

# CRESCENTA VALLEY WEEKLY

THE FOOTHILLS COMMUNITY NEWSPAPER

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## Sinanyan Controversy Clouds Mayoral Succession Talks

By Ted AYALA

The discussion on how to fill the vacancy left by Rafi Manoukian's election to the position of Glendale city treasurer was clouded by nagging questions over racist, Islamophobic and homophobic comments allegedly posted online by newly elected Glendale City Councilmember Zareh Sinanyan.

The allegations, which surfaced early last month, have dogged Sinanyan, alienating members of the community. Some took to the council dais on Tuesday night to express their concern over those remarks, casting doubt as to whether the elected official who possibly uttered such comments can impartially lead a community made up of various ethnic groups and creeds.

Glendale High School freshman Zehra Siddiqui, who read from the Koran at the mayor's prayer breakfast last month, asked for people to treat each other with respect.

"If we don't treat others with courtesy, we're putting the world a step behind from where we should be," she said.

"When I saw [Sinanyan's alleged] comments, I was shocked that anybody would be saying these things, especially anybody with such an esteemed title [as that of councilmember]," she said. "The youth of Glendale should have people with such titles as role models. It's important for these so-called role models to take responsibility for their actions – whether good or bad."

"What was most appalling," said Sarah Aujero, better known as the person that manages the Twitter account of Meatball the Bear, "was when [Sinanyan] was confronted multiple times and asked [if he wrote the comments], a rebuttal attack, instead, was made against those that publicized the news and against those on the city council who inquired about the revelations. A real answer was skirted entirely."

She also echoed Sinanyan's inauguration speech from the preceding night by saying it was time for him to bring "transparency and accountability" to the allegations.

Sam Manoukian, a Sinanyan supporter, countered the councilmember's critics.

see GCC on page 9

## Celebrating the Great Outdoors

By Mary O'KEEFE

One of the perks of living in Crescenta Valley is all of the trees that line the streets and parks. Maybe it is because CV is at the base of a national forest, but there is a natural respect in the area for nature.

A law was passed to protect oak trees. When a new business owner was preparing to chop a Moreton Bay Fig tree down, residents protested and the tree was saved. The community gave a collective sigh of relief when the smoke cleared from the Station Fire and revealed the oak tree at Deukmejian Park still stood. Crescenta Valley understands the importance of trees and their historical importance to the California ecosystem.

It is that respect for nature that brings out volunteers, led by Crescenta Valley Town Council, to recognize and celebrate Arbor Day.

A few days ago, CVTC members Danette Erickson and Charles Beatty were joined by Los Angeles County Supervisor Michael Antonovich's representative Rita Hadjimanoukian to walk through the placement of the stage for this Saturday's Arbor Day celebration at Two Strike Park. The event is sponsored by Antonovich's office.

"Along with the town council, our annual commemoration of Arbor Day at Two Strike Park gives us an



Photo by Mary O'KEEFE

Arbor Day on April 20 will celebrate the great outdoors and the community's support for the environment. From left, back row: Charles Beatty, Richard Young, from L.A. County, Leslie Dickson, Hector Delgadillo, Rita Hadjimanoukian and Danette Erickson. Front left, front row: Lainy Ann, Connor, Eleanor, William and Alexander Dickson.

opportunity to not only educate the community about the importance of trees but also to celebrate all of the projects developing in the Crescenta Valley including the Crescenta Valley Dog Park, the Rosemont Preserve, the war memorial, trails, playgrounds and Eagle Scout projects," Antonovich said.

This year, the day's theme is The Great Outdoors and will feature Los

Angeles County Sheriff Lee Baca as keynote speaker.

"The sheriff is an avid outdoorsman," said Beatty, who is the town council's Arbor Day chair. He added that it seemed like a natural fit because Baca and Antonovich work closely together on several issues.

"And Sheriff Baca has always supported our area," added Beatty. In addition to Baca, the event will

recognize local Boy Scouts who have earned their Eagle rank in 2012.

"[Eagle Scouts] really do a lot in our area," Erickson said.

The planting of vegetation around the Welcome to Crescenta Valley sign on Pennsylvania Avenue near the Foothill (210) Freeway off ramp and the beautification project

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## City Staff Says Farewell, Thanks Frank Quintero

By Ted AYALA

Frank Quintero said good-bye to his life in public service last Thursday evening, April 11, and the city was there to give him a warm send-off.

Over 100 dignitaries, including outgoing mayor of Burbank Dave Golonski, Senator Carol Liu, and Rita Hadjimanoukian, who represented Los Angeles County Supervisor Michael D. Antonovich, were on hand to wish Glendale's most recent mayor well.

Also on hand were members of the city council, including councilmember-elect Zareh Sinanyan. Councilmember Rafi Manoukian was not in attendance.

The dignitaries on hand each at-

tested to Quintero's dedication to public service.

"There was a deep spirit of mutual cooperation he fostered," said Golonski. "[Quintero] built bridges between Glendale and Burbank. Your community and mine are stronger for it."

"[Frank Quintero] has been a true leader for all of us," added Assistant City Manager Yasmin Beers. "He set the tone for all of us from the top and he set the example so well. He's such a humble human being, too. That's what resonates most for me."

The soon-to-be former mayor himself provided only laconic commentary, though was smiling throughout. He noted that his down-to-earth demeanor helped pave inroads for him into public service, making him

accessible to others.

"Everybody knows me," he said. "That's why my career has succeeded."

He also added that he hoped

to continue staying involved with Glendale.

"But for now," he said, "I just want to sit back and enjoy this beautiful city."



Soon-to-be former mayor Frank Quintero (left) looks on while Councilmember Ara Najarian shares an anecdote at Quintero's farewell dinner on Thursday, April 11.



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FROM THE DESK OF THE PUBLISHER



Burying the Bannons

In 1977, when I was 17, my father died quite suddenly. When I married Steve in 1981, it was my mother’s brother Bill who flew out from New Hampshire to give me away. Bill had 10 kids of his own and was glad to do the honors. With him came my mother’s sister Ruth and brother Joe. (The passage of time prevents me from remembering if her brother Bob also made the trek west.) My mother Joanne was the youngest of the five Bannons and I’m sure that they felt it was their responsibility to support their baby sibling. Plus a trip west was never a hard sell.

Joanne succumbed to cancer in 1996 – the first of the Bannons to pass on. I’m sure it hit her siblings hard but, being stoic Irishmen, they rarely said much more than toast her memory when I made my way east.

In 2005, we had a Bannon family reunion on the 16-acre farm my sister and her family lived on in New Hampshire. Time had not been kind to Bill Bannon. Though still possessing a wicked sense of humor, cancer had also struck him, ultimately taking him a year or two later.

In 2011, Bob Bannon followed the path of his baby sister and older brother. He was found in his easy chair at home where he had been

reading.

And then there were two.

Ruth, the second eldest of the Bannon clan, was the matriarch of the Bannon family. She always had something nice to say. I remember one time when she visited my house in California, she commented on some baked beans I had in the crockpot.

She asked if they were “home made.” I said yes, thinking she was asking about the recipe I had pulled together using barbecue sauce, onions and green peppers. She exclaimed how impressed my nana would be if she knew I had taken all that time to soak the beans and such.

I clarified that I had used canned beans and pulled the rest together. She recovered quickly, saying how smart I was to save all that time.

She had all the family history and, having discovered some lore that I was curious about, I swore that I was going to make the time to visit Aunt Ruth.

But time was not on my side and in February Ruth joined Joanne, Bill and Bob.

Then, after celebrating Easter with his kids and grandkids last month,

Uncle Joe made that final journey.

“We carried him like a wounded soldier across my brother’s lawn and into his home,” wrote my cousin Peter. “He did not eat hardly anything and sat quietly at my brother’s home on Easter. But both my boys and my brother’s kids got to see my Dad on Easter. We all did.”

A former high school principal, an estimated 400 people attended Uncle Joe’s wake.

I’m sad to think that the core of the Bannons are all gone. But before I become too maudlin, I’m reminded of something my cousin Dan, Uncle Bob’s son, shared with us.

“Just now [I] realized that the brochure my dad was reading, when the Lord came for him, is titled: ‘Let the fun begin™’ – Things to know before you go.’ Friends, trust me when I say: there are worse things in heaven and earth.”

To the Bannons – until we meet again.

Robin Goldsworthy is the publisher of the Crescenta Valley Weekly. She can be reached at robin@cvweekly.com or (818) 248-2740.

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Weather in the foothills



“Wilderness is ... a place to go hear the wind, see the stars, smell the pine trees, feel cold water, touch the ground and sky at the same time and listen to coyotes. Fortunately there is wilderness just outside the limits of cities and suburbs ... especially in the West.” ~ John Muir

Well said, Mr. Muir, and so true. Last week’s visit from a mountain lion confirms his words.

Although interesting in nature, the occurrence of a “wild kitty” just north of Foothill in the middle of the day is disconcerting and sad. The “wilderness just outside ... the suburbs” had moved beyond its boundary. While asleep each night, a world just outside our doors awakens. “Where the Wild Things Are” – in the foothills!

Fire, weather, drought all play a role in the current “wildlife show.” We have little control over nature’s acts, but how we relate can change the outcome.

Close to three years ago, the slow moving Station Fire left our mountains almost totally stripped of vegetation. Typically, fires are wind-driven and spread quickly resulting in a faster recovery. We prepared for flooding and instead had two years of below normal rainfall. The NWS cites our area as “drought development likely.” Humans may have the capability to survive the conditions, but wild animals living close by don’t. So into our backyards they come, seeking water and food.

Imagine this scene: evening time at a home with a lush green lawn and a hungry rabbit. Add a pool and a thirsty and thin coyote lurking in the dark. A family’s cat or dog with an overflowing bowl of gourmet kibble and cool fresh water. A ravenous mountain lion bravely enters the scene. Anything can happen. Some of these animals will get a meal, some will become a meal or may be captured and returned to the mountains still hungry.

We can help...

1. Feed and water pets indoors.
2. Keep cats inside. Also small dogs, unless supervised.
3. All animals stay in at night (sorry, Abby)
4. Don’t feed any wild animals!
5. Always watch small children!

Now for the winds. Currently blowing from the NE, they are real Santa Anas. Accompanying temperatures will be well into the 80s (maybe 90 degrees) into the weekend. Cooling begins Sunday and continues into next week as an onshore flow returns.

I wish the mountains were as green as our pool!

Sue Kilpatrick is a Crescenta Valley resident and Official Skywarn Spotter for the National Weather Service. Reach her at [suekilpatrick@gmail.com](mailto:suekilpatrick@gmail.com).

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NEWS

# Ceremony Offers Long Overdue Welcome Home

By Mary O'KEEFE

The first Welcome Home, Vietnam Veterans ceremony was held Saturday morning at the corner of Honolulu Avenue and Ocean View Boulevard in Montrose. The location is particularly significant because the site is the first city-sponsored Vietnam memorial in the nation, dedicated in 1968.

"[Vietnam] veterans came home and no one said 'thank you,'" said Warren Spayth, a Vietnam veteran. "If you were in uniform, it was bad. Yes, [some] would spit on veterans. There was definitely no celebration."

He added that many of the Vietnam veterans, and those who knew history, remembered the ticker-tape parades for returning World War II soldiers. Spayth said that was a different war, but soldiers in Vietnam were fighting for their country, too, and most thought the behavior toward returning veterans unjust.

"Just because you didn't agree with the war, you don't [turn on] the veterans," he said.

Since the days of Vietnam, the country has had a change in attitude toward returning veterans. This change has made Spayth happy, he said.

America's involvement in Vietnam extended from 1959 to 1975. The United States' early role was as adviser, but in 1964 after the North Vietnamese attacked two U.S. ships in international waters, President Lyndon Johnson was given the authority to order the first U.S. ground troops to Vietnam. The political and social turmoil that surrounded Vietnam touched those serving in the military while overseas and when they returned home. Those emotional wounds may not be fresh, but they are still tender.

"We could have had a victory in Vietnam if the government stood behind us," said Marvin Owen to those gathered on Saturday. Owen served in the reserves for 10 years during the Vietnam era. "I served



Photo by Mary O'KEEFE  
Veterans gather around the Vietnam War memorial at the conclusion of Saturday's Welcome Home, Vietnam Veterans ceremony.

eight years in the Navy and two years in the U.S. Marine Corps as a medic."

Ken Jury, American Legion commander, read a brief history of Vietnam and ended his statement by reminding the audience, "Freedom is not free."

Those tumultuous times in America might be one reason that some cities and organizations had stopped honoring those who died during the Vietnam War. But in Montrose, it seemed obvious that a memorial needed to be erected to honor those who served.

Don Carpenter, publisher-editor of the Crescenta Valley Ledger, and Frank Roberts, known as Mr. Montrose, were joined by business owner Vito Cannella in approaching the city to get permission to move forward with the installation of the memorial.

"It is an honor to come to these events," said Paul Roberts, Frank's son. "Dad would be proud." Frank died in 2005.

Paul is the owner of Landry's Sporting Goods in Montrose. He added his dad didn't worry about what the public would have said about the project and noted that Don Carpenter had even more to be concerned about, being the publisher of the local paper. The Crescenta Valley Ledger was the local paper from the 1920s to the 1970s. The Carpenter family owned and published it.

"He and Frank just decided they

had to do this," said Steve Carpenter, Don's son. Don died in 1980. Steve added his father never thought of the consequences, even though there were still protests across the country against Vietnam.

"There were a few people that would say [negative] stuff, but many supported them," he said.

The memorial and the community's respect for the CV Ledger is a sense of pride for Steve. He said he was happy with the turnout for the first Vietnam Welcome Home celebration on Saturday. Senator Carol Liu was in the audience as were representatives from several organizations including the Montrose Shopping Park Assn., Montrose-Verdugo City Chamber of Commerce, CV Chamber of Commerce, Assemblymember Mike Gatto and Congressman Adam Schiff. The event included the Crescenta Valley High School JROTC that presented the colors and the branches of the service ceremony.

Lynn McGinnis was joined by fellow veterans in a flag folding ceremony, though the ceremony was delayed.

"We hold these ceremonies to find out what we forgot," McGinnis joked. "And we forgot the flag." A flag was located and the ceremony took place.

"I was supposed to bring the flag," confessed Spayth to the audience.

"You did a good job defending the flag in Vietnam, so we will let it go this time," McGinnis responded.

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## IN BRIEF

### SCAM STOPPER SEMINAR

ASTER, Assemblyman Mike Gatto, and the contractors state license board is holding a free senior scam stopper seminar today, April 18 from 4 p.m. to 5:30 p.m. at the YMCA of the Foothills.

Seniors will learn how to protect themselves from fraud from a panel of experts relating to home repair, finances, identity theft, Medicare and more. Seniors, their families and caregivers are welcome to attend. Parking and parking lot shuttle assistance will be provided to help those with difficulty walking.

