

Council Tightens Smoking Ordinances

By Ted AYALA

Glendale residents may find themselves gasping for breath a little more desperately these days. Glendale City Council on Tuesday tightened restrictions on smoking within city limits. The ordinances, voted for unanimously, will add further penalization for scofflaws as well as banning any smoking in all future newly built apartment and condominium units.

The city has stopped short of banning smoking outright in all units citing difficulties in enforcing such an ordinance. Neighboring cities, such as Pasadena, have passed these types of ordinances.

"We're going to wait and see all cities that have put in ordinances banning all smoking in apartments and condominiums if they are effective [in enforcing them]," said Mayor Dave Weaver. "We'll return to [this matter] again. But this council has taken great strides this year."

The city council also empowered private citizens to sue smokers that disobey the law, allowing them to be held liable in civil court.

When the ordinances were dis-

see SMOKING on page 6

Neighbor Helping Neighbor

CV citizens set time aside to get trained to help themselves – and their neighbors – after a major disaster.

By Mary O'KEEFE

Enlightening, educational, insightful, empowering and fun. These are just some of the words used to describe a 21-hour Community Emergency Response Team – CERT – class taught by Los Angeles County Fire Dept. The classes were held at LACoFD Camp 2 located near JPL and attended by community members.

The class was taught over three Saturdays with graduation day on May 25. LACoFD began offering the Federal Emergency Management Agency – FEMA – based classes in 2003.

"People helping people," said Capt. Steve Harper, LACoFD, as he explained the basics of the course.

The class was led by Harper. Students were instructed on how to respond to an emergency, like an earthquake or other type of disaster. The class is mandated through FEMA and the L.A. County Citizen Corps. It is a consistent educational program, meaning that the core information is presented the same throughout the



Community members completed their CERT (Community Emergency Response Team) training taught by the L.A. County Fire Department on Saturday. Above, team members carried a mannequin to triage during an earthquake disaster simulation.

country.

"We modify some for local [areas]," Harper said.

The goal was to equip students with the information and skills that can help their families and community in case of an emergency.

"We want them to walk away with knowledge that empowers them," Harper said.

The program instructs students on how to get ready for and respond to a disaster, not only in the tech-

niques of administering first aid but how to initially organize themselves. For example, in a training session on Saturday, Harper gave Diana Pokorny, the chosen incident commander, information on an earthquake scenario. She was then tasked with organizing her team (the other students) into sections with each person given a specific job. Those with more medical training were in the makeshift triage area. Others were sent out to perform search and rescue, always

working in teams of two or three.

The search and rescue students began going through classrooms that had been staged as being impacted by an earthquake, searching for injured victims. Once found, the victims were brought to triage for evaluation.

The firefighter instructors were on hand to answer questions throughout the drill.

"We are giving them experience and confidence," said Engineer

see CERT on page 9



CVHS principal Michele Doll, seen here at the Prom Plus event on May 18, will be leaving the high school to take on the director position with the Glendale Unified School District Human Resources Dept.

The Search is On

By Mary O'KEEFE

Monte Vista Elementary and Crescenta Valley High schools are searching for new principals.

After eight years, Dr. Susan Hoge is leaving Monte Vista to work at the EEELP (Early Extended Education Learning Program) at the Glendale district office.

For Hoge, this is returning to her roots. Before coming to Glendale, she worked as coordinator of children services in Pasadena, which is their EEELP department.

She said that since coming to Monte Vista there have been many changes and challenges, from the Station Fire to traffic issues.

"We have weathered fires and floods. We have pulled together as a community," Hoge said.

The school has improved traffic

safety with added crosswalks and sidewalks and making walkways more visible. The school also dealt with evacuations during the Station Fire and the subsequent floods.

Hoge said the school has made improvements in communication, especially via online options. During the evacuations in 2009, parents did not have access to their home phones, so the website played an important role in keeping information flowing.

"When I came here, I understood a little about technology but it was the staff that brought me along," she said.

She said she would miss the staff. "They are dedicated, hard working and are always willing to take on a challenge," she said.

"[Dr. Hoge] is overseeing the child development program. She has a

vast background in early childhood development and will be a tremendous asset to the [district]," said Dr. Dick Sheehan, superintendent of Glendale Unified School District.

A meeting for Monte Vista Elementary parents will be held on Thursday, June 6, at 6 p.m. in the school's cafeteria to discuss the qualities parents would like in a new principal.

CVHS will also be looking for a new principal as Michele Doll takes on the position of director of GUSD Human Resources.

Doll has been at CVHS for three years. Before the high school, she served as principal at Rosemont Middle School. On Friday, Doll made the announcement to CVHS families via PhoneEd.

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FROM THE DESK OF THE PUBLISHER



Change is in the air and it's especially thick at Crescenta Valley High School.

With the memories of prom night and Prom Plus still fresh, the senior class is getting ready to graduate on Tuesday. Unlike years past, this class is graduating on the field at Crescenta Valley High School. Traditionally the senior class graduates on Stengel Field in Glendale, but the bleachers are in disrepair so last year the class made its way to Glendale Community College. However, because the date of high school graduation was moved up, the college is administering final exams, so GCC is unavailable. Rather than looking for another venue,

it was decided that this class would take to the school's Osborne Field on Tuesday.

The Crescenta Valley High School class of 2013 is not the first to graduate on campus (the first two or three years of the school's existence we think graduated in the auditorium),

but it is believed to be the first class to graduate on the field. So, it's a historic occasion. (Make sure and read Mary O'Keefe's story this week to learn the ins and outs of the commencement exercises.)

Another change that will be impacting the school's future is the search for a new principal. Michele Doll, who took over the reins from Linda Evans three years ago, is moving onto the district level in the Human Resources area. Superintendent Dick Sheehan hosted a forum in the campus library last night (*note that this column was written prior to the meeting*). The public was invited to attend and I hope that the community took time to sit down and discuss with Dick those things that are important to them. Because there are items on the table that need to be addressed. Specifically, the issue of closing the high school campus for lunch has yet to be decided.

This is a hot button subject because it has so many stakeholders. For example, local food providers (Señor Nacho, Le Bon Patisserie French Bakery on Foothill Boulevard by Office Depot and the new Byblos pizzeria, to name a few) rely on the dollars paid by CVHS students at lunchtime. And can the school accommodate feed-

ing nearly 3,000 students in a 40-minute span?

Conversely, during lunch nearby streets become congested with students racing to buy lunch and get back to school before their afternoon classes start. Neighbors of the school have complained of trash left on their front lawns by students as well. Another issue has been tardies and absences after lunch by errant students. The good news, however, is that issue has greatly improved over the last year. (*Recommendation: parents – read the handbook distributed to students at the first of the year as the boundaries of the school property have changed.*)

I would like to throw my two cents into the mix regarding the debate of closing the high school campus for lunch.

I graduated from Poly High School in Sun Valley in '78. Back then, we had a limited open campus lunch policy. Students had to get permission from their parents to go off campus for lunch and permission had to be granted by the school administration. Permission could be revoked – by either party – at any time.

I propose a similar policy at CVHS. Perhaps limit it to just

junior and senior students or students with a certain citizenship grade. In other words, it is a privilege that the students need to earn rather than a perk of attending CV.

Because so many people in our community care about this issue, I encourage attendance to any of the meetings that the district hosts. Also, take the time to send a note to the superintendent (dsheehan@gusd.net). Let the decision-makers know your thoughts on any issue that a new principal will be handling.

Finally, note my headshot above. Yes, today, May 30 is my birthday but you're getting the gift. In today's CV Weekly is the inaugural issue of Discover Crescenta Valley, the first of what I hope is an annual magazine that showcases the many people, places and events that make living here so great. Enjoy and let me know what you think!

Robin Goldsworthy is the publisher of the Crescenta Valley Weekly. She can be reached at robin@cvweekly.com or (818) 248-2740.

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No loss by flood and lightening, no destruction of cities and temples by the hostile forces of nature, has deprived man of so many noble lives and impulses as those which his intolerance has destroyed. ~ Helen Keller

Every region in the United States has natural disasters. While the West Coast is known for its devastating earthquakes, the Midwest claims tornados.

Earthquakes strike with no warning. Tornados can usually be tracked as to location and timing. Even those who have suffered the effects and loss from these disasters can understand the scientific reason. Some even still believe them to be the result of divine punishment: "The gods must be angry!" I do not think so.

Spring is a beautiful time of year, with mild weather replacing the harsh of winter. This very transition also sets the stage for tornado formation. Cold dry air from the north collides with the

warm moist air from the Gulf of Mexico. The U.S., due to its geography, has more tornados than anywhere on earth. Oklahoma sets the record for the highest number of, and strongest, tornados with the majority being in May. So last week's EF5 tornado, climatically speaking, was not unusual. With the loss of 26 lives, including 10 children, science means little except as the cause of death in Moore, Okla.

Long before the knowledge of climatology and meteorology, or even the NWS, people needed answers to the unexplained. The Greeks, in particular, incorporated their gods and goddesses to better understand weather phenomena.

The following are just a few: Zeus – King of all the gods. Reigned over the clouds, rain, thunder and lightening. Aeolus – King of the winds. By request from Zeus, their havoc forces were released. Nephelae – Nymphs of the

clouds. Drew water from rivers and delivered as rain. Iris – Goddess of rainbows.

No matter your source, accurately predicting weather along the West Coast is difficult due to the constant influence and interplay of between the land and sea. Recent example – Memorial weekend's beautiful clear weather was an unexpected gift, as fog and drizzle had been forecast.

This lovely trend continues into the weekend except locally breezy conditions and higher temperatures – around 100 degrees – will heightened fire danger. By the first of the week, the marine layer moves back in, bringing damp and cooler temperatures. No rain.

Exit May, enter June. The rainy season ends, as we welcome summer.

Sue Kilpatrick is a Crescenta Valley resident and Official Skywarn Spotter for the National Weather Service. Reach her at suelkilpatrick@gmail.com.

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NEWS

Memorial Day in the Crescenta Valley



Photo by Mary O'KEEFE

Four veterans stand and observe the Memorial Day ceremony at Two Strike Park on Monday morning.

By Michael ARVIZU, Mary O'KEEFE and Michael YEGHAIYAN

It was an emotional Memorial Day observance on Monday at Two Strike Park. Emotion is not unusual on a day filled with patriotism, heroism and loss, and the Two Strike ceremony connected deeply with the meaning of the day.

One of those in the audience, wearing red, white and blue and honoring those who had fallen, was Susan Bedal. She said the day causes her to think back over the loss of lives and the toll it takes on those left behind.

"It is amazing how one event changed my entire life," said Bedal.

Fifty years ago, she was pregnant with her second child. Her husband, First Lt. Arthur "Skip" Bedal, was serving in Vietnam.

"He was a B-26 navigator and was with the First Air Commando Group," Bedal said.

She remembers the day she received word that her husband had been shot down over Vietnam.

"For 42 years, I thought he was shot down," she said. "That's what I was told."

Then Bedal began searching the Internet and found that the plane her husband was in had not been shot down; the wing had fallen off.

"They had problems with the

B26," Bedal said.

Since finding out the truth about her husband's death, she has met with other widows whose husbands were on that mission, including the pilot's wife. It wasn't so much how he died but that Bedal was never told the truth that bothered her. The pain of that loss still haunts her, even after her children are grown and 50 years has passed.

“Several venues hosted Memorial Day observances, giving locals the chance to remember those who made the ultimate sacrifice.”

She is not alone in her loss.

"I met with a woman whose husband had been a prisoner of war for five years," she said. "She said she almost envied me, at least knowing my husband's fate was better than her five years of worrying and not knowing about her husband's [fate]. I said, 'But at least he came home.'"

Mike Baldwin, member of the American Legion and Veterans of Foreign Wars, spoke to the audience

at Two Strike and explained the new staging of the traditional event. The change was a welcomed one because it meant the Two Strike Park Memorial Wall was under construction. In the past, the old wall was center stage. This year, however, the ceremony was held off to the side.

Baldwin invited fellow veteran Lynn McGinnis to the podium to explain the process behind the new memorial wall.

"In 2007, we wanted to add Nick Steinbacher's name to the wall," McGinnis said. Steinbacher, a Crescenta Valley High School graduate, was assigned to the 2nd Battalion, 5th Cavalry Regiment, 1st Brigade Combat Team, 1st Cavalry Division. On Dec. 10, 2006, two days before his 22nd birthday, a bomb exploded near the vehicle he was in.

The veterans wanted to add Steinbacher's name to the memorial wall at the park but found that was not possible due to the aged structure. The American Legion and VFW members began fundraising to build a new wall.

"Then the economy hit bottom," McGinnis said.

The vets continued to fundraise. Four years ago they had collected \$8,000.

see MEMORIAL DAY on page 7

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IN BRIEF

TRAILS GRAND OPENING

The community is invited on Saturday, June 1 to the opening of the Mountain Do Trail, and the Catalina Verdugo Trail at the Glendale Sports Complex. The park is located at 2200 Fern Lane, Glendale 91208. The festivities will begin at 10 a.m.

Come on out and hit the trail(s) to celebrate National Trails Day with the official opening of these newly constructed paths.

Sponsored by the City of Glendale, Community Services & Parks Dept.

CVHS GRADUATES TUESDAY

Crescenta Valley High School will be graduating its 2013 class on Tuesday. The public is reminded that more

cars will be in the vicinity of the high school in the late afternoon.

CHANCE TO RIDE ON GLENDALE'S 2014 ROSE FLOAT

In a unique effort to continue a long-standing tradition of 100 years, the City of Glendale is offering a chance to ride the city's entry in the 2014 Tournament of Roses Parade. For a minimum donation of \$25, Glendale residents will be entered into a raffle drawing for a chance to win two tickets to ride on Glendale's 2014 Rose Float on New Year's Day.

Along with private donations from the community, Glendale is also seeking corporate sponsors for this year's float. Corporate sponsors will have

a seat on the Design Selection Committee and will help determine the design of the float. All funds raised will be used to offset the city's cost of the float. For more information on how to donate, the rules for the raffle drawing and the Rose Float sponsor package, visit www.ci.glendale.ca.us/parks. Checks can be made payable to City of Glendale, Community Services & Parks Dept., 141 N. Glendale Ave., Room 346 Glendale, CA 91206

Please reference the term "2014 Rose Float Donation" on the check.

For more information about the float or the fund, contact Patty Betancourt at (818) 548-2792 or pbetancourt@ci.glendale.ca.us.

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Montrose Arts and Crafts Festival is Underway



A shopper checks out a parasol booth at the 2012 Montrose Arts & Crafts Festival. An estimated 25,000 attendees are expected at this weekend’s two-day event along Honolulu Avenue.

By Misty DUPLESSIS

Local residents are gearing up for the annual Montrose Arts & Crafts Festival that is set to take place this weekend in the 2200, 2300 and 2400 blocks of Honolulu Avenue.

“We close the whole town down because there are so many vendors. Some are on the north side and some are on the south side. It’s a huge festival,” said Festival Coordinator Dee Overton.

Hosted by the Montrose Shopping Park Association, proceeds raised from the arts & crafts festival help fund other association events throughout the year.

During this free event, visitors will have many opportunities to purchase handcrafted items from jewelry to wood pieces to ceramic masterpieces as well as one-of-a-kind clothing. Little ones will have fun in

the children’s activity area.

Over 300 local and out-of-state vendors will provide goods and merchandise that will please all types of shoppers.

The MSPA expects an estimated 25,000 people to make their way through the two-day festival.

On Saturday, June 1 and Sunday, June 2 attendees can expect to start shopping at 10 a.m. Merchants will be in the streets until 6 p.m. on Saturday and on Sunday the park will host the event until 5 p.m. Sunday shoppers can double the fun by visiting the festival and the weekly Montrose Harvest Market.

Time should be set aside to check out the stores along Honolulu Avenue as well.

“All the local stores will be opened those two days, so people can go in the stores, they can go to the vendors on the street, everything is opened,”

said Overton.

Guests will also hear entertaining live music and enjoy a variety of delicious, international foods provided by the handful of food vendors and local restaurants at tables set up throughout the event.

The Annual Arts & Crafts Festival will attract all types of shoppers from the window shopper to the seasoned deal finder as well as the food lover.

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DOLL from Cover

“I am sad,” she said of leaving. The change is bittersweet – she is sad to be leaving CVHS but happy to be moving to the district. “I will miss [CVHS],” Doll said. “[But Human Resources] is my dream job.”

