact@thecvcouncil.com.

With all best wishes for the new year. Harry Leon, President Crescenta Valley Town Council



I must share I disagree the Council. Just because someone's MVCOC from page 21

resolution.

the top of mind. After all, if we truly wish to support commerce in our community, it and its mission. starts with shopping locally. But there are many other ways in which we can come to move forward on May 1. If you are a together. Here are a few:

- Show up to local business events. Whether it's for a business mixer or a (free) ribbon-cutting ceremony, showing up to show your support out our calendar on our website list of upcoming events.
- Follow and tag local businesses on social media. One of the easiest ways to show your support is to simply follow the local businesses that you cherish. Or if you find yourself wearing your favorite jeans from,
 - say, Nix Marie (still obsessed with our Pistola jeans we got from there), give them a quick shout-out/tag on social media in your mirror selfie. It may feel like nothing but, in doing these small gestures, you're making others aware of what our local businesses have to offer. Though you might not consider yourself an influencer, we all have the power to influence those around us - even if it's just your humble following of 500 friends and family.
- Leave a review. It's 2022 and the chances of someone first checking Yelp, Facebook, or another internet source on whether that new café in town is worth going to (by the way, it is totally worth visiting toasted.), you can bet a small business owner is doing a happy dance when they get notified of your new review of their business. It takes about five minutes (or less, if you're a review pro) and you'll feel great knowing you contributed a small act of kindness to your community. If you need help with learning how to leave a review, the MVCC is happy to

May this year be a blessed one for everyone and may we keep our resolution of coming together,

Meet the newest business nembers of the MVCC

- · Blizzfull.com "With Blizzfull, your customers can order securely and seamlessly from your restaurant's website or custom app.'
- · Athens Services "A local, familyowned waste collection and recycling company that has been a fixture in the greater Los Angeles community for the past 60 years."

...and welcoming back renewing member

Laurie Jo Designs "[MVCC past president Laurie Jo's] studio is open by appointment and is located in Montrose. [She has] art, gifts, aprons, canvas bags, clothing and can paint special orders as well."

MVCC and Member Updates/ Upcoming Events

Out of an abundance of caution, in response to the increase of

successful businesses and individuals COVID-19 cases all January and can really flourish - by combining February in-person events have been our strengths, support and resources. canceled with the exception of the dine-However, we want to take a moment out event on Wednesday, Feb. 2 from to expand on how we can fulfill this 11:30 a.m. to 9:30 p.m. at New Moon Restaurant. New Moon will be donating At our chamber, we make it a point to a portion of the proceeds to the MVCC. always have "shop local, shop Montrose" at Patrons need to just mention the MVCC to help raise funds for our organization

> Craft Beer Fest 2022 is scheduled brewery or a local business interested in participating and showcasing your business at this event, you can reach us at events.mvcc@gmail.com.

Special thank you to the Glendale Area can make all the difference to Schools Credit Union for hosting our Toys the business and to you! Check for Tots mixer in December. Also, thanks to MVCC member Panos Productions MontroseChamber.org to see a full Photography for yet again photographing our mixer (see photo).

Stay safe, be well and please keep supporting local businesses!

Mavil Aghadjanian, Executive Director Montrose-Verdugo City Chamber of Commerce(818) 249-7171 ROTARY from page 6

The Glendale Youth Alliance was another recipient. For the past 30 years the Glendale Youth Alliance offered youth employment programs including case management training, said Karineh Grigorian of the

Additionally, Glendale Parks and Recreation received funding for its youth and family programs, GPD received funding for an officers and staff appreciation luncheon and Glendale Fire Dept. received funds to restart its fire Explorer program.

And STRTP (Short-Term Residential Therapeutic Program) was given support for its programs Guiding our Youth and For the Future. The organization has been working with those in need for about 20 years. It offers short-term residential therapy for California children who are wards of the state. Many times these children are dealing with extensive trauma including sexual exploitation. This money will help these programs continue to offer positive solutions.

The Rotary Noon Club has several sponsors to thank including Pacific BMW,

Glendale Adventist Health, Bergh Orthodontics, Sam and Grace Carvajal, Gharibian Law, Elizabeth Manasserian, Shirvanian Law Firm, Larry Tyson, 3B Auto Brokers and USC Verdugo Hills Hospital.

Good Food?

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CONGRATULATIONS!

