NOVEMBER 11, 2021

WWW.CVWEEKLY.COM

VOL. 13, NO. 11

Now Available: Public Review Draft 2021-2029 Housing Element

The City of Glendale has made available the Public Review Draft 2021-29 Housing Element. Updating the Housing Element involved a detailed analysis of existing conditions, a review of existing City plans and programs, and the inclusion of new policies and programs to comply with current state housing law. The community's input regarding housing issues and priorities via a survey was instrumental in helping shape Glendale's Housing Element. The document is available online at https://tinyurl.com/wn2zp88n.

The Public Review Draft 2021-29 Housing Element is currently open for public comment through 6 p.m. on Tuesday, Nov. 30. Public comments will be considered by the Planning Commission and City Council at a series of public hearings expected to begin in December 2021.

Individuals may provide feedback by mailing written comments to: Erik Krause, AICP, Deputy Director of Community Development, 633 East Broadway, Room 103, Glendale, CA 91206 or emailing comments to EKrause@glendaleca.gov.

The City of Glendale will also be hosting an online Zoom meeting to discuss the Housing Element with community members on Monday, Nov. 15, at 6 p.m. Participants may RSVP at https://tinyurl.com/ymtbvkmp. If interested parties are unable to participate in this meeting, they may provide feedback on the Draft Housing Element by filling out a "Get Involved" form https:// www.glendaleplan.com/getinvolved.

more information For about the Glendale Housing Element, visit www. glendaleplan.com/housingelement-update.

By Mary O'KEEFE

After the death of their son, a boy's parents create a foundation to help others.

The inaugural fundraiser for the Chace Taylor Malone Impact Foundation LA will be on Thursday, Nov. 18 at the Scholl Canyon Golf Course. Because this is the first fundraiser for the foundation for many it will be the foundation's initial introduction to the community.

Chace Taylor Malone attended Crescenta Valley High School and graduated in 2011. On Jan. 2 of this year Chace lost his life after a struggle with anxiety and depression that led him to substance abuse. He was 27 years old.

Chace's parents, Victoria and Michael, describe their son as charismatic and caring with many friends. It is those friends who have inspired them to create the Chace Taylor Malone Impact Foundation.

Chace's parents have joined a club that no parent wants to belong to. According to the National Institute on Drug Abuse, in 2019 there were a total of 4,777 overdose deaths involving teens in the U.S. while the number of overdose deaths among all ages was over 70,000.

Those who are battling drug addiction often feel alone, and many times families feel that loneliness as well as they try to find help for their child. The newly formed Chace Taylor Malone Impact Foundation is hoping to create a bridge between the individuals who need

see FOUNDATION on page $8\,$

Chace Taylor Malone Impact Foundation Begins Its Journey of Support



Homeowners Encouraged to Apply for Retrofitting Grant

By Mary O'KEEFE

There are over 500 known active faults in California, according to Dr. Steve Bohlen, California state geologist.

This science is based on over four decades of earthquake monitoring and research done by the California Geological Survey and other agencies. But it's not just known faults that can pose a risk.

"We know there are hidden faults that are not active but could become active," Bohlen said.

Bohlen was part of a recent informational conference that focused on earthquake preparedness, including retrofitting grants offered by the State of California.

"Most California residents live within 30 miles of an active fault," Bohlen said.

He stressed that residents need to be proactive in preparing for a major earthquake including

see RETROFITTING on page 8



Image courtesy of Earthquake Brace and Bolt

California's Brace and Bolt program is a good way for homeowners to get help in making their home more secure through retrofitting in case of an earthquake.

NO PAYMENTS FOR 90 DAYS on all new, used, and refinanced AUTO LOANS.

Planning for the holidays? Refinance or get a new car loan now and get 1% cash back and no payments until the New Year!! As *• up to \$200 ~ □* always, current GASCU loans not eligible.

Apply today! (818) 248-7425 or gascu.org





New loans only. Current GASCU loans are not eligible for this promotion. Interest rate depends on loan terms and credit score. Terms and conditions may apply. Promotion terms subject to change without notice. Interest will continue to accrue for the entire life of the loan, including the initial period of no payment. No payment does NOT mean no interest no interest free loan. For further credit union disclosures, please visit our web site at www.gascu.org or come into a branc

Must qualify for credit union membership.

NMLS ID #536925



YOUR SAVINGS INSURED TO \$250,000 PER ACCOUNT AMERICAN SHARE INSURANCE





Gearing Up for the Holidays

Although Labor Day, to me, signals the ready at 5 a.m. the morning after Prom end of summer, it's Halloween that signals Plus. I am forever grateful. the beginning of the holiday season. In this week's newspaper, in our Between Friends section, you'll find the winning entries from this year's Fun & Frights in the Foothills, the self-guided tour that was presented by CV Weekly and Glendale Area Schools Credit Union. Pictures cannot capture the extent of the decorating these homeowners did but please take a look anyway.

Also in this paper are the names of the kids who won tickets to Circus Vargas by coloring a circus clown that we had in the paper for a couple of weeks. That, too, was a tough decision. The artists obviously took great pains to make sure their submissions rose to the top.

And today, Nov. 11, is Veterans Day. We are so lucky to have active American Legion and Veterans of Foreign Wars posts up here in the Crescenta Valley. The vets can always be relied on to advise on how to have a bingo game - then be there to oversee it and lend a helping hand. They help clean up after Prom Plus up at the Crescenta Cañada Y and, as the former president of Prom Plus, I cannot impress upon you how valuable that help is. For years, we volunteers were responsible for breaking down much of the event and, to be frank, it was hard. After all, we had just finished a grand event that included a zip line, casino, gyroscope, bungee run and more (don't forget the food!) for our CV High School seniors and their guests and we were tired. The veterans have now taken on that daunting job and are at the

KELLERWILLIAMS.

This Saturday is jam-packed with things going on, too. There's the American Heroes Airshow at Hansen Dam Sports Complex, a food drive that the Lions Club is hosting at Crescenta Commons and the Montrose Search and Rescue team is having a recruiting event at Deukmejian Wilderness Park. For those who want to stick closer to home, the off-ramp cleanup takes place at 8:10 a.m. We meet on Altura Avenue (just off La Crescenta Avenue) to get supplies and are usually done around 9ish.

And don't worry - details on all of these events can be found on page 3 under In

That's just this week. Thanksgiving is around the corner (Steve and I have made reservations at a restaurant - first time ever; I'll let you know how it goes) and there's the Turkey Run, also known as the Thanksgiving Day Run, hosted by the Community Center of La Cañada Flintridge on Thanksgiving morning..

Following on the heels of Thanksgiving are holiday parties and get-togethers, Christmas decorations and gift exchanges. With many of the COVID restrictions being relaxed, including being able to dine inside, this will truly be a season to celebrate.

Robin Goldsworthy is the publisher of the Crescenta Valley Weekly. She can be reached at robin@cvweekly.com or (818) 248-2740.





Weather in the **Foothills**

"It wasn't raining when Noah built the ark."

~ Howard Ruff

Had a call from my sis in Pismo Beach on Tuesday. Keep in mind it was a warm and mostly cloudless day here.

"How'd you like the rain?" she inquired.

"Rain? ... No rain here," I replied.

"We had a good half inch of steady rainfall," she kind of bragged. We have an on-going competition - sisters will be sisters - as to who will have the highest annual rainfall total. I may be wrong, but I doubt it ... La Crescenta, on an average, exceeds Pismo Beach by several inches.

You just never really know what a year may bring as climatic and weather conditions are exceedingly difficult to get right. I once heard a meteorologist comment, "An El Niño or La Niña is a guarantee of absolutely nothing."

Scientists study various data including water temperatures off the coast of Peru to gather "hints" of what may be in store, precipitation-wise. Sometimes hints work amazingly well; and other times, not so much.

Normally, during a La Niña winter, conditions tend to be drier and colder than average across Southern California. During the 2016-17 winter, the La Niña broke these rules. It was one of the weakest La Niña qualifying events on record. And it didn't even last the entire winter so it was one of the shortest, too! By January, signs of La Niña were dwindling. It became a remarkably wet winter for California, even though it was during a La Niña.

Looking at every water year (Oct. 1-Sept. 30) since 1950, the 2016-17 water year was the wettest La Niña water year in San Francisco, and the second wettest La Niña water year in Los Angeles.

Following the passage of a weak cold front at the beginning of the week, there's been a significant shift in the weather. Temperatures are on the rise. Today, Thursday, and tomorrow highs along the coast and into the valleys are expected to jump into the 80s and 90s. Many areas may break daily high temperature records. Wind speeds are predicted to be of the advisory category, reaching between 40-50 mph; some brief gusts could be stronger.

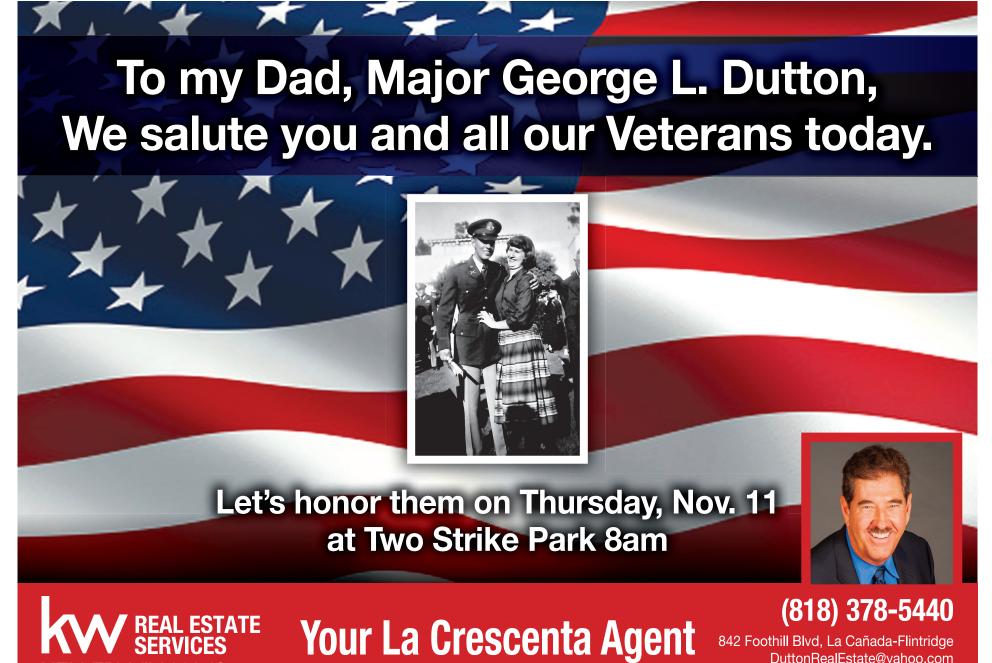
As is often the case, northeast winds – better known as Santa Anas in our region - result from the meeting of high- and low-pressure air. As winds blow through our local canyons, the air compresses with heat continuing through Saturday.

A cooling trend gets underway on Sunday, although above normal temperatures are predicted into early next week. There's not a drop of rain in the 10-day forecast. But you never know what may happen ... as there is a "guarantee of absolutely nothing."

> Sue Kilpatrick is a Crescenta Valley resident and Official Skywarn Spotter for the National Weather Service Reach her at suelkilpatrick@gmail.com.

> > DuttonRealEstate@yahoo.com

PaulDuttonRealEstate.com



Each Office independently Owned and Operated. Realtor DRE #02087435

NEWS

IN BRIEF

Veterans Day Ceremonies

Several nearby locations having ceremonies commemorating Veterans Wars Post 1614 will event. Sorry, no pets please. be hosting a ceremony beginning at 8 a.m.

Daughters of the American RosemontFriends@gmail. Revolution (DAR) will be com. placing a wreath at the Vietnam Memorial Wall in Off-ramp Cleanup Montrose at 9:30 a.m.

been gathering veteran 210 Freeway off-ramp stories that they have is Saturday, Nov. 13. compiled into a video that Volunteers meet at the 2700 will pay tribute to Veterans block of Altura Avenue at Day. The video can be viewed 8:10 a.m. for instructions, on GTV6, the city's YouTube safety vests and tools. (youtube.com/ Channel myglendale), and Facebook American Heroes Airshow @MyGlendale.

and Burbank Veterans pandemic, the American Committee are hosting a Heroes ceremony at McCambridge scheduled to land at the Park War Memorial. The Hansen Dam begins at 10:15 a.m. and 13. The free event features the ceremony begins at 11 nearly 20 helicopters that a.m. The concert will be are sure to inspire awe performed by the Burbank and inspiration in aviation Community Band. The enthusiasts as well as ceremony will include a demonstrations, fly-over by the Condor aircraft, first responder Squadron. McCambridge personnel and educational Park is located at the history on the development corner of Amherst and San of aircraft technology and Fernando Road.

Search and Rescue Tryouts

and Rescue team is holding security threats. There will tryouts for new members also be a naturalization on Nov. 13 at Deukmejian ceremony that takes place Wilderness Park, Markridge Road Glendale/La Applicants will be tested the morning of the event on a timed two-mile uphill and then get to spend their hike with the route taking first day as U.S. citizens at place along the Crescenta the airshow. View Trail.

and the hike will begin at 8 teams on site to answer

Rosemont Preserve **Restoration Day**

The community invited to the Rosemont Food Drive Preserve Restoration Day on Saturday, Nov. 13 from a food drive on Saturday, 9 a.m. until 11 a.m. to Nov. 13 from 10 a.m. to help protect the natural 2 p.m. at the Crescenta habitat at Rosemont Commons on the southwest Preserve. Volunteers will corner of Rosemont and be watering newly planted Orange avenues. For those milkweed. Wear sturdy shoes, comfortable clothes consider purchasing nonand garden gloves (long perishable holiday items pants and sleeves are such as canned recommended). Tools will beans, stuffing be available.

the north end of Rosemont to the Bailey Center for its Avenue, just past the chain annual Thanksgiving meal link fence. As street parking giveaway. is limited, please park at Rosemont Ave. Those with at lions91214@gmail.com or mobility issues who require text (630) 788-6591.

a closer parking spot should contact RosemontFriends@ gmail.com.