Doll has seen the school through one of its toughest times with the tragic on-campus suicide in 2012. The recovery process has been difficult for the family of the victim, the students, staff and community. After a similar tragedy occurred at La Cañada High School, Doll contacted the school’s staff and offered help.

She has also seen the school’s successes with academic scores continuing to rise, girls’ water polo winning its first ever CIF championship in 2013, boys’ basketball going to CIF Division 1A for the second year in a row, baseball winning its second straight Pacific League title, CVHS Cycling Team taking the 2013 state championship, robotics making it to semi-finals in 2012 – just to mention a few successes.

“Michele has done a great job at CV and this is a great advancement in her career,” Sheehan said.

The search for a new principal begins immediately. The search will be conducted within and outside the district for a replacement and the district wants a new principal in place by July 1, Sheehan said.

Sheehan met with parents and community members at CVHS last night to discuss what qualities they want to see in the new

principal. “First, let me tell you the new principal will not be Cynthia Livingston,” Sheehan said. “She is happy at Rosemont.”

Sheehan was speaking about the principal of Rosemont Middle School, Dr. Cynthia Livingston who, to many parents, has the qualities they want in a principal. Both students and parents have bantered about her name as a possible candidate, however Sheehan made it clear – the Rosemont principal will stay at the middle school.

The qualities that were mentioned by the parents included someone who knows and understands the community, someone who will listen to students, who is tough enough to discipline students and teachers who do not follow the rules, and someone who will not use the position of principal as a stepping stone to a district job.

These are similar to the qualities students shared with Sheehan when he visited the Fire House youth center on Tuesday (shown at right). They added that they wanted a principal who respected what they had to say and one that was accessible.

A lot of the discussion with parents was about the community and the diversity of the school. Sheehan has gone through this process of filling a principal position before and was asked what qualities CV parents requested that were different from other schools. He said the common

qualities of leadership, stability and support for students.

“What is unusual is wanting the principal to be from the community,” he said.

The parents clarified they did not need the principal to live in the community, although that would be an advantage, but they did want the principal to embrace what the community has to offer.

Applications are still being accepted from candidates both in and out of the district. Sheehan said if he does not find a qualified applicant, he would get an interim principal until they found the right person for the job. But the hope is that the selection process will be completed by the June 18 school board meeting and the new principal would be in place by July 1.

Parents on Wednesday and kids on Tuesday voiced concerns that the decision had already been made and the meetings were “feel good” sessions. Sheehan said the applications are still

being processed and when the interviews begin, the comments made by the community will be taken into consideration.

As for how long the new principal will be with CVHS, Sheehan said he expects the person to be at the school for at least five years.

“Expectations are high [for principals]. It is a demanding job,” he said. “It’s like running your own

little city.” He spoke of the increased stress on high school principals, that it is not like it was in the past. A parent echoed that the stress has equally increased for students and hoped the new principal understood the pressures students face. The meeting lasted a couple of hours and the parents left no quality unvoiced.



SMOKING from Cover

cussed by council earlier this month, city staff mentioned that some developers were uneasy over the regulations saying that they may potentially lose an edge to living spaces in other cities.

Councilman Zareh Sinayan qualified his support for the ordinances by adding that they alone are not able to mitigate addiction to smoking.

“Whatever measures are taken limiting one’s ability to smoke has to be coupled with educational

measures,” he said. Those found violating the ordinances could face fines of \$250 for each day they break the law. However, the fines would not be imposed until after the violator was caught in the act twice and had received a prior written warning.

Esther Schiller, representing Smokefree Air for Everyone, praised the council for its work, though noted that much still needs to be done.

“[The ordinances] will not help residents suffering from unit-to-unit transfer of tobacco smoke,” she said. “A non-smoking building will provide a healthy environment for those quitting smoking.”

She also said that more could be done to protect children from second-hand smoke in outdoor dining areas.

The ordinances will take effect in 30 days.

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Graduation Day at Home for CVHS

By Mary O’KEEFE

The Crescenta Valley High School graduation class of 2013 will be walking across the stage this year on their own campus. It is not the first time the school has hosted its own graduation ceremony. As pointed out by CVW readers, graduation was held in the 1960s at the school, however it appears this is the first time it has been held on the field.

Lisa Reed, assistant principal, has been busy planning the event, which has been challenging at times, but she said it’s working out well.

“We are starting a new tradition on the field,” Reed said.

The stage will be placed on the south side of the field at the 50-yard line, facing north. Bleachers will be brought in and placed in front of the racketball court, on the north side of the field. Additional seating will be placed to the east and west of the stage and graduates will sit in the middle.

Reed has arranged for three gates leading to the field to be open: the main gate off Ramsdell Avenue located at the west end of the field, the Altura Avenue gate located at the east end and the gate that leads between La Crescenta Elementary School and the CVHS campus.

Parking is available at the teacher’s lot on Ramsdell Avenue,

the student parking on Ramsdell Avenue north of Community Avenue and the First Baptist Church at 4441 La Crescenta Avenue has offered their lot as well.

“We are also opening up La Crescenta Elementary [playground] for parking,” Reed said.

La Crescenta Elementary is located at 4343 La Crescenta Ave.; the entrance to the available parking is on Prospect Avenue just east of La Crescenta Avenue.

“We will have the elevators operating in the 5000 building and the gym,” Reed added. “If anyone wants to drop people off they can do that in front of the gym.”

This year the graduates will line up in the gym, away from parents and friends. This, Reed said, will

help keep everyone organized. “Only students with cap and gown and staff working the graduation will be allowed in the gym,” she said.

Reed feels graduation on the home campus will be easier than in the past. For years, graduates walked the stage at Stengel Field, however due to earthquake refurbishing the field was no longer a viable option. Then CVHS soon-to-be graduates moved to Glendale Community College, but this year graduation day was during finals at the school and CV was once again looking for a home. This may have been a decision forced upon the student body, but it seems to be a workable and welcome change.

“The kids are so excited,” Reed said. “I am excited.”



CRESCENTA VALLEY YOUTH TOWN COUNCIL PRESENTS



LET'S PLAY SOME BALL

Location: Verdugo Hills YMCA Gymnasium (6840 Foothill Blvd, Tujunga)
Date: June 15, 2013
Time: 1:00pm - 5:00pm
Ages: 10-18 (teams may be co-ed or single-sex)
Pre-registration: \$10 per team accepted through June 13.

Use the attached form or the link below to pre-register.

*Pre-registration available online at https://docs.google.com/forms/d/1mSr8dcL_wnh1r0CUMmz2KEdVz3FEKVdxvLyMLayxhVw/viewform
*Teams may also register the day of the tournament for a fee of \$15 per team.
Benefits will go to the YMCA and the Crescenta Valley Youth Town Council.

Swiiisssshhhhhhhhhhh! Show off your basketball skills and have some fun by entering yourself and two friends in the Crescenta Valley Youth Town Council's **"3-ON-3 BASKETBALL TOURNAMENT."** Basketballs and pinnies will be provided. Contact CVYTC on our facebook page or email us at cvyouthtowncouncil@gmail.com. Also check out www.thecvcouncil.com for more info.

PRE-REGISTRATION

USE THIS FORM IF YOU ARE NOT PRE-REGISTERING ONLINE. TURN FORM IN BY JUNE 13 AT THE FIREHOUSE (on Foothill Blvd. just east of Rosemont, north side). Please print legibly.

Name of team/captain: _____
Phone number: _____
Email: _____

Age division (age of oldest player):

- ☐ 10 - 12
- ☐ 13 - 14
- ☐ 15 - 16
- ☐ 17 - 18

- Pre-registration gives you a \$5 discount and helps us plan the event! It's a win-win!
- Fees are due on the day of the tournament: \$10 for pre-registered teams, and \$15 for teams who register at the tournament.
- Payment may be in cash or checks. Please make checks payable to "Crescenta Valley Town Council."
- There will be certificates and prizes!

You may still register on June 15th at the Verdugo Hills YMCA Gymnasium upon your arrival for a \$15 team fee...but you must check-in by 12:30 p.m.
Those who pre-register will be contacted to confirm attendance. Thank you for your pre-registration and support of the CVYTC.

Pasadena Girl's Saving Grace



By Jason KUROSU

When Olivia Rosewood had her daughter Grace's umbilical cord blood banked, it had simply sounded like a good idea, a preventative measure that might never be needed. But when problematic surgery to repair Grace's palette led to cerebral palsy, the banked umbilical cord blood became their saving grace.

Since receiving an infusion of cord blood stem cells in December and a second infusion in March, Grace has shown marked improvement.

"She couldn't stand without assistance," Olivia said, recalling her daughter's issues prior to the infusions. "Before, she couldn't hold a pen. If she tried to push a button on an elevator, her finger would buckle. Her overall strength and mobility has really improved since then."

Olivia researched stories from around the world and found cases in which stem cell research aided the recovery of patients suffering from paralysis and conditions similar to Grace's. The Rosewoods sought aid from university studies on stem cell research and came upon Duke University's cord blood donation program. Based on Grace's weight and the number of stem cells available from her umbilical cord, she was able to procure around 800 million stem cells to treat her cerebral palsy.

Grace is due for one last infusion this June.

Grace Rosewood may serve as an example for the potential of stem cell

research, despite stem cells being a divisive subject. Recent studies have suggested the benefits of stem cell treatment for stroke victims, Alzheimer's patients and autistic patients, as well as those suffering from cerebral palsy and Parkinson's disease. But stem cell research remains steeped in controversy, with the creation of some stem cells necessitating the destruction of human embryos.

Adult stem cell research remains an option for circumventing the usage of embryos, but cord blood stem cells are also not embryonic stem cells, which are produced from destroyed fertilized human embryos. Cord blood cells also offer the advantage of not being rejected by the patient's immune system, something that can occur with embryonic stem cells received from another person.

"I told Grace that 'this is something that you and I made together' and there's something so natural and wonderful about that," said Olivia, referring to the umbilical cord. "Who besides Grace has a better right to what it has to offer?"

Olivia added that Grace is doing well, even to the point of doing handstands, which can be considered "a giant breakthrough."

Although Olivia is enthusiastic about Grace's progress, she is not unaware of stem cell research's detractors.

"The first thought that comes to my mind is that Galileo was persecuted for telling the truth," said Olivia. "When something is true and works, I don't think you can stop that kind of progress."



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ARE YOU READY?



MEMORIAL DAY from page 3

“Then in 2011, we formed a community-wide committee,” he said.

That committee, with the help of sponsors like Home Depot and Forest Lawn along with officials including Congressman Adam Schiff, Assemblymember Mike Gatto and L.A. Supervisor Michael Antonovich, has been able to raise the \$75,000 needed to build the wall.

It was the community coming together that Gatto spoke about from the podium as well.

“This community is special in the way it [came] together,” Gatto said. “This community knows how to honor those that [have given their lives] and know how to do it right.”

Lt. Col. Worley, mentor of Crescenta Valley High School’s JROTC, was the keynote speaker. His speech focused on the United States flag, what it stands for and why it is worth fighting and dying for.

“Our American flag represents life, liberty and the pursuit of happiness,” Worley said. “We are specifically honoring the sacrifice of hundreds of thousands of Americans that were held prisoners of war and those still listed as missing in action since the time of the American Revolution.”

Worley spoke about the history of the flag on battlefields. He referred to the famous photo taken by Associated Press photographer Joe Rosenthal of U.S. Marines raising the American flag atop Mt. Suribachi, Iwo Jima, Japan on Feb. 23, 1945.

“The raising of that flag was more than a symbol of victory; [it was] a tribute to their fallen commands,” Worley said.

Scholl Canyon Estates in Glendale

A number of veterans were honored for their service at Scholl Canyon Estates as part of the Memorial Day remembrance across Glendale. The retirement community also unveiled a memorial wall dedicated to residents who have previously served their country.

Certificates in recognition of their service were awarded by the California State Assembly with the recipients nominated by local Assemblyman Mike Gatto’s office. The 15 veterans honored served during World War II, the Korean War, and during peacetime.

Because such a large number of the Scholl Canyon Estates residents previously served in the military, the management showed a desire to honor its veterans. A dedicated monument to its veteran population seemed an appropriate tribute to director of Marketing Roseann Kim.

“We realized that a significant number of residents have served in the military, so we reached out to a number of local veterans’ offices who were happy to be a part of this cause,” said Kim. “It is difficult for many of them to leave their home and celebrate Memorial Day, so we decided this was the best way to properly express our thanks.”

The La Crescenta branch of the Veterans of Foreign Wars presented each recipient with their certificate. Additionally, the Glendale Police Color Guard presented flags during the ceremony.

Former California Assemblyman Anthony Portantino thanked all of the veterans for their service and commended the La Crescenta VFW for their efforts toward building a war memorial at Two Strike Park. He also expressed his appreciation for

the sacrifice of American servicemen and women through the words of Aaron Kilbourn.

“A dead soldier’s silence sings our national anthem,” remarked Portantino. “We must thank the soldiers who have come home and regret the ones who never will.”

Kim also expressed appreciation for the importance of these seniors to Scholl Canyon Estates in particular and commented on their contribution in the residential community.

“Their experiences and some of the things they can share with us are a reminder of what we might forget,” said Kim. “Photos of them young and in uniform reminds us of the sacrifice of those who fought for us and our privilege of reaping that sacrifice.”

A plaque for each of the veterans was arranged on a wall in the dining room. Each plaque displayed a current portrait, an active duty portrait and the seal of the respective branch of the military.

Vietnam Memorial in Montrose

At the annual Montrose Memorial Day service on Monday, which each year takes place on the site of the Vietnam War Memorial on the corner of Ocean View Boulevard and Honolulu Avenue, Rep. Adam Schiff stepped up to the microphone to tell the story of William B. McIlvaine III, a Burbank resident and 2006 graduate of Deerfield Academy in Massachusetts.

McIlvaine’s dream, Schiff said, was to attend the Naval Academy. When the time came, Schiff was pleased to recommend the star high school pupil to the academy. McIlvaine would go on to graduate with honors from the Naval Academy in 2010.

But McIlvaine’s dream came to a tragic end when he and two other sailors were killed while conducting training operations in eastern Washington on March 11.

After attending McIlvaine’s memorial service, Schiff talked to his 10-year-old son, Elijah, about McIlvaine, when his son asked: “Why would someone join the military to get killed?”

“It’s a fair question,” Schiff said, choking back tears. “We are lucky there are people who are so dedicated, courageous, have such a love of country, that they’re willing to risk it all. It’s a beautiful thing.”

About 100 people attended Monday’s solemn service, which included political dignitaries, veterans, Boy Scouts, and members of the Glendale Police Dept., California Highway Patrol, and Glendale Fire Dept. A color guard detail from the Crescenta Valley High School ROTC raised the colors. People having their morning coffee across the street at Coffee Bean & Tea Leaf also watched the ceremony from afar.

Dedicated in 1968, the Montrose Vietnam War Memorial lists the names of 14 local servicemen killed while serving in Vietnam. Crescenta Valley Chamber of Commerce director Steve Pierce was tasked with reading each name. Pierce himself is a Vietnam War veteran, having served as a lieutenant in the Navy. After each name was read, Sparr Heights resident Mike Morgan rang a bell taken from a Glendale-Montrose trolley.

“These were my contemporaries, and I’m in awe of every each and every one of them,” said Glendale Police Officer Larry Ballesteros of the Vietnam fallen. At the time of the



memorial’s dedication, Ballesteros had 18 about months left before he had to register for the draft. “They did their duty and paid the ultimate price.”

La Crescenta’s Arne Wickstrom also attended Monday’s service. Wickstrom served in the Swedish army during World War II from 1939 to 1942 as a tank mechanic. He immigrated to the United States in 1969.

“The guys gave their life for us, for the country,” Wickstrom through tears. “They didn’t have to, but they did.”

Although Wickstrom did not lose friends due to Sweden’s neutrality during the war, the Swedish army helped many American pilots land in Sweden.

The best way to remember the fallen, he said, is “to be honest and stay on the right side of the law. Don’t speed too much,” Wickstrom added with a laugh.

“Support your country, and [stand] up for your country,” said Wickstrom. “That’s the right thing to do.”

For more photos, go online to www.cvweekly.com and click on NEWS.



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Fiesta Days in La Cañada Flintridge



By Mary O'KEEFE

Memorial Day weekend was a huge community party sponsored by the La Cañada Flintridge Chamber of Commerce. From pancakes to cars, parades and fireworks it was a busy weekend with lots to enjoy.

The events began Friday night with the roll of the dice at Casino Night at the Community Center. Among the activities on Saturday were a car show and community breakfast hosted by the Kiwanis A.M. at Memorial Park.