Help as congratulate this gears recipients of the 2023 Mary Pinolal Orescenta Valley Chamber Education Fund Awards

Crescenta Valley High School Instrumental Music Program in Partnership with Rosemont Middle School received the first ever Strategic Initiative Grant (SIG). The CVIM Program will receive funds to update the entire drum section and then donate their current drums to Rosemont Middle School to use to help their students gain skills to enter the CVHS music program. CVHS in partnership with Rosemont Middle School is an outstanding collaboration of education resources. We anticipate hundreds of students will gain lifelong benefits from this music education and that this program will serve as a model

Dunsmore Elementary School Foundation

Will receive a grant for improvements to the entrance area to Dunsmore Elementary School. The entrance is the focal point of the school as this is the entrance all 1st - 6th graders use daily.

for other educational institutions throughout our community and beyond.

Clark Magnet High School

Grant funds will provide partial support to implement and expand the Cyber Security Program at Clark Magnet High School. This program will provide a hands-on environment for the IT/Cyber Pathway. It will help educators at the school who are striving to create enough capacity for each team in the second year to have the resources to maintain their enterprise environments separately. Students will be able to compete in Cyber Security Competitions and assist interested local businesses via internships in their last year at the campus.

Foundation for Living Beauty

This grant will support workshops for women with cancer. Many of the workshops are recorded, presented online or provided through Zoom so women may access the information on their own schedule and the organization may reach many who cannot attend a workshop in person.

USC Verdugo Hills Hospital Foundation - Community Resource Center for Aging (CRCA) and the Crescenta-Canada YMCA

Funds provided will help produce & distribute materials that will inform our community of services and programs to engage older individuals and others who may be in need and may not be aware that these resources are available. The Crescenta-Canada YMCA is partnering with USC VHH and serving as a very important "outstation" for some of these programs.



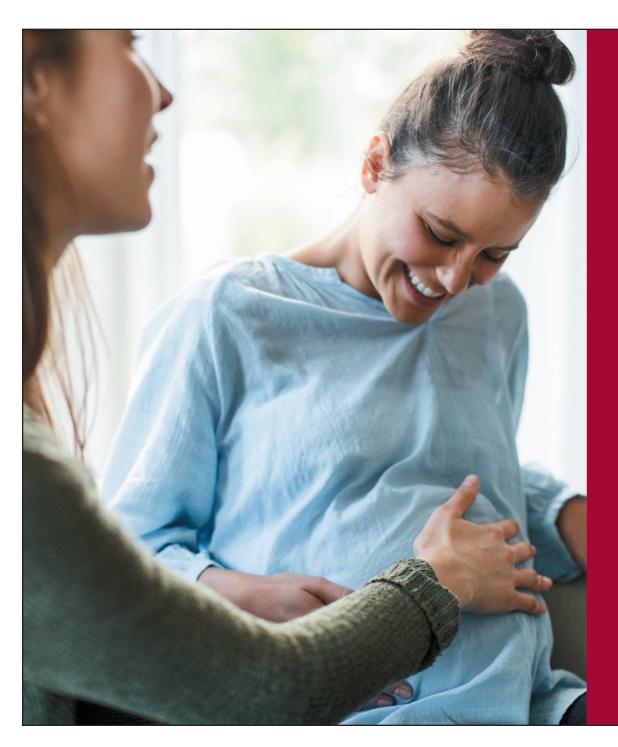


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Wishing you all calm and health!





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Call for a maternity consultation. (818) 533-6560
USCVHH.org/consultation

USC Verdugo Hills Hospital Keck Medicine of USC

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Thinking of Selling?

Currently, there are simply not enough homes on the market for the number of buyers hoping to purchase. The lack of available listings continues to challenge the market. Low interest rates are fueling buyer demand. Buyers are eager to purchase and because of the shortage of available listings, they are often entering bidding wars. This is the primary factor in keeping home prices high and giving sellers unheard of leverage in the negotiation process.

Thinking of selling? Learn everything you need to know.

Read our Home Sellers Guide to Success found at HarbandCo.com or simply give me a call.

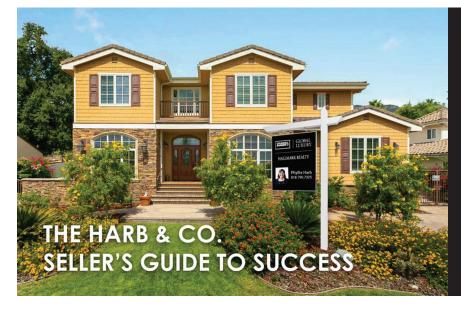


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Step 7: Evaluate & Accept Offer

Step 8: Closing Escrow Step 9: Moving

Common Terminology For Sellers



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Don't Miss Next Week's Q&A - Phyllis discusses "How long will it take to sell my home?"