For more information, contact Assemblymember Gatto's office at (818) 558-3043 or ASTER at (818) 306-5224 or visit [www.TheASTER.org](http://www.TheASTER.org).

YMCA of the Foothills, 1930 Foothill Blvd., La Cañada-Flintridge.

### CVTC MEETING TONIGHT

The Crescenta Valley Town Council

is holding its monthly meeting tonight at 7 p.m. at the La Crescenta Library. The public is invited to learn what is happening in the unincorporated part of the Crescenta Valley.

La Crescenta Library, 2809 Foothill Blvd., La Crescenta

### NGCP FOCUS OF CVCA MEETING

The Crescenta Valley Community Assn. is having a special meeting focusing on businesses on Foothill Boulevard in North Glendale on Thursday, April 25 from 7 p.m. to 9 p.m. at the La Crescenta Library.

The community is encouraged to join the informal discussion on how businesses can be supported by Glendale residents, Glendale city staff, departments and programs, the chamber of commerce, and each other.

Businesses are encouraged to bring brochures to share with the group and

the products and services offered.

RSVP to Nancy at [highwayhighlands@gmail.com](mailto:highwayhighlands@gmail.com) and for more information about this event. All are welcome.

La Crescenta Library, 2809 Foothill Blvd., La Crescenta

### CV CAN GAMES PLANNED

Crescenta Valley Committed to Athletic Needs is hosting the fourth annual CV CAN Games on Saturday, April 27 at CV High School. Over 220 Tri-Valley Special Olympics athletes from the Glendale, Burbank, San Fernando Valley and the Santa Clarita Valley areas are set to participate.

Registration begins at 8 a.m., competition begins at 9:30 a.m. and runs until approximately 2 p.m.

For more information about the CV CAN Games, contact event organizer Grace Chase at (818) 248-4009 or [chasermama@aol.com](mailto:chasermama@aol.com).

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# GUSD Says Goodbye to Wagner, Welcomes New Board

By Brandon HENSLEY

Glendale Unified School District said goodbye to outgoing board member Joylene Wagner during its Monday meeting in downtown Glendale and swore in three members who were voted in during the April 2 elections.

Incumbents Greg Krikorian and Christine Walters took their oath once again from city clerk Ardy Kasakhian as well as the newly-elected Armina Gharpetian.

“I will strive to pursue perfection with [the help of] teamwork, and thank you so much, guys, for your open arms and congratulating me and welcoming me,” Gharpetian said when she took her seat from Wagner. “This is a new chapter in my life and I’m ready to give back to this great community.”

Wagner was given an emotional

sendoff. There was a reception for her 45 minutes prior to the meeting and one of the first items on the agenda was for each board member to congratulate her on eight years of service, including her work for high school robotics and the arts, then extending best wishes for the future.

“You have touched the hearts of many and connected with many in this community in the various things you have done for all of us, and that stands,” said vice president Nayiri Nahabedian. “There’s nothing that takes that away.”

Student board member Joy McCreary, who attends Crescenta Valley High, said she had Wagner as a roommate at the California School Board Conference last year.

“I had a fantastic time. You were a great roommate,” she said to Wagner from across the dais. “You are frankly one of the people who I re-

ally look up to,” adding that no one can match Wagner’s dedication.

“I work hard on this board, but I don’t work nearly as hard as you do,” said board President Walters. “I think it’s safe to say you work harder than the five of us.”

“You have been my go-to person when I need to know anything legislative,” she continued, “when I need to understand issues at a state level, when I need to understand issues at a federal level.”

Krikorian credited Wagner with helping Measure S succeed. The measure was passed last year to help fund GUSD schools in lacking areas.

“That’s because of the unity of this board, and that [has a lot] to do with your leadership,” he said.

“There was never anything politically involved with what Joylene did,” said Mary Boger, who was battling a very sore throat and cough. “It came from a pure sense of service ... I’ll miss you so much and am proud to have you as a friend. Thank you for all you have done.”

“It has truly been a pleasure to serve with all of you,” Wagner said. “I’ll miss it in this capacity, but I’ll enjoy new capacities, and leave it at that.”

Before Gharpetian took her place, the members got up and switched positions for the year ahead. Nahabedian took the position of president, Walters to regular board member, Krikorian to city clerk and Boger to vice president.

For your advertising needs, call Lisa Mitchell at CV Weekly (818) 248-2740.

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# Somber Mood at Council Swearing In

Tragedy in Boston and the death of civic leader subdue proceedings.

By Ted AYALA

The ceremony that marks the inauguration of newly elected

public officials to the city is often a moment for jubilation. But Monday's ceremony in many respects proved to be one touched by sorrow and loss, both personal and on a broader scale. For those in attendance – some 150 people, not including the members of city council – the horror visited upon the Boston Marathon earlier in the

day was a touchstone for some, a moment to recall how fragile the peace that is taken for granted. “The explosion is a reminder of the fragility of life,” spoke City Clerk Ardashes Kassakhian at the invocation at the outset of Monday's meeting, “and how precious every moment of peace in our everyday life can be.” Sadness also touched elected officials in attendance to take their oaths of office.

For Greg Krikorian, who was reelected to the Glendale Unified School District (GUSD) governing board, his victory was overshadowed by the recent passing of his father John, a widely respected community leader.

“This moment is a little bittersweet,” he said. “But I would give the whole election to have my dad back. Losing my pop was a big tragedy, but I have to thank the city and fire department for giving him another year of life to give back to the community. I'm just really proud of my father.”

Grief streaked Councilmember Dave Weaver's face as his colleagues elected him unanimously to the office of mayor, succeeding Frank Quintero. Quintero, who retired from public office, did not attend the meeting as he was away on a trip to South Korea. His wife Janie represented him.

“I'm pretty down right now,” said Mayor Weaver as emotion overwhelmed his voice. “I left city hall earlier today to put my beloved dog, Sammy, to sleep. I had to postpone until tomorrow morning so [my family] could see him one last time. He was on campaign posters with me, [I] used to bring him to city hall. Now I've sentenced him to death tomorrow morning. I just can't speak about anything else tonight.”

But optimism and hope also shined through, most notably in Rafi Manoukian's parting message as councilmember. Manoukian was elected to the position of treasurer earlier this month.

“When I was reelected in 2011, I worked more for the community and tried to bring change to the



The new city council takes its place at Monday's organizational meeting. Seated from left are Laura Friedman, Ara Najarian, Dave Weaver and Zareh Sinanyan.

leadership in the organization,” he said of his work on city council. “That is all I will say about my work with the city. But I do want to thank the community – everyone that voted.”

Councilmember Ara Najarian, who won reelection to his seat, pointed to his wide margin of victory as a sign that Glendale's various interests and communities can work together. Explaining that it was his third city council election where he

won with over 10,000 votes, it was a milestone that had never before been achieved in the city's election history.

“What that tells me,” he said, “is that my support does not come from one segment of the community, does not come from one ethnic group. My support is broad and deep. My duty is to represent fairly and honestly all the residents of Glendale – that is my mission.”

## Election results 2013

Najarian and Friedman Retain Seats; Sinanyan Clinches Third

By Ted AYALA

Glendale's hard-fought 2013 election finally came to a close Thursday afternoon when the city clerk's office announced the final results. City staff began the morning by canvassing over 3,400 vote-by-mail and provisional ballots before the count began at 2 p.m.

With only very thin margins of votes separating many contenders for the city council and Glendale Unified School District (GUSD) governing board, the interest in the outcome of the count was intense.

When the final numbers were posted, incumbent Councilmembers Ara Najarian and Laura Friedman retained their seats on the dais. Najarian's victory was all but assured on April 2, a result confirmed by the proportion of votes he gathered: 10,165 – the only city council candidate to post numbers in five figures. Friedman came in second with 8,088 votes.

Of the challengers, Zareh Sinanyan managed to pull ahead of Chahe Keuroghelian, with 7,379 votes to the latter's 7,023.

Sinanyan's fortunes looked uncertain last month when allegations of racist and homophobic comments posted under his name on YouTube arose. Sinanyan, when questioned by the city council last month, disavowed th comments but stopped short of denying he authored them.

In the race for the GUSD board, incumbent Greg Krikorian hung onto his commanding lead with fellow incumbent Christine Walters following in second place. Armina Gharpetian came in third place. Losing her seat was incumbent Joylene K. Wagner who came in fifth place behind challenger Jennifer Freemon.

Freemon arrived with her children as support, watching the counting process and sharing conversation with police officers and Tami Carlson, president of the Glendale Teachers Union. Carlson, who was on hand since 9 a.m. to observe the proceedings, exuded a careful optimism.

“It's been a close race,” she said. “Anything could happen.”

The embattled Measures B and C went down in defeat. The slimmest margin was had by Measure B, with the “no” votes overcoming the “yes” by 187 ballots.

Expressions of joy and disappointment were quick to be announced following the results.

Keuroghelian and his staff were present throughout the day at the Glendale Police's Community Room observing the certification and

counting of the ballots. The candidate himself expressed himself tersely, but without bitterness, expressing optimism despite his defeat.

“We'll do much better next time,” he said as he left with his staff. “We'll never stop.”

Freemon appeared to be deeply disappointed by the final results, a bemused stare on her face while she held her children.

“I don't think I'm ready for a comment,” she said.

Councilmember Friedman quickly updated her campaign website with a message of thanks to her supporters.

“As I continue my first term on Glendale's City Council, I am humbled and appreciative of your great show of confidence in me,” Friedman wrote. “We have a lot to be proud of.”

Words of gratitude to his supporters, as well as relief for the end of the campaign season, came from Councilmember Najarian.

“I was fairly confident that Laura [Friedman] and I would retain our positions,” he said. “I'm not surprised by the outcome.”

With the election over, Najarian called on his colleagues to “put aside the campaign rhetoric.”

“We need to get down to the business of continuing to run this city in a professional manner.”

He also spoke confidently of the city council's ability to amicably reach a solution to occupy the seat that Councilmember Rafi Manoukian vacated in order to take over the position of treasurer.

“It's our next big issue before us,” he said. “It's going to be a great opportunity for us to come together.”

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# If You See Something, Say Something

By Mary O'KEEFE

The devastation of the bombings in Boston has been felt across the country, affecting Americans everywhere.

At about 2:50 p.m. [EST] on Monday, Boston police responded to two large explosions along the Boston Marathon route in the area of 673 Boylston St., according to Boston PD. The bomb killed three people – Krystle Campbell, 29, of Arlington Mass., Martine Richard, 8, of Dorchester, Mass. and Boston University graduate student Lingzu Lu. Additionally, 175 were injured.

Immediately after the bombing, local law enforcement increased its patrols. Glendale police increased their presence at locations where large numbers of people would gather, like malls, said Sgt. Tom Lorenz.

“The heightened alert of the Los Angeles County Sheriff’s Department includes increased patrols to create a more visible presence where people congregate, such as government buildings, shopping centers, athletic events, and public transit,” said Los Angeles County Sheriff Lee Baca. “Partnering with local police and public safety agencies and other countywide efforts have been enhanced, including opening the Sheriff’s Department Operations Center to maximize communication.”

Those increased patrols are still in affect in both the Glendale and L.A. County areas.

The advice from law enforcement is clear: “If you see something, say

something.”

President Barack Obama assured the nation that an investigation would find those responsible for the bombings.

“As the nation comes to grips with Monday’s horrific events, I echo President Obama’s vow that those responsible will be made to feel the full weight of justice .... I am certain that many Americans share my determination to keep this country an open and secure society – one in which people can go to the movies, drop their kids off at school, or run in one of the world’s great marathons without fear. And I have every confidence in the resilience of the people of Boston, who have been through a terrible trauma,” stated Representative Adam Schiff, a senior member of the Intelligence Committee.

Beyond the fear and concern of who would have done this act of terrorism, there was an emotional and compassionate outreach.

“Our prayers go out to the victims of this senseless terrorist bombing and their families. While monitoring events across the nation, Los Angeles County is continually preparing for terror attacks or other disasters. This tragedy also serves to remind us that we must maintain vigilance and report any suspicious individuals or packages to authorities,” said L.A. Supervisor Michael Antonovich.

The world of runners responded as well. There were stories of everyday heroes, including marathoners, who crossed the finish line only to run to the hospital to give blood for those

injured.

Runners in Southern California gathered early Wednesday morning to run in support of the Boston marathoners. Brad McDonald is a marathon runner who helped coach Rosemont Middle School students to the Los Angeles Marathon in March. He had been training this year for the L.A. Marathon with the goal of reaching the 3:30 qualifying time for the Boston Marathon. But two weeks before the L.A. run, he ended up with a partially torn Achilles, which took him out of the race.

“For me, the Boston Marathon is a precious spot: considered one of ‘the big 5’ world marathons (Boston, Chicago, New York, London and Berlin). It’s the one race that you have to qualify for, unless you run as a charity runner (running to raise money for a charity). If you run these five, you actually get a

special medal,” McDonald said. “The running community is a just that: a community. A mix of people that commonly train alone or in small groups in their locale in the world to get ready to join the worldwide assortment of runners, from the highest elites to the ‘bucket-listers.’ I am always equally impressed with the fortitude of each.”

McDonald added there is an assumed safety at the races.

“To have a cowardly act like this occur is as shocking as it is angering. I expect entrance next year to be at peak. I’ll certainly be working on qualifying to stand in solidarity with the runners, the city, and our nation,” he said.

At present, the FBI has taken over the investigation. There have been reports that an arrest has been made, but according to an FBI statement on Wednesday

there was no arrest: “Contrary to widespread reporting, no arrest has been made in connection with the Boston Marathon attack. Over the past day and a half, there have been a number of press reports based on information from unofficial sources that has been inaccurate. Since these stories often have unintended consequences, we ask the media, particularly at this early stage of the investigation, to exercise caution and attempt to verify information through appropriate official channels before reporting.”

Anyone with information is encouraged to contact the Boston police, said a Boston police spokesman.

Those wanting to contact anonymously can do so by calling the Boston Police Dept.’s Crime Stoppers Tip Line at (800) 494-TIPS (8477) or text the word TIP to CRIME.

## Land Use Committee Encourages Community Interest

By Jason KUROSU

The Crescenta Valley Town Council’s Land Use Committee has endeavored to increase community interest in land use issues, though turnout at the regular meetings has remained low. Thursday night yielded around 30 people, but a theme of the night was community involvement and how much foothills residents are interested in a more active role.

Adam Thurtell from the L.A. County Planning Dept. came to address complaints La Crescenta residents had sent to the planning department regarding houses in the neighborhood that are considered “out of character.” These, according to the complaints Thurtell received, described homes that were “too large, too tall, blocked the view,” among other things.