This event is free to the Day. At Two Strike Park, public and suitable for all American Legion Post 288 ages and no reservations and Veterans of Foreign required. Rain cancels

For further information, contact the Friends of the For the second year, the Rosemont Preserve at

The monthly cleanup of The City of Glendale has the La Crescenta Avenue

After a one-year hiatus The City of Burbank due to the COVID-19 Airshow Sports concert Complex on Saturday, Nov. display why helicopters are often the first tool out of the toolbox in times of natural disasters, search and rescue The Montrose Search operations or national 3429 in the early morning. Fifty in to 60 people are expected Crescenta. take the oath of allegiance

In addition there will be Check-in is at 7:30 a.m. displays and recruitment questions. Hansen Dam Sports Complex is located at 11480 Foothill Blvd. in Lakeview Terrace.

The Lions Club is hosting wishing to contribute, mixes and instant potatoes. All The Preserve is located at donations will be donated

Questions can Two Strike Park, 5107 directed to Kim Sandoval

Local Teens Reach Out to Help Refugees

By Mary O'KEEFE

eens who are members of the club Students Stand with Refugees at Crescenta Valley High School are asking for donations to help those who have recently arrived in Los Angeles as refugees. A refugee is defined as a noncitizen who generally is outside their home country and has experienced past persecution or has a well-founded fear of persecution on account of race, religion, nationality, membership in a particular social group, or political opinion.

"Our club's mission is to educate [others] about the international refugee crisis and to give aid to families," said Lucy Rickey, the club's president.

The club is creating welcome kits for families that are arriving, most from Afghanistan. They are asking for donations of infant and toddler clothes, sunscreen, small hand tool kits and school supplies including pencil bags.

"And small LEGO sets," Rickey

She said many of the families have young children so giving them LEGOs provides them with something to play with and makes that "extra effort" to show they are welcome.

"The families [from Afghanistan] escaping unimaginable circumstances," Rickey said. "We can't imagine what they are going through."

California has a long history of welcoming those fleeing Afghanistan and is expected to take in more than 5,000 Afghan refugees. It has been reported that over the past 10 years the state received 32% of the total number of Afghan refugees.

LA County Board of Supervisor Hilda Solis stated she supported the work of community-based organizations like Baby2Baby and Miry's List and their efforts to help settle the Afghan refugees.

"Los Angeles County continues to welcome immigrants and people seeking refuge, and we are steadfast in our commitment to ensuring that newly-arrived families from Afghanistan receive resources to successfully resettle in our county," stated Solis.

The items collected by the club will be donated through Miry's List.

In a shared statement with Solis, Miry Whitehill, founder of Miry's List, stated she "was encouraged by the outpouring of support toward families and programs at this critical time."

According to the Miry's List website, their 12-month program begins with meeting each refugee family in their home, which is typically a sparsely furnished or unfurnished apartment that was assigned by a resettlement agency. The team then works with the family to create a list of items needed and shares that list with community

The U.S. Department of Homeland Security estimated about 70,000



Photos provided by SSWR

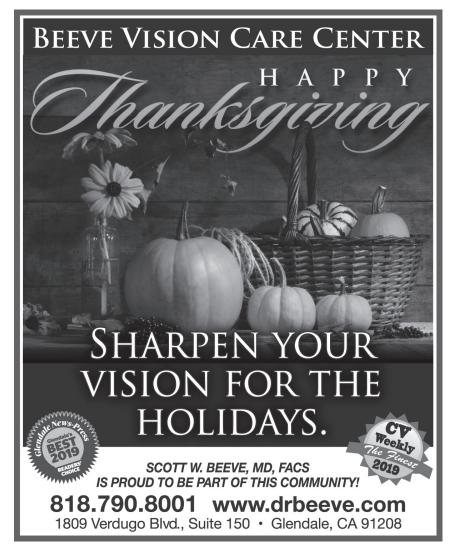
Members of the Crescenta Valley High School club Students Stand with Refugees stand next to a display table that highlights the work they do and statistics of those displaced worldwide.

Afghans have arrived in the United States as part of Operation Allies Welcome. Following the biggest airlift in U.S. history, DHS exercised its discretion to parole many Afghan nationals, on a case-by-case basis, into the United States for urgent humanitarian reasons.

Rickey said club members want to

make those arriving from Afghanistanfeel they are not alone and to welcome them to California.

For those who wish to donate, items can be dropped off during school hours at CVHS, 2900 Community Ave., to the attention of the club's mentor Ms. McGuire.



NEWS

www.cvweekly.com

LCHS Student Named Rose Queen

The Pasadena Tournament of Roses® named Nadia Chung as the 103rd Rose Queen® the announcement and coronation ceremony presented by Citizens Business Bank. The event took place on the front steps of Tournament House and was hosted by Lynette Romero, anchor/reporter of the KTLA5 Morning News. The announcementwasmadeby 2022 Pasadena Tournament of Roses President Bob Miller and follows a month-long selection process with students from 24 Pasadena area schools participating in interviews. The Rose Queen and Royal Court were selected based upon a combination of qualities, including public speaking ability, academic achievement, youth leadership and community and school involvement.

Chung is a senior at La Cañada High School and lives in La Cañada. She is currently a journalist for the Los Angeles Times in the High School Insider division, a company member of California Contemporary Youth Ballet, an intern at the Outlook Newsgroup, president of the LCHS speech and debate team, coordinator for accessibility in debate education with Beyond Resolved, president of the Mock Trial Team, managing editor of the Outspoken Oppa, president of the Mini Mission, president of Concert Choir, Girl Scout member, vice president of the Los Angeles MD Junior Chapter, publicity chair for LCHS



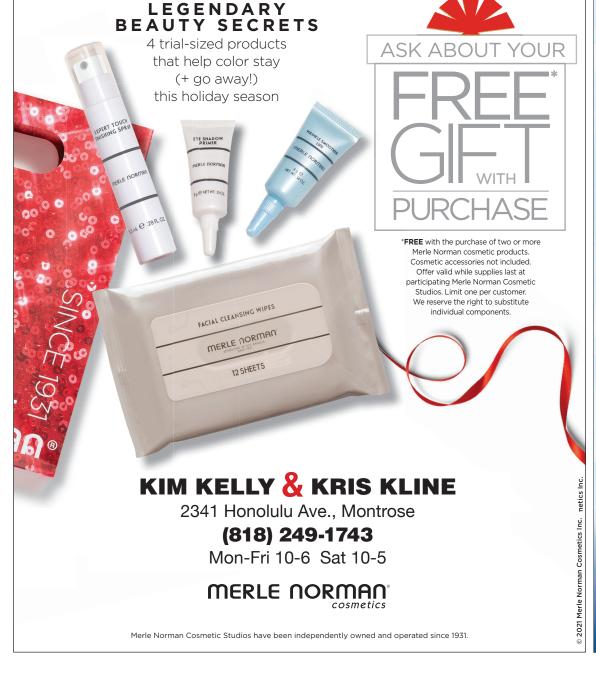
Photo provided by The Pasadena Tournament of Roses® Nadia Chung is crowned as the 103rd Rose Queen by Tournament of Roses president Bob Miller.

UNICEF, secretary for the National English Honor Society and member of the 2020 Miss La Cañada Flintridge Royal Court.

Chung enjoys training and performing classical ballet, advocating for social justice, reading, writing, hiking with her brother and spending time with family and friends. In college, she plans to study political science and journalism. She is interested in attending Georgetown, UC Berkeley, UCLA, USC, Northwestern, American University or Brown. Ultimately, Chung aspires to attend law school and become a civil rights attorney. She is the daughter of Sanah Chung and Sonia Chang and has a brother, Toby.

During the coronation ceremony, President Miller presented Rose Queen Chung with a Mikimoto crown featuring more than 600 cultured pearls and six carats of diamonds.

2022 Rose Queen Nadia Chung and the 2022 Royal Court will attend numerous community and media functions, serving as ambassadors of the Tournament of Roses, the Pasadena community and the greater Los Angeles area. Each Royal Court member will receive a \$7,500 educational scholarship from the Pasadena Tournament of Roses





A division of Crescenta Valley Publishing, LLC

Robin Goldsworthy

Publisher and Editor-in-Chief robin@cvweekly.com

Mary O'Keefe

Lead Reporter mary@cvweekly.com

Designers

Steve Hernandez steve@cvweeklv.com

matt@cvweekly.com

Columnists Mike Lawler

Matthew Barger

Sue Kilpatrick suelkilpatrick@gmail.com

Contributors

Bethany Brown • Julie Butcher • Rev. Beverly Craig Lori Bodnar • Justin Hager • Brandon Hensley Susan James • Charly Shelton Anne McNeill, proofreader

Advertising

Sonya Marquez Chuck Holler (818) 468-2956 chuck@cvweekly.com (818) 381-2000 ya@cvweekly.com

Lisa Stanners (818) 523-1234 lisa@cvweekly.com

Office Manager/Inside Sales

Rachelle Miller rachelle@cvweekly.com

Crescenta Valley Weekly is distributed on Thursdays to: La Crescenta, Montrose, La Cañada, nland, Tujunga, Glendale and parts of Lake View Terrace. Yearly subscriptions are *\$65.00 Rate is higher for mailed copies

Mail Payment to:

CV Weekly, 3800 La Crescenta Ave., #206, La Crescenta, CA 91214 To contact us, call (818) 248-2740, fax (818) 248-2444 E-mail info@cyweekly.com. Visit the web at www.cyweekly.com

Delivery issues? delivery@cvweekly.co Thank you for your support!



EKLY is **online!**

WWW.CVWEEKLY.COM



WWW.GILMOREAIRCONDITIONING.COM

www.cvweekly.com

Tree Management, Vegetation Removal Part of SCE Program



By Mary O'KEEFE

Local residents are once again seeing Southern California Edison's contracted tree service companies throughout the area trimming and, in some cases, completely taking down trees.

"SCE conducts inspections of trees vegetation near [power] lines," explained Reggie Kumar, SCE spokesman.

Since wildfires are a growing threat throughout California, abatement and clearing property

of debris are uppermost in the thoughts of many local residents. In addition, power companies throughout the state have faced questions and legal charges for their part in contributing to devastating wildfires.

In 2019, the state increased the trimmingclearancerequirements from six feet to 12 feet in highrisk fire areas. State regulations require utilities to trim trees or vegetation that could cause a power outage and/or spark a fire or be a danger to the public. Enhanced tree trimming is part of the SCE Wildfire Mitigation

SCE has been in the area in the past, first by getting aerial views of the area and then on the ground, trimming.

"If a tree is identified for 'light pruning' the customer will be notified via door hanger 30 to 45 days before the maintenance. A second door hanger is provided within 24 to 48 hours before the scheduled maintenance," Kumar

There is a phone number on the door hanger that residents can call if they have an issue with the planned pruning or want more information.

"Customers with trees that require 'heavy pruning' will be contacted in person by SCE to discuss the pruning plan," he

The issues residents have had in the past are not that trees need to be trimmed but how they were

being trimmed and why certain trees were determined to be removed while others were not.

A reader contacted CVW, concerned that two trees were being taken down in the Briggs Terrace area. To state residents in the area are protective of their trees would be an understatement. Seeing these trees that appeared

see SCE on page 8







- Newsletters
- Banners
- Brochures
- Forms • Business Cards Labels
- Blueprint/
- Booklets
- **Architectural Copies** Email Marketing
- Envelopes Posters



HOURS M-F 9 a.m.-6 p.m. Sat 10 a.m.-2 p.m.

10034 Commerce Ave. Tujunga **Historic Olde Towne**

818-353-7135 cmprintmail.com

Forum Advocates Physical Fitness for the Brain's Sake

By Justin HAGER

USC Verdugo Hills Hospital held its sixth annual Brain Health Forum this week. Featuring a variety of experts from both the physical and cognitive sciences, the forum focused on how an aging population can protect itself from cognitive decline.

The subject is increasingly important in the United States where the percentage of Americans aged 65 and older has nearly quadrupled since 1900, with the real number increasing by more than 17 times, according to the U.S. Dept. of Health and Human Services Administration for Community Living. The department estimates that there are more than 54 million people over the age of 65 currently living in the United States.

During the forum, Dr. Seyed Parham Khalili, a clinical assistant professor of family medicine and geriatrics at USC Keck School of Medicine, explained that while the mortality rate among seniors has declined for many of the most common age-related causes of death, such as heart disease, cerebrovascular disease unintentional injury, morbidity and mortality due to cognitive diseases like Alzheimer's, Parkinson's, and dementia have increased during the past 40 years. If current trends hold,

more than 100 million people will be living with dementia around the world by 2050, making brain health a critical issue related to global

Dr. Khalili's presentation at the forum discussed comorbidity, the ways that different diseases can interact to create new and often unpredictable symptoms, including cognitive decline. Studying these comorbidities has led to a greater understanding that the traditional separation of physical health from mental health is both incorrect and dangerous. He cited a 2020 article in the Lancet, which was also cited repeatedly by every presenter at the USC Keck forum, which found that maintaining good physical health and keeping diseases like diabetes, hypertension and obesity under control had a significant impact on reducing neuropathological damage that leads to dementia and other cognitive disorders. Reductions in smoking, alcohol intake and air pollution multiplied the positive impacts, while increases in physical exercise, opportunities for learning and frequent social contact also had positive effects on Alzheimer's, dementia and other cognitive

Another presenter at the forum, Dr. Raj Dasgupta, an assistant professor of clinical medicine at Keck School of Medicine, presented similar findings but as they relate

"Sleep is the single most important behavior that humans and other animals experience," he said. He presented data from the National Sleep Foundation that showed that adults over the age of 65 who slept between six and nine hours have better cognition, lower rates of mental and physical illness and improved quality of life.