Alex Kirkaldy stood close to his 1929 Model A Roadster as people walked by, some dreaming of owning car like his, some having fun looking at the Bob's Big Boy carhop tray on the driver's window. And, of course, no one could resist taking a picture with the large stuffed teddy bear sitting in the passenger seat.

"Yes, that's Meatball," Kirkaldy

joked, referring to Meatball, the local bear that enjoyed dining out of garage refrigerators and garbage cans until he was captured and sent to an animal preserve.

"And I put a rose in his mouth," he added.

Kirkaldy has owned his Roadster for 30 years. He restored it, and is still restoring it.

"Once you get involved, you are always working on it," he said. He did install a turbo 400 transmission in the Roadster, so it travels a little faster than it did in the '20s.

"It's lots of fun," he added.

The pancake breakfast began early with plenty of food for everyone. The weather was perfect for an early morning meal.

Sunday was full of activities capped with a barbecue and fireworks at Memorial Park. Monday began with a run, continued with a Memorial Day

observance and ended with the kick off of the Music in the Park summer series by Captain Cardiac and the Coronaries, the classic oldies party rock and roll show band.

"[Everything this weekend] was over the top," said Pat Anderson, president of La Cañada Flintridge Chamber of Commerce. "Every event was well attended and virtually no problems ... This is the type of weekend the chamber wants to have."

"This is the ultimate community weekend," said Anthony Portantino, LCF resident and former state assemblymember.

He added that many people have the option to leave for the holiday, but decide to stay near home because of Fiesta Days.

"And we are already planning next year," Anderson said.

For more pictures of Fiesta Days, visit www.cvweekly.com and click on NEWS.



Photos by Dan HOLM and Mary O'KEEFE

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Obituary

Marlene Paula
New-Dahlberg



Oct. 7, 1953 – March 14, 2013

Marlene Paula New-Dahlberg, born Oct. 7, 1953 in Glendale, passed away suddenly on March 14 in Las Vegas, Nev. where she resided.

Anyone who had the pleasure of knowing Marlene knew she was kind to all, even volunteering to work with and help “bruised and broken” people, as she put it. Marlene was successful at whatever she put her mind to; athletics in high school (graduating from CVHS in 1971), then continuing her education and graduating from USC in 1976 with a degree in Physical Education. She was an outstanding pharmaceutical sales representative, working last for Norvartis.

Marlene was a wonderful and loyal daughter, sister, friend, niece and mother. She leaves behind her father William New Sr. of Verdugo City, brother William New Jr. of Los Angeles, Uncle Bob New of Flintridge, husband William Dahlberg and daughter Kim Dahlberg, both of Las Vegas, Nev., in addition to her many lifelong friends.

Marlene was preceded in death by her beloved mother Helen New.

Marlene will be greatly missed by all who knew and loved her. Marlene was a shining star while on this Earth – beautiful and unique, both inside and out.

There will be a Catholic Mass with intention for (dedicated to) Marlene on June 15 at St. James Church, 4625 Dunsmore Ave. in La Crescenta at 8 a.m. A celebration of life and potluck gathering for Marlene and the people she loved and was loved by will follow at 1 p.m. at Crescenta Valley Park in La Crescenta (Hindenberg area, close to the bottom of Dunsmore), followed by a release of doves.

All those who knew and loved Marlene are invited to attend.

Obituary

E. Corinne
“Connie” Prochazka



Oct. 28, 1924 - May 25, 2013

Elizabeth Corinne “Connie” Prochazka died peacefully in her sleep on May 25. She was 88 years old.

Corinne was born in Norfolk, Nebr. on Oct. 28, 1924 to Landon and Freda Dean Chapman. She was one of six children (none of whom are still living). She graduated from Norfolk High School in 1943. It was during her school years that a teacher misread her name and she was known to many

as “Connie” ever since.

After high school, she attended nurses’ training but decided to become a dental technician. It was while she was working in a dental lab in Norfolk that she met her future husband Walter Prochazka. They opened their own dental lab in Broken Bow, Nebr. and were married on Jan. 10, 1960. On July 1, 1963, their only child Jana was born.

In 1976, she divorced and moved with her daughter to La Crescenta where she worked at Crippen Mortuary and later at Haven of Rest Ministries and Montrose Travel.

Corinne loved gardening and watching Dodger games and Nebraska football games on TV. She also loved dogs and dessert. Her greatest joy was spending time with her grandchildren.

Corinne is survived by her daughter Jana (and Mark) Benson of Montrose and her grandchildren Christina, Rebecca and Michael Benson.

Visitation will be today, Thursday, May 30 from 5 p.m. to 7 p.m. at Crippen Mortuary, 2900 Honolulu Ave., La Crescenta. Funeral services will be held Friday, May 31 at 1 p.m. at Montrose Church, 2409 Florencita Drive, Montrose. Graveside and interment will be held at Pierce Cemetery in Pierce Nebr.

Crippen Mortuary (818) 249-6131.

Memorial Tribute on
crippenmortuary.com

Obituary

Horst “Rudi”
Wallasch

Dec. 25, 1949

Horst “Rudi” Wallasch was born Dec. 25, 1949 in Bad Krueznach, Germany, the first of four children. He came to the U.S. in 1956 at 6 years of age with his parents. They lived in Glendale for a short time and eventually settled in La Crescenta.

As a teenager, he was a bright student as well as a very talented musician who played violin, viola, piano, bassoon, guitar and bass. He was often asked to play first violin or solos with school orchestras and at church events. He also played in a small acoustic rock band called, “We Three Trio” with his friends Dennis Neufeld and Dave Lufkehaus. During this time he also took flying lessons and helped his parents raise his brothers and sister since his parents were very busy carving out a new life in the U.S.

Rudi worked as an electrician with his father for approximately 38 years. His favorite hobbies included soaring, helping restore WWII aircraft with the Commemorative Air Force, boating, model trains and remote control airplanes.

He will be missed by his parents, Horst and Barbara Wallasch, his brother Ed and sister-in-law Lynette, his brother Charlie and sister-in-law Marianna, his sister Heidi Johnston and brother-in-law Greg, along with his many nieces and nephews Crystal, Nic, Hudson, Sabrina, Tyler, Justin, Jeffrey, Brooke, Katelyn and Aubrey.

Services will be held at Crippen Mortuary at 2900 Honolulu Ave. in La Crescenta on Thursday, June 6 at 10 a.m.

Directors Crippen Mortuary
www.crippenmortuary.com

CRIME BLOTTER

May 23
4600 block of La Crescenta Avenue in La Crescenta, a resident reported cash stolen from her purse that was located in her home. She reported that the only one in the home at the time was an employee that she had not been able to contact since she found her cash missing.

The incident occurred between 6:30 p.m. and 7:15 p.m.

May 22
2700 block of Foothill Boulevard in La Crescenta, an employee of Tazza Coffee reported that it appeared someone attempted to enter the locked business. She discovered both front and side doors had locking cylinders damaged overnight.

4200 block of Encinas Drive in La Cañada Flintridge, a witness reported seeing a green Suburban driving southbound on Encinas Drive. She reported seeing the vehicle stop next to a pick up truck that was parked on the street. A man got out of the car and reached into the back of the pick up. He took gardening tools out of the truck, got back into the SUV and drove away. The owner of the pick-up was contacted and reported a gas blower was stolen.

The incident occurred at 12:45 p.m.

May 21
2600 block of Foothill Boulevard in La Crescenta, the manager of Ralphs market reported witnessing a man, described as white, 5’9” tall and weighing 180 pounds and, at the time, wearing a gray shirt and blue jeans, pushing a

shopping cart with items out of the west entrance/exit of the door. He passed several registers without attempting to pay at 7:23 p.m.

2200 block of Mira Vista Avenue in Montrose, someone entered an unlocked residence and stole a backpack with personal items and a bed cover between 6 p.m. and 9 p.m.

700 block of Foothill Boulevard in La Cañada, an employee of Doña Maria restaurant reported finding the rear security door and inner door open of the business when he arrived at work. He noticed the wooden inner door’s frame was cracked. He discovered the cash register open. Cash was stolen and doors were damaged overnight.

CERT from Cover

Dan O’Neil, who assisted in the class instruction.

Mike Claessens agreed, applauding the efforts of LACoFD for their support and the level of professionalism of the class.

Claessens is a member of the Crescenta Valley Town Council and chairs the emergency preparedness committee. He is also a member of the Crescenta Valley CERT program that is based out of the Los Angeles County Sheriff’s Dept., Crescenta Valley Station.

“The training is really valuable,” Claessens said. “It [also] prepares us on what we can expect from the fire department [in case of an emergency].”

Roger Young, founder of the CV Fire Safe Council, attended the classes as a refresher course, having been previously trained. Young liked the way Harper and the other instructors approached the class.

“There is a fun and friendly way to learn about it,” he said.

At 17, Dillan Williams was the youngest in the classroom. He is a member of the Crescenta Valley Sheriff’s Explorer’s Program. Williams has been trained in emergency response, but wanted to take the FEMA-based class.

“I heard about [the class] from the Explorer captain and thought it would be a good program,” Williams said.

The students were instructed in a variety of areas including how to deal with small fires, administer first aid including making and putting on slings and splints, and how to evaluate a situation quickly and calmly.

After a disaster, emergency responders like the fire department will prioritize their response to every call, and the department will be spread thin, Claessens said. That is why this type of training is important. Following an emergency, it may be CERT members that will first arrive at a neighbor’s home before emergency responders. The hope of the instructors is that those who have taken the class will be able to respond locally and fill any emergency responder gaps that might occur.

But beyond that, Harper hopes that those trained will encourage others to go through the classes. He also encourages those who have taken a class to join their

local CERT programs.

“I hope it creates a ripple affect of people helping people,” Harper said.

For information on CERT in Crescenta Valley email Paul or Lisa Dutton at midnightscout@sbcglobal.net or Deputy Jorge Valdivia at jvaldiv@lasd.org or

contact Dep. Valdivia at (818) 236-4021. For information on the LACoFD CERT program email CERT@fire.lacounty.gov or call (888) 237-8939. For information on Glendale CERT go to fire.ci.glendale.ca.us/certprogram or call (818) 548-6404.



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VIEWPOINTS



MY THOUGHTS, EXACTLY
» JIM CHASE

Innovation by the Bottle

It's no secret that many people – especially men – have, shall we say, unusual hobbies. My dad, for example, loved to carve tri-tone train whistles out of solid blocks of wood and then hand the noisy things out to family members, friends and other unsuspecting people. Go figure.

One of my own hobbies is scanning daily newspapers for interesting and unusual or obscure stories. Sometimes I even take the subject matter or gist of the story and use it to write a column around. Like this one.

I read recently about a leading manufacturer of public drinking fountains who has adapted to changing consumer habits by making radical new versions of their best-selling models. The company had realized that more people around the world are using traditional drinking fountains to refill personal water jugs, rather than bend down and slurp as has always been required at drinking fountains. What usually happens with old style fountains, however, is some sort of dance in which the bottle isn't filled, shoes and clothing get wet, and everyone walks away damp and unhappy.

And so this company designed all new models that will fill a 16-ounce vertical bottle in 10 seconds or less. The new units, which cost from \$700 to \$2,075 each, have already been installed in hundreds of colleges and dozens of international

airports. And that, thirsty people, is what happens when you add water to American ingenuity and the free market economy.

I have firsthand experience doing the "Nalgene Shuffle," trying every contorted move I can think of to refill my hard plastic (BPA-free, of course!) bottle with water from a standard drinking fountain. On the rare occasion when there is enough water pressure for the stream emerging from the fountain to reach the top of the empty bottle, you still have to tilt it at just the right angle in order to get any water inside. But that angle then makes it impossible to fill the bottle to the top. Arrghhh!

Most often, unfortunately, there isn't enough water pressure to even begin filling a bottle and one must resort to the old school method of bending down and hoping against all hope that the stream doesn't suddenly give you a nasal enema, or worse, that your mouth actually touches the metal fountainhead. Horrors!

I don't know about you, but my siblings and I were warned from birth about the dangers of drinking fountains. We were told nightmarish stories about kids just like us who had contracted some sort of pandemic illness merely because their lips came in contact with a fountain of filth. As a result, I would have to be nearly dead from thirst before I would ever go near a drinking fountain.

I remember seeing one of

my friends run to get a drink from the fountain near the brightly painted concrete pipe sections at Two Strike Park. He was so hot and thirsty, he barely waited for the water to start shooting out when – shockingly – his lips not only touched the fountainhead, he almost inhaled the thing. For the rest of that summer, I waited to hear news of his hospitalization and impending demise. So sure was I that he had contracted so-called "lock-jaw" or polio or some other crippling childhood malady, I waited and waited for my recklessly unsanitary friend to start foaming at the mouth or for body parts to start dropping off before my very eyes.

Apparently, the mortal fear of catching a deadly disease from a water fountain wasn't promoted only by my mother. The same company that makes the new bottle-ready fountains was also known in years past for adding anti-microbial agents to the mouth guards of their fountains.

Now that I think about it, though, I wonder why Mom never worried about whose lips had been on all those train whistles Dad used to give away.

I'll see you 'round town.

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Jim Chase is an award-winning advertising copywriter and native of Southern California. Readers are invited to "friend" his My Thoughts Exactly page on Facebook. Also visit Jim's new blog with past columns and additional thoughts at: <http://jchasemythoughtsexactly.blogspot.com>



TREASURES OF THE VALLEY
» MIKE LAWLER

Two New Hiking Trails in our Local Hills

In the Crescenta Valley, we're blessed with unparalleled access to hiking and biking trails into the beautiful mountains that surround us. The San Gabriels, the Verdugos, and the San Rafael mountains provide scores of trails. Thanks to the City of Glendale, we can add two more to the list. The Catalina Verdugo Trail and the Mountain Do Trail officially open this Saturday.

Both these new trails can be accessed at the south end of the parking lot for the Glendale Sports Complex at the top of Fern Lane. The trails circle the playing fields there, giving great views of the soccer and softball action, and fantastic views of the Crescenta Valley.

My wife and I pre-hiked the trails last week. The Mountain Do Trail is a very short (3/4 of a mile) almost entirely level trail that circles the soccer fields, at one point moving back a little into a canyon. This trail is unique in that its flat hard trail bed will allow those in wheelchairs to hike this trail, and is very easy for very small children, even strollers, to navigate. Thus its name "Mountain Do" – anyone can "do" this trail. At points along the route, one can turn off the trail, crossing small bridges to access activity areas. Each of these is outfitted with benches and tables, and interpretive signs about the plants and animals of the San Rafaels. As well, there are Universal Gym-style exercise machines that are

magically adaptable to any level of fitness, even usable by those in wheelchairs. This would make a great fitness circuit – running the trail and stopping at all the exercise machines.

The Catalina Verdugo Trail is a longer (two miles) conventional hiking and biking trail. From the south of the Sports Complex parking lot it switchbacks up the San Rafaels through heavy chaparral and oaks. At the top of the switchbacks, hikers are rewarded with a spectacular 180-degree view of Los Angeles, Glendale and the Crescenta Valley. The trail at this point connects with the fire roads and trails that lead into La Cañada's robust trail system. From here, one can hike to the police shooting range, the old air raid siren and Descanso Gardens. A novelty trail hike would be to go from here to the San Gabriel Mountains, utilizing La Cañada's unusual Cross Town Trail, which actually crosses the 210 Freeway. Continuing on the Catalina Verdugo Trail, you move in and out of the folds of the mountainside, alternately enjoying peaceful wooded glades and fantastic views. Some parts of the trail are carved out of sheer cliff faces – remarkable engineering feats. Amateur geologists will enjoy the unusually varied strata exposed by the new trail. Benches and interpretive signage highlight points on the route. The trail drops the hiker back onto the Sports

Complex, making a great little loop, less than an hour's hike.

Wildlife is plentiful on both trails. We saw deer, quail, rabbits, a stink beetle, and about a hundred fat and happy lizards. The only downside of the trails is the freeway noise from the Glendale (2) Freeway and, of course, the ever-present poison oak. The trails were professionally built and I'm told the contractor is a mountain biker. It shows, as this is a great non-technical starter trail for beginners, yet interesting to more experienced riders. Money for the trails was obtained by the city through grant programs and local teens provided labor for the building process through the Glendale Youth Alliance. The trails will be patrolled and maintained by Glendale's ever-growing army of trail volunteers.