Thurtell presented six routes the community could take to address these out-of-character homes. The six options include restrictions to new homes and additions to current homes, such as height restrictions and other requirements that would prevent encroachment on neighboring houses. Other options include tiering stories for multi-story homes to prevent blocking daylight from neighbors, increasing yard setbacks and increased floor

area ratio restrictions. Thurtell emphasized that a combination of these options may be adopted as well as none of the options, if the community so wishes.

Residents were encouraged to contact the CV Town Council Land Use Committee with their recommendations or to send a letter to Adam Thurtell at the Dept. of Regional Planning.

The next order of business discussed whether or not community members could extend their involvement to actually sitting on the Land Use Committee. Overall, the committee was in favor of the idea, especially considering three members of the Land Use Committee were absent Thursday night. The members differed on what criteria would render someone eligible to sit in a committee member’s place. Currently, only members of the Crescenta Valley Town Council may join the Land Use Committee and this latest development would open the door for community members to join. However, whether this only applied to residents or also included local business owners and property owners who lived outside of La Crescenta was a subject of debate.

Committee member Michael Claessens was against business

owners voting on the committee, citing an incident in Eagle Rock in which owners of medical marijuana dispensaries packed Land Use meetings in order to expand business.

“They didn’t live there,” Claessens said. “They just have a business there. I don’t think we should put ourselves in that kind of situation if we can avoid it.”

Others argued that people who own a business within La Crescenta should have a say on rulings that may affect their business.

Another debate cropped up over how the eligible party is to be appointed by the absent committee member. It was agreed that the appointed members would have to be approved by a majority of the other members of the Land Use Committee to avoid partisanship.

Ultimately, the committee voted in favor of allowing others to join. Whatever the form, the committee and the community appeared to have a mutual interest in furthering the inclusion of the entire community on land use decisions.

The next Land Use Committee meeting will be May 9 at the La Crescenta Library Community Room, 2809 Foothill Blvd. in La Crescenta.



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# Little Landers Celebrates the Pioneer Spirit

By Tyler BIDDLE

On April 13, the Little Landers Historical Society of Tujunga kicked off its celebration honoring the 100th year since Bolton Hall was constructed. The historic monument and museum has stood on the corner of El Centro Avenue and Sunset Boulevard, now Commerce Avenue and Valmont Street, in Tujunga since 1913. Bolton Hall served originally as the community clubhouse for town meetings, dances and church gatherings.

With over 200 people organized on the front lawn on Saturday, the event marked the beginning of a months-long celebration with a set of programs dedicated to commemorate historical events related to Bolton Hall and Tujunga history. The next program, the Historic Home Tour, is scheduled for May 11.

The celebration was highlighted by a historical reenactment of the laying of the cornerstone and of the speeches made by William E. Smythe and George Harris, individuals instrumental in the creation of Bolton Hall and the movement behind it.

Smythe was the founder of the Little Lands movement,

the settling of colonists calling themselves “Little Landers” into the surrounding area. The actor spoke as though the audience were a group of travelers from 1913 and explained how they would build homes, plant crops and open trade as a community with Bolton Hall at its center.

George Harris was the architect who built Bolton Hall. Using stones from the San Fernando Valley and the Tujunga Wash, he hoped to make it as naturalistic as possible.

“I built this clubhouse without a plan, except for one: that it blend in with nature,” said actor Richard Stewart who portrayed Harris. The performance harked back to the days of rugged individualism and frontier development.

The celebration also featured singer Franny McCartney performing, “America the Beautiful” in front of the live action recreation of the famous photograph of George Harris and his workers sitting on the newly laid cornerstone.

Numerous accolades were presented to the Little Landers Historical Society for its efforts to

preserve Bolton Hall and the history of Sunland-Tujunga as a whole. Among them were a certificate of congratulations from L.A. Mayor Antonio Villaraigosa and a slice of the original 1914 flagpole that once stood on the front lawn.

The museum itself houses a variety of artifacts from the surrounding area’s history. It boasts a beautiful classic fireplace, its mantel made from half of a tree trunk. In front of the fire sit two wooden wagon wheels from the last covered wagon to have made the trip from Arizona to California as well as the remnants of a time capsule dating back to the 1960s. The museum also has an impressive collection of old photographs on display and the Bolton Hall piano, which is over 90 years old.

On the wall opposite the grand fireplace rests a large bronze plaque describing the philosophy and “hope” of the Little Landers:

That individual independence shall be achieved by millions of men and women walking in the sunshine without fear of want. That in response to the loving labor of their hands the Earth shall answer their daily prayer ‘Give us this day our daily bread.’ That they and their children shall be the proprietors rather than tenants working not for others but for themselves. That theirs shall be the life of the open – the open sky, the open heart –

fragrant with the breath of flowers more fragrant with the Spirit of Fellowship which makes the good of one the concern of all and raises the individual by raising the Mass.”

~ William Ellsworth Smythe

Bolton Hall Museum is open to the public on Sundays and Tuesdays from 1 p.m. to 4 p.m. For full descriptions and times for the upcoming events, visit [www.LittleLandersHistoricalSociety.org](http://www.LittleLandersHistoricalSociety.org).



Photos by Mark SHELTON

ABOVE: A high point of the afternoon was the live action recreation of the famous photograph of architect George Harris and his workers sitting on the newly laid cornerstone (inset).



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# Local Pharmacy Robbed

At about 12:20 p.m. on Wednesday, a suspect entered Arianna Pharmacy in the 3600 block of Verdugo Boulevard and robbed an employee at gunpoint.

The suspect was able to leave the location with stolen narcotics. He fled northbound on Verdugo Boulevard in a dark colored vehicle, possibly a Toyota Camry or Lexus.

The suspect is described as a white male in his 30s, 5'10" tall, weighing 130 pounds.

Anyone with information is asked to contact the Glendale Police Dept. at (818) 548-4840 or Crime Stoppers at (818) 507-7867.

## Obituary Denison Burns Baldwin



May 13, 1913 – April 5, 2013

Denison Burns Baldwin, 99, born May 13, 1913 in Los Angeles, Calif., passed away on April 5. He resided in Montrose at the time of his passing.

He had a long, full life witnessing many changes over time: the Montrose flood of 1934, the Great Depression, two World Wars, the change from horse to automobiles, television, the moon landing, computers, cellphones, the evolution of movies from silent to talkies, and much more.

He retired from Pacific Telephone in 1973 as an engineer. Prior to that he held many occupations: cowboy, accountant, Shell gas station owner on the corner of Chevy Chase and Adams when the gas was \$0.085 per gallon, and lobster smuggler.

He was a proud Marine, having served his country from 1931 to 1935 where he was a lightweight boxer. He loved hunting, fishing, camping and traveling. Most of all, he loved his family.

He is survived by his wife Betty Garrin and her two daughters, Sue Fisher and Ann Fisher and three grandchildren; daughters Kathleen Butera, Pat Brown (Sayle) and Carolyn Casselman (George); sons Denison Lee Baldwin, (Diane) and Mike Baldwin (Carolyn); 15 grandchildren; 24 great grandchildren; four great great grandchildren.

He was preceded in death by wife Kathleen Baldwin; son Howard Baldwin; brothers Emmett Lee and James Harry; and sister Evelyn Mae.

Services will be held on Saturday, April 20 at 12:30 p.m. at Wee Kirk o' the Heather, Forest Lawn, 1712 S. Glendale Ave. in Glendale.

## Linda Lee Cooke

July 24, 1963 – April 6, 2013

Linda Lee was 49, born July 24, 1963 in New Jersey to Joan Wagner and Charles Cooke. She leaves behind husband John Warda and their two loving girls Lauren Warda and Kelsey Warda of La Cañada Flintridge. She is also survived by mother Joan and stepfather Robert Wagner; father Charles and stepmother Anne Marie Cooke; brother Chuck (Melinda); half sister Kathleen; and stepsisters Judy Ault (John) and Jeanine Korus. She was a proud mother, loving sister and daughter, and kind friend. She will be dearly missed by all who knew her.

A scholarship fund has been established for Lauren and Kelsey. Non-deductible contributions can be made to: Linda Lee Cooke Memorial Children's Trust c/o John P. Warda, 5495 Burning Tree Drive, La Cañada Flintridge, CA 91011.

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OUTDOORS from Cover

at Orange and Rosemont avenues near Monte Vista Elementary School were done by Eagle Scouts. In keeping the Boy Scout theme, Troop 288 will be demonstrating its mountaineering badge and their rope bridge, said CVTC member Leslie Dickson. The scouts will build a rope bridge that they made themselves and will allow kids to walk across.

The award winning Crescenta Valley High School Jazz Band will be at the event to entertain as well as the St. James Children's Choir and members of the Amy Chang Piano Studio. Arbor Day began in the 1800s when journalist J. Sterling Morton moved from Detroit to Nebraska. Through his writing, he began a campaign to plant trees across the

state and championed what would become Arbor Day. As is tradition, CVTC will be planting a tree for Arbor Day. There will also be booths from several local non-profit agencies. The event will take place on Saturday at Two Strike Park, 5107 Rosemont Ave. beginning at 10 a.m. It is free to attend.

GCC from Cover

"To stand up here and take cheap shots at any of the councilmembers is unacceptable," Manoukian said. "The community has already spoken." Sinayan, who looked tense throughout the comments made by the public, refused to acknowledge his detractors during the meeting. City Attorney Mike Garcia detailed for council the options that stood before them in respect to filling the vacancy of the former Manoukian seat. According to Garcia, a special election could be consolidated with a forthcoming council election this November. His department recommended that it would be prudent for the council to appoint an interim holder of the seat until the special election could be arranged. Garcia's recommendation was to consolidate the special election with the June 2014 state election, which would save the city several hundreds of thousands of dollars in operational costs and in ballot materials. Elections in late summer, he explained, are traditionally sagged with low voter turnout, making an early summer election preferable. Other options include directly calling a special election from between May 7 to May 28, with an election following in July into September. "No matter what cheap election we do," said Mayor Weaver, "we're going to be spending approximately \$350,000."

"Under our charter," said City Manager Scott Ochoa, "we're going to have an interim election no matter what. If you were to appoint somebody who would have an interest in running [in a future election], that person would be running as an incumbent, thus making for an unlevel playing field." Mayor Weaver spoke in favor of a special election for June 2014 with former mayor Frank Quintero as the caretaker councilmember until a special election can be held. "I know he'll never ever run again," he said. "He knows what we're doing now. He can get us through the next budget cycle. To me, logically, it ought to be Frank Quintero. I spoke to him and he's already agreed to do it." Councilmember Ara Najarian expanded on Weaver's suggestion by offering a plan that would open up the seat to the five current former mayors of the city. He added that they would be "players" who would be ready "to get up to speed" with the crucial issues facing the city. Najarian also mooted the name of former mayor Sheldon Baker, a suggestion which Weaver was firmly against. "I'll be voting for Mr. Quintero, thank you," he said. "I don't even know who told [Baker] about this or why he wants to do this." Council ultimately voted in favor of holding off on the decision until next week's meeting.

# Mountain Lion Visits Crescenta Valley Neighborhood



Photos by Mary O'KEEFE

A mountain lion was tranquilized and transported back to the Angeles National Forest on Thursday after it had come down to the residential area in the 3300 block of Thelma Street.

By Mary O'KEEFE

The Dept. of Fish and Game, with Glendale police and fire, responded to a home in the 3300 block of Thelma Street on Thursday afternoon when it was reported that a mountain lion found a shady spot to take a nap. "We started getting calls as early as 6 a.m. [Thursday]," said Lt. Bruce Fox, GPD. At about 1:30 p.m., a call came in from a resident that the cat was in a neighbor's backyard. Police responded and called Fish and Game. Officers went door to door asking residents to stay inside until the mountain lion was tranquilized. As the police were waiting for Fish and Game to arrive, and with helicopters circling overhead, several neighbors and community members came by to see what was going on. Marty Wall from Fish and Game arrived and was able to shoot the mountain lion with a tranquilizer. The cat was not immediately knocked out, however. He jumped over the

fence out of the backyard of the Thelma Street home to the backyard of an adjacent Fairmount Avenue home. Officials walked up to Fairmount Avenue, joined by an ever-growing crowd. At first it was not clear what property the mountain lion had taken refuge, but it was soon discovered the cat had crawled under a wooden patio deck of a home at the corner of New York Avenue. Wall crawled under the patio and shot more tranquilizers into the mountain lion. Then it was up to the Glendale firefighters to crawl under the patio and pull the

150-pound mountain lion out and help carry it to the waiting Fish and Game truck. The public and paparazzi closely followed the officers as they made their way to the truck with the sleeping cat. Although seeing a mountain lion is not that unusual in the area, having it remain in the neighborhood throughout the day caught everyone's interest. The crowd murmured "ahh" in unison as the drugged mountain lion was loaded into the truck. The cat was tagged and transported into the Angeles National Forest.

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# VIEWPOINTS



MY THOUGHTS, EXACTLY  
» JIM CHASE

## Mountain Lions and Whirlybirds

Look, up in the sky, it's a ... slow news day! You know there aren't a whole heckuva lot of newsworthy things happening when the skies above the Crescenta Valley suddenly fill with helicopters. Typically, it's due to yet another traffic nightmare on the section of the 210 Freeway that bisects our sleepy suburb. Sometimes, however, the hordes of hovering helos flock to our verdant valley because we are again being visited by wildlife from the mountains on either side of our valley. Over the past few years the critters have been of the ursine persuasion and have visited so often they were given names like "Rosie" or "Meatball." Last week, however, our guest from the nearby wilds was a rather large feline who, for now at least, remains nameless in spite of his brief celebrity.

As a growing number of choppers from both Southland broadcasters and local law enforcement swarmed overhead, social media also began to buzz with people posting on Facebook and Twitter asking if anyone knew what was happening in the foothills. About an hour after I first noticed the gathering squadron of helicopters, I channel surfed until I found a live broadcast showing video shot from the KCAL 9 helo hovering over a neighborhood off New York Avenue just above Foothill. The anchor was explaining that a mountain lion had been reported

prowling around a neighborhood dangerously near Clark Magnet High School.

Well, no wonder. Such excitement couldn't have been due solely to the nature of the beast visiting our fair foothills. I mean, we've often had mountain lions roaming our neighborhoods. (Which begs the question: If there are mountain lions and sea lions, why aren't there desert lions or beach lions? But I digress, as I often do.) I'm thinking that because this big kitty was so close to a school, well, that explains the hullabaloo. I mean, wildlife and educators both being volatile, unpredictable creatures, and all.

But seriously, it's no wonder every authority figure within driving or flying distance was summoned to the scene. We wouldn't want a cat that size to wander its way into a school full of tender vittles, after all.

And so for several hours the skies above our normally nap-happy valley were abuzz with helicopters chopping at the air – the news copters taking their allotted position high above all the official aircraft who are allowed to fly lower and much closer to where the action is.