Dr. Lon Schneider, chair of psychiatry and neuroscience at Keck School of Medicine, presented on Emerging Treatments for Alzheimer's and Memory Loss, including some exciting developments that have come as a result of redefining Alzheimer's as a biological illness, not just a cognitive one, as well as the development of understanding the role of certain proteins and biomarkers.

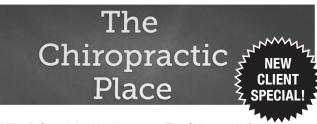
Overall, the message of the forum emphasized the idea that many of the most important risk factors for brain health are within a person's control and can be minimized by making healthy choices surrounding diet, exercise, lifestyle and sleep.

But if someone or their loved one develops Alzheimer's, dementia or another cognitive disease, new treatments are being developed right now. Speaking with their health care provider about any signs is imperative.



spacious new boarding kennels & air conditioned runs

6934 Foothill Blvd, Tujunga, CA 91042 • (818) 352-6085



Dr. Brian Miller D.C. and the friendly team at The Chiropractic Place in Montrose provide chiropractic, nutrition and natural healing arts to target your unique needs. Whether you are suffering from back pain, neck pain. headaches or even just plain old muscular tightness and tension, you can benefit from the services offered at The Chiropractic Place:



- **Chiropractic Care**
- **Lifestyle Advice**
- Nutritional Counseling
- Advanced Lab Testing

You may need pain relief after suffering from an accident, experiencing an injury, or have a specific condition such as carpal tunnel syndrome, migraines, or neuropathy; even if you just want to improve your overall health, Dr. Miller can help you achieve your wellness goals!

Free consultation!

Dr. Brian Miller D.C. The Chiropractic Place

2235 Honolulu Avenue, Montrose, CA 91020

(818) 249-2300

Page 6 • November 11, 2021

www.cvweekly.com

Pet of the Week



Emily is a 12 year old Schnoodle. She recently found a new home for her retirement with Dr. Elizabeth S. Taylor.

CV Weekly loves to hear about your pets!
Send a pic and small caption to steve@cvweekly.com
to share your lovable pets with the community!

CHESCENTA VALUE MINI STORAGE

- All Spaces Alarmed Individually
 - Resident Manager On Site
- U-Haul Truck Rentals, Boxes,
 Packing Materials, Mailbox Rentals
- Member of Self Storage Association

GATES OPEN 7 DAYS: 7 AM - 7 PM Office Hours: 9-6 Mon - Sat / 10-3 Sun

818,957,6464

4441 Cloud Avenue • La Crescenta, CA 91214 email: info@cvministorage.com www.cvministorage.com



(Bring in this coupon and ask manager for details)

LOCALLY OWNED STORAGE COMPANY FOR 35 YEARS

BREAKING NEWS!

Now delivering to Burbank/Toluca Lake!

Vendome 10600 Riverside Dr, Burbank **Wells Fargo** 10225 Riverside Dr, Burbank **Mailbox Toluca Lake** 10153 1/2 Riverside Dr, Burbank Sharky's Riverside Dr, Burbank 10119 **UPS Store** Riverside Dr, Burbank 10061 **US Bank** Riverside Dr, Burbank 10100 10106 **Honeybaked Ham** Riverside Dr, Burbank **Trader Joes** 10130 Riverside Dr, Burbank Riverside Dr, Burbank **Patys Restaurant** 10001 **Something Vegan** 10000 Riverside Dr, Burbank **Garry Marshall Theatre** 4252 Riverside Dr, Burbank **Bob's Big Boy** 4211 Riverside Dr, Burbank 4150 Priscilla's Coffee Riverside Dr, Burbank **Smokehouse Restaurant** 4420 Lakeside Dr, Toluca Lake







3800 La Crescenta Ave., #206 • La Crescenta, CA 91214 (818) 248-2740 www.cvweekly.com

Damage to Sign Not So Welcoming



By Mary O'KEEFE

The Welcome to La Crescenta sign just east of Pennsylvania Avenue on Foothill Boulevard was damaged again. The Dept. of Public Works, Los Angeles County, has the information regarding the damage and Crescenta Valley Town Council is following up with repairs.

GPD REPORTS

Three Males Arrested with Two Loaded Firearms and Narcotics

On Nov. 6 at approximately 8:30 p.m., officers assigned to Glendale PD's Patrol Bureau responded to a car dealership on the 400 block of South Brand Boulevard regarding a fraudulent purchase in progress.

Officers contacted 34-year-old Danny Garibay who was in the parking lot of the location in a vehicle that was later determined to be stolen. Further investigation revealed that Garibay had a loaded ghost gun on his person along with a high capacity magazine and a large amount of methamphetamine.

A search of the vehicle produced another loaded firearm (that had been reported stolen) with a high capacity magazine, a glass pipe with a bulbous end and methamphetamine residue, a

sandwich bag of methamphetamine and a fake disabled parking placard.

Inside of the location, officers contacted 35-year-old Robert Esquerra of Gardena (who had initially provided a fake name and fake identification to officers) and 38-year-old Julian Chindamo of Carson who had arrived at the location with Garibay. Esquerra was found to be in possession of several checks belonging to other individuals.

Ultimately, Esquerra, Chindamo and Garibay were all arrested and booked for carrying a concealed weapon in a vehicle and for identity theft. Esquerra was also arrested for two outstanding warrants, and Garibay was also arrested for transporting and possessing a controlled substance and possessing a controlled substance for sale.

CRIME BLOTTER

Nov. 6

3100 block of Los Olivos Lane in La Crescenta, a woman set up an account on a job search website. She uploaded her resume and was contacted by a person asking her if she still needed a job. She did and shared her phone number with the "employer" and a phone interview was conducted. She was then told she had been hired. The "employer" sent her a private link. The "employer" sent an electronic check to her bank; however, it was pending and did not go directly into her account. The bank representative told her if the transfer was from out of state it might take several days to process. The employer told her, as part of her job, she was to go buy three gift cards with the money that had been sent but was still being processed. The woman followed the instructions her "employer" had given her. She purchased the cards, took pictures of the back of the gift cards and sent those pictures to

the "employer."

She immediately became suspicious and attempted to cancel the cards; only one was canceled and the others had already had purchases made on them.

The incident was reported at noon.

Nov. 5

2300 block of Montrose Avenue in Montrose, the front passenger side window was shattered in a vehicle parked a space in the parking lot behind the car owner's apartment building. Several items were stolen from the vehicle between 8 p.m. on Nov. 5 and 1 p.m. on Nov. 6.

Nov. 4

2900 block of Mayfield Avenue in La Crescenta, a resident returned home to find a light on in a room that she was certain was not on when she left earlier in the day. She immediately contacted the Crescenta Valley Sheriff's Station. Deputies discovered several rooms had

been ransacked. An item was reported lost as of this report.

The residential burglary occurred between 10 a.m. and 9 p.m.

2500 block of Los Amigos Street in La Crescenta, personal items were stolen from an unlocked vehicle overnight.

Nov. 3

2300 block of Mira Vista Avenue in Montrose, someone vandalized the front door of an apartment overnight.

Oct. 6

2200 block of Orange Cove Avenue in La Crescenta, a man reported he wrote a check to his attorney, placed it in an envelope and mailed it at a local U.S. Post Office. The check never arrived and he discovered the check he wrote to his attorney had been altered with another name as the payee.

The forgery and theft was reported at noon.

www.cvweekly.com

WWW.CVWEEKLY.COM

CONTACT US

Robin Goldsworthy Robin@CVWeekly.com 818.248.2740

Publisher/Editor

Rachelle Miller Rachelle@CVWeekly.com 818.248.2740

Office Manager

Lisa Stanners Lisa@CVWeekly.com 818.523.1234

> La Cañada Montrose

Sonya Marquez Sonya@CVWeekly.com 818.381.2000

> La Crescenta Sunland-Tujunga

Chuck Holler Chuck@CVWeekly.com 818.468.2956

Glendale

Got Good Food?

Call 818.248.2740 for advertising info. Available sizes: 2x2, 2x4 or 4x4.

Weather Forecasting Game Changers

Two instruments launching to the International Space Station in a few weeks could be weather forecasting game changers. The two novel instruments are expected to demonstrate that, while they are much smaller, much lighter and much less expensive than weather satellites orbiting today, they can collect some of the same essential data.

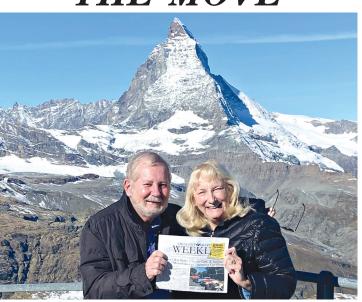
The main purpose of the

Compact Ocean Wind Vector Radiometer (COWVR) instrument is to measure the direction and speed of winds at the ocean surface. The Temporal Experiment for Storms and Tropical Systems (TEMPEST) looks at atmospheric humidity.

Designed and built at NASA's Jet Propulsion Laboratory, the two instruments are technology demonstrations. NASA will archive the data and make it available to all interested users, but the main purpose of the mission is to prove the instruments can operate in space and supply data for weather forecasts. Together, they're part of a U.S. Space Force mission called Space Test Program-Houston 8 (STP-H8), expected to launch to the space station on Dec. 21

Almost a decade in the making, COWVR grew from the space-based weather forecasting and environmental observation programs of U.S. Dept. of Defense (DoD). The military collects data to forecast ocean surface winds with a space borne instrument named WindSat, launched in 2003.

CV WEEKLY ON THE MOVE



Emma and Duncan Lestina took along the CV Weekly when traveling from Paris to the Swiss Alps as part of a three-week Viking cruise.

They boarded Europe's first electric cogwheel train to ascend to 10,135 feet where they saw stunning Alpine views and traversed many tunnels. At the summit, they marveled at the legendary Matterhorn and the Gorner Glacier.

 $CV\ Weekly\ loves\ to\ hear\ about\ your\ travels!$ Send a pic and small caption to robin@cvweekly.com





Page 8 • November 11, 2021

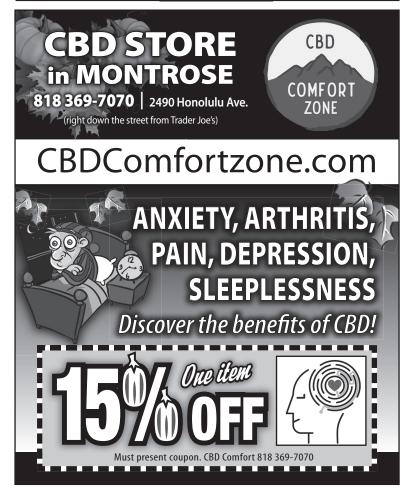
www.cvweekly.com

 $FOUNDATION\ from\ Cover$









help to end their abuse, and to the families and friends who want to help them. They are setting up a series of resources that can act as lifelines for those who need answers, from rehabilitation centers to a nutritionist. The foundation will be the resource that is so difficult for many in need to find.

"I have known Chace my whole life," said John Song. "Chace passed away on my birthday."

Song and Chace were good friends. They went to school together, enjoyed skateboarding and going to movies. They were friends whose bond grew stronger as they went through school.

Song is one of the friends who reached out to the Malones and offered to help with the foundation. He is a sponsor of the golf tournament.

Song has never had a close friend die and the fact that it was such a good friend who died made a tremendous impact on him. Prior to Chace's death, Song and some business partners were working toward opening a new business. They were months away from opening their business but for Song losing Chace brought

to light how fleeting life can be. Within the week he began his business.

"I took a leap of faith," he said. His business has been, and is, quite successful and he attributes opening at the right time as inspiration from Chace, his friend who was always there for him.

"Chace taught me to be brave," he said. "He was extremely brave."

Song added his friend was willing to speak to anyone and to be friends with everyone.

"I think one thing [about] Chace was he was always looking for something; he didn't know what that was. He didn't know where he wanted to put his efforts. He was looking for happiness but drugs [became] his avenue," he said.

When Chace was with his circle of strong friends he was protected but, according to Song, he joined with others who were not making the right choices.

Song said there was a time when he was drifting as well and was with "friends" who didn't have his best interests at heart. He saw that happening to Chace as well.

"We did our best to keep him sober," he said of Chace and how his childhood friends tried to step in. "He [drifted] away to people who were using drugs."

Song added the best advice he has for people is to choose the right friends.

"If you want better changes in your life hang out with friends who want the same thing," he said. "Be with friends who are not afraid to call you out. Please spend time with people who actually know you."

The deadline to register for the golf tournament is today, Thursday, Nov. 11. The registration information is located at the end of this article and also online at www. cvweekly.com/NEWS. Anyone with questions can contact the foundation by emailing info@ theimpactfoundationla.org.



 ${
m SCE}$ from page 5

to be healthy cut down was upsetting.

Kumar said these tree removals were part of the vegetation management that is required of SCE.