The official opening of both trails is this Saturday, June 1 at 10 a.m. There will be the traditional ribbon cutting and speeches, along with free snacks and info on Glendale's other trails. If you've been thinking about getting into hiking, these two trails are great starters – good parking, restrooms, even a snack bar at the Sports Complex. Get out and discover the wonderland we live in. Enjoy a morning or after-work hike and enjoy the surrounding mountains that define our beautiful valley.

Mike Lawler is the former president of the Historical Society of the Crescenta Valley and loves local history. Reach him at lawlerdad@yahoo.com.



CVDAPC NEWS
» SUZY JACOBS

"Inside Rehab" by Anne M. Fletcher reviews 15 treatment programs and determines there's a disconnect between what's being done to treat addiction versus what's proven to work scientifically. Addiction, from a Roman law having to do with "surrender to a master," is scientifically proven to be a chronic illness resulting from genes, environmental factors and an individual's risky behavior. Fletcher's ideas were the backdrop to my watching "Lockup: Pendleton Juvenile Correctional Facility," about a maximum-security prison for males from age 12 to one minute before turning 22 (!). We meet young men, hear about their sad, violent, abusive lives, and learn that prison is a family value. It's

heart-wrenching.

Being part of the CV Drug & Alcohol Prevention Coalition, a prevention coalition, I was especially interested in the comments of two young men who said that no matter what any adult said to them, no matter what they knew to be right or wrong, good for them or bad, they were going to do the things they wanted to do anyway. No influence could stop them from guns, drugs, crime and teenage parenthood. They echoed the words of a local young man who told me nothing could have been said or done to keep him from the difficult path he chose.

So what works to help adolescents overcome a crippling master? Fletcher says family-based treatments work best. If that's the case, could we argue family-based preventions are equally successful? Almost 25% of parents do not think they

can influence their teen's use of alcohol, drugs or tobacco. Still, I'd like to think that teaching parents and non-parental adults about the 40 Developmental Assets and holding parent education workshops will continue to build strong families and benefit kids in CV. As a community that cares, we can do our best to also reach the ones who think they're beyond our influence.

To this end, come to our next Youth & Family Committee meeting on Thursday, June 6 at 5 p.m. in the Coalition office, 3131 Foothill Blvd. You don't have to volunteer; just come and learn more about the Coalition!

For more information, email info@cvdapc.org.

P.S. Congratulations, graduates! And to all students: have a good and safe summer!

Suzy Jacobs is the executive director of the Crescenta Valley Drug & Alcohol Prevention Coalition. You can reach her at suzy@cvdapc.org.

LETTERS TO THE EDITOR

Guns, no. Booze, yes.

Because of public pressure, Councilwoman [Laura] Freidman and her colleagues a few months ago decided to ban the "gun show" on public property because it sent the wrong message to the community, that the gun show was near the college in a residential neighborhood and the show sold guns and ammunition. However, according to our chief of police, in all the years the gun show was at the civic auditorium there never were any law and order problems.

Recently, Councilwoman Friedman told the public if we really want to get the wedding business, we need to make sure people should be able to serve alcohol on public property. Her colleagues all agreed.

Mrs. Friedman further stated, "It's something that would be revenue generating." In this writer's opinion, that was the reason we needed to bend the established rules, we need the money to balance the budget. Wow! Another new fee!

There was no public outrage at city council to have sanctioned drinking on city owned property. Only long

time community advocate Margaret Hammond spoke against the ordinance.

How many DUI driving arrests will follow? Who will monitor how many drinks one can have before that person gets behind the wheel with a buzz or inebriated and kills someone? What was the message our council members were telling our children? That public drinking is okay, because our city leaders said so. And most of all, we needed the revenue to pay for those unfunded and unsustainable city employees salaries and pensions.

Glendale City Council will now be competing with the small business merchants for the "party business."

No gun show on public property, but public drinking on city owned property is okay. Who cares if the struggling small merchants have to compete with the powerful arm of the city?

Where were the Mothers Against Drunk Driving, Crescenta Valley Drug and Alcohol Prevention Coalition, chamber of commerce or did nobody in the city really care?

Mike Mohill
Glendale

YOUTH

Mountain Avenue Shows Thanks to ARC

By Misty DUPLESSIS

During an American Red Cross blood drive, Mountain Avenue Elementary School teacher Denise Bottomley donated blood, then brought back to her class a lesson in humanity.

While donating, Bottomley heard stories about the recent devastating Oklahoma tornadoes and shared with her fourth and fifth grade split class how the Red Cross workers are providing shelter, food, relief supplies, emotional support and recovery assistance throughout the affected areas.

The students were quick in wanting to provide comfort in the stricken areas in the form of "thank you" letters to the American Red Cross workers.

"Here we are in California, but we're still thinking about them and our thoughts are with them, especially the families and the lives that were affected. So that's how it started," Bottomley said. "When I asked the kids if they'd be interested [in writing letters], they jumped all over it."

On May 23, the class sent hand written letters to the Red Cross to show their gratitude by thanking the countless volunteers for their efforts during these troubling times.

Once the letters were received by Red Cross representatives, they were distributed to the five shelters set up throughout the state to help the victims.

Fifth grade student Vienna Hawes was excited to send the letters to the people who were directly involved with providing comfort to those whose lives were forever changed by the catastrophic events.

"Since I heard about the Oklahoma tornadoes, I thought it was a really good idea that we wrote letters and it made me feel better that our letters would go to somebody who helps people whose lives were ruined," Hawes said.

Fourth graders Miles Wockenfuss and Nicole Arzoomanian agreed that it takes a special person to give their time to help others.

"When you think about it, most people are just helping out and they're not getting paid – they're just helping," Wockenfuss said.

"I think that it takes a lot of courage and bravery to go out there and help everybody during tornadoes. Even if they don't get paid for it, they just do it from the bottom of their heart," said Arzoomanian who wrote similar kind words in her letter to the volunteers.

The thoughtful acts of the Red Cross volunteers inspired these



Denise Bottomley's split class of fourth and fifth grade students volunteered to write letters of appreciation to ARC volunteers in Oklahoma.

local students and student Ethan Hosford hopes that the good deeds just keep going around and around.

"I think our letters inspired more people to help volunteer to help in the Red Cross and to help other people," said fifth grader Hosford.

Yesterday, Bottomley received

an email from Kevin Self, the asst. city/emergency manager of Newcastle, Okla. He thanked the teacher and students for the letters.

"It has been a very busy time for us here in Newcastle as well as many other locations throughout Oklahoma," Self wrote. "The

disasters such as the one that occurred on May 20th are always very difficult to manage, but through cooperation, support, and the encouragement offered in your students' letters, we here in Oklahoma always find a way to overcome and stand strong together."

Princess Awarded ICF Scholarship

Tournament of Roses Princess Madison Teodo, who will graduate from La Cañada High School in June, received the Italian Catholic Federation scholarship from Branch 374 President Al Restivo at the May monthly meeting of the organization at St. Bede the Venerable Roman Catholic Church.

Madison, whose ancestors come from Alessandria in Piedmont, Italy, is the daughter of Mark and Claudia Teodo. An involved student at LCHS, she has been a member of the

Choral Choir and the Bridge Peer Counseling group. She will be attending Cal Poly University in the fall where she plans to major in liberal studies with a goal of becoming an elementary school teacher specializing in speech pathology. She is a lifelong resident of La Cañada Flintridge and attended St. Bede the Venerable Elementary School. She was selected to serve as a princess on the Tournament of Roses Queens Court this year.

The ICF \$400 high school graduate scholarship is awarded

annually to a worthy local high school graduate with Italian familial roots and is available to qualifying graduates from any of LCF's high schools. ICF also awards scholarships to elementary school graduates and gives annual awards for service to students through its newly established Distinguished Student Service Award program.

Photo by Tom PASSANISI
Madison Teodo of La Cañada High School received a scholarship from the Italian Catholic Federation, presented by president Al Restivo.



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Valley View Students Adopt Colonial Ways



TOP: Colonial dressed parent Sharon Vinceri explains how to do the cross stitch art.
LEFT: Rachel Diaz practices her calligraphy writing on the horn book.
RIGHT: Matthew Sorber Petrie does cross stitch art.

Photos by Misty DUPLESSIS

By Misty DUPLESSIS

On May 10, Valley View Elementary School fifth graders were immersed in all things Colonial as their studies of Jamestown from 1607 through the Revolutionary War approached the end.

Students dressed in Colonial attire after months of learning about the period and were able to experience what it was like for kids their age during that period.

Whether the students dug in their closets and pieced together outfits that suited the time period or purchased their costumes, all looked authentically Colonial.

Although the social studies lesson is part of the state standards for fifth graders, Valley View's staff and volunteers helped make this lesson one that students would have fun with while learning.

Candle making, soap carving,

doll making, bean bag sewing, silhouette art, butter churning, calligraphy writing and cross stitch art were all activities the fifth grade colonists participated in. Students also danced the Virginia reel folk dance, which dates back to the 17th century, as part of the fun Colonial day.

Earlier in the week, the fifth graders took a field trip to Riley's Farm in Oak Glen where they were able to experience what farm life was like in Colonial times.

Fifth grader Elena Guevondian enjoyed learning about the differences of living during the Colonial period versus what people experience in the 21st century.

"Right now, we have lights. Colonists didn't have lights at that time, that's why they had billions of billions of candles," said Guevondian, adding that even the candle making process was more laborious in the Colonial days.

Many parents dressed in Colonial-period garb were at Valley View throughout the day and helped make the Colonial feast which consisted of chicken, baked potatoes, baked beans, fruit, salad and cobbles.

As part of the curriculum, students created Colonial characters based on what they learned over the course and shared the names, occupations and familial status of the fictional people. While students participated in the Colonial day fun, fifth grade teacher Kelly Stubbs interviewed students about the characters they created.

Stubbs was pleased with the level of detail the students put into their Colonial alter-ego.

"It was fun to see how much they had thought about their Colonial persona," she said, "and how much they knew about the colony they said they were living in."

Fremont Alumni Granted Scholarships



ABOVE: Emma Salmon, Fremont principal Christin Walley, Ryan Booth, Fremont PTA president Betsy Wilbur.

BELOW: Christin Walley, Lauren Lee and Betsy Wilbur.



For the first time, Fremont PTA offered scholarships to current high school seniors who are also Fremont alumni who will be attending college next fall. Applicants were required to complete a series of questions about their experience at Fremont, list academic and extracurricular activities, and detail their future educational and career goals. Those applying for the arts scholarship were required to submit a sample of their work.

Applicants for the Fremont Bear scholarship must have attended Fremont for the entire seven years, from kindergarten through sixth grade. Applicants for the specialized scholarships must have attended Fremont for at least three years. The winners were presented with their checks at the Field Day ceremonies.

Lauren Lee received a \$500 Fremont Bear scholarship for outstanding achievement. Lee will be attending USC in the fall and wants to become a math professor.

Emma Salmon received a \$250 arts scholarship. Salmon will be attending the University of Oregon in the fall to study science with a minor in music cognition. Salmon started playing the flute with the

Fremont orchestra and included a CD of a recent performance with her application.

Ryan Booth received a \$250 computer/science scholarship. Booth will be attending UC Santa Cruz in the fall, majoring in computer science/video game design.

According to Fremont PTA Publicity Chair Lisa Enriquez, the Scholarship Committee was impressed with the applicants who wrote with "heart and sincerity about how Fremont and specific teachers helped shape them into what they are today."

All three recipients attended Fremont from kindergarten through sixth grade and built a list of achievements that extended beyond academics into community service and extra curricular activities.

Each was presented with a Fremont Bear, the school mascot, with their check and, according to Enriquez, were told, "We hope it will remind you that you started your successful education as a Fremont Bear and now, as you start college and your adult lives, we hope it will remind you that we are proud of you and you will always be a Fremont Bear at heart."

Submitted by Lisa ENRIQUEZ

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CORRECTION

In the May 23 issue, we misidentified the location of the Crescenta Valley High School prom. It was held at Vibiana in downtown Los Angeles.

SPORTS

Melnyk Finished at Masters

Glendale's Michael Davis advances to state.

By Leonard COUTIN

The Southern Section CIF Track and Field Masters Meet was held Friday night at Cerritos College. Local athletes competed out of their division against top rivals from various schools. Not only is the meet one of the toughest for any high school athlete, but participants must earn qualifying marks in order to advance to the state CIF Track and Field, which is being held on Friday, May 31, and Saturday, June 1 in Clovis.

For Falcon Megan Melnyk, the Masters Meet was the most competitive race this season when she faced some of California's best athletes in the 800m. When the gun sounded, Melnyk did what she does best and took the middle position in the pack. Though she ran the first lap in 64 seconds (three seconds faster than the week before at the finals), she ended up placing 12th (2:16.67), ending the season a CIF finalist and an accomplished Falcon runner.

"I felt tired, not my usual self," Melnyk said of the race. "I just felt burned out for that moment."

Though the end result wasn't what any Falcon supporter wanted, Melnyk recognized the hard work it took just to make it to Masters.

"It didn't go as well as I hoped," she said. "It was three seconds off my time from the week before. However, it was such an honor to go and run there. I thank God for a healthy season. If I had gotten injured, I wouldn't have had the opportunity to go."

Coach Mark Evans was glad that Melnyk was able to take to the Masters Meet track.

"I don't believe Megan could imagine at the beginning of the season she would make it to

the Masters meet. It is a great accomplishment," said Evans. "The CIF meets are like a second season. Everything is based on qualifying for the next round. There is a lot of stress. She handled it all very well. We try to prepare for this in different ways during the season but one has to actually compete in this setting to really understand what the demands are. She goes into next season better prepared and with the experience of what this is about."

Glendale High School's Michael Davis had a stellar season that continued at Cerritos College. He made the mark needed to advance in the 200m, running 21.39 and taking fourth place at the Masters Meet. He ranked eighth for the state meet.

The CIF State Track and Field Meet is held at Buchanan High School Veterans Stadium in Clovis. Prelims start on Friday with field events at 3 p.m., running at 5 p.m. and Saturday the finals begin at 4:30 p.m. with field events and running at 6 p.m.

Q&A with Megan Melnyk

Q: Have you always enjoyed running?

A: It has always been a part of

my life since I was little and I've always enjoyed it. I've enjoyed the competition and the friendships that I've built through running.

Q: Reflecting on this year, what did you enjoy the most and least?

A: I've enjoyed running with my friends and growing closer with my team; getting to Masters was also such a blessing. Probably the thing I did not enjoy was training without many of my usual team members by the end of the year.

Q: Are you looking forward to the summer and what will you plan to do to get ready for next year?

A: I am [definitely] looking forward to summer training. It's going to be fun meeting the new athletes coming in as freshmen and it will be a little different being an upper classman next year. Also, going to Mammoth will be a ton of fun along with being really difficult training. Next year, I'm going to take one day at a time. I'm just going to do my best.



Glendale High's Michael Davis (second from left) will be advancing to state.



Falcon Megan Melnyk ran hard, but placed 12th in Masters Meet competition.



Photos by Leonard COUTIN

CELEBRATING THE SEASON'S FANTASY FOOTBALL WINNERS

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Hooper works for Andy's Transfer and Storage. Taylor Bosveld nabbed the title of the CV Weekly Fantasy Football King-of-the-Hill Junior Champion. Taylor is 13 years old and a seventh grade student.

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CSA Teams Find Success in First Tournament of the Season

By Roger SONDERGAAARD

“Success” has many forms and many definitions including one by motivational speaker Zig Ziglar: “Success is the doing, not the getting; in the trying, not the triumph.” Success may be defined differently in different situations. For the four CSA all-star teams that took to the fields in Irvine over the Memorial Day weekend, all ended with successful outings in their own ways.

The 9U boys came up just one run short on the first day against a very strong Coyotes team that went 3-1 in the tournament. Heading into their final game with a record of 0-3 and set to face Baseball West Coast 2, who had only one loss, things were not looking good for CSA. But the 9U boys dug deep as their bats and defense came alive, winning 18-8 over West Coast.

Despite their young age, the 10U boys are one of the more experienced teams for CSA. Many of these boys played together on the same tournament team for several years under the same coaching and it showed. The team finished their pool play with four wins and no losses including a gritty win in their first game over Mexico/Bernal. The next three games they “mercied” their opponents by being ahead 10 or more runs after four innings. After winning their pool, they went on to defeat the host Irvine Mustang White team 4-1 in the semi-finals. In the final against Mexico/Culiacan, they fell just short in a defensive and pitching battle 2-1. The boys ended up in second place out of 20 teams in their 10U group.