From what I could see on TV and hear from radio reports, almost every state, county and city agency was represented, including L.A. County Sheriffs, Glendale Police, the California Department of Fish & Game and even the Pasadena Humane Society. I'm not sure if PETA

perps made an appearance, but it wouldn't surprise me if they were there on behalf of the mountain lion. I don't think the Navy Seals or Army Rangers were deployed, but I could be wrong.

So how do you catch a mountain lion? With a ginormous can of Friskies? A big ol' bag of cat nip and a scratching post the size of a telephone pole? Not hardly. It turns out you shoot not one, but three tranq darts into the colossal kitty and wait until the drugs take effect to haul the critter back up into the forest.

Speaking of tranquilizing things, they may just have to dart me if I hear one more broadcaster refer to any location here in the Crescenta Valley as "Glendale." Yes, I realize that – technically – there is a narrow strip of Glendale that pokes up into La Crescenta right where the big cat was prowling around last week, but give me a break. I don't know one person who lives here who says their home is in Glendale. So, get the sedatives ready, broadcasters. You've been warned. Then again, if it's a slow news day I might be doing you a favor.

I'll see you 'round town.

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Jim Chase is an award-winning advertising copywriter and native of Southern California. Readers are invited to "friend" his My Thoughts Exactly page on Facebook. Also visit Jim's new blog with past columns and additional thoughts at: <http://jchasemythoughsexactly.blogspot.com>



TREASURES OF THE VALLEY  
» MIKE LAWLER

## Foothill Riot: A Parent's Story

On June 12, 1975, the Crescenta Valley Ledger printed an interesting story written by one of the "participants" in the Foothill Riots. The anonymous writer was actually the father of a teenager. He was 44 years old, a college professor, and a self-described "law abiding citizen, a champion of our legal system, and a supporter of our police." He had read in the paper about the trouble on June 2 and, knowing how teens are attracted to excitement, he knew that his son would want to go to the next Foothill Cruise Night on June 8. He decided to adopt a proactive stance and take his son there himself. How much trouble could his son get in with his middle-aged dad in tow?

About 9:30 p.m. they headed down to Foothill, parked on a side street just above, and he and his son walked from there to the boulevard to watch the cruisers. From the writer's description, it sounds like he was near Lowell, ground zero of the worst of that particular night. They reached Foothill at 10 p.m., just in time to hear the police loudspeakers order the crowd to disperse. Father and son immediately turned back to head to the car, but the police line was sweeping down Foothill, and they were now cut off from the side street where their car was parked. Dad assumed that as an adult and not the target of the sweep, they would let him go to his

car and leave. He approached the police line and asked if he could pass through to get to his car. The officer barked at him, "Get your butt home fast or I'll take you in." Dad foolishly got a little indignant, and replied, "It's not necessary to talk that way. We aren't doing anything wrong."

Dad and son were immediately handcuffed and zip-tied into a line of about 100 other arrestees. They were quickly herded onto waiting buses for the trip to downtown L.A. The dad relates that he couldn't believe this was happening to him, that it had an unreal nightmare quality to it. At county jail they were fingerprinted, photographed, jailed, stripped, fingerprinted and photographed again, and put into a large cell with the other arrestees.

Once there, he got a chance to talk to some of his fellow prisoners who ranged in age from 18 to well over 50, from bare-footed and long-haired to well-dressed and conservative. Besides the kids caught in the sweep that were actually there for cruise night, the arrestees included a Foothill business owner who had stationed himself in front of his store to guard it, another business owner who was working late with his son and made the mistake of stepping outside to watch the excitement, and a shopper who had just emerged from a store with a bag of groceries.

Dad and son were bailed out the next morning and at the time of writing were awaiting arraignment for "failure to disperse," the first trouble with the law for both of them.

Dad had a reflective attitude on the whole mess. He wrote that at first he was furious and planned to sue the LAPD. Being arrested had been a degrading and physically painful experience. But after he cooled down, he came to the realization that he had put himself and his son in harm's way. Given the buildup to the June 8 event by the police, it was likely there would be trouble. Further, he realized he should not have tried to pass through the police line, but should have gone the opposite way and circled back to his car. The police were on edge and nervous, maybe even fearful. He concluded he should have stayed away from them. It was bad judgment on his part.

In a great "lemons-to-lemonade" wrap-up to his article he states: "It brought my son and I closer together, and at what more appropriate time than just before Father's Day? I'm proud of my son, juvenile record and all, for he conducted himself like a man."

Now that was a positive attitude!

Mike Lawler is the former president of the Historical Society of the Crescenta Valley and loves local history. Reach him at [lawlerdad@yahoo.com](mailto:lawlerdad@yahoo.com).



CVDAPC NEWS  
» SUZY JACOBS

### Prescription Drug Abuse

Most individuals keep prescription medications in the bathroom medicine cabinet. Oftentimes, they take the medication as long as they need it, and save the rest of the meds for a time in the future when their symptoms flare up. Or they save the medications for a friend or family member who may have the same symptoms and could benefit from them.

This trend has led to a great epidemic among teenagers – the abuse of prescription drugs. The National Institute on Drug Abuse (NIDA) reports that every day an average of 2,000 teenagers use prescription drugs without a physician's guidance. In fact, following alcohol, marijuana and tobacco, prescription drugs are next in line to be abused by teens. Many teenagers believe that prescription drugs are less dangerous than illegal drugs because they are legal and prescribed by a physician. But the prescription is only intended for the individual whose name is on the label.

According to NIDA, the most commonly abused prescription drugs are pain relievers (e.g. Vicodin, OxyContin), central nervous system depressants (e.g. Xanax, Valium)

and stimulants (e.g. Adderall). In addition to their medicine cabinets, these medications are readily available for purchase over the Internet. Teenagers take the medications by themselves to gain a desired effect, or they take a handful of the drugs to "pharm" parties.

Pharm (pharmaceutical) parties involve each guest bringing different prescription drugs to a party and mixing them all together, creating a trail mix of prescription drugs. This poses such a great danger since the teens have no idea what drugs they are actually ingesting.

Because of this danger, it is critical that all current prescription medication is stored safely. Individuals must also properly dispose of any unused medications and not save them for later. National Prescription Drug Take-Back Day is Saturday, April 27 from 10 a.m. to 2 p.m. CVDAPC, Glendale Police, the Elks, L.A. Sheriff's Dept., GCC Police, and the DEA will be at CVS Montrose, Rite Aid La Crescenta & La Cañada, GCC (Verdugo Road and Circle Drive) and the sheriff's station at 4554 Briggs Ave. to collect and dispose of all unused prescriptions. By removing all unused prescription medication from the home, temptation to abuse these drugs is also removed.

Suzy Jacobs is the executive director of the Crescenta Valley Drug & Alcohol Prevention Coalition. You can reach her at [suzy@cvdapc.org](mailto:suzy@cvdapc.org).

## LETTERS TO THE EDITOR

### On the Passing of Shirley Hite

Earlier this month, an obituary ran announcing the passing of Shirley Ann Hite. Not too much was mentioned of her impact or her contribution to this area, especially in the foodservice industry.

You probably knew her if you were in Glendale during the era of Bengie's operation. Professionalism and a powerful work ethic were paramount. No matter what life threw at her, she was there, working – and working hard, giving nothing less than the absolute best possible. Her philosophy was that if customers were coming in, spending their hard-earned money in her establishment (and wherever she worked was "her" establishment), then they were entitled to – and they deserved no less than – a stellar dining experience.

Her methods of customer care and service are all but passé in this generation. Oddly, her perfectionistic approach to cleanliness and order was most notable in its transparency, only noticeable now in its absence. Subtle touches such as: spotless condiments, as though it was a brand new container – no gunk on the lid or bottle; salt and pepper shakers felt as clean to your touch as if no one had ever handled them before.

This letter would need to be much longer in order to explain how these simple little touches can enhance your dining experience, but a trip to any diner where her hand is not evident will clarify the lack of that kind of attention to detail.

She dreamed of founding a technical school designed to train latter day youth in what she believed to be a lost art: customer service.

Dedication and pride in a job well done were ultimate goals for her, and she instilled this drive within her children and grandchildren, as well as in all of her employees.

Again, space precludes me from going into greater detail, but – for all of those idiosyncrasies detailed above, and for so very much more – simply: to know Shirley, truly was to love her.

A memorial service will be held beginning at 11a.m. on Saturday, April 20 at Central Christian Church, which is located at 5027 New York Ave. in La Crescenta. All who knew her, and whose lives were touched by her, are welcome and encouraged to attend.

*The Family of Shirley Hite*

### Applauds CV Jazz Band

The Crescenta Valley High School Jazz Band played at the open house at 12 Oaks Lodge last Sunday afternoon. The band was terrific, all good-looking musicians, performing great music. It brought back happy memories of 1968 - 1970 when my son Chris Bowman was in the school band, playing trumpet under the direction of Sid Knowlton.

Be sure to go see and hear them if they have a concert. They're really good.

*Norma H. Bowman  
La Crescenta*

# YOUTH

## Nestle the Cow Visits Lincoln



Photos by Misty DUPLESSIS

By Misty DUPLESSIS

On Friday, mobile dairy instructor Laura LaFayette came to visit students at Lincoln Elementary School on behalf of The Dairy Council of California. She came equipped with a ton of dairy information as well as a half-ton Jersey cow named Nestle.

Six-year-old Nestle currently calls Covina High School home, but hailed from a dairy farm in Bakersfield where she was number 5362.

"When the dairy man wanted to know more about her, he would take that number 5362 and would put it in his computer. Up would pop her name, Nestle, when she had her last baby, how much milk she gives every day and when she had her last pedicure," LaFayette said, adding that for Nestle, a pedicure involved having her hooves trimmed, not sitting in that massage chair one might see at the beauty salon.

Throughout the presentation, LaFayette mixed detailed

information with jokes that made the students giggle. As LaFayette described parts of a cow's anatomy, Nestle stood patiently – the perfect model. Students learned about cows including how they eat and how the milk gets from the cow to the kids' breakfast tables in the form of cheese, milk and sour cream.

Students also received brief instruction on how to milk a cow using a milking claw and the process of extracting the milk, storing it in a cooling tank and the processes of pasteurization and homogenization.

One of the highlights of the morning for the students was when Nestle used her large tongue to clear out her nostrils after eating her alfalfa.

LaFayette expressed to the children how important it is to eat from all five food groups and to fit in exercise, like play, as part of their daily activities for keeping a healthy body.

"In La Crescenta, the kids don't often get an opportunity to pet a cow or have a cow right there unless they

go to a county fair, so this really puts it up close," said Lincoln principal Stephen Williams. He added that this presentation helped bridge the information gap between farm life and suburban life.

During the question and answer portion of the assembly, the younger grades asked questions like why Nestle produces milk. LaFayette explained that Nestle started producing milk after her first baby when she was 2 years old.

At the end of the presentation, students had the chance to pet Nestle and many students described her as soft and dry. Kindergartener Andy Steed and student Ruby Heyes both agreed that their favorite part of the morning was being able to pet Nestle.

After the excitement of having just pet a live cow, the school staff also gave a lesson: on hygiene as principal Williams helped the younger students sanitize their hands before heading back to class to discuss what they had learned.

## CVHS Mascots Named National Champs



By Misty DUPLESSIS

presentation.

CV High School has been known to house many talented and creative students and can now add two more to its growing list of achievers.

CV cheer mascots Sean Patrick Ireland and Andrew Maynard were invited to participate in the annual USA National Cheer Competition after receiving high scores in the regional contest.

The two day event took place on March 15 and March 16 at the Anaheim Convention Center where many students gave their all for the chance to be crowned this year's cheer champions.

The largest and most prestigious west coast event brought cheer students from many western states, including California, Arizona and Oregon, to compete against some of the best in the different fields of cheerleading.

This was the first time that the CV Cheer group attempted to go to the nationals and Ireland and Maynard took CV all the way to the top with their mascot

Along with a trophy, the students brought home the USA National Cheer Competition Champion title for their creative (and bewitching) mascot routine.

The Falcons transformed into magicians during their magic-themed show where they used enchanting props, mystical backdrops and their mighty Falcon wings to win over the judges.

With the help of family, friends and encouragement from CV's Cheer coach, the two worked out every detail from the choreography to the music, even using a disappearing magic box from Ireland's dad's magic show at the Magic Castle.

Maynard and Ireland have represented CV as their Falcons for the last four years and this year's win was a result of the creativity and hard work from the dedicated pair.

"It is exciting for the boys to have left a legacy," said Sean's mom Lisa. "They took the mascot program where it has never been before."

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# Daughters and Dads Attend Dance

By Natalie MAIER

On Friday night, the Lincoln Elementary School auditorium was transformed into a retro dance hall for the annual father/daughter dance. This year's theme harkened back to the 1950s: "Let's go to the Hop."

According to Kathy Ranek, the main organizer of the dance,

around 195 people took the opportunity to dress in period costume and take to the dance floor.

Principal Stephen Williams added that the dance every year has a great deal of support from parent and teacher volunteers.

The event was catered by Chas Catering and was sponsored by Lincoln Foundation.



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# SPORTS



## Falcons Fight the Elements, Get the Win

Softball team has won three straight games and will face rival Arcadia today.

By Brandon HENSLEY

Some wins that should be easy to come by simply don't turn out that way. The Crescenta Valley softball team probably knew this after its close win over Hoover High School last month – Hoover is just 1-5 in the Pacific League – and it got another reminder Tuesday afternoon against Glendale High School.

The Falcons seemed to break the game open in the fifth inning with five runs but had to hold off a Nitros comeback in the sixth for a 7-4 road victory.

CV (9-7-1, 5-1 in league) didn't just battle Glendale; strong winds all afternoon made it difficult to throw and catch and the infield dirt consistently kicked up, causing players to turn away during stoppages.

With the loss, Glendale dropped to 1-4 in league, while CV stayed tied for second place with Burroughs.

Burbank on the other hand, seems like the favorite to finish first. The Bulldogs are 6-0 in league and behind sophomore pitcher Caitlyn Brooks, who has verbally committed to Notre Dame, they've allowed just three total runs in those games.

The Falcons are at Arcadia (8-4, 2-2) today at 3:30 p.m.

CV has relied on the big inning recently. Last week against Burroughs, the Falcons scored six

runs in the first inning and just one more the rest of the game.

Leading 2-0 on Tuesday, they scored five runs on eight hits in the fifth against Glendale pitcher Meghan Spencer, including an RBI double by Hannah Cookson and two hits and a RBI by No. 9 hitter Brady Sanford.

Still, Coach Mark Samford talked after the game about other chances his team let slip away. Samford has been harping on his players not getting deep into counts enough this season.