"At Southern California Edison, the safety of our customers, employees and communities is our number one priority, and managing vegetation around our equipment is one of the ways we help mitigate the potential risk

of a catastrophic wildfire. We take the health and well-being of each tree seriously when considering the best way to keep them a safe distance from high voltage power lines and other electrical equipment," Kumar said. "Recently, SCE contractors in the La Crescenta area were performing tree maintenance, which included the removal of at least two trees with overhanging branches that posed a significant risk

to power lines. We notified the property owners about this work in advance; they provided permission and we obtained a permit from LA County. While we understand some community members may have concerns about trimming vegetation, we must do it to keep our systems safe and reliable."

CVW will continue to follow the tree management program.

RETROFITTING from Cover

having an earthquake kit and a family plan, and making sure the house's water heater is secured with strapping and considering purchasing insurance and earthquake retrofitting the property. California's Brace and Bolt program is a good way for homeowners to get help in making their home more secure through retrofitting in case of an earthquake.

California Earthquake
Authority CEO Glenn Pomeroy
said that of the 16,000 older
houses across the state whose
owners have taken advantage
of the Brace and Bolt program,
over half were located in Los
Angeles County.

The Brace and Bolt program provides grants up to \$3,000 to homeowners to strengthen pre-1980 houses against earthquake damage. There are now 395 zip codes (including 91214) throughout the state that have been identified as being earthquake high risk.

"We understand there are one million homes in California in areas of high hazards," said Janiele Maffei, chief mitigation officer of the CEA and executive director of Earthquake Bolt and Brace. "We live in earthquake country

and we need to be prepared. The earthquake Brace and Bolt program is making California residents more resilient one house at a time."

Candidates for the retrofitting grant program include older houses, built in the 1980s and before, that have a crawl space area or cripple wall that was built with older materials.

As of last week, about 16,000 homes had taken advantage of the retrofitting grant program but all homeowners are urged to fill out the application to see if they qualify.

"I encourage everyone to take advantage of this \$3,000 grant to brace your home," said State Senator Anthony Portantino. "I have learned over 2,000 homeowners in my district have [already] taken advantage of this program."

He reminded people that, depending on the severity of the earthquake damage, some residents may be out of their homes for over two years following a major event.

Assemblymember District 46 Adrin Nazarian echoed Portantino's urging for homeowners to apply for the grant. He represents the area just south of Northridge and, for him, the 1994 Northridge

Earthquake was a wake-up call to be prepared.

It is important that the state continues to incentivize programs to make sure we are offering the support necessary to homeowners and to businesses, he said.

"This is free money from the government for you, with no strings attached," added Assemblymember Laura Friedman.

She said it made economic sense for the state to offer this retrofitting grant in an effort to be proactive. The money spent now will save the money that the government would spend if houses are destroyed.

"Don't wait," urged Lori Nuzhura, deputy director of Planning and Preparedness and Prevention with California Governor's Office of Emergency Services. "Take it from someone whose job it is to prepare for and prevent disaster and do it [apply] today."

"I like to say how well you are prepared equates to how well you will survive," Bohlen added. "That is just a simple fact."

For information on or to register for the Earthquake Brace and Bolt program go to earthquakebracebolt.com.

VIEWPOINTS

American Legion Hall Beginnings

in the U.S. military. Veterans was originally called Armistice Day and was created in 1919 as a remembrance of year the American Legion was created by American veterans raised \$1,000. "The Great War." As the servicemen returned home, they concept of the American Legion, sprang up across the nation.

Here in the Crescenta Valley we had a fair number of WWI veterans. In late 1923, those veterans began plans to start their own post. On Jan. 12, 1924 Verdugo Hills Post 288 veterans started having meetings at La Crescenta Elementary School. Almost the plans for their own hall. They

Today is Veterans Day when traded that lot for a better site crew was the carpentry class corner of Rosemont and Fairway avenues. In November 1924, fundraising was kicked into high gear. A "buy a brick" campaign the end of WWI. That same and a charity vaudeville show at the Montrose Theater quickly

The first task was to clear the new lot of boulders, some enthusiastically embraced the the size of cars. Dynamite and muscle were used for that. An and American Legion posts army of volunteers showed up the day of the foundation cement pour, and the job was completed in a single day. Next came a parade of volunteer craftsmen and businesses. Labor was always donated, and sometimes the cost of materials chartered. Soon after, as well. Some of the businesses even competed with one another for the most donations. Two of those businesses are still around members today: Anawalt Lumber and began raising funds and making Harris Plumbing. A contingent from the local Odd Fellows Lodge initially purchased a lot south showed up to lay the hardwood of Montrose Avenue, but soon floors. One unusual volunteer

we honor those who have served above Montrose Avenue, at the from Roosevelt High School (assuming the one in Boyle Heights?).

> The teenagers laid the subfloor and raised the stud walls. A Montrose dress shop, Scanlon's, donated drapes, and an eighthgrader painted the Legion Constitution over the fireplace. The Legion's women's auxiliary raised money and fed the work crews each day.

> The building was completed in one year and two days. The estimated cost of the building, \$8.000, had been trimmed to under \$3,000. It was entirely valley-built, from foundation to rooftop. The exterior was stucco, a natural cement grey, with green trim. A huge rustic rock porch fronted the building with cement steps to the ground. The interior walls were a creamcolored plaster, with dark brown trim. A complete kitchen occupied one corner. An 18 x 22 foot basement was reserved for a Boy Scout troop.

their first meeting in their new hall on Oct 7, 1925. The dedication ceremony took place the next evening, Oct. 8. The guest of honor was John Steven McGroarty, McGroarty, largely forgotten today, was a big deal back then. The Tujunga resident was a prolific writer of poems and plays and, for 40-some years, he penned a popular LA Times column called "As Seen From The Green Verdugo Hills." In fact the naming of the post "Verdugo Hills" was due to the popularity of that column. The ceremony was followed by a community dance.

The American Legion Hall served the community well as a community center, meeting hall, Red Cross clinic and, of course, as a place for veterans to meet. In December 1933, the Red Cross set up the hall as an evacuation center for residents fleeing the deluge of rain approaching New Year's Eve. As most of us know, on New Year's Eve, a terrible

The Legion members had flood roared down from the San Gabriel Mountains, clipping the edge of the Legion Hall. The refugees inside were flushed out by the floodwaters, mud and rocks, and 12 people died. The building itself was only slightly damaged, and it was patched up and moved in its entirety to its current location at La Crescenta and Manhattan avenues. It has been there ever since.

> As the hall approaches its 100th birthday it still serves the valley and its veterans. The community built it, but today it builds the community.



Mike Lawler is the former president of the Historical Society of the Crescenta Valley and loves local history. Reach him at lawlerdad@yahoo.com.

NEWS FROM THE CVTC » HARRY LEON

November is a busy month. Luke's Sadler Hall. Everyone is looking forward to having a little family time.

Friday, Dec. 10 from 6 p.m. to 8 p.m. and Saturday, Dec. 11 from 9 a.m. to 5 p.m., at Sadler Hall at St. Luke's of the Mountains Episcopal Church, 2563Foothill Blvd. (on the corner of Rosemont Avenue). If you would like to find out more about the candidates who are running for thecvcouncil.com.

Special thanks to Antonio medians. Gallardo of St. Luke's of the Mountains Church who, as in the gatekeeper for land use previous years, very graciously

Because the Town Council is celebrating Thanksgiving and a volunteer organization and since it wields no power, our The Crescenta Valley Town community often makes light Council annual elections are on of our role and underestimates our influence. In fact, the Town Council has a lot to say about what goes on in our community and how local government money is spent. In recent years, the Town Council has been the driving force behind construction of our library, the dog park, the installation of signals and bumpcouncil, check out our website at outs at Rosemont Middle School, and the Foothill Boulevard

The Town Council is also decisions that directly affect agreed to host the election in St. new construction throughout our

community, and it hosts a robust scholarship program for local high school students.

On Thursday, Dec. 2 at the monthly meeting of the Land Use Committee (LUC) Los Angeles County Regional Planning will update the CVTC-LUC and our community of the local impacts/ effects of SB-9 and SB-10.

This winter, grab your loved ones and head over to your local LA County park for some recreation and adventure! LA County Parks is excited to offer a variety of programming this holiday season ranging from youth sports activities to nature and wildlife exploration programs designed for the whole family. Make LA County Parks your destination for winter fun.

LA County Parks will also host festive holiday programming and seasonal celebrations for the whole family. Stay up-todate on the latest events by following us on social media! Instagram/Twitter/Tik Tok: @ LACountyParks Facebook: @ parks.lacounty.gov. For more information, visit parks.lacounty. gov or call (626) 588-5364.

Today, Thursday, Nov. 11 is Veterans Day. While you're making plans for the upcoming week, please join our friends, colleges and patriots at Two Strike Park at 8 a.m. today for special observance of the sacrifices made by Crescenta Valley community veterans.

If you are a resident in the La Crescenta/Montrose area who has bulky items that have been dropped at your residence or in your neighborhood, you can call (888) 838-6746 or download The Works iPhone or Android applications to request pickup. Anyone who witnesses illegal dumping in the unincorporated portion of LA County can call (888) 838-6746. We are in this together.

And lastly, do not forget our monthly Town Council meetings. For those who have an interest in attending and participating in our virtual meetings and want to submit comments and/or questions, we encourage you to please contact CVTC at contact@ thecvcouncil.com.

Harry Leon, President Crescenta Valley Town Council

Arsen Hovanesyan, M.D. is happy to announce that we have relocated to Montrose.

We Offer:

- Quality cardiovascular services, with attention to detail, and patient satisfaction
- The expertise of four medical board certifications
- · An emphasis on the art, and not the business of medicine
- Counseling to empower patients to take control of their illness, and/or lower one's risk of developing heart attack, stroke, and other illness



2525 Honolulu Avenue Montrose, CA 91020 818-484-8878



Learn more about our mural, and celebrate Armenian American Culture and Heritage: komitasmural.com



YOUTH/SPORTS

Winners of Circus Vargas Tickets Announced

V Weekly is pleased to announce the winners of tickets to this year's Circus Vargas! To win tickets, artists had to color the Circus Vargas clown that was included in the newspaper these past few weeks then either mail or drop it off to our

While each submission had its own strengths, after much deliberation it was decided to award tickets to the brother and sister team of Jordan, 7, and Rory, 6, and to Jaelyn, age

Congratulations and enjoy your tickets to Circus Vargas!

LEFT: Jaelyn, 7 RIGHT: Siblings Jordan, 6, left, and Rory, 7





WEEKLY IS ONLINE!

WWW.CVWEEKLY.COM

Beat a Cyberbully: Here's How Parents Can Help

remote during the COVID-19 pandemic lowered reported instances of bullying, parents fear that, for some students, going back to school will mean going back to being bullied.

The pandemic has only made pre-existing challenges more complex, prompting Southern California resident Julia and her husband Ben to be even more attentive to their 14-year-old

Fifteen years after the inception of National Bullying going on," Ben said. Prevention Month in October, technology's ever-greater presence in children's lives has given bullying a new outlet. With just a click, cyberbullies can taunt, harass and threaten relentlessly, even reaching into the home via cellphone or computer. As a result, victims report feeling hopeless, isolated and even suicidal.

What can parents do to protect their kids? Taking an interest in their children's online world can make a difference, said the National Parent Teacher Association.

This interest does not necessarily require parents to become tech experts. Instead, the federal stopbullying.gov site advises parents to watch for subtle clues that something is wrong, such as their child

becoming withdrawn, hiding their screen when others are nearby or reacting emotionally to what is happening on their device.

Ben and Julia attest to the need to be in tune with their daughter, noticing if her mood is different than usual.

"Over the years we've worked hard to really know our daughter, know her personality, and know when something's wrong so we can initiate the conversation more quickly and see what's

Talking with kids openly and often – helps too.

"The more you talk to your children about bullying, the more comfortable they will be telling you if they see or experience it," UNICEF stated in its online tips

As their two daughters enter their teens, Houston parents Thiago and Auboni have found that talking less and listening more works best.

"We try to focus on being approachable and listening actively without reaction." Thiago said.

Beyond talking, listening and observing their kids, parents should not be afraid to make and enforce rules for online activities,

Thiago and Auboni's girls are allowed to play online games,

but they are expected to turn off the live chat feature to limit interactions with strangers.

"We reassure the girls that we trust them and respect their privacy, but they have to stay within the boundaries we've set," Auboni said.

Computer and phone monitoring apps have also helped Ben and Julia maintain some awareness of daughter's time online without compromising her freedom.

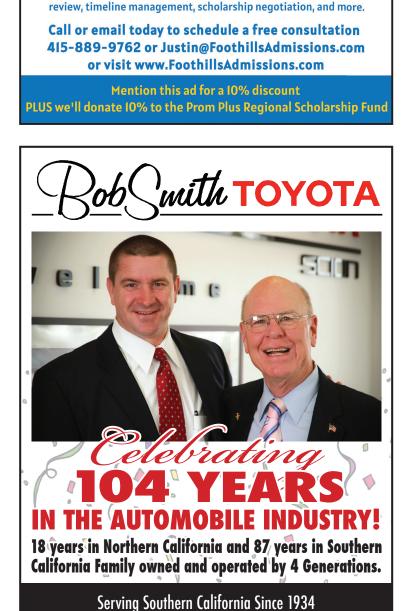
"Some of those apps target berbullying and emotional issues, so we've used tools like that in the past to make sure nothing's going on without us knowing," Ben said.

Both families cited the tips and reminders they have considered together with their kids from free resources available on jw.org, the official website of Jehovah's Witnesses.

Many parents and children highly recommend one of the site's short animated videos, "Beat a Bully Without Using Your Fists."