The 11U boys are perhaps the least experienced tournament team from CSA with only a handful of players who have played in a few tournaments. Uncertain of what to expect, they got a taste of everything at the Irvine tournament. They started out with a loss against the OC Wolves travel team who ended up 6-0 and were the tournament champions. Coming off the defeat, the team was down to the Toluca Thunder for the majority of the game, but rallied to tie the game in the seventh inning as time expired. Going into the third game, they were to face crosstown rival La Cañada who beat them just a week earlier in a scrimmage. The CSA team came out strong and played flawlessly en route to a 14-4 mercy. Their final game was a great game from start to finish against the East Valley Eagles. The game was tied 5-5 going into the bottom of the seventh inning when the Eagles managed to squeak out a one run victory. Despite the loss, the boys held their heads high and had a great first tournament.

The 12U boys are another very experienced team for CSA. Many of these boys have played together in tournaments. Despite being placed in one of the tougher groups, the team went 4-0 in their group play. They started out with a one run victory over the IWV Sidewinders who also won their pool and made the playoffs. After two more victories, CSA 12U had a must win game to win their pool and get into the playoffs. They came out strong against Brea Pony and cruised to a 15-0 victory. The win put them into the playoffs against Savage on Monday. Once again, the 12U team got ahead early and never looked back, winning 12-2. This set up the championship game between CSA and the Santa Ana Aztecs, who allowed only four runs in five games. It was a tough game with CSA falling short in the end, 5-2, to finish second in the tournament.

For the CSA teams there were many highlights from the individual games and many strong performances on the mound, at the plate and in the field. More importantly, every CSA player had a positive experience and tasted “success.”



Photo by KC CRISTOFF

CSA 11U Tyler Carlson went high to keep La Cañada’s Ben Kim at second base. CSA won 14-4.

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»PLAYER SPOTLIGHT

Get to Know ... Brian Gadsby

Get to Know ... Brian Gadsby

Multi-sports stars at the high school level aren't anything new. Still, if this past year was any indication, Brian Gadsby's name probably needs to be in the conversation.

Brian is only finishing up his sophomore year at Crescenta Valley High School, but he played a big role

Did you ever think when you were a sophomore you'd be quarterbacking the football team and being probably the biggest part of the pitching rotation on the baseball team?

Honestly, it never crossed my mind. I thought I was going to be on JV for the whole season on both sports. I just worked hard over summer and everything ended up working out for the best.

What's the school you personally love to play against and beat?

Definitely have to go with Arcadia. We beat some good teams this year in baseball but beating Arcadia at their place both in football and baseball and winning league, which ended up with us dog piling on their home field was a great feeling.

Compare football coach Paul Schilling and baseball coach Phil Torres, and their styles:

They're are both great coaches who know how to win and are a lot alike. They both know what they are doing and train us to work hard whether we are up by a lot or down by a lot. In the middle of an inning, Coach Torres would scream at me to keep

on the field for the Falcon football and baseball teams. He was called up from the junior varsity football squad in November to lead varsity as quarterback. CV won both games he started, as Brian displayed poise in the pocket, as well as a big time arm.

This spring, Brian was one of the top pitchers for the baseball team, as he

pushing or keep fighting almost after every pitch and for some reason that actually helped me out and motivated me more.

How many people make jokes about your last name being Gadsby, like the Great Gatsby?

Hear it all the time, about 15 times a day. Teachers say it, coaches, and students. Especially since the movie just came out, everyone is coming up to me saying, "Your movie just came out," when it has nothing to do with me. I don't mind it though.

Who were the teammates this year you admired most?

For football it was Porter Hanson. He worked hard no matter what and always gave it his all. He's someone that all under classmen can look up to. For baseball it was Nolan Rea. He would keep the team bonding together and wouldn't let anyone talk bad about anyone else.

What do you hope to achieve the next two years in the classroom and on the field?

As a student, I hope to get my grades up. I have good grades but there is always room for improvement. As an athlete, I hope to get at least one CIF

helped the Falcons win their second straight Pacific League championship. CV lost its playoff game, a 1-0 decision to Yucaipa, where Brian threw all eight innings.

To find out more about Brian's thoughts on his sophomore year and his goals for the future, read more below.

title in either sport. I also hope be All Pacific League first team in one year of football and both of the years on baseball. I also hope to get maybe All-League MVP in baseball one year like my buddy Ted Boeke did this year. Congratulations to him.



By Brandon HENSLEY
Action photo by Ed HAMILTON

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**Thursday, June 6, 2013
11:30AM – 1:30PM**

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1509 Wilson Terrace, Glendale

Free lunch will be served. Parking will be validated.

Presenters:
Teresa Swida, DO, Family Medicine/General Practice
John Kirk, MD, Obstetrics & Gynecology

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- Preventative care for women's health issues
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BETWEEN FRIENDS

People Making News

Elizabeth Saxe, a senior from La Cañada Flintridge, presented research on “Fairy Tale Treats: An Intersection of Food and Story” at the 37th Annual Beloit College Student Symposium on April 11. Saxe majors in literary studies.

Symposium Day at Beloit College in Wisconsin is an academic forum at which students publicly present their research to the college community. All classes are cancelled to allow students, faculty and staff to attend the presentations. Topics range from scientific studies to interpretations of literary works.

Anush Arutyunyan of Glendale earned a Bachelor of Science with a focus in child development from Union Institute & University.

Union Institute & University, located in Cincinnati, Ohio, is a non-profit, accredited, private university specializing in adult and distance education since 1964. Union strives to engage, enlighten, and empower students in a lifetime of learning and service.

Matthew Anderson of Glendale, Peter Ivory and Alexandra Knell of La Cañada, Robin Page and Carlos Robles of La Crescenta and Daniel Turnipseed, Michelle Ghoukasian and Amy Gelert of Montrose were initiated into The Honor Society of Phi Kappa Phi.

Founded in 1897, Phi Kappa Phi is the nation’s oldest and most selective collegiate honor society for all academic disciplines.

Kyle Patterson, a resident of La Cañada Flintridge, has been named to the spring 2013 Champlain College dean’s list for academic achievements and achieving a semester grad point average of 3.5 or higher. Patterson, son of Antoinette LeBel and Roger Patterson, is majoring in managing creative media.

The following students graduated from Azusa Pacific University on Dec. 15, 2012. They joined approximately 750 graduates at the winter commencement ceremonies.

Glendale resident Natalie Buickians graduated with a Bachelor of Arts degree in music. La Crescenta resident Kimberly Cox graduated with a Bachelor of Arts degree in Christian ministries. La Crescenta resident Jacob Walker graduated with a bachelor’s degree in social work.

Azusa Pacific University is an evangelical, Christian university committed to God First and excellence in higher education.

see PEOPLE on next page

Sheriff’s Volunteers Honored

On April 25, the Los Angeles County Sheriff’s Dept. recognized and honored its volunteers throughout the county at the 5th Annual Volunteer of the Year and 1,000 hour Pinning Recognition Banquet in Monterey Park. Sheriff Leroy “Lee” Baca and other department executives from throughout the Sheriff’s Dept. were present to support the selfless individuals who volunteer their time so willingly.

Crescenta Valley Station Volunteer of the Year Bob Keiter was present. Volunteers Bob Pierpoint and Nerces Kevorkian, who both earned their 1,000 hour pin, were also in attendance.

All three were presented their awards by Sheriff Baca.

TOP RIGHT: CV Sheriff Volunteer of the Year Bob Keiter, left, with Sheriff Lee Baca.

BOTTOM LEFT: Bob Pierpoint of the CV Sheriff’s Station, with Sheriff Baca, received his 1,000-hour pin.

BOTTOM RIGHT: Nerces Kevorkian, pictured with Sheriff Baca, earned his 1,000-hour pin.



WHAT CV WEEKLY ADVERTISERS HAVE TO SAY

From Kim Beattie, Director of Communications and Public Relations YMCA of the Foothills

“Our partnership with the CV Weekly is a proven winner! The challenge for our YMCA is to use our limited advertising budget with businesses that support our mission and make an impact on the community it serves.

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PEOPLE from previous page

Elizabeth Charky, a senior at Connecticut College, was awarded the Film Studies Creative Production Prize. The prize is awarded to a senior film studies major for outstanding achievement in film production or screenwriting. Charky was presented with the award at the annual Honors & Awards ceremony at Connecticut College on May 8.

Charky, a 2009 graduate of Flintridge Sacred Heart Academy, is the daughter of Angie and John Charky of Montrose.

At the ceremony, the awards were presented by President Leo I. Higdon Jr. and Carolyn C. Denard, dean of the college. Cherise A. Harris, associate professor of

sociology, gave the keynote address.

Boris Sagal of La Cañada Flintridge graduated from Whitman College with a Bachelor of Arts degree in Geology. Sagal is a 2009 graduate of La Cañada High School.

About 350 degrees were conferred during Whitman's Commencement ceremony on May 19 in front of an estimated crowd of 4,000 family members, faculty, staff and guests.

Vance Adams, a freshman Marketing major from La Crescenta, has been named to the spring 2013 dean's list at McMurry University. To be eligible for the dean's list, a

student must have maintained at least a 3.5 grade point average while taking 12 or more credit hours.

Offering a diverse academic curriculum to more than 1,400 students, McMurry University is a small Christian liberal arts school in Abilene, Tex.

Rebecca Gaynon of La Cañada Flintridge received a BA degree and John Thomas Treadwell of La Cañada received a BA degree cum laude from Skidmore College. The Class of 2013, with 605 baccalaureate candidates, participated in the college's 102nd

commencement on Saturday, May 18 at the Saratoga Performing Arts Center in New York.

Rebecca Krefting, assistant professor of American Studies, was chosen by the graduates to deliver the commencement remarks.

Matthew Klint of La Crescenta earned his juris doctor degree from the Drexel University Law School in Philadelphia on May 17. Previously, he completed his undergraduate studies in three years at UCLA, earning a degree in International Relations and American Politics. He established and runs a

burgeoning travel consulting group (awardexpert.com) and has visited more than 100 countries the last six years. He will sit for the California Bar Exam.

John Tan of Glendale and Adam O'Toole of La Cañada Flintridge each earned a Doctor of Medicine degree from Creighton University, a Catholic, Jesuit institution located in Omaha, Neb. Creighton University enrolls more than 4,100 undergraduate and 3,200 professional school and graduate students.

Is Business So Good You Don't Need To Attend?

The Next Montrose Chamber Mixer is on Wednesday, June 5th at 6:00 p.m.

Location:
Wells Fargo
2434 Honolulu Ave., Montrose

Please speak with one of our representatives at your local chamber mixer for details on how to expand your business to the surrounding communities.

Lisa Yeghiayan Lisa@CVWeekly.com 818.314.9810	Kim Mekelburg Kim@CVWeekly.com 818.541.0745	Lisa Stanners Lstanners@CVWeekly.com 818.523.1234
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Interested applicants are also invited to attend our monthly team meeting, which meets on the first Wednesday of each month at 7:30pm at the Crescenta Valley Sheriff's Station.

The Montrose Search and Rescue Team
is a non-profit, volunteer organization affiliated with the Los Angeles County Sheriff's Department. The men and women of the team are trained and ready to respond to virtually any wilderness emergency 24 hours a day.

Fabulous Fashions, Tea & Treats

Magnolia's Boutique and Arcadia Senior Services, with Magnolia Fashion Boutique on Foothill Boulevard in Arcadia, hosted a fashion show in April that featured Mikki Porretta, sales partner with the Arcadia office at Dilbeck Real Estate Real Living. Porretta modeled outfits showcasing apparel geared towards everyday wear and traveling.

In addition to fine fashion, a variety of fine desserts and teas were served for everyone's enjoyment. Also participating in the event was Dave Scarminach, sales partner with the Arcadia office who provided brownies.

Both Porretta and Scarminach assembled favors for approximately 108 attendees.

"It was a lot of work and a lot of fun," said Porretta. "When we first were contacted, the event was limited to 60 people, but it soon grew to 100 attendees with a waiting list. Dave and I were quite surprised and pleased that it was such a popular event."

Proceeds will go to the Arcadia Senior Services. For more information, contact Dilbeck Realtors Arcadia office at (626) 445-6701.



Mikki Porretta, sales partner with the Arcadia office at Dilbeck Real Estate Real Living, was a guest model of the fashion show hosted by Magnolia Fashion Boutique.

'Wine in the Pines 2013' Coming to Pine Mountain

Mark your calendars for Saturday, June 8 for the annual Pine Mountain Club "Wine in the Pines" in Pine Mountain Village Center. For four hours, from noon to 4 p.m., guests will be able to taste wines from California's fabled Central Coast with dozens of premiere wineries to choose from. For those who prefer something different, Stella Artois will be available in a signature glass. And then there's the food: some of Kern County's favorite restaurants will be on hand serving everything from classic European finger-food to good-ole western barbeque.

What better to complement the taste of good wine and equally good food than live music – loud enough to set the mood, but smooth enough not to ruin it. Live music will be on hand as will wine-themed art that will be on display.

Guests must be 21 or older to purchase tickets for "Wine in the Pines." Admission to the wine festival is \$45 in advance and \$60 at the door. As this event could sell out, it is suggested that tickets be bought early. Admission includes wine and beer tasting from noon to 4 p.m., a logo glass and abundant food.

Tickets for "Wine in the Pines" can be purchased online at the event website: www.wineinthepines.com, at the Pine Mountain Club Property Owners Association business office at 2524 Beechwood Way, at Pine Mountain Auto Center, and at various merchants in Pine Mountain Village Center.

"Wine in the Pines" is presented by the Pine Mountain Club Commercial Property Owners Association, Inc., and is sponsored by 3-Way Chevrolet-Cadillac, Tejon Ranch, and Tejon Mountain Village. Pine Mountain Club is located just 20 minutes west of Interstate 5 at the Frazier Park exit.

For a map and directions, hotel & cabin rental links and other information, visit www.wineinthepines.com or email info@wineinthepines.com or call (661) 242-1996.

CV Weekly On The Move!!



The Waldheim family took CV Weekly with them while visiting Grand Cayman during a spring break cruise.

Don't forget the sunscreen!

CV Weekly loves to travel! Take us along on your next trip and send us a photo. You may find yourselves on the pages of the community's favorite newspaper.

VHH's 22nd Annual Golf Classic Set for June 3

Verdugo Hills Hospital (VHH) Foundation will hold its 22nd Annual Golf Classic Tournament on Monday, June 3 at Valencia Country Club. The Golf Tournament is one of VHH's major annual fundraising events with proceeds from the event going toward where the need is greatest at VHH.

Leading the Tournament Committee efforts are long-time supporters of VHH, Steve and Sue Wilder.

"The June 3 golf tournament should once again be a great event. We are hopeful to have the maximum number of golfers and have a great day of fun while raising funds for Verdugo Hills Hospital," said co-chair Steve Wilder.

Registration opens at 9:30 a.m. with tournament play commencing at 11 a.m.

The tournament is always a sell-out event, so interested parties should reserve a spot ASAP. For more information on golf participation or sponsorships, contact the VHH Foundation office at (818) 952-2226.

GAMC Gets Boost from 'Laugh 4 A Cause'



From left, cancer survivor Guadalupe Mendoza, Hilda Bogossian and GAMC Interim Foundation President Bruce Nelson.

More than 1,000 people attended a fundraiser for cancer awareness at the Alex Theatre earlier this month that raised more than \$60,000 while giving attendees something to smile about. "Laugh For A Cause" featured world-renowned comedians Maz Jobrani, K-van and Vahik Pirhamzei who entertained an audience ready to support cancer services at Glendale Adventist Medical Center. The event, hosted by the Dr. Norick Bogossian Cancer Care Guild, provides support services to patients diagnosed with cancer. Services include personal and family counseling, support groups, and classes, such as jewelry making, knitting,

creative writing, fitness and image enhancing, which provides wigs, hats and scarves free of charge. All cancer patients can participate in cancer support services at the hospital regardless if they're GAMC patients.

Dr. Norick Bogossian was a renowned plastic surgeon who specialized in cancer-related reconstructive surgery. Sadly, he lost his battle to cancer at the age of 56 in December 2009.

"It feels good to give back to the hospital that was so near and dear to my husband's heart," said Hilda Bogossian, manager of Auxiliary Relations and Laugh 4 A Cause event coordinator.

Veterans Corner

Veterans' Bachelor of Science in Nursing Programs

New HHS Program Helps Veterans Pursue Nursing Careers

At a White House Forum on Military Credentialing and Licensing, Health and Human Services (HHS) Secretary Kathleen Sebelius announced a new program to help military veterans with health care experience or training, such as medics, pursue nursing careers.