"If we stay patient we're going to score runs," he said.

The Falcons had two runners on in the fourth inning with no outs. But Taylor Hill made out and then Olivia Thayer struck out, and Whitney Craig tried to go to third base on the play but was thrown out.

In the sixth, CV had the bases loaded with one out but Chloe Fairbrother hit into a double play.

"I preach patience, and some kids got up and hack away," said Samford. "We didn't give ourselves a chance to get deep into the count."

CV batters conjured up just two walks on Tuesday, and none April 11 in a 10-0 win over Pasadena. The game before that against Burroughs, Cookson collected all three walks, but even then Burroughs was intentionally pitching around her.

Glendale made its comeback trailing 7-1 in the sixth. They scored three runs on eight hits and a couple of CV errors, including when third baseman Hill threw to Fairbrother at first, but the ball went off her glove, which scored two Nitro runs.



TOP: Hannah Cookson (with ball) and her sister Hailey (13) have played key roles in CV's winning streak. BOTTOM: Members of the team celebrate after last week's victory over Pasadena.

"They did a good job, they put it in play and took what we gave them," Samford said of Glendale's rally.

Thayer was the winning pitcher. She allowed eight hits and was not charged with an earned run.

Sanford and Hailey Cookson tied for the team-high in hits with two each. Hailey provided the game's most exciting moment with an inside the park home run when she hit a ball deep to centerfield that Glendale could not get back in quick enough.

"I thought it was going to be a double," she said. "I don't know, and then I kept running."

Hailey had been struggling early in league. She went hitless in two straight games against Hoover and Burbank, but has since recorded seven hits in her last 12 at-bats.

"My dad's been working with me, making me try harder," she said. "I guess I've been hitting better. I guess there has been a difference."

She also said she sometimes works with Nicole Giordano, a 1996 Saugus High graduate and member of Arizona's 2001 national championship team. Hailey said Giordano has switched up her feet

in her batting stance.

Tuesday was the first in a string of five straight road games for the Falcons. They next play at home May 1 against Burroughs.

"No freebies, for sure," said Samford.

That might not be correct. On April 23 the Falcons are at Muir High School, a team they beat 26-0 last month.

But first up, it's Arcadia, a rivalry game.

"The girls are up for that," Samford said. "They want to get in and take care of business for sure."

Samford said the environment isn't quite like it is for CV-Arcadia basketball or baseball games, though he wouldn't mind it.

"I'd like to see that environment. I'd like to see our girls succeed in that environment," he said.

### Notes

Starting catcher Jessica Morena was out on Tuesday with sickness. Her backup Grace Poole filled in, though she did not bat. That job went to Thayer, who usually only pitches.

Fairbrother pitched four innings April 11 vs. Pasadena, giving Thayer

some rest, but more importantly it kept Fairbrother sharp, said Samford. In case something happens to Thayer, he said, "I'd like to get [Chloe] an inning here, an inning there, just to stay on top of it."

### Baseball Recap

The CV baseball team has regrouped well since its loss April 9 to Burroughs High School. The Falcons defeated Glendale Wednesday night 5-3 at Stengel Field, and previously won against Pasadena 7-0 April 12.

Those wins move CV to a 13-6 overall record, and 5-1 in the Pacific League. The Falcons stay tied for second place in league. Burbank is also 5-1 and first-place Burroughs is 6-0.

It was rough in the first inning against Glendale. Pitcher Bryan Wang gave up three runs on two hits, but his Falcon defense didn't do him any favors, committing two errors (CV committed two more before the game was over).

CV got a run back in the bottom of the first inning, and tied it in the third. With the bases loaded, Austin Brines' sacrifice fly scored Wang from third, and Nolan Rea's single to right field brought home Michael Russo.

CV took the lead in the fourth when Glendale pitcher Daniel Choi's pitch got by catcher Thaddeus Wilson, and Joe Torres scored.

Choi went 5 1/2 innings, giving up five runs and six hits. Wang went four innings, giving up two hits. Ted Boeke came on in relief and walked a couple of batters, but the Nitros were essentially shut down after their three-run first inning.

Sophomore pitcher Brian Gadsby was excellent against Pasadena last Friday, throwing a complete game shutout. He gave up four hits and struck out seven batters.

The Falcons have won eight out of their last nine games. They host Arcadia on Friday at 7 p.m.



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# CV Sweeps Tri-Meet



Noel Wong wins the long jump 14-6.5.



Photos by Leonard COUTIN  
Hye Kwang Kim saw gold in the 200m (23.2).

The Falcons hosted a tri-meet on Thursday, April 11 between Burroughs Indians and Muir Mustangs. The Falcons ended the day celebrating victories by both the boys and girls varsity teams.

The Falcons 400-relay team took first with a winning time of 45.0.

Hye Kwang Kim had two personal wins: in the 100m with a time of 11.3 and in the 200m with a solid 23.2. Teammate Alex Damla won the 400m (53.1).

The Falcons captured valuable points by sweeping the top three positions in the 1600m and the 3200m. Gabe Collison led his teammates in the 1600m, taking first (4:27.6) followed by teammate Nick Beatty (4:32.6) and Aaron Esparza (4:39.6).

Beatty was the frontrunner in the 3200m, taking first (9:53.5), with Matt Manalo grabbing second (10:20.5) and Esparza securing third (10:23.8).

Manalo took second in the 800m (2:02.6) behind Burroughs' Rick Mendez (2:01.3).

In the 110HH, Falcon David Shahmanyantook second (16.4) behind Muir's Reed (15.3). Shahmanyant later celebrated a victory in the 300IH (41.5).

In the long jump, Steven Lee was strong with a 19.2 while Judo Kim found his winning height in the high jump (5-8). CV's Matt Schwartz turned in two big winning performances: in the pole vault (12-6) and the shot put (36-11.5). He also placed third in the long jump and high jump.

The Falcons won the last event of the day, the 1600 relay with the team of Shahmanyant (53.4), Manalo (53.3), Damla (52.8) and Beatty 52.1. CV scored 88 to Burroughs 48 and 127 to Muir's 8.

Falcons varsity girls also put in solid

performances against the Indians.

Capturing the 400m relay with a time of 50.7 was the team of Kayleigh Carrillo, Noel Wong, Emmie Walker and Grace Keller. Carrillo had two gold wins, the 100m (12.4) and the 200m (25.2). Wong won the long jump (14-6.5) and took third in the 100m (12.8).

The Falcons took the top three positions in the high jump with Walker winning first (5-0), Keller taking second (4-10) and Emily Beglarian placing third (4-6). Walker also took third in the 200m (27.5).

Sarah Lapides won the 100HH (16.8) and placed second in the 300LH (49.5) behind Muir (49.1).

Megan Melnyk won first in the 400m dash (60.7) while teammate Courtney Iannello captured second (64.2).

CV's Hannah Ruby won the 800m (2:29.84) and took second in the 1600m (5:19) behind teammate Melnyk (5:18.1).

Haley Witzeman took first in the 3200m (11:46.8) while CV freshman Rebecca Mencia placed second (11:56.3).

In the triple jump Leana Gatchalian took the win (28-11).

Falcon girls finished the meet by taking the win in the 1600 relay with the team of Ruby (63.8), Keller (63.6), Walker (63.1) and Melnyk (62.3).

CV girls finished 96 to Burroughs 40, 111 to Muir's 24.

The chesion shown by the Falcons was acknowledged by their coach.

"We competed well as a team," said Coach Mark Evans.

Submitted by Leonard COUTIN

# CSA Shetland All Stars Take to the Field



The 2013 Shetland All Stars gave fans a great performance on Saturday at CV Park.

The littlest CSA players gathered on Saturday afternoon, April 13, for their all-star game at CV Park.

The Shetland division all-star game started off with Charlie Carafotes hitting a fly ball into right field in the first inning followed by Alex Eggerstrom slamming a line drive past the shortstop far into left field.

The second inning was all about defense as both teams made outs – not an easy task given the big

hitters in the lineup. Bryce Morrissey was a key fielder at first base providing a strong defense.

In the third, with the bases loaded and with two outs, Michael Clark and Ryan Roco worked together to make the game ending out at home plate.

The CSA Shetland division doesn't keep score, and everyone left the field feeling like a winner.

Submitted by Annmarie PESA

»PLAYER SPOTLIGHT

Get to Know ...



# Brady Sanford

Brady is a three-year varsity player for the Crescenta Valley Falcons’ softball team. On game days, you can find her in right field, often battling the sun for fly balls. But she won’t be soaking up the California rays for much longer. In the fall, she’ll enroll at the University of Colorado at Boulder, where she will study kinesiology. Here is a little more about Brady in her own words.

**Favorite sport other than softball:**

I really like watching football. My dad got me into watching it.

**Favorite subject:**

Physiology. I’m a huge nerd when it comes to the body. I’m interested in sports medicine and how the body works.

**Favorite teacher:**

Ms. [Amber] McLeod. She was my history teacher. She was so down to earth.

**Favorite place to eat:**

Chipotle.

**Best friend:**

Nicole Bird (a Lady Falcon soccer player).

**Biggest jokester on the softball team:**

Hannah Cookson. She is hilarious. Olivia Thayer is a close second.

**Hobbies:**

I like to relax. I totally love sleeping, oh, and eating Krispy Kreme donuts. I’m on a record of

seven in one sitting. I’m obviously not counting calories!

**Isn’t the closest Krispy Kreme in Burbank?**

It’s so worth it.

**Favorite recent movie:**

The Call.

**You like Disney movies, though. What’s your favorite Disney film?**

Bedknobs and Broomsticks.

**Why did you choose Boulder for school?**

I love Colorado so much. I love the idea of having four seasons.

**Are you excited to go off to college?**

I’m excited to start my own life and experience new life. But I’m nervous. I’m going to be a sucker and be homesick but I’m going to have to get used to it at some point.

**Dream job:**

Working with Olympic athletes and being a physical trainer for them.



**You’ve dislocated your knee twice in the past year. Are you cautious when you take the field for games?**

I’m definitely worried when sliding or pivoting. Pivoting destroys it. I have to be careful but I can’t be too careful otherwise I’ll be too worried about my knee rather than the game.

**Favorite moment from high school:**

Getting an A the first semester in physiology this year. I screamed through the hallway running. It was a total movie scene. It’s such a hard class.

**Person I admire most:**

It’s cliché, but my parents. I feel like I get the best of both worlds ... they’ve taught me who I want to be.

**And who do you want to be?**

I want to better myself and I want to better other people. I want to be that role model, to help people

out and be compassionate, be that person you can always talk to.

By Brandon HENSLEY  
Photos by Ed HAMILTON



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## BETWEEN FRIENDS

# Many Benefit from Hoop Heroes Game

The 3rd Annual Hoop Heroes basketball game took place on April 7 at Glendale High School's auditorium. The competition between Glendale's fire and police departments ended with the fire department beat the police 58-33.

In the pre-game, the Glendale Noon Kiwanis defeated the Glendale Sunrise Rotary Club 96-79. The two service clubs not only competed on the court, they also earned additional points by selling specially marked tickets and then having those tickets turned in at that game.

After the Rotarians soundly defeated the Kiwanians last year, the Kiwanians not only returned with a vengeance – they returned with the power of youth. Their leading scorer on April 7 was a brand new Kiwanian, 21-year old Vince Espinosa Jr. Other members of the team included

City Manager Scott Ochoa, Glendale fireman Greg Fish and Capt. Rio Ray of the Salvation Army who led the team in rebounding.

“Even though my Rotarians were not victorious, the real winners were the Zone Kids and the hungry in our community,” said organizer and Rotary member Rick Dinger. Proceeds from the event benefited the Salvation Army's Zone Afterschool Program and attendees were encouraged to bring in cans of food to supplement the Salvation Army food pantry.

Hayden Dinger started a food drive to help bring in more food for the Hoop Heroes event. He called his drive “Love and Fishes,” and his goal was to collect 1,000 cans of tuna.

Though Hayden fell short of his goal in 2012, this year he surpassed his goal with the help of the local Trusted Choice Insurance Agents,



the Glendale Police Officers Assn., St. Bede School and a lemonade stand run by Emily, Joy, Evan and Ian Dankowski.

*Submitted by Rick DINGER*

Photos courtesy of Rick Dinger

The Glendale Police faced off against Glendale Fire department at the 3rd annual Hoop Heroes basketball game.



# Students, Charities Benefit from Soroptimists

The Soroptimist International of Glendale held its 14th Annual Accolades Luncheon on March 21 at the Glendale Hilton. Three women were honored at the event, themed We Honor With Heart.

The Ruby Award, given to women who, through their professional or personal efforts, are making extraordinary differences in the lives of women and girls. This year's honoree was Lisa Hineman, a nurse practitioner who has tirelessly advocated for cancer patients and their families by serving as a board member or officer for many organizations.

Her current position is clinical operations director for the Los Angeles Cancer Network. She is also a licensed pilot and an active member of the Flying Samaritans.

The Violet Richardson Award is named after one of the organization's founders and is given to a student who is involved with volunteering in the community. This award comes with a cash grant for the student and their charity. This year's recipient is Sarah Magee, a senior at Clark Magnet High School, and her charity is Ascencia.

“All my work pays off daily,

and I hope to continue to volunteer for the rest of my life,” said Magee. Representing Ascencia was Elizabeth Tasmeer.

The Women's Opportunity Award is given to a woman who is the primary breadwinner for her family and is also going to school to make a better life for herself and her family. This award comes with a cash grant as well. Yadira Sanchez, a student at Glendale Community College with two young boys at home, is the recipient this year. She plans to attain a degree in social work with the hope of being able to serve children and

families more effectively.



Photos courtesy of Debbie MALLON

Cindy Miller and Women's Opportunity awardee Yadira Sanchez. Dr. Denise Michele with Elizabeth Tasmeer and Sarah Magee.

# Les Tupper Recipients Announced

The La Cañada Flintridge Coordinating Council announced that Pat Anderson, Heather Haaga, Dr. Michael Leininger, Joel Peterson and Friends of the La Cañada Flintridge Library are the recipients of its Les Tupper Community Service Awards. Student Service Award recipients are Talia Bernhard and Andrea Klein, both of

whom attend La Cañada High School.

In 1965, the coordinating council presented its first Community Action Awards for outstanding service to the community. To honor the memory of a well-regarded civic leader and former coordinating council president, the awards were renamed in 1969.

The Les Tupper Award

recipients will be honored at a special ceremony on Monday, May 13 at 7 p.m. at the von Karman auditorium on the Jet Propulsion Laboratory campus. James E. Graf, deputy director for Earth Science and Technology, will be the featured speaker.

The community is invited to attend the event.

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## Lew Announced as New Mountview Medical Director

Mountview Senior Living is pleased to announce the addition of Edmund H. Lew, M.D. as its medical director. Dr. Lew is board certified in family practice as well as geriatric medicine.