"These tools are so relevant. I think it puts kids at ease that they're not the only ones dealing with these feelings and issues," Julia said. "It's changing and ongoing, so we always have to be on top of it."

> Submitted by Jehovah Witnesses



SALES • LEASING • PARTS • SERVICE

818-248-9363

3333 Foothill Blvd. La Crescenta, CA 91214

www.bobsmithtoyota.com

Bring in this ad when you purchase a vehicle from us and

we will donate \$200 to your favorite school!

AD MUST BE PRESENTED AT TIME OF PURCHASE. NO EXCEPTIONS

And helped students successsfully gain admission to both public and private schools such as:

Services include counseling on selection, application, drafting, document

BETWEEN FRIENDS

Hard Work Evidenced in Halloween Display Winners





ongratulations to the many local homeowners who were ready to show off their Halloween displays this year. With co-presenter Glendale Area Schools Credit Union and sponsors Property Management, C&M Printing and CV Water District, CV Weekly was proud to print more than 30 addresses of these decorated homes, giving community members the chance to create their own drive-by tour.

But the hard part was deciding the winners in each decorating category. After much deliberation, these were our decisions:

Best in Show: 413 Whiting Wood Road in Glendale 91208. As they have done for years, the homeowners created a frightening scenario. Judges were especially impressed with adapting this year's Victorian scream-a-thon to a drive-through experience.

Most creative: 7081 Parsons Trail in Tujunga. This nod to Dia de los Muertos featured oversized skeletons, spiders and a courtyard of creepy residents.

Most scary: 3420 Mary Ann St. in La Crescenta. Oversized pumpkins and spooky lighting created a scene that would make even the most stalwart trick-ortreater think twice before asking for some candy.

see HOUSES on page 19



Questions About Today's Real Estate?

Ask Phyllis!

Title Removed FromLiving Trust

Dear Phyllis,

After years of reading your real estate questions and answers, I have a doozy! My parents had a living trust established. They have both passed, my father more recently. I just learned that his home was removed from the living trust during a refinance. The attorney I consulted told me we will have to go through probate. Have you experienced this before, and do you have any advice? Jeff

Dear Jeff,

This is a very timely question, and I am glad you asked! Unfortunately, this is more could result in probate. common than one would think. It can lead to probate even when a living trust was previously created.

Each lender has their own

policy. To obtain financing, some will require that title be removed from the living trust. When required, the lender or escrow company should make sure that you are signing a series of Grant Deed (transfers of ownership sometimes referred to as Quitclaim Deeds) to transfer title briefly out of your trust to obtain the loan. After closing it should then be transferred back into the trust.

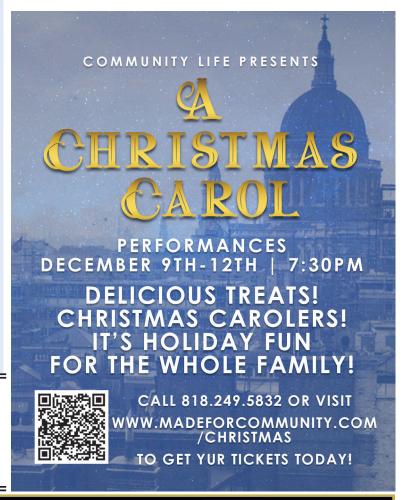
Unfortunately, this final step of transferring title back into the trust, is occasionally overlooked. When title is not deeded back to the trust after a refinance it

I am a Realtor and not a real estate attorney. Thus, I can't advise you on legal matters. You should be dealing with an experienced trust attorney.

Ask this attorney if a Heggstad Petition would apply to your circumstance. I have had clients in your situation file a Heggstad Petition when the property was never put back into the trust when there was clear intent that it would be re-transferred once the refinance was completed. If successful, this should avoid probate.

Best of luck to you!

Footnote: For those who want to find out if your title is still held in trust, contact your real estate agent (or any real estate agent). If no longer in your trust, you will need to have a deed prepared and recorded. An attorney can do this. However, you might consider going back to the lender or escrow company who assisted you with your refinance..





Phyllis Harb (818) 790-7325 PhyllisHarbandco.com www.HarbandCo.com



GLOBAL LUXURY...

COLDWELL BANKER REALTY





Coming in December...

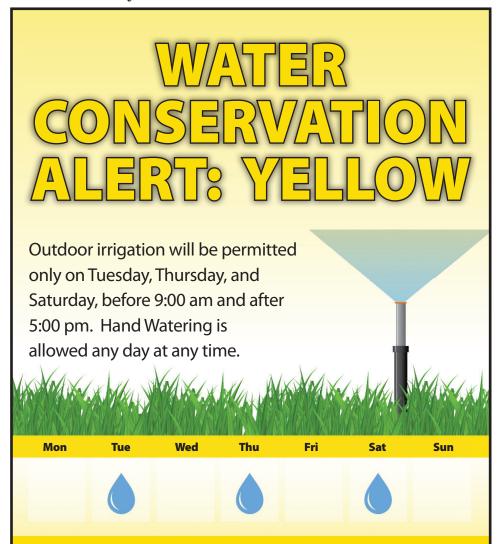






More information on how to add your house or business to the drive tour list coming soon.

To be a sponsor call Rachelle at the CV Weekly (818) 248-2740 or or email your address to HollyWeen@cvweekly.com to be included on our tour.



THE CVWD Board of Directors voted to move to a Phase 3 – Yellow Water Conservation Alert effective November 15, 2021.

CVWD customers receive water from local groundwater and imported water purchased from Foothill Municipal Water District (FMWD) via MWD. Imported water comes from two main sources – the Colorado River and the California State Water Project.

On October 19, 2021Governor Newsom revised the emergency proclamation to include the Southern California area siting that August 2021 was the driest and hottest August on record since reporting began and the water year that ended last month was the second driest on record.

With ongoing drought conditions across most of the state, Southern California expects to receive a 0% allocation from the State Water Project.

Rainfall measured at CVWD's main office was the lowest it's been since the 2006/2007 rainfall year and the second lowest on record since 1964.

CVWD encourages customers to use water wisely, fix leaks quickly, and reduce outdoor watering.

Checkout www.cvwd.com for details on the Phase 3 – Yellow Water Conservation Alert and available rebate programs.



For detailed information, visit https://www.cvwd.com/ordinances

Thrift Alley Boasts Section Expansion

The children's section of Thrift Alley, 314 E. Harvard in Glendale, has expanded. From holiday treasures to everyday favorites, the children's section at the Assistance League's Thrift Alley has something for everyone.

All profits from Thrift Alley support the various philanthropies of the Assistance League-Glendale including Operation School Bell, the Authors and Illustrators program, and scholarships plus Ascencia baskets and senior luncheons. Another program is vocational training of adults from Tierra del Sol.

The Assistance League-Glendale enjoys a supportive relationship with adults of Tierra del Sol. The association with Tierra del Sol started in 2005 with member Suzanne Bangert and her son, David. The Tierra del Sol adults travel to Thrift Alley every Wednesday thru Friday to open with the store at 10 a.m. They learn retail skills, which benefit the League as well as them. Anne Wilson, a 25-year member of ALG, greets

them every day with caring advice and guidance.

Tierra del Sol is celebrating its 50th anniversary this year. The Tierra del Sol Foundation was founded in Sunland in 1971 by eight families who refused to institutionalize their children because they were born with developmental disabilities. Through grants made possible from The Lawrence Welk Foundation and The Eddie Cantor Foundation, Tierra's 7.5 acre Sunland campus was purchased from the School Sisters of Notre Dame, who remained with the organization as teachers until 1986, furthering its mission to help individuals with developmental disabilities lead a life of acceptance and value.

Learn more about Tierra at www. tierradelsol.org.

For information about ALG, contact its current president, Carol Svatora, at (586) 202-8764 or visit the website www. alglendale.org.

La Cañada Junior Women's Club 'Sip & Shop' Passport to Winter Shopping Fundraising Event



Photo courtesy of La Cañada Junior Women's Club Looking forward to a fun-filled "Sip and Shop" evening are (from left) participating businesspeople: Lynn Graves, One Hope Wines; Jessica Rose of Rose Gold Fitness, Mary Emily Myers (dòTERRA), and Victoria Duque. Not pictured are business anchors The Apple Cart, Cowgirl Princess, and All About Watches. Back row, from left, representing La Cañada Junior Women's Club are: Community Service Director Gayle Hagegard, President Trish McRae and Treasurer Alice Perez.

On Wednesday, Nov. 17 from 5 p.m. to 8:30 p.m., the La Cañada Junior Women's Club will kick off its annual fundraiser "Passport to Winter Sip and Shop Night" at participating business locations. The event will also feature more than eight unique pop-up vendors at Rose Gold Fitness, 1424 Foothill Blvd. in La Cañada Flintridge. New this year: The shop Nix Marie in Montrose will also participate during the hours of 1 p.m. to 4 p.m. The bevy of businesses will welcome patrons, and give back a portion of the proceeds to help LCJWC philanthropies such as Mending Kids, Corita Art Center, Union Station Homeless Services and other club endeavors.

"Our goal is to capture the spirit of the holiday season while encouraging shopping locally. In this time of COVID-19 restrictions, the Juniors are looking to assist our local vendors while earning funds aimed at benefiting multiple causes," said LCJWC President Trish McRae. "This legacy event is also a way for members, former members, friends and the general public to have fun while doing good for our community."

A passport costs \$25. Included with each passport are delicious food bites, snacks,

beverages, dessert and wine sips. As an added bonus, whenever a purchase is made at a store or pop-up, the holder will receive a free ticket for an opportunity drawing. Passports may be purchased by mailing a check to LCJWC, P.O. Box 1132, La Cañada Flintridge, CA 91012; or via PayPal at lcjwc.org/passport fundraiser. Passports may also be purchased at the door. All passports will be available for pickup at check-in on the day of the event, Nov. 17 at 5 p.m. at Rose Gold Fitness. After receiving the passport lanyard and ID badge, a free raffle ticket will be given to the passport holder to be entered into a cash raffle (one each valued - \$250, \$100 and \$75). Must be 18 or older to purchase opportunity and raffle tickets. Must be 21 or older to receive sips of wine. IDs will be checked.

Raffle tickets and opportunity drawing tickets may only be purchased at the check-in table due to California raffle rules. Raffle tickets are \$10 each or three for \$25. Opportunity drawing tickets are \$5 each or six for \$20. The winners will be drawn and announced beginning at 8 p.m. at Rose Gold Fitness.

TRAVEL & LEISURE

French Director Presents Short Film, Qualifies for an Oscar





Photo provided by Emmanuel TENENBAUM

LEFT: A young trader makes the biggest trade of his life soon after the planes crash into the World Trade Centers on Sept. 11, 2001 in the short film 'Free Fall' by director Emmanuel Tenenbaum.

Photo provided by IMDB

ABOVE: The film 'Free Fall' by director Emmanuel Tenenbaum is inspired by true events as detailed in Joris Luyendijk's 2015 book "Swimming with Sharks."

By Bethany BROWN

'Emmanuel Tenenbaum's action short film "Free Fall" screened at the COLCOA French Film Festival in Hollywood last week (Nov. 1 to Nov. 7). The festival, ranked among the top three film festivals in Los Angeles, is an annual highly competitive event committed to showcasing the vitality and diversity of French cinema, television and shorts.

Tenenbaum formerly worked as a biomedical engineer, studying film as a hobby during his schooling. He initially made a parody film about the company he worked for that went viral and, in response, was met with various opportunities in the industry. Since then, he has worked with Quebec

Guillaume screenwriter Fournier for several years, receiving numerous awards and nominations. "Free Fall" is their third short film and their last creation before their first feature film.

The short, inspired by true events as detailed in Joris Luyendijk's 2015 book "Swimming with Sharks," follows a young trader in a London bank whose recent performance has put his job on the line. When the first plane hits the World Trade Center on the morning of Sept. 11, 2001, the young protagonist, convinced that it's a terrorist attack and not an accident, jumps into the biggest trade of his life.

Tenenbaum said there were only a couple of lines in the entire book that specifically mentioned the loss of many London banker colleagues in confusion that we as humans the 9/11 tragedy but that it immediately sparked an idea.

"When I saw those lines, I knew that was it; that was the story," Tenenbaum said. "You just become obsessed with it and in a few days, if you're still obsessed with it, you know [the story] needs to be told."

He and Fournier vigorously researched the global impact 9/11 had on the market and found that markets dropped dramatically soon after the second plane hit.

"Our films focus on money and greed," Tenenbaum said. "The impact of money on our poor brains as humans – we can go completely crazy and destroy everything to get money. You know, there's a part of you that roots for the character and a part of you that's disgusted by what he's doing, and this is the have within us."

Tenenbaum said he hopes that people who watch the film will walk away with an understanding of how the financial world works and how it impacts our lives but, more importantly, learn a little bit more about themselves and gain an understanding of the conflict of the psyche revolving around greed. He urges the audience to consider their successes among the cost and sacrifices it often requires.

The short film has screened at 25 international film festivals thus far, including Flicker's Rhode Island, Show Me Shorts Film Festival, Bengaluru International Short Film Festival and has been widely celebrated. It has won multiple awards, most notably the 2021 Oscar Qualifying

Award at Regard - Saguenay International Film Festival.

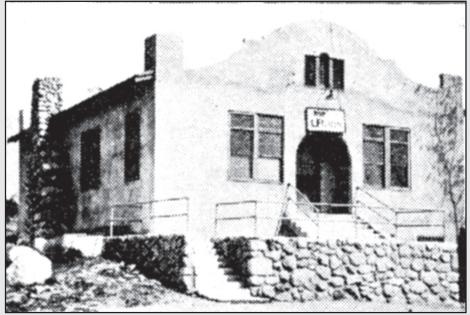
Being presented with an award that made the film eligible to win an Oscar took Tenenbaum by surprise.