The program is designed to help veterans get bachelor's degrees in nursing by building on their unique skills and abilities.

Administered by the Health Resources and Services Administration (HRSA) at HHS, the Veterans' Bachelor of Science in Nursing Program will fund up to nine cooperative agreements, of up to \$ 350,000 a year. Funding of \$3 million is expected to be awarded by the end of September.

Learn more about the

Veterans' Bachelor of Science in Nursing Program.

<http://campaignforaction.org/news/new-hhs-program-helps-vets-pursue-nursing-careers>.

Submitted by Andy Gero, a life member of the Veterans of Foreign Wars (VFW) Post 1614 and the American Legion Post 288 in La Crescenta. He may be reached through the CV Weekly at (818) 248-2740, or write Crescenta Valley Weekly, 3800 La Crescenta Ave., Suite 101, La Crescenta, CA 91214.

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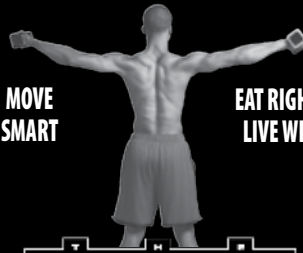
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LEISURE

» PART I

Disneyland Gives Girls Something to Smile About



Photo by Charly SHELTON
Beauty and the Beast is one of the shows performed at the princess Fantasy Faire.

By Charly SHELTON

Cars Land opened last summer. The summer before that was Star Tours. It has been a boys' paradise. But it's about time that girls got something new at Disneyland. So this summer, the princess Fantasy Faire opened along with a new stage show in the Fantasyland Theatre, "Mickey and the Magical Map."

With the success of Cars Land last year, Disneyland decision-makers might now realize that kids are really the ones who make the call of which theme park to go to. After all, attracting an adult to Disneyland is more challenging. By appealing to little boys with Cars, the number one grossing young boys franchise for the company, and girls with princesses, the classic Disney market, the amount of people

– and revenue – coming into the park is maximized. By extension, more can be done to the parks to improve them. As Disney said, "Disneyland will never be finished." In fact, he even went through the park with his Imagineers the first week after opening and began "plussing" the park to see what people liked and figuring how to make it a better experience for them.

Though the reasoning behind these new attractions may be to maximize profit, that doesn't mean they're bad attractions. The beauty of the Disney company is that it can make an attraction, a show, a restaurant or whatever that will bring a high profit margin, but is also the best possible attraction, show, restaurant or whatever. For example, The Enchanted Tiki Room began as a lunch area for a nearby restaurant. The idea was that if guests stayed in the area long enough, they

would return to the snack stand again. The birds got so popular in their own right that people came in for the show whether or not they were eating. Seeing this, the Imagineering Dept. decided to forsake the lunch room option and give the birds their own show, which is now known as The Enchanted Tiki Room.

Putting business aside, the new princess Fantasy Faire and theater show "Mickey and the Magical Map," is actually pretty good. The Fantasy Faire used to be in the back of the Fantasyland Theater, but nothing would really happen in the Fantasyland Theater. There was no show, just a princess procession (walking in and out for the most part). So the princesses stood around in front of mediocre set dressings, all in one room

see Disneyland on next page

Celebrating 40 Years of Brecht

By Tyler BIDDLE

"When the world was silent ... Brecht spoke." The 1973 off-Broadway hit "Brecht on Brecht" is back in full force at the Atwater Playhouse through June 9. It is the 40th anniversary production of the play and two of the original cast members and the original director are back with some new numbers. The play is an homage and exploration of the philosophy and works of Bertolt Brecht, the famous German poet, playwright and Marxist.

Written by George Tabori, the production is formed from a collection of multi-media segments that directors are encouraged to select and arrange as they see fit for each production. The result is a "collage of poems, songs, scenes and images" based on the life and works of Brecht, said Susan Kussman, one of the returning original cast members. The original production was brought to the stage by the Scorpio Rising Theatre under the direction of Alistair Hunter in '73. Forty years later, Hunter has made some additions for the anniversary production such as adding a slideshow and a new musical number.

Themes of ideology, oppression, revolt and human nature are at the heart of "Brecht on Brecht," as was at the heart of Brecht's struggle to give a voice to those who had none. For this production, the director has organized the pieces from Tabori's script to chronologically represent the story of Brecht's life.

"He trumpeted the common man," said Kussman. "Audience members come out of the play feeling excited and ready to go into action."

Brecht was forced to flee his German home in 1933 after finding himself in fifth place on Hitler's death list for speaking out against the regime. He came to live in Santa Monica for six years, making friends with many of Hollywood's elite performers and directors who were then later suspected of being communist. This led to Brecht himself being called before the House of Un-American Activities Committee. What ensued is both profound and hilarious as Brecht defends himself while simultaneously poking fun at his captors. Highlights from the original recording of his testimony are played during key moments of "Brecht on Brecht."



The two female cast members from the production, BeLinda Howell and Susan Kussman, have been friends for over a decade working together to bring theater to a new generation. Together they helped form The Stepping Stone Players, a local theater group for all ages based in Glendale. Howell, along with a group of moms concerned about the quality of arts programs in their local schools, formed the group with Kussman sitting in the director's chair for their first production at Hoover High School. Together they have worked in the Glendale area since 2000 to give young people more of a chance to practice theater in a professional setting. Many of their young actors and backstage workers are from the La Crescenta area as well. Thirteen years since its creation, the group is still going strong and is currently preparing for its summer musical "Oliver!" which opens on Aug. 2.

The anniversary production of "Brecht on Brecht" is nearing the end of its run and has received overwhelmingly positive reviews.

"The show is both an intellectual and emotional journey," said Howell. "It's one of the very few plays for me that has been a true ensemble." Throughout the production the five actors change characters often and the themes presented can be dark one moment and hilarious the next.

"We are all in some ways voices of Brecht," Howell added.

"Brecht on Brecht" plays each Friday, Saturday, and Sunday and will have six more performances before closing: May 31, June 1, June 2 and June 7-9.

Those interested in attending can visit www.Plays411.com/brecht for information about show times and tickets. Those interested in getting involved with The Stepping Stone Players can visit www.steppingstoneplayers.com.

THEN & NOW | Zeke's Smokehouse



Then » Pete Gelsinger operated butcher shops in various grocery stores in Montrose since 1932. In 1950, he opened his own shop and did so well that in 1960 he built his own building, seen here brand new at 2209 Honolulu Ave. Note how stark the pre-Shopping Park landscaping is.

Courtesy of the Historical Society of CV



Now » The meat business is now under the ownership of second and third generation Gelsingers. In 2002, they opened Zeke's Smokehouse, a popular down-home style barbecue restaurant. Gelsinger's Meats still operates as a meat wholesaler with their offices just around the corner and their processing plant in the basement below Zeke's.

‘Vagina Monologues’ Addresses Abuse

By Natalie MAIER

This weekend, 10 CVHS students will be performing the “Vagina Monologues,” an independent production consisting of a series of testimonials from women across the globe to spread awareness about the abuse of women.

All proceeds made through ticket and baked good sales – along with open donations – will go to support Relay for Life. CVHS alumnus and cast member Katie Mollica hopes to make \$2,000 this year.

The monologues discuss various issues concerning domestic violence, women’s empowerment and self-discovery. Created by playwright and woman’s activist Eve Ensler, the “Vagina Monologues” started as interviews with women about their views on relationships and their sexuality. In 1996, it became a Broadway play and since then hundreds of colleges and cities across the U.S. have been inspired to put on independent productions to spread awareness about violence against women.

“[The Vagina Monologues] are addressing that [sexual violence] is a global problem,” Mollica said. “It’s something that needs to have a call to action because it’s such a problem right now.”

She added that some of the monologues “address some really deep issues” while others are more light-hearted and witty.

The director of this year’s production, CVHS senior Marissa Ontiveros, said that in the past the show “enlightened” audience members. She hopes that the community will understand some of the hardships that the women go through and “gain moral awareness of the issues that are out there.”

The performances will be tomorrow (Friday, May 31) and Saturday at 7 p.m. and Sunday at 1 p.m. at The Verdugo Woodlands Dads Club located at 1728 Cañada Blvd. in Glendale. Tickets are \$5 for students and \$10 for adults.

For more information, visit their Facebook page: <https://www.facebook.com/events/128400814027432/>.



DISNEYLAND from previous page

together. And yet there were still really long lines, sometimes with a wait time of over an hour.

The new princess Fantasy Faire is really well done. It was all constructed to be like a small town, with princess-y stuff all around. It is a crafted set instead of just someone standing in front of the façade. The main princess greeting area, the Royal Hall, is a walk through attraction with specific rooms for each princess. The background in front where guests actually take pictures with each princess is fitted with hidden LED lights that change color to set the mood for the princess currently being seen. Ariel is green, Aurora is pink, Cinderella is blue. There are also Belle, Rapunzel, and other princesses who stop in on occasion. On a sign out in front of the Royal Hall is written which princesses are on duty to greet young princesses and princes.

Across the way is the princess Fantasy Faire theater. There, little princesses can sit at the edge of the stage, while parents fill the benches towards the back, and hear the details of Rapunzel and Belle and how they found their princes. They also tell an abbreviated version of their adventures. This is played out by a pair of old Shakespearean-style comedy actors, with an updated flair. It is almost reminiscent of the Reduced Shakespeare Company, famous in London for doing Shakespeare shows with all of the trimmings and trappings in minutes flat. This princess Fantasy Faire theater encompasses the same vibe, telling the story of Belle or Rapunzel in about 15 to 20 minutes.

This is a great area for little kids or teenagers who act like little kids. Parents and older siblings can hang out at Maurice’s Sweet Treats that features twist pastries and a signature drink, Boysen-Apple Freeze. It comes in a stein with Gaston and Beast for lords and a chalice with all the princesses for ladies.

Next week, check the Crescenta Valley Weekly for part two of this article. We will discover Mickey and his magical map, the new show in Fantasyland. And check cvweekly.com for more throughout the week.

For a full gallery of Mickey’s magical map and Fantasy Faire photos, visit true-believer.net.

Locals Present ‘Sexy Widows’

By Tyler BIDDLE

Music heals and renews the soul. On June 1, the new musical “Sexy Widows” will have its début performance at the 24th Street Theatre in Los Angeles. The production was written and composed by La Crescenta resident June August. Musical director Sean Paxton also lives in La Crescenta and the production features cast members from the Glendale Music Theater.

“Sexy Widows” centers on two widows and two widowers who bond and recover together through therapy. It’s a musical journey through the road to mental recovery that uses both comedy and drama to bring hope to its audience while also giving them a lot of laughs. The story follows its characters as they venture back out into the world again, learning that they alone have the strength and ability to make their lives meaningful.

The production is over five years in the making and has its roots all the way back to 2006. It is the product of August and her business partner and friend Sonny Fox. The two women both lost their husbands that year and met at a support group sponsored by the H.O.P.E. Foundation. It gave them something to look forward to and the opportunity to meet others going through the same thing.

August is a lyricist and writer and Fox is a realtor with a background in poetry.

As their friendship grew, Fox had many times suggested that they collaborate together on a book of inspirational poetry for recovering widows. The time just wasn’t right, however, and months passed where grief stifled creativity. Finally, towards the end of 2007, August said, “I’m ready to listen.” They sat down for lunch and hammered out their ideas, eventually settling on the idea of a musical.

“The right time is the time left,” said August, summing up an important theme of the production.

The show deals immediately with the loss of a spouse but is meant to give hope and shed light on the recovery process for many different types of loss.

“[People] don’t know what to do with the rest of their lives,” August said. The process of recovery is “a slow realization of personal understanding;” – a realization of autonomy and inner strength.

In 1991, August co-authored a book on music appreciation with her husband that is now being printed in its fifth edition. She has also done music for children’s theater, never considering doing something for adults.

“I heard music in my head,” she explained. Her husband helped her become more technically proficient in her composing. “Don’t be silly, just let your fingers wander,” she remembered him saying.

“Sexy Widows” premieres Saturday at 7:30 p.m. at the 24th Street Theatre in Los Angeles. It is the first of a six-performance run. More information about the production, including how and where to buy tickets, can be found at <http://www.twowidowsproductions.com/> SexyWidows.



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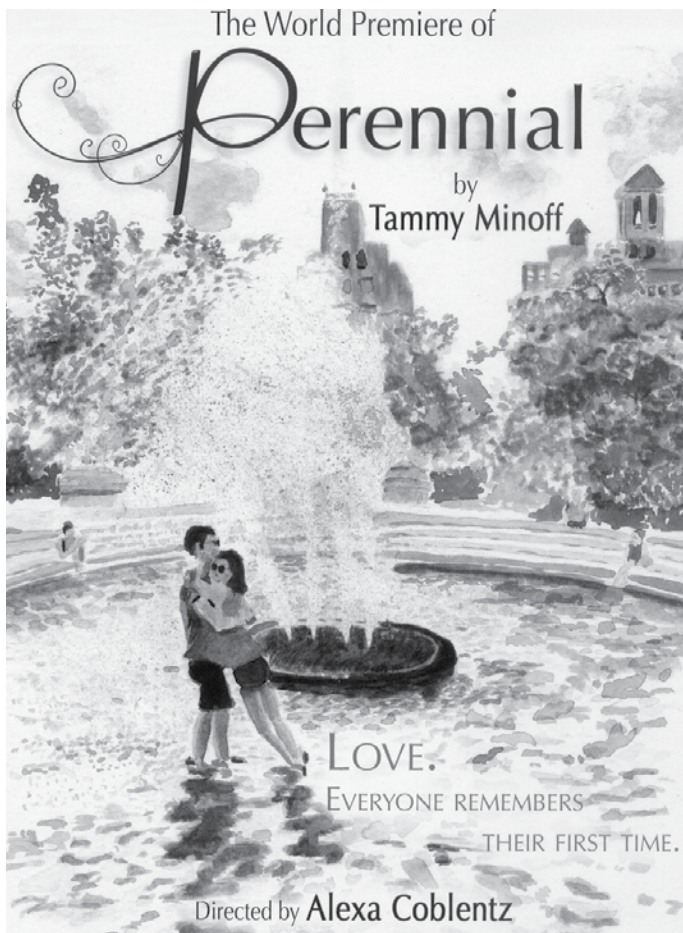
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Individual Ticket Price \$125 and for our reservation form, visit our website www.glendalechamber.com

‘Perennial’ Comes to Burbank

“Perennial,” a new world premiere play written by and starring Broadway’s Tammy Minoff, will receive its first bow as a guest production of the Sidewalk Studio Theatre in Burbank during the month of June. The play, about love and how we screw it up, will be presented on Thursdays, Fridays and Saturdays at 8 p.m. from June 1 through June 29.

Under the direction of Alexa Coblentz, the cast also includes Billy Aaron Brown, John Churchill, Kelly Frye and Wes Whitehead. Tickets can be purchased by calling (800) 838-3006, or buy online at www.brownpapertickets.com.



Kellerman at Vitello’s

Sally Kellerman, the Academy Award and Golden Globe nominated and celebrated actress, voiceover virtuoso and singer, returns to Vitello’s Jazz and Supper Club for “Sally Kellerman Live!” an evening of intimate and laid back music and conversation, backed by The Andy Langham Trio.

The one night only performance will be presented on Wednesday, June 5, at Vitello’s Jazz and Supper Club, 4939 Tujunga Ave. in Studio City. Kellerman’s program will include some new takes on familiar songs.



The tall, willowy blonde, who created and immortalized the role of Major Margaret “Hot Lips” Houlihan in Robert Altman’s classic film, “M*A*S*H,” has been singing since she was 18

when she received her first record contract with Verve Records. Currently she voices the role of Principal Stark on FX’s animated half-hour comedy, “Unsupervised.”

Tickets for “Sally Kellerman Live!” are \$15 each; there is also a \$13 food/drink minimum.

The show begins at 8 p.m. Dinner seating is available starting at 7 p.m. Valet parking is available. Reservations may be made by calling (818) 769-0905 or online at www.ticketweb.com. For further information, visit www.vitellojazz.com. For further information about Sally Kellerman, visit www.sallykellerman.com.

OCEAN VIEW BAR & GRILL Breakfast / Lunch / Dinner / Bar

Ocean View Bar & Grill is your local neighborhood restaurant serving breakfast lunch and dinner. Enjoy great classic American comfort food in your own community or belly up to our “Cheers” like bar to enjoy your favorite cocktail, cold beer or a wonderful glass of wine along with a great meal! The service at Ocean View Bar & Grill is approachable, personable and warm, where you will always be treated like part of our family.