After receiving his B.A. in psycho/biology at the University of San Francisco, Dr. Lew went on to earn his Doctor of Medicine from the University of Health Sciences at The Chicago Medical School. In addition to his private practice, Dr. Lew has also served as medical director of Verdugo Vista Health Care Center, Paramount Home Health Agency, Glendale Adventist Medical Center, and North Valley Convalescent Center. Other medical experience includes medical examiner with the California Board of Medical Examiners, sports physician with Hoover High School, and Stadium Physician for the Los



Angeles Dodgers.

Dr. Lew lives in La Canada-Flintridge with his wife. They have three grown children.

## Pelaez Recognized for Service

Recently, Dep. Anthony Pelaez of the Crescenta Valley Sheriff's Station was honored by Assistant Sheriff James Hellmold with the department's Legendary Lawman Pin. The Legendary Lawman Pin acknowledged Dep. Pelaez's dedication to community service and to the citizens of Los Angeles County.

The Sheriff's Dept.'s Legendary Lawman was established in 2004 to recognize the dedication and extraordinary contributions made by deputies who have bravely and consistently provided patrol services to the communities within the Sheriff's Dept. jurisdiction. The Legendary Lawman award requires deputy personnel to work a minimum of 10 accumulated years in uniform patrol, while answering calls for service. All field units, motorcycle patrol units, bicycle and foot patrol units qualify for the prestigious

award.

The Legendary Lawman Pin was created after the death of Dep. David Powell who served over 15 years in patrol duties at Firestone and Lakewood stations.



Shown with Dep. Pelaez, left, is CV Station Capt. David Silversparre who accompanied Dep. Pelaez to the award ceremony.

## CV Weekly On The Move!!



The Crescenta Valley High school choir department took a trip over spring break to Italy. They had formal concerts in Venice, St. Peter's Basilica and an exchange concert at an arts school in Lucca.

While touring they sang in the Pantheon, St Francis' Church in Assisi, and shopped in Florence. Of course, the CV Weekly was nearby to remind them of home.

**CV Weekly loves to travel! Take us along on your next trip and send us a photo. You may find yourselves on the pages of the community's favorite newspaper.**

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» MOVIE REVIEW

# ‘42’ Provides Inspiration, Lacks Character Study

By Brandon HENSLEY

When Jackie Robinson reached base in his career, pitchers quickly learned they were in a world of trouble because he was out to steal every bag, including home plate.

Warner Bros. Studios’ new release “42” uses Robinson’s famed aggressiveness as a metaphor during its entire 128-minute duration, delivering the message loud and clear— you could never stop Robinson from coming, even if you tried, and we’re all the better for it.

The problem, though, is the message is too loud and too clear. Brooklyn Dodgers president Branch Rickey (Harrison Ford) makes several allusions to Jesus Christ when either speaking about or directly to Robinson. When the time comes for Dodgers shortstop Pee Wee Reese to put his arm around Robinson in a game at Cincinnati, he tells him, “Maybe one day we’ll all wear 42, so no one can tell us apart.”

Clearly, subtlety is not what writer/director Brian Helgeland (“L.A. Confidential”) was going for. Instead the heavy-handedness of the dialogue makes the film less like a biopic and more like a celebration of the vision Rickey had and the outcome of Robinson’s cross bearing for it.

Chadwick Boseman, in his first starring role, plays Robinson well enough. He’s capable in the field during

the action, and he delivers his lines with enough apprehension and dry wit that he’s sometimes reminiscent of Denzel Washington, which gives the impression that Washington would have been a great choice for the role if this were the 1980s.

The story starts in 1945 with Robinson in the Negro Leagues and continues through the end of 1947, the year he became the first black man in major league baseball.

There are no surprises. During his journey, Robinson encounters off-putting questions from a relentless media, reluctance from several Dodgers teammates to accept him, and scorn from fans and opposing teams, including a drawn-out scene with racist Philadelphia manager Bob Chapman, played by Alan Tudyk. It is surreal if only for the fact Tudyk played the wacky Steve the Pirate in the comedy “Dodgeball.”

There are plenty of epithets thrown at Robinson and a powerful scene when he breaks down in a clubhouse tunnel, but that’s about as introspective as “42” gets. It’s not a character study the way Roger Maris was in HBO’s “61” when he chased Babe Ruth’s home run record (think about the scene when Maris’ hair comes out in patches due to the stress).

The baseball action itself is fantastic. The placement of the cameras and the sound of the ball zooming by Robinson’s head give extra impact to the viewer. Most of the action has Boseman running the bases. But when Robinson

plays defense, his plight in the field is ignored until one late scene acknowledges that in fact, oh yeah, runners tried to intentionally hurt him with their cleats when reaching base. Disappointingly, “42” shines a light on how people thought of and treated Robinson, but glosses over how much he suffered because of that.

But maybe that’s not the point Helgeland is trying to make. Robinson’s star burned bright, then quickly faded — he died in 1972 at age 53.

“42” isn’t necessarily about Jackie Robinson, because Robinson didn’t play for himself, but for something bigger. That’s what needs to be accepted here, as it wouldn’t be right to compare this to “Ray” or “Walk the Line,” as those were specifically designed to do something different.

In the middle of the film, Robinson, whose father left him when he was young, is at a hospital looking through the glass at his newborn son.

“I’m not going anywhere,” he says. “You’re going to know my name.”

Again, it’s not hard to figure out whom he’s really speaking to and what his words mean, but the message is nonetheless received, and should always be celebrated.

*Editor’s note: Brandon Hensley is sports editor for the Crescenta Valley Weekly.*



# Reflecting on the 20th SCO Season: A Dream Fulfilled, A Vision for the Future

By Ted AYALA

Toys, coloring books, cartoons, play. For most of us, our lives as first-graders revolved around these and other innocuous pastimes. It’s only later — for some of us beginning in our teens, for others later still — when our minds turned to the study and contemplation of those facets of life that stretch beyond the reach of what our fingertips touch. The ability to concentrate, to be able to nurture the life of the mind is a trait we often only acquire with maturity.

A few of us, however, manage to get a head start on the other budding artists and thinkers.

For Sonia Marie de León de Vega, the Santa Cecilia Orchestra’s music director, it was at the age of 6 when she had one of those life-altering revelations. Like the ripples of a suddenly dropped pebble upon the placid surface of a pond, something deep stirred within.

“I was standing at the radio,” she recalled, “twisting and playing with the dial, just listening to all different stations that came on. Then I came across it. I had never heard anything like it before. I just had to stop.”

The dial had come by chance to rest on the local classical music station. The music that captivated the young girl’s attention? The solemn “Allegretto” from Beethoven’s Symphony No. 7.

“It’s such timeless music,” she said, “so beautiful.”

It was at that moment when de León de Vega stood face-to-face with the dream that would guide the rest of her life — becoming a musician. It was a dream that finally bore fruit years later when she founded the Santa Cecilia Orchestra. Twenty years after its founding, that dream

will come full circle when she and her orchestra play that very same inspirational work during the final concert of their 20th anniversary season on Sunday, April 21.

Sharing the program at Occidental College’s Thorne Hall will be Mendelssohn’s “Hebrides Overture” and another work by a composer whose hundreds of compositions are often overlooked: Alan Hovhaness.

Hovhaness was born in 1911 in the Boston area and later became a resident of the Pacific Northwest until he died in 2000. He had his musical voice shaped by encounters with such diverse musical styles as Japanese court music (gagaku), Indian Carnatic music, and Korean folk music, among many others. It was his discovery of Armenian music and culture in the 1940s that marked much of the music he composed in this period. It is for this music that Hovhaness is best remembered.

His “Tzaikerk” (Armenian for “Evening Song”) for flute, violin, timpani, and strings from 1944 exhibits some of the qualities most associated with his style: light dance-like rhythms gently textured with a folk-flavored lyricism; a wistful nostalgia which shades, but never ominously darkens his music.

“I love Armenian music,” explained de León de Vega. “It’s something I’ve wanted to perform for a long time in tribute to the Armenian community that neighbors Northeast Los Angeles. Like some of the great Latin American composers, like Silvestre Revueltas, Carlos Chávez, or Alberto Ginastera, this piece blends traditional music with classical music. In a way, I wanted to show

see SCO on next page

## THEN & NOW | Maylane Motel

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**Then »** In 1949, the Maylane Motel opened along what was then State Highway 118. Maynard Hine was the owner/ operator, and the Hine family lived on-site. The name “Maylane” was taken from Glen Hine’s two kids, Maynard and Alane, both of whom still live local.

## Courtesy of the Historical Society of CV



**Now »** When the Hine Family finally sold the Maylane several years ago, they took the name with them, and the old motel became the La Crescenta Motel. The motel has changed very little since it was built, and is a classic piece of Americana. The motel has been owned by various development companies in the last decade, but has so far avoided the wrecking ball.

# Pacific Opera Project Transports “The Marriage of Figaro” to 1980s Miami

By Ted AYALA

Before I begin this review, let’s just get one thing straight. As of the moment I’m typing this, only two opera companies in all of the Greater Los Angeles area dare to perform opera as a living art: Long Beach Opera and the up-and-coming Pacific Opera Project. With all due respect to the Los Angeles Opera and the impressive talents, both on and behind the stage that form the heart of the company, to say nothing of its impressive financial resources, a night at the Dorothy Chandler Pavilion can sometimes be a staid experience. Immaculately groomed, fastidiously posed, life-like but somehow not quite alive – it can seem a bit like a trip to Madame Tussauds in Hollywood. Or the morgue. The youngest composer on this season’s Los Angeles Opera schedule has been dead now for close to a century. Is

that embalming fluid I smell? Of course, the composer performed on Friday by Pacific Opera Project at Portico’s Art Space in Pasadena has been dead for an even longer time. But they managed to adroitly underline the timeless relevance of both music and plot with a sense of zaniness and danger rarely displayed by their tony downtown colleagues. “The Marriage of Figaro” by way of “Scarface,” with a dash of “Goodfellas.” I can already hear the pulse of some of the more traditional-minded opera fans out there growing faint. But hold on to your monocle. The production actually worked. Neither libretto nor music were harmed in the making and performance of the opera. Lorenzo da Ponte’s wry sardonic wit and deeply felt observations of human nature – given just a twist of contemporary pop humor – and the tender vulnerability

of Wolfgang Amadeus Mozart’s music were still their ebullient selves. The aforementioned pop humor might make some out there cringe at the thought. Indeed, the manner in which other companies often clumsily attempt it can indeed be cringe-worthy. But while laughs there definitely were, these weren’t manufactured at the expense of the libretto. It was, in its way, a kind of period performance tactic: restoring to today’s listeners the humor that the listeners of da Ponte and Mozart’s day would have found themselves in the work, which is replete with topical humor from those days. Watching the opera acted out in gaudy silk shirts and crocodile skin shoes, as opposed to powdered wigs and buckled shoes, brought a sense of the now to the music that we sometimes forget – and laid bare the sweet melancholy of the opera’s later moments all the

more powerfully. Along that cord did the uniformly excellent cast thread themselves, carefully casting light on the foibles and dreams of its all too human characters. LeRoy Villanueva, as Figaro, exuded equal parts confidence and warmth, demonstrating an attractively piquant humor which was best heard in the “Non più andrai” aria that closes Act I. His Susanna, sung by Katherine Giaquinto, matched him in warmth while the creamy top of her voice took a bit of the bitchy edge off of her character. Daniel Scofield as Count Almaviva was also fine; his voice revealing the character’s constant fits of anger to be nothing but good-natured bluster. The hormonal, cocky Cherubino of Elizabeth Rigby Jones was an audience hit as was the nutty Bartolo of E. Scott Levin. The minor role of Don Curzio was filled by the liquid

tenor of Jon Lee Keenan in a bit of inspired luxury casting. The orchestral part was necessarily reduced given the small size of the venue. Aside from the loss of trumpet and timpani, the ensemble, playing the music one to a part and led by Stephen Kerr, navigated the score deftly. Kerr also played the harpsichord continuo, gauzing his part with a patina of mordant drollery. Another four performances of “The Marriage of Figaro” are remaining in this run, followed by Pacific Opera Project’s production of Gilbert and Sullivan’s “The Mikado” in September. Early next year they’re scheduled to collaborate with Los Angeles Opera in Benjamin Britten’s grim chamber opera, “The Turn of the Screw.” Let’s hope some of the impetuous vigor of the younger group rubs off on the Dorothy Chandler’s house company.

SCO from previous page



Photos by Damian Davorganes, courtesy of Santa Cecilia Orchestra.

how much our cultures had in common, how we can make great things together.” “It was also a perfect piece for our principal flutist Salpy Kerkonian,” she added. “Her artistry is incredible. This was exactly the piece I thought would best feature her talents.” As de León de Vega and the SCO prepares for its last concert of the season, she looked back on the path that led her and her fellow musicians to this point. “It’s been a lot of work,” she said. “We’ve been hit these past years with a terrible economic recession. But whereas many other orchestras

are withering away, scaling back their operations or closing up altogether, we’ve been able to continue forward. We’ve never had to cut back. We’ve had a lot of support – and I’m looking forward to that support carrying us over for the next 20 years.” To obtain tickets and for more information, visit <http://www.scorchestra.org/> or call (323) 259-3011.

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» BOOK REVIEW

## Opening the Eyes of ‘The Disillusioned’

By Sabrina  
WALENTYNOWICZ

Usually when looking for a new book, I lean towards historical fiction. The setting is a real place, but the characters are imagined and there is likely some sort of fantastical element that could never be possible in our universe. Sadly, this is not the case for the new novel “The Disillusioned” by D.J. Williams. While, like my historical fiction favorites, the setting is real and the characters are imagined, the elements in this book are real and terrifying.

The novel begins with a mother’s suicide that brings her two estranged sons together to settle her estate. Having been the widow of a world famous missionary who built a multi-million dollar church,

there is plenty to go around in her will. But she deals her sons a blow when they see that the third benefactor is a young woman living in the heart of Africa. Reluctantly, Sam and Danny must try to find this mystery woman with nothing but a name and birth date to help them, or else the entire \$35 million goes to the mega church their father built.

Thus begins an exciting adventure through the jungles of Africa where death is lurking at every turn, where life changing secrets are revealed, and a multi-million dollar business is brought to its knees.

It took a while for the novel to get going. The beginning takes place in L.A., and Williams makes it all too clear that he is an Angeleno. The name-dropping of every restaurant,

freeway, intersection and brand of clothing was distracting at times and halted the flow of the story. But once the action moved away from the brothers and into Africa, the superfluous details were gone. It’s almost like the writing style changed with the characters as they were taken out of their comfortable lifestyles and into a poor, dirty and terrifying world where the true meanings of family and faith were discovered.