"When you finish a film, you're full of doubt," Tenenbaum said. "There are thousands of short films made every year - thousands - and I was so much not expecting it that I wasn't even watching the ceremony when we won it. I got a notification that we won, and I was shocked."

The film is expected to screen at ALCINE 50 - Festival de Cine de Alcalá de Henares from Nov. 5 to Nov. 12 and lastly at the Lake County Film Festival from Nov. 4 to Nov. 15. The Oscars will be held on March 27, 2022 at the Dolby Theater in Los Angeles. Voting in all categories will begin in late December.

THEN & NOW

American Legion Hall Courtesy of the Historical Society of CV



Then » The American Legion Hall was built in 1925 on the corner of Fairway and Rosemont avenues as the home of Verdugo Hills Post 288 of the American Legion. This was a true community center and in times of crisis an emergency staging area and refugee center. In the 1934 New Year's Flood the raging torrent went through the building killing 12 people there who had sought shelter.



Now » After the flood the building was patched up and moved to the corner of La Crescenta and Manhattan avenues, where it still remains. Here's a view of its original site on the northeast corner of Fairway and Rosemont where a flood control channel and a newer home is today. On the site today is a memorial plaque commemorating the tragedy that happened here in 1934.

Discover Aldik Home

Los Angeles' Most Magical Christmas Store For 70 Years





Got Good Food?

Gall 818.248.2740 for advertising info. Available sizes: 2x2, 2x4 or 4x4.



818 331-2002

Gourmetagogoonline.com

Alisto Oceanview BAR&

COME SEE OUR NEW LOOK!

Visit our website at

DineOV.com

for our extended summer hours!

3826 Ocean View Blvd. 818 248-2722



Glendale Youth Orchestra Presents 'Peter and the Wolf'



On Sunday, Nov. 21 the Glendale Youth Orchestra, conducted by Henry Shin, will return to the historic Alex Theatre concert stage after 20 months away from live performances. Kicking off its 33rd season is "Peter and the Wolf" at 6 p.m. The program will feature a chamber size orchestra performing Copland's "Appalachian Spring," Anderson's "The Typewriter" and Prokofiev's "Peter and the Wolf" featuring special guest narrator Brad Keimach, conductor emeritus.

The GYO is supported, in part, by the Los Angeles County Board of Supervisors through the Los Angeles County Dept. of Arts and Culture.

Tickets are \$16 and may be purchased from the Alex Theatre box office. Students, children and seniors may purchase tickets for \$14.50 each. Discounts are available for groups of 15 or

The Alex Theatre is located at 216 N. Brand Blvd. in Glendale. For more information, visit www. alextheatre.org.

Known for his "keen sense of timing, charisma, leadership," Henry is steadily building a reputation as one of the most versatile conductors of his generation. Since 2015, he also serves as director of Orchestras at Pasadena City College. A strong proponent of bringing to underserved youth in Los Angeles he is the music director and conductor of the nationally acclaimed Harmony Project Hollywood, Orchestras. Valley Philharmonic Orchestra in Porter Ranch with the Kadima Conservatory Philharmonic in Pacoima.

Shin was appointed music

director and conductor of the GYO in 2019

He holds a Bachelor of Arts degree from UC Berkeley, master's degree in conducting from the USC Flora L. Thornton School of Music and is currently completing his doctoral studies at the UCLA Herb Alpert School of Music.

The mission of GYO is to contribute to a world where exceptional young musicians are empowered to express themselves through music; to explore, appreciate, develop talent and a passion for music; to acquire skills, discipline, and enhanced creativity along the journey of musical education; to transform through music, as well as through life, into better citizens of communities and the world at large. The GYO stands for excellence, growth, passion and music for the young

generations – believing that as in art, so in life.

Formed in 1989 by a group of Glendale music lovers and schoolteachers, the Glendale Youth Orchestra now attracts talented young musicians in grades six-12 and college music programs from all over Los Angeles County. Auditions for membership in the orchestra are ongoing. More information can be found at www. glendaleyouthorchestra.com.

The GYO has been a resident company of the Alex Theatre for more the 20 years. The GYO is also an emeritus premier LA Phil Youth Orchestra Mentorship Program. In 2007, GYO was selected to be a Los Angeles Philharmonic Youth Partner Orchestra, which provides the members quality time to meet and learn from the Philharmonic members.



Home Delivery Subscription Only \$65 A Year! Sign Up Today and \$10 Goes to a Local School or Non Profit

Subscribe to receive home delivery of the Crescenta Valley Weekly, The Foothills communities most read and loved newspaper, delivered to your front door every Thursday morning!

Sign up now and your local public school or local non-profit will receive \$10 out of your \$65 yearly paid subscription.

•	0 . 0 01	•
First Name:	Last Name:	
Address:		
City:	State: CA Zip:	
Phone:	Email:	
Payment Information: Che	ck #: (make che	eck payable to Crescenta Valley Weekly
Credit Card #:		
Name on Card:		Exp. Date:
Check your school or non-	profit to receive \$10	
☐ Dunsmore Elementary	☐ Fremont Elementary	☐ La Crescenta Elementary
☐ Lincoln Elementary		☐ Mountain Ave. Elementary
☐ Valley View Elementary		☐ Clark Magnet High School

RELIGION

Mythree adult children from time to time have taken issue with me petty things and then quit speaking to me for periods of time. Most of the time I reach out to them but it has happened so much that I feel I don't want to do that anymore. This is the most recent example: I couldn't attend a baptism because I had already committed to taking a vacation with a friend. We both had paid for travel and accommodations and I felt I just couldn't back out of those arrangements. They haven't spoken to me for two months over this. My friend thinks I should call them and apologize. I asked her, "For what?" I did nothing wrong. I did send a baptismal gift.

What is a Christian way to handle these rejections from my children?

 \sim Despondent Mom

Dear Despondent Mom,

Proverbs 17:6 "Grandchildren are the crown of the aged, and the glory of children is their parents." Now that both of my parents have passed from this life to life eternal, I have given time to reflect on all that they have given to me. Unfortunately for many children, they do not take this time to reflect on the blessing that parents are to them. Children often take their parents for granted and, unless they take time to count what a blessing their parents are, they may miss it. You do have your own life now and they need to respect that the relationship you have between parent and child is different. But sometimes, even after we are grown, we act like young children and pout when things do not go like we want.

My recommendation is that you do what you can to keep the paths open for communication. You can no longer control how children respond (as if we ever really could) but you can continue to reach out to them and remind them that you care for them but that life does move on. They may need to grow up a little more and realize how

much you truly mean to them. Remember you are a blessing,



Pastor Scott Peterson pastor@lcifoothills.org

Dear Despondent Mom,

You've done nothing wrong, although your children are attempting to make you feel guilty. You made the right decision to honor your travel plans with your friend. Although family ceremonies are important, the baptismal is just one ceremony in the life of your grandchild and there will be many more.

From what you've written, it appears the ball is in your children's court. In other words, do nothing and leave it up to them to reach out to you; however, in this case, silence can be interpreted as not caring even though you are having a difficult time with their behavior. I suggest a classic book about relationships written in the 1970s by Terry Cole Whittaker, "What You Think of Me is None of My Business."

And, even though you don't think you owe them an apology, write a letter expressing regret at missing the baptismal and how this has made you feel, and include that you're looking forward to many more family gatherings.

From a Christian standpoint, Jesus said, "Forgive seventy times seven." This really means always. He also said, "Judge not lest ye be judged," and you have been judged by your children. Forgive them and refrain from judging them for their behavior.

Also pray for reconciliation with your children and ask a close friend to pray with you. When a situation occurs in my life, the first thing I do is pray and I'm praying for you, your peace of mind and

that the living, loving presence of God restores harmony, love, peace and joy back into your family.



Rev. Dr. Beverly G. Craig lccrs@earthlink.net

I quit drinking five vears ago. I seldom, if ever, drank too much. I just dian't feel well after I drank. My problem is I have a group of friends I bowl with and they all drink. When we're bowling, they scold me for not drinking with them even though I've told them it makes me not feel well. We've been on the same bowling team for 20 years. I'm tired of the scolding.

Is there a nice, kind way to tell them to stop bothering me about this? I've even thought of dropping off the team, but I really don't want to do that. I really like these fellows and we often do other things together with our families. At this point, I just don't know what to do and would welcome any suggestions you may have.

 \sim Teetotaler

Dear Teetotaler,

other respondents of Spiritually Speaking nor the editor and staff of the Crescenta Valley Weekly.

Desert Center for Spiritual Living; Rev. Kyle Sears of La Cañada Congregational Church.

of the Verdugo Hills; Rev. Jeff Blanton and Rev. Emanuel David of Community Life Church; Rev. Karen Mitchell of High

Responses are offered from the perspective of individual clergy members, which may or may not be in agreement with

Actually, I would take each man aside privately at a time of your choosing, either in person or over the phone, and tell him exactly what you have written here. Tell them you appreciate them, enjoy their company and friendship, but that you are done with the ribbing and that it has become so uncomfortable, unpleasant and painful for you [that] you have thought seriously about leaving the group. It is robbing you of the joy and pleasure of their company. Mention that you have no problem respecting their right and choice to drink. But it's a two-way street. You need and would appreciate their respect for your choice not to drink. The ones that can't handle that may be the ones you decide to take leave of. State your case calmly without anger, accusation, judgment or condemnation. Make sure you let them know how much you appreciate and value them and this is the reason why you are choosing to say something and ask for their respect and support rather than depart.

That's the practical, rational, grownup and gentlemanly way to handle this. But there is another way to handle it as well that doesn't require the confrontation. Ernest Holmes, founder of the Science of Mind, once said that life reflects back to us what we think into it. That if we wish to change anything unpleasant occurring

outside of ourselves, we first only need to change our mind, our thinking, about the situation in order to change it externally.

SPIRITUALLY SPEAKING

Rev. Jon Karn of Light on the Corner Church; Rev. Kimberlie Zakarian of Holy House

Ministries; Anthony Kelson, RScP; Laney Clevenger-White, RScP and Rev. Dr. Beverly Craig

of Center for Spiritual Living – La Crescenta; Rabbi Janet Bieber; Carolyn Young; Sharon Weisman; Rev. Mary Morgan of Redondo Beach Center for Spiritual Living; Rev. Dabney Beck

of International Church of the Four Square Gospel; Lucinda Guarino; Pastor Randy Foster of

Christian Life Church; Rev. Dr. Ellen Contente of Global Truth Center; Pastor Scott Peterson of

Lutheran Church of the Foothills; Rev. Karin Ellis of La Cañada Methodist Church; Rev. Dr. Antonio

Gallardo of St. Luke's of the Mountains Episcopal Church; Rev. Sharri James of UP Church; The

Rev. C. L. "Skip" Lindeman of Upland Christian Church; Rev. Rob Holman of St. Luke's Anglican Church; Rev. Sharri Johnson of One Heart Retreat Center; Rev. KC Slack of Unitarian Universalist

> Why is this? Dr. Holmes pointed out that we fail to recognize that we live in a spiritual world, a mental world, a world of universal consciousness that sees, hears, understands and has the power to do and change anything for the better. Because it is mental, we need only change our mental idea of a person, thing or event to change its external reality. Jesus tells us, "As you believe, so is it done to you." In other words, change your belief (how you think about someone or something) and the reality and/or experience will soon follow.

> One of the ways we can change our beliefs and the reality we experience is through the use of affirmative prayer. Sometimes it is necessary to get definite with the infinite and clearly state the good we desire. The affirmative prayer does that. The more we repeat an affirmative prayer, the deeper our belief grows in its truth, and it increases our confidence in the desired outcome we are praying for. Both aspects hasten its manifestation without resistance. The only resistance is internal, inside of us.

Here is an affirmative prayer

 $see\ RELIGION$

Center for Spiritual Living - La Crescenta

"Where it is our dream to help you build and manifest your dreams!"



4845 Dunsmore Ave. La Crescenta, CA 91214 (818) 249-1045

Celebration Service Sunday 10:00 a.m. Wednesday Night Service 7:00 p.m.



COMMUNITY LIFE

WORSHIP SERVICE SUNDAYS @ 10AM OFFICE HOURS

MON - THURS: 9AM - 3PM 4441 LA CRESCENTA AVE.

818-249-5832 WWW.MADEFORCOMMUNITY.COM

Light on the Corner Church





Montrose (818) 249-4806

SUNDAY SERVICES 10:45 a.m. www.lightonthecorner.org

Lutheran Church in the footbills

1700 Foothill Blvd. La Cañada Flintridge

WORSHIP WITH US!

In Person and on YouTube Sundays at 10 AM on Facebook & our website during the week

www.lcifoothills.org / 818-790-1951

Crescenta Valley United Methodist Church



WORSHIP **Sunday 10am**

Childcare and Sunday School offered at 10am.

REVEREND DENYSE BARNES

2700 Montrose Ave Montrose, CA 91020

www.cvumc.org



COME MEET US!