Owned by the Russell family, proprietors of Ocean View Bar & Grill and Andersen’s Pet store, we are one of the only spots in town that is dog friendly. We look forward to greeting our canine guests with a bowl of water and special treats.

With over 40 years in Montrose, the Russell’s are a huge part of the community featuring Ocean View Bar & Grill, Andersen’s Pet store and Glendale Humane Society.

On behalf of the Russell’s and the entire staff we look forward to seeing all our neighbors enjoying a great down to earth meal at Ocean View Bar & Grill.

Open Tuesday - Sunday, please call for hours.

Please note Ocean View Bar & Grill’s bar stays open one hour later than dining room.

Live Entertainment Friday & Saturdays.

Dining Delights

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JUST FOR FUN

WEEKLY HOROSCOPES

Provided by horoscope.com
May 27, 2013 - June 2, 2013

This is an upbeat week with lots of change and a lucky streak to get things moving in the right direction. Mercury and Venus conjunct Jupiter on Monday and Tuesday, respectively, paving the way for some delicious opportunities. Mercury moves into Cancer and Mars moves into Gemini on Friday. Saturday could bring disruptions and events out of the blue that could hasten your destiny. Finally, Venus moves into Cancer on Sunday, which might bring many opportunities to indulge yourself.

♈ ARIES *March 21 - April 19*
This is likely to be a busy, fast-paced week when you could go into communication overdrive. If you need to persuade someone of something or share an idea or plan, there seems to be very little that could go wrong. Selling something? The cosmos is on your side. You can also use this influence to enhance your social connections and get into the networking habit. The focus gradually shifts to your home zone, so you may feel in the mood to entertain at your place.

♉ TAURUS *April 20 - May 20*
You're going to enjoy both earning and spending. Wrack your brains and come up with some new and exciting moneymaking ideas. With your fabulous business instincts, you may be able to make a lot of extra cash. You might also want to splurge on art or expensive jewelry as a way to invest your earnings. You have confidence in the natural abundance of life and seem to be a magnet for money, which should delight you. You might want to reconnect with old friends later.

♊ GEMINI *May 21 - June 20*
Your romantic and social life could take an interesting and exciting turn. A friend may provide a breath of fresh air or give you a few ideas that are notable for their originality. Listen to your intuition, especially early on. If you get a hunch to go somewhere or do something, go for it. You could end up with a new romance or business deal by following your nose. Later in the month you'll love to talk - more than usual. Splurging may be one way to calm a restless mood.

♋ CANCER *June 21 - July 22*
You're currently moving through a cosmic cycle in which it helps to relax and reflect. You might feel happiest when you're taking time out, perhaps to read motivational books or watch an inspiring movie or two. If you feel you've gotten too far away from yourself, this is the ideal time to meditate and reconnect with your heart's desire. However, you'll feel more like your old self again as of Friday. You might even have thoughts of changing your image or getting a makeover that inspires self-confidence.

♌ LEO *July 23 - August 22*
This is a hectic week that centers on groups and gatherings, networking, and generally connecting with others. You're going to be busy in this area for some time, perhaps organizing events yourself and mixing and mingling in general. It's a great opportunity to bounce ideas off various people and get feedback on some of your cherished plans and projects. You seem to be doing most of your business while out and about. Pace yourself or you could burn out.

♍ VIRGO *August 23 - Sept. 22*
This could be one of the busiest and most productive times of the year, especially in your career. Make a to-do list and get started with things so you can check them off. Opportunities abound, so focus on a few well-chosen goals and do everything in your power to succeed. It helps to connect with other like-minded professionals, whether you pick their brains or perhaps partner with someone in a new venture. Collaboration and research are the keys to doing really well.

♎ LIBRA *Sept. 23 - Oct. 22*
Someone could have the gift of gab this week. You'll be more likely to listen to what they have to say if they're talking about travel, adventure, and wide-open horizons that seem to call to your soul. Self-indulgence may be appealing, especially if it involves sunning yourself in an exotic landscape. There's also the chance of a meeting that might put the sparkle back in your eye. There could be a shift in career matters. A business goal could now be realized.

♏ SCORPIO *Oct. 23 - Nov. 21*
You could find yourself agreeing to a certain person's extravagant plans before you know it. There's nothing wrong with this as long as you know what you're getting into. The focus on shared resources and joint finances looks largely positive, but it could also indicate overconfidence in your situation or in the words of another. Make sure you do your research before signing deals that involve a lot of money. On the other hand, you could be financially very fortunate if you get it right.

♐ SAGITTARIUS *Nov. 22 - Dec. 21*
Romance as well as entertainment and fun friends have the potential to bring enjoyment, although you might wish that it was all less costly. However, money might be the last thing on your mind when you're out indulging in all kinds of pleasures and exciting escapades. It isn't all about entertainment. You can use the current trends to connect with people who might make keen and adventurous business partners. Be sure to do your research before you get involved, however.

♑ CAPRICORN *Dec. 22 - Jan. 19*
Work and health issues get a lucky boost and may bring you more than you bargained for this week. Early on, negotiations and conversations may yield positive news or encourage you to consider a deal or contract. You could be very much in demand, especially if you're self-employed. Positive feedback may ensure that you get a continuous supply of work. The focus gradually shifts to your partnership zone to encourage more heartfelt conversation. It's a good time to make mutual plans.

♒ AQUARIUS *Jan. 20 - Feb. 18*
You seem to be very much in demand socially and in romance, which could be very pleasing. There's no shortage of fun. You may be happy to take a gamble on a budding relationship or even on an entrepreneurial idea that seems promising. Sports might also appeal to you. It might be possible to meet someone you have romantic feelings for while training or competing. Health and wellness become more important later in the week. Think about a relaxing spa day or two.

♓ PISCES *Feb. 19 - March 20*
A lot that is upbeat and positive is happening at home. It's a great week for entertaining, especially early on. That's when good fortune may be the result of inviting key people over for a special meal. You might even feel motivated to redecorate, remodel, or clear out clutter. The focus then shifts to your romance and pleasure zone. After being involved with family matters for some time, you might want to strike out on your own and enjoy doing the things that matter most to you.

ZACK hill by John Deering and John Newcombe



CALENDAR this

DOCENT CLASSES OFFERED
The Autry in Griffith Park is having a docent class that is scheduled to start in June. The Autry is recruiting interested individuals to attend training that will enable them to share the rich history of the west with museum visitors. For more information, contact Susan DiCato at sdicato@theautry.org or (323) 667-2000.
The Autry in Griffith Park, 4700 Western Heritage Way, Los Angeles

AED HEARTSAVER CLASSES OFFERED AT VHH
As an American Heart Association Training Center, Verdugo Hills Hospital (VHH) offers cardiopulmonary resuscitation (CPR) training classes to community members and healthcare providers. For community members, VHH offers the Heartsaver AED class. This certification class is designed for the lay person. It provides instruction in adult, child and infant CPR and the choking maneuver for all three as well. Heartsaver AED classes will be held on June 12 and July 15 (from 6 p.m. to 9:30 p.m.) at VHH. Fee is \$60/person (includes textbook).
Also taught is the AED (automated external defibrillator) as these devices are now located in many public areas.
For more information or to register for a class, call Teri Rice at (818) 952-2272.

CELTIC FUN AT GAMBLE HOUSE
An afternoon of Celtic festivities including musical entertainment, Highland dancing, a Celtic marketplace of food and beverages, fun and games, all outdoors on the grounds of the iconic Gamble House in Pasadena takes place on Sunday, June 2 from 4 p.m. to 7 p.m. to celebrate the Celtic roots of the Gamble family. Includes touring inside the House
General admission: \$50 and includes entertainment, touring of The Gamble House, and food & drink "tastings" (craft brews for those over 21, artisan sodas for the younger set); VIP tickets are \$75 and also includes preferred parking, a meal selection, two pints of craft brew, and a special look at areas of The Gamble House not open to general admission. Kids 12 and under (accompanied) are \$25 and includes general admission privileges; family of four (two kids 12 and under) are \$125; VIP family of four is \$225.
For tickets/information, call (626) 793-3334 or visit www.GambleHouse.org; GambleHs@usc.edu.

LUNCH MEETING FOR GLENDALE BEAUTIFUL
Glendale Beautiful has its luncheon meeting Tuesday, June 4 at 11:30 a.m. at Joe Bridges Clubhouse in Glenoaks Park, 2531 East Glenoaks Blvd.
Jess Duran, director of Community Services and Parks, will speak and install officers for 2013-14. Lunch is \$18 per person and is served at noon. It is catered by Damon's. For reservations, call (818) 242-3689.

GAMCTO HOST WOMEN'S HEALTH AND WELLNESS EVENT
Glendale Adventist Medical Center is hosting a free luncheon seminar on women's health and wellness on Thursday, June 6 from 11:30 a.m. to 1:30 p.m. at the center's main auditorium at 1509 Wilson Terrace. Parking will be validated.
Doctors Teresa Swida and John Kirk will offer information on living a balanced life

through nutrition, wellness and exercise; teach preventative care for women's health issues; and provide details on state-of-the-art daVinci® Surgical System and how it works.
To reserve a space, call (818) 409-8100 or visit glendaleadventist.com/WomensWorks.

GAA HOSTS 'GLENDALE REAL AND IMAGINED'
Glendale Art Association's June exhibition is "Glendale Real and Imagined," which has the city of Glendale as the subject of the works presented.
ANZOH Art Gallery is partnering with GAA by providing gallery space. Through sponsorships of GAA, the association attempts to distribute five scholarships to high school seniors in Glendale majoring in art this year.

"Glendale, Real and Imagined" opens Friday, June 7 with a 7 p.m. reception featuring a string quartet, and catered wine and hors d'oeuvres. The exhibition runs through Thursday, June 20, Tuesdays through Sundays.
The exhibition is at ANZOH Art Gallery at 1125 S. Central in Glendale.

RAMONA: THE MOST IMPORTANT SOUTHERN CALIFORNIA WOMAN IN HISTORY WHO NEVER LIVED
In 1884, Helen Hunt Jackson published "Ramona: A Story," a tragic love story about a half-Indian beauty raised on a rancho. When railroads opened Southern California up to inexpensive travel, a tourism and real estate boom of unheard of proportion struck the region, and Jackson's novel became a handbook for sightseeing. Tourists in droves visited landmarks identified with Ramona's fictional life – her birthplace, her home, the site of her wedding, and her grave. And at most of these locations, vast array of souvenirs commemorating their visits were available for purchase. It was these souvenirs that led Dr. Dydia Delyser to rethink the craze for all things Ramona as initiated not by regional boosters, but by the tourists themselves. In her book, "Ramona Memories: Tourism and the Shaping of Southern California," DeLyser traces the myth's emergence within the context of the late nineteenth- and early twentieth-century tourist industry and explores how the heroine of a nineteenth-century romance novel pervades southern California's regional identity.
This program on June 8 at 1 p.m. at Bolton Hall Museum will explore how a fictional work – and the real places and products that it inspired – helped to shape an idealized past. Light refreshments served after the presentation. Free admission; everyone is welcome.
Bolton Hall Museum, 10110 Commerce Ave., Tujunga (corner of Valmont & Commerce).
Parking available uphill at the Elks Lodge. www.LittleLandersHistoricalSociety.org

FUN DAY PLANNED WITH AHEAD WITH HORSES
Ahead With Horses is having a fundraiser and open house on Saturday, June 8 from 11 a.m. to 3 p.m.
There will be games, arts & crafts, silent auction, T-shirts, pictures taken of the AWH kids, free toy with every kids ticket, music and featuring hamburgers, veggie-burgers, and hot dogs with all the trimmings.
Price, including barbecue, is just \$12 for

adults, \$6 for kids 3 years of age and older, kids under 3 get in free.
Tickets can be purchased at the event or online at the website awhla.org.
Ahead With Horses is located at 10157 Johanna Ave., Shadow Hills. Phone (818) 767-6373.

MC GROARTY ARTS CENTER HOLDS ANNUAL CERAMICS SHOW
McGroarty Arts Center is holding its 10th Annual Ceramics Show June 1 through June 15. This free exhibit begins with the opening reception on June 1 from 5 p.m. to 9 p.m. that includes live music, refreshments and an incomparable view of the foothills from the Center's terrace. This event has built a strong reputation for artistic excellence, highlighting the work of 39 professional ceramic artists as well as McGroarty Arts Center's own ceramic students. The center's new executive director Candace Sorensen will be available as well.
McGroarty Arts Center, 7570 McGroarty Terrace, Tujunga

TOPS OFFERS LOCAL MEETINGS
T.O.P.S. – Take Off Pounds Sensibly – is a self-accountability group meeting held every Monday. Weigh in is from 6 p.m. to 6:30 p.m.
A hour meeting follows in the education building of Center for Spiritual Living, 4845 Dunsmore (at Santa Carlotta). For more information, call and leave a message for T.O.P.S. at (818) 957-8442.
A meeting is also held in Sunland on Thursdays. Weigh in is at 6:30 p.m.; meeting at 7 p.m. at New Hope Community Church, 10438 Oro Vista St., Sunland. Contact Jeanie Druebert at (818) 353-5015.

FRIEDMAN GUEST OF AAUW
AAUW Glendale branch meeting June 8 at the Oakmont Country Club will feature Glendale City Councilwoman Laura Friedman. Newly re-elected, Laura will talk of the extensive partnerships between city agencies and local non-profit organizations, all intended to maintain the exceptionally high quality of life in Glendale. In addition, new officers for the 2013-14 year will be installed, featuring co-presidents Nancy Ellyson and Patricia Wilson.
Reservations to (818) 951-6104 or (818) 317-5602 by June 5. Cost is \$25 per person; event begins at 9 a.m. at the Oakmont Country Club, 3100 Country Club Dr. in Glendale.

MONGOLIA PRESENTED AT SIERRA CLUB
The Crescenta Valley Sierra Club presents Fred Dong's, "Mongolia" on Tuesday, June 11 at 7:30 p.m., at the Los Angeles County Public Library, 2809 Foothill Blvd. in La Crescenta (please enter at La Crescenta Avenue for parking and the meeting room).
Join world traveler Fred Dong as he presents his explorations of Mongolia including the vast expanses of the Gobi Desert, the Steppes and Mountains. Beautiful wildlife will be seen including the endangered Przewalski's Wild Horse and many other animals native to Mongolia.

The meeting begins following news of conservation and outings. Refreshments will be served. This event is free and everyone is welcome. Contact Wayne Fisher, program chair at (818) 353-4181 for further information.

RELIGION

NOTES & NODS

Sister Sasse at Center
Sister Joan Marie Sasse and the healers will be back at Center for Spiritual Living - La Crescenta on Saturday, June 1 from 11 a.m. to 3 p.m., with a lunch break from 12:30 p.m. to 1:30 p.m.
All are invited to take part in an insightful Saturday with Sister Joan as she shares her wisdom about what the heck is going on in the world and how to shift your own life with some simple techniques.
Love donation of \$30.
Please RSVP so the center can properly plan attendance for lunch hour.
Center for Spiritual Living, 4845 Dunsmore Ave., La Crescenta

Tuesday Table Talk
On Tuesday, June 4, Bethel Church will show the film "African Cats." This Disney-nature documentary is set on the plains of the African savanna where tight-knit animal families of lions and cheetahs reveal themselves to be a lot like the rest of us.
The video will be preceded by a potluck supper. The potluck starts at 6:30 p.m., the presentation starts at 7:15 p.m. followed by desert and discussion at about 8:30 p.m.
This is a free event. For more information, call (818) 767-4488.
Bethel Church, 10725 Penrose St., Sun Valley

Stop Complaining!
Center for Spiritual Living invites everyone to take the 21-day challenge based on the book, "A Complaint Free World - How to Stop Complaining and start Enjoying the Life You Always Wanted." This complaint free world plan is based on the idea that good things will happen in abundance to those who can leave grumbling behind. The public is invited every Sunday during the month of June to learn the steps to eradicating this poisonous form of expression from your life. A metaphysical lesson at 9:30 a.m. precedes the Celebration Service at 10 am.
Center for Spiritual Living, 4845 Dunsmore Ave, La Crescenta .