This book also had a lot of clear opinions about mega churches and their messages. The missionary, who has already died before the action takes place, turns out to have many secrets that his suicidal wife and sons slowly find out. Even though this man founded a church and brought it into the global eye with thousands of followers and

built orphanages all over the third world, Williams wants the reader to know that no one is perfect. The Christian ideals put out by mega churches sometimes are not followed by those who preach them.

“The Disillusioned” has an interesting message that no one is truly safe, and those people that we put up on pedestals and look to for guidance may be just as lost as the rest of us.

This book made for an excellent adventure, but those not so fantastical elements also made the novel terrifying. At the core of “The Disillusioned” is a message about human trafficking, or modern day slavery. It effects 27 million people worldwide, 80% of which are women and children. They are bought and sold for obscene amounts of money and then most commonly are used

as sex slaves. “The Disillusioned” makes the reader aware of the process of how people are captured and sold, and how evil the people in charge of these operations are. Even though the novel wraps up very nicely, the reader knows that in the real world things aren’t even close to being finished.

Williams was kind enough to put a few charities’ websites in the back of the novel, and readers who wish to help out in any way will have a place to donate.

The novel will be released on May 1, and a portion of the proceeds of each copy of “The Disillusioned” will be put directly into the hands of those working to fight human trafficking.

This was an excellent read that is great for adventure seekers and humanitarians alike.

### Welcome to Leon Bakery and Café 2519 La Canada Blvd., Glendale, CA (At Del Valle and La Canada) (818) 243-4585

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Have an event? No problem! Leon is one stop place for all your catering needs. From sandwich platters to entrees, from cookies to cakes, from hot dog stations to crepe stations... we’ll make your preparations simple and your party a success. You will find very modest prices on all of your favorites, prepared with the utmost care and quality in mind.

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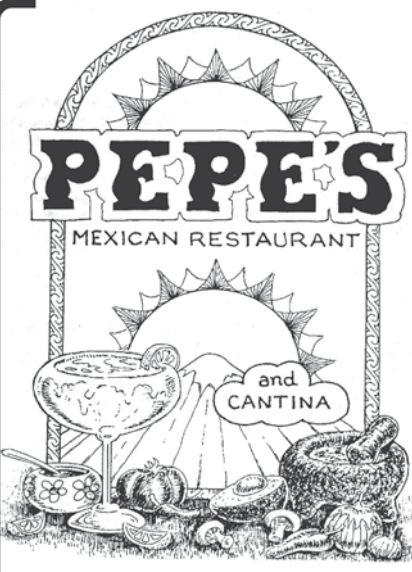
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WEEKLY HOROSCOPES

Provided by horoscope.com  
April 15, 2013 - April 21, 2013

This is a key week in which the focus shifts from Aries to Taurus. Venus moves into Taurus on Monday, followed by the Sun on Friday and Mars on Saturday. And a couple of volatile aspects may need some careful handling. The Sun conjuncts Mars in Aries on Wednesday, so be careful. Impulsive actions could pave the way for a minor disaster. Think before you speak or do anything. Mercury conjuncts Uranus on Saturday - hasty speech could spoil a conversation or perhaps a relationship.

**♈ ARIES** *March 21 - April 19*  
You're innovative in your pursuits and eager to get ahead. Stepping on others' toes might seem like a necessary evil to get where you want to go. At the same time you have the vision to see what can be achieved. Try not to be too pushy on Wednesday or you could lose out. The focus shifts to Taurus, and money matters might encourage the need for a more secure financial base. You could be in the mood to splurge on a few luxuries, too.

**♉ TAURUS** *April 20 - May 20*  
The reflective phase continues. A powerful dream may catch your attention. It could encourage you to change a course of action. Focusing on your heart's desire may help you visualize it and so make it seem more accessible. You'll get your sense of control back as Venus, the Sun and Mars moves into Taurus. It's time to take back the reins and focus on any projects that have been on the back burner. You may be self-absorbed, but in a healthy way.

**♊ GEMINI** *May 21 - June 20*  
There's a friendly buzz in the air that suggests that optimism reigns on the social scene. It's great to be with people and cooperate on projects or simply hang out together. But after so much activity, the pace begins to slow as planets move into Taurus and your spiritual zone. You're entering the cycle of the year in which it's time to relax, review your priorities, give yourself a chance to recharge your batteries, and get reacquainted with your body's natural rhythms.

**♋ CANCER** *June 21 - July 22*  
It's a good time to think about your career and advancing your goals. Concentrate on work and ambition and the obstacles barring achievement may fall away. On Wednesday you might have a strong desire to make headway on a goal you're passionate about. Give it your all and you can make progress. Gradually, career issues give way to a desire for more social activity. The energy changes and you'll want to connect. Think about moving in new circles and networking for greater success.

**♌ LEO** *July 23 - August 22*  
Travel or study may be on your agenda, whether out of interest or because you want to increase your skill set. You seem to be searching for something and may feel restless as a result. One thing is for sure - moving outside your comfort zone could lead you on an adventure that opens new doors. Career matters become more important later in the week with a focus on securing your future and getting ahead in a job that provides a good living.

**♍ VIRGO** *August 23 - Sept. 22*  
Take it easy because emotions may dominate. You may fare better behind the scenes where you're less likely to be involved in the cut and thrust of daily life. Although your career situation looks positive, tension could cause an outburst when you least expect or want it. Talk problems over with a friend at lunch and it might help you feel better. A desire to get away for a relaxing break should be acted upon during the second half of the week.

**♎ LIBRA** *Sept. 23 - Oct. 22*  
If you need the agreement of your partner to proceed with anything that requires cooperation, you might have to tread with care. Asking later in the week rather than earlier may mean you have a better chance. Your sweetheart might need a lot of leeway and anything that threatens this could be rejected. You may find it easier to twist him or her around your finger when the focus shifts to soothing Taurus, especially if you offer to do a favor in return.

**♏ SCORPIO** *Oct. 23 - Nov. 21*  
You'll be in a very feisty mood, especially when it comes to work or even working out. You might have a desire to stand out and perhaps prove something to yourself or others. You may be prepared to go to any lengths to be number one. Try not to tread on too many toes in the process, however. Partnerships gradually become more important as your social life seems to improve and you become more interested in cooperation rather than competition.

**♐ SAGITTARIUS** *Nov. 22 - Dec. 21*  
Cultivating a taste for the novel or exotic in people and ideas may open you up to wonderful new experiences. The social side of your life is a mixed blessing. Prospects of fun could put you at odds with other interests that require your attention. This may be true later in the week when you'll need to get back into your routines. Strangely enough, you might find those routines calming and pleasantly relaxing after all the coming and going and recent activity.

**♑ CAPRICORN** *Dec. 22 - Jan. 19*  
Due to a combination of drive and ambition, you may want to shore up your financial and career positions. However, the focus on home and family matters could make this difficult. Changes in the family dynamic or disruptions to family routines may set you back early in the week. The focus shifts to Taurus later, and then you'll be more in line with your purpose. Creative thinking may help you come up with new, fresh ideas that could have a lucrative outcome.

**♒ AQUARIUS** *Jan. 20 - Feb. 18*  
You manage to say the most difficult things with wit, charm, and cheerfulness. It might be a good time to convince someone that you're the right candidate for whatever you want to achieve. There's a chance that you could be too assertive on Wednesday. If you don't want to fall out with someone, think before you speak. The focus gradually shifts to home and family matters. If you feel like slowing down, recuperating, and recharging your batteries, this might be the best time.

**♓ PISCES** *Feb. 19 - March 20*  
Whether you're earning, spending, or investing money, this isn't the week to make an impulsive move. Fresh possibilities are worth exploring, but you could be tempted by those small personal extravagances that can eat away at your wages. Consider the possibility of a budget. It might help you keep things under control. You'll be more interested in communication and connecting later in the week. Contacting old and new friends could encourage a reunion that becomes a catalyst for fresh ideas.

ZACK hill by John Deering and John Newcombe



CALENDAR this

**CASINO NIGHT BENEFITS LCFC**  
Tickets are now on sale for the La Cañada Flintridge Community Center Casino Night benefit that will be held on Friday, May 24 as the kick-off event for La Canada's Fiesta Days. Online registration is available at www.CommunityCenterCasinoNight.eventbrite.org.  
The evening begins at 6:30 p.m. Early bird tickets cost \$25.  
Party-goers will have the chance to use "fun money" to play a variety of Las Vegas style games, including Black Jack, Slots, Texas Hold'em, Craps, Roulette and Spin-to-Win. Guests will also have the opportunity to bid on fabulous prizes in both the silent auction and raffles.  
Auction items include The Dish, Hollywood Park, Los Gringos, PRP Wine International, BJ's Restaurant, Extreme Bootcamp, Crescenta-Canada Family YMCA, Takami Sushi, Robata, Scotty's Flowers, and the Flintridge Bookstore and Coffeehouse.  
The event is anticipated to sell out, so please get your tickets early.  
For more information visit: www.cclcf.org or call (818) 790-4353.

**FREE SELF-HELP MEETING**  
Learn a self-help method that will allow you ways to take control of distressing emotions and provide practical guides in coping with the difficulties of everyday life. Recovery International, the oldest self-help organization in the world, meets at the La Cañada Community Center at 4469 Chevy Chase, on Thursday, April 18 at 7:00 p.m. Free, but donation requested.

**KANG AT SOPAS GALLERY**  
La Cañada resident Chang Paul Kang is currently exhibiting his paintings at the SoPas Gallery in Pasadena.  
The earth gives birth and buries. The earth breathes, speaks, cries and smiles. The earth hides sorrow and pain. The earth silences yet roars. The earth comforts yet destroys. At last the earth forgives and embraces.  
Kang's art juxtaposes the seemingly contradictory faces of the earth, the womb of the life. His art is a tribute to the earth, but an elegy as well.  
This is his third exhibition. He studied in Seoul, Korea and Hamburg, Germany.  
SoPas Gallery is located at 1121 Mission St., South Pasadena.

**INTERNATIONAL FOLK DANCING CLASS**  
This ongoing class is a fun and easy way to get exercise, make friends, and move to music. Teaching in April and May is focused on beginners and starts promptly at 7:40 p.m. Party and Maypole dance on April 26. Drop-ins are welcome; just show up in comfortable shoes. Most folk dances are done holding hands in a line or circle. There are some couple dances, but you don't need to bring a partner.  
Contact JanRayman@charter.net 818-790-8523, www.PasadenaFolkDanceCoop.org.  
Dances take place at Throop Church, 300 S. Los Robles, Pasadena.

**GAA HOSTING EXHIBIT**  
Glendale Art Association's La Cañada Flintridge Library Art Show, "Let Your Imagination Fly" takes place through April 19 at the La Cañada Library Community Room.

This is an exciting members' art exhibition. All submitted works will be under 36". Library hours are Monday through Wednesday from 10 a.m. to 8 p.m., Thursday from 10 a.m. to 6 p.m. and Friday and Saturday from 11 a.m. to 5 p.m. Closed Sundays. For more information, contact glendaleart@gmail.com or visit www.glendaleartassociation.com.  
La Cañada Library Community Room, 4545 Oakwood Ave., La Cañada

**DRUGS, CRIME AND JAIL FORUM HELD**  
Drugs, crime and jail are all related. Parents or teens with concerns in this area or those who work with teens are invited to attend this forum that provides effective and proven methods of drug education solutions that can be used by anyone. Experts will speak on this most vital and destructive problem that is tearing families and communities apart.  
This forum is on Saturday April 20 from 8:30 a.m. to noon (breakfast buffet included). It is being held at the Church of Scientology, 35 South Raymond Ave. Pasadena.  
RSVP to Gail Carroll at gailcarrollus@yahoo.com or call (626) 215-6224.

**MUSIC PERFORMANCE AT LIBRARY**  
On Saturday, April 20 at 2 p.m., the Associates of Brand Library will be sponsoring the third concert in its annual music series. Violinist Armen Anassian and pianist Mark Robson will be performing works by Richard Strauss, Shostakovich, Robson, Debussy, Messiaen and Schnyder. This concert will be in the auditorium of the Glendale Central Library. Admission is free. More information is available on the Brand Library website http://www.brandlibrary.org/brand\_music\_events.asp.  
For further information, contact the Glendale Central Library at (818) 548-2027.  
Brand Library & Art Center is temporarily closed for renovation. Until the renovation is complete, Brand Library events will be held at the Glendale Central Library, 222 E. Harvard St., Glendale.

**WORBY GUEST OF AAUW**  
The American Association of University women - Pasadena branch hosts visionary and builder of orchestras Rachael Worby, artistic director and conductor of Pasadena based MUSE/IQUE.  
Rachael Worby previously was the music director and conductor for the Pasadena Pops and the Young Peoples Program at Carnegie Hall and has appeared as guest conductor throughout the United States, Europe, South America, Australia, and Asia.

She created the Governor's School for the Arts in West Virginia and the American Music Festival in Romania. Worby holds honorary doctorates from Marshall University and Claremont University.  
She will be speaking on Saturday, April 20 at 11:15 a.m. at the Women's City Club. The cost is \$20 per person.  
For reservations, mail check payable to AAUW Pasadena to AAUW Pasadena at P.O. Box 94309, Pasadena, CA 91109-4309 by April 12. Indicate grilled salmon and citrus salsa or skinny chicken or fruit plate.  
For information, call (626) 797-1059.  
Women's City Club, 160 N. Oakland Ave., Pasadena

**CALTECH-OCCIDENTAL SYMPHONY TO PERFORM**  
The Caltech-Occidental Symphony, directed by Allen Robert Gross, will feature cellist Joshua Yu, the second of this year's student concerto competition winners. Yu is a freshman at Occidental College studying cello with Gloria Lum. Also featured will be Jacob Ortega-Gingrich as assistant conductor.  
The program will include Mussorgsky's "A Night on Bald Mountain," Saint-Saens "Cello Concerto No. 1," and Beethoven's "Symphony No. 1." This event will take place on Saturday, April 20 at 7:30 p.m. in Occidental College's Thorne Hall. It will also take place on Sunday, April 21 at 3:30 p.m. in Caltech's Ramo Auditorium. Both concerts will have the same program, and are open to the public with free admission.  
For further information, call the Occidental College Music Department at (323) 259-2785 or the Caltech Office for Performing and Visual Arts at (626) 395-3295.

**CAÑADA CRESCENTA DEM CLUB PLANS MEETING**  
The next meeting of the Cañada Crescenta Democratic Club is Sunday, April 21 from 3 p.m. to 5 p.m. at the home of Celina Lew and Ed Castro, in La Cañada. The topic for discussion will be the Affordable Care Act, popularly termed "Obamacare."  
Guest speaker is Gerald F. Kominski, a nationally known researcher and noted expert on the health care systems. Dr. Kominski is a professor in the Dept. of Health Policy and Management at UCLA and also director of the UCLA Center for Health Policy Research. His presentation will focus on how the new system works and what can be expected in the future.  
The meeting is free and open to the public. For more information, visit the club website at canadacrescentadems.org or call Nalini Lasiewicz at (818) 249-9691.