St. Luke's of-the-Mountains Episcopal Church

Sundays Gathering 9:30AM Worship 10:00AM

Domingo Misa en Español a las 12:00PM Sunday School and Child Care All are Welcome

2563 Foothill Blvd, La Crescenta 818-248-3639 http://stlukeslacrescenta.org/

www.facebook.com: St. Luke's of the Mountains Episcopal Church



(Missouri Synod) COME JOIN OUR CHURCH FAMILY **Pastor Jim Edwards**

2723 Orange Avenue, La Crescenta, CA 91214 818-248-3738

www.glcmslc.org

Sunday Adult Bible Study: 9AM **Sunday service: 10AM** Wednesday Bible Study: 7PM

www.cvweekly.com

 ${\it RELIGION}\ from\ previous\ page$

you can use for this situation. Repeat it every morning and whenever you feel challenged on this issue until its manifestation

"I know that my decision not to drink is perfectly and completely accepted, honored and respected by my friends, and that they fully support me in this and in all of my positive life choices. I know and give thanks that their scolding and abuse ceases, and that it is replaced with mutual respect and fondness, and a welcome return to the joy and happiness found in our association and friendship. And so it is. Amen."



Anthony Kelson, RScP. anthony@apkelson.com

Dear Teetotaler,

I applaud you for sticking to your conviction and not giving in to the peer pressure from your friends about your personal choice not to drink. Your friends are displaying the classic example of herd mentality by trying to make you conform to their behavior. It's hard to understand why friends would try to push you to do something you don't want to but it speaks loudly of their insecurity about drinking. When you distance yourself by not joining in with your buddies' behavior, it can make them reflect on their own behavior, which puts a damper on their idea of fun. Additionally, they may feel as if your decision to not drink is passing judgment on them for doing it.

You mentioned that you do other things together with your families. You could speak to one of the guys from the group individually and express your concern. Many times, in a one-onone discussion there is a higher level of understanding that reached as opposed to a group discussion. If you can form an ally in the group that will support you, the next bowling outing may not present as much pressure.

The words "turn the other cheek" does not ask us to stay in the presence of bad behavior. It requires that we turn away from it, to show nonresistance. We may find ourselves in situations that are disagreeable, ones that make us feel uncomfortable or that ask us to do something we don't want to do. If you can hold your mind above the disagreement and focus on the friendships you have established with this group, the pressure may eventually dissipate. What we focus on expands. Where we put our attention attracts more of the same. Focus on the friendships and forgive the disagreements. However, that does not mean allowyourself to endure discomfort and disrespect in a relationship.

For your own peace of mind, express to your friends that you have a strong resolution to not drinking and that there's no

need to focus on it any longer. If comments and pressure keep up, then it may be time to remove yourself from the bowling team. We are either pushed by pain, something we want to get away from, or we are pulled by pleasure, something we move towards that brings us joy. When the uncomfortable feeling of being restricted by friends becomes stronger than the joy of being with them, then it's time to



In Light,

Rev. Mary Morgan mormari@aol.com

Local Food Pantry Available

the first and third Saturdays of the the week. month. Food is given out from 9 a.m. to 11 a.m.

Guests are asked to please wear

The Pasture community food during office hours. bank is located at 7344 Apperson St. in Tujunga.

This Week at LCIF

Lutheran Church in the Foothills invites the community to worship in will lead worship on Sunday, Nov. 17 at 10 a.m. including the farewell to Pastor Scott Peterson and his family. The service will also be live-

The Pasture, a food bank that channel. For those unable to attend serves the community and is held or watch live, the videos will be at Our Lady of Lourdes Church in available on the website, Facebook

The church is collecting nonperishable food and clean, gently Free to all who are in need! used clothing to distribute to local people in need. Please bring the items to the church office lobby

> Visit the church's website at lcifoothills.org for details on all of the events happening including small group gatherings and opportunities to serve.

The church office is located at the church's Worship Center. Pastor 1700 Foothill Blvd. in La Cañada Joseph Castañeda Carrera from the Flintridge and is generally open Southwest California Synod office Monday through Friday from 9 a.m. to 2 p.m. Contact the office via email at office@lcifoothills.org or call (818) 790-1951 for details, information, offering help or requesting help.

Holiday Sale

Shadow Presbyterian Hills Church will host its Annual Tujunga, is open to the pubic on page and YouTube channel later in Treasure, Crafts and Holiday Sale on Saturday, Nov. 20. This event is a fundraiser for the church to support all of its mission projects. The sale will take place from 8 a.m. - 3 p.m.

> For those who want to shop early (before all the "good stuff" is gone) make a \$5 donation for early bird entry at 7:30 a.m. The handmade gifts, vintage and gently used good stuff make excellent teacher, neighbor and hostess gifts. There are collectables, costume jewelry, china, glassware, etc. plus lots of gently used and some new Christmas items. For more information, call the church at (818) 353-2500 or email info@shadowhillschurch.org.

Shadow Hills Presbyterian Church, 10158 Johanna Ave, Sunland

CRESCENTA VALLEY LIONS CLUB FOOD DRIVE



Please consider donating non-perishable food items to benefit those in need this holiday season.

> When: Where:

Saturday November 13, 2021 **Crescenta Commons**

(Corner of Orange & Rosemont)

Time:

10am - 2pm

- Stuffing Mixes
- Instant Potatoes
- Rice
- Beans
- Vegetable & Chicken Broth
- Canned Chicken
- Mac & Cheese
- Package Gravy Mixes
- Canned Vegetables
- Canned Pumpkin
- Canned Yams
- Canned Cranberry Sauce
- Marshmallows
- Brownie and Cake Mixes
- Applesauce Cups
- Canned Fruits
- Shelf Stable Juice
- Shelf Stable Milk
- Peanut Butter Spices
- Unsalted Nuts and Dried Fruit



All donations will go to the **Bailey Center for their**

Annual Thanksgiving meal giveaway.

Question: Kim Sandoval at lions91213@gmail.com or 630-788-6591 (text)



This ad is sponsored by J's Maids as a service to the community. (818) 248-2001 www.JsMaids.com Wishing you all calm and health!



UST FOR FUN

CALENDAR this

PLAN MEETING

The Glendale Branch of com/5xfckmnd. the American Association of University Women (AAUW) WINE TASTING BENEFITS will meet virtually Saturday, Nov. 13 at 10 a.m. via Zoom.

to the Zoom meeting, contact interventional Laura Guillory lguillory 1430@ cardiac catheterization lab **BOUTIQUE** gmail.com and provide your under construction at the name and email address.

The administrator will send the the cost is \$40 per person. Zoom link.

Michelle Jocson, Program manager of the Comprehensive Institute at Adventist Health 2226. Glendale, will present "Stroke Recognition and Treatments."

This presentation coordinated by the Live Well Senior Program (LWSP) at Violet Adventist Health Glendale. monthly meeting will be on LWSP is a community-based Thursday morning, Nov. 18 (60-plus). Membership is free Chapel Christian Church, and offers access to online 1711 No. Avon St. in Burbank. fitness classes, educational programs, games, and social presented by guest speaker activities each week.

advance equity for women answers will follow. and girls through advocacy, education, philanthropy and silent auction and raffle tables. research. For information Refreshments are served about membership, activities, and friendships are made. and meetings, visit https:// Guests are always welcome to planned; learn more at www. glendale-ca.aauw.net/.

ENGLISH CHAMBER MUSIC

The Caltech Orchestra, weebly.com. with conductor Glenn D. Price, presents An Afternoon LCFOG PLANS DINE-OUT

hour and feature the same Flintridge.

on USC-VHH

USC-VHH Women's Council will host a live wine JUSTFORFUN. To receive an invitation tasting to raise funds for the radiology/ hospital. The event is on Friday,

The wine tasting takes Prior to the meeting, place at on the USC-VHH Stroke patio at 1812 Verdugo Blvd.

To RSVP contact Barbara Stroke Jordan at Barbara_Jordan@ Center at the Neuroscience med.usc.edu or call (818) 952-

Latest BURBANK AFRICAN **VIOLET SOCIETY PLANS** is **MEETING**

Burbank The African Society's wellness program for seniors at 10 a.m. at The Little White

The program will be "The Japanese Art of Flower AAUW's mission is to Arranging." Questions and

> There is a learning lab, attend the meetings. For more flintridgebookstore.com. information please call (661) 940-3990 or visit the website: www.burbakafricanviolets.

of English Chamber Music on The La Cañada Flintridge Nov. 14. The concert will be at 2 Orthopaedic Guild is having p.m. and 4 p.m. in the Caltech a dine-out fundraiser on Ramo Auditorium, 1200 E Thursday, Nov. 18 from 10 a.m. California Blvd. in Pasadena. to 9 p.m. at LC Imports, 1537 Each concert will last one Foothill Blvd. in La Cañada Funds raised

GLENDALE BRANCH AAUW program. To register for this will support LCFOG, which free event, visit https://tinyurl. provides financial support to the Orthopaedic Institute for Children in downtown Los Angeles.

> Theeventflyercanbefoundat www.cvweekly.com/

CRAFT FAIR AND

Crafters Sunlandof Tujunga are hosting a craft conference Nov. 19 from 5 p.m. to 7 p.m. and fair and boutique on Saturday, Nov. 20 from 11 a.m. to 4 p.m. at Lutheran Church of the Foothills. There will be food, craft vendors and fun! Face masks required.

> Lutheran Church of the Foothills, 1700 Foothill Blvd., La Cañada

FLINTRIDGE BOOKSTORE PLANS FOR SMALL BUSINESS SATURDAY

On Saturday, Nov. 27 from next 10:30 a.m. - 4:30 p.m. (weatherpermitting), Flintridge Bookstore hosts special events for Small Business Saturday including author meet and greets and book signings, poetry readings, guest artists and more. To keep everyone as safe as possible during COVID times, most of Flintridge Bookstore's activities are outside this year, but the doors are also open for in-store shopping. Masks are required inside.

> full calendar

Flintridge Bookstore is located at 858 Foothill Blvd., La Cañada Flintridge, at the intersection of Foothill Boulevard and Beulah Drive.

VHHS PLANS REUNION

"Team 74" is planning a 50th high school reunion in 2024. Friends and graduates of Verdugo Hills High School are invited to attend to trade stories of family, careers, adventures and anything else.

Currently Team 74 is in the planning phase of collecting names and numbers of classmates and putting together a database; emails from classmates can be received at clsof74reunion@ yahoo.com.Informationshould include a mailing address, cell number and graduate's name at graduation (if different than now).

A list of frequently asked questions will be provided to keep everyone updated aAs the reunion plans move forward. Those who belong to various VHHS groups will redundant information to ensure all classmates are notified and have an opportunity to attend.

At this time the FB VHHS groups will be the reunion information outlet until a more focused site is created.

» ZACK HILL BY JOHN DEERING AND JOHN NEWCOMBE



WEEKLY HOROSCOPES Provided by horoscope.com November 8, 2021 - November 14, 2021

ARIES March 21 - April 19

Your health is looking pretty good now. However, with a positive focus on your career zone, you might be tempted to work late in order to get ahead while you can. Relax and give yourself some space to breathe and do other things. You need balance in your life. Although it's wonderful to be doing well, you don't want to be a workaholic.

TAURUS April 20 - May 20

Your health seems intertwined with your spirituality. The cosmos indicates that your overall well-being will improve if you spend more time meditating and working on your spiritual progress. You may also find that your dreams can play a role in keeping you fit. Make a note of them. They could hold guidance on how to stay fit as well as ward off illness.

★★ GEMINI May 21 - June 20

It's time to focus on improving your overall level of fitness and health. Your only real danger is burnout. You could be so eager to make great progress as quickly as possible that you injure yourself. Take it easy and go one step at a time. This is the best way forward for the future.

CANCER June 21 - July 22

You could play a part in helping your partner recover from a minor illness this week. Although it's nothing to worry about, you may still run around fetching, carrying, and soothing. You shine in the role of caretaker, but don't forget to look after vourself, too. Take a break. You'll feel better and be much more effective if you do.

LEO July 23 - August 22

The cosmos offers you an opportunity for a new beginning. Think about your health. Are you happy with your physical condition or could you do more to improve it? Think about what you need to improve in particular, set goals, and make a plan. You'll be more likely to stick with your new routine if you begin now.

VIRGO August 23 - Sept. 22

This is the ideal time to examine your lifestyle and figure out how you can improve it. You're fired up now, so use this opportunity to embrace changes that will not only help you feel better all around but also improve the balance between work and rest. You might have to be very firm when dealing with those bad habits.

Ճ LIBRA Sept. 23 - Oct. 22

Think about getting involved in competitive sports. You'll enjoy the social life that goes with them while exercising and having fun. If you love golf, basketball, or soccer, look for a group. You might find it particularly rewarding to coach, if you have that skill. You need plenty of physical exercise, and that would be one way to get it.

⋘ SCORPIO Oct. 23 - Nov. 21

You seem to be living in your head a lot lately, but don't forget your body in the process. While it's possible to improve your exercise routine or sport by visualizing yourself doing it perfectly, it won't get your heart pumping. The best way forward could be to try both. Do your daily workout and then use your imagination to help reach the next level.

SAGITTARIUS Nov. 22 - Dec. 21

You're inventive and you love to experiment. That includes testing your body's reactions to various foods or exercises. You might want to try an experiment now that concerns a health and lifestyle change. See if it's something worth pursuing. Be completely committed for a month and then assess your progress.

A CAPRICORN Dec. 22 - Jan. 19

The cosmos will now end the frustration and any health issues you may have been plagued with for a while. You should find that your energy level gradually improves and that it becomes easier to keep up with your regular exercise program. Use your renewed vigor to your advantage and get back on track with your health goals.

AQUARIUS Jan. 20 - Feb. 18

There's a gradual shift in the cosmos that coincides with detoxing your body and your mind. Take a new approach to your well-being and get ready to start again if you've fallen off track. It might help to eat a simpler diet of vegetables. fruits, and water. Stay off the fat and sugar for a while and see how you feel.