Question: SPIRITUALLY SPEAKING

My mom left my dad for another man six months ago. My brother and I chose to stay with our dad. I'm 14 and my little brother is 11. We see our dad being sad, although he is taking good care of us. Just as before mom left, we all help with the housework and cooking and once a week we do a family activity together. We have two questions. How can we help our dad not be sad anymore and, even though mom and dad have joint custody, we really don't want to have anything to do with mom. We don't know what to do.
~Sad Brother and Sister

Dear Sad Brother and Sister,
I am struck by the sadness, not only of your dad but so much more so of yourself and your brother. It feels like you, Sister, have taken on the sadness and also stepped up by filling in for your mother in more ways than one. Your dad and your brother are lucky to have you in their lives.
You say your dad is taking good care of you. I am so glad that he is. He has been deeply hurt and is sad, however, he is also your parent and needs to continue to fulfill his role as a parent to you. That means that although you care about him and love him very much, you, as the child, cannot be the source of his not being sad anymore. There are problems he is facing and feelings he is having that he must take charge of, and that you must not take charge of.
About the problem of not wanting to see your mom – has she attempted to talk to you to

Spiritually Speaking answers personal questions and concerns with a spiritual perspective. Local religious leaders that will take part in the discussion include Bryan Griem of Montrose Community Church; Jon Karn of Light on the Corner Church; Kimberlie Zakarian of Holy House Ministries; Skip Lindeman of La Cañada Congregational United Church of Christ; Rabbi Simcha Backman of Chabad of Glendale; Levent Akbarut of

reestablish connection with you? Have you talked to your dad or some other adults that you trust about your feelings toward your mom? This other adult could be a therapist, teacher, chaplain, or pastor that you know and can feel comfortable with. One thing you mustn't do is feel that if you still love and are connected to your mom that you are betraying your dad. Your relationship with your mother must not be overshadowed by the relationship of your parents to each other, even though as a human being and a daughter, you will have feelings about their situation.
It is right that you help with chores around the house and kitchen. Continue to love your dad as you do and balance will once again come to your home. Your dad will face his problems, his relationship with your mother and his return to a happier life, in time.
May you be blessed with the patience and strength to see this healing of your family through. I wish you better days and happy moments, Sister and Brother.
Blessings.



Rabbi Janet Bieber
jbieber1155@aol.com

Dear Sad Sister and Brother,
I want to thank you for being brave enough to seek counsel for this challenging time in your lives. First, let me say the feelings you are having are natural. Sharing your feelings helps you

Islamic Congregation of La Cañada Flintridge; Betty Stapleford of Unitarian Universalist; Paige Eaves of CV United Methodist Church; Bryan Jones of St. Luke's of the Mountains Episcopal Church; Steven Van Meter and Beverly Craig of La Crescenta Center for Spiritual Living and Sharon Weisman, atheist/agnostic/secular humanist/free thinker. We welcome your questions and comments. Email us at spiritual@cvweekly.com.
Responses are offered from the perspectives of individual clergy members, which may or may not be in agreement with other respondents of Spiritually Speaking nor the editor and staff of the Crescenta Valley Weekly.

during this time. Your desire to not see him sad should be temporary. Your continued support and love for your dad will help. The more time that passes will bring happier times to you and your brother.
Second, I know you want to help your dad to not feel sad but that unfortunately is not your responsibility. You will however be able to help him in a very big way by continuing to be loving, caring, thoughtful and respectful children. The joy and happiness that this will bring your dad is not meant to take away his hurt feelings. His hurt feelings will become better as time heals them. When you and your brother focus on being happy for yourselves this will definitely make your dad happier inside, just don't expect that happiness to change his sad feelings.
Third, your feelings to not want anything to do with your mom are natural given the circumstances. I would ask you to try to look at your time with her in a different way. One day when you are older and decide to have a family and have children of your own, you will want your children to know their grandmother. You may not think your feelings will change by then but chances are they will and you want to have had a relationship with your mom that makes it easier for your children. Now this may sound like this is so far away in time, but before you know it you will be out of junior high and high school on your way to living your lives. You will probably want your mom to be a part

see **SPIRITUALLY** on next page

RELIGION SERVICE DIRECTORY

CV Weekly is on line!



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SCHEDULE OF SERVICES

Mass Schedule
Monday-Friday, 8:10 a.m.;
Saturday: 8:00 a.m.,
and Vigil Mass at 5:30 p.m.;
Sunday, 7:30 a.m., 9:00 a.m.,
11:00 a.m., 5:30 p.m.

Services in the Chapel
Lectio Divina: Monday: 5:30 p.m.
Evening Prayer and Vespers:
Tuesday-Friday 5:30 p.m.
Adoration of the Blessed Sacrament:
Wednesdays 2:00 p.m. to 5:00 p.m.
Rosary: 8:30 a.m.
Weekdays at the close of Vespers

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Pastor Jon Karn
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Spiritual self worth, identity and freedom

Explore your spiritual nature



International speaker, Rob Gilbert, is a practitioner and teacher of Christian Science healing and a member of the Christian Science Board of Lectureship.

"Spiritual self-worth heals and transforms human character"

Sunday, June 9th at 2:00 p.m.
Third Church of Christ Scientist, Glendale
2406 Honolulu Ave. Montrose

SPIRITUALLY
continued from previous page

then. And my guess would be that even though she might not look or act like it, I bet your mom is hurting deep down inside through these times too. It may be better to give her the benefit of the doubt. I believe that, even though you may not sense or know it, your mom loves you more than you know and she probably needs you more right now than you need her. Being nice to people we have challenges with will help you way more than you may ever know.

Look for the bright spots in both your mom and dad and live in the happiness of those thoughts.

May God help you do what is best for you. Blessings.



Pastor Mark Yeager
Senior Chaplain
Director, Chaplain Services
YMCA of the Foothills
myeager@ymcafoothills.org

Question:

I'm having a difficult time trying to understand the natural disasters that have claimed many lives over the past several years. I'm in my mid-70s and grew up in the Pacific Northwest. I don't remember so many devastating earthquakes, tsunamis, or tornados happening until the late 1980s. I'm certain there were a few, however, now they seem to be coming one right after the other.

Is God punishing us?

~ God Loving Woman

Dear God Loving Woman,

My spiritual education has helped me believe and understand that God is not a punishing God. Another of life's greatest teachings show that fear, anger and punishment cannot be used in any situation to bring about goodness, kindness and love. I know that being "punished" is not why we have seen so many natural disasters since the 1980s. Climate changes have been a factor in many of these natural disasters. Also, the population of our world has greatly increased in the last 50 years. Therefore, those who are affected by the natural disasters are more numerous.

Another factor that compounds our attention to these disasters is the media. News is now immediately available for our viewing and following these events while they are happening. In the past, we only heard of devastation; now we witness it! We watch videos of disasters happening before our very eyes, and become an experience we then can personalize. These types of acts are natural, created by Mother Nature to balance

herself, not to be taken personally! But yes, devastating, and yes, shaking our senses.

And at the same time, also bringing out the best of our human nature, as we rally to assist even those we do not know. We also see heroes come forth in even the weakest, youngest and uncertain of us during these times. Natural disasters are not directed at us, even though we may be affected by them ... especially in our hearts. These events do provide us the opportunity to rise up and allow us opportunities to learn from and have allowed us new advancements in our understanding ... especially of our spiritual selves in this human experience.



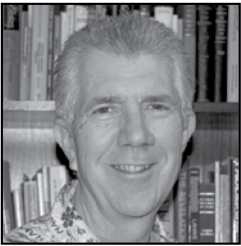
Victoria Marie
Que Linda Boutique
QueLindaBoutique@att.net

Dear God Loving Woman,

These recent natural disasters have deeply saddened and concerned us all. Your question is one that philosophers and theologians have discussed for thousands of years and there have been many books written seeking to answer this question. The solutions proposed have often been very complex and beyond what I have time to discuss. However, I think the question that God would want us to answer is, "How should we respond?" And the clear answer of the Bible is "with love and compassion."

While I cannot tell you what God's purpose is in this, I can tell you that in the days ahead, tens of thousands of churches will take up special offerings to help the tornado victims; Christian relief organizations are already mobilizing hundreds of volunteers to help clear the debris, comfort the victims, and help rebuild homes and lives; and hundreds of thousands of Christians will give generously and pray deeply for the emotional, physical and financial well-being of those impacted by this disaster. How do I know? Because this is how the Christian church has overwhelmingly responded to each of the disasters in recent years and this is how the church has been responding for 2000 years.

So, while I haven't answered your first question, I hope my response to a second question will be of encouragement to you.



Pastor Bill Flanders
First Baptist at La Crescenta
bill_flanders@att.net

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BUSINESS

» NEWS FROM THE CRESCENTA VALLEY CHAMBER OF COMMERCE

Learning How to Sell Your Company

“Learning is either a continuing thing or it is nothing.” *Frank Tyger*

How is your business these days? Could you use more business? How much time do you spend on marketing? I know a few business owners that need more business; however, they do not even know where to start when it comes to marketing.

The experts I have researched say there are five important steps in starting any marketing campaign: 1) Describe your company’s unique selling proposition. Your unique selling proposition should be the reason you are in business. It is what sets you apart from the rest. It is why you are better than the competition and why the customer should buy your product or use your service. 2) Define your target market. Before you spend time or money on any marketing, you need to figure out your target market first. Your marketing will not be successful if you do not have a clearly defined audience. 3) Write down the benefits of your products or services. Figure out and write down the exact reasons your customers will be happy once they use your service or buy your product. 4) Define your brand. Many others are trying to sell your

product or service. What is your branding going to look like? How you want your customers to see your brand is up to you; however, once you figure it out, you should be consistent and carry it through all your marketing methods. 5) Define your marketing methods. You need to decide where to advertise and if you are going to use Internet marketing, direct marketing or public relations. Inc. Magazine says, “Fifty percent of consumers use a combination of search and social media to make purchase decisions.” So using the Internet is a big place to make your brand known. Having a professional website and a strong social media presence is important.

One company that can help you with all your Internet marketing is Caspian Services, Inc. They have over 10 years of experience and have over 300 projects completed. They use U.S. based designers, programmers and marketers. They are reliable and cost effective. Caspian can be your one stop shop for all your web and print marketing needs. And their website says they are fun and easy to work with! You can visit their website at www.caspianservices.net or

you can mark your calendars for the CV chamber mixer they are hosting on June 12 and visit them in person. The mixer will be in the upstairs courtyard of their new offices in the Hollywood Production Center Building at 401 N. Brand Blvd., second floor. There will be free parking at the Hollywood Production Center that you enter on Orange Street.

This mixer is going to have food, refreshments, a DJ, prizes and great networking, along with the chance to speak to the Caspian Services team about your website or marketing needs! At this mixer we will also be delivering scholarships to four well-deserved local seniors who will be attending college this fall.

Hope you join us at this mixer on June 12 from 6 p.m. to 8 p.m.

Important dates: June 10 – CV Chamber business mixer at Caspian Services.

Please contact our office for more details on any event. How to reach us: (818) 248-4957/ crescentachamber@aol.com / www.LaCrescenta.org / 3131 Foothill Blvd., Ste. D.

Forward Fitness Studio just opened its doors for business in Montrose. Owner Elizabeth Arian has been a personal trainer for over 18 years. She intentionally opened her studio in Montrose because she wanted to give back to our community and create a safe environment for women and men to achieve their fitness goals. Forward Fitness Studio offers private sessions, semi-private sessions in pilates, TRX suspension training and strength training. They also offer classes in Bodysculpting, TRX and the only ballet barre class in the area!

Sunday classes are coming in June.

Summer is just around the corner, so there is no better time to give Forward Fitness Studio a try. They are located at 2623 Honolulu Ave. in Montrose. Give them a call at (818) 249-2020.



» MONTROSE VERDUGO-CITY CHAMBER OF COMMERCE

June Centennial “Western Hoedown” Mixer

Our June centennial mixer is going to be a “rip-roaring” time. You don’t want to miss this! Wells Fargo Bank in Montrose is hosting our Western-themed mixer and Zeke’s in Montrose will be catering the event and bringing all the “fixins.”

June is customer appreciation month for Wells Fargo and they will be handing out goody bags to all who attend. There will be a live DJ playing all your country favorites, so be sure to dress in your favorite Western outfit and join in on the fun. A special prize will be given for the most “authentic” country western outfit. This is a family-friendly mixer, so be sure to bring your kids. Come connect to other local business owners in the area and promote your own business on Wednesday, June 5 from 6 p.m. to 8 p.m.

Thank you so much to everyone who participated in

our 17th Annual Golf Classic and Scholarship Fundraiser at Verdugo Hills Golf Course on May 23. The event was a huge success thanks to all of these generous sponsors: Jeff Jones Construction, State Farm Insurance Office of Chris Aristo, Andy’s Transfer and Storage, Blue Moon Lounge, The Orthodontic Studio, Dilbeck Real Estate Jill Suarez, CVI Insurance, Craig Frey and Associates, Glendale NewsPress, Montrose Bakery and Café, Montrose Travel, The Clothing Market, Super Shuttle, Mt. Sierra College and Ample Power. All of our delicious food came from these local restaurants in Montrose: Cucina Rustica, Giuseppe’s Pizzeria, Sake Sushi, Oceanview Bar and Grill, El Charro, Gio’s Baguettes and More, Montrose Bakery and Cafe and All in 7 Stop Pizza.

These sponsors made it possible for us to give scholarships to these

10 graduating seniors in the area: Arev Markarian, Gloria Hahn, Jonah Kubela, Maia Matheu, Marissa Ontiveros, Tricia Dubin, Amber Ann Zadravec, Francesca Ragusa, Lori Mandjikian and Sevag Alexanian. Once again, thank you so much!!!

Upcoming Events

Arts & Crafts Festival this Saturday and Sunday, June 1 and June 2 from 9 a.m. to 5 p.m. in the 2200, 2300 and 2400 blocks of Honolulu Avenue in Montrose.

Centennial June business mixer on Wednesday, June 5 from 6 p.m. to 8 p.m. at Wells Fargo, 2434 Honolulu Ave., Montrose.

Melinda Clarke
Executive Director
Montrose-Verdugo City
Chamber of Commerce
3516 N Verdugo Road
Glendale, CA 91208
(818) 249-7171
www.montrosechamber.org

» MONTROSE SHOPPING PARK NEWS



» MARY DAWSON

30th Annual Montrose Arts & Crafts Festival This Weekend!



Join us for the 30th Annual Montrose Arts & Crafts Festival This Weekend!

It’s a shopper’s paradise this weekend in the Montrose Shopping Park! We are thrilled to host our 30th Annual Arts & Crafts Festival! This year’s event is a *full house* with over 300 artists, craftsmen, food vendors, farmers, and musicians, featuring 50 brand new vendors! As always, all three shopping blocks of Honolulu Avenue will be closed to vehicular traffic to make sure there is plenty of room for you to leisurely browse all of the booths. Did you know this event is one of the oldest of its kind in the state, not to mention the largest event held in the City of Glendale?

Dee Ovendun, our Festival coordinator, started telling me about all of the exciting booths and I just have to share a few to whet your appetite:

- * Fabrisons’ French Creperie... www.fabrisons.com. These are the real French deal made right before your very eyes by a French chef! These folks are so good they even teach classes on French crepe making!
- Boobaloo. Hand painted seasonal wood signs with a major emphasis on 4th of July. You will want one of these for your garden!
- Strictly Vegan Jamaican

Cuisine. Imagine spices, beans, rice and plantains in healthy and delicious street food! Gotta try this! They do juices, too.

- Mosaic Garden. Handcrafted, one-of-a-kind, mosaic tables.
- The Barbecue Wagon. Featuring smoked tri tip and pulled pork.
- Unforgettables. All things dogs and horses in original watercolors and prints. They have a whole line of dog stationary featuring your breed!
- A Day At The Ball. Custom princess attire for your little princess.

And of course there will be tons of handmade jewelry, hats, bags, ceramics, artwork and more! And then there are all the stores, over 200 unique shops, restaurants and salons! As a store owner, I can tell you we all get ready for this event with new, exciting goods just for you.

This year’s festival takes place on Saturday, June 1 from 10 a.m. to 6 p.m. and Sunday June 2 from 10 a.m. to 5 p.m. We invite you to come and have a “shop ‘til you drop” weekend in Montrose! www.shopmontrose.com

Mary Dawson promotes the Montrose Shopping Park. She and her family own Mountain Rose Gifts and Revelation Tops.

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RUMMAGE SALE
Shadow Hills Presbyterian Church, 10158 Johanna Ave., Sunland. On Sat, June 1, 8 a.m. to 3 p.m. Early Bird Special from 7:30 a.m. to 8 a.m. for \$5. Refreshments will be served. An event not to miss!

GARAGE SALE
Small house, big stuff! 1982 Waltonia Drive, Montrose Saturday, June 1, 8 a.m. to 2 p.m.

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