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# *SPIRITUALLY SPEAKING*

**Tuesday Table Talk**

On Tuesday, May 7, Bethel Church in Sun Valley will show the film "The First Grader."

Based on a true story, this inspirational drama profiles the amazing determination of 84-year-old Kenyan Kimani N'gan'ga Maruge, a Mau Mau freedom fighter who wants to take advantage of a new universal education decree by learning how to read.

The video will be preceded by a potluck supper. The potluck starts at 6:30 p.m.; the presentation starts at 7:15 p.m. followed by dessert and discussion at about 9 p.m. Free.

Bethel Church, 1025 Penrose St., Sun Valley.

**SPIRITUALLY**  
*continued from previous page*

biological son. He needs a dad. That's you. He's not your wife's son. He's your son. Now you have an opportunity to be what your dad wasn't. 2) Learn more about what this little guy faces developmentally. Can you learn more about his disability? You are blessed by God to have the clear-headed intellect you do. But what if you didn't? Would your life be like his? God put an angel of mercy in this boy's path – you. 3) Have his doctor describe what life is like through your son's eyes. You may have a good idea of this already, but hearing it from his doctor is really something. 4) Find a support group for parents who deal with the same issue. You are not alone. This would be helpful for mom, too. 5) Find an activity to do together that is fun for you both. Do it often. Then watch for God's hand at work. 6) Look for ways to ease your wife's burden. She needs you, too. Fortunately, you have broad shoulders. 7) Perhaps I should have listed this last one first. Pray. Pray for grace. Pray for strength. Pray alone. And consider praying with your wife. This is a hard thing you are doing! Ask God to keep you strong wherever and whenever you feel weak.

Perhaps God has designed this situation to be too hard to do by yourself. Maybe He is waiting to

hear from you about this a little more than He does.

In the meantime, I'll send up a prayer too.



*Rev. Jon Karn  
Light on the Corner Church –  
Montrose  
pastorjon@lightonthecorner.org*

Dear Stepdad:

The first question you asked is, "Is there a spiritual way to deal with this problem?" Well, being spiritual will help but it will not solve the situation on its own. Much as a broken leg needs a doctor, issues of learning disabilities and the dynamics it causes in the home, need professional help as well.

So prayer is important – it sounds like you know the comfort that can be gained from prayer and having others pray for you. But I believe your best bet is to get into some short term therapy with someone who deals with special needs children to gain the support and learn the tools you need for you, your wife and the child to

flourish.

Raising someone with special needs can be hard on not only the child but the entire family. You probably were not exposed to the ins and outs of what mom did every day. But being what it is, and the fact that you care about this child and have already taken his self esteem into consideration, I recommend giving therapy and perhaps some special needs parenting classes a try. You can certainly choose a therapist who brings spirituality into it. I hope this helps.

You are a good stepdad to reach out for help to assist not only this child but yourself.



*Kimberlie Zakarian, LMFT  
Thrive Therapy Center  
Kimberlie Zakarian Therapy,  
Inc.  
kimberlie.zakarian@gmail.com  
The Rev. Kimberlie Zakarian  
is an ordained minister,  
psychotherapist and owner  
of Thrive Therapy Center in  
Montrose.*

# Cardiologist to Talk about Heart Health at St. Bede



Dr. Kwaku Oppong, M.D. of Spectra Health will present a special program on heart health to members of the ICF branch at St. Bede the Venerable Roman Catholic Church on Tuesday, April 23 at 6:30 p.m. The Italian Catholic Federation meeting is a potluck dinner and attendees are urged to bring a favorite dish to share. The meeting will be held in the John XIII Room in the Parish center at St. Bede.

While Dr. Oppong was attending medical school, he and his wife often discussed a shared dream of fulfilling the need of providing healthcare services that treat the mind, body and spirit in an accessible yet balanced way. After graduation, this dream became a reality when they began, Spectra Health Services™, Inc. (SHS™, Inc.). The same desire that drove their focus years ago was and is the same today – to approach health and wellness in a holistic manner to best serve others.

Dr. Oppong was born in Ghana, West Africa and immigrated to the United States at the age of 2. While

growing up in Milwaukee, Wisc., he developed a passion for improving the lives of others around him, and the community as a whole.

His approach to heart health will be subject of his talk and discussion and interested community members are invited to attend.

RSVP should be made to (818) 952-1969.

St. Bede is located at 215 Foothill Blvd., La Cañada Flintridge.

## SAVE THE DATE: MAY 16, 2013



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THE GLENDALE BAR ASSOCIATION  
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**CRESCENTA VALLEY HIGH SCHOOL  
PROM PLUS  
PRESENTS**

**TASTE OF MONTROSE**

*Enjoy a "taste" of our wonderful local restaurants!*

**Sunday, May 5 from 11 a.m. to 2 p.m.**  
*along Honolulu Avenue*

**\$20 per Ticket**  
All proceeds benefit Prom Plus

*Tickets available NOW at C.V. High School, Merle Norman Cosmetics,  
the C.V. Weekly office, Montrose & C.V. Chambers of Commerce*  
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Tortas   All in 7 Stop Pizza   Coffee Bean & Tea Leaf  
Mama's & Papa's   Cucina Rustica ...and more!*

*Prom Plus is the SAFE post-prom event held at the  
Crescenta-Cañada YMCA for CVHS seniors and their guests.*

*FOR MORE INFORMATION contact Lisa at 818-314-9810 or Robin at 818-248-2740  
or email: info@promplus.org*

*Get more information about our incredible events at: [www.promplus.org](http://www.promplus.org)*  
*Saving Lives, one Prom at a time.*  
*Sponsored by the Crescenta Valley Weekly*

BUSINESS

» NEWS FROM THE CRESCENTA VALLEY CHAMBER OF COMMERCE

The Key to Networking Success

“The aim of marketing is to know and understand the customer so well the product or service fits him and sells itself.” ~ *Peter Drucker*

I was talking about marketing to one of our board members, Dr. Speas of Crescenta-Cañada Pet Hospital, and he stated that he believes our business mixers are one of the best ways of marketing that he could ever imagine. He says, “We all know word of mouth is the best advertising, and who does it better than you the business owner? Don’t miss the best opportunity to directly advertise and network with people who want to do business right here in the Crescenta Valley. Attend one of the Crescenta Valley Chamber of Commerce mixers. The next one is May 8 at the Crescenta Valley Water District at 3730 Glenwood Ave., La Crescenta. These events are very worthwhile and fun! Bring business cards, brochures, and other small promotional material.”

Dr. Speas is right on track. The Word of Mouth Marketing Association (WOMMA) defines the basic elements of word of mouth advertising as:

- 1) Educating people about your products and services.
- 2) Identifying people most likely to share their opinions.
- 3) Providing tools that make it easier to share information.
- 4) Studying how, where, and when

- opinions are being shared.
- 5) Listening and responding to supporters, detractors, and neutral.



» JULIA RABAGO

Respondents to a survey done by DoubleClick, a Google company, said that a friend’s recommendation was the most important influence when it came to buying a product or service. Men ranked it first at 90% and women ranked it first at 95%.

So if you want to do business in the Crescenta Valley, what better way than with the friends you make at a chamber mixer.

Dr. Speas has made many friends at the mixers throughout the year and it has helped his business, the Crescenta-Cañada Pet Hospital, located at 3502 Foothill Blvd. in La Crescenta. You can see by the many testimonials on his site that he cares about what people say about his business. He knows a pet is a very special part

of your family and that each pet rewards you with unconditional love and companionship. With this understanding, he provides both you and your pet with the very best in veterinary services and to offer information and services that will provide for the long-term health and happiness of your pet. At Crescenta-Cañada Pet Hospital, they are small enough to offer friendly personal attention to you and your pets – with time to give a pat of friendship and reassurance to that very special member of your family.

Please come meet Dr. Speas and about 50-60 other local business owners at our next mixer.

For additional information, give us a call at (818) 248-4957 or visit our website at [www.lacrescenta.org](http://www.lacrescenta.org).

Upcoming event: *May 8* – Business mixer at Crescenta Valley Water District.

Please contact our office for more details on any event. How to reach us: (818) 248-4957/ [crescentachamber@aol.com](mailto:crescentachamber@aol.com)/ [www.LaCrescenta.org](http://www.LaCrescenta.org)/ 3131 Foothill Blvd., Ste. D.

*Julia Rabago is the executive director of Crescenta Valley Chamber of Commerce.*

» MONTROSE VERDUGO-CITY CHAMBER OF COMMERCE

Gearing Up for Taste of Montrose

*Tickets on sale now!!* If you have never been to the Taste of Montrose, this year needs to be your first time! Taste of Montrose is a collection of local restaurants from the shopping district and the surrounding area that offers you a chance to “taste” the best they have to offer – all for \$20. All you need to do is purchase your wristband either beforehand at the chamber office or on the day of the event, Sunday May 5, and off you go into a “world of diverse flavors” from the restaurants in Montrose.

If you have always thought about trying a restaurant in the area and have not had the opportunity, this is your chance. Some of the restaurants that participated in last year’s event are Zekes, Leo’s All Star Sports Bar and Grill, Leon Bakery, Pepe’s, Oceanview Bar and Grill, Paradis, All in 7 Stop Pizza, Giuseppe’s, Fratelli’s, Panera Bread and New Moon. You will find restaurants represented in the food court on May 5 at the entrance of the shopping park right at Verdugo Road and Honolulu Avenue. There will be a special roped-off section complete with tables, chairs and umbrellas for you to relax and enjoy yourself. To enter the area, all you need to do is purchase a wristband and you can sample to your heart’s content. The Taste of Montrose is happening in connection with the Wags and Whiskers ~ Kids and Critters event hosted by the Montrose

Shopping Park Assn. along the 2200 and 2300 blocks of Honolulu Avenue. There will be plenty to do for the whole family and many fun activities for kids making this an event the whole family can enjoy. We are expecting the weather to be perfect in Montrose, so please come out and “sample” all the great food that Montrose has to offer and support your local businesses. Stop by the chamber office today to get your wristband!

Not only is the Taste of Montrose a great event, the cause it supports is even greater. All proceeds from the Taste of Montrose go to an organization called Prom Plus. Prom Plus was formed when a CV senior was murdered in 1991 at an unsupervised, post-prom hotel party. The response to this tragedy was the creation of an event for seniors after the dance, something that would keep our kids local and safe, yet still provide them with a fun time.

Since 1994, from midnight to 5 a.m. at the Crescenta-Cañada YMCA, Prom Plus has hosted a post prom event. At the “after prom” event, you will find pool tables, ping-pong, photo booths, DJ, a mechanical bull, rock climbing wall, arcade games, caricatures, music, dancing and food, food, food. If you would like to become a sponsor of Prom Plus or volunteer to help the organization, please contact Prom Plus at [info@promplus.org](mailto:info@promplus.org).

Upcoming Events

“Montrose: Images Of America” is on sale now. A pictorial history book of Montrose by local historian Robert Newcombe is available for purchase. Buy your copy from the Montrose Chamber today!

Montrose Shopping Park caricature map is on sale now. Get this one of a kind map of the shopping district in Montrose. It is unique and a must have. Available at the Chamber office!

Supervisor Antonovich’s Annual Arbor Day ceremony is on Saturday, *April 20* at 10 a.m. The ceremony takes place at Two Strike Park, 5107 Rosemont Ave., La Crescenta. Special guest speaker is Sheriff Lee Baca.

Taste of Montrose is on Sunday, *May 5* from 11 a.m. to 2 p.m. along Honolulu Avenue.

Centennial business mixer on Thursday, *May 1* from 6 p.m. to 8 p.m. Stay tuned for the location!

Art Walk on Saturday, *May 18* from 9 a.m. to 4 p.m. in the 2300 and 2400 blocks of Honolulu Avenue.

Golf Classic and Scholarship Fundraiser on Thursday, *May 23* from 11 a.m. to 4 p.m. at Verdugo Hills Golf Course.

*Melinda Clarke  
Executive Director  
Montrose-Verdugo City  
Chamber of Commerce  
3516 N Verdugo Road  
Glendale, CA 91208  
(818) 249-7171  
[www.montrosecchamber.org](http://www.montrosecchamber.org)*

» MONTROSE SHOPPING PARK NEWS



» MARY DAWSON

Got Bison?



Photo courtesy of Gold Coast Bison Co. Fresh bison and gourmet meats are now available at the Harvest Market

Last Sunday I headed to the Montrose Harvest Market with a brand new, giant size market tote. The colorful bag, which was flat and empty, became a happy bag when filled to the brim with farm fresh fruits and veggies. On this trip, the herbs captured my heart. There were giant fragrant bundles of just picked dill, rue, chamomile, mint, two tone rosemary and more for only \$1 to \$1.50 a bundle. I bought one of each at a total cost of \$6 and had enough to make two arrangements in pitchers plus stock for the fridge! This is something that you cannot find in your average grocery store and, if you did, it would cost a small fortune.

Market Manager Mark Sheridan is always on the lookout for a new vendor or two to spice things up. Did you know we are now selling bison in our market? And not just any old bison, mind you, but primo cuts. When you go to the market this Sunday, look for Gold Coast Bison. You will find owner Chris Silver there along with his nice son and a whole selection of the freshest meats anywhere. GCB is an affiliate of Diamond Mountain Ranch, a 500-acre ranch located in Greenville, Calif. where bison are the primary animals raised. They also raise Angus cattle, Heritage hogs, Heritage turkeys, chickens, and rabbits.

And that’s not all – they have an additional ranch just for sheep. All of the animals are grass-fed and raised as naturally as possible using no antibiotics, hormones, or steroids. Check out their website at [www.goldcoastbison.com](http://www.goldcoastbison.com).

We are in prime strawberry harvest and you will find several varieties in abundance along with giant blackberries. You can bet some cartons of these made it into my bag and I can attest they are sweet and delicious. This is also the time to find spring asparagus, artichokes and greens. There is always a cycle of what’s in season and what’s on its way out. Mark says watch for new crops of almond and orange honey. McCanne African violets will be returning in May. If you like Medjool dates, you better get them now.

So do enjoy our beautiful, outdoor harvest market and all the one of a kind shops, cafes, and salons the Montrose Shopping Park has to offer. Watch for pictures of this market adventure on the Montrose Shopping Park Facebook page.

Thanks for reading!

*Mary Dawson promotes the Montrose Shopping Park. She and her family own Mountain Rose Gifts and Revelation Tops.*



Treat yourself to bunches of fresh herbs at the Sunday Montrose Harvest Market.



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