PISCES Feb. 19 - March 20

This is a good time to slow down and take a more relaxed view on life. Take a break from your fitness routine and spend some time reflecting on the progress you have or haven't made. Take a look at your successes and any area where you didn't quite reach your goal. Resolve to take it to a new level in the weeks and months ahead.

WWW.CVWEEKLY.COM

$oldsymbol{P}$ et of the Week

CV Weekly loves to hear about your pets! Send a pic and small caption to steve@cvweekly.com to share your lovable pets with the community!

FUNDRAISER La Canada Flintridge Orthopaedic Guild SUPPORT Please help support LCFOG by dining at LC Imports, 1537 Foothill Blvd., La Cańada Flintridge, CA 91011 on November 18, 2021 from 10 am to 9 pm. Since its formation in 1956, La Canada Flintridge Orthopaedic Guild has provided financial support to

Orthopaedic Institute for Children (OIC) in downtown Los

Angeles. Formerly called Orthopaedic Hospital, OIC

provides outstanding orthopaedic medical care to any

child, regardless of the family's ability to pay.

SSIFIEDS & SERVICE DIRECTO

LEGALS

PUBLICATION OF SUMMONS OR CITATION SUPERIOR COURT OF CALIFORNIA, COUNTY OF SANTA BARBARA ORDER FOR PUBLICATION OF SUMMONS OR CITATION

DEFENDANT: NORIK AVETISYAN, et al. YOU ARE BEING SUED BY PLAINTIFF: PATRICK O'CONNELL, GARY CROSSAN

CASE NUMBER: 21CV01985

NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.

Read the information below.

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.a.gov/selfhelp), your county law library, or the courthous nearest you. If you cannot pay the filing fee, ask the court clerk for a fee walver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.

warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association.

NOTE: The court has a statutory lien for waived fees and costs or any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case.

The name and address of the court is: Santa Barbara—Anacapa 1100 Anacapa St. Santa Barbara, CA 93101

The name, address and phone number of plaintiff's is: Nichole L. Bartlett. SBN 307221 David A. Richard, 128348 (805) 644-0808 LEGAL DESCRIPTION OF REAL PROPERTY DESCRIBED IN COMPLAINT:

Order by Publication Filed: 10/27/2021
SUPERIOR COURT OF CALIFORNIA,
COUNTY OF SANTA BARBARA
Darrel E. Parker, Executive Officer
5/19/2021 2:34 PM
By: Sasha Nasir, Deputy

SUMMONS shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county. Published in the Crescenta Valley Weekly November 11, 18, 25, December 2, 2021.

EMPLOYMENT

STYLIST NEEDED FOR **MONTROSE SALON!**

Station for rent. Plenty of parking, please call Cindy (818) 517-1286.

WANTED!

Senior citizen needs overnight and/or daytime assistance during the weekend. Call Susan at (909) 456-4562.

HIRING CNA'S, COOKS & SERVERS!

Senior retirement community is looking to hire CNAs, cooks & servers. Part time/full time. Excellent benefits. Great location in Sun Valley. Call Alicia or Estela at (818) 768-6500.

CRESCENTA VALLEY WEEKLY IS READY FOR YOUR LEGAL NOTICES! DBA'S PROBATE NOTICES NOTICE OF INTENT CIVIL COURT NOTICES NAME CHANGES **PUBLIC SALES/AUCTIONS** NOTICE OF LIEN SALE CIVIL SUMMONS ESTATE ADMINISTRATORS **ESTATE SALES**

CALL TODAY! (818) 248-2740

EMPLOYMENT

PART TIME JOB AVAILABLE!

Hiring a PT worker to help in office/warehouse. Cleaning, organizing, running errands, etc. \$15 an hour / 20 hours a week. Flexible hours (Mon-Sat morning or afternoon). Good driving record a must. Call (818) 957-8827.

FOR RENT

2-STORY COMMERCIAL **SPACE AVAILABLE!**

Great La Cañada location carpeted thru out. Perfect for boutique business or entrepreneur. 1760 sq. ft. Call (818) 521-3726.

LA CRESCENTA ROOM FOR RENT!

Large bedroom w/private bathroom & separate entrance. Close to stores & bus lines. \$1000 a month plus 1/3 utilities. Nonsmoking, no pets. Call Jill for more details: (425) 286-0484.

FOR SALE

BUSINESS FOR SALE!

Locally owned family business for sale. 40-plus years serving the community. For details call (818) 951-9117.

HOME/GARDEN

YOU CALL WE HAUL! **BEST HAULING!**

Yard/Garage clean out! Also offer-ing pressure washing services, hot tub & large appliance removal. Call Mario (818) 426-3949

WHEN NATURE CALLS **GET FALL FRESH!**

Complete lawn & garden services.

- Mowing
- EdgingWeed control
- · Hedge shaping
- Stump removal Roto-tilling
- Hillside clearing
- Free estimates Contact
- Mr. Duarte: (818) 395-0103.

GENERAL CLEAN-UP AND HAULING

We do garage cleanups, appliance removal, trash removal. We haul away dirt, construction waste, yard waste. We sort and take it to a certified waste management facility to dispose of, recycle center or donation stores. Free estimates contact Mr. Duarte (818) 395-0103.

NEEDED/WANTED

CRAFTERS/VENDORS NEEDED!

Join our Holiday Boutique and Breakfast with Santa at Our Lady of Lourdes Church/School. December 12 from 8 am- 2 pm. A perfect event to sell your crafts! Call Denise (818) 943-4351.

LIONEL TRAINS

Cash paid for your trains and toys. Also buy American Flyer and LGB. Call (626) 447-3775.

VINYL RECORDS WANTED

Cash for records, LPs, albums. Collections large or small. Most genres considered. Will come to you. Call Dom @ (310) 882-0936. Jazz, rock, soul etc.!

SENIOR GENTLEMAN SEEKS ROOM

Quiet, responsible tenant, Ref. available. Can help w/errands, chores etc. in household. Call Donald for more info (818) 445-6180.

Want The Latest Community News?

Sign up for our CV Weekly E-Blast

Email info@cvweekly.com to receive an e-mail with the latest community news.

• AUTOMOBILES •

Vulomoitve Services

Family owned business serving the community for 47 years.

Complete auto repair

with ASE certified

technicians

Bridgestone and Firestone

LA CANADA

• HANDYMAN SERVICES •

Highly Skilled HANDYMAN Specialist in

Difficult Work! Expert Repairs **Expert Plumbing** Very Neat & Clean All Phases of CARPENTRY, ELECTRICAL, MASONRY

32 Years Experience

Hartmann Construction 818-823-7187 Lic. #1027189 HOME HELP

's Maids.com

Call for a free estimate! 818.248.2001

• HOME REPAIRS & SERVICES •

Duct Cleaning BREATHE CLEAN, HEALTHY AIR! **Heating/AC Duct Cleaning**

Sanitizing (EPA approved product, non-toxic) **Dryer Duct Cleaning** Servicing: Residential – Estates – Commercial (818) 771-9397

ContactUs@freshaireductcleaning.com www.FreshAireDuctCleaning.com 3436 N. Verdugo Rd, Glendale CA 91208 | Lic. #741607 **Pinecrest** Roofing "TOP OUALITY WORK"

- **Composition Roofs**
- **Tile Roofs**
- **Flat Roofs**
- Repairs
- **Gutters**

Skylights 818-957-5238

FREE Estimates

818 790-1228 459 Foothill Blvd • YOUR BUSINESS HERE •

• HOME REPAIRS & SERVICES •

• HOME REPAIRS & SERVICES •

WANTED! YOUR BUSINESS 2X2 SERVICE DIRECTORY AD HERE! Call TODAY @ (818) 248-2740

Mark's Lock + Key 818-430-5244

Key Locks Alike • Lockouts • Residential Commercial • Licensed - Bonded

LOCKSMITH SERVICE

BOB HUNTER'S Plumbing & Heating 818-249-8458 Fife

Large or Small Jobs Welcome! Live and work in La Crescenta! Locally owned and operated

• POOL/SPA SERVICE •

LIC# 879142 "From Concept to Completion" FOOTHILL CONSTRUCTION General Contractors Inc. **Local and Family Owned**

REMODELING ADDITIONS **DESIGN ENGINEERING** (818) 957-2494 www.foothillconstruction.net CALL FOR FREE ESTIMATE & CONSULTATION SOLAR FOR LESS 818-951-1171 Jeremy's Electric Now Offering Honest, Reliable, & Local SOLAR SERVICE & INSTALLATION • Energy Indepentent • Permitting • Predictable Cost • Installation Installation Dependable Electricity • 25 Year Warrant Jeremy's Electric 30 YEARS Lic. #978429 Financing Available

> Call Us! 1800-390-0006 or 818-249-8637

• HOME REPAIRS/SERVICES •



#1 Design/Build Firm In LA County For Over 25 Years!

• Foundation Repair • Structural Upgrades · Landslide Repair · Retaining Walls

· Earthquake Bolting · Underpinning/Caissons

323-258-5482 8334 Foothill Blvd. Sunland-Tujunga, CA 91040

818.790.8000





SierraSign.com

818-352-9010

Since 1987

Total Graphics Signs - Banners - T-Shirts Signs & Banners T-Shirt Printing & Embroidery 2435 A Honolulu Ave. Unit A Montrose CA 91020 customtshirtsandsigns.com

LCJC from page 12

Local participating businesses in the passport event include: The Apple Cart, Cowgirl Princess, All About Watches, Nix Marie; and Rose Gold Fitness, where the pop-up vendors will be located. The pop-ups (partial list) include: Victoria Duque Jewelry, Pattern L.A. by Jane Lutz, Cabi Missy Gibson, One Hope Wines, Modere by Sarah Lowe, Mary Emily Myers (dòTERRA), Klipitz by Felicia Wallace, "Violets Are Blue" by Barbara Hannegan, "Wrapped in Love," and items from Mending Kids and the Corita Art Center.

The La Cañada Junior Women's Club is currently accepting new members until February 2022. If local residents "are interested in getting more information about the Juniors comprised of dedicated, dynamic women interested in philanthropy, fun and friendship, drop by our booth at the passport event," said Karen Thurston, Membership director or email Thurston at lcjwclub@ yahoo.com. LCJWC is a non-profit, 501 (c)(3) organization, federal tax ID# 23-7084463.

HOUSES from page 11

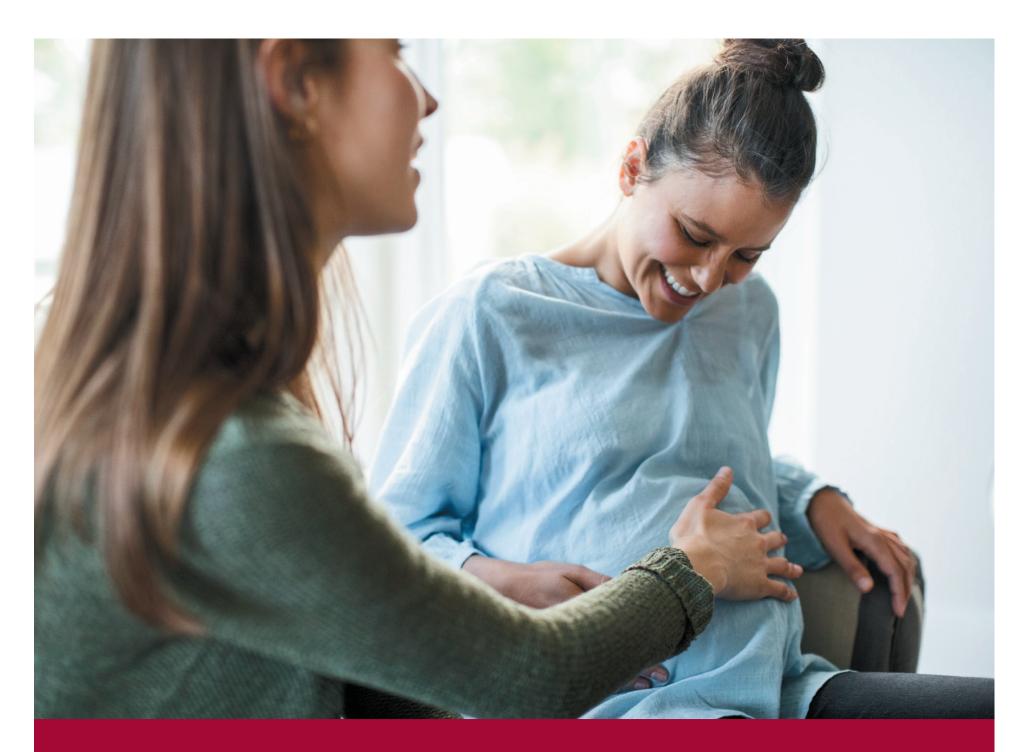
Best themed: 3552 Prospect in La Crescenta. This home captured the imagination with a display that included scary and fun components including a laughing pumpkin arch and oversized candy corn. A fan favorite, this house always comes through.

Congratulations to the winners and many thanks are extended to those businesses that provided gift cards for the winners including Casa Cordoba and the Crow's Nest.

Keep your eyes open for the CV Weekly holiday tour Merry and Bright coming in December. To have your home listed on the tour, email HollyWeen@cvweekly.com.



3552 PROSPECT



Get the Maternity Care You Deserve

At USC Verdugo Hills Hospital, you and your baby are at the center of everything we do. Our warm and welcoming team of doctors and nurses is here for you at every step. You'll feel well cared for, with a range of services designed to create the safe and secure experience you want. In fact, our environment is so safe that many local obstetricians prefer to have their patients deliver with us.

Call for a maternity consultation. (818) 533-6560 USCVHH.org/consultation

USC Verdugo Hills Hospital

Keck Medicine